The Zagzebski/Carson Distinguished Lecture on Medical Ultrasound:

#### Image Guided Ultrasound Therapy

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#### Ultrasound

= sound with a frequency above the hearing range

Therapy: 0.2 – 10 MHz, Diagnostic: 1-50 MHz

Longitudinal Wave



Compression Dilation

#### Focused Ultrasound



#### **Ultrasound Interactions with Tissue**





#### **Ultrasound Interactions with Tissue**



#### Jet formation



#### **Ultrasound Therapies**

- 1. Thermal tissue interactions Thermal ablations Hyperthermia Drug delivery
- 2. Gas bubble mediated

  - Historipsy Historipsy Thrombolysis Apoptosis Enhancement of Radiation effects Thermal enhancement Drug delivery
- 3. Radiation force/Other Sonodynamic therapy Neuromodulation Cardiac spacing Drug Delivery Thrombolysis acceleration













# Focused Ultrasound Induced Tissue Coagulation Rabbit Brain in Vivo

Vykhodtseva et al., Ultrasound.Med.Biol. 26:871.-80, 2000.

#### "Fry's monster"



 The devise was made in the form of a doubledeck arrangement

From: Fry et al., J Exp Med. 1956,1;104(3):337-60.

- Four ultrasound beams could be brought into coincidence to produce focal point

#### **Prostate Device**

A novel patented technology that combines both imaging and therapy elements on a single ultrasound crystal.



 Therapy Element: 4.0 MHz, Curved Rectangular
Imaging Element: 4.0/6.0 MHz, Curved Circular

B-Mode Imaging With Treatment Monitoring.



Sanghvi et al.,

#### Focused Ultrasound Treatments: Image Guidance

- Targeting
- MRIUltrasound
- Monitoring Control
- X-rays
- Verification
- PET/Spect

#### UF ablation with US-guidance



Cho et al. J. Ultrasound in Medicine, 32, 397-406, 2013

#### MRI vs. US Guidance

#### • Targeting

Target	Problem	Ultrasound	MRI
Prostate	Tumor/nerves	++	+++
Uterine Fibroid	Fat/nerves	+++	+++
Liver	Motion	+++	++
Breast	Tumor/Fat	++	+++

Haifu Model JC Focused Ultrasound Tumour Therapeutic System



Courtesy of J. Kennedy, F. Wu

Haifu Model JC Focused Ultrasound Tumour Therapeutic System Integrated Treatment Transducer (diagnostic US probe and HIFU transducer) in degassed water reservoir



Ideal focal region for treatment: **Courtesy of J. Kennedy, F. Wu** 1.1mm × 3.3mm Range of acoustic intensity within focal field: 5000 W/cm<sup>2</sup> to 25000 W/cm<sup>2</sup> Therapeutic frequency: 0.8MHz—2.4MHz

#### Thyroid System



Courtesy of Jean-François Aubry

Noninvasive Thermometry Assisted by a Dual-Function Ultrasound Transducer for Mild Hyperthermia

IEEE TRANSACTIONS ON ULTRASONICS, FERROELECTRICS, AND FREQUENCY CONTROL, VOL. 57, NO. 12, DECEMBER 2010

Chun-Yen Lai, Dustin E. Kruse, Charles F. Caskey, Douglas N. Stephens, Member, IEEE, Patrick L. Sutcliffe, Member, IEEE, and Katherine W. Ferrara, Fellow, IEEE



#### MRI-guided HIFU



#### MRI-guided Focused Ultrasound Thermal Ablation Uterine Fibroids -15 years



Approximately 150 sites > 10,000 patients



JM2.5C, Haifu, China



Cain and Umemura. IEEE Trans.Microwave Theory Tech. MTT-34:542-551, 1986 Fan et al., Med.Phys. 22:297-308, 1995. Daum et al., IEEE Trans Ultrason, Ferroelect, Freq Contr 46 (5):1254-1268, 1999.

