

Strategies for Reject Analysis Expectations and Experience

Alisa Walz-Flannigan, Ph.D.

AAPM Annual Meeting San Antonio, TX July 18, 2019

The Need for Quality Review in Digital Radiography



System Flexibility



From the ASRT

"It is a best practice in digital radiography to implement a <u>comprehensive quality assurance</u> program that involves aspects of quality control and continuous quality improvement, <u>including</u> <u>repeat analyses</u>" that are specific to the digital imaging system"

ASRT, Best Practices in Digital Radiography, ASRT White Paper, (2012). Available at: http://www.asrt.org/docs/whitepapers/asrt12_bstpracdigradwhp_final.pdf



Benefits of Repeat Analysis* from the ASRT

A repeat analysis allows for assessment of:

- overall image quality
- modification of examination protocols
- the need for in-service education
- tracking of patient radiation exposures

Analysis of the department's repeat rate provides valuable information for process improvement

*Repeat analysis directly relates to wasted exposure and inefficiency, but is harder to get accurate repeat data. Rejected images and image data lend themselves for analysis more easily

ASRT, Best Practices in Digital Radiography, ASRT White Paper, (2012). Available at: http://www.asrt.org/docs/whitepapers/asrt12_bstpracdigradwhp_final.pdf



The problem with focusing on Self-Reported Data and Rate Targets

Didn't make the target ? Recount!

- Acknowledged poor accuracy*
- Effort is spent on program compliance
- Little impact on quality improvement



*Comparing self-report to system-integrated and required reporting:

| | | Room A | RoomB |
|--------|----------------|--------|-------|
| or the | Self-Report | 1.6% | 3.3% |
| ame | System | | |
| nonth | Integrated and | | |
| | Required | 8.8% | 14.3% |

Image Reject % - Expected Dependencies

| Rate Dependencies | Examples |
|--|--|
| Anatomical view | AP knee is easier to position than lateral |
| Exam purpose | Length and alignment of spine vs. finding a hairline fracture |
| Patient population | Trauma, pediatric, sports medicine: different positioning challenges and exam purposes |
| System robustness | Image processing failures that look like acquisition problems |
| Detector size, technologists positioning aides | Inability to get all of anatomy on one image; Difficult to position well or know where cells are |
| Practice Standards | Tolerance for sub-ideal quality |

Rate variability

By Practice





| | | | | Hospital |
|---------|--------------|----------|----------|------------|
| | Outpatient - | Hospital | | (including |
| | ortho | Chest | Portable | ED) |
| Average | | | | |
| Rate | 7.1% | 7.8% | 11.0% | 12.0% |
| Std Dev | 0.7% | 0.4% | 1.1% | 0.6% |

| | Contribution | | Number |
|----------------|--------------|----------|--------|
| Anatomy | to overall | reject % | of |
| | rejects | | Images |
| Knee | 14.6% | 19.7% | 1012 |
| Shoulder | 12.5% | 21.5% | 790 |
| Chest | 10.9% | 8.7% | 1721 |
| Lumbar spine | 8.9% | 27.8% | 435 |
| Ankle joint | 6.9% | 9.9% | 953 |
| Cervical spine | 6.3% | 18.1% | 476 |
| Femur | 5.1% | 11.3% | 609 |
| Pelvis | 4.2% | 15.0% | 380 |
| Elbow | 4.0% | 14.4% | 376 |
| Hip joint | 4.0% | 12.6% | 430 |
| Foot | 3.4% | 11.7% | 393 |
| Thoracic spine | 3.3% | 23.7% | 190 |
| Hand | 2.8% | 9.2% | 413 |
| Abdomen | 2.1% | 9.7% | 298 |
| Humerus | 2.0% | 16.9% | 160 |
| Wrist | 1.5% | 6.1% | 343 |
| Forearm bone | 1.1% | 6.3% | 239 |
| Patella | 1.1% | 39.5% | 38 |
| Leg | 1.0% | 5.3% | 244 |
| Clavicle | 0.8% | 10.9% | 101 |
| Rib | 0.7% | 10.6% | 94 |
| Facial bones | 0.7% | 23.1% | 39 |
| Skull | 0.6% | 21.6% | 37 |



Reject Reasons

Repeat analysis software typically allows users to identify the reason for a reject.

