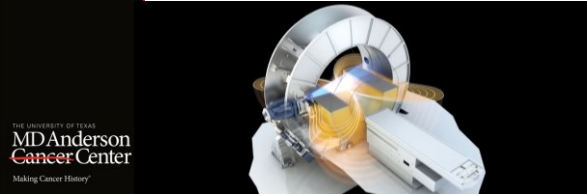




### Clinical Implementation of an MR-Guided Treatment Unit

Geoffrey S. Ibbott, Ph.D.  
AAPM, August 2, 2017



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### Disclosures

My institution holds Research Agreements with Varian, Elekta, Philips and Sun Nuclear

I will be discussing devices that are not currently available for sale, and that do not have FDA clearance.

G. Ibbott, AAPM, Denver, 2017

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### Objectives

- Review the current status of IGRT
- Review developments leading to MR-based simulation and planning, and MR image-guided radiation therapy
- Briefly describe patient imaging and treatment procedures possible with an MR-guided linac
- Discuss dosimetry issues in the presence of magnetic fields
- Present commissioning data for the Elekta MR-Linac
- Describe experience with use of commercial QA devices

G. Ibbott, AAPM, Denver, 2017

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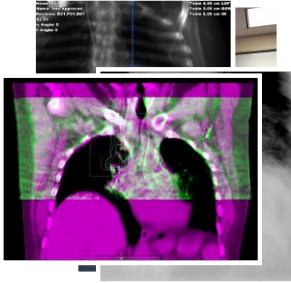
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## Current Status of IGRT

- KV imaging widely used but relies on bony landmarks or fiducials
- CBCT IGRT has transformed RT practice and perception. Its potential may not have been fully exploited
- However, two issues remain ...
- Adequate soft tissue visualization
  - particularly in abdomen and pelvic anatomy
- Intrafraction motion
  - Long acquisition time of CBCT largely limits it to pre-treatment or periodic imaging



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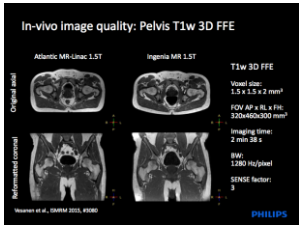
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## Clinical benefits of MR-IGRT

- Soft-tissue visualization**
  - Difficult-to-image targets and critical structures become 'easy'
  - Improved ability to adapt treatment
  - Ability to see the tumor not just the organ - GTV boost
- Real-time 2D and 3D imaging**
  - Imaging simultaneous with irradiation
  - Gating and tracking without surrogates
- No imaging dose**
  - Freedom to image at any time
- Quantitative imaging**
  - Tumor treatment response assessment (inter- and intra-fractions)



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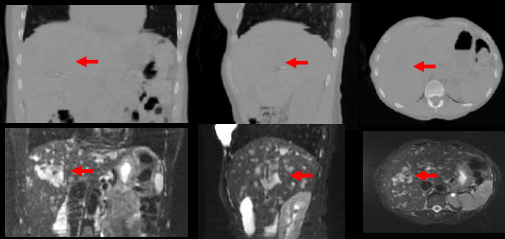
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## 4D-MRI: Volume Delineation of Moving Target in Abdomen



© Hersh, AAPM, Denver, 2017

Courtesy of Jing Cai, PhD

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**What are the benefits of MR-Image Guided Radiation Therapy?**

- A. Imaging can be performed during treatment
- B. Better soft tissue contrast than diagnostic CT
- C. Able to stop motion better than CBCT imaging
- D. Images can be manipulated to provide density data for heterogeneity corrections
- E. All of the above

G. Hobbs, AAPM, Denver, 2017

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Answer: E. All of the above



**The Magnetic Resonance Imaging–Linac System**

Jan J.W. Lagendijk, PhD, Bas W. Raaijmakers, PhD, and Marco van Vulpen, MD, PhD

The current image-guided radiotherapy systems are suboptimal in the esophagus, pancreas, kidney, rectum, lymph nodes, etc. These locations in the body are not easily accessible for fiducials and cannot be visualized sufficiently on cone-beam computed tomographies, making daily patient set-up prone to geometrical uncertainties and/or dose miscalculation. Additional interfraction and interfraction uncertainties for these locations arise from motion with breathing and organ filling. To allow real-time imaging of all patient tumor locations at the actual treatment position a fully integrated 1.5 T diagnostic quality magnetic resonance imaging with a 6 MV linear accelerator is presented. This system may enable detailed dose painting at all body locations.

