

# THEN AND NOW: DEVELOPMENT AND STATE OF THE ART OF NEUROENDOVASCULAR THERAPY

A PERSONAL JOURNEY

Charles M. Strother, MD  
University of Wisconsin, Madison

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## OVERVIEW

- Endovascular Therapy for Cerebrovascular Diseases Prior to DSA (1974-1991)
- Availability of DSA Introduces a New Era For Minimally Invasive Endovascular Procedures
- Full Utilization of Currently Available Imaging Tools Enhances Safety and Efficacy
- A Preview of Current and Soon to be Available Cone Beam C-arm CT Imaging Techniques

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## BEFORE CT AND DSA

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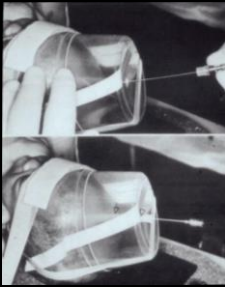
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Strother CM, Newton TH. A new method for needle immobilization during Ventriculography. J Neurosurg 44:262-263, 1976.

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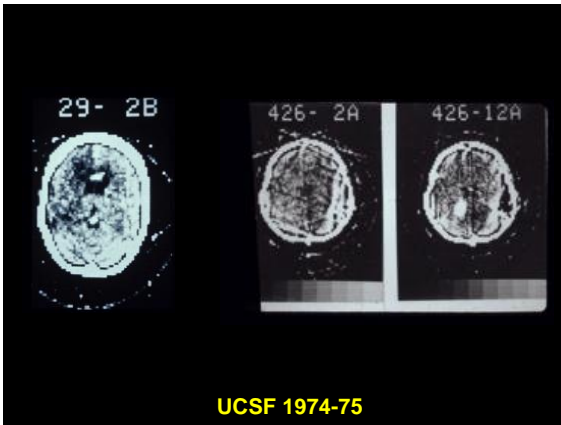
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UCSF 1974-75

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BEFORE DSA

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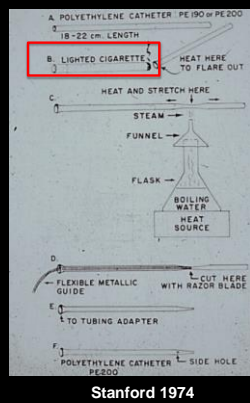
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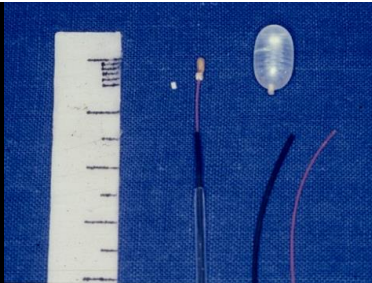
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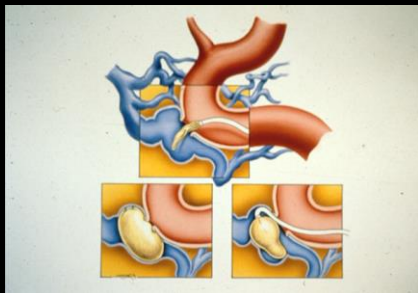
**NORWEGIAN AND SWEDISH  
NEURORADIOLOGIST DEVELOPED  
TECHNIQUES FOR CATHETER  
ANGIOGRAPHY. THIS RAPIDLY REPLACED  
PERFORMANCE OF ANGIOGRAPHY BY  
DIRECT NEEDLE PUNCTURE**



### Stanford 1974



IN 1975-76 RUSSIAN NEUROSURGEON SERBINENKO  
DESCRIBES DETACHABLE BALLOON CATHETER FOR  
TREATMENT OF CAROTID CAVERNOUS FISTULA.






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START OF A NEW ERA !

## INVENTION OF DSA

Kruger RA, Mistretta CA, Houk TL, et. al. Computerized Fluoroscopy in Real Time for Noninvasive Visualization of The Cardiovascular System. Preliminary Studies. Radiology 1979; 130:49-57

