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Performance characteristics of photon-counting spiral breast CT



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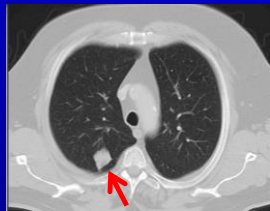


Why CT?

Projection image vs. spiral CT image (in the same patient on the same day)



All structures along a ray are superpositioned and may obscure important details.



Only the structures in the section of interest are displayed.

Images: Courtesy of M. Lell, Erlangen



Dedicated Breast CT: Initial Clinical Experience¹

Background	Purpose
Recent studies [1-3] have shown that breast CT is a promising technology for breast cancer detection. However, the current clinical evidence is limited. This study aims to evaluate the performance of breast CT in a clinical setting.	To compare the performance of breast CT with mammography for the detection of breast lesions.
Methods and Materials	All patients were screened with a photon-counting breast CT system. The system consists of a gantry with a flat-panel detector and a source. The patients were positioned in the gantry and the CT scan was performed. The resulting CT images were compared with mammography for the detection of breast lesions.
Results	Overall, CT was equal to mammography for the visualization of breast lesions. Breast CT was significantly better than mammography for the visualization of masses (p<0.002) and micro-calcifications (p<0.006).
Conclusions	Conclusions: Some technical challenges remain, but breast CT is promising and may have potential clinical applications. ¹¹

Results: Overall, CT was equal to mammography for visualization of breast lesions. Breast CT was significantly better than mammography for visualization of masses (p<0.002); mammography outperformed CT for visualization of micro-calcifications (p<0.006).

Conclusions: Some technical challenges remain, but breast CT is promising and may have potential clinical applications.¹¹

Lindfors KK, Boone JM et al. Radiology 2008; 246:725-733



AJR
RADIATION DOSE
FOR BREAST

MDCT of the Breast

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Luciano Izzo¹
Mario Marin¹

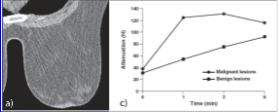
OBJECTIVE. The purpose of this study was to evaluate retrospectively the accuracy of low-dose MDCT in the differentiation of breast lesions suspected on mammography and sonography.

MATERIALS AND METHODS. MDCT was performed on 61 patients with mammographic or sonographic findings suggestive of breast cancer who could not undergo MR mammography. For each lesion, morphologic features, attenuation, and time-attenuation curve pattern were evaluated. The 1-minute cut point of attenuation was analyzed on the images. CT findings were compared with histopathologic results, which were the reference standard.

RESULTS. Forty-seven of 61 patients underwent surgery, and the pathologic findings revealed 27 malignant and 20 benign lesions. With CT 23 of 27 malignant lesions and all 20 benign lesions were diagnosed correctly. CT had a sensitivity of 92.6%, specificity of 100%, positive predictive value of 100%, negative predictive value of 90.0%, and accuracy of 95.2%. The cutoff attenuation value, which had the best validity for differentiating malignant and benign lesions, was calculated to be 90 HU on the 1-minute images.

CONCLUSION. Our results confirm and strengthen the importance of all imaging parameters and not one in particular. Dynamic MDCT can be used in the evaluation of selected patients with suspected breast tumors.

"Dynamic MDCT can be used in the evaluation of selected patients with suspected breast tumours."



Perrone A et al. AJR 2008; 190:1644-1651



Radiology

Contrast-enhanced Dedicated Breast CT: Initial Clinical Experience¹

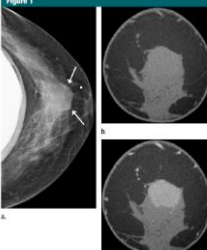
Nicolas D. Prionas, MS
Karen K. Lindfors, MD
Shanket Ray, MS
Shih-Ying Huang, BS
Lauri A. Siebert, PhD
Wayne L. Moseley, MD, PhD
John M. Boone, PhD

Purpose: To quantify lesion enhancement on contrast-enhanced dedicated breast CT (CT) and unenhanced breast CT.

Materials and Methods: Approval of the Institutional Review Board was obtained for this study.

Conspicuity of malignant breast lesions, including ductal carcinoma in situ, is significantly improved at contrast-enhanced breast CT. Quantifying lesion enhancement may aid in the detection and diagnosis of breast cancer.

