An imaging physicist's perspective: Volunteering in underserved regions

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Physics efforts



Puebla, Mexico





Physics efforts



- Grenada
 - Grenada General Hospital
 - Princess Alice Hospital
 - Spice Isle Imaging Center
 - St. Augustine's Medical Services





General Hospital



- Available equipment
 - GE Proteus (x-ray)
 - GE Precision (RF)
 - Mammography
 - Konica CR reader
 - Film processor
- Radiation safety
 - Mirion Instadose
- Biomedical Engineering
- New construction





Princess Alice



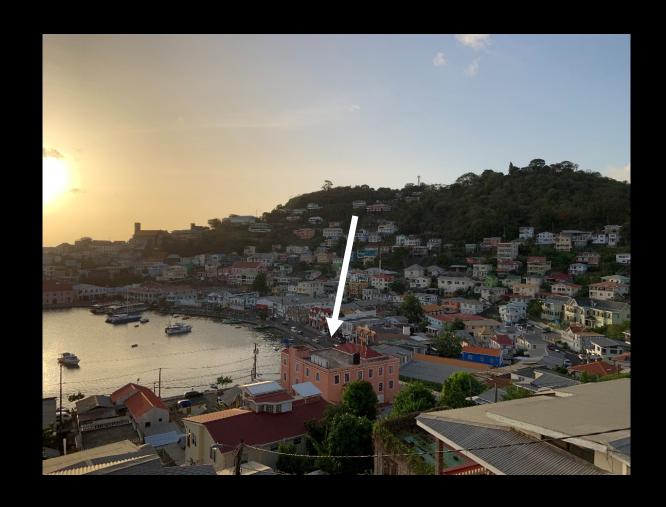
- Available equipment
 - GE XR 6000 (x-ray)
 - Agfa CR 15-X reader



Spice Isle Imaging Center



- Available equipment
 - Philips Optimus
 - Fuji ClearView CR reader
 - GE Senographe 800
 - GE Lightspeed 16
 - GE Signa Profile 0.2 T MRI
- Radiation safety
 - Mirion Instadose
- Biomedical Engineering





St. Augustine's Medical Services



- Available equipment
 - Fischer DR retrofit
 - Toshiba Aquillion 64 CT





Physics efforts



- Morocco
 - University Mohammed V Ibn Sina Hospital
 - Medical caravan



Main hospital in Rabat



- Emergency Department
 - 3 CR x-ray systems
 - Siemens CT
 - MRI
 - US





Medical caravans



- DR x-ray system
- Dental x-ray
- US (on loan from main hospital)



Challenges



- Functionality of equipment
- Radiation safety concerns
- Limited resources



Broken equipment











General Hospital



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Main hospital in Rabat



- Emergency Department
 - -3 2 CR x-ray systems
 - Siemens CT
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Artifacts



- Improper film processing
- Waiting for recalibration for over a month
- Mammography compression paddle deflection was well above limit
- Light field to x-ray field misalignment









