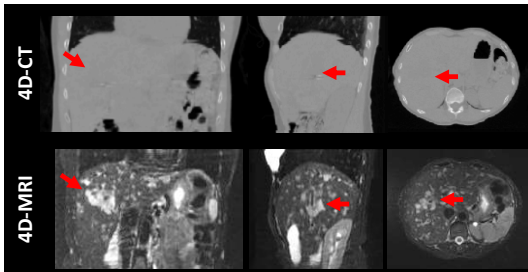


## ***Development of 5D-MRI for Robust Radiation Therapy Applications***

Jing Cai, PhD, DABR, FAAPM  
The Hong Kong Polytechnic University  
& Duke University Medical Center

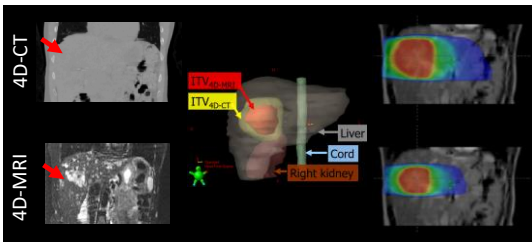
AAPM Annual Meeting, July 16<sup>th</sup> 2019

### **4D-MRI for Motion Management**



Compared to 4D-CT, 4D-MRI improves tumor contrast and tumor motion measurement for abdominal cancers.

### **4D-MRI for Motion Management**



Treatment plan based on 4D-MRI spared more healthy liver tissue as compared to that based on 4D-CT. Mean dose to liver is 34.2 Gy in 4D-CT plan and 20.7 Gy in 4D-MRI plan.

## 4D-MRI Strategies

	2D Acquisition	3D Acquisition
Retrospective	I	II
Prospective	III	IV

### Based on 2D Acquisition

- fast 2D MR sequence + breathing signal
- image processing, relatively easy to implement
- limited selections of usable MR sequences

### Based on 3D Acquisition

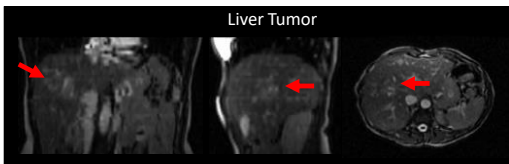
- fast 3D MR sequence + breathing signal
- more challenging, MR sequence development
- hardware and software demanding

## 4D-MRI Using Cine 2D Acquisition with Image Sorting

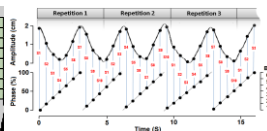
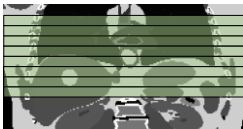


True fast imaging with steady-state free precession (TrueFISP, FIESTA)

- T2/T1-w
- 3-10 frames/sec
- Phase sorting



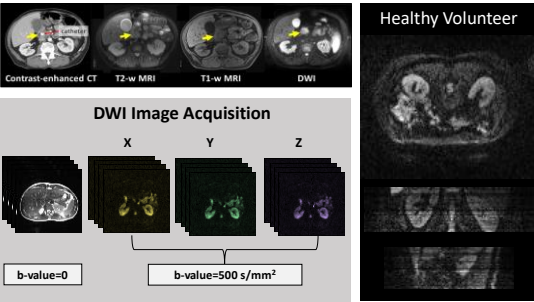
## 4D-MRI Using Sequential 2D Acquisition with Image Sorting



Single-Shot Fast Spin-Echo (SSFSE, HASTE)

- T2-w,
- ~ 2 frames/s

Diffusion-weighted 4D-MRI (4D-DWI)



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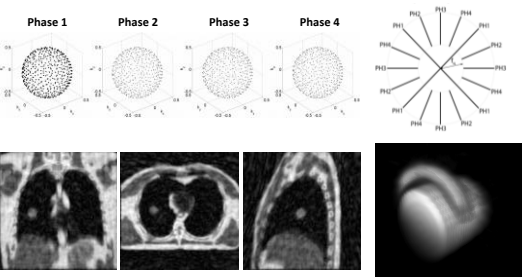
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4D-MRI using 3D Acquisition with k-space Sorting