Prionas ... Boone. Radiology 2010; 256:714-723




AJR
RADIATION DOSE
FOR BREAST

Cone-Beam CT for Breast Imaging: Radiation Dose, Breast Coverage, and Image Quality

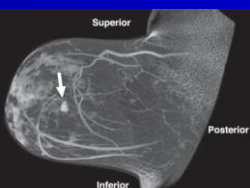
Alice O'Connell¹
David L. Conover¹
Yan Zhang¹
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Lawrence Sahlar¹
Ruola Ning¹

OBJECTIVE. The primary objectives of this pilot study were to evaluate the radiation dose, breast coverage, and image quality of cone-beam breast CT compared with a conventional mammographic examination. Image quality analysis was focused on the concordance of cone-beam breast CT with conventional mammography in terms of mammographic findings.

SUBJECTS AND METHODS. This prospective study was performed from July 2006 through August 2008. Twenty-three women were enrolled who met the inclusion criteria, which were age 40 years or older with final BI-RADS assessment category 1 or 2 lesions on conventional mammograms within the previous 6 months. The breasts were imaged with a flat-panel detector-based cone-beam CT system, and the images were reviewed with a 3D

Unenhanced breast CT exam

How about contrast-enhanced CT angiography?



O'Connell A et al. AJR 2010; 195:496-509



To improve diagnostics breast CT scanners shall offer

- superposition-free imaging
- spatial resolution of about 100 μm in all 3 directions
- dynamic scanning for the differentiation of benign and malignant lesions
- dose levels similar to screening mammography
- integrated biopsy facility
- absence of painful compression



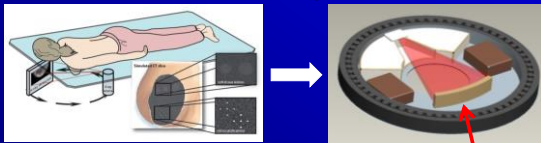
Breast CT scanner concept

Transition from

single-circle flat detector

to

Spiral CT with photon count. detector



Photon-counting energy-discriminating CdTe detector
100 % geometrical and absorption efficiency

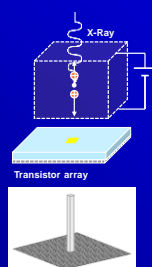
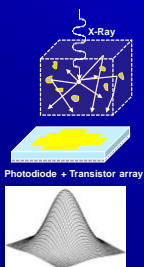
Kalender WA et al. Eur Radiol 2012; 22(1):1-8



Detection principles

Scintillator

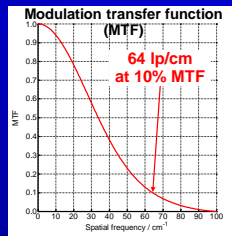
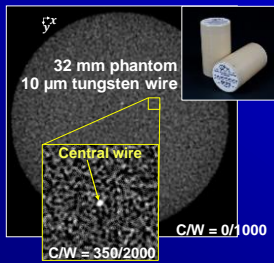
Direct converter, e.g. CdTe



Point Spread Functions (PSF)



Measurements with a CdTe detector (100 μm)² detector elements

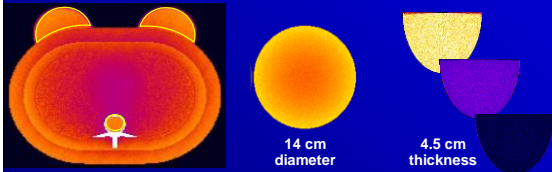


MTF measurement of a 10 μm wire reveals 64 lp/cm (80 μm detail) spatial resolution



Dose assessment by Monte Carlo methods

CT 120 kV Breast CT 60 kV Mammography 30 kV



Determination of 3D dose distributions by simulations is established and confirmed by measurement. They apply to breast CT, mammography and tomosynthesis in equal manner.





Dedicated breast CT at U of Erlangen & CT Imaging GmbH, spinoff founded by W. Kalender

Breast CT Scanner with CdTe detector

- 100 μm detector pitch
- 1000 frames/second
- 60 kV voltage
- 6-12 s spiral scans
- operating at screening dose levels

Clinical feasibility studies are planned for 2016 4th q. in Erlangen and Aachen supported by BMBF!



Materials and Methods

Test objects

- MTF phantom (10 μm tungsten wire)
- Ruby beads (130, 160, 250, 320, 400, 530 μm)
- 10 surgical resectates

Modalities

- Digital Mammography (DM)
2 clinical systems of different manufacturers
- Breast Tomosynthesis (BT)
2 clinical systems of different manufacturers
- Photon-counting Breast CT (pcBCT)
Demonstrator with CdTe detector (100 μm)² pixels
AGD < 5 mGy



Prospects for breast CT in the future

- Breast CT offers excellent soft tissue and contrast-enhanced displays.
- Compared to mammography, it can offer superior 3D spatial and contrast resolution at similar dose levels.