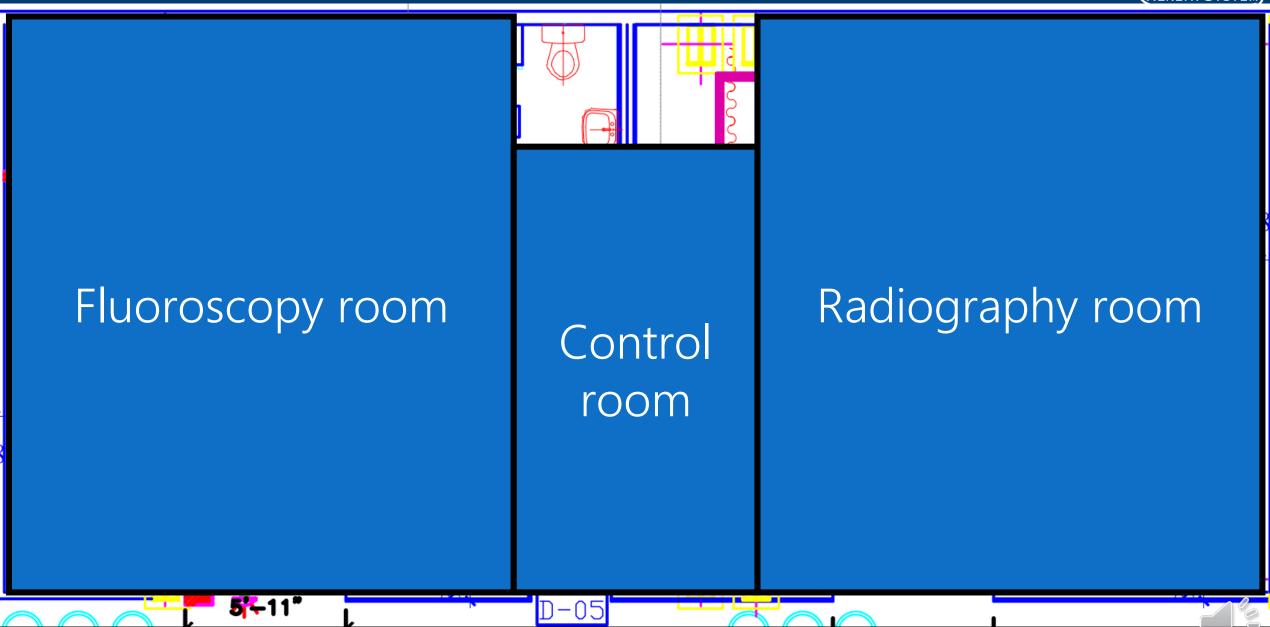
Challenges



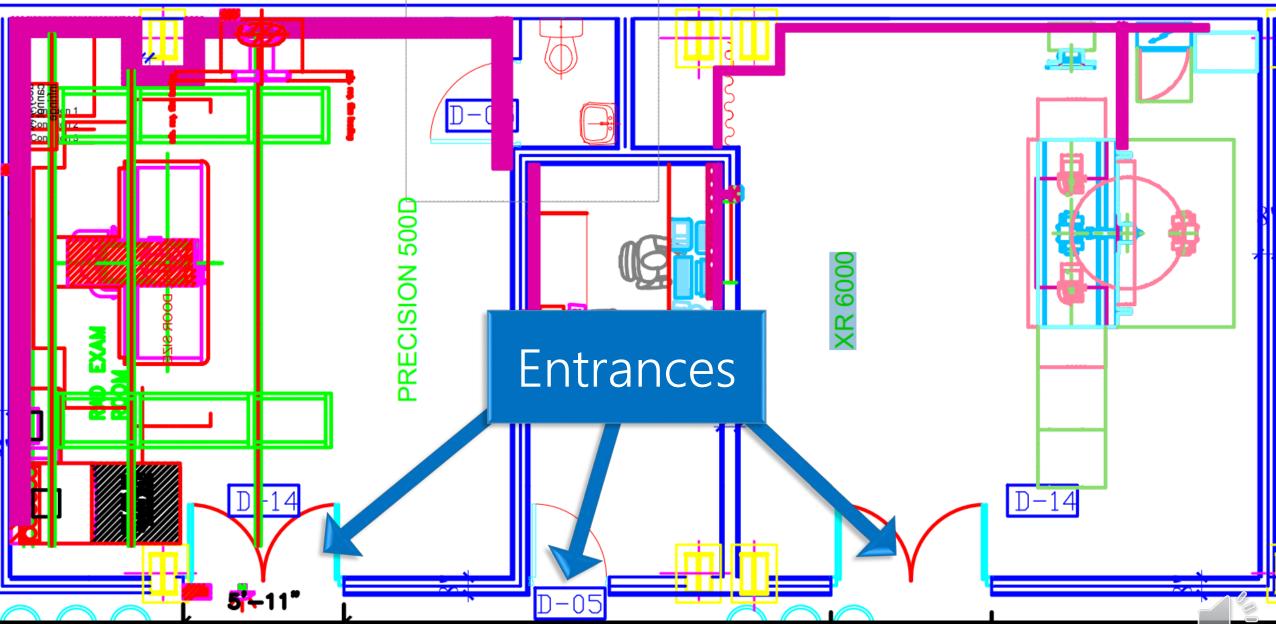