#### MR-Guided FUS Uterine Fibroid Treatments



-All the image-guidance advantages -No tissue penetration ⇒Reduced risk of infections ⇒Fast recovery

InSightec: FDA approved 2004



Carls et al., JOURNAL OF WOMEN'S HEALTH, 17, 7, 2008 Stewart et al., Obstet Gynecol 2007;110(2 Pt 1):279-287





InSightec.

#### MRgFUS Intra-cavitary Prostate System



1000-channel phased array: • Flat, rectangular, 2.3 MHz Uses: • Focusing

- Steering in depth direction
- Increasing focal volume per sonication

Exablate 2000, InSightec, Haifa, Israel



#### MRI-controlled Transurethral Prostate Ablation



Chopra and Bronskill

#### Atrial Arrhythmia treatment by Pulmonary Vein Isolation





No exposure control => patient death

#### Cardiac Ablation-Epicor



#### Cosmetic Syrgery



Selective Creation of Thermal Injury Zones in the Superficial Musculoaponeurotic System Using Intense Ultrasound Therapy A New Target for Noninvasive Facial Rejuvenation



Arch Facial Plast Surg. 2007;9:22-29

#### CT Calvaria image



#### Attenuation in Human Skull Bone







#### Skull Heating Problem => Large Hemispherical Transducer



#### Prototype Hemispherical Arrays





64 elements Clement et al., Phys.Med.Biol. 2000, 45, 3707

1372 elements Song et al. IEEE Trans Biomed Eng. 2010, 57(1):124-33

#### Speed of Sound in Human Skull Bone





#### Sonication Through an ex vivo Human Skull No Phase Correction





#### Skull Defocusing Problem



=> A Phased Array and Propagation Prediction

G. T. Clement and K. Hynynen, *Phys Med Biol*, vol. 47 2002, pp. 1219-1236. J. F. Aubry, et al. *JASA*, vol. 113, no. 1, 2003 pp. 84-93.

#### Model Corrected SK12



Volume Maximum=4.158 x 106 mV2

Clement et al., . Phys.Med Biol 47 (8):1219-1236, 2002.

#### InSightec Exablate 4000

Brain system Frequency: 220kHz and 660kHz Number of Channels: 1000 Head fixation: pins





Martin et al., Annals of Neurology (in print) Courtesy University Children's Hospital, Zurich



#### **Essential Tremor**

 10 million in the US (0.5 mil Parkinson' s disease)











#### Patient 5: Freehand Spirals





Lipsman et al., Lancet Neurology 2013







FDA Approval July 2016



#### Thermal Treatments Close to Skull Base

# MRI-Controlled Hyperthermia+ ThermoDox\*<br/>=>Localized Drug DeliverySevential of the sevential of the sevential

#### Application: Thermally mediated drug delivery



Staruch et al, ISTU 2011



Staruch et al, ISTU 2011

#### Biodistribution: Free vs. liposomal DOX Thermosensitive liposomal doxorubicin Free doxorubicin 0. Drug formulati Free DOX

Here's	uscie neated	Skin	Heart	Lung	Liver	Fidney	spleen
on	Unheate	d tumo	r [DOX	] н	eated	tumo	r [DOX]
	4.9	± 3.5 μ <sub>ξ</sub>	g/g		7.9	±1.9 μ	g/g
	3.4	± 1.8 µ	2/g		76.3 ±	± 27.9 i	16/6*

Staruch et al, Int J Hyperthermia 2012.

TSL-DOX







#### Rabbit VX2 Tumours: Survival



Staruch et al. Int J Hyperthermia. 2015



#### Heat Activated Gene Therapy

- Ad-HSP-Luc
  - an adenoviral vector
  - a firefly luciferase gene => therapy gene
  - a human hsp70B promoter



Silcox et al., Ultrasound Med. Biol. 2005 Jul. 31(7): 965-970.

