



## Engaging MR and RT physicists in implementation, operation, and optimization of pediatric MR simulation

Jinsoo Uh, PhD

Department of Radiation Oncology,  
St. Jude Children's Research Hospital, Memphis, TN

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### Disclosure

- I have no relevant financial relationships to disclose.
- Our current MRI simulators are from Philips Healthcare, but I intended to make the presentation vendor-neutral as much as possible.

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### Learning objective

Learn how to synergize team efforts in implementing, operating, and optimizing MR simulation for children and adolescents.

After this presentation, you can tell:

- Differences between MR simulation and diagnostic MRI
- Unique needs in pediatric MR simulation
- Limitations of current techniques and potential solutions
- How RT physicists may engage MR physicists

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## Outline

- **Background**
  - Radiation Oncology at St Jude
  - Significance of MR simulator in pediatric RT
- **Implementation**
  - Site planning, selection of MR system
  - Acceptance test, establishing periodic QA
  - Staff training
- **Operation**
  - MR safety
  - Patient setup
  - Motion management
- **Optimization**
  - Ongoing unmet needs
  - Recent developments

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## St. Jude Children's Research Hospital, Memphis, TN



- NCI-designated comprehensive cancer center devoted to children
- 5,000 employees
- 8,600 pediatric patients annually
- Brain tumor, leukemia, lymphoma, solid tumors, sickle cell disease, infectious diseases

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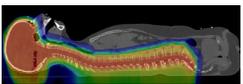
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## Radiation Oncology at St Jude

- 3-room scanning beam proton therapy since 2015
- Photon therapy linear accelerator
- MRI (1.5T and 3T), spectral CT, PET/CT, CBCT
- Patient age: 3 months – 30s
- 1/3 patients requires anesthesia (typically < 8 years old)
- Cranial, abdominal, and pelvic tumors are most common
- Multiple treatment phases with boost planning and on-treatment imaging





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### Dedicated MRI simulators 2004 – present

		
<b>2004-2012</b> Philips 0.23T Panorama	<b>2012-2016</b> Scimedix 1.5T SM160	<b>2016-present</b> Philips 3T and 1.5T Ingenia MR-RT
Open MRI Resistive magnet	60-cm closed bore Flat tabletop with coil elements	70-cm wide bore

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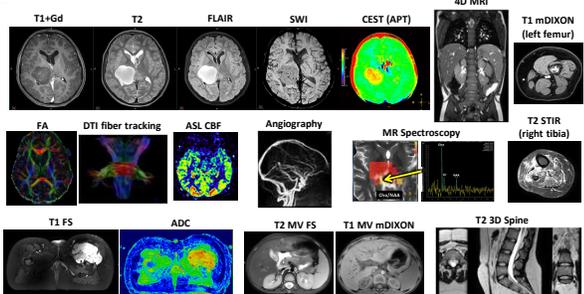
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### Images acquired by our MRI simulators



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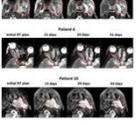
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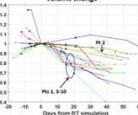
### On-treatment MRI for adaptive RT

**Clinical Investigation**  
**Adaptive Proton Therapy for Pediatric Patients: Improving the Quality of the Delivered Plan With On-Treatment MRI**  
 Sahaja Acharya, MD, Chuang Wang, PhD, Sophia Quesada, BS, Melissa A. Gargano, MS, Ozgur Atas, PhD, Jessica Ma, PhD, Matthew J. Krashinsky, MD, Thomas E. Merchant, DO, PhD, and Chia-Bo Hsu, PhD  
 Department of Radiation Oncology, St. Jude Children's Research Hospital, Memphis, Tennessee  
 Received April 12, 2020; accepted for publication Aug 6, 2020

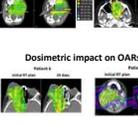
**Longitudinal tumor changes**



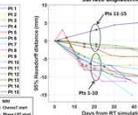
**Volume change**



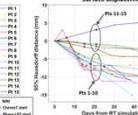
**Dosimetric impact on target coverage**