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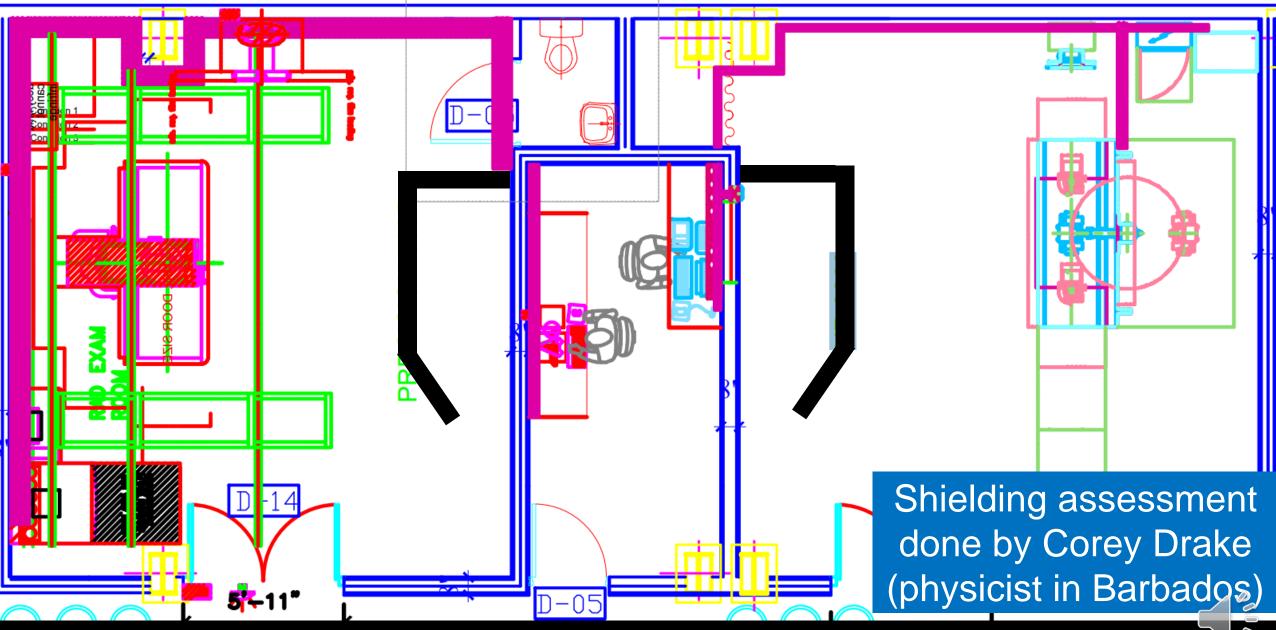




















