Professionalism and Soft Skills in Residency: Finding a Happy Medium Between Didactic Instruction and Self-directed Learning

AAPM 2020





Education is what survives when what has been learned has been forgotten.

BF SKINNER



### How are we training residents?

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## Disclosures

- Chair of AAPM MPRTP
- Co-Chair of ETC
- Chair of SDAMPP Outreach Committee

Unrelated:

- Research funds from Varian
- Chair of AAPM TG-302



## Learning Objectives

- 1. Highlight data supporting the need for formalized training for professionalism and soft skills during residency.
- 2. Investigate how adult learning concepts can be integrated into residency training.
- Learn about teaching soft skills including how to communicate with patients and other allied health professionals



## **Session Outline**

- Introduction
- Current standards for residency programs
- Current online resources
- How to teach adult learners?
- How to teach soft skills (e.g. professionalism)?
- Conclusions



# INTRODUCTION



#### My personal experience as a resident

- Medical physics graduate
- > 2000-2002
- Here's a self-study  $\rightarrow$  ABR certification
- Lots of hands-on-experience!





## John Dewey : educational reformer

Give the pupils something to do, not something to learn; and the doing is of such a nature as to demand thinking; learning naturally results.

- John Dewey

AZQUOTES







# **RESIDENCY STANDARDS**



## **Current standards for residencies**

- AAPM TG-249
- ► ABR
- CAMPEP

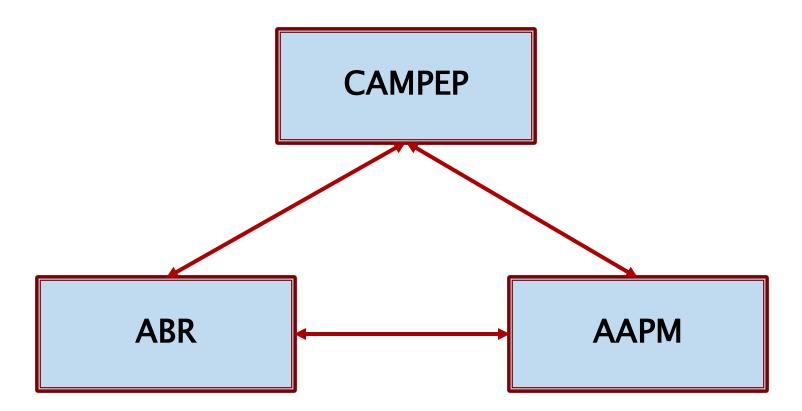


### **CAMPEP Standards for TMP Residency**

- Professionalism
- Leadership
- Ethics
- Conduct system calibrations, performance evaluations and quality control, safety and compliance tests, including vendor specifications, under supervision of a qualified physicist
- Treatment planning & delivery
- Safety
- Informatics
- Therapeutic radiopharmaceutical



#### Standards evolve with clinical practice





# **ONLINE RESOURCES**



### **Online resources for training residents**

JOURNAL OF APPLIED CLINICAL MEDICAL PHYSICS, VOLUME 14, NUMBER 6, 2013

#### Review of online educational resources for medical physicists

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Medical physicists are often involved in the didactic training of graduate students, residents (both physics and physicians), and technologists. As part of continuing medical education, we are also involved in maintenance of certification projects to assist in the education of our peers. As such, it is imperative that we remain current concerning available educational resources. Medical physics journals offer book reviews, allowing us an opportunity to learn about newly published books in the field. A similar means of communication is not currently available for online educational resources. This information is conveyed through informal means. This review presents a summary of online resources available to the medical physics community that may be useful for educational purposes.





### **Online resources for training residents**



- Medical physicists (MP) are involved in the education of undergraduate and graduate students, as well as residents.
- Currently, there is no reliable means of communicating or publicizing new online educational resources.

**Radiation Oncolog** 

AAPM VL J Prisciandaro, 2014

JIP 2



### **Online resources for training residents**



- 1. List servers
- 2. Professional organizations
- 3. National/international agencies
- 4. Universities websites
- 5. Miscellaneous websites

Radiation Oncology

AAPM VL J Prisciandaro, 2014

JIP 4



#### Web Modules on Professionalism and Ethics

William Hendee, PhD<sup>a</sup>, Jennifer L. Bosma, PhD<sup>b</sup>, Linda B. Bresolin, PhD<sup>c</sup>, Leonard Berlin, MD<sup>d</sup>, R. Nick Bryan, MD, PhD<sup>e</sup>, Richard B. Gunderman, MD, PhD<sup>f</sup>

Health care disciplines have always held resolutely to a commitment to professionalism and high ethical standards. With the present emphasis on public accountability, professionalism and ethics are receiving enhanced attention in health care education and practice. A challenge for radiologists, radiation oncologists, and medical physicists is to define the scope and depth of knowledge about professionalism and ethics that are necessary for the practice of the disciplines. A further challenge is to develop accessible educational materials that encompass this required knowledge. About 2 years ago, the ABR Foundation decided to address these challenges through the development of an ethics and professionalism curriculum and production of a series of Web-based educational modules that follow the curriculum. Six organizations agreed initially to construction of the curriculum and modules and were later joined by a seventh. The curriculum was developed by the ABR Foundation and included in a request for proposals that was widely distributed. Teams of authors for each of 10 modules were selected from respondents to the request for proposals. As the modules were developed, they were reviewed in 3 successive stages, including peer review by members of the ACR Committee on Professionalism and the RSNA-ACR Task Force on an Ethics Curriculum. After revisions were prepared in response to the reviews, the modules were translated into a format compatible with the e-learning platform on which they are mounted. The modules are now available to all who wish to study them.