This detail can help identify a target area for intervention

| Repeat Reason | Knee | Shoulder | Chest | Overall |
|-----------------------------------|-------|----------|-------|---------|
| Patient Positioning | 88.9% | 82.4% | 77.9% | 78.0% |
| Image Artifacts | 3.5% | 3.5% | 4.7% | 4.3% |
| Patient Jewelry or Clothing | 0.5% | 4.7% | 3.4% | 4.2% |
| Noisy Image(s) | 1.5% | 5.9% | 0.0% | 3.5% |
| Incorrect Technique Selected | 2.0% | 2.9% | 2.0% | 3.2% |
| Patient Motion | 0.5% | 0.6% | 8.1% | 2.9% |
| Incorrect Collimation | 0.5% | 0.0% | 1.3% | 2.4% |
| Missing or Incorrect View Markers | 1.5% | 0.0% | 0.7% | 0.6% |
| Incomplete Acquisition | 0.5% | 0.0% | 0.0% | 0.2% |
| Incorrect Anatomy Selected | 0.0% | 0.0% | 0.7% | 0.2% |

As for reject rate, self-reported data may be inaccurate:

 Sampled bimonthly review of images showed ~25% had been given inaccurate reject reasons (lateral hip)

Reject reason inaccuracy may relate to:

- Poorly designed user interface may discourage taking time for accuracy
- Multiple similar categories may dilute the appearance of an issue.
- It may be difficult for the tech to assess cause of poor quality with the complexity of DR



Value of Reject Rates

- A control measure or counter-measure for intentional practice change
- A signal of a previously unknown or unintended practice change
- A tool for prioritizing further in-depth analysis

Unless a change in rate is solely tied to a change in distribution of acquired exams <u>more information is</u> <u>needed for quality assurance</u> and quality improvement



Incorporating Reject Analysis into Comprehensive Radiography QA

Diverse Team Perspectives and Skills

Physics staff, technologists and radiologists review data and images to set standards and identify quality gaps.

Sufficient and Accurate Data

<u>System Integrated and Required Reject Reporting</u>, DICOM header database, Rejected Images, original images, technologist interviews, Radiologist and Technologist Issue Reports

Meaningful Analysis Granularity and Scope Constraint

One anatomical view at a time. Targets, processing, charts, positioning.... all linked with anatomical view

Structured Analysis

DMAIC framework, standard work and reporting





Program Structure

- 1. Define or determine standard acquisition and standard quality
- Review accepted images and data*, establish baselines
- Review rejected images and data*, establish baseline rates
- 4. Describe the quality gaps, construct stories of root causes
- **5.** Design interventions to address gaps
- 6. Follow-up analyses to test effectiveness of intervention on closing gaps or improvement in rates



* May be a sampling

1. Define Expected Performance

Expected Image Quality

References A "gold library" of images

Quality Expectations set by or confirmed with Designated Team Radiologist



Figure 1. This is the preferred image quality approved by MSK.

ID: testpt ID Accession #testpatient Date: 1/8/2016 (PACS) 1/8/2016 (Q-Reads) Expected Positioning "rolodex" Online manual

Expected Technique Posted sizebased charts

L-Spine AEC with grid SID (in) 48 Focal Spot AEC Cell(s) Examination Size kVp Lumbar Spine <40cm 80 Lumbar AP C >40cm 95 Lumbar Oblique <40cm С Lumbar Lat (Neutral) >40cm 95

Technical Steps for Success:

Pay attention to what mÅs you get for the AEC Lateral view. Use this for the manual technique for flex/ext. Do not use AEC. You do not need to refer to the manual chart unless you didn't aquire a neutral

Expected Exposures

(EI)

El Target = 300 (vendor dependent) *

* For anatomy where EI is seen to be meaningful. Good images can have EI vary greatly for some body parts.



2. Review of Rejected Images and Data

| February Target Anatomy: Lateral T-Spine Of images sent to PACS in November: | | | | | |
|---|------------------|--------|--|--|--|
| Overall Rates Inpatient Outpatient | | | | | |
| 15.8% | 15.5% | 17.4% | | | |
| Top Reject Reasons | | | | | |
| Patient Positioning 27.6% of rejects | | | | | |
| Incorrect Technique | 27.6% of rejects | Yikes! | | | |
| Patient Motion 27.6% of rejects | | | | | |

| December Target Anatomy: Lateral Hip | | | | |
|--|---|--|--|--|
| Inpatient | Outpatient | | | |
| 17.8% | 10.9% | | | |
| Top Reject Reasons | | | | |
| Patient Positioning 63% of rejects | | | | |
| correct Technique 14% of rejects Yikes! | | | | |
| Image Artifacts 6.2% of rejects | | | | |
| | Inpatient 17.8% Reject Reason 63% of reject 14% of reject | | | |

What can we learn from reviewing rejected images? Questions we try to answer

- Do we have accurate data ?
- Are we following the standard ?
- Are we rejecting good images ?
- What challenges are techs facing ?



