

Enterprise-wide consistent protocol naming

Christina Brunnquell, PhD, DABR

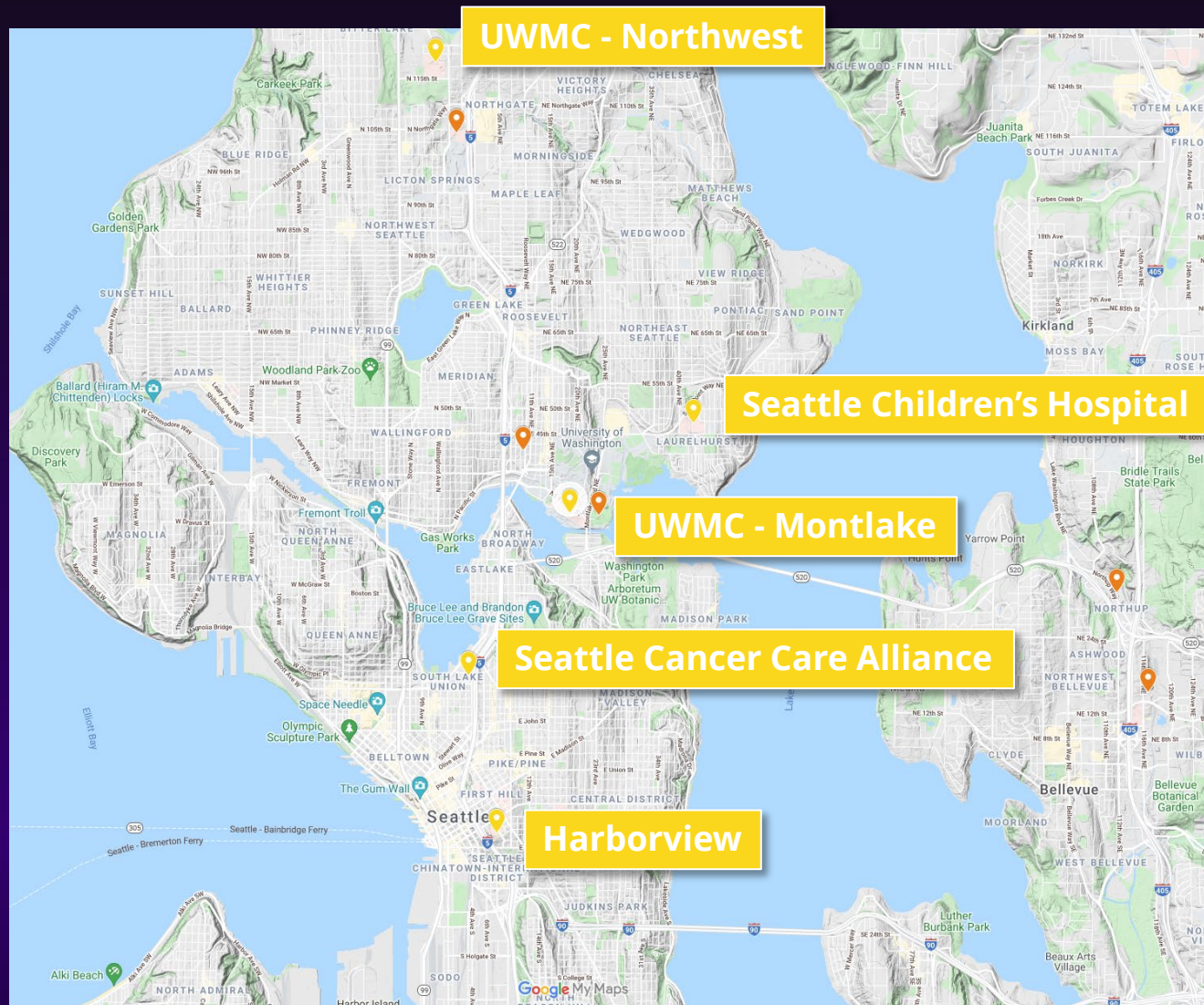
The challenge



Hospitals



Clinics (some of them)



W

Why do protocol names matter?

