# Imaging Technologies for Stereotactic Ablative Radiotherapy (SABR) of Cardiac Ventricular Tachycardia

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### Background

- Ventricular Tachycardia (VT) is a major cause of sudden cardiac death
- Invasive catheter ablation has become a primary therapy, but with a moderate success rate for patients with structural heart disease (SHD)
- Early preliminary studies have shown promising outcome of Stereotactic Ablative Radiotherapy (SABR) as non-invasive treatment option for refractory VT





### **Reentrant Ventricular Tachycardia**



Ablation requires accurate substrate mapping





### **RF Catheter Ablation**

- Point-by-point ablation (invasive and time-consuming)
- Common failures:
  - Inadequate heating at desired target
  - Arrhythmia substrate location is inaccessible
  - Missing the critical central isthmus







Mahida *et al.* Circulation V136. 2017 Spartalis M *et al.* World J of Cardiology, V10,2018



#### Catheter ablation strategies



Pandozi et al. Clin. Cardiology,4, 2019



#### Radiotherapy ablation



Radiation ablation: possible to ablate entire scar or multiple scars simultaneously

- Accurate target localization is still critical
- Too small missing the isthmus
- Too large normal tissue toxicity
- Respiration and cardiac motion



### Arrhythmia target mapping technologies

- Electrophysiological based:
  - 12-lead ECG
  - Cardiac Electroanatomic Mapping (EAM)
  - Electrocardiographic Imaging (ECGI)
- Non-invasive cardiac imaging Structure or functional
  - Cardiac MRI (CMR)
  - Multi-detector Cardiac CT (MDCT) or Angiograph
  - Nuclear imaging (SPECT/PET)







- 12-lead ECG provides location info of the exit site of the circuit (~1cm away from isthmus)
- Remains as a guide to further mapping, rather than pinpointing the actual site



Miller *et al*. Card Electrophysiol Clin 9 (2017)



## **Electrophysiological Mapping**

- Catheter-mounted intra-cardiac electrodes
  - Unipolar or Bipolar
  - Various mapping techniques
    - Activation mapping
    - Entrainment mapping
    - Pacing mapping
    - Substrate mapping



Lada et al. Card Electrophysiol Clin 11 (2019)

Area of low amplitude voltage is associated with surviving myocardia tissues





## **Electroanatomic Mapping (EAM)**

- Combine the electrical information from catheter-mounted electrode and 3D spatial information
- Real-time guidance for ablation with minimal use of fluoroscopy
- Large uncertainties due to:
  - Inconsistencies in catheter contact
  - Sparse sampling and extrapolation
- Invasive, time consuming
- Data not compatible to RT planning



Spartalis M et al. World J of Cardiology, V10,2018





### **Electrocardiographic imaging (ECGI)**



#### Vest of 250 ECG electrodes over patient's torso

- Body surface potential map generated to derive substrate exit and entrance site
- Projected on patient's CT
- Non-invasive mapping
- Not widely available, requires active stimulation of VT

#### Rudy. Circ Res 112 (5), 2013





# Cardiac MR Imaging (CMR)

- Late gadolinium enhancement (LGE) CMR: clinical gold standard for characterization of myocardial fibrotic tissue
- Well validated in histopathologic studies and correlated with electrophysiological mapping







Zeppenfeld et al. JACC Clin Electrophysiology v4. 2018 Njeim et al. JACC Cardiovascular Imaging. v9 2016



### LGE-CMR

- Safety concerns in patients with ICD and pacemaker implants (tissue heating, device malfunction)
- Device-induced image artifacts: void or hyperintensity





Courtesy of Dr. Peng Hu, UCLA



### Wideband LGE-CMR

Radiology Improved Late Gadolinium Device artifact reduction for magnetic resonance Enhancement MR Imaging for imaging of patients with implantable cardioverter-defibrillators and ventricular Patients with Implanted Cardiac tachycardia: Late gadolinium enhancement Devices<sup>1</sup> correlation with electroanatomic mapping Shams Rashid, PhD To propose and test a modified wideband late gadolinium Purpose: Stanislas Rapacchi, PhD Steven M, Stevens MD\*, Roderick Tung MD, FHRS\*, Shams Rashid PhD<sup>+</sup>, Jean Gima NP\*, Shelly Cote NP\*, enhancement (LGE) magnetic resonance (MR) imaging Marmar Vaseghi, MD, MS technique to overcome hyperintensity image artifacts Geraldine Pavez NP\*, Sarah Khan MD<sup>†</sup>, Daniel B, Ennis PhD<sup>†</sup>, I, Paul Finn MD<sup>†</sup>, Noel Boyle MD, PhD, FHRS\*, Roderick Tuna, MD caused by implanted cardiac devices. Kalyanam Shivkumar MD, PhD, FHRS<sup>本</sup><sup>†</sup>, Peng Hu PhD<sup>本</sup><sup>†</sup>名四 Kalyanam Shivkumar, MD. PhD J. Paul Finn, MD Materials and Written informed conse Peng Hu, PhD ipants, and the HIPAA-o proved by the instituti **adiology Cardiac Radiology:** Centenary Review<sup>1</sup> Albert de Roos, MD During the past century, cardiac imaging technologies Charles B. Higgins, MD have revolutionized the diagnosis and treatment of ac-