Control room







Control room



CT room







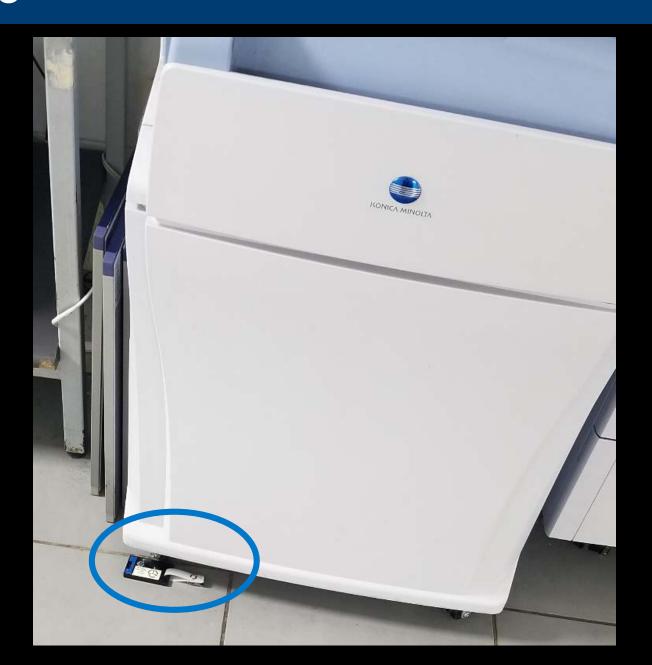






Dosimeter use



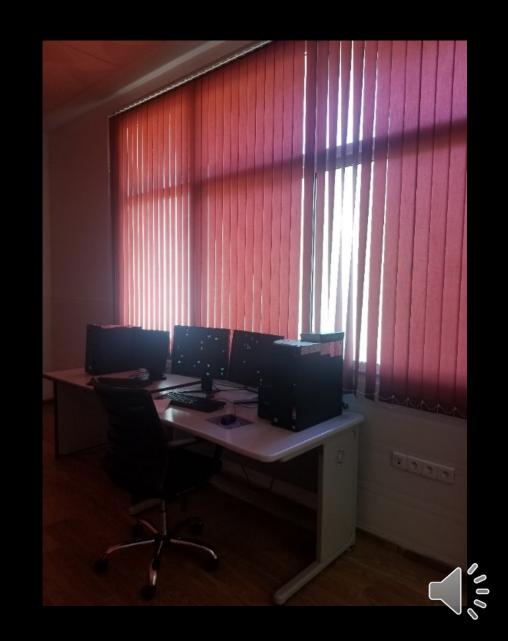




Other environmental concerns



- Illuminance in reading rooms and luminance from viewboxes in Puebla
- Ambient lighting in Morocco



Challenges



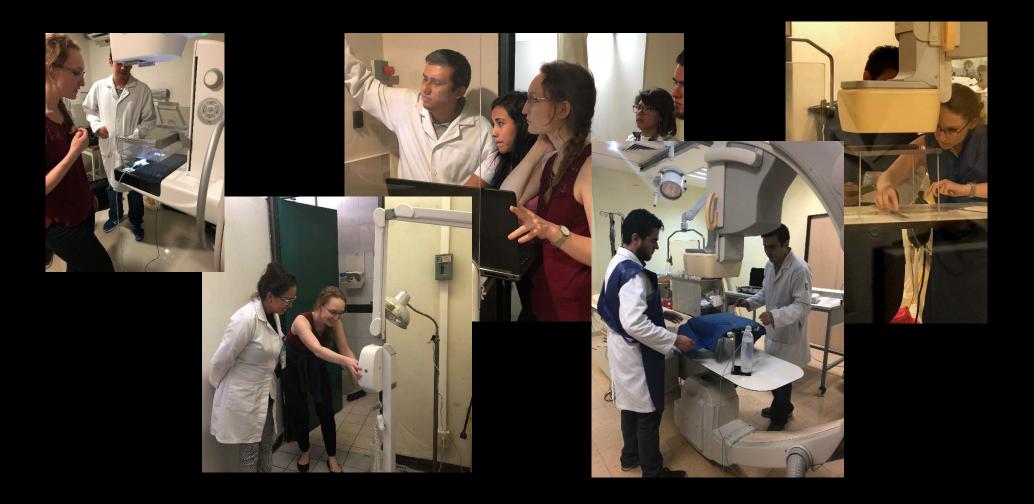
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Equipment testing



 June 2018: Tested doses on radiography, mammography, dental, CT, fluoroscopy





Physics equipment



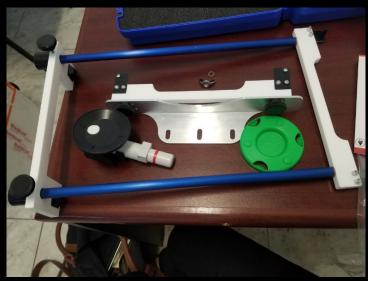














Training



- Same techniques used for every patient in Morocco and Puebla
- No collimation used in wall Bucky exposures
- Some techs don't collimate in Grenada



Lack of trained personnel



- Pediatric and adult head CTDI
- Establish diagnostic reference levels
- Repeat/reject rates
- Patient dosimetry
- Variable dose reporting in CT



Summary



- Success requires fostering ongoing relationships with sites and site personnel
- Progress requires diverse mix of physicists
 - Educational backgrounds
 - Experience
 - Race, ethnicity, culture
- Improvements are incremental
- Approach to issues is different than our normal practice
- Pandemic has shifted focus to remote learning



Acknowledgments



- Tim Blackburn
- Ashley Rubinstein