- Practice consistency and clarity
 - › Correct protocol for the patient
 - › Reduce extra phases and contrast due to potentially unclear protocol variants
 - › Appropriate recons, post-processing, and hanging protocols
- Different protocol names add a layer of complexity to the translation between orders and procedures (multiple protocols per study type and indication)
- Streamline protocol management (cloud-based protocol managers)

| CT CHANGE CONTROL | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Submission Date: | 9/28/2020 |
| Proposal: PE DRO protocol changes | |
| Proposal: Change scan direction from caudal cranial to cranial caudal. Change the Axial Lung kernel reconstruction to 1 x 1 slice thickness and recon in small FOV (rib-rib). | |
| ⋮ | |
| Change name/abbreviation from PEDRO (which sounds like a person's name) to PE DRO (PE Double Rule Out) | |

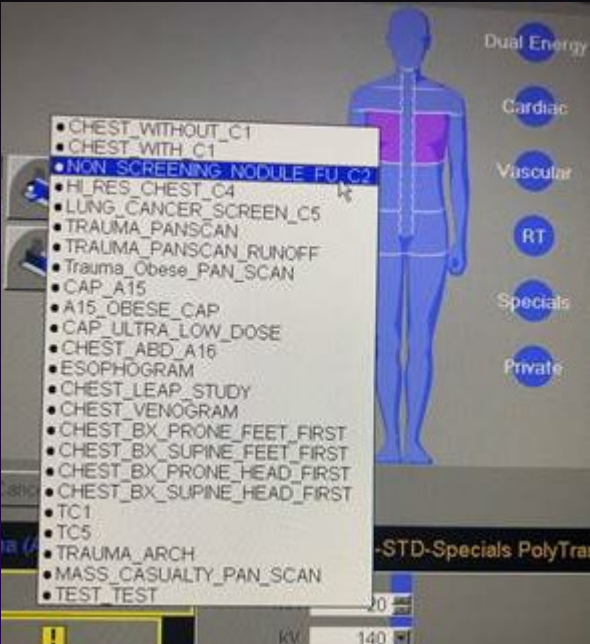


Current Workflow

Ordering Physician

- Signs and Symptoms

<EMR>



+

CPT CODES

Protocolled by
Rads/Techs

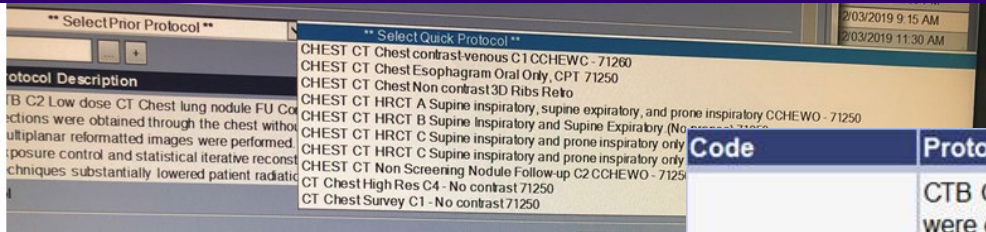
CT Scanner

Dose Monitoring
Software

PACS

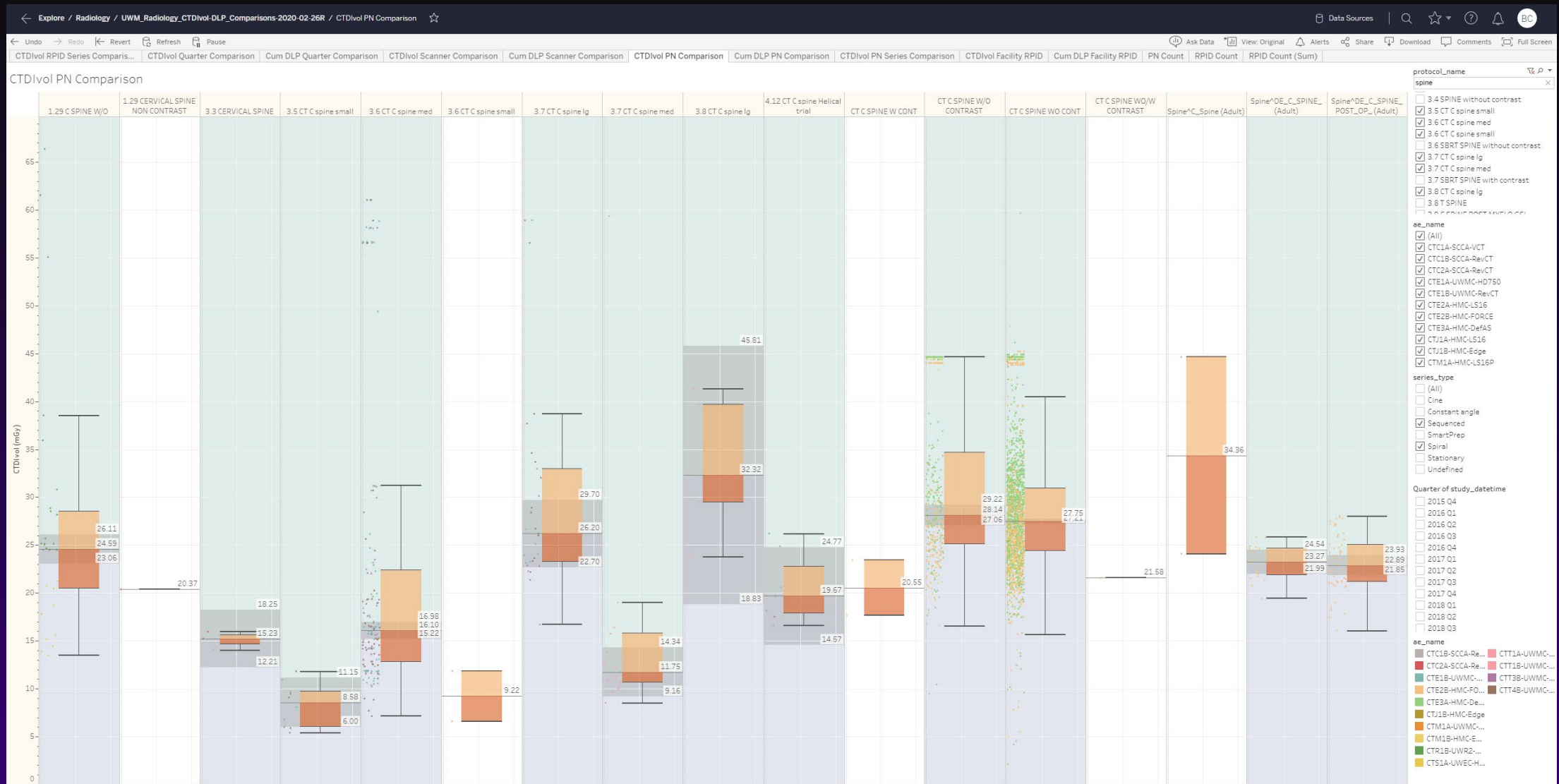
Processing
Workstations

Analytics tools



| Code | Protocol Description | Comments |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| CT C2 | CTB C2 Low dose CT Chest lung nodule FU Contiguous axial sections were obtained through the chest without contrast. Multiplanar reformatted images were performed. Automated exposure control and statistical iterative reconstruction techniques substantially lowered patient radiation dose. | |





We may have only 100-200 scan protocols on each individual CT scanner but...

- 776 lexical variants at UWMC, 652 variants at HMC, 371 variants at SCCA



Proposal: Consistent protocol naming

- Physicist (works across sites) work with group of site-specific technologists
- Establish baseline naming convention (and rules for future protocols)
- Create 1-1 link between protocol identifiers on EHR and scanners
 - Facilitate techologist (instead of radiologist) protocoling for a larger portion of exams



Neuroradiology