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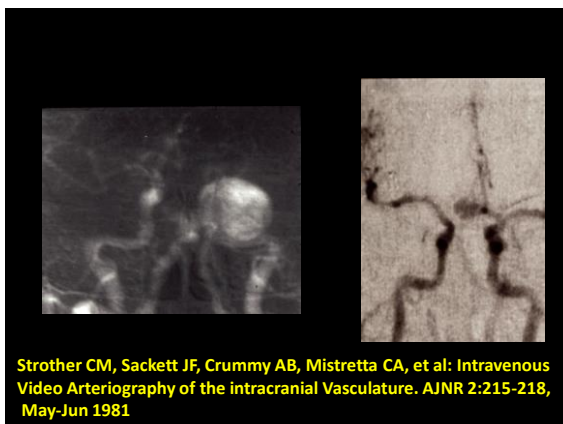
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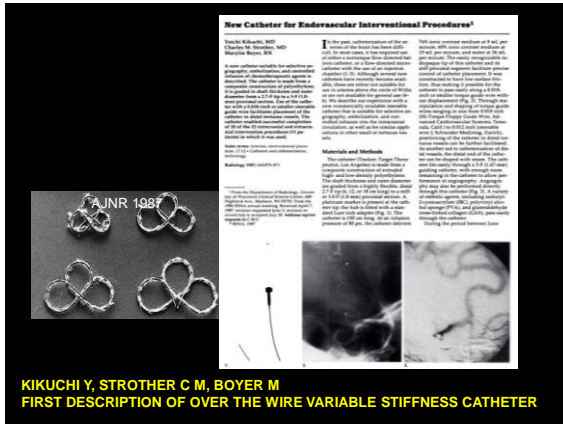
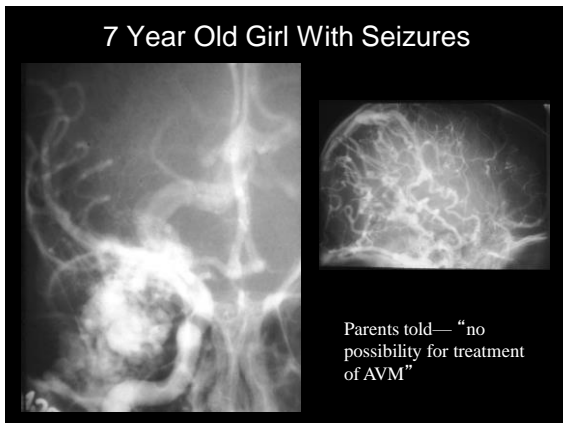
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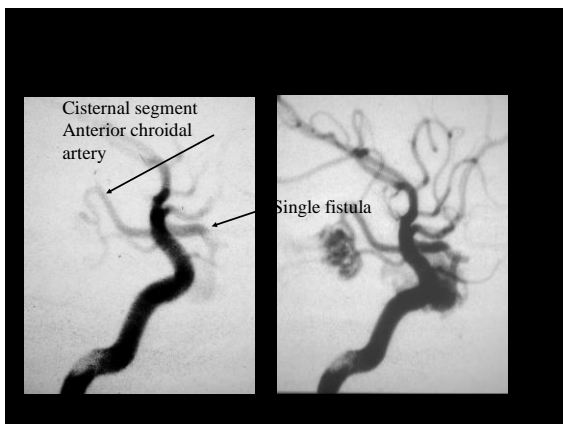
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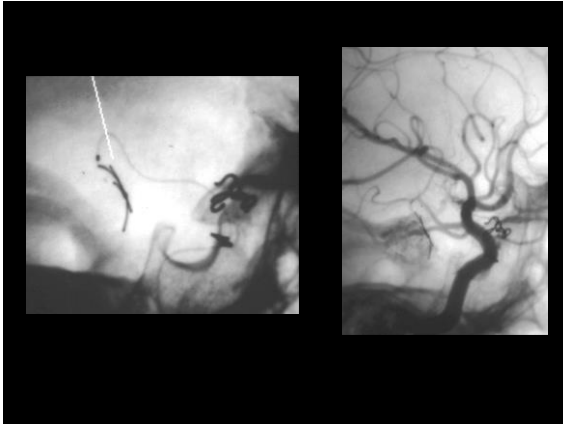
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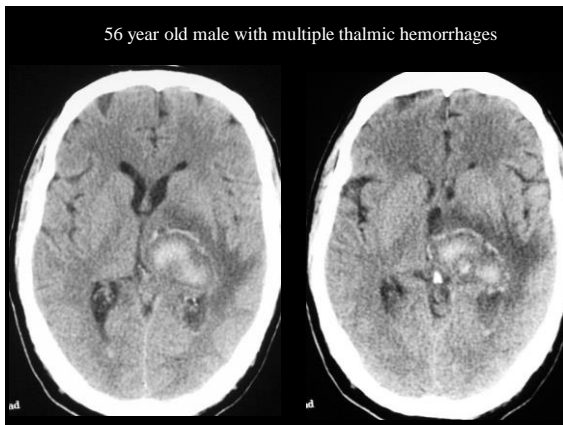