**Dosimetric impact on OARs**



**Surface displacement**



Acharya et al., *Int J Radiat Oncol Biol Phys*, 109:242, 2021

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## Safety considerations for pediatric MR simulation

- Crossing safety zones
  - Doors should be kept closed until the patient is ready.
  - Careful screening with multiple types of metal detectors.
- Patients with implants
  - Restrict SAR/PNS according to manufacturer specifications.
- Secure fitting of earplug and headset



Ferroous metal detector in Zone II



Door from Zone III to Zone IV



Hand-held metal detector

FDA labelling scheme



Operating mode	Explanation	Safety measures	SAR limits	Gradient output
Level 0 (Normal)	No physiological stress factors are expected.	• Routine patient observation	• Whole body < 2 W/kg • Head < 3.2 W/kg	< 80% of the mass threshold level
Level I (First level controlled)	MRI scanning may cause physiological stress.	• Patient monitoring with medical expertise • Particular caution for patient at risk	• Whole body < 2 W/kg and < 4 W/kg • Head < 3.2 W/kg	> 80% and < 100% of the mass threshold level
Level II (Second level controlled)	This operating mode is not workable.	The system is limited to reach Level II.	• Whole body < 4 W/kg • Head < 3.2 W/kg	> 100% of the mass threshold level

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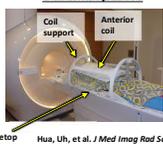
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## Patient setup and coil configurations

### Brain\*



### Abdomen/Pelvis



Hua, Uh, et al. *J Med Imag Rad Sci* 49:153 (2018)

\* Dedicated head coils (15 or 32 channels) are optionally used for on-treatment imaging when registration to CT is of less concern.

### Extremities

- Various combinations of anterior and loop coils depending on anatomy, FOV, and immobilization devices

### Head & neck

- Loop coil with anterior coil

### Spine

- Cervical: loop coil
- Thoracic, lumbar: posterior coil (imbedded in patient table)
- Anterior coil is mostly added to boost signal

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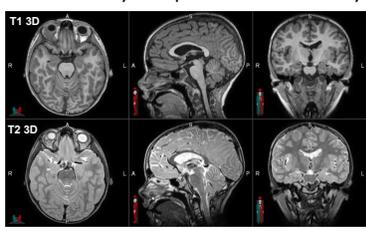
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## Cranial images with RT coil configuration\*

6-year-old patient with orbital rhabdomyosarcoma



T1 3D



ADC  
b0

Resolution: 1 x 1 x 2 mm<sup>3</sup>      Resolution: 2 x 2 x 3.5 mm<sup>3</sup>

\*EPI-based fast imaging (DTI, fMRI, ASL, DSC) and spectroscopic imaging (MRS, CEST) are not feasible with the RT coil configuration.      Unpublished data

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**Pelvic images with RT coil configuration**

12-year-old patient with Ewing's sarcoma

RT simulation on flat tabletop

T1 3D FS

T2 3D FS

Diagnostic imaging on curved tabletop

T1 2D FS

T2 2D FS

Unpublished data

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**Motion management (voluntary) without anesthesia**

- Immobilization devices (thermoplastic mask, head cushion, vacuum bag)
- Familiarize patients with MRI scan environments: mock scanner, MR sound clip, decorating thermo mask
- Instruction via microphone between scans
- Measures to relieve stress: music, video, audiobook, stress ball, weighted blanket
- Child life support

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**Motion management (involuntary)**

