Treatment Assessment of Radiotherapy using MR Functional Quantitative Imaging: Promises and Challenges

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- Introduction of MR quantitative imaging for treatment assessment
- Review of diffusion imaging, DCE/DSC imaging...
- Treatment assessment using diffusion MRI
- Treatment assessment using DCE-MRI
- > Developments of MR quantitative imaging for treatment assessment
- Challenges and future directions



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Introduction

Recent developments in MRI have substantially improved its performance



Making it a potentially powerful tool for not only diagnosis but also therapy.



Introduction













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Diffusion Imaging

Diffusion imaging techniques are used to determine the rate and principle direction of thermal (Brownian) motion of protons





Diffusion-Weighting Gradients





Restricted Diffusion Bright Contrast

Freely Diffusion Dark Contrast



Diffusion-Weighting Gradients

Diffusion-weighting gradient is often referred to as bipolar gradient (or Stejskal-Tanner gradient)



Spin Echo: 90° RF, first gradient lobe, 180° RF, second gradient lobe



Diffusion-Weighting Gradients



b-factor for rectangular pulse of spin echo

$$b = \gamma^2 G^2 \delta^2 (\Delta - \delta/3)$$
$$\longrightarrow \frac{S}{S_0} = \exp(-bD)$$



High b-Value Diffusion





Diffusion Tensor Imaging

Diffusion is truly a three-dimensional process. Hence, molecular mobility in tissues may not be the same in all directions.

- > Diffusion can be described by a tensor, with min. 7 acquisitions.
- > The diffusion tensor can be an ellipsoidal approximation





Diffusion Tensor Imaging

Diffusion is truly a three-dimensional process. Hence, molecular mobility in tissues may not be the same in all directions.

> Diffusion can be described by a tensor, with min. 7 acquisitions.





Mean Diffusivity <D>Map



FA map Fiber Tractography



D Le Bihan, et al. JMRI, 2001

Y. Masutani et al. EJR, 2003

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Angiogenesis

- Angiogenesis is a complex process critical to the growth and metastasis of malignant tumors.
- Tumor growth beyond 1–2 mm in solid tissues cannot occur without vascular support.
- Early detection of such changes would allow assessment of the therapeutic outcome of anti-vascular agents and aid in diagnosis.

J. Folkman Eur J Cancer 1996



Detection of Angiogenesis

Current methods of assessing angiogenesis can be considered as either direct or indirect.

 direct method: microvascular density counting with immunostaining (most frequently used)

- invasive and no functional information

indirect method: indirect biomarkers of angiogenesis detected by imaging such as MRI using contrast agent (e.g. Gd)

- Non-invasive and provide functional information

J.A. d'Arcy RadioGraphics 2006



DCE and **DSC** MRI

Table 1 Comparison of the T2*- and T1-weighted Dynamic Contrast-enhanced MR Imaging Techniques		
Parameter	T2*-weighted Imaging	T1-weighted Imaging
Change in tissue signal intensity	Darkening Seconds	Enhancement Minutes
Period of optimal data acquisition	Subsecond	2–25 sec
Magnitude of effect Optimal dose of contrast medium	Small ≥0.2 mmol/kg	0.1–0.2 mmol/kg
Quantification methods used	Relative more than absolute	Relative and absolute
Physiologic properties measured	Perfusion, blood volume	Transendothelial permeability, capillary surface area, lesion leakage space
Kinetic parameters derived	Blood volume and flow, transit time	Transfer and rate constants, leakage space
Pathologic correlates	Tumor grade, microvessel den- sity	Microvessel density, vascular endothe- lial growth factor
Clinical MR imaging applications	Characterization of breast, liver, and brain lesions; noninvasive grading of brain tumors; di- recting biopsy of brain tu- mors; determination of prog- nosis for brain tumors; moni- toring treatment (eg, radiation	Lesion detection and characterization; improving accuracy of tumor staging; prediction of response to treatment; monitoring response to treatment; allowing novel therapies, including antiangiogenic drugs; detection of tumor relapse