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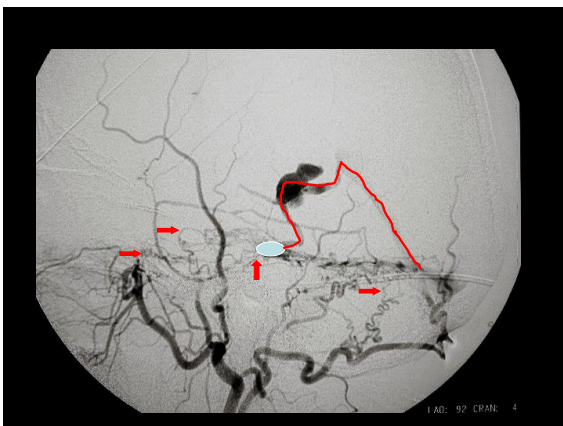
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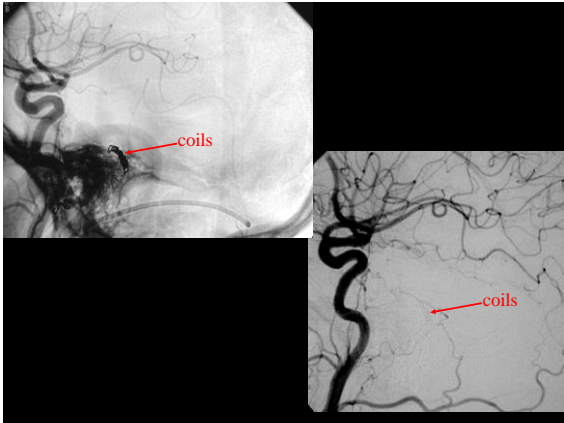
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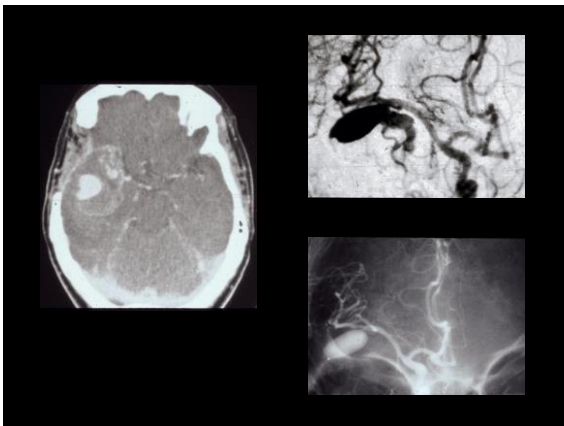
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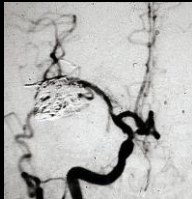
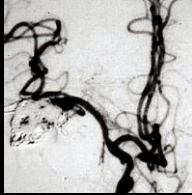
GDC MEETING  
MADISON, WISCONSIN  
MARCH 7-8, 1991