When in doubt, please ask/double check/call referring provider!

| Category | INDICATIONS | Protocol Code | Design Philosophy | Proposed Protocol name (HMC) | Proposed Protocol name (UWMC) |
|------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| Brain – Helical GSI Routine with Angled Axial Reformations | Mental status change, trauma, stroke, fall, intracranial hemorrhage, hydrocephalus | NCH | For routine head imaging and emergent imaging including trauma, hemorrhage, hydrocephalus, tumor, and preliminary stroke screening. May need to add contrast for more sensitive evaluation of tumor or infection. | HEAD WO HEAD W IV DE HEAD WO DE HEAD W IV DE HEAD WO W IV or DE HEAD WW Siemens – underscore GE – has numbers | DE HEAD ROUTINE WO |
| Brain (Axial Mode) | Mental status change, trauma, stroke, fall, intracranial hemorrhage, hydrocephalus | NCH | For routine head imaging and emergent imaging including trauma, hemorrhage, hydrocephalus, tumor, and preliminary stroke screening. May need to add contrast for more sensitive evaluation of tumor or infection. | | HEAD ROUTINE WO HEAD TRAUMA WO HEAD WO HEAD TRAUMA WO |
| Stealth Head (Whole Brain Treatment Planning) | Stereotactic guidance imaging for operating room | NCHSUR | This is a protocol which delivers thin section images for use in whole brain radiation treatment planning, intraoperative neuro navigation, and cranioplasty planning. Image requirements for the software associated with these uses varies, and verification of compatibility is recommended. | HEAD WO/SPLAN HEAD W IV/SPLAN HEAD NAV WO HEAD STEALTH WO HEAD NAV W IV HEAD STEALTH W IV | STEALTH HEAD WO |
| Orbit - Routine | Orbital Mass, Foreign Body, Trauma, Orbital, proptosis | NCFORB (NON-CON) NCFORBW (WITH IV) | For evaluation of infection, inflammatory, or neoplastic processes may add contrast as needed to increase sensitivity. May also be used for trauma, blunt or penetrating, localized to the orbit. Not to evaluate diffuse facial trauma or infection/inflammatory processes, as this requires a CT maxillofacial. | ORBIT WO ORBIT W IV ORBIT WO ORBIT W IV | ORBIT WO ORBIT W |