Focused on a specific anatomical view 2. Review of Rejected Images and Data

Do we have accurate data?

Revised repeat categorization and added more detail

- 3 passable
- 3 collimation
- 11 poor position
 - 7 clipped head or acetabulum
 - 2 bony superimposition too perpendicular to pelvis
 - 2 soft tissue overlap hard to see hip
- 1 technique (under)
- 4-(shutter failure not reprocessed)

What did we learn?

7 of 22 rejects could have beenMAYO
CLINICPassed or made passable withoutretake

Lead Technologists' Review

| Repeat Reason | Comments Z | |
|---|---|--|
| Patient Positioning | ? Shuttering issue not opened and re processed | |
| | I do not see motion - would have passed (sometimes | |
| Patient Motion | noise can mimic motion?) | |
| | Clipped acetabulum - CR too low and /or IP not high | |
| Patient Positioning | enough? - | |
| Patient Positioning | ? Shuttering issue not opened and re processed | |
| | | |
| Patient Positioning | Clipped head - CR too low and /or IP not high enough? - | |
| | | |
| | should talk with this tech. this was a failed shuttering | |
| Incorrect Technique Selected | and then higher exposure on follow up. Was filter used? - | |
| | | |
| | should talk with this tech. this was a failed shuttering | |
| Incorrect Technique Selected | and then higher exposure on follow up. Was filter used? - | |
| Patient Positioning | did not open shutters post processing? - | |
| | Partial exposure or wrong exposure. Yes - also would | |
| Patient Positioning | have clipped | |
| Patient Positioning | Almost identical issue from above | |
| | Anatomy overlap - tube not angled to bypass tissue - | |
| Patient Positioning | cannot see head. May have been clipped anyway | |
| | Anatomy overlap causing trouble seeing head - but it | |
| | appears to be all there. Need more angle to bypass | |
| | tissue and /or reprocess for head & send 2 images - 1 for | |
| Noisy Image(s) | femur, 1 for head (not ideal) | |
| | Beam too perpendicular to pelvis, bony superimposition | |
| Incorrect Collimation | over head | |
| | Not Artifact! Bony superimposition over head due to lack | |
| Patient Jewelry or Clothing | of beam angle | |
| Patient Positioning | Clipped acetabulum | |
| | Underexp? Same case as above - re-processing might | |
| Noisy Image(s) | help salvage view? Soft tissue superimposition | |
| Patient Positioning | Clipped head. | |
| Patient Positioning | Underexp? Re-processing might help? - | |
| | Snap artifact; anatomy overlap - tube not angled to | |
| Patient Positioning | bypass tissue - can make out acetabulum. | |
| Patient Positioning | Artifact? Pillow? | |
| × • • • • • • • • • • • • • • • • • • • | I would have passed this (after shuttering & reprocessing | |
| Patient Positioning | it) - | |
| Patient Positioning | ? Shuttering issue not opened and re processed | |

anatomical view 2. Review of Rejected Images and Data

Are we following the standard ?

In ensuring we have good data, we may also find ways that we aren't following the standard protocol

Select the appropriate view on the console!

- Why? <u>View selection chooses the image processing</u>.
 The images in Figure 2 show how this affects lateral knees.
- Why? View selection affects reject rates. AP knees show a 13% reject rate at SMH. If laterals had not been run as AP, the reject rate for AP knee may be closer to 7.5%.



Original image, labeled as an AP view.



Focused on a specific

Same image, reprocessed as a Lateral view.

Figure 2. The view selection at acquisition affects processing and reject analysis, even when the technique is the same!



Focused on a specific anatomical view 2. Review of Rejected Images and Data

Are we rejecting good images?

We look for images that help radiologists' define the rejection criteria.

These images can then help communicate the rejection threshold with technologists.