LIST OF ATTENDEES

	Institution	March 7	March 8
Charles Strother, MD	Univ. of Wisconsin	X	X
Fernando Vinuela, MD	UCLA	X	X
<u>Guido Guglielmi, MD</u>	UCLA	X	X
Alex Berenstein, MD	NIJ	X	X
Mary Madrid, RN	NIJ	X	X
Gerard Delbrun, MD	Johns Hopkins	X	X
Van Halbach, MD	UCSF	X	X
Bob Ferguson, MD	Babtiel, Memphis	X	X
Lee Guterman, MD,PHD	Millard Fillmore, Buffalo	X	X
Doug Nichols, MD	Mayo Clinic	X	X
Daniel Ruefenacht, MD	Mayo Clinic	X	X
Erik Engelson	Target Therapeutics	X	X
Charles Maroney	Target Therapeutics	X	X
Ivan Sepeka	Target Therapeutics	X	X
Laurent Schaller	Target Therapeutics	X	X
Terry Nazareff	Target Therapeutics	X	X



NUMBER 9 IN THE WORLD TREATED  
WITH GDC-UCLA



Full Utilization of Currently  
Available Imaging Tools  
Enhances Safety and Efficacy





69 year old with multiple TIAs and Left Vertebral Occlusion

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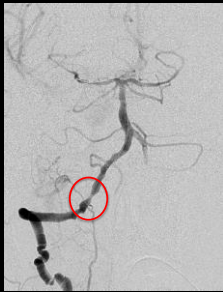
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IMMEDIATE POST- STENTING

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Post 2.5 X 15 Gateway and 3.0 X 15 Gateway to 6 ATM  
Post 2.5 X 9 Gateway (within stent) to 9ATM

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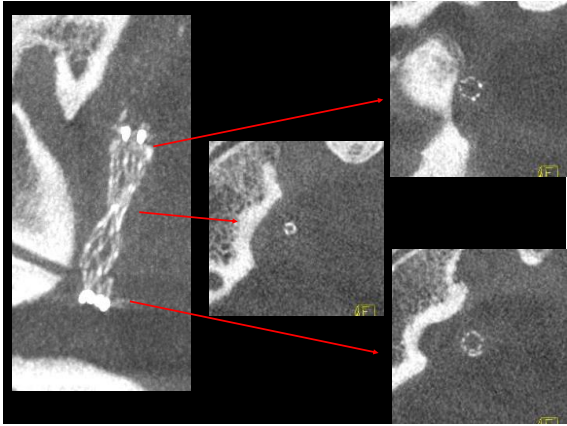
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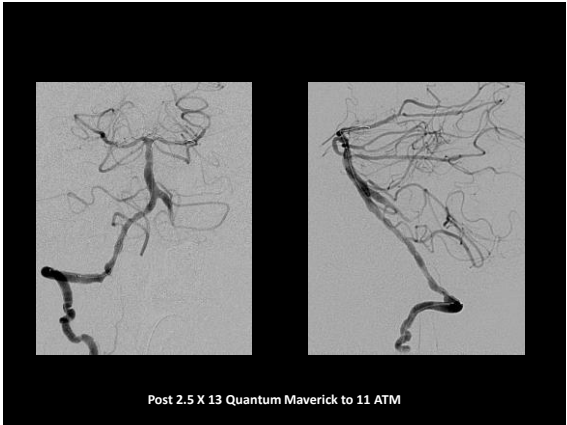
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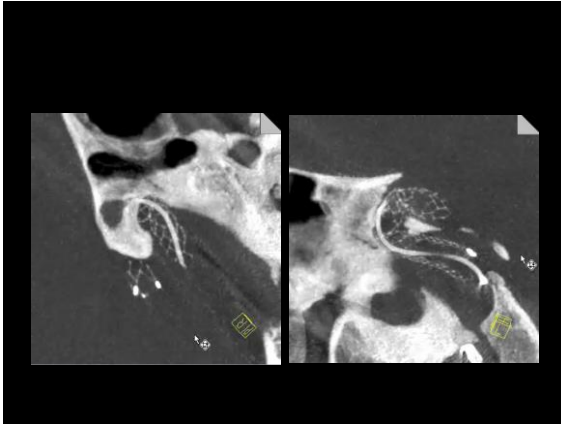
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### Low-Dose Volume-of-Interest C-Arm CT Imaging of Intracranial AJNR 2016; 37:648-54 Stents and Flow Diverters

P. Yang, A. Ahmed, S. Schafer, D. Niemann, B. Aagaard-Kienitz, K. Royalty, and C. Strother




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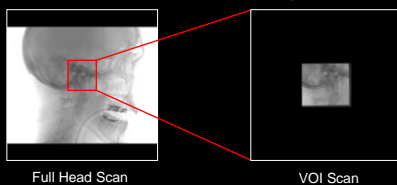
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### Dose Reduction: VOI Imaging in CBCT

- Tube is collimated to region of interest
- X-ray beam is projected only onto the region of interest




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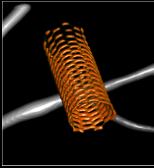
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## Collimation Reduces Dose to the Patient



**Protocol:**  
20s DynaCT  
496 Images  
FOV: 30cm x 40cm  
~ 2,7 mSv



**Protocol:**  
20s DynaCT  
496 Images  
FOV: 22 x 22 cm  
~0,9 mSv



**Protocol:**  
20s DynaCT  
496 Images  
FOV: 5cm x 4 cm  
~ 0,1 mSv

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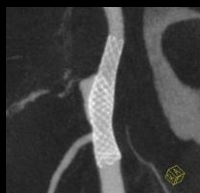
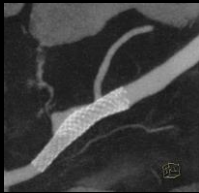
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SEQUENT MEDICAL INC WEB EMBOLIZATION DEVICE