• Hyperintensity artifacts can be eliminated by a wide-bandwidth RF inversion pulse, enabling diagnostic scar imaging ...





Heart Rhythm Volume 11, Issue 2, February 2014, Pages 289-298

### Wideband LGE-CMR





Rashid, Hu et al. Radiology v270, 2014



### Wideband LGE vs EAM





Stevens, Hu et al. Heart Rhythm, v11, 2014



### Wideband LGE for SABR target localization









## **Cardiac CT**

- High spatial resolution (<1mm)
- Lower contrast-to-noise ratio
- Imaging characteristics for scar:
  - Wall thinning, adipose metaplasia, Hypoperfusion
- Delineate detailed cardiac anatomy
  - Coronary arteries, valve apparatus, phrenic nerves...



Esposito et al. JACC Cardiovascular Imaging. v9 2016





# **Nuclear Imaging (SPECT, PET)**

- Provide complementary functional information to EAM defined scar
- Mapping of metabolically active surviving tissue or perfusion defects
- Do not provide sufficient anatomic information
- Intrinsic low spatial resolution



Zei et al. Curr Cardiol Rep 19, 2017





Modality	Mechanism	Advantage	Disadvantage
EAM (EP)	catheter-mounted contact electrode + 3D spatial info	real-time electrophysiological info	invasive; sparse sampling and extrapolation; data not compatible with RT planning
ECGI (EP)	EGM map derived from high density ECG jacket	non-invasive ECG mapping; 3D combined with CT	only mapping exit/entrance site; not widely available; reliability and accuracy to be proved
LGE-CMR (Structural)	contrast demarcates extracellular space as surrogate of dense fiber	high CNR allowing 3D scar characterization (size, border zone, heterogeneity)	MR safety concerns & Image artifact; non-axial images; low resolution in slice thickness; renal function for contrast
Cardiac CT (Structural)	imaging of wall thinning, hypoperfusion	axial images with detailed cardiac anatomy; high spatial resolution	low CNR and sensitivity; renal function for contrast; imaging radiation exposure
PET/SPECT (Functional)	mapping of metabolically active surviving tissue or perfusion defects	axial images; distinguish NICM etiologies with inflammation	no anatomy info; low spatial resolution (PET)





### **Multi-modality target delineation**







Imaging Modality	Author	Publication	Registration	Registration	Landmarks (If Applicable)	Registration
		Year	Error (mm)	Method		Mode
MRI	Codreanu et al. <sup>18</sup>	2008	N/R	LM	Aorta, LV apex, MA	offline
	Desjardins et al.33	2009	4.3	LM + SURF	Aorta, LV apex, MA	offline
	Bogun et al.17	2009	4.8	LM + SURF	Aorta, LV apex, MA	online
	llg et al. <sup>29</sup>	2010	3.5	LM + SURF	N/R	online
	Andreu et al. <sup>16</sup>	2011	3.4	LM + SURF	Aorta, LV apex, MA, RV	online
	Wijnmaalen et al. <sup>22</sup>	2011	3.8	LM + SURF	Left main	online
	Dickfeld et al. <sup>19</sup>	2011	3.9	VA	NA	online
	Perez-David et al.20	2011	N/R	LM	LV apex and MA	offline
	Tao et al.32	2012	4.3	SURF	NA	offline
	Gupta et al. <sup>28</sup>	2012	3.8	LM + SURF	Aorta, LV apex, MA	online
	Piers et al. <sup>21</sup>	2012	3.2	LM + VA	Left main	online
	Spears et al. <sup>34</sup>	2012	3.6	LM + SURF	Aorta, LV apex, MA or His	offline
	Cochet et al.*12	2013	N/R	LM + SURF	Aorta, CS, left atrium, MA	online
	Sasaki et al.30	2012	2.8	LM + SURF	Aorta, LV apex, MA, RV septal insertions	offline
MDCT	Desjardins et al. <sup>51</sup>	2010	3.0	LM + SURF	Epicardial apex, most lateral tricuspid and MA	offline
	Tian et al.14	2010	3.3	VA + SURF	NA	online
	v Huls v Taxis et al.1	5 2013	2.8	LM + SURF	Left main	online
	Piers et al.21	2012	2.0	LM + SURF	Left main	online
	Komatsu et al.13	2013	N/R	LM + SURF	CS, aortic root, LV apex and MA	online
PET/CT	Fahmy et al.27	2008	5.1	LM + SURF	Coronary ostia, cusps, apex	online**
	Dickfeld et al.60	2008	3.7	VA	NA	online
	Tian et al.61	2009	4.3	VA + SURF	NA	online
SPECT	Tian et al.64	2012	4.4	LM + SURF	MA	offline