Key Words: Ethics, professionalism, modules, accountability, curriculum

J Am Coll Radiol 2012;9:170-173. Copyright © 2012 American College of Radiology



#### Online resources from training residents

ADK		ABR (		ASTRO	RSNA
Home					
Hor	ne				
Ethics an	d Professionalis	m			
	utes of Profes t of Interest	sions and Profes	ssionals		
		nan Subject Res	earch		
		nd Resident Edu			
			Sector Sector		
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# ADULT LEARNING STRATEGIES



## **Teaching adult learners**



#### Adult Learning Techniques: What Are They and How Can You Use Them?



Laura Padilla, PhD DABR AAPM 2017 59<sup>th</sup> Annual Meeting & Exhibition - Denver, CO



AAPM VL L Padilla, 2017



## **Teaching adult learners**

#### Adult Learners

- Have pre-existing knowledge and experience
- Need to know why this knowledge is useful
- Are task-oriented
- Need to take responsibility for own learning

Laura Padilla, PhD

AAPM 2017, 59th Annual Meeting & Exhibition

AAPM VL L Padilla, 2017



# **TEACHING SOFT SKILLS**



#### Soft skills vs hard over career time...



https://images.app.goo.gl/k3UjzxCvdbriHrBj6



## **Teaching soft skills**

## Strategies for Learning and Teaching Patient Communication Skills

Derek Brown, PhD Radiation Medicine & Applied Sciences





AAPM VL D Brown, 2017



## **Teaching soft skills**

#### **Competency Assessment**

#### o How do we know when/if trainees are competent?

- This is a really important, and difficult, question...
- When trainer feels comfortable? When trainee feels comfortable?

#### Specific metrics

- Did trainee engage/empathize/educate/enlist patient during interaction?
- Was the patient satisfied with level of technical detail provided?
- Did the consult increase or decrease patient anxiety?



RETHINKING MEDICAL PHYSICS

D. Brown AAPM 2017

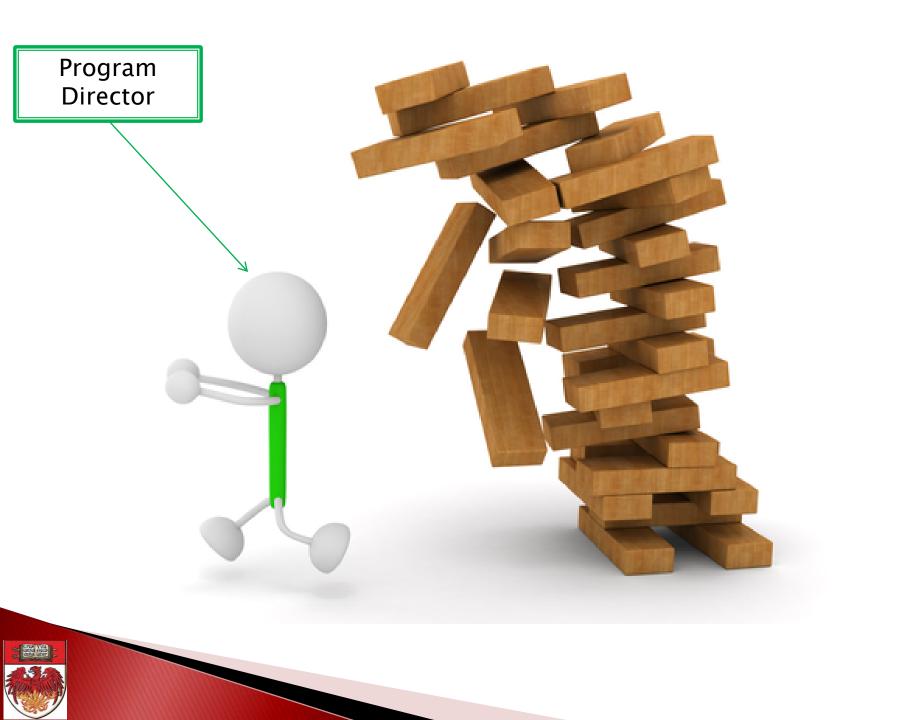
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## Let's put it all together....

- Lots of standards to meet
- Soft skills are becoming increasingly important in our field
- We may not have all the expertise locally...





## Let's put it all together

- Lots of standards to meet
- Soft skills are becoming increasingly important in our field
- We may not have all the expertise locally...
- Online resources may be helpful
- We are a *community* of educators!
- Adults learn by doing!
  - Experiential learning
  - Assuming responsibility

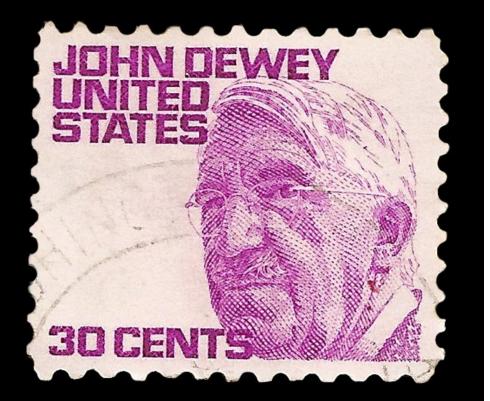




## John Dewey : educational reformer

#### You cannot teach today the same way you did yesterday to prepare students for tomorrow.

John Dewey



AZQUOTES



## Thank you for your attention!

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