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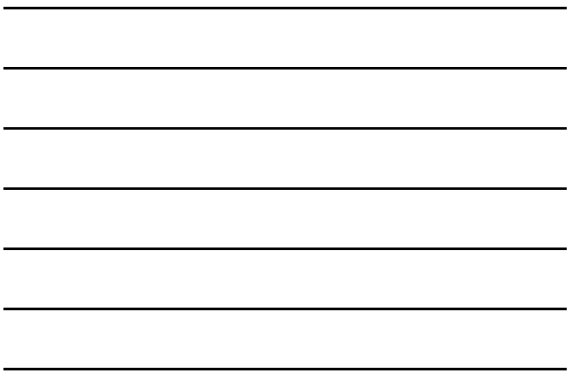
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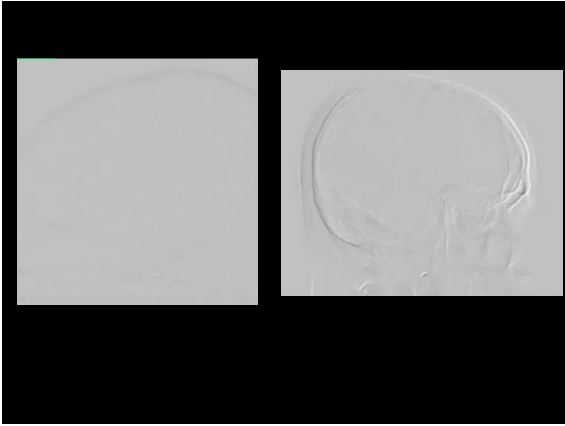
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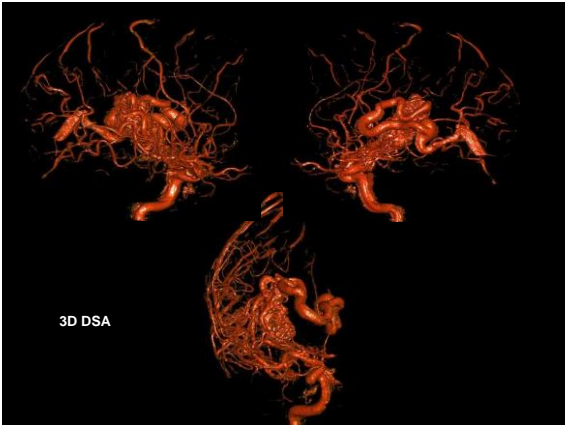
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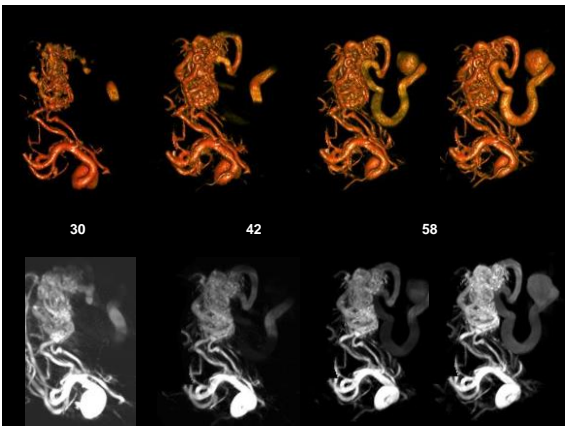
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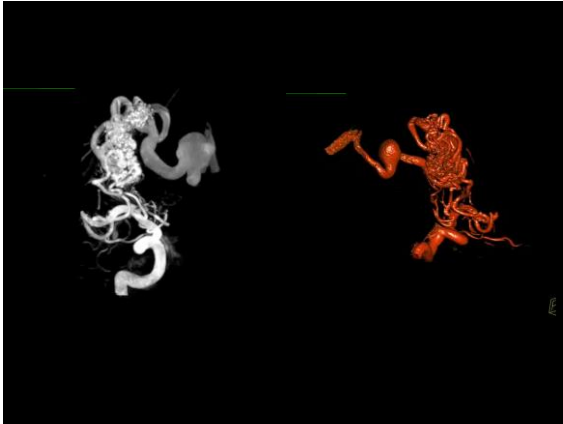
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A Preview of Current and Soon  
to be Available Cone Beam C-  
arm CT Imaging Techniques

