Utilizing Python in RayStation for Proton Therapy Efficiency and Standardization

Samantha Hedrick, PhD, DABR
<table>
<thead>
<tr>
<th>Table of Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Python Basics</td>
</tr>
<tr>
<td>• Python and RayStation</td>
</tr>
<tr>
<td>• Python and Proton Therapy</td>
</tr>
<tr>
<td>• Tips</td>
</tr>
</tbody>
</table>
The Zen of Python, by Tim Peters:

Simple is better than complex.
Complex is better than complicated.

Readability counts.

There should be one-- and preferably only one --obvious way to do it.

If the implementation is hard to explain, it's a bad idea. If the implementation is easy to explain, it may be a good idea.
Hard to read, not simple
Python Example

```python
x = [1, 2, 3, 4, 5]
y = [6, 7, 8, 9, 10]
x = len(x)
y = len(y)
z=[[0 for i in range(nx)] for j in range(ny)]
for i in range (0, nx):
    for j in range (0, ny):
        z[i][j] = x[i] * y[j]
for i in range (ny):
    for j in range (nx):
        print('0:4d'.format(z[i][j]), end=' ')
print()
```

Easier to read, simple
I have no formal training, I learned through the Manual and google. I trained in Fortran, which is like learning Latin, it’s a dead language
Python is expanding, it’s already used in RayStation and it’s starting to be adopted in other planning systems, like Eclipse.
Python and RayStation allow the script to write to the database, not just read.
Opens up a huge world of automation.
Recording a script allows you to visualize the lines of code necessary to accomplish the goal you just did through button clicks
Very useful for getting started
Recording has limitations
It hardcodes things like plan names, beam names, isocenter locations, etc
The scripter has to figure out how to make these parameters more generic and apply to a broader environment
State Tree is the “behind the scenes” of RayStation’s use of Python
Uses a hierarchy, from Case to Patient to Plan to Beamset to Beam
Can access functions well beyond recording scripts
Console and State Tree

Console is used for trial and error
In my example, I thought you used a “-“ to fulfill the necessary information but it required an “=”
In the second attempt, I was missing quotation marks are necessary information
Scripting can be used for automation, standardization and efficiency.
The only thing it can’t be used for is MD approval (mostly kidding).
Standardization

Plan Check
QACT import:

• Proton therapy requires periodic CTs during treatment to evaluate setup consistency, weight loss, tumor changes, etc
• These QACTs are tedious to evaluate, with a lot of button clicks
• Script will rename CT, apply density table, fuse with TPCT, deform OAR contours, copy target contours, calculate dose
• User has to check the contours and evaluate the dose on the QACT
Automation

Treatment planning:
- Some treatment sites, like head and neck, prostate, and breast, have standard beam angles and dose schemes
- Allows user to choose dose/fractionation, Treatment Planning CT, treatment room, and add their initials
- Creates new plan, creates isocenter, adds beams, adds objectives, adds clinical goals, runs optimization, pauses for review, runs perturbations, runs report
You can automate DVH export

- Script reads a file with patient ID numbers
- User chooses which contours to export
- Script finds the approved plan and selected contours
- Exports DVH to a CSV
Efficiency

Predict DVH:
- Uses overlap of contours and targets to predict OAR sparing
- Allows the user to choose margins for robust planning or no margin for PTV planning
- Use “Display” to check your plan and see how well you met the predictions or
- Use “Add objectives” to add DVH objectives to your plan before you start planning
Efficiency

Predict DVH
Efficiency

Robust report:
- Runs up to 18 perturbations, possibly more for additional beam isocenter shifts or combination perturbations
- Don’t necessarily need to shift beams independently in all directions, choose fewest necessary
- Recommend outputting CTV targets and serial organs, e.g. Spinal Cord, Brainstem, etc
- Allows the dosimetrist to evaluate robustness before sending to physics, thus reducing failures and wasted time
- Allows the physicist to have an overall view of robustness before evaluating nominal dose
Efficiency

Robust report:
- Interactive DVH allows user to turn contours on and off to only see 1 OAR at a time for evaluation
- Interactive DVH allows user to turn perturbations on and off
  - Range uncertainty is likely occurring every day, so I’m going to evaluate the range perturbations more seriously than shifts
  - Independent beam isocenter shifts indicate gradient within the plan, so I evaluate it more closely because it can predict sensitivity to weight loss/tumor change/setup changes
Efficiency

Robust report:
- Tables summarize change in D95% for targets
- Tables summarize change in Dmax for OARs
Not every script has to be huge or involved
Sometimes the simplest scripts can be big time-savers
This script is barely more than 2 lines of actual work, but it is used nearly every day
This fairly simple script saves a lot of time and button clicks
Simple to write, nearly fully recordable
Laziness:
- I find a lot of script ideas doing processes I don’t normally do, e.g. creating a prostate plan
- It’s a lot of clicks that I just don’t want to do, so I automate it
- When writing up a plan, I don’t want to remember all the required isodoses, contours, etc, so I automate it
- Dosimetrists aren’t necessarily going to give you ideas to script them out of a job
- Laziness = improved efficiency

Brute Force:
- When I’m testing lines of code in the Console, I use the brute force method
- I plan out what I want the script to do, but not necessarily how I’m going to do it
- It’s not elegant, but it’s effective

Feedback:
- I once watched a dosimetrist use the automate prostate plan and then systematically delete all the objectives the script just loaded
- Encourage users to embrace standardization, but understand why they’re not using the standards
- Get constant feedback to find bugs and improve
Simple is better than complex
Power of automation
Embrace laziness
Get feedback