Lagendijk JJW, Raaijmakers BW, van Vulpen M. The Magnetic Resonance Imaging–Linac System. Semin Radiat Oncol. 2014 Jul;24(3):207–9.

G. Hobbs, AAPM, Denver, 2017

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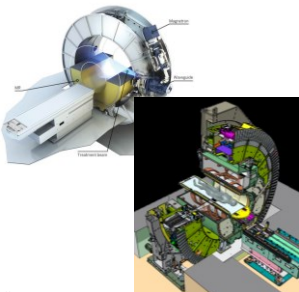
**Philips/Elektta Solution for MR-IGRT**

**Purpose**

Treat the patient while simultaneously imaging with a 'conventional' 1.5T diagnostic MRI

**How**

1. Mount the Linac on a rotatable gantry around the MRI magnet  
*The radiation isocenter is at the centre of the MRI imaging volume*
2. Modify the Linac to make it compatible with the MR environment
3. Modify the MRI system  
*Minimize material in the beam path*  
*Minimize magnetic field of the Linac*



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Atlantic delivers high quality volumetric images  
Example volunteer images

Images courtesy of Philips  
MR-Linac is a research programme. It is not suitable for sale and software availability cannot be guaranteed.

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Atlantic can image and detect the target in real time simultaneous with irradiation

- Localization results for Kidney
- Alternating axial, coronal and sagittal slices
- Acquired and processed in 200 ms

MR-Linac is a research programme. It is not suitable for sale and software availability cannot be guaranteed.

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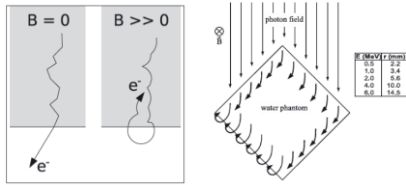
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### Influence of Magnetic Fields: Electron Return Effect



Muiggig et al. PMB 54 (2009) p2993

G. Hobb, AAPM, Denver, 2017



### Electron Return Effect

- Simulation (GEANT4)

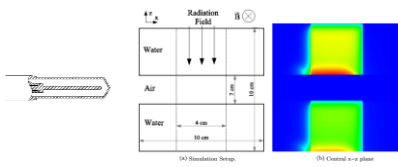


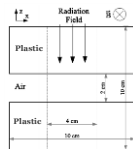
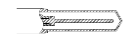
Figure 2. Schematic simulation setup (a) and energy deposition in the central plane perpendicular to the magnetic field direction for a phantom with an air gap (b).

G. Hobb, AAPM, Denver, 2017

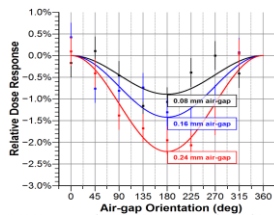
Raaijmakers et al. (2005)



### Small Air Gaps



Cannot avoid small air gaps in plastic phantoms



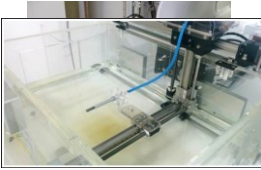
O'Brian et al. PMB (2015)

G. Hobb, AAPM, Denver, 2017



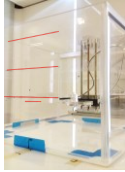
## Setup of water tank on couch

Elekta commissioning tank



MDA calibration tank

- Marks on tank
  - $d_{20}$
  - $d_{10}$
  - $d_{max}$
  - isocenter height
- Ion chamber at isocenter



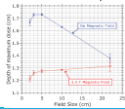
Work contributed by Elekta and Daniel O'Brien 10



## Output measurements

$d_{max}$  vs field size

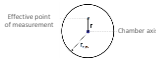
- For  $B = 0$  T:
  - Differences with increasing field size
  - e<sup>-</sup> contamination from cryostat noticeable\*\*
- For  $B = 1.5$  T:
  - $d_{max}$  more constant with increasing field size
  - e<sup>-</sup> contamination from cryostat diminished\*\*



\*\*Data submitted for publication

Effective point of measurement for cylindrical ion chamber

- For  $B = 0$  T: Photon beam  $r = 0.6 \cdot r_{cav}$



- For  $B = 1.5$  T: offset is cut in about half but also has lateral shift\*\* (not to scale)