MAYO

Repeated Unnecessarily

QUALITY IMAGE CRITIQUE By Your request: Tips for assessing if your positioning is acceptable

Correct Central Ray is at the level of the knee joints, ½" below the apex of the patella. What is the acceptable 'range' when critiquing the AP Knee(s) view?

- Eye the image lengthwise into 3 equal parts (top, middle, and bottom).
- Do both entire knee joints (including approximately 1" of bony anatomy) fall within the middle third section of your image?
- If so, it should be passable as long as all other factors are good (ex: rotation, motion, magmkr, etc.)



Figure 1. Good image that was rejected. Centered a bit low, but would have been passable.

The DR image at left was rejected; reason given: Positioning. Sometimes superimposition cannot be avoided, due to body habitus. If post-processing had been applied to this DR image, it may have been acceptable.

Repeat not needed

Focused on a specific anatomical view 2. Review of Rejected Images and Data

What challenges are technologists facing?

Examples:

- Motion on t-spines
- Shuttering failures
- Noisy AEC images with good positioning
- Frequently not being able to use the SID on the chart

Techniques and Tips for Lateral T-Spine Images

✓ Follow the technique charts!

- **Try AEC!** We improved AEC to deliver better exposures for lateral T-spine. AEC is the best choice if you can center the t-spine so that the AEC cell is not exposed to raw radiation.
- We are moving to breath-held views only!

Techniques and Tips for Lateral Hip Images:

If you are struggling to get 48" SID, a 55" SID mAs has been provided as an option.

Remember processing:

If a hip looks washed out, it might be that the image processing misidentified where the hip was. On a GE unit, first check to make sure you have a good shutter (region of interest selection) then reprocess. On Philips, learn about the "green snow" and how to move it around.



The image at left looks like it has been underexposed or poorly penetrated. It has not. It is actually overexposed. It needs to be shuttered (to the area indicated by the green square) and reprocessed. If you have any questions about whether to reprocess or re-expose, contact a lead.

Using suggested techniques may also help in avoiding shuttering failure.



3. Review of Accepted Images and Data

Lessons from team review of accepted images and data? Questions we try to answer

-What is working well?
- Are we following the expected protocols?
- Does the protocol need optimization?
- What challenges are techs facing?



3. Review of Accepted Images and Data



Image review is crucial for Exposure Index Analysis to understand the value and meaning as a metric of appropriate exposure.

For many body parts, appropriately acquired images may show high variability in EI*

* Jamil A, Mohd MI, Zain NM J Med Radiat Sci 66 (2019) 38–43

CLINIC

3. Review of Accepted Images and Data

Does the standard protocol need optimization?



Manual techniques are too high.



©2017 MFMER | slide-20

3. Review of Accepted Images and Data



With exposure (EI)* data we can estimate mAs needed to achieve EI target. We can see cases where no matter how accurately we measure, manual techniques don't give consistent results.



What challenges

are technologists

facing in meeting

the standard?

Previously measuring at C6 led to high variability in manual exposures. Using C5 was better. Though AEC was better yet!

* If the EI data is demonstrated to have good correlation with quality of exposure

4. Discuss and Summarize Gaps

Collaboration between technologists and physicists helps create meaningful understanding of quality gaps.



For lateral t-spine images from all of last year:

- o 95 % were shot manual
- <u>60% of manual exams used the default generator</u> <u>technique that was **not** listed on the charts</u>





5. Interventions

- Technique Chart Changes
- AEC response Changes
- System Default Changes
- Image Processing Changes
- Technologist Education



Bimonthly bulletin summarized system changes and tips and tricks



5. Interventions

Bimonthly Image Quality Bulletin summary

- Baseline reject and other QA data for one anatomical-view
- Follow-up reject and other QA data (post intervention) for another anatomical-view
- System changes and tips and tricks



Review of the bulletin prior to publishing facilitated conversation between radiologists and technologists about quality and ideas for improvement



5. Interventions

Image-based Education





5. Interventions

We posted "nuggets" from techs who were finding success in areas identified as challenges

Technologist's Nugget

"If they have a knee replacement, I tend to internally rotate that knee a bit. I usually use the scar on the leg as a guide, but not as an absolute. I feel you really have to visualize the knees and not go by what the feet are doing. Even if the feet were parallel, that doesn't always make the knees AP. So I focus on both knees and move them accordingly to make each knee AP." -



Here are Pete's hints: 'For challenging patients, 2 techs are better than 1 for getting patients sitting as upright as possible. As far as the backboard, the one thing I ALWAYS do is to make sure it is centered on the patient and perpendicular to the chest machine.' Thanks, Pete!