Impact

J Digit Imaging (2017) 30:11–16
DOI 10.1007/s10278-016-9895-8



CT and MR Protocol Standardization Across a Large Health System: Providing a Consistent Radiologist, Patient, and Referring Provider Experience

Peter B. Sachs¹ • Kelly Hunt¹ • Fabien Mansoubi² • James Borgstede¹

and formation of a governance structure. We utilized rapid improvement events (1 day for CT, 2 days for MR) and reduced 248 CT protocols into 97 standardized protocols and 168 MR protocols to 66. Additional steps are underway to further

filiations, if desired). The protocol standardization across all regions of our health system insures the continuity of these protocols and will significantly decrease the work effort for the information technology teams as expansion continues. We

EMR exam order identifier:
“Visit type”
Redefined as unique
protocol/region combination

Protocols before
scheduling

visit-type build effort is significant, each visit type can be tied to a unique performing resource (if required), and the correct time slot, protocol specific exam instructions, and prep can be sent to the patient electronically via the patient portal, email, or telephone. For

have been proven to work well. A key advantage of this system, however, is preventing the need to obtain repeat insurance authorization if a protocol is changed after scheduling, a step which occurs with some frequency in the current system.



Impact

- Facilitation of technologist or automated protocoling

Protocol guide example

TABLE 1: Examples Provided to Technologists to Guide Mapping of Appropriate Body CT Protocols Based on Order in the Electronic Health Record and Patient Presentation

| Order Entered by Referring Provider | Clinical Scenario | Correct Protocol | IV Contrast Administration | Oral Contrast Administration |
|-------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------|----------------------------|------------------------------|
| Neck, chest, abdomen, pelvis | Malignancy, typically lymphoma | I+/O+ neck, chest, abdomen, pelvis | Yes | Iohexol |
| Chest, abdomen, pelvis | Suspected or known malignancy workup, weight loss, fever, pain, other | I+/O+ chest, abdomen, pelvis | Yes | Iohexol |
| Abdomen, pelvis | Abdominal pain, weight loss, fever, other | I+/O+ abdomen, pelvis | Yes | Iohexol |
| Abdomen, pelvis | Suspected or known malignancy workup | I+/O+ abdomen, pelvis | Yes | Iohexol |
| Abdomen, pelvis | Flank pain | I-/O- abdomen, pelvis (stone protocol) | No | No |
| Abdomen, pelvis | Suspected pancreatic mass, jaundice, chronic pancreatitis | I+/O+ dual-phase* abdomen, pelvis | Yes | Yes (water) |
| Urogram | Hematuria or hydronephrosis (typically painless) | I+/O+ three-phase abdomen, pelvis (urogram ^b) | Yes | Yes (water) |
| Enterography | Inflammatory bowel disease | I+/O+ abdomen, pelvis | Yes | Yes (neutral agent) |

Note—CT neck, chest, abdomen, pelvis and CT chest, abdomen, pelvis are included because protocols for these multipart examinations are assigned by the abdominal division. I+ = with IV contrast administration, I- = without IV contrast administration, O+ = with oral contrast administration, O- = without oral contrast administration.

*Dual-phase imaging is 45-second delay for abdomen followed by 70-second delay for abdomen and pelvis.

^bUrogram is unenhanced for abdomen and pelvis, 100-second delay for abdomen, and 15-minute delay for abdomen and pelvis.

800,000 imaging exams per year

- › 5000 CT exams in 15-week study
- › 1650 by technologists in
- › 5 hours of CT technologist time per week
- › <0.2% error rate (3/1650)
- › Radiologist protocoling responsibilities decreased by ~25-35%



Technologist Productivity and Accuracy in Assigning Protocols for Abdominal CT and MRI Examinations at an Academic Medical Center: Implications for Physician Workload

Daniel I. Glazer¹
David P. Alper²
Leslie K. Lee¹
Rose L. Wach³
Stuart M. Hooton³
Giles W. Boland¹
Ramin Khorasani^{1,2}

OBJECTIVE. The purpose of this study was to evaluate the technologist productivity and accuracy in assigning protocols for abdominal CT and MRI examinations compared with a standard work flow whereby protocols are assigned by physicians.

MATERIALS AND METHODS. In this quality improvement project at a large academic medical center, two CT technologists and two MRI technologists assigned protocols for examinations during a 15-week study period. The primary outcome measure was mean number of protocols assigned by technologists per hour. Secondary outcome measures were proportion of examinations with protocols assigned by technologists and rate of filing of qual-

radiologists. The number of unique CT and MRI protocols far exceeds the number of unique CT and MRI orders that can be placed in the EHR. Ideally, we attempt to assign protocols for imaging studies 1 week in advance. In practice, there are frequently same-day additions or incomplete protocols, requiring technologists to call the reading room for generation of a study protocol.