#### 2-5 mm registration error between EAM and non-invasive imaging



Piers et al. Arrhythmia & Electrophysiology Review 2013



#### **MUSIC** integration platform

• MUSIC: MUltimodality platform for Specific Imaging in Cardiology



https://team.inria.fr/epione/en/software/music/





### **Motion management**

- Complex respiration and cardiac motions
- Cardiac motion primarily as twist contraction with reduced magnitude in patients with chronic cardiomyopathy
- Respiration motion: 4DCT + IVT or Dynamic tracking/gating of fiducials
- Assessment of cardiac motion and compensation strategies remain challenges to be addressed





Roujol et al. PLos One, 8(11) 2013 Stohr et al. Am J Physiol Heart Circ Physiol, 311(3), 2016 Bertini et al. JACC Cardiovacular Imaging 2(12), 2009



Publication	Substrate Assessment Modalities	Treatment Platform	Dose Delivered	Procedure Length	Motion Compensation
Loo et al. 201541	Echocardiogram, PET, 12-lead ECG	CyberKnife	25 Gy/ 1 fraction	90 min	Dynamic tracking (Synchrony) with temporary pacing wire as fiducial for respiratory. Fluoroscopy during transient breath holds for cardiac.
Neuwirth et al. 201949	Diagnostic CT, EAM studies	CyberKnife	25 Gy/ 1 fraction	114 min	Dynamic tracking (Synchrony) with LV electrode as fiducial. No additional safety margin.
Zei et al. 201763	Cardiac CT, CMR, PET, 12-lead ECG, prior EAM studies	CyberKnife	25 Gy/ 1 fraction	Not reported	Dynamic tracking (Synchrony) with fiducial tracking as available.
Cuculich et al. 20174	SPECT, CMR, cardiac CT, echocardiogram, ECGi (Cardioinsight Noninvasive 3D Mapping System), prior EAM studies	TrueBeam	25 Gy/ 1 fraction	11–18 min	4D respiratory-gated CT to determine target volume plus cardiac and respiratory motion, plus safety margin of 5 mm.
Jumeau et al. 201845	Planning CT, CMR, prior EAM studies	CyberKnife	25 Gy/ 1 fraction	45 min	Dynamic tracking (Synchrony) with RV ICD lead as fiducial. No additional safety margin.
Robinson et al. 2019 <sup>46</sup>	SPECT, CMR, cardiac CT, echocardiogram, ECGi (Cardioinsight Noninvasive 3D Mapping System), prior EAM studies	TrueBeam	25 Gy/ 1 fraction	15.3 min	4D respiratory-gated CT to determine target volume plus cardiac and respiratory motion, plus safety margin of 5 mm.
Haskova et al. 2018⁴7	Planning CT, intracardiac echo, prior EAM	CyberKnife	25 Gy/ 1 fraction	Not reported	Not reported.
Zeng et al. 201948	Planning CT, 12-lead echocardiogram, prior EAM	CyberKnife	24 Gy/ 3 fractions	Not reported	Dynamic tracking (Synchrony) with fluoroscopically implanted fiducial (pacemaker lead) for respiratory, fluoroscopy for cardiac.
Neuwirth et al. 2019 <sup>49</sup>	Planning CT, ECG-gated CT, prior endocardial +/- epicardial EAM	CyberKnife	25 Gy/ 1 fraction	68 min	ECG-gated CT for cardiac motion. Dynamic tracking (Synchrony) with existing ICD leads as surrogate fiducials for respiratory motion. No additional safety margin.



David Geffen School of Medicine Wei C et al. Arrhythmia & Electrophysiology Review 2019;8(4)



# Summary

- SABR has been shown to be a promising non-invasive treatment for refractory cardiac VT
- Success of cardiac SABR relies on accurate target localization and treatment delivery
  - Non-invasive imaging for substrate characterization
  - Multi-modality image integration and registration
  - Motion assessment and compensation





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