

Advances in Nuclear Medicine Theranostics

John L. Humm

Department of Medical Physics
Memorial Sloan Kettering Cancer Center
New York, NY, USA

Monday July 15th, 2019

Contents

- The use of radioiodine in thyroid cancer
- Peptides in neuroendocrine and prostate cancer

Disclosures

None

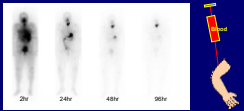
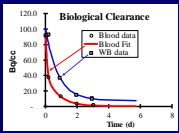
NIH grant R01 CA201250-01A1
*¹²⁴I-Nal PET: Building block for precision
medicine in metastatic thyroid cancer*

(PIs: Larson/ Humm / Tuttle)

The Concept of Maximum Tolerated Activity (MTA)

Bone marrow is the dose limiting for most radioisotope therapies.
Blood is commonly used as a surrogate for marrow

- 1) Blood clearance (beta dose)
- 2) Whole Body Clearance (gamma dose)

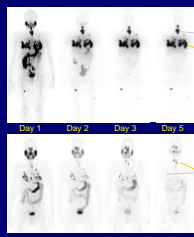
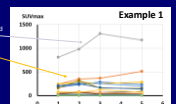
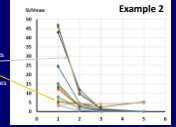



D_T (cGy/MBq) = D_B (blood) + D_T (WB)

MTA (MBq) = $200cGy / D_T$ (cGy/MBq)

Benusa RS et al. The relation of radioiodine dosimetry to results and complications in the treatment of metastatic thyroid cancer. American Journal of Roentgenology, Radium Therapy, and Nuclear Medicine, 67:171-182, 1962

Thyroid lesion dosimetry (by ¹²⁴I PET)

Restoring Radioiodine Uptake in Thyroid Cancer

A Paradigm Shift

But what about thyroid lesions with poor radioiodine uptake?

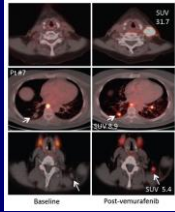
New drugs are under development, such as selpermetinib and vemurafenib, that have the potential to restore the NIS symporter expression, and thus reverse the refractoriness to radioiodine in some patients with metastatic thyroid cancer.

New Treatment Algorithm for poorly differentiated thyroid cancer

```

    graph TD
      A[Use 124I PET/CT imaging to evaluate vemurafenib impact upon radioiodine incorporation] --> B[Insufficient 124I PET/CT response]
      A --> C[Sufficient 124I PET/CT response]
      B --> D[Discontinue vemurafenib]
      C --> E[Continue vemurafenib and treat with I131]
    
```

Measuring ¹²⁴I Avidity change by PET after Vemurafenib



Based on simple assumptions e.g. 70 kg man, 48hr biological half-life, lesion doses would be

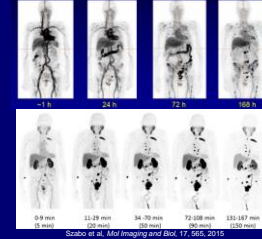
D = 202 Gy

D = 57 Gy

D = 34 Gy

Peptides theranostics for neuroendocrine and prostate cancer

Comparing Antibody Against Peptide

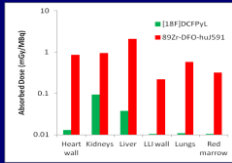


¹²⁴Zr-anti PSMA antibody

¹⁸F-DCFPyL PSMA binding peptide

Szabo et al. *Mol Imaging and Biol.* 17, 565, 2015

Dosimetric Implications for diagnostic imaging and treatment follow-up

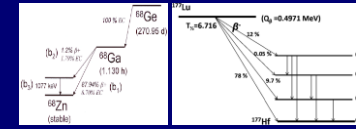


ImmunopET requires long lived radionuclide (⁸⁹Zr or ¹²⁴I) because tumor uptake is slow. Peptides localize rapidly into tumor allowing short lived radionuclides (⁶⁸Ga and ¹⁸F).

Radiolabeled Peptides in Current Use

Molecule	Applications
SSTR-targeting agents	Neuroendocrine Tumors
Imaging: ⁶⁸ Ga-DOTATATE	Neuroblastoma/Pheochromocytoma
Therapy: ¹⁷⁷ Lu-DOTATATE (Lutathera)	
¹⁷⁷ Lu-R11 (Somatostatin Tetraacetate)	
PSMA-targeting agents	Prostate Cancer
Imaging: ⁶⁸ Ga-PSMA-11/HBED-CC	Vascular Tumors
¹⁸ F-DCFPyL	
Therapy: ¹⁷⁷ Lu-PSMA-7	
¹⁷⁷ Lu-PSMA-R2/PSMA-617	
²²⁵ Ac-PSMA-617	

Theranostic Imaging Isotopes



⁶⁸Ga (68 min half-life)
 90% positron yield
 Produced by a ⁶⁸Ge generator

¹⁷⁷Lu (6.7 day half-life)
 Mean β ray energy of 0.159MeV (1.6mm range)
 10% yield of 208 keV photons for imaging

