

# We are all interested in making a difference in developing countries



#### Assumption

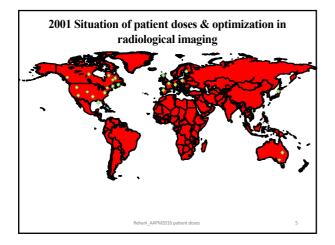
#### Feeling of lack of

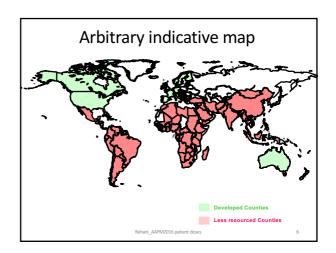
- Persons with dosimetry skills (Medical Physicist)
- Dosimetry tools
- Equipment having dose display??
- Professionals perhaps not knowing what dose quantities mean
- Doses to patients might be several times higher?

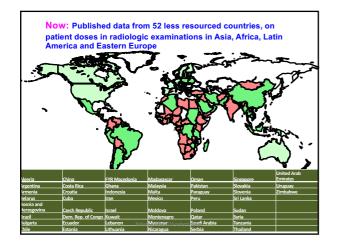
#### How to meet these challenges?

#### How to meet these challenges?

- Training
- After several training events, do I know the situation better?
- Have I made a difference in patient safety?
- · Was the money spent on training worth?
- Experts/trainers: Lose contact or at the most have contact with person for his/her visit









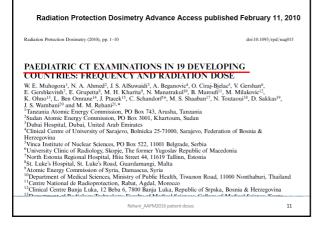
40 co Algeria, Armenia, Belarus, Bosnia & Herz. Brazil, Bulgaria, China, Costa Rica, Croata Rica, Croata Rica, Croata, Estonia, Indonesia,	untries tha Iran, Israel, Kuwait, Lebanon, Lithuania, Malta, Mata, Motico, Montenegro, Motdova, Myanmar,	at have partie	Sudan, Syria, Tanzania, Thailand, The Former Yugoslavia Republic
	Less reso	urced countries	;
	Rehani_A4	VPM2016 patient doses	9

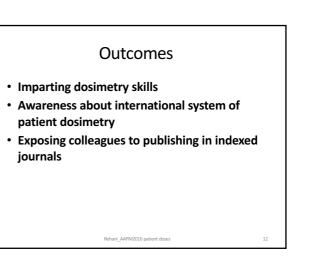
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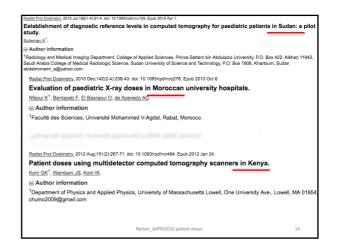
Rehani AAPM2016 patient doses

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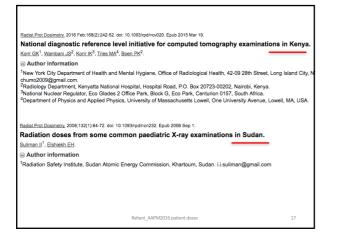


