Outline for Today

| | Introduction to MRI |
|----|--------------------------------------|
| 1. | 'Quantum' NMR and MRI in 0D |
| | Magnetization, $m(x,t)$, in a Voxel |
| | Proton T1 Spin Relaxation in a Voxel |
| | Proton Density MRI in 1D |
| | MRI Case Study, and Caveat |
| 2 | Sketch of the MRI Device |
| | • 'Classical' NMR in a Voxel |
| | Free Induction Decay in 1D |
| 3 | T2 Spin-Relaxation |
| - | Spin-Echo Reconstruction in 1D |
| | Tissue Contrast-Weighting in SE |
| | Spin-Echo / Spin-Warp in 2D |
| | |

Sketch of the MRI Device

Major Components of a Superconducting MRI System



Cylindrical Superconducting Magnets

 B_0 : 1.5 T, 3.0 T, (7 T) 50 km Nb-Ti wire in Cu Homogeneity: <10 ppm

Shielding: active, passive, Cryogen: 0.1 liter He/y Weight: 4 tons



External Magnetic Fields



x-Gradient Magnet Winding for Superconducting Magnet



x-gradient coil

x-Gradient dB_z/dx Rise time Slew rate

20 – 60 mT/ m 0.3 ms (to reach 10 mT/ m) 50 – 200 mT/m/ms

Artifact: Gradient Non-Linearity correctable



RF Coils



 $B_{\rm RF}$: 20 μT Pulse on-time: 3 msec RF power: ~15 kW SAR: ~2W/ kg

'Parallel' RF Receiving Coils for Much Faster Imaging transmit parallel coils in the works



'Classical' NMR in a Voxel

The Two Approaches to NMR/MRI

quantum state function

Simple QM |↑ ⟩, |↓ ⟩

transitions between spin-up, spin-down states

 $f_{\text{Larmor}}, m_0, \text{T1}$

oversimplified

Classical Bloch Eqs. for expectation values

now this

precession, nutation of voxel magnetization, m(t)

 f_{Larmor} , T2, *k*-space

exact; from full QM

Normal Mode, at v_{normal} relaxation time T



A Normal Mode of a 2-D Pendulum



Normal Mode Precession about External Gravitational Field

$$(d\mathbf{p}/dt = \mathbf{F})$$

 $dJ / dt = \tau$ (torque) J(t): Angular momentum

Precession at v_{normal}





<u>Normal Mode Precession of Voxel's m(x,t) in B_0 </u> can be derived rigorously from quantum mechanics



Bloch Equations of Motion for m(t,x) in $B_{z}(x)$

 $dJ/dt = \tau$ but $\mu = \gamma J$, so... $d(\mu/\gamma)/dt = \tau$

Lorentz torque on spins with magnetic moment μ in B_z :

 $\tau = \mu \times B_z$ (vector cross product)

Equation of motion becomes: $d\mu(t)/dt = \gamma \mu(t) \times B_{\tau}$.

Sum/average over all protons in bundle:

 $d\boldsymbol{m}(t)/dt = \gamma \boldsymbol{m}(t) \times \boldsymbol{B}_{z}$

Expectation Value, $\langle m(t) \rangle$, behaves <u>classically</u>

With T1 relaxation along z-axis: $dm(t)/dt = \gamma m(t) \times B_z + [m(t) - m_0]\hat{z} / T1$



Fixed Frame

Rotating at $v_{\text{Larmor}}(x)$

 $m(\mathbf{x},t)$

v



The ponies don't advance when you're *on* the carousel.

Resonance Energy Transfer when $v_{\text{driving}} = v_{\text{normal}}$





Resonance and Nutation of a Gyroscope

net $\boldsymbol{v}_{\text{resonance}}$ power input



Nutation of the Voxel's Magnetization, m(x,t)



Free Induction Decay in 1D

Reminder: Fourier Decomposition of Periodic Signal $S(t) \sim \frac{1}{2} + (2/\pi) \{ \sin(2\pi v_1 t) + \frac{1}{3} \sin(6\pi v_1 t) + \frac{1}{5} \sin(10\pi v_1 t) + ... \}$



FID: m(x,t) for a *Single* Voxel at x, following a 90° pulse, precessing in the *x*-*y* plane



RF transmit coil

In MRI, the <u>only</u> signal the detector <u>ever</u> sees comes from the <u>set</u> {m(x,t)}, <u>all</u> precessing in the x-y plane !!!

FID: Precession, Reception, Fourier Analysis (single voxel) *n.b.* detect induced *V*(*t*), not power absorption (as before)



x = 0 cm

FID: Selecting the z-Slice that Contains the x-Row









New: Keep on Going, Closing the Loop





During Readout, k_r Increases Linearly with t

Signal is sampled sequentially 256 or 512 times spaced Δt apart. $t_n = n \Delta t$ is the exact sampling time after G_x is turned on.

 $k_x(t)$ for all voxels increases linearly with t while the echo signal is being received and read: $k_n = [G_x \gamma / 2\pi] t_n$.

Larger magnitude k-values correspond to greater spatial frequencies!



Herringbone Artifact

noise spike during data acquisition



T2 Spin Relaxation

T2 Relaxation refers to the rate at which the transverse magnetization, $m_{xy}(t)$, and the Echo signal it generates, Decay.

T2 relaxation results from *T1-Events*, plus those from *Non-Static, Random, Non-Reversible* Proton-Proton Dipole Interactions. <u>Both</u> Contribute to the Rate 1/T2!

Dipole interactions:

 Proton fields overlap, alter v_{Larmor};
Exchange of spin neither involves an energy transfer

Secular Component of T2 Relaxation Mechanism

quasi-static spin-spin interactions *not* spin flips.



Phase Loss: T2 De-coherence of Proton Packets in Voxel



Exponential T2-Caused De-Phasing of $m_{xy}(x,t)$ in x-y Plane



 $d\boldsymbol{m}(x,t)/dt = \gamma \, \boldsymbol{m}(x,t) \times \boldsymbol{B}_{\boldsymbol{z}}(x) - [\underline{m_{\boldsymbol{z}}(x,t) - m_{\boldsymbol{0}}(x)}]\boldsymbol{\hat{z}} - [\underline{m_{\boldsymbol{x}}}\boldsymbol{\hat{x}} + \underline{m_{\boldsymbol{y}}}\boldsymbol{\hat{y}}]$ T1

T2: Loss of Phase of Voxel Packets in the xy-Plane

#3:
$$m_{xy}(t) / m_{xy}(0) = e^{-t/T^2}$$

Typical T1 and T2 Relaxation Timesrelaxation rates: $1/T2 \sim 10 \times (1/T1)$

| Tissue | PD p ⁺ /mm ³ , rel. | T1, 1T (ms) | T1, 1.5T (ms) | T1, <i>3T</i> (ms) | T2 (ms) |
|-----------------------|--|-------------|---------------------|--------------------|------------|
| pure H ₂ 0 | 1 | 4000 | | 4000 | 4000 |
| brain CSF | 0.05 | 2500 | 2500 | 2500 | 200 |
| white matter | 0.93 | 700 | 800 ²³⁰⁰ | 2300 850 | 200 90 |
| gray matter edema | 0.7 | 800 | 900 1100 | 1300 | 100 110 |
| glioma | | 930 | 1000 | | 110 |
| liver | | | 500 | | 40 |
| hepatoma | | | 1100 | | 85 |
| muscle | 0.9 | 700 | 900 | 1800 | 45 |
| adipose | 0.95 | 240 | 260 | | 60 |

One Last Member of the Spin-Relaxation Family Tree: T2*