<ul style="list-style-type: none"> <li>• Managed motion           <ul style="list-style-type: none"> <li>○ Respiratory</li> <li>○ Cardiac</li> </ul> </li> <li>• Type of acquisition control           <ul style="list-style-type: none"> <li>○ Triggering</li> <li>○ Gating</li> </ul> </li> <li>• Surrogate signal           <ul style="list-style-type: none"> <li>○ External               <ul style="list-style-type: none"> <li>▪ Bellows pressure sensor</li> <li>▪ Video-based tracking (e.g., RPM)</li> <li>▪ Spirometry</li> <li>▪ EKG, pulse oximeter</li> </ul> </li> <li>○ Internal               <ul style="list-style-type: none"> <li>▪ Navigator RF pulse</li> <li>▪ Self-navigator:                   <ul style="list-style-type: none"> <li>- Central spoke of radial k-lines</li> <li>- Principal component analysis</li> <li>- Mutual information</li> </ul> </li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Imaging technique           <ul style="list-style-type: none"> <li>○ Radial imaging               <ul style="list-style-type: none"> <li>▪ PROPELLER/BLADE/MultiVane</li> </ul> </li> <li>○ Fast imaging               <ul style="list-style-type: none"> <li>▪ TSE/EPI, parallel imaging, partial Fourier</li> <li>▪ Compressed sensing</li> <li>▪ Simultaneous multi-slice excitation</li> </ul> </li> </ul> </li> </ul>
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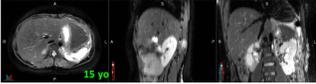
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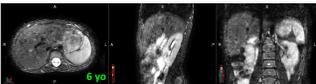
### Radial imaging for motion suppression

T2 2D FS radial imaging without triggering/gating\*



15 yo

T2 3D FS without any motion suppression

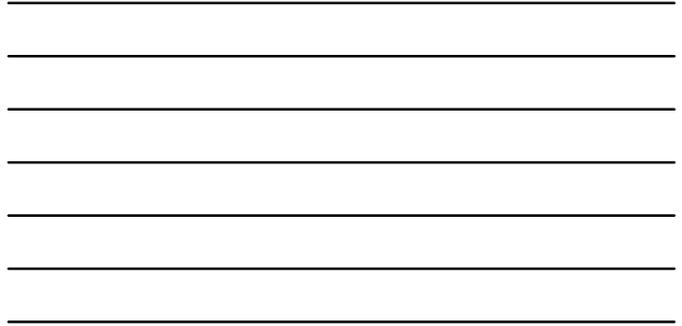


6 yo

\*Can be combined with triggering/gating for further improvement.

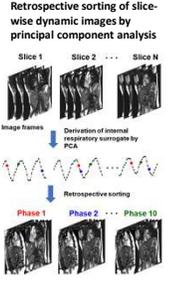
Unpublished data

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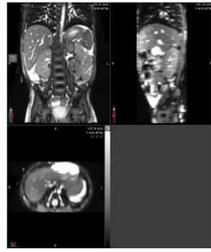


### Respiratory-correlated 4D MRI

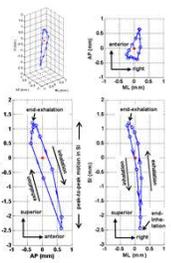
Retrospective sorting of slice-wise dynamic images by principal component analysis



4-year-old patient with rhabdomyosarcoma



Voxel-wise motion trajectory



Uh et al., Phys Med Biol, 61:7812, 2016; Uh et al., Int J Radiat Oncol Biol Phys, 99:227, 2017

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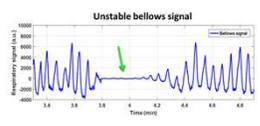
### Challenges in pediatric 4D MRI

- Irregular and asymmetric motion
- Variations in breathing rate and extent of motion
- Anesthesia effect
- Unstable external surrogate signal because of loose bellows belt or shallow breathing