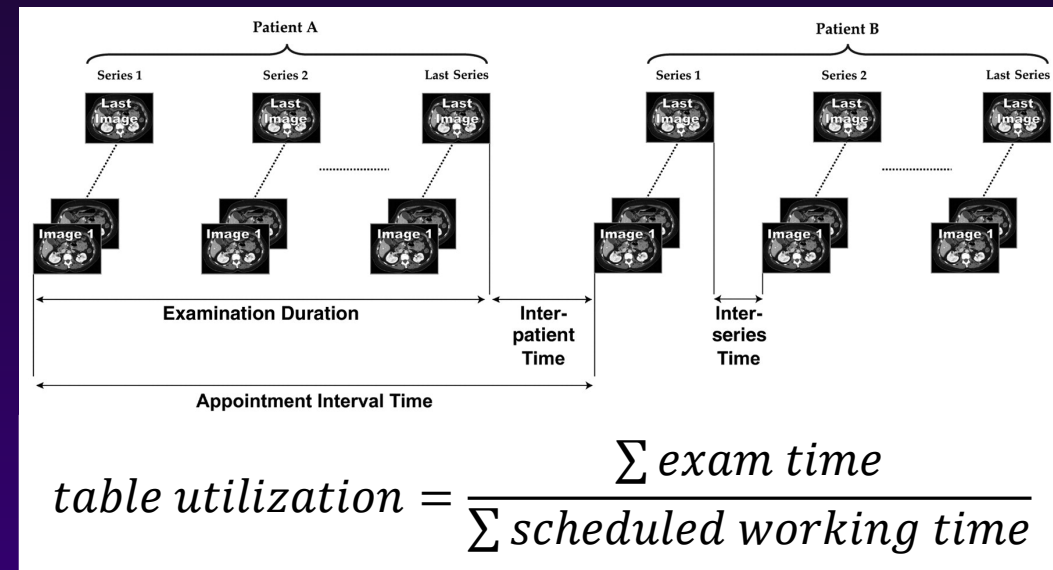
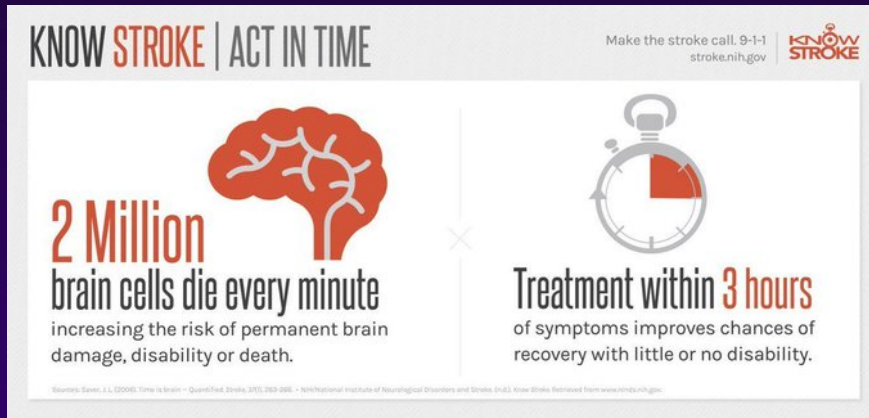
Timeliness analytics

DEPARTMENT OF RADIOLOGY
UNIVERSITY *of* WASHINGTON



The challenge

- *Efficiency* is essential
 - › For emergent patients, imaging efficiency directly impacts patient outcomes
 - › For routine imaging, reducing exam blocks can impact volumes immensely (\$\$)



Hu, Pavlicek, Liu *et al.* Radiographics 2011 31(2).

- What contributes to high- or low-efficiency operations?



Where can we increase efficiency?

Before scanning

- Scanner prep
- Open exam and prepare protocol
- Contrast prep
- Patient arrival, escort to scan room
- Patient positioning and discuss exam

During scanning

- Coach patient
- Prescribe scans, adjust parameters
- Perform scans
- Reformats
- Contrast delivery

Before next patient

- Finish recons & reformats at scanner
- End patient exam
 - On scanner
 - On schedule
- Escort patient out
- Clean up