Parameter	UC Davis (Boone *)	Koning Corp. (Ning **)	CT Imaging (Kalender ***)
3D resolution	2.00 lp/mm	1.56 lp/mm	6.50 lp/mm
MTF (10%),	(250 μm)	(320 μm)	(80 μm)
AGD	4-16 mGy	7 mGy \pm 20%	~ 5 mGy

* J Boone. Pers. Comm.; ** www.koningcorporation.com; *** W Kalender Eur Radiol



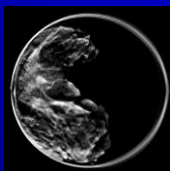
Measurements of a lumpectomy in direct comparison of

Mammography



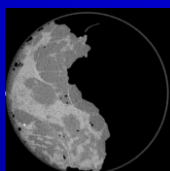
Projection image
(20 mm thickness)

Tomosynthesis



56 Tomo slices
(? mm each)

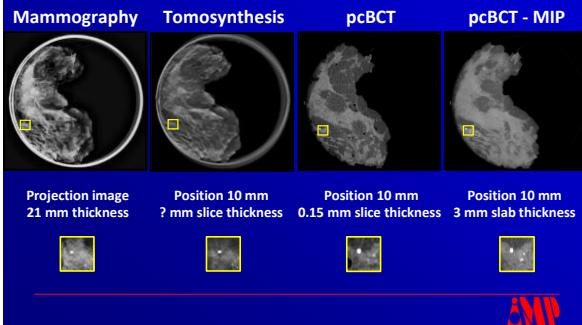
pcBCT



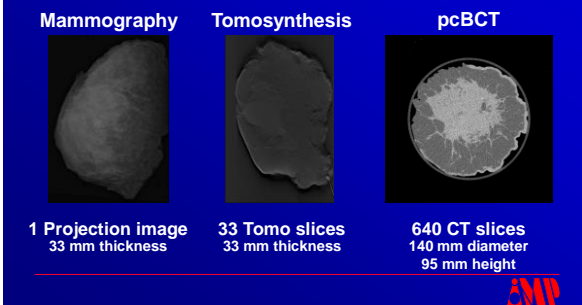
133 CT slices
(0.15 mm each)



Measurements of a lumpectomy in direct comparison of



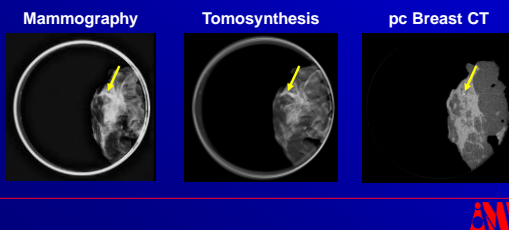
Measurements of a mastectomy in direct comparison

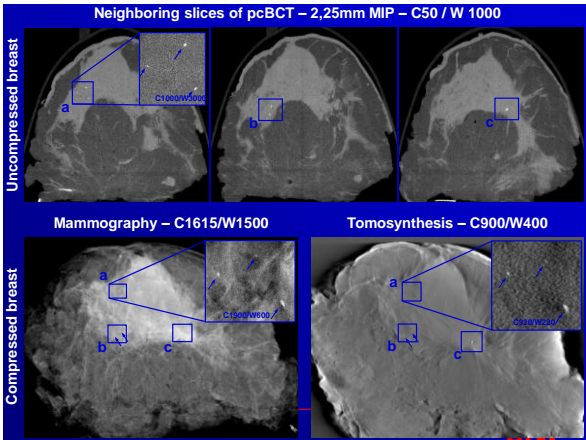


Results

Comparison of imaging modalities

Detection rates for calcifications [%] (N = 10)		
Mammography	Tomosynthesis	pc Breast CT
73	70	100







Conclusions

Photon-counting breast CT based on CdTe detector technology can outperform mammography and tomosynthesis with respect to

- 3D spatial resolution,
- detectability of calcifications,
- soft tissue delineation
at an AGD below 5 mGy!

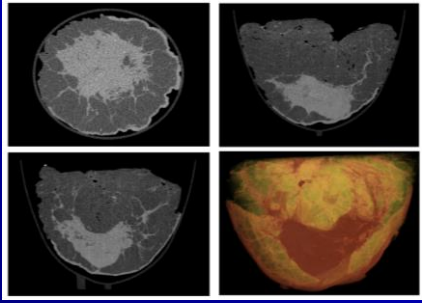


supported by gapless thin-slice low-scatter spiral scanning!




Measurements with a CdTe detector

Breast specimen, 12 s scan with 60 kV, 5 mGy AGD



Kalender WA et al. Eur Radiol 2016; DOI 10.1007/s00330-016-4459-3







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10/2009-9/2012; PI: W.A. Kalender
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"Breast CT" 10/2010-4/2015; PI: W.A. Kalender
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