#### Spatial Control of Genetherapy by MR-HIFU





#### 2. Gas bubble mediated



Hosseinkhah et allEEE Trans Biomed Eng. 62(5):1293-304, 2015



#### Histotripsy



IEEE Trans Ultrason Ferroelectr Freq Control. 2014 February ; 61(2): 341-352

#### Histotripsy: Thrombolysis



Zhang et al., IEEE TRANSACTIONS ON ULTRASONICS, FERROELECTRICS, AND FREQUENCY CONTROL, vol. 62, no. 7, 2015



High-Intensity Focused Ultrasound (HIFU) for Dissolution of Clots of Embolic Stroke.











#### Drug Delivery with Microbubbles





Goertz DE et al., . PLoS One. 2012;7(12):e52307

Review: Wood and Sehgal, UMB., 41,905-928, 2015

#### Radiation+MB+US

Breast cancer MDA MB 231 model in vivo 500kHz,570kPa, 15cycles, PRF=3kHz, 10% duty, Duration 50 ms, Repeat Frequency 0.5Hz, Total time =5 min



First paper: Czarnota et al., Proc. Natl Acad. Sci, 2012;109: E2033-E2041

Lai et al, Oncoscience 2016

# Stem cells to infarcted heart using targeted microbubbles



Stem Cell Research 17 (2016) 6-15

68

#### Focal and Noninvasive MRI-guided Method for Drug Delivery into Central Nervous System



#### Cellular constituents of the blood-brain barrier.



Abbot et al., Nature Rev. 7,42,2006

FOCAL DESTRUCTION OF NERVOUS TISSUE BY FOCUSED ULTRASOUND: BIOPHYSICAL FACTORS INFLUENCING ITS APPLICATION\*

By H. T. BALLANTINE, Jr., M.D., T. F. HUETERL, Pu.D., W. J. H. NAUTA, & M.D., AND D. M. SOSA, M.D. (From the Medical Acoustics Research Group, Department of Neurosurgery, Massachusetti General Hospita, Boston) PLATES 28 to 30 (Received for publication, May 3, 1956)

"Histological examination of lesions stained by trypan blue showed this method to be a reliable index of the area of tissue damage



Trypan blue

#### How Can Ultrasound Open the BBB?



	20s		
Sonication		Time Average Power < 10mW	
Hynynen et al., Radiol. 2001	10 ms / PRF = 1 Hz	Time	



#### Focused ultrasound opening of BBB







rabbit

rat







#### Duration of the BBB open



#### How can BBB opening be used for therapy?

#### Animal Experiments (>150 studies):

Effective Delivery of: -Chemotherapy\* -Antibody\* -siRNA -Viral vectors -Other agents -Cells\*

Examples: Brain Tumours\* Alzheimer's Disease\* \* Effective treatments in animal models

#### Glioblastoma



Daniel J Brat and Erwin G Van Meir, Laboratory Investigation (2004) 84, 397–405



MR-FUS-BBBD-enhanced chemotherapy 9L rat gliosarcoma-Survival

Treat et al., UMB 2012



#### Three Weekly Treatments with FUS + DOX

Aryal et al., <u>J Control Release.</u> 2013

Can we use FUS for the delivery of antibodies against amyloid-beta peptides to reduce plaque pathology in Alzheimer's disease?

#### Alzheimer's Disease

ABOUT 5.3 million Americans of all ages have AD in 2015. -1/9 people age 65 and older has AD -1/3 people age 85 and older has AD\*\*\*

AD is a progressive and irreversible neurodegenerative disease that has no cure.