See AAPM presentation: TU-FG-205-7  
O'Brien et al. Tuesday 2:45 pm  
"Dose Measurements" Session

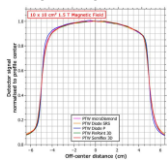
Work contributed by Daniel O'Brien 11



## Profiles

10 x 10 cm<sup>2</sup>:

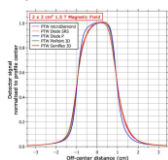
- Lateral shift removed for comparison
- Curves agree among most detectors\*\*



\*\*Data submitted for publication

2x2 cm<sup>2</sup>:

- Lateral shift removed for comparison
- Divergence detected for shielded diode\*\*

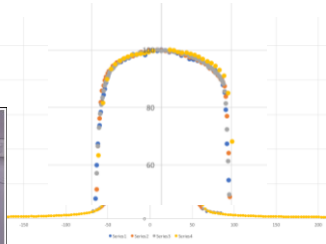
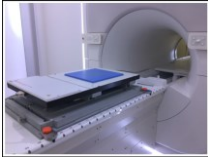


Work contributed by Daniel O'Brien 12



### Measurements of beam profile

- Plastic scintillator
- Diode
- microDiamond
- Ion chamber array

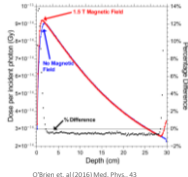


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See AAPM presentation: TU-FG-205-7  
O'Brien et al. Tuesday 2:45 pm  
"Dose Measurements" Session

### Percent Depth Dose

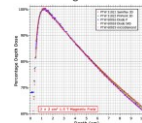
With and without magnetic field



O'Brien et al. (2016) Med. Phys., 43

Percent Depth Dose

- Need correction for effective point of measurement\*\*
- 10 x 10 cm<sup>2</sup>: curves agree among most detectors\*\*
- 2x2 cm<sup>2</sup>: some divergence detected\*\*



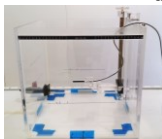
\*\*Data submitted for publication

Work contributed by Daniel O'Brien

### Calibration – TRS398

Standard Imaging MR-compatible  
Exradin A1SLMR ion chamber in water  
tank (B = 1.5 T)

Calibrated to 1 cGy = 1 MU at d<sub>10</sub>



INTERNATIONAL ATOMIC ENERGY AGENCY, VIENNA, 2004

G. Hobb, AAPM, Denver, 2017

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Which of the following dosimetry systems and conditions is likely to be most affected by the Electron Return Effect in an MR-Linac?

- A. Polymer gel dosimeter immersed in a water phantom
- B. Diode detector embedded in plastic matrix
- C. Optically-stimulated luminescence detector (OSLD) sandwiched in bolus material
- D. Ionization chamber in water-equivalent plastic phantom

G. Ibbott, AAPM, Denver, 2017

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Answer: D. Ionization chamber in water-equivalent plastic phantom

**Reference dosimetry in magnetic fields: formalism and ionization chamber correction factors**

D. J. O'Brien<sup>1</sup>  
 Department of Radiation Physics, The University of Texas MD Anderson Cancer Center, Houston, Texas 77030

D. A. Roberts  
 Elekta Limited, Crowley, West Sussex RH10 9WR, United Kingdom

G. S. Ibbott<sup>2</sup>  
 Department of Radiation Physics, The University of Texas MD Anderson Cancer Center, Houston, Texas 77030

G. O. Sawakuchi<sup>3</sup>  
 Department of Radiation Physics, The University of Texas MD Anderson Cancer Center, Houston, Texas 77030  
 and Graduate School of Biomedical Sciences, The University of Texas, Houston, Texas 77030

O'Brien DJ, Roberts DA, Ibbott GS, Sawakuchi GO. Reference dosimetry in magnetic fields: formalism and ionization chamber correction factors. Med Phys.; 2016 Aug;43(8):4915–27.

