

Title: The Face of The Beast

Name: Julie Chessell Motivational Speaker, Award Winning Author, Warrior Momma, Registered Nurse, St. Marys, Ontario, Canada

Abstract:

In an instant life can change. In a moment, a family can be shattered and what they thought was their norm becomes their most challenging experience. It can either tear families apart or bring them closer. You become a victim or a survivor. Cancer, or more specifically Breast Cancer, is a diagnosis that is universal. How do patients view this devastating news? A dream is shattered, and how you handle this frightening information can impact not only your patient, the extended family and but most certainly a person's mental capacity. Choosing to succumb is not an option. Selecting to change your mindset for the positive can have a profound impact on treatment and overall outcome. No one care plan is the same. No one is exempt, whether you are in the healthcare arena or not. It takes a village of people to have a hand in allowing a patient not to become a statistic. Cancer can potentially be a lifelong medical condition. Supporting families and their journey is key to overall health. Hope is that beautiful place between the way things were and the path of the way things are yet to be. There comes a point in life when you realize that nothing will ever be the same. You realize that from that point on, time will be divided into two parts – before this and after this. Our journey is different than the next, but with the passion to give back, anything is possible. Empowering people about determination and resiliency is key. Now it's our turn to make that difference!!

Keywords: Hepatoblastoma, Pediatric Cancer, Mindset, Women's Health

Biography:

My self, Julie Chessell, mom and registered nurse from Ontario, Canada. I am the sole owner of Warrior Momma, a platform for families and women to collaborate and share information regarding cancer and mindset. My personal interest focuses on pediatric hepatoblastoma, Liver organ transplantation and mindset coaching. I have spoken on behalf of the Canadian Liver Foundation, SickKids Hospital Toronto, Universal Health Network, Canadian Childhood Cancer, BioCan Rx, Starzl Network, SPLIT Society, multiple Cancer Conferences and Organ Donation Networks, as well as the Organ Project. I have multiple published articles regarding Cancer and organ donation.

Our journey has been featured on TSN, SportsNet, The Ottawa Senators, The Organ Project and various news outlets worldwide.

Presenting author details

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Research interest: Empowering Families and Patients from a Parental and Patient

Perspective and Experience, Caregiver Fatigue, PTSD and Mental Health among Cancer

families