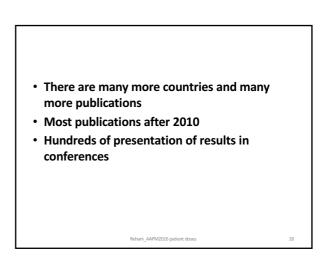


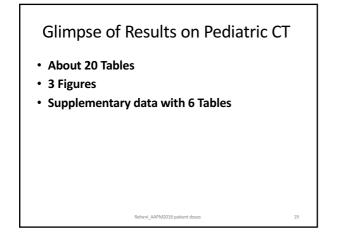


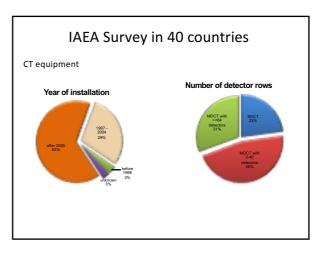


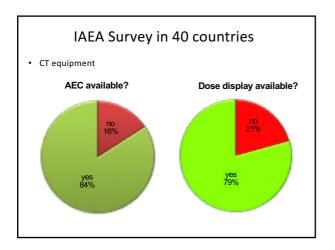
#### Appl Clin Med Phys, 2012 Jul 5;13(4):3719. doi: 10.1120 v13i4.3718 Postgrad Med J. 2014 Mar;21(1):28-33 Optimization of patient radiation protection in pelvic X-ray examination in Ghana. Radiation dose and radiation protection principle awareness: a survey among Nigerian paediatricia Famurewa OC<sup>1</sup>, Obiaturwa PO, Elusivan JB, Ibitove BO. ori EK<sup>1</sup>, Antwi WK, Scutt DN, Ward M. Author information Author information Department of Radiography, School of Allied Health Sciences, College of Health Sciences, University of Ghana, Korle-Bu-Accra, Ghana rrikof2001@yahoo.co.uk Department of Radiology, College of Health Sciences, Obafemi Awolowo University, Ile- Ife Nigeria. Computed tomography dose index for head CT in northern Nigeria. December 4 Marting 13 Films. Intrance surface dose measurement in pediatric patients undergoing common diagnostic x-ray examinations in ack lion and "fekatif 12 Hospital Addis Ababa, Ethiopia. Ethiopia. arba I<sup>1</sup>, Engel-Hills P<sup>2</sup>, Davidson F<sup>2</sup>, Tabari AM<sup>3</sup> Author information . Department of Medical Radiography, Bayero University Kano, Kano, Kano State, Nigeria babaidi2003@yahoo.com. Department of Nursing and Radiography. Cape Peninsula University of Technology Cape Town, Cape Town, South Africa Department of Radiology. Aminu Kano Teaching Hospilal, Kano, Kano State, Nigeria. Author information ddis Ababa University, Faculty of Medicine, Department of Radiology, Selfe Teferi, selfeteferi@yahoo.com 2015 Jul 165(1.4) 141-5 doi: 10.100 Examination frequency and population dose from medical X-ray examinations in Sudan in 2010. Suliman II<sup>1</sup>, Ibrahem SB<sup>2</sup>, Youssif BE<sup>2</sup>, Abdelgabar MI<sup>3</sup>, Gafar R<sup>2</sup>, Elabiekh E<sup>2</sup>, Ahmed NA<sup>2</sup>, Sulieman A<sup>4</sup>. Sante Trop, 2014 Oct-Dec;24(4):392-8. doi: 10.1684/mst.2014.0382 Assessment of the completeness of medical imaging request forms in a sub-Saharan African setting]. Author information icle in French] fo B<sup>1</sup>, Kamgnie MN<sup>2</sup>, Fointama NE<sup>2</sup>, Tambe J<sup>2</sup>, Tebere H<sup>2</sup>, Fotsin JG<sup>1</sup>. ■ Author Information "Operationed Tealology and Molecular Imaging, Medical Physics Section, College of Medicine and Health Sciences, Sultan Gaboos University Box 33, Post code 123, Al-Khod, Sultanate of Oman Sudan Atomic Energy Commission, Radiation Safety Institute, PO Box 3001, Khartoum, Sud Juliannaj@qacudu com. "Saudan Atomic Energy Commission, Radiation Safety Institute, PO Box 3001, Khartoum, Sudan. "Artenational University of Arfac, Khartoum, Sudan. "Restanction Querry of Arfac, Khartoum, Querry of Arfac, Khart Author information Authof Informasion encide el radiologie, hóbial gynéco-obstétrique et pédiatrique de Yaoundé. 4382 Yaoundé, Cameroun, Département d'imagerie médicale et sionétrarie, faculté de médicaine et des sciences biomédicaies, université de Yaoundé I, Cameroun, équartement d'imagerie médicale et de radiotémarje, faculté de médicaine et des sciences biomédicaies, université de Yaoundé I, Cameroun Rehani\_AAPM2016 patient doses 15 Rehani AAPM2016 patient doses