Subashi and Cai, 2017 AAPM

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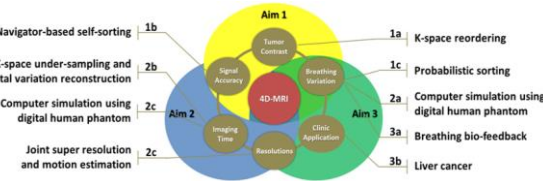
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Current Challenges of 4D-MRI Development

- suboptimal or inconsistent tumor contrast
- long image acquisition times
- insufficient temporal and spatial resolution
- inaccurate breathing signals
- poor handling of breathing variation
- lack of patient validation and applications



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## Current Challenges of 4D-MRI Development

- Despite many recent advances in 4D-MRI, current 4D-MRI technology has **inadequate image quality for precision radiotherapy applications** due to at least one of the following deficiencies: low temporal/spatial resolutions, **suboptimal/inconsistent contrast**, lack of anatomical details, and motion artifacts caused by breathing variations.
- These deficiencies have hampered 4D-MRI from becoming a clinical standard for radiotherapy of abdominal cancers, as well as from advancing precision radiotherapy through advanced applications .

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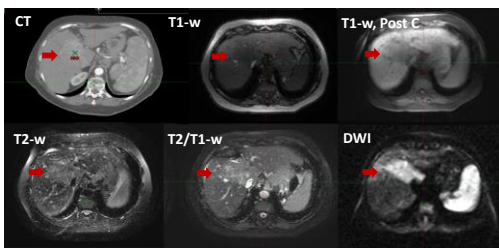
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## Tumor Contrast: Inter-sequence Variation




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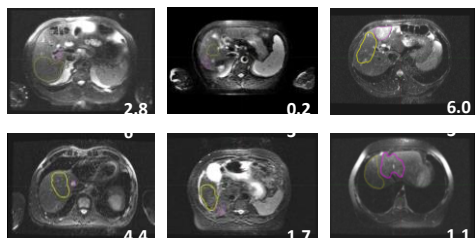
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## Tumor Contrast: Inter-patient Variation



- Large inter-patient (range: 51.1-88.1%) variabilities in tumor contrast in MR images of liver cancer patients.

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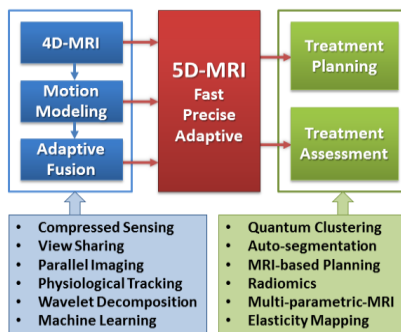
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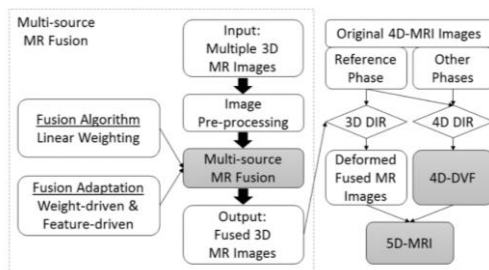
## 5D-MRI

- Take a systematic approach to comprehensively address the deficiencies of 4D-MRI by developing a novel super-resolution 5D-MRI technology.
- 5D-MRI is an extension of 4D-MRI, embedding all the characterizations of 4D-MRI with an additional dimension of “image contrast”.
- The basic idea of 5D-MRI is to generate a series of synthetic 4D-MRI with versatile image contrast and improved image quality through a joint application of motion modeling and multi-parametric MRI fusion.