J.A. d'Arcy RadioGraphics 2006









DCE-MRI : Pharmacokinetic Model



P.S. Tofts, et al. JMRI, 1997



Pharmacokinetic Model



 $C(t) = CEE_{S}(t) + \boldsymbol{v}_{p}C_{p}(t) \qquad C(t) = [Gd] \text{ in tissue measured}$ $C(t) = Kin^{trans} \int_{0}^{t} Cp(t')e^{-Ko_{uttr}an}/\boldsymbol{v}_{e}(t-t')dt' + \boldsymbol{v}_{p}C_{p}(t)$ P.S. Tofts, et al. JMRI, 1997



Pharmacokinetic Model



 $C(t) = Kin^{trans} \int_{0}^{t} Cp(t') e^{-Ko_{uttr}^{an}/\nu_{e}(t-t')} dt' + \nu_{p}C_{p}(t)$ Assume small plasma volume $\nu_{p} = 0$ and $K_{in}^{Trans} = K_{out}^{Trans}$

$$c(t) = Ktr^{ans} \int_0^t Cp(t') e^{-ke_p(t-t')} dt'$$



DCE-MRI Analysis

> Qualitative

• Uptake curves





- Semi-quantitative
 - Area under the curve (AUC)
- > Quantitative





• Tracer-kinetic modeling (K^{trans}, V_B, F_B , etc)

M.V. Knopp,et al. MCT, 2003 A.D. King, et al, PLOS, 2015 Wang,et al, TCRT 2016



K^{trans} map

 F_B map



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Assessment using Diffusion MRI – Brian tumors

- For malignant glioma, the radiologic response (RR) method using 3D measurements of tumor volume association with survival.
- One disadvantage of volume measures is the time for changes to occur, with 8 to 10 weeks necessary to assess response.
- Diffusion imaging (DTI) could be used to investigate the feasibility of detection of early response...
- A brain study of 60 patients with high-grade glioma, with gross tumor treated to a final median dose of 70 Gy in 6-7 weeks. Diffusion imaging with a single-shot, spin-echo, echo-planar imaging (EPI) sequence. Scanned 1 week before and 1, 3, and 10 weeks after the start of radiation.





Assessment using Diffusion



Early Assessed; Better OS Functional diffusion map (fDM): Red –ADC Increased

Assessment using Diffusion MRI – Brian tumors

- For malignant glioma, the radiologic response (RR) method using 3D measurements of tumor volume association with survival.
- One disadvantage of volume measures is the time for changes to occur, with 8 to 10 weeks necessary to assess response.
 - Increased diffusion of water molecules (measured as an increase in the apparent diffusion coefficient (ADC)) occurs shortly after a successful treatment, and correlates with the breakdown of cellular membranes and reduction in cell density that both precede changes in tumor size.





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- Stereotactic radiosurgery (SRS) has been an effective treatment for the management of brain metastases, acoustic neuromas and other brain diseases.
- Few data are available regarding radiation induced white matter (WM) damage by SRS.
- Diffusion tensor imaging (DTI) was used to investigate WM changes following SRS ...
- A study of 15 patients with recurrent unifocal malignant gliomas, treated with concurrent SRS/BVZ treatment, with radiation dose of from 18Gy to 25Gy. Scanned 1-4 days prior to SRS and 7 days and two months after SRS treatment

Chang Z, et al., Technol Cancer Res Treat, 2014.









Irradiated area

FA decreased significantly by 6.8% (p<0.01) with nearly 40% (p = 0.02) decline of NF after two months of SRS in the VOIs of white matter receiving \geq 5Gy

Chang Z, et al., Technol Cancer Res Treat, 2014.