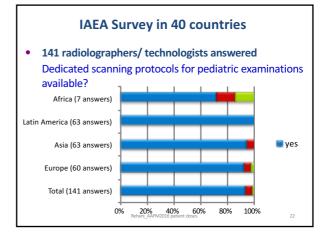


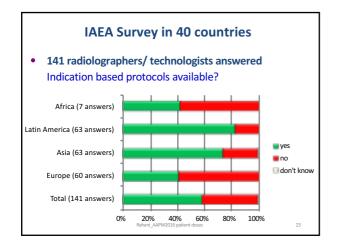


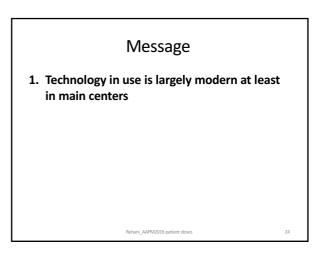


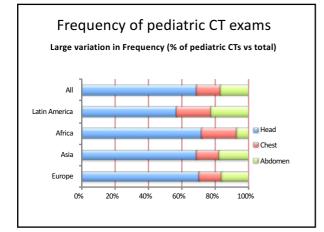




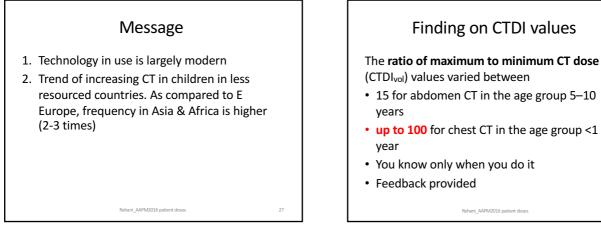








Frequency of pediatric CT exams								
95 CT facilities in 28 countries								
Region	Number of CT	Frequency of pediate examinations in 2007						
	facilities	mean	range	mean	range			
Europe	30	4.6	0.1 – 18.2	4.3	0.2 – 26.8			
Asia	57	9.4	0.1 - 29.0	12.2	0.1 - 49.4			
Latin America	1	-	-	-	-			
Africa	7	9.6	4.2 - 19.7	7.8	2.2 - 18.2			
All countries	95	7.5	0.1 – 29.0	9.0	0.1 - 49.4			
All countries	95	7.5	0.1 - 29.0	9.0	0.1 – 49.			



#### Typical exposure parameters

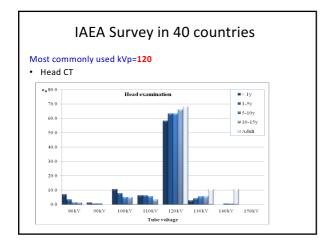
- In 8.2% of the scanners CTDI values for pediatric patients were higher than for adults in at least one age group and one examination.
- In 40% facilities the scanning protocols were not adapted to the body size.
- In 13% of them the same protocol was used for all age groups.

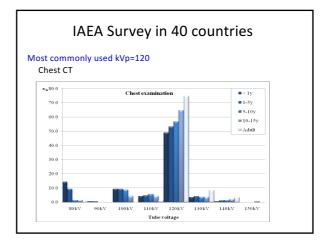
Rehani\_AAPM2016 patient dose

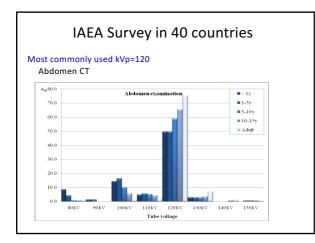
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#### Quick snapshot of findings

- Modern MDCT available in 77%
- Dedicated CT protocols in 94%
- Protocols for some age groups not available 50%
- Indication based protocols used in 57%
- CTDI<sub>vol</sub> for head, chest in some facilities 2-5 times adults
- Up to 100 times variation in radiation dose