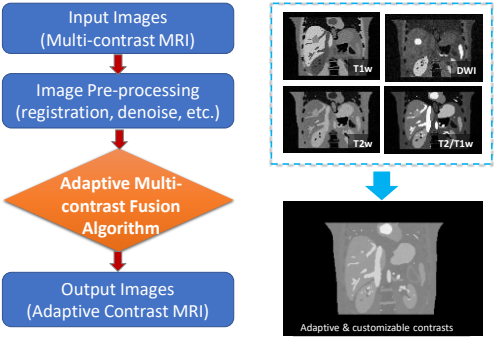
### 5D-MRI Overall Design



### 5D-MRI via Motion Modeling: Method and Workflow



Multi-parametric MRI Fusion



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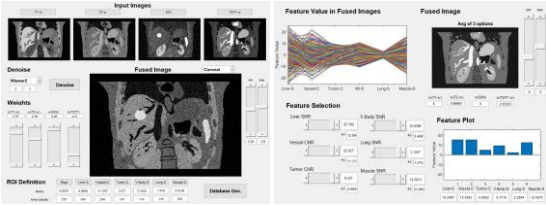
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Multi-MRI Fusion Method



- Contrast adaption: input-driven, output-driven, AI-driven
- Fusion algorithm: linear-weighted fusion,
- Processing: prior generation of contrast library

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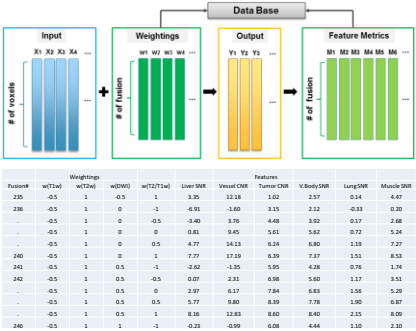
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Multi-MRI Fusion: Method



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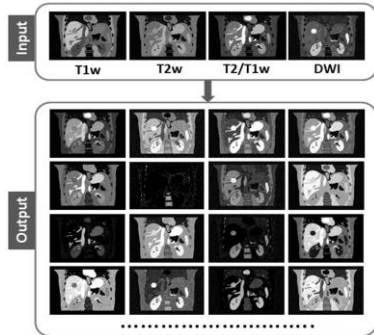
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## Multi-MRI Fusion: Digital Phantom




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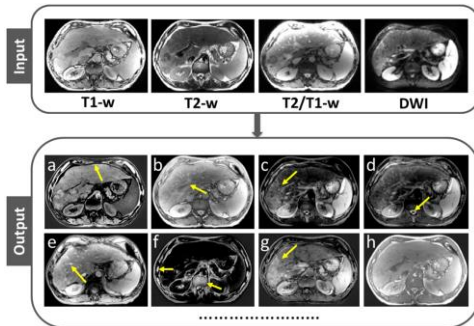
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## Multi-MRI Fusion: Liver Tumor




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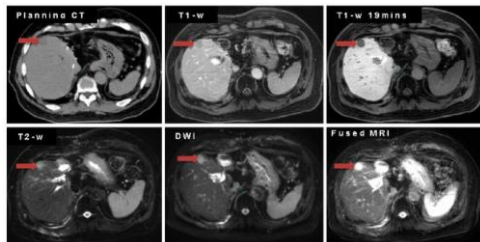
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## Multi-MRI Fusion: Liver Tumor



A representative patient that illustrates the tumor-to-tissue CNR for original MR sets. (T1-w, T1w 19mins, T2-w, DWI and Fused MRI were 1.57, 3.24, 2.23, 4.01, and 6.20 respectively)

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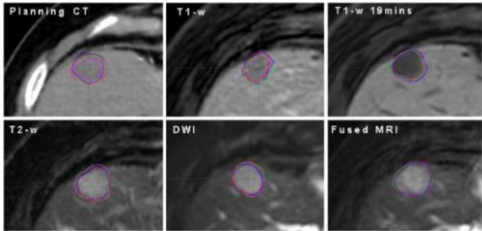
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Multi-MRI Fusion: Liver Tumor



Liver tumor delineation in a representative patient that illustrates the inter observer variation in planning CT, original MR sets and fused MRI set.