G. Ibbott, AAPM, Denver, 2017

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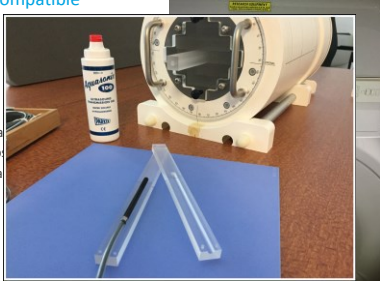
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**Initial Testing of MR-Compatible ArcCheck QA Device**

- Power supply moved away
- Must use MV beam to position
- Must calibrate in MR Linac



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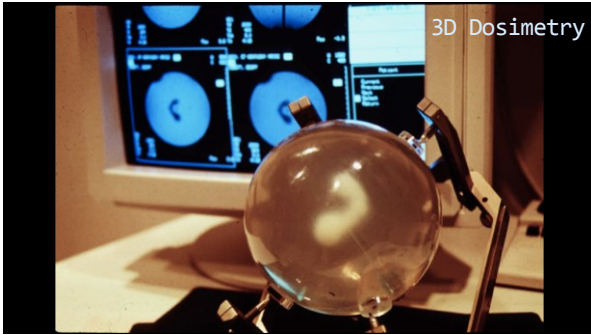
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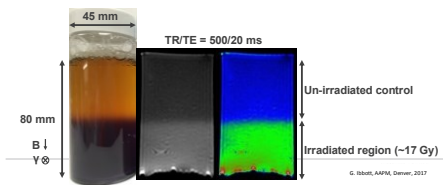
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### MR Imaging of Irradiated Gel

- Irradiated dosimeter with un-irradiated region shown below with T<sub>1</sub>-weighted MR images in gray and RGB scale



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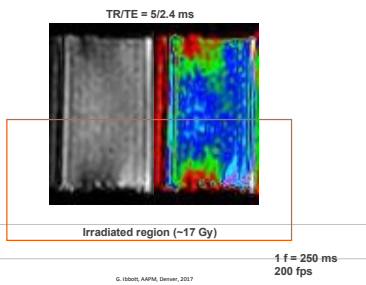
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Change in irradiated region during beam-on can be seen with T<sub>1</sub>-T<sub>2</sub>-weighted balanced-Fast Field Echo (b-FFE) MR images



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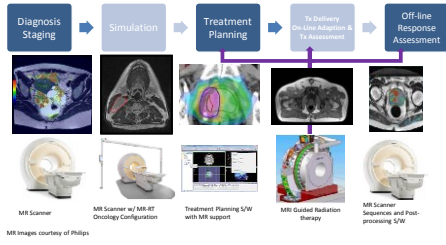
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### MRI's role is growing in Radiation Oncology

Expansion to Treatment Time imaging



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### What precaution is required to use a diode array QA device with an MR-Linac?

- A. The device must be wrapped in aluminum foil
- B. The device must be immersed in a water phantom to eliminate air gaps
- C. The power supply must be moved out of the high-strength magnetic field
- D. The signal cable must be grounded externally

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Answer: C. The power supply must be moved out of the high-strength magnetic field

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Physics Contribution

**Patient-Specific Quality Assurance for the Delivery of <sup>60</sup>Co Intensity Modulated Radiation Therapy Subject to a 0.35-T Lateral Magnetic Field**

H. Haridó LL, PhD, Vivian L. Rodríguez, PhD, Olga L. Green, PhD, Yanle Hu, PhD, Rojano Kashani, PhD, H. Omar Wooten, PhD, Dehan Yang, PhD, and Sasa Mutic, PhD

Department of Radiation Oncology, Washington University School of Medicine, St. Louis, Missouri

Received Jul 30, 2014, and in revised form Aug. 18, 2014. Accepted for publication Sep 9, 2014.

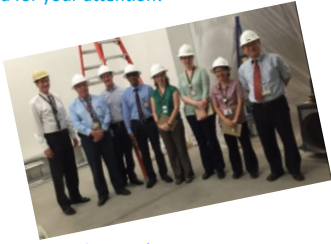
International Journal of Radiation Oncology Biological Physics

LI HH, Rodriguez VL, Green OL, Hu Y, Kashani R, Wooten HO, et al. Patient-specific quality assurance for the delivery of <sup>60</sup>Co intensity modulated radiation therapy subject to a 0.35-T lateral magnetic field. International journal of radiation oncology, biology, physics. 2015 Jan 1;91(1):65-72.

G. Hobbie, AAPM, Denver, 2017

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Thank you for your attention!



Thanks to:  
Hannah Lee, Yvonne Roed, Diane Choi, Ryan Lafratta,  
Mitchell Carroll, Mamdooh Alqathami, Jihong Wang

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