- Stereotactic radiosurgery (SRS) has been an effective treatment for the management of brain metastases, acoustic neuromas and other brain diseases.
- Few data are available regarding radiation induced white matter (WM) damage by SRS.
- As compared with non-irradiated contralateral area, considerable decrease in fractional anisotropy (FA) and tracked neural fibers in the irradiated white matter volumes after 1-week of SRS, with further decrease after 2-month after SRS.

Chang Z, et al., Technol Cancer Res Treat, 2014.



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Assessment using DCE-MRI –Brian SRS

- Stereotactic radiosurgery (SRS) has been an effective treatment for the management of brain metastases, acoustic neuromas and other brain diseases.
- A study of 12 patients with recurrent unifocal malignant gliomas, each up to 5 cm in maximum dimension.
- Patients were treated with concurrent SRS/BVZ treatment, with radiation dose of from 18Gy to 25Gy. Scanned 1-4 days prior to SRS and 7 days and two months after SRS treatment.
- Diffusion imaging and DCE-MRI were used to investigate for possible OS prediction.

Wang, et al., J. Radiosurgery and SBRT, 2018.



Results: Tumor Response



White arrows indicate the PTV location

Functional MR Parametric Maps from a selected patient.

Wang, et al., J. Radiosurgery and SBRT, 2018.


Results: Tumor Response

Summary of functional parameter statistics.

Para	ROI	Pre scan	Post 1 scan	Post 2 scan	
Ktrans	PTV	0.0183 ± 0.0115	0.0104 ± 0.0084	$0.0030 \pm 0.0054* (p=0.035)$	
min ⁻¹	GTV	0.0196 ± 0.0155	0.0147 ± 0.0195	$0.0064 \pm 0.0033^* (p=0.035)$	
	V12Gy – PTV	0.0100 ± 0.0068	0.0080 ± 0.0065	$0.0058 \pm 0.0091^* (p=0.035)$	
		0.0084 ± 0.0055	0.0075 ± 0.0073	0.0065 ± 0.0080	
F_{R}	PTV	0.0992 ± 0.0721	0.0687 ± 0.0581* (<i>p</i> =0.017)	$0.0368 \pm 0.0214* (p=0.017)$	
min ⁻¹	GTV	0.0921 ± 0.0622	$0.0680 \pm 0.0565^{*} (p=0.017)$	$0.0392 \pm 0.0247 * (p=0.035)$	
	V12Gy	0.0800 ± 0.0441	0.0682 ± 0.0481	0.0498 ± 0.0349	
	V12Gy - PTV	0.0766 ± 0.0399	0.0685 ± 0.0456	0.0530 ± 0.0388	
$V_{_{R}}$	PTV	0.0127 ± 0.0093	0.0069 ± 0.0067	$0.0034 \pm 0.0022^{*} (p=0.017)$	
_	GTV	0.0117 ± 0.0087	0.0066 ± 0.0061	$0.0037 \pm 0.0028^* (p=0.035)$	
	V12Gy – PTV	0.0100 ± 0.0072	0.0066 ± 0.0047	$0.0056 \pm 0.0052 * (p=0.035)$	
		0.0095 ± 0.0070	0.0067 ± 0.0044	0.0062 ± 0.0060	
ADC	PTV	2664.4 ± 579.1	2704.8 ± 870.3	2609.3 ± 543.7	
10-6	GTV	2664.8 ± 514.8	2755.4 ± 752.5	2621.6 ± 558.0	
mm ² /s	V12Gy – PTV	2749.1 ± 517.1	2794.4 ± 623.6	2744.1 ± 477.2	
		2766.3 ± 550.0	2792.5 ± 603.4	2765.7 ± 463.0	

Wang, et al., J. Radiosurgery and SBRT, 2018.