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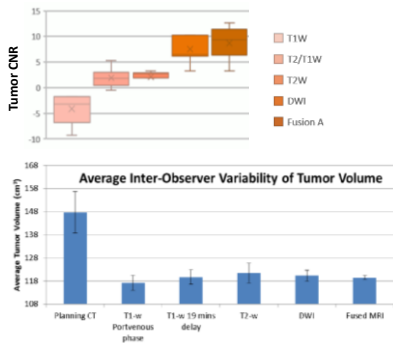
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Multi-MRI Fusion: Improvement



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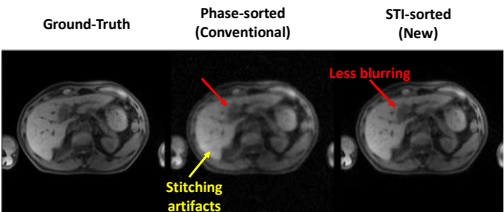
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Motion Robust 4D-MRI via Spatiotemporal Constrained Sorting and Compressed Sensing



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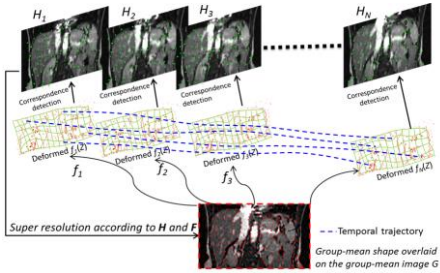
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# 5D-MRI via Motion Modeling: Super Resolution



Collaboration with Dr. DG Shen, UNC Chapel Hill

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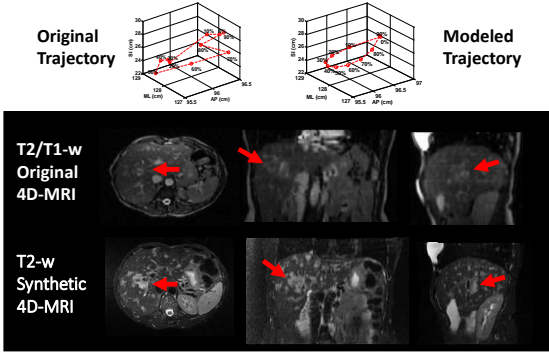
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# 5D-MRI via Motion Modeling



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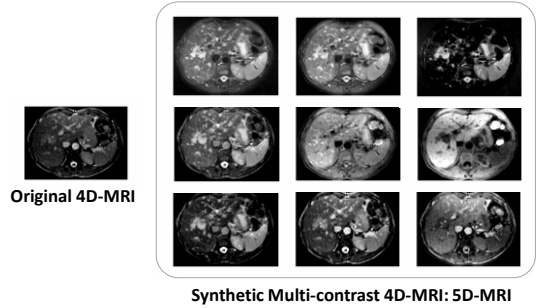
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# 5D-MRI via Motion Modeling: Patient Example



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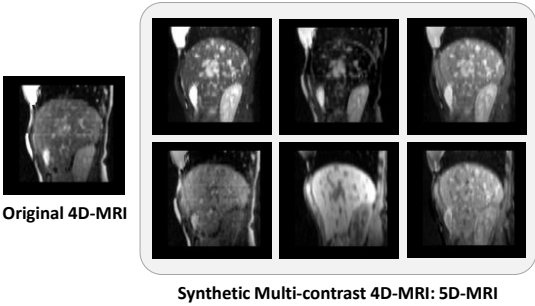
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5D-MRI via Motion Modeling:  
Patient Example



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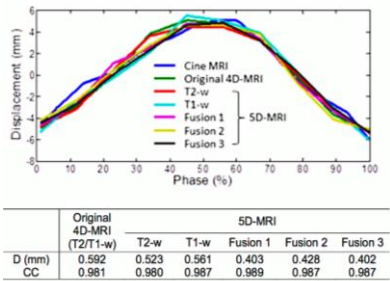
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5D-MRI: Patient Example



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Summary

- Despite many recent advances in 4D-MRI, current 4D-MRI technology has **inadequate image quality for precision radiotherapy applications**.
- 5D-MRI is an extension of 4D-MRI, embedding all the characterizations of 4D-MRI with an additional dimension of **“image contrast”**.
- Being able to provide versatile image contrast allows 5D-MRI for a wider clinical application, providing better and more consistent image quality, than 4D-MRI.

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## Acknowledgements

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# Thanks