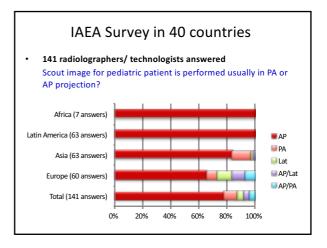


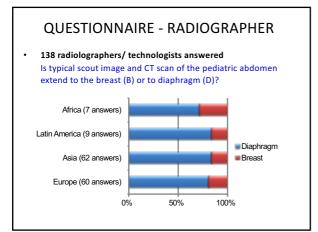


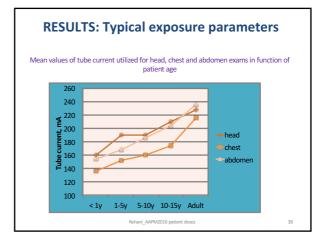


RESULTS: Typical exposure parameters								
CTDI <sub>vol</sub> -	Head examinati	on						
		< 1y	1-5y	5-10y	10-15y	Adult		
	min	2.3	2.7	5.0	14.5	4.5		
	max	97	115	159	250	280		
CTDIvol (mGy)	average	25	33	41	52	67		
(moy)	median	23	30	36	42	59		
	3d quarter	29	38	48	59	75		
	UK, 2005	30	45	50	-	65		
DRL in	Switzerland, 2008	20	30	40	60			
CTDI <sub>vol</sub> (mGy)	Germany, 2007	33	40	50	60			
	France, 2009	30	40	50	-			

RESULTS: Typical exposure parameters								
		< 1y	1-5y	5-10y	10-15y	Adult		
	min	0.4	0.5	0.5	0.5	4.7		
	max	28.4	21.3	27.4	39.9	39.9		
CTDIvol (mGy)	average	5.2	6.0	7.3	9.9	12.3		
()/	median	3.2	4.3	5.4	7.3	10.5		
	3d quarter	6.8	7.3	9.3	13.0	15.5		
	UK, 2005	12*	13*	20*	-	-		
DRL in	Switzerland, 2008	5	8	10	12	-		
CTDIvol (mGy)	Germany, 2007	1.7	2.7	4.3	6.8	-		
	France, 2009	3	3.5	5.5	-	-		
		*DRLs i	n CTDIvol,16					







Results: Typical expos	sure parameters
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Protocols for **head examination** of infant (<1 y) in 8 CT facilities with the same 64-detector scanner model (Light Speed VCT, GE)

Scanner	mode	Tube	Tube	t rot, s	Pitch value	CTDIvol, mGy	
number	mode	voltage, kV	current, mA	1100, 3		CTDIV0, ITOy	
39	helical	100	100	0.5	0.531	10.36	
40	axial	120	125	1	NA	22.19	
102	axial	120	240	0.5	NA	21.31	
26	helical	100	50-250	0.8	0.531	100 219 06	
29	axial	120/100	200/130	1	NA	24/16	
8	axial	80	200	0.8	NA	6	
124	axial	120	240	0.5	0.5	21.31	
119	helical	120	80	0.6	0.9	10	
		Rehani J	AAPM2016 patient d	oses		39	
	Rehani_AAPM2016 patient doses						

#### Results: Typical exposure parameters

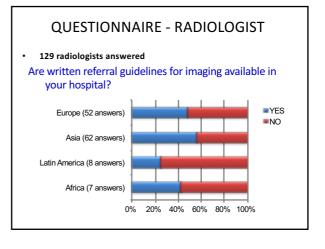
Protocols for **chest examination** of infant (<1 y) in 8 CT facilities with the same 64-detector scanner model (Light Speed VCT, GE)

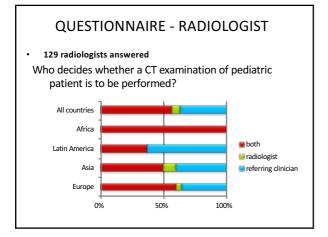
Scanner	mode	Tube	Tube	t rot, s	Pitch value	CTDIvol, m
number	mode	voltage, kV	voltage, kV current, mA	0.00,0	i iteri valac	010100,110
39	helical	80	129	0.5	1.3	1.89
40	helical	120	120	0.5	0.984	10.21
102	helical	80	240	0.5	0.984	264
26	helical	80	100-250	0.5	0.96	2,64 44.26 44.26 54.26 54.26
29	helical	100	180	0.4	0.98	<b>\$</b> .2
8	helical	120	80	0.4	1.375	4.5
124	helical	80	25	0.5	0.9	0.71
119	helical	120	80	0.6	0.9	10
		Deberei	AAPM2016 patient d			40