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**THE NEW ERA IN IMAGING AND  
TREATMENT OF ACUTE ISCHEMIC STROKE**

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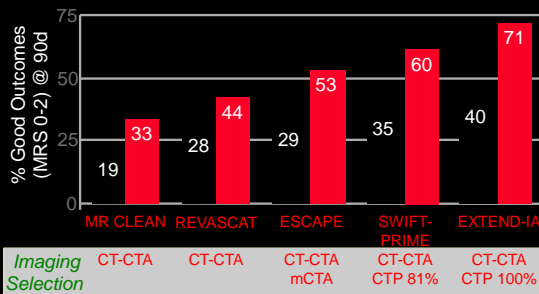
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## Positive IV → IA Stroke Trials in 2015

Trial	Treatment Timeline	Imaging Selection	Outcome IV Only	Outcome IV + IA
<b>MR CLEAN</b> N= 500 Berkhemer NEJM 2015	IV TPA by 4.5 hrs Wait for response Start IA by 6 hrs Puncture @ 260 min	CT - ASPECTS 7-10 CTA - Anterior clot CTP - done in 65% - details not reported	MRS 0-2: 19% → Recan: 33%	MRS 0-2: 33% Recan: 75%
<b>ESCAPE</b> N= 316 Goyal NEJM 2015	Symptoms 0-12 hrs IV TPA by 4.5 hrs Puncture @ 185 min CT-reperfusion scan	CT - ASPECTS 6-10 CTA - Anterior clot mCTA ≥ 50% MCA	MRS 0-2: 29% → Recan: 37%	MRS 0-2: 53% Recan: 72%
<b>EXTEND IA</b> N= 70 Campbell NEJM 2015	IV TPA by 4.5 hrs → ± IA Solitaire by 8h Puncture @ 210 min	CT - IV TPA criteria CTA - Anterior clot CTP - 25% excluded Tmax>6s, rCBF<30%	MRS 0-2: 40% → Recan: 34%	MRS 0-2: 71% Recan: 100%
<b>SWIFT-PRIME</b> N= 196 Saver NEJM 2015	IV TPA by 4.5 hrs → ± IA Solitaire by 6h Puncture @ 224 min	CT - ASPECTS 7-10 CTA - Anterior Clot CTP - Target MM 84% Exclude malignant 13%	MRS 0-2: 35% → Recan: N/A	MRS 0-2: 60% Recan: 88%
<b>REVASCAT</b> N= 206 Jovin NEJM 2015	IV TPA by 4.5 hrs → Wait 30 min; CTA/MRA ± IA Solitaire by 8h Puncture @ 269 min	CT - ASPECTS 7-10 DWI - ASPECTS ≥ 5 CTA/MRA - Anterior Clot	MRS 0-2: 28% → Recan: N/A	MRS 0-2: 44% Recan: 66%

## Endovascular Trials 2015:

Good Outcomes with Advanced Imaging Selection



But...be careful of cross trial comparisons!

## Broad Consensus on Requirements of Imaging

- Must Be Done As Quickly As Possible
- Must Provide Information About Extent of Infarcted and Oligemic Brain
- Must Provide Information About Collaterals



## Imaging Recommendations for Acute Stroke and TIA Patients: A Joint Statement by the ASNR, ACR, SNIR

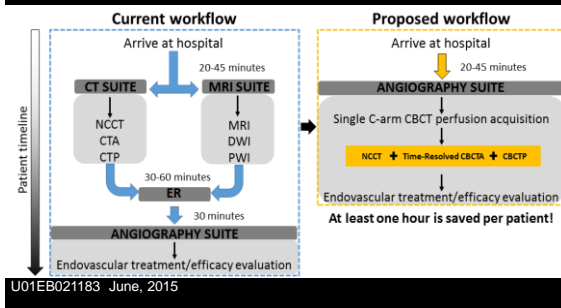
AJNR NOV 2013

3 equivalent options
NCCT <sup>A</sup> , <sup>B</sup> + DSA for vascular imaging <sup>C</sup>
NCCT <sup>A</sup> , <sup>B</sup> + CTA <sup>C</sup> ± PCT <sup>E</sup>
MRI (DWI <sup>B</sup> , FLAIR, GRE/SWI <sup>A</sup> ± PWI/ASL <sup>F</sup> ) ± MRA <sup>C</sup> , <sup>G</sup>