AD is characterized by the presence of  $\beta\text{-amyloid}$  plaques, neurofibrillary tangles, neuronal loss, and deficits in neurotransmitters

Long-term administration of high doses of antibodies against A $\beta$  in the bloodstream remove the plaques has produced benefits in animals\* but failed in patients\*\* - = BBB prevents large molecule penetration into the brain



\*Bard et al. Nat Med 6: 916–919, 2000. \*\*Grundman et al. J Nutr. Health Aging., 17, 51-53, 2013. \*\*\*Alzheimer's & Dementia 2015; 11(3)332+



#### FUS-mediated antibody delivery



Jordão et al., PLoS One(2010)

#### FUS alone reduces pathology



Jordão et al., Exp Neurol (2013)

#### Is FUS effective for treatment of AD?



Wildtype	Transgenic
Untreated	Untreated
FUS treated	FUS treated

7 months at start of study Underwent treatment once per week 8 months: behavioral analysis histology analysis

Burgess et al., Radiology 2014

10 min Novel Arm Exploration 5 min 90 min ٠. 25 ➡WT ■Tg Time in novel arm (%) 20 15 10 5 0 Control Burgess et al., Radiology 2014

#### FUS improves performance in Y-Maze

#### FUS improves performance in Y-Maze





FUS reduces plaque load





#### FUS increases neuronal plasticity



non-To

Burgess et al., Radiology 2014

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Science Translational Medicine 15 June 2016 Vol 8 Issue 343 343re2 1

### Clinical trial of blood-brain barrier disruption by pulsed ultrasound



Carpentier et al., Science Translational Medicine 2016 Vol 8 Issue 343 343re2 1

# Clinical trial of BBB disruption by pulsed ultrasound



Carpentier et al., Science Translational Medicine 2016 Vol 8 Issue 343 343re2 1

#### **Progress Towards Clinical Testing**



#### **First Patient Test**

Gad Enhancement (T1) Doxorubicin delivery





Huang, Mainprize et al., ISMRM 2016

# Need to be able to motor and control of exposure



#### Localization and Control of the BBB Opening

=>Imaging of the bubbles and controlling their oscillations





O'Reilly et al., Radiology, 2011

## How do we monitor and control cavitation?

#### Oscillating Bubble Emits Ultrasound



"Super-resolution acoustical passive imaging system using algebraic reconstruction" Sato et al., JASA (1980)



#### Passive cavitation detection

James J. Choi<sup>a)</sup> and Constantin-C. Coussios J. Acoust. Soc. Am. **132** (5), November 2012

#### Passive Acoustic Mapping (PAM)



T. Sato, K. Uemura, K. Sasaki, JASA **67**, 1802 (1980). S. J. Norton, I. J. Won, IEEE T Geosci Remote **38**, 1337 (2000).

#### **Transcranial Imaging**



O'Reilly et al., Medical Physics 2014

#### Transcranial Imaging



#### Transcranial Super-Resolution Imaging



#### Rabbit Brain in vivo





#### Rabbit Brain in Vivo After Microbubble Bolus Injection









#### Focusing Using Phased Arrays









#### Full-Scale Phased Array MRI Thermometry in a Phantom





#### Fully Electronically Steered Array Muscle *in vivo*



#### Conclusions

- Ultrasound can be used to focus energy deep into the brain
- Thermal surgery has a vide range of clinical applications
- Preclinical studies show potential for thermal drug
- releaseMicrobubble excitation:
  - Tissue disintegration/ablation Increased blood vessel permeability FUS induced drug release from bubbles/carriers
- Many devices are in clinical testing
- Many new potential therapies => Huge impact

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N. McDannold G. Clement N. Vykhotdseva





Intra-cardiac ablation

(minister)



Hynynen et al., 1987

Noninvasive Thermometry Assisted by a Dual-Function Ultrasound Transducer for Mild Hyperthermia

IEEE TRANSACTIONS ON ULTRASONICS, FERROELECTRICS, AND FREQUENCY CONTROL, VOL. 57, NO. 12, DECEMBER 2010

Chun-Yen Lai, Dustin E. Kruse, Charles F. Caskey, Douglas N. Stephens, Member, IEEE, Patrick L. Sutcliffe, Member, IEEE, and Katherine W. Ferrara, Fellow, IEEE











IOP PUBLISHING Phys. Med. Biol. 54 (2009) 3405-3419 PHYSICS IN MEDICINE AND BIOLOGY doi:10.1088/0031-0155/54/11/009