Peak-to-peak organ motion in pediatric patients

Phase	Age (years)	Rate (mm/s)	CCM	CCM	CCM	CCM	CCM
1	2	252	1.5	1.8	1.2	1.2	1.2
2	2	402	0.8	0.6	0.6	0.6	1.2
3	3	432	0.6	0.6	0.6	0.6	1.2
4	3	360	3.4	1.5	1.5	1.5	2.6
5	3	257	2.2	2.6	1.6	1.2	1.2
6	3	251	1.8	2.0	1.0	1.2	1.2
7	3	257	2.7	1.8	0.9	1.2	1.2
8	3	244	1.7	2.0	0.9	1.2	1.2
9	4	290	1.7	1.6	2.8	1.2	1.2
10	4	215	6.2	2.0	1.6	1.2	1.2
11	4	245	2.2	3.2	1.4	1.2	1.2
12	5	313	2.1	1.7	1.1	1.2	1.2
13	5	170	0.9	4.2	1.6	1.2	1.2
14	5	181	4.9	3.6	2.5	1.2	1.2
15	5	244	4.1	1.8	1.0	1.2	1.2
16	5	265	0.9	0.5	4.0	1.2	1.2
17	5	192	0.8	1.5	3.0	1.2	1.2
18	5	215	10.2	11.2	6.0	1.2	1.2
19	5	261	1.8	1.8	0.6	1.2	1.2
20	5	190	7.7	3.0	4.4	1.2	1.2
21	5	215	7.2	2.6	4.0	1.2	1.2
22	5	213	3.8	6.1	2.8	1.2	1.2
23	5	216	5.1	1.8	4.0	1.2	1.2
24	5	249	2.9	2.9	2.9	1.2	1.2
25	5	261	7.9	1.5	0.9	1.2	1.2
26	5	218	2.5	3.4	7.2	1.2	1.2
27	5	223	0.8	6.1	5.3	1.2	1.2
28	5	177	0.5	0.1	7.2	1.2	1.2
29	5	180	0.9	0.5	3.7	1.2	1.2
30	5	140	2.5	0.9	2.8	1.2	1.2
31	5	172	7.9	3.0	0.8	1.2	1.2
32	5	193	11.5	4.0	2.8	1.2	1.2

Uh et al., AAPM, 2019



Uh et al., Int J Radiat Oncol Biol Phys, 99:227, 2017

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**Outline**

- Background
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  - Significance of MR simulation in pediatric RT
- Implementation
  - Site planning, selection of MR system
  - Acceptance test, establishing periodic QA
  - Staff training
- Operation
  - MR safety
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  - Motion management
- Optimization
  - Ongoing unmet needs
  - Recent developments

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**Ongoing unmet needs**

- Geometric fidelity with a large FOV
- Accelerated acquisition  
→ beneficial for motion management, reducing anesthesia, simpler workflow
- Physiological imaging (diffusion/perfusion, spectroscopy) in a high resolution without severe distortion and motion artifacts
- Metallic artifact reduction
- MR-only simulation

with RT coil configurations!

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**Moving table MRI – stitching image volumes at different table positions**

T1 3D radial imaging

with a single table position

17yo

35 cm

Distortion and nonuniformity

with two different table positions

8yo

Image discontinuity at the junction of 2 volumes

Unpublished data

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### Fast imaging to reduce scan time

IEEE TRANSACTIONS ON MEDICAL IMAGING, VOL. 40, NO. 9, SEPTEMBER 2021

## Results of the 2020 fastMRI Challenge for Machine Learning MR Image Reconstruction

4-fold acceleration by deep learning models

Matthew J. Muckley<sup>1</sup>, Member, IEEE, Bruno B. Biernacki<sup>1</sup>, Alireza Radmanesh<sup>1</sup>, Sunwoo Kim<sup>2</sup>, Member, IEEE, Geunso Jeong<sup>3</sup>, Jingyu Ko, Yohan Jun<sup>4</sup>, Hyungsob Shin, Daik Hwang<sup>5</sup>, Mahrooz Mollaei, Simon Arlt<sup>6</sup>, Darrick Nishel, Zacharie Ramo<sup>7</sup>, Student Member, IEEE, Philippe Clovis, Senior Member, IEEE, Jean-Luc Starck<sup>8</sup>, Jonas Teuwen, Dimitris Karakoulas<sup>9</sup>, Chaoqing Zhang<sup>10</sup>, Anuroop Sriram, Zhengnan Huang, Nadiaa Yakubova, Yoonse W. Lee, and Florian Knoll<sup>1</sup>, Member, IEEE

TABLE II  
FINALIST MODEL PROPERTIES

Team	# Params	Init.	Coil Meth.	GPUs	Tr. Time
AIRS	200 M	GRAPPA	ESPIRiT	4 (V100)	7 days
ATB	21 M	Zero-Filled	U-Net	8 (TITAN)	10 days
MRR	16 M	Zero-Filled	ESPIRiT	1 (V100)	14 days
Nspin	155 M	Zero-Filled	U-Net	1 (V100)	7 days
Res	841 k	ESPIRiT	U-Net	4 (RTX 3000)	21 days