Before interpretation

- Networking
- Post-processing



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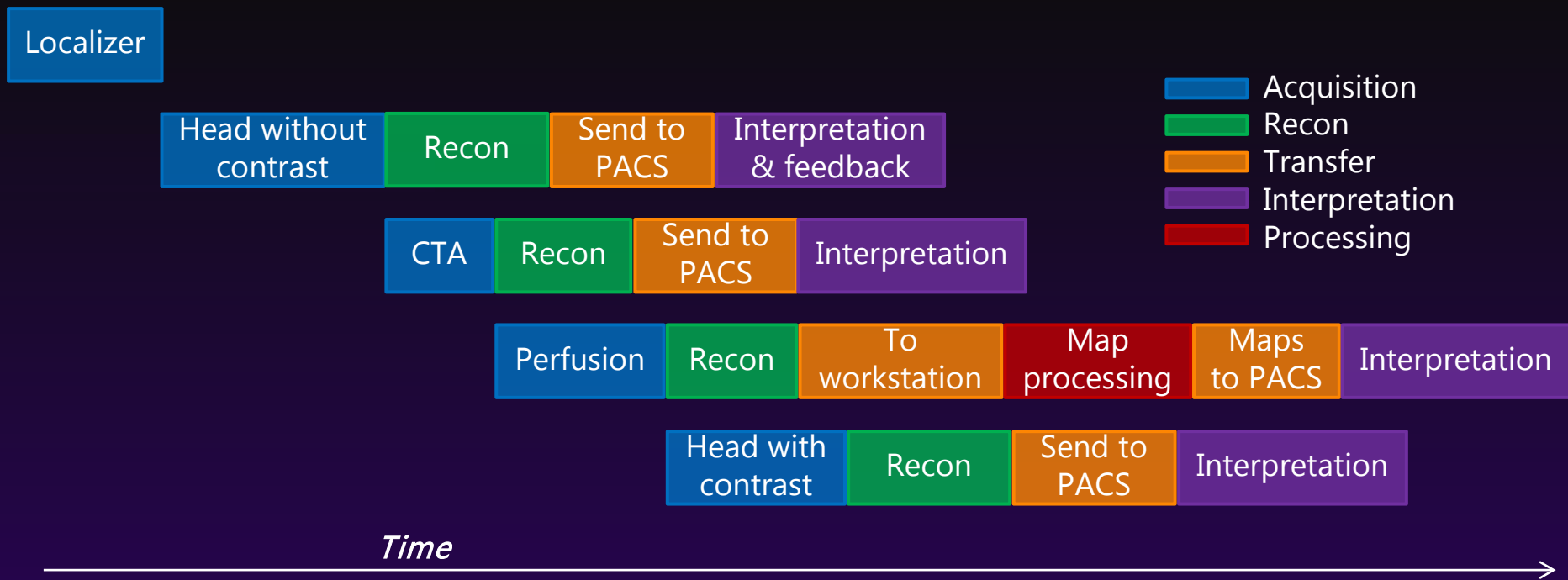
Before interpretation

- Networking
- Post-processing

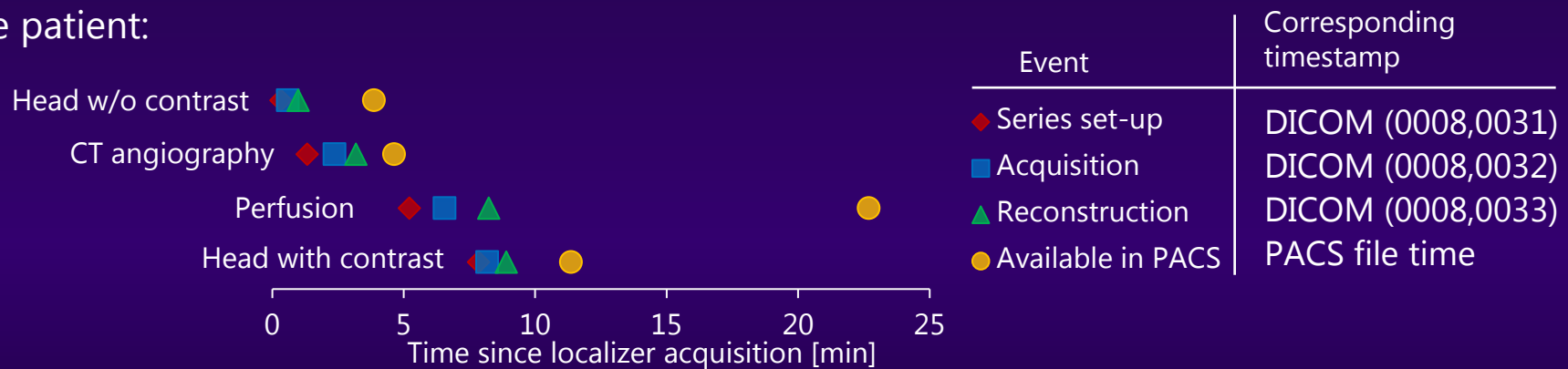
| Workflow step | Digital record (i.e., "digital footprint") |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Marks a study as reviewed in PACS | PACS system database |
| Image creation time | DICOM tag 0008,0033 (image pixel data creation time or waveform formation time) |
| Networking time (i.e., time point when a scanner or technologist transmits and image from the imaging device to another processing step or to a physician for interpretation) | Not a standard DICOM tag. Can be stored by object storage technologies (i.e., hyper-converged infrastructures), can be interrogated from PACS/VNA database system file creation time, can be obtained from an interface engine that stores file transfer times (e.g., Mirth, Nextgen Healthcare, Irvine, CA) |

| Workflow step | Digital record (i.e., "digital footprint") |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Medicine Administration Record data entry | EHR (medication administration record) |
| End patient exam on scanner | Possible to obtain this from scanner system logs or on modalities that print exam summaries, the end exam time will correspond to the image creation time of the summary DICOM object (e.g., dose screen save or SR dose object in CT) |
| End patient exam on schedule | RIS |



