Promises and Challenges of Benchtop X-Ray Fluorescence CT (XFCT) for Quantitative *In Vivo* Imaging

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XFCT

• X-ray Fluorescence (XRF) Analysis + Imaging or CT



XFCT

- Typically utilizes a high flux monochromatic pencil beam to induce XRF photons "synchrotron XFCT"
 - Boisseau 1986, Cesareo and Mascarenhas 1989, Hogan et al 1991, Yuasa et al 1997, Simionovici et al 2000, Schroer 2001, Takeda 2001, La Rivière 2004
- Stimulated emission tomography in its nature
- Material detection limit (sensitivity) of synchrotron XFCT typically on the order of parts per million (ppm)

Motivations for Benchtop XFCT

- Issues with synchrotron XFCT for biomedical applications
 - Accessibility, Dose, and Energy
- Emerging applications of metal-based nanoparticles such as gold nanoparticles (GNPs) for diagnostic/therapeutic purposes

Motivations for Benchtop XFCT

- Possibility to achieve multimodal mutiplexed quantitative (preclinical) imaging capability
 - Simultaneous microCT
 - Use of non-radioactive metal (nano-)probes for molecular imaging
 - Non-invasive determination of biodistribution of metal NPs

Characteristics of Benchtop XFCT

- Implemented with ordinary polychromatic x-ray source on a benchtop setting for wide availability
 - Quasi-monochromatization or proper filtering of polychromatic x-ray spectrum
- Utilizes compact energy-resolving solid state x-ray detector (without liquid nitrogen cooling)

Challenges of Benchtop XFCT

- Suffers adverse consequences from polychromatic nature of the excitation beam (especially for *in vivo* imaging applications)
 - requires prohibitively long scan/data acquisition time (when high sensitivity is required)
- poor sensitivity (when performed with insufficient/short scan time)

Challenges of Benchtop XFCT

- Size of imaging objects limited by XRF photon energy
- Pessimistic outlook in the field (especially for human imaging applications e.g., von Busch et al. 2005)

Benchtop XFCT 90° Scatter + gold XRF spectra



Manohar et al., Med. Phys., Vol. 41(10), 2014

Benchtop XFCT

- Demonstrated first using GNPs and polychromatic pencil beam (110 kVp & 680 μm lead filter)
- Developed into the current cone beam XFCT (105 kVp & 0.9 mm tin filter)

~40 hours (pencil beam, 50 W) Cheong et al. *PMB* 2010



~6 hours (cone-beam, 50 W) Jones et al. PMB 2012



Benchtop XFCT

- Shown capability for multiplexed imaging (Au, Gd, & Ba) using a 3 kW clinical x-ray source under a pencil beam geometry (Kuang et al. 2012)
- Demonstrated (computationally) higher sensitivity of benchtop XFCT to detect gold/GNPs at low concentration vs. photon-counting k-edge CT (Bazalova et al. 2012, Feng et al. 2014)

Benchtop XFCT

- For the last half-decade or so, numerous (~10) groups worldwide have contributed to benchtop XFCT research and development
- Ultimate goal of research is to develop benchtop XFCT into practical *in vivo* (molecular) imaging modality

Benchtop XFCT with GNPs



Photon irradiation of GNP Manohar et al., Scientific Reports, 2016



Conjugation of GNP/GNR Wolfe et al., Nanomedicine, 2015

Benchtop XFCT with GNPs



Manohar et al., Scientific Reports, 2016

Benchtop XFCT with GNPs

- "K-shell Mode" based on detection of gold Kshell XRF photons (~67.0 and ~68.8 keV)
 - Higher energy allows imaging of larger objects
 - Can be used for tomographic reconstruction
- "L-shell Mode" based on detection of gold Lshell XRF photons (~9.71 and ~11.4 keV)
 - More suitable for direct 2D imaging with high resolution & high sensitivity

Benchtop XFCT with GNPs

- Determination of GNP biodistribution or intratumoral distribution via *ex vivo* or *in vivo* imaging
- Quantitative molecular imaging using bioconjugated GNPs and other metal NPs

Benchtop XFCT with GNPs





L-shell Mode: Manohar et al., Med. Phys., Vol 40(10), 2013

Benchtop XFCT with GNPs





L-shell Mode: HCT116 tumor sample loaded with Cetuximabconjugated GNPs, Cho/Krishnan Group 2015 (AAPM 2016, SU-G-IeP3-7)

Benchtop XFCT with GNPs

 First successful demonstration of benchtop XFCT with GNPs as applied to small animal imaging (albeit performed *postmortem*)



K-shell Mode: Manohar et al., Scientific Reports, 2016

Benchtop XFCT with GNPs



K-shell Mode: Manohar et al., Scientific Reports, 2016

0.8% GNP 2.5% lodine

Benchtop XFCT with GNPs



Cho Group 2016 (performed by M Ahmad & S Yasar)

Benchtop XFCT – Current Status

- Cone-beam XFCT setup currently ready for *in vivo* imaging (with some limitations)
- Current detection limits for GNPs or gold
 - K-shell Mode: ~300 ppm
 - L-shell Mode: ~1 ppm (Manohar et al 2013, Ricketts et al 2013)

Benchtop XFCT – Current Status

- Simultaneous microCT capability (with some remaining challenge)
- Some degree of parallel data acquisition using multiple detectors
 - image from Jones et al., *PMB* 2012



Benchtop XFCT – Current Status

	Proof-of-Principle	Ad Hoc	Dedicated
X-ray Source	Hamamatsu L9631	Philips RT250	Comet XRS-160
Accelerating Potential (kVp)	105	125	125
Beam Current (mA)	0.40	25	24
Power (W)	42	3125	3000
Tin Filter Thickness (mm)	0.9	2	2
Acquisition Time per Projection (s)	60	15	10
GNP Detection Limit (wt%)	0.50	0.24	0.030
Phantom Imaging Time (hr)	6	1.5	1

Manohar et al., AAPM 2016 meeting, TH-AB-209-1

Benchtop XFCT – Current Status



Cone-beam XFCT setup Cho Group @Georgia Tech, circa 2010



Work in progress since 2015 Cho Group @MDACC

Benchtop XFCT - Remaining Challenges

- 2D parallel data acquisition under cone-beam geometry
 - requires high energy resolution pixelated detector with proper collimation
 - necessary to achieve acceptable spatial resolution (~ 1 mm or less) & dose (on the order of 10 cGy per session) for preclinical animal studies

Benchtop XFCT - Remaining Challenges

- Further optimization/Quasi-monochromatization of polychromatic spectrum
- Simultaneous microCT using filtered/quasimonochromatic incident beam (under K-shell mode – Manohar and Cho, IEEE/MIC, 2013)

Benchtop XFCT – Future Outlook

- Address key technical challenges over next 4 years
- Achieve detection limit (sensitivity) ~100 ppm or less in the case of GNPs/gold
- Available prototype with simultaneous microCT capability for routine *in vivo* imaging

Thank you for your attention !