Radiomics

Intensity						
#	# Short Feature Name					
1		I -1	Energy			
2	2	I -2	Entropy			
3	3	I -3	Skewness			
_4	4 I-4 Kurtosis					
Morphological						
#	ŧ	Short	Feature Name			
5	5	M-1	Volume			
6	5	M-2	Surface Area			
7	7	M-3	Sphericity			
8	3	M-4	Spherical Disproportion			
9)	M-5	Compactness 1			
1	0	M- 6	Compactness 2			
	Coarse Texture					
#	ŧ	Short	Feature Name			
1	1	C-1	Short Run Emphasis			
12	2	C-2	Long Run Emphasis			
13	3	C-3	Gray Level Non-Uniformity			
14	4	C-4	Run Length Non-Uniformity			
1:	5	C-5	Run Percentage			
1	6	C- 6	Low Gray Level Run Emphasis			
1	7	C-7	High Gray Level Run Emphasis			
1	8	C-8	Short Run Low Gray Level Emphasis			
1	9	C-9	Short Run High Gray Level Emphasis			
2	0	C-10	Long Run Low Gray Level Emphasis			
2	1	C-11	Long Run High Gray Level Emphasis			

Fine Texture

	Short	Feature Name
2	F-1	Autocorrelation
3	F -2	Cluster Prominence
4	F-3	Cluster Shade
5	F-4	Cluster Tendency
6	F-5	Contrast
7	F-6	Correlation
8	F -7	Difference Entropy
9	F -8	Dissimilarity
0	F-9	GLCOM Energy
1	F-10	GLCOM Entropy
2	F-11	Homogeneity 1
3	F-12	Homogeneity 2
4	F-13	Informational Measure of Correlation 1
5	F-14	Informational Measure of Correlation 2
6	F-15	Inverse Difference Moment Normalized
7	F-16	Inverse Difference Normalized
8	F-17	Inverse Variance
9	F-18	Maximum Probability
0	F-19	Sum Average
1	F -2 0	Sum Entropy
2	F -2 1	Sum Variance
3	F-22	Variance

00

Wang, et al., J. Radiosurgery and SBRT, 2018.

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Results: Radiomics

Normalized changes of radiomics features in different ROIs





OS Prediction

- Selected radiomics features with high coefficient r values in correlation tests were investigated with support vector regression (SVR) to predict OS with leave-one-out cross validation.
- When using a selected group of 5 features' normalized changes (Ktrans: C-6 in PTV; ADC: C-7 in PTV; T1w: F-2 and C-7 in PTV; C-7 in GTV) in the 2nd post-treatment scan for outcome prediction,
 9 out of 12 patients' OS time were accurately predicted (Mean absolute error = 1.47 mo, RMSE = 2.10 mo).



Wang, et al., J. Radiosurgery and SBRT, 2018.



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Assessment using DCE-MRI-Neurocognitive Dysfunction

- Radiation therapy (RT) is a major treatment modality for malignant and benign brain tumors.
- The major limiting factor in its use is neurotoxicity, often as late neurocognitive dysfunctions.
- Important to identify biomarkers (e.g. cerebral vascular injury) for early assessment and prediction of late neurotoxicity...
- A study of 10 patients with low-grade glioma or benign tumor, treated with 3D conformal RT, with radiation dose of 50.4–59.4 Gy in 1.8 Gy fractions. 1–2 weeks prior to RT, at weeks 2–3 and weeks 5–6 during the course of RT, and at 1 month and 6 months following the completion of RT.

Cao, et al., Clin Cancer Res. 2009



Assessment using DCE-MRI– Neurocognitive Dysfunction



Changes in vascular volumes (Vp) & bloodbrain permeability (Ktrans) versus doses

Cao, et al., Clin Cancer Res. 2009



Assessment using DCE-MRI– Neurocognitive Dysfunction



Learning scores decline as changes in Ktrasn and Vp

Cao, et al., Clin Cancer Res. 2009



Challenges and Limitations

Various technical challenges and limits encountered:

- ➢ Artifacts: distortions, motion artifacts
- Long data processing for PK analysis in DCE-MRI
- Relatively low temporal resolution in DCE-MRI