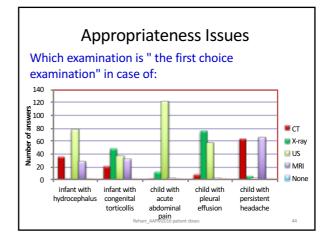
## Message

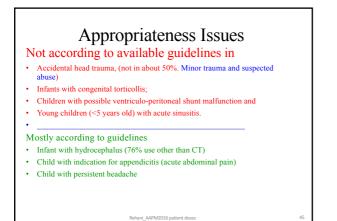
- 1. Technology in use is largely modern
- 2. Trend of increasing CT in children in less resourced countries. As compared to E Europe, frequency in Asia & Africa is higher (2-3 times)
- 3. Situations of higher than necessary exposures are not uncommon (optimization)

Rehani\_AAPM2016 patient dose

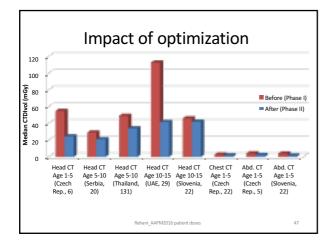






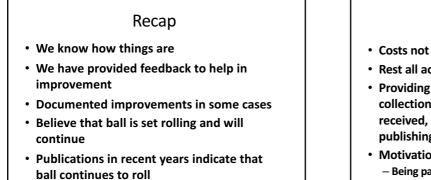








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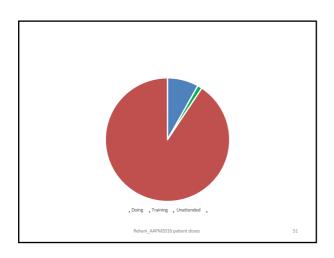
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#### **Our inputs**

- · Costs not higher than previous years
- Rest all actions by email (2-5hrs)
- Providing framework and Forms for data collection, mentoring and feedback on data received, updates on data, analysis and publishing of multi-national papers

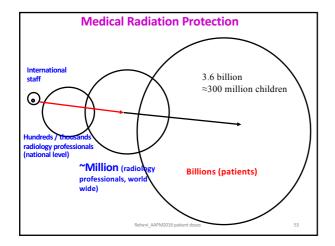
Rehani AAPM2016 patient doses

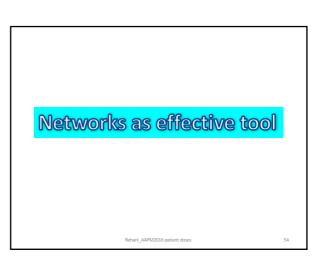
- Motivation:
  - Being part of international group



Rehani\_AAPM2016 patient doses







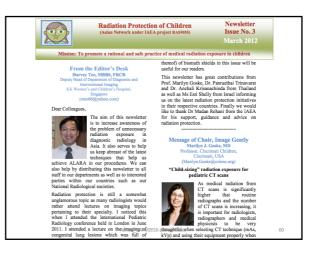












#### AJR August 2009 Angioplasty Virginia Tsapaki<sup>1</sup> Nada A. Ahmed<sup>2</sup> Jamila Salem AlSuwaidi<sup>3</sup> Ahden Beganovici<sup>4</sup> Abdelkader Bernide<sup>4</sup> Abdelkader Bernide<sup>4</sup> Barda Baricovici<sup>4</sup> Barda Baricovici<sup>7</sup> Sottinas Economides<sup>8</sup> Luita Er.Nacherl<sup>9</sup> Dario Faj<sup>10</sup> Abch Hovhamed Yang Mohamed Hassan Kharita<sup>1</sup> Mohamed Hassan Kharita<sup>1</sup> Mohamed Shaban<sup>18</sup> Iou Ursulean<sup>19</sup> Jacka Sidika Wamban<sup>18</sup> Jalua Zilukas<sup>10</sup> Jalua Zilukas<sup>10</sup> **Radiation Exposure to Patients During Interventional Procedures** in 20 Countries: Initial IAEA **Project Results OBJECTIVE**. The purpose of our study was to investigate the level of radiation protecon of patients and staff during interventional procedures in 20 countries of Africa, Asia