Lutathera Treatment at MSKCC

⁶⁸Ga-DOTATATE PET scan



Amino acid solution
(Lysine 2.5% + Arginine
2.5%) – 250ml/hr for 30 min

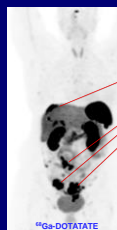


¹⁷⁷Lu DOTATATE infused
over 30min using Graseby
syringe pump



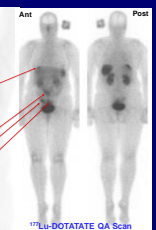



⁶⁸Ga / ¹⁷⁷Lu concordance



Ant

Post



⁶⁸Ga-DOTATATE

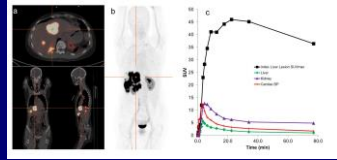
¹⁷⁷Lu-DOTATATE QA Scan

Improving peptide targeting The example of JR11

- Preliminary clinical studies (Wild et al 2014) with JR11 indicated higher tumor uptake and retention of SSTR antagonist compared to DOTATATE agonist.
- MSK Study (20 pts) imaged with ⁶⁸Ga-DOTA-JR11 followed by therapy with ¹⁷⁷Lu-DOTA-JR11.
 - 1.85 GBq
 - 7.4 GBq
- Dosimetry admin (50 mCi) followed by 2 x therapy admin (~200 mCi) with absorbed dose limits (2.3 Gy to kidney, 1.5 Gy to red marrow).

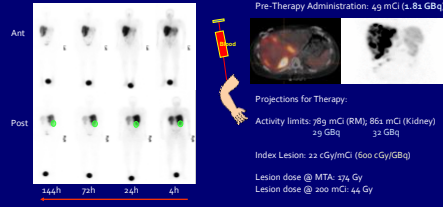
Wild D, Fani M, Fischer R, Del Pozzo L, Kauf F, Krebs S, Fischer R, Reubi JC, Maecke HR and Weber WA. Comparison of somatostatin receptor agonist and antagonist for peptide receptor radionuclide therapy: a pilot study. JNM. 2014 Aug;55(8):1248-52.

⁶⁸Ga-DOTA-JR11 Uptake and Biodistribution

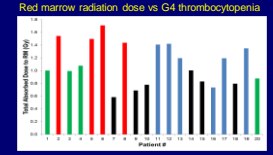


No significant uptake in any normal tissues except kidney
 High uptake of ⁶⁸Ga-DOTA-JR11 in liver disease
 Rapid disease uptake with prolonged retention

Determining the MTA for ¹⁷⁷Lu-DOTA-JR11 (treatment planning)



¹⁷⁷Lu-DOTA-JR11 Toxicity after 20 patient clinical trial

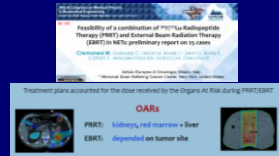


Red: G4 thrombocytopenia after two cycles (3 months apart)
 Green: no G4 thrombocytopenia after two cycles (3 months apart)
 Blue: no G4 thrombocytopenia after two cycles (> 3 months apart)
 Black: no G4 thrombocytopenia after one cycle (did not have second cycle)

Combining EBRT with Targeted Radionuclide therapy

Rationale: Use radionuclide therapy to treat micrometastases and use EBRT to boost the dose to bulky disease inadequately treated by radionuclide therapy.

Minimal overlap in dose limiting toxicity: For targeted radionuclide therapies it is usually marrow, kidney and salivary glands.



Summary 1

- Radiiodine was the 1st targeted radionuclide theranostic.
- It led to the foundation of a dosimetric method with which to estimate the maximum tolerated activity (MTA) and the use of an imaging dose being used to guide the selection of a therapy dose.
- The ability of PET to quantify radiiodine uptake and the emergence of new thyroid differentiation agents offer the new potential to use imaging to select which patients benefit from radionuclide therapy.

Summary 2

- ImmunoPET requires long-lived radionuclides e.g. ^{89}Zr and ^{124}I commensurate with the slow targeting pharmacokinetics of antibodies.
- Small peptides have faster uptake and clearance kinetics relative to antibodies which allows the short half-lived radionuclides e.g. ^{68}Ga and ^{18}F for imaging that results in lower radiation doses.
- Two promising peptide therapies are SSTR (neuroendocrine tumors) and PSMA (prostate cancer).
- Most currently favored theranostic radionuclide ^{177}Lu , which has a 6.7 day half-life and a low yield of photon emissions but ideal for imaging.
- Lutathera was FDA approved in 2018. PSMA theranostic agents approved in Europe and Australia and likely soon in the U.S.

Acknowledgements for slide material

MSKCC

Medical Physics

- Joseph O'Donoghue
- Keith Pentlow

Nuclear Medicine

- Sonia Mahajan
- Lisa Bodei

Medicine

- Alan Ho

Technical University Munich

- Wolfgang Weber

Milan University

- Marta Cremonesi