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- ▶



- Spatial and intensity distortion in EPI images due to inhomogeneous static magnetic fields is a well-known phenomenon
 - Spatial distortion in SE and GRE EPI, and additionally signal loss in the latter, have restricted its use
 - Distortion is most pronounced in PE direction in EPI
 - Depends on applied magnetic field, magnetic susceptibilities within the subject, geometry of the subject, and its orientation



> Distortions in EPI-based Diffusion MRI: Eddy-currents and EPI distortions



affect DWIs, including the $b = 0 \text{ s/mm}^2$



Irfanoglu et al., MRM. 2019



FA increase by 113% due to distortion

TR (trace) increase by 69% due to distortion





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 - Spatial distortion in SE and GRE EPI, and additionally signal loss in the latter
 - Distortion is most pronounced in PE direction in EPI
 - Depends on applied magnetic field, magnetic susceptibilities within the subject, geometry of the subject, and its orientation
- Various distortion correction methods have been proposed: the unwarping methods, PLACE, the reversed gradient methods

Holland et al., Neuroimage. 2010



The reversed gradient method makes use of the fact that the distortion behaves "symmetrically" when reversing the phase encoding direction





Teruel et al., MRM. 2015

- Evaluating the correction strategies is challenging
 - Computer simulation,
 - ➢ Hardware phantoms,
 - Undistorted image (e.g. T1Wimage)
 - > Framework based on the reversed PE and gradient methods



A perfect distortion correction method to the two datasets with opposite diffusion encoding directions or PE directions would produce identical images. Irfanoglu et al., MRM. 2019



Evaluating the correction strategies is challenging

Framework based on the reversed gradient methods



variability maps, considered as "residue" after correction



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Long data processing for PK analysis in DCE-MRI

Relatively low temporal resolution in DCE-MRI

▶



Efficient Calc. for DCE-MRI

- PK parameters in DCE-MRI analysis are commonly calculated with nonlinear least-squares (NLSQ) methods or linear leastsquares method using the integral form of the PK model (ILLSQ)
 - NLSQ methods require intensive computation and may lead to erroneous results at the local optima
 - The computation time required for ILLSQ rapidly increases as temporal resolution of image acquisition increases
- Another efficient method for calculating pharmacokinetic (PK) parameters developed for DCE-MRI studies



Efficient Calc. for DCE-MRI

- To improve the computational efficiency, a new method for calculating PK parameters for DCE-MRI analysis was proposed.
- In this method, curve fitting based on linear least-squares method was applied to the derivative expression of the PK model with a KZ low-pass filter (abbreviated as the DLLSQ method).

$$C_t(t) = K^{trans} \int_0^t C_p(u) \cdot e^{-k_{ep}(t-u)} du + v_p \cdot C_p(t)$$

$$\frac{dC_t(t)}{dt} = (K^{trans} + v_p \cdot k_{ep}) \cdot C_p(t) - k_{ep} \cdot C_t(t) + v_p \cdot \frac{dC_p(t)}{dt}$$



2D simulation

Ktrans

 k_{ep}



(a) True values;
(b) DLLSQ results;
(c) ILLSQ results;
(d) NLSQ results;
(e) difference map of
DLLSQ results;
(f) difference map of
ILLSQ results;
(g) difference map of
NLSQ results



 v_p

In vivo study





Efficient Calc. for DCE-MRI

Δt(s)	0.1	0.5	1	2	3	4	5	10	15	20
DLLSQ	15.46	2.21	1.28	0.98	0.92	0.87	0.84	0.77	0.76	0.76
ILLSQ	7.6x10 ²	32.90	9.31	3.21	2.06	1.63	1.41	1.09	1.02	1.00
NLSQ	2.86 x10 ⁴	1.89 x10 ³	5.86x10 ²	1.52×10^2	82.53	52.17	31.96	13.04	13.86	12.40

In the simulation and *in vivo* studies, the calculated parameters using the proposed method were comparable to those using the existing methods with improved efficiency.

When analyzed within certain parameter intensity ranges at $\Delta t=1$ s, the proposed method was more accurate than the current methods with improved efficiency by a factor up to 478.