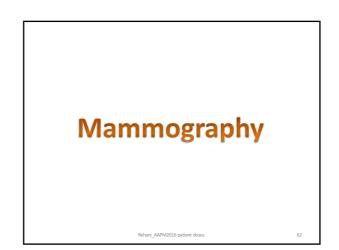
then of patients area but the many later terminous proceeds as a second set of the second sec

ands: developing countries, IAEA activitie antional procedures, patient safety, perci iminal coronary angioplasty (PTCA), radi ire, radiation safety, staff safety DOI:10.2214/AJR.08.2115

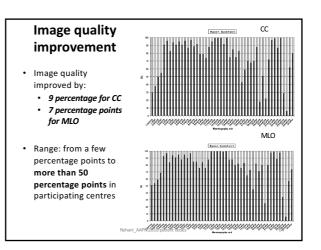
Dejan Žontar<sup>21</sup> Madan M. Rehani<sup>22</sup>

experience in its use. One hundred of 565 patients monitored for PSD (20%) were above the 2-6% threshold for deterministic effects. CONCLUSION. Interventional procedures are mercasaing in developing counties, so at only for dashis but als for pediatica patients. The instanton with respect to still protections is consid-ered generally acceptable, but this is not the case for patient protection. Many patients acceed the down threshold for epidema, a buttonic thread of the protection of the pro-tection of the epidema patients. The standard number (eff)'s of perturbations transmission currently known door reference level and thus could be optimized. Therefore, this starty has ensured and the epidema data accesses of a starter does determine and does management.

imation and dose n ice in introducing the concept of patient dose est n<u>stransingly</u> interventional pro-cedures are being performed us-









Europ	e (19	) count	ries)	
Country	ст	Interventional	Radiography	Mammography
Armenia	٧	v	v	
Belarus	v			
Bosnia and Herzegovina	v	v	v	v
Bulgaria	٧	v		v
Croatia	٧	v	v	v
Cyprus	٧			
Estonia	v			
FYROM	v		v	v
Greece		v		v
Czech Republic	٧			
Lithuania	٧	v		v
Malta	٧			v
Moldova	٧	v		v
Montenegro	٧		v	
Romania				v
Poland	٧			
Serbia	٧		v	v
Slovakia	٧			
Slovenia	Rehani AAPM2	2016 patient doses		

Country	СТ	Interventional	Radiography	Mammography
Algeria	v	v		
Ghana	v		v	v
Congo			v	
Morocco	v	v		
Sudan	v	v	v	
Kenya	v	v		
Madagascar			v	
Tanzania	v		v	v
Tunisia	v	v		
Uganda				v
Zimbabwe			v	

Country	ст	Interventi onal	Radiography	Mammography
Israel	<del>ران</del>	Unu	naulography	Manimography
Kuwait	v	v		
Lebanon	v	v		
Oman	v			
Iran	٧		v	v
Qatar	٧			
Saudi Arabia			v	
Syria	٧	v		v
UAE	٧	v	v	

		Asia		
	1	ntervention	a	
Country	ст	I	Radiography	Mammography
Bangladesh			v	
China	v			
Indonesia	v			
Japan	v			
Malaysia	v			v
Myanmar	v			
Pakistan	v	٧		v
Singapore	v			
Sri Lanka	v			
Thailand	v	٧	v	
Tajikistan		٧		
	Deberi	AAPM2016 patient		

Latin America							
Country	СТ	Interventional	Radiography	Mammography			
Brazil	۷						
Costa Rica	V						
Mexico	v						
Paraguay Peru	V V						
Peru	v						
		Rehani_AAPM2016 patient	doses				



Radiation Protection (RP) survey	Vienna 2004 (25 countries)	Singapore 2005 (8 countries)	Ethiopia 2006 (9 countries)	Iran 2006 (6)	Bangkok 2006 (8 countries)
Is this 1 <sup>st</sup> time you are attending a structured program on RP. Ans. Yes	88%	84%	93%	100%	93%
Any cardiologists conference you attended where there was lecture on RP. Ans. No	85%	100%	100%	100%	100%
Do you measure radiation dose to patient. Ans. No	96%	100%	87%	89%	71%