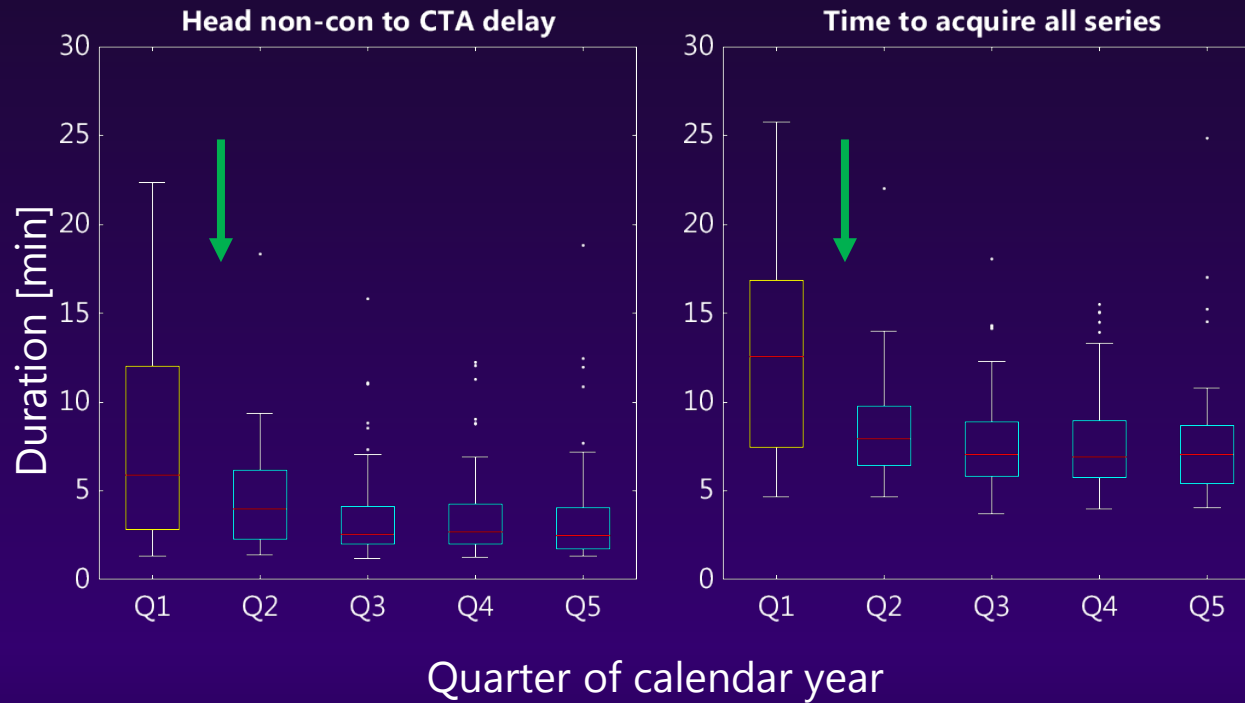


Single patient:



Measured impact of workflow change

↓ Protocol change: Proceed directly to CTA after head non-con without waiting for further instruction from attending neurologist after hemorrhage exclusion