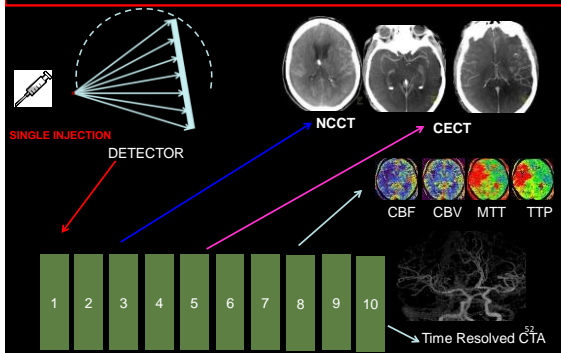
### Angiographic Suite With C-arm CT

- a To assess for intracranial bleeding
- b To assess for extent of ischemic core
- c To assess location and extent of intravascular clot
- d To assess carotid atherosclerotic disease
- e To assess the extent of viable tissue

## "One-stop-shop" Stroke Imaging: A New Workflow



## WORKFLOW FOR COMPREHENSIVE IMAGING ANGIO SUITE: THE "ONE STOP SHOP"



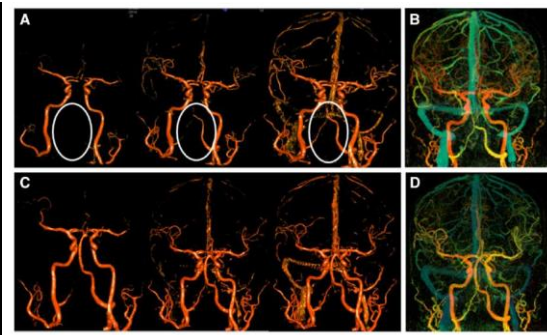
# Time-Resolved C-Arm Computed Tomographic Angiography Derived From Computed Tomographic Perfusion Acquisition

New Capability for One-Stop-Shop Acute Ischemic  
Stroke Treatment in the Angiosuite

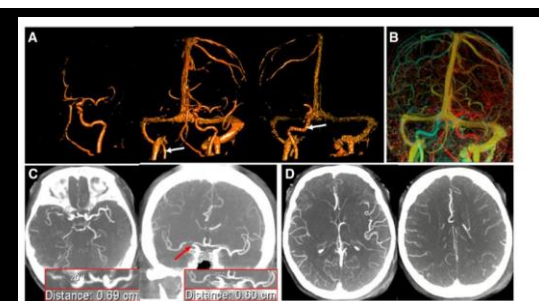
Pengfei Yang, MD; Kai Niu, PhD; Yijing Wu, PhD; Tobias Struffert, MD; Arnd Dorfler, MD;  
Sebastian Schuler, PhD; Kevin Royalty, PhD; Charles Strother, MD; Guang-Hong Chen, PhD

Stroke. 2015;46:3383-3389

**Conclusions**—Time-resolved CTAs derived from C-arm CT perfusion acquisitions provide high quality images that allowed accurate diagnosis of large vessel occlusions. Although image quality of arteries in this study was not optimal ongoing modifications of the postprocessing algorithm will likely remove this limitation. Adding time-resolved C-arm CTAs to the capabilities of the angiography suite further enhances its suitability as a one-stop shop for patients with acute ischemic stroke.



TIME RESOLVED CTAS OF PATIENT WITH MID BASILAR OCCLUSION  
BEFORE (TOP) AND AFTER (BOTTOM)



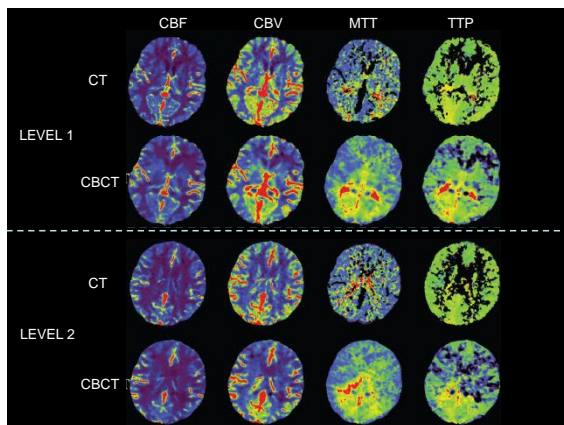
RIGHT ICA OCCLUSION. TEMPORAL MIP IMAGES SHOW ABILITY TO  
MEASURE CLOT BURDEN AND DIRECTION OF FLOW IN COLLATERALS.