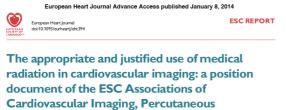
Radiation Protection L	Josimetry Advance Acc	cess published July 7, 2011
Radiation Protection Dosimetry (2011), pp. 1–5		doi:10.1093/rpd/ncr257
SKIN INJURIES IN INTI	ERVENTIONAL PRO	OCEDURES
Madan M. Rehani <sup>1,*</sup> and Suphot Srim <sup>1</sup> Radiation Protection of Patients Unit, Austria <sup>2</sup> Division of Cardiology, Department o	International Atomic Energy A	
Thailand	i wiedicine, King Chulaiongkoi	n Memorial Hospital, Bangkok,
*Corresponding author: m.rehani@iaea	a.org; madan.rehani@gmail.con	1



rologis	ts,		edic surgeo Gynecolog	· ·	troenter	ologists,
		ing Radiation n (RP)	Auckland, New Zealand 2006	Dubai, UAE 2007	Sofia, Bulgaria 2008	Montevideo, Uruguay 2008
Is this 1st time you are attending a structured program on RP. Answer: Yes		100 %	100%	100%	95%	
Any conferent where there we answer: No			100%	87%	100%	100%
Do you meas patient. Answer: No	ure ra	diation dose to	100%	95%	89%	95%
Do you use b personal exp Answer: Yes		to monitor your	20%	9%	78%	47%
Was this cour (highly releva		evant to you	100% (80%)	100 % (75%)	100 % (88%)	100 % (96%)
	Year	Place	Participa	tion of Doctor(s)	from countries	
	2006	Auckland, New Zealand	Bangladesh, China, India, N	lalaysia, Pakistan,	Thailand, Vietnam	
	2007	Dubai, UAE	Bangladesh, Iran, Jordan, L Yemen, UAE	ebanon, Mongolia,	Pakistan, Sri Lanka, Tha	ailand,
	2008	Sofia, Bulgaria	Azerbaijan, Bosnia and Her Poland, Bulgaria	zegovina, Croatia,	Georgia, Kyrgyzstan, Litl	huania,
				Bolivia, Brazil, Chile, Costa Rica, Ecuador, El Salvador, Panama, Paraguay, Pēlaķilahīgādīķ?/Mēlāždieļiatient closes		



IAEA Radiatio	on Protection of Patients (RPOP)	Search RPoP:
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traditionally lack prior such training, e.g. 2012 for specialists from Asian countries have any training in radiation protection,	It has been the goal of the IAEA to include various medical speciality vascular surgeons. The first course for these specialists was conduct Realizing that vascular surgeons in many countries make extensive the second course was organized by the IAEA for specialists from the IAE. The training program is available and training material as corroup.	ted by the IAEA in December a use of fluoroscopy but hardly aq, Lebanon, Malaysia, Monge
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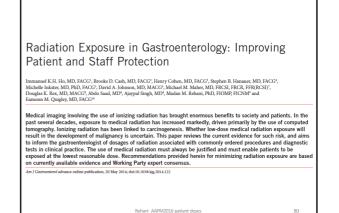


## Cardiovascular Interventions and

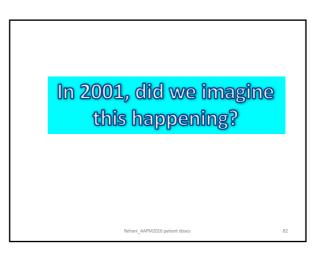
Electrophysiology

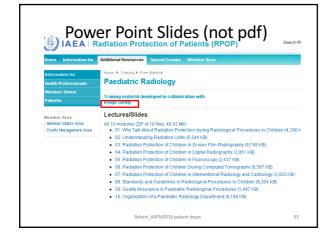
Eugenio Picano<sup>1</sup>, Eliseo Vañó<sup>2,3</sup>, Madan M. Rehani<sup>4</sup>, Alberto Cuocolo<sup>5</sup>, Lluis Mont<sup>4</sup>, Vicente Bodi<sup>7</sup>, Olivier Bar<sup>8</sup>, Carlo Maccia<sup>7</sup>, Luc Pierard<sup>10</sup>, Rosa Sicari<sup>1</sup>, Sven Plein<sup>11</sup>, Heiko Mahroldt<sup>12</sup>, Patrizio Lancellotti<sup>13</sup>, Juhani Knuuti<sup>14</sup>, Hein Heidbuchel<sup>15</sup>, Carlo Di Mario<sup>16</sup>, and Luigi P. Badano<sup>17+</sup>