Muckley et al., IEEE Trans Med Imaging, 40:2306, 2021

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### Metal artifact reduction

- Adjusting imaging parameters
  - Turbo spin echo without parallel imaging and uniformity correction
  - High BW, high resolution, thin slice, short TE, signal averaging, etc.
- View angle tilting (VAT)
  - An extra gradient is applied with the readout gradient to compensate off-resonances in a tilted view.
- Slice encoding for metal artifact correction (SEMAC)
  - Multi-spectral sequence to acquire additional off-resonance data (z-encodings)
  - Limited to 2D spin echo
  - Longer scan time, increased SAR

2-year-old patient with ependymoma who underwent a VP shunt placement

T2 3D

T2 2D with SEMAC and VAT

Unpublished data

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### Alternative posterior receiver coil designs

Flat tabletop with imbedded coil elements

Technical Note: A custom-designed flexible MR coil array for spine radiotherapy treatment planning

Vedrana Tyagi<sup>1</sup>  
Department of Medical Physics, Memorial Sloan-Kettering Cancer Center, New York, NY 10065, USA

A

B

Right-Left      Inferior-Superior

Tyagi et al., Med Phys, 47:3143, 2020

Unpublished data

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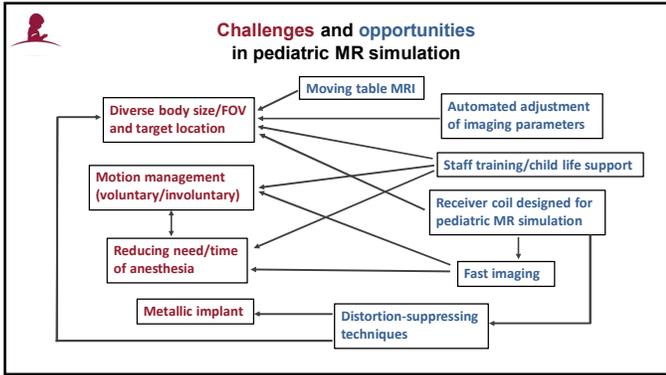
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- ### Engaging MR and RT physicists in pediatric RT simulation
- What MR physicists should know – geometric requirements for RT sim
    - Patient in treatment position
    - A large field-of-view
    - Isotropic resolution
    - Tolerance of distortion
  - Where diagnostic MR physicists may contribute
    - Identifying most suitable imaging techniques
    - Optimizing imaging parameters
    - Training staff in operation and QA
    - Implementing new developments
  - What RT physicists should know – capabilities and limitations of MRI
    - Limited image coverage
    - Weak signal → deliberate use of coils
    - Trade-off between quality and time
    - Everything depends on specific sequence
  - Engaging diagnostic MR physicists in RT simulation
    - Inter-departmental seminar
    - Let MR physicists shadow RT staff
    - Discussion on common needs

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- ### Acknowledgement
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| <p><b>St. Jude Children's Research Hospital</b></p> <p><i>Radiation Oncology</i></p> <ul style="list-style-type: none"> <li>• Thomas E. Merchant, DO, PhD</li> <li>• Matthew J. Krasin, MD</li> <li>• John T. Lucas Jr., MS, MD</li> <li>• Christopher Tinkle, MD, PhD</li> <li>• Sahaja Acharya, MD</li> <li>• Maria Carlson, MSN</li> <li>• Li Zhao, PhD</li> <li>• Yuting Li, PhD</li> <li>• Hanna Smith, Olivia Huling, and all therapists</li> </ul> <p><i>Diagnostic Imaging</i></p> <ul style="list-style-type: none"> <li>• Robert Ogg, PhD</li> <li>• M Ayaz Khan, PhD</li> <li>• Matt Scoggins, PhD</li> <li>• Pat Hanby</li> </ul> | <ul style="list-style-type: none"> <li>• Chia-ho Hua, PhD</li> <li>• Austin Fought, PhD</li> <li>• Ozgur Ates, PhD</li> <li>• Yue Yan, PhD</li> <li>• Chuang Wang, PhD</li> <li>• Jared Becksfort, PhD</li> <li>