### C-Arm Conebeam CT Perfusion Imaging in the Angiographic Suite: A Comparison with Multidetector CT Perfusion Imaging

K. Niu, P. Yang, Y. Wu, T. Struffert, A. Doerfler, S. Schafer, K. Royalty, C. Strother, and G.-H. Chen

AJNR 2016; 37:1301-1309

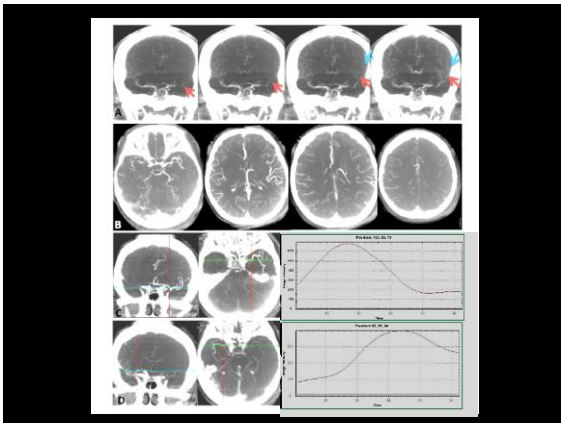
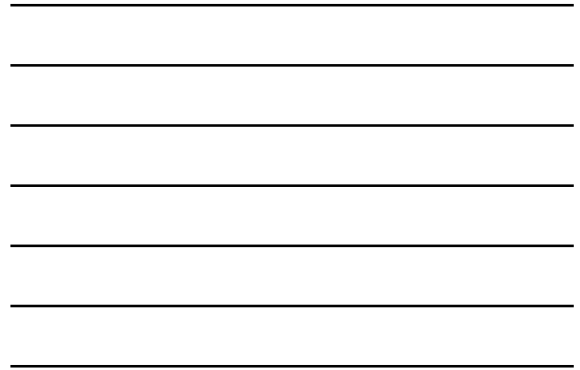
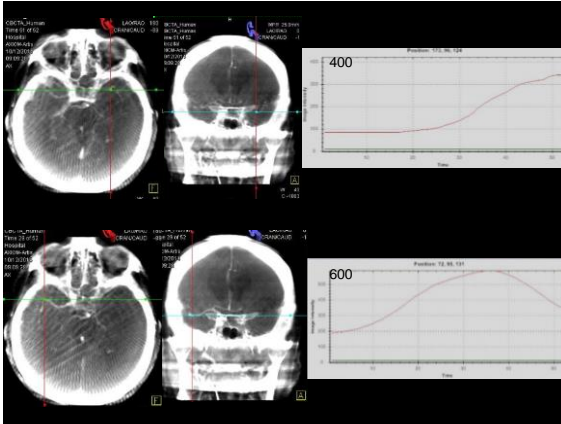
**CONCLUSIONS:** After postprocessing methods were applied to enhance image quality for conebeam CT perfusion maps, the conebeam CT perfusion maps were not inferior to those generated from multidetector CT perfusion.



Evaluation of collaterals and clot burden using time-resolved C-arm Cone beam CT angiography in the Angio-suite: a feasibility Study.

Yang P, Niu K, Yijing W, Struffert T, Doerfler A, Holter P, Aagaard-Kinitz, Strother, C, Chen G-H. AJNR In Review

**Conclusions:** Comprehensive evaluations of clot burden and collateral flow are feasible using time-resolved C-arm CBCTA data acquired in the angiosuite. This technique further enriches the imaging tools in angiography suite to enable a "One Stop Shop" imaging workflow for patients with AIS.



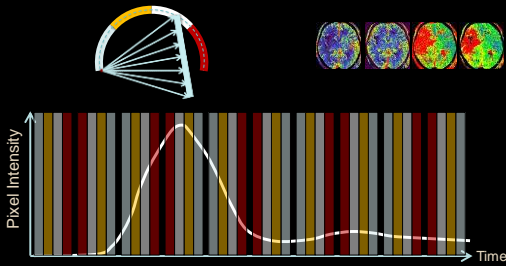
### Major Challenges in the “One-stop shop” Workflow

Limited low contrast resolution as compared to MDCT

Limited temporal resolution as compared to MDCT



## SMART-RECON in CBCT Perfusion



THANK YOU