"The last thing I do is look at my filter and see where the filter shadowing is on the body. I want to make sure the light is shining just underneath the shoulder. And if that seems high or low, I reposition the bucky up or down. Ultimately I feel like I shoot my AP first to see if I need to go up or down. (This is if I'm only doing a T-spine exam.) Concerning front to back, I feel like the patient has to step forward a bit. The central ray needs to be more posterior because much of the T-spine is more posterior."



6. Results and Control

| | | Lateral | l C-Spine | | | |
|-----------------------------------|--|--|----------------------------|--|--|--|
| Table 1: Noisy image | July Reject I | Rate: 11.6% | November Reject Rate: 7.9% | | | |
| repeats resolved | Noisy Image % | Noisy Image % of rejects: 19% Noisy Image % of rejects: 0% | | | | |
| LATERAL C-SPINE AEC | LATERAL C-SPINE AEC Manual Table 2: | | | | | |
| July 2016 Average El 184.6 | 412.6 | 1 | | | | |
| Std Dev El 65 | 262.9 | Manual excess exposure reduced by 83 % | | | | |
| March + April 2017 Average El 206 | 219 | 219 Manual and a superior in the second by FC9 (| | | | |
| Std Dev El 72 | 115 Manual exposure variability reduced by 56% | | | | | |
| Quality Rank Distribution | | Baselir | ine Post-Intervention | | | |
| Coality Kank Distribution | | July, Aug, | | | | |
| \$7.5% | Total Image Co | | | | | |
| 5% | Rejected Image | es 54 | 51 | | | |
| 25 | Reject Rate | 13.4% | % 10.0% | | | |
| 20% 5.7% | Accepted Imag Reviewed | es 86 | 216 | | | |
| 1 2 3 4 Quality Rank of 3+ | | 3+ 97.7% | % 96.7% | | | |
| Figure 7: | | | | | | |
| Modestreject | rate reduction | on seen with | continued follow-up. | | | |

Quality rank either not affected or not sufficiently sensitive



6. Results and Control

Follow-up Anatomy: Lateral T-Spine

| November 2016 (N=184 images) | | | March 2017 (N= 136 images) | | |
|--------------------------------------|----------------------|----------------|----------------------------|--------------|-------|
| Overall Rates Inpatient Outpatient | | Overall Rates | Inpatient | Outpatient | |
| 15.8% | 15.5% | 17.4% | 14.3% | 14.9% | 12.2% |
| Top Reject Reasons | | | Top Reject Reasons | | |
| Patient Positioning | ing 27.6% of rejects | | Patient Positioning | 52.6% of rej | ects |
| Incorrect Technique 27.6% of rejects | | Artifacts | 10.5% | | |
| Patient Motion 27.6% of rejects | | Patient motion | 10.5% | | |

1. After techs were encouraged to use AEC for lateral T-spine, AEC usage increased significantly!



| | Apr to Nov 2016 | March 2017 | |
|-------------|-----------------|------------|--|
| AEC usage % | 4% | 56% | |

With additional data from AEC, we were better able to set our exposure targets. New EI target set for GE DR of 225 for adult lateral T-spines shot at 70kVP.



6. Results and Control

- We didn't always see a reject rate reduction
- But we did learn many things to help us improved toward image quality standardization and better optimization.



Reduced manual over-exposure by 55%Reduced manual variability in exposure by 30%



Considerations

Comprehensive DR QA can be time consuming and complicated.

Structure is needed for effective and viable program.

Keys findings:

- 1. Structure program to realistically pair resources with activity: break-it-down to meaningful bites.
- 2. Assign dedicated people including techs, physics and radiologists.
 - DR systems can be complicated, find good system experts.
 - Work with techs who have a good pulse on the practice, who are active in the practice, who understand tech challenges
 - Radiologists can have different preferences, talk with practice about working with one who can make the calls rather than continually chasing different targets .
- 3. Informatics tools can save time and uncover patterns. Talk with the vendors about getting easier access to your image data!

Summary

Because of the challenges inherent with DR, QA review (quality feedback loop) is essential for standardization

QA review assists techs:
to have similar ideas about targets
to understand how and why to achieve targets
QA review helps ensure:
systems are set up properly for standard work





Questions & Discussion