#### Focused ultrasound treatment of VX2 tumors controlled by local harmonic motion

Laura Curiel<sup>1,2,4</sup>, Yuexi Huang<sup>1</sup>, Natalia Vykhodtseva<sup>3</sup> and Kullervo Hynynen<sup>1</sup>



In Vivo Experiments Rabbit Muscle



Peak temperature rise of 26 °C at 43.8 s
LHM amplitude: initial value of 25.01±1.34 mm, starts dropping at 13.5 s, final value of 16.3±1.63 mm (p=0.01)

#### Results: Using Control During Lesion Formation

Lesions controlled by LHM threshold



#### Lesion Formation Threshold vs. MRI Thermometry In Vivo Muscle





#### Multi-Sectored Tubular Transurethral Applicator Dynamic Angular & Length Control Without Movement





#### Tri-Sectored Tubular Transurethral Applicator In Vivo Canine Prostate Evaluations (n=3) with MRTI



Case 2 - Translation w/ Coronal MRTI



.



Case 3 - Tri-sector Control



Kinsey et al. 2008



Phys Med Biol. 2003 Aug 21;48(16):2577-89. High power transcranial beam steering for ultrasonic brain therapy. Pernot M, Aubry JF, Tanter M, Thomas JL, Fink M



#### MRI vs. US Guidance

#### Monitoring/control

Target	Problem	Ultrasound	MRI
Prostate	Nerves/fat	++	+++
Uterine Fibroid	Fat/nerves	+++	+++
Liver	Motion/Fat/Bone	++	+
Breast	Tumor/Fat	++	++

#### 2D Correlation as Control

Select reliable frames for temperature visualization

Motion case 1 (transitory): 4 mm cell, 30 W, 20 s.





#### Delivery of Trastuzumab Through BBB into a Mouse Brain





Increased Ablation Volume



Diameter (mm)	Length (mm)	Volume (ml)
4	10	0.1
8	20	0.6
12	30	2.3
16	40	5.4



#### **BBB disruption by Ultrasound**

BBB disruption has been long known to result from focused ultrasound exposures in the brain.

- Associated with damage:
  - Bakay et al. Arch Neurol 1956, 1959
  - Ballantine et al. J Neurosurg 1960
  - Patrick et al. Adv Exp Med Biol 1990
  - McDannold et al. Magn Reson Med 2004

#### - Some animals without damage:

- Vykhodtseva. The 5th International Symposium on
- Ultrasound in Biol Med Puschino, Russia 1981
- Vykhodtseva et al. Ultrasound Med Biol 1995
- Mesiwala et al. Ultrasound Med Biol 2002

# A HER2-Break HER2-Specific West2eller

**Targeted NK-Cells** 

Alkins et al., Cancer Res. 73(6):1892-9, 2013

#### Her2-Targeted NK-92 Cells





#### Targeted NK-Cells: In Vivo Tumours





Alkins et al., submitted

#### Super-Resolution Imaging

- Position of sources can be estimated beyond the diffraction limit<sup>1</sup>
- · Re-plot images of single bubbles at higher resolution (PALM<sup>2</sup>)
  - Estimate source position - Re-plot with width equal to
  - uncertainty on fit



<sup>1</sup>Bobroff, Rev. Sci. Instrum. (1986) <sup>2</sup>Betzig et al., Science (2006) <sup>3</sup>O'Reilly and Hynynen, Med. Phys. (2013)

#### **Electron Microscopy**

Lanthanum (MV139 D)



No US

Sheikov et al., UMB, 2004,2006,2008





#### EM: Arteriola Transport via Caveolae



#### Clinical Therapy Ultrasound Systems





#### 1.63 MHz:

Small regions with extravasation blood cells Negligible effects to brain parenchyma



0.8 MPa, 100 ms pulses Time-averaged acoustic power: 50 mW

Hynynen et al., Radiology 2001