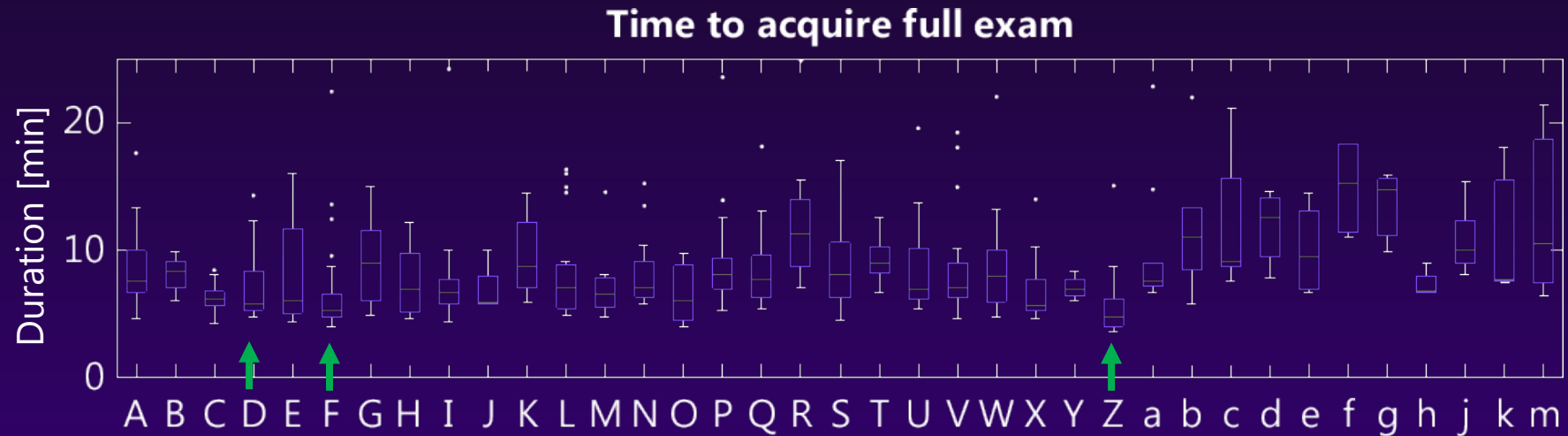
$p < 0.001$ Kruskal-Wallis
one-way ANOVA

Median time to acquire
reduced from 12 to 7.5
min



Measured impact of technologist variability

- Striking variability between technologists
 - › Median time to acquire full exam: **4.75-15.28** minutes ($p < 0.001$)
 - › Median time to PACS: 15.4-51.8 minutes ($p < 0.001$)



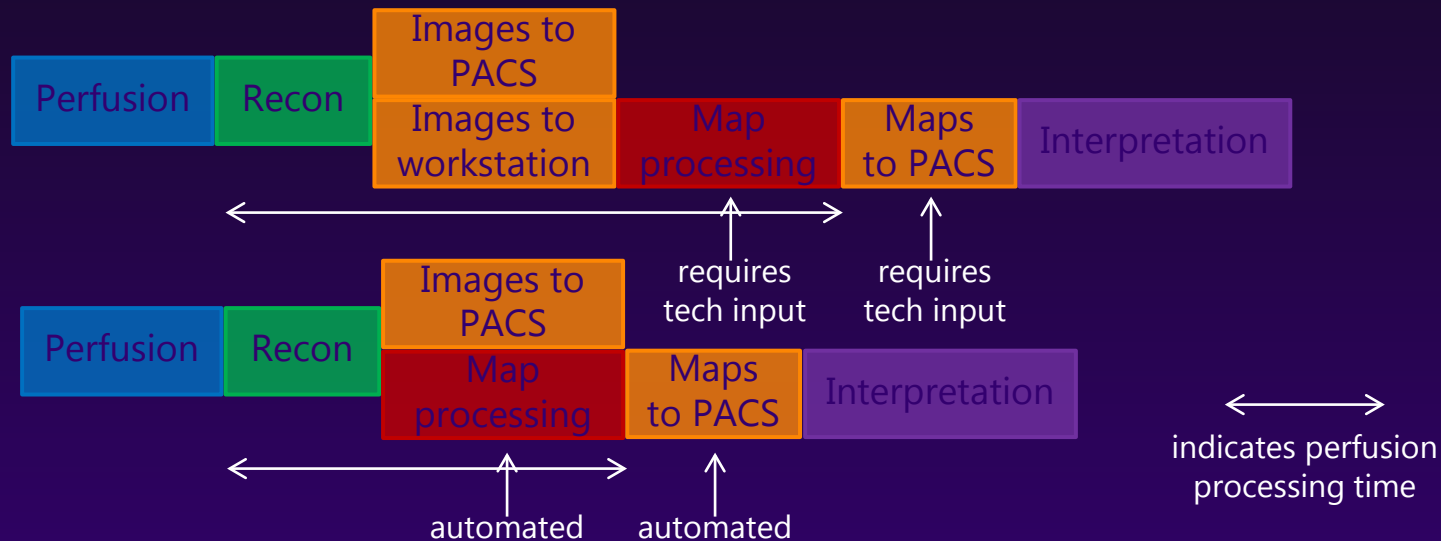
↑ Fastest techs

$p < 0.001$ Kruskal-Wallis
one-way ANOVA



Other measured impacts

- Purchase of processing software with streamlined workflow: reduced time from perfusion acquisition to maps in PACS by **6 min**



- Comparison between 4 scanners used for acute stroke cases (at 2 sites):
1 site took
 - 37% longer** to acquire acute stroke exams (2.5 min)
 - 35% longer** for full exam to be available in PACS (7.7 min)



Impact