C.Wang, FF. Yin, Z.Chang, MRM, 2015



Efficient Calc. for DCE-MRI using Deep Learning

Machine learning (ML) based approach to directly estimate the PK parameters from the acquired DCE-MRI image-time series



Ulas, et al., Front Neurol. 2019



Efficient Calc. for DCE-MRI using Deep Learning



Over160 million training samples, i.e., number of total voxels, out of 15 patients

Deep Learning Architecture

Ulas, et al., Front Neurol. 2019



Efficient Calc. for DCE-MRI using Deep Learning

> More robust and faster than conventional model fitting



A few seconds on a GPU machine

Ulas, et al., Front Neurol. 2019



Challenges and Limitations

Various technical challenges and limits encountered:

- Artifacts: distortions, motion artifacts
- Long data processing for PK analysis in DCE-MRI
- Relatively low temporal resolution in DCE-MRI





High temporal resolution is desirable in DCE-MRI

> To ensure the accuracy of pharmacokinetics (PK) analysis

Reliable AIF information derivation demands 1 s or faster

> To achieve feasible perfusion measurement

Requires high temporal resolution to capture vascular phase of contrast medium delivery



To accelerate MRI acquisition, various fast imaging methods has been proposed

Physically manipulate spin dynamics to use available magnetization more efficiently

EPI, Spiral, RARE, GRASE, ...

Sparsely sample k-space and reconstruct a complete image through a non-standard reconstruction

keyhole, SENSE, GRAPA, BLAST, SPEED, CS, TV,...



- Sparse radial sampled data can be reconstructed by using total variation (TV)/total generalized variation (TGV)
- The concept is based on the first order/second order derivative calculation was commonly adopted in the constrained image reconstruction as to minimize the gradient of the reconstructed image
- To explore the feasibility of fast DCE-MRI with TGV for tracerkinetic (TK) studies





Original post-injection image (a) and reconstructed image with 32 radial k-space lines(b). The red contour indicates ROI that contains the tumor







Fast TK Mapping

- These techniques as "indirect" methods, because the anatomical image series are reconstructed first, followed by a separate step for TK parameter fitting
 - 1) Spatial TK parameter maps have much lower dimensionality than those of dynamic image series (two to four parameters, compared to 50–100 time points, per voxel), and
 - 2) TK model-based reconstruction directly exploits what is known about contrast agent kinetics
- "Direct" estimation of TK parameters from undersampled (k,t)space data or undersampled DCE-MRI data



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Fast TK Mapping



Y Guo, et al., MRM, 2017

DCE-MRI forward model flow chart:

Conversion from TK parameter maps to undersampled (k,t)-space. Patlak model is used to convert TK parameter maps to contrast concentration


Fast TK Mapping



Ktrans map by Direct Method with the sparsity constraint

Undersampling rate: R = 100

Only Patlak model used; Use of more-sophisticated models (eg, extended Tofts model) possibly nonconvex, to be further investigated.

-Long computation time

Retrospective evaluation of direct and indirect reconstruction of Ktrans and vp maps.

Y Guo, et al., MRM, 2017



Fast TK Mapping

- These techniques as "indirect" methods, because the anatomical image series are reconstructed first, followed by a separate step for TK parameter fitting
- "Direct" estimation of TK parameters from undersampled (k,t)space data or undersampled DCE-MRI data



Fast TK Mapping using Deep Learning





Fast TK Mapping using Undersampling rate: **Deep Learning** R = 10





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Challenges and future directions

- Reproducibility of quantitative data
 - To achieve this goal, standardized acquisition protocols, data analysis and assessment shall be promoted
- > Interpretation of biomarker
 - Physiologic meanings need to be fully examined towards the future clinical application
- Image quality improvement
 - Potentially affect the quantitative assessment outcome
- Novel image analysis methodology

Morphological information image texture features, deep machine learning

Z.Chang, et al. WJR, 2015



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