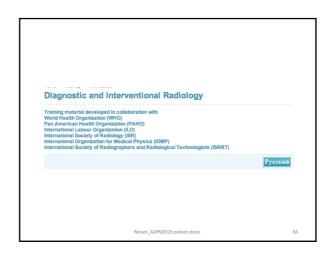
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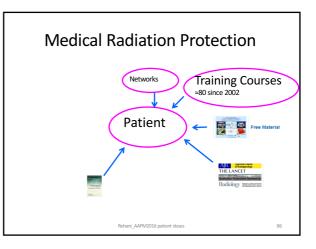


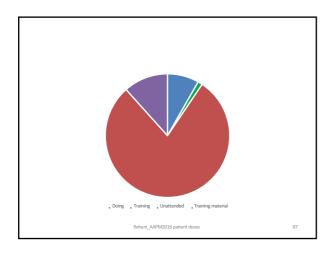


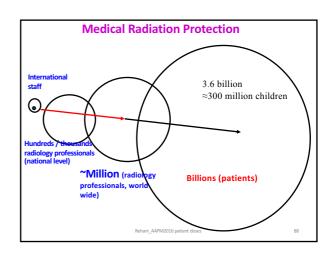










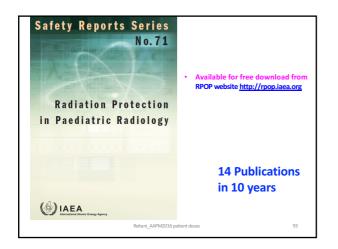




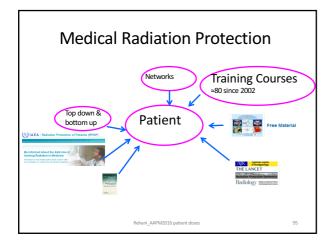


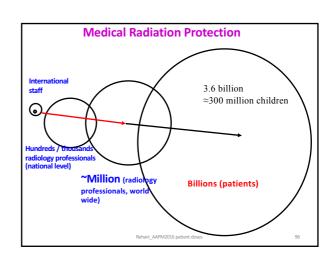


	Cou	intry / Territory	Sessions	% Sessions
1.		United States	126,044	26.17%
2.	3	Spain	33,885	7.04%
3.	•	Mexico	32,147	6.67%
4.		United Kingdom	31,934	6.63%
5.	-	Colombia	18,541	3.85%
6.		India	18,266	3.79%
7.	•	Argentina	14,854	3.08%
8.	•	Canada	14,781	3.07%
9.	**	Australia	13,970	2.90%
10		Chile	11,960	2.48%
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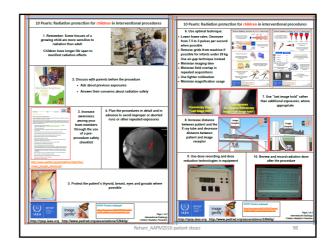


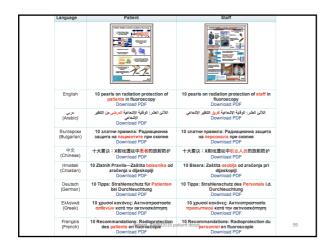




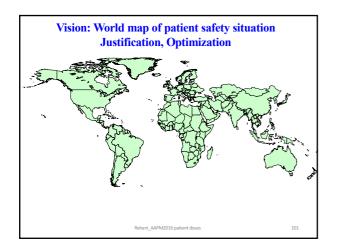


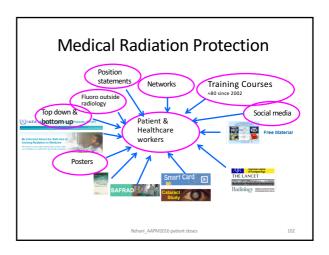






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- FIRST, International Action Plan on RPOP
- FIRST, website dedicated to RPOP
- FIRST, free training materials for diverse areas
- FIRST, Networks of Cardiologists, Gastroenterologists, Children
- FIRST, Smart Card project
- FIRST, Reporting system (SAFRAD, SAFRON)

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