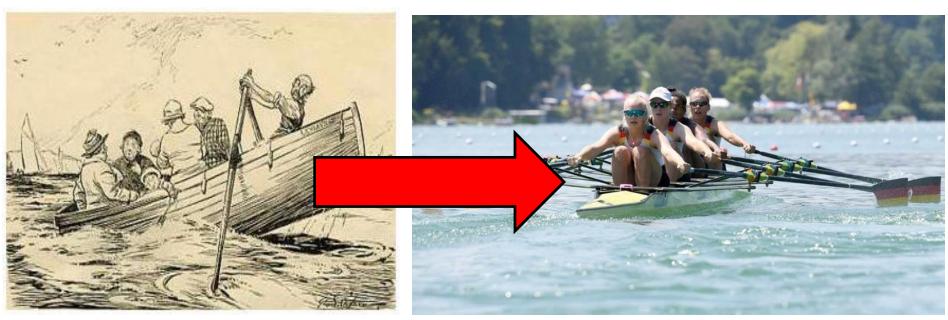


# The 8 Characteristics of Highly Functional Teams

Sonja Dieterich, Ph.D., MBA, FAAPM

## **Your Best Team - Your Worst Team**

# Why?





# 1 - A Clear, Elevating Goal

- If you asked each of your team members?
- If you asked your boss?
- Examples:
  - We will consult, simulate and treat every SRS patient within a week. (Stanford CK team).
  - I would not hesitate to have my mother treated in my department (personal)





### 2 - Results-Driven Structure

- 1. Problem-Resolution Team
  - Resolve problems on ongoing basis (2<sup>nd</sup> check)
  - TRUST
- 2. Creative Team
  - To create something (build a prone breast board)
  - AUTONOMY
- 3. Tactical Team
  - Execute a well-defined plan (LDR implant)
  - CLARITY

# 3 - Competent Team Members

- We hire for specific job competency
- What if your team needs to change directions?
- Hiring for competency & fit within the team
- Optimize: combination of specialists and generalists



# 4 - Unified Commitment ("Team Spirit")

- Most often missing, elusive to define
- Sense of loyalty & dedication
- CANNOT have conflict between individual and team goals
- Commit mental & physical energy to TEAM
  - Participate actively
  - Consequences of NOT achieving goal
- Putting your personal self behind team goal
  - Michael Collins on 1st moon landing
  - "What can I do for you?"



### 5 - Collaborative Climate

- What is your formal incentive structure?
  - Individual achievement?
  - How are good team players awarded?
- What is your informal incentive structure?
  - Who gets credit: team leader or the team?

#### 6 - Standards of Excellence

- Clearly define acceptable standard & <u>consequences</u> if failing to adhere
- Individuals hold each other accountable
- Teams need to hold themselves accountable
- 4. (External pressure)

Maintaining standards is hard & at times **uncomfortable** work!



#### WELCOME

Attending the meeting? Items you may need:

#### **1** CEC Evaluation

- 1 Buyers Guide
- 1 Last Minute Reminders
- **1** View Entire SAM Program
- View SAM Quiz Questions
- 1 Meeting Program
- Abstract Dispositions

- **6** Committees & Activities Schedule
- 1 Meeting Planner
- Session Tracker
- 1 Pocket Program
- 1 Meeting Program-At-A-Glance
- 1 Meeting App

• AAPM Policy Against Harassment and Disruptive Behavior at Meetings

Professional Policy 31

TO REPORT AN INCIDENT:

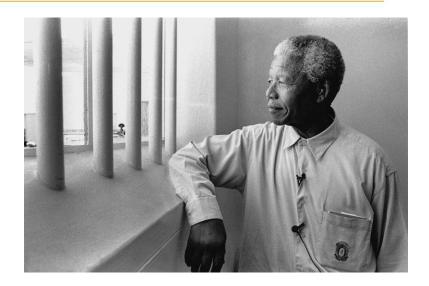
aapm.ethicspoint.com OR (888) 516-3915

# 7 - External Support and Recognition

- Absence of external support is noticed more than its presence
- Is the Department Chair supporting the physics team?
- Is the support tangible vs. just philosophical?
  - Incentives tied to team success
  - Reward the team for behaving as a team

# 8 - Principled Leadership

- 1. Avoid compromising team's objective with political issues
- Personal commitment to team's goals
- Not dilute efforts with too many priorities
- 4. Fair & impartial to ALL members
- Willing to confront & resolve issues with inadequate performance/conflicts
- Be open to new ideas from team members



# **My Personal Favorite**

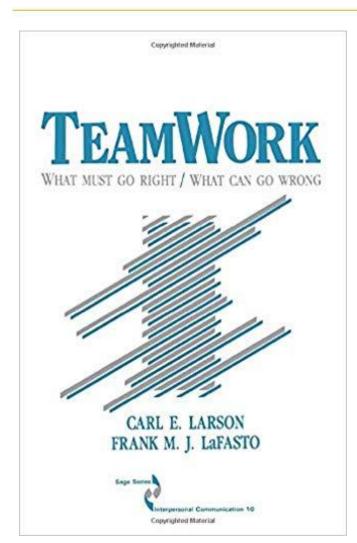
- Groupthink is dangerous
- Devil's Advocate is most effective team member to prevent groupthink
- BUT it stigmatizes
- Rotate the role at each team meeting!



# Thoughts for your flight home:

- What was the best & the worst team you worked in
- 8 Criteria:
  - For your best team?
  - Your Worst Team?
- Which ones of the 8 criteria did you have control over?

# **Recommended Reading**



Larson, Carl E., Carl Larson, and Frank MJ LaFasto. *Teamwork: What must go right/what can go wrong*. Vol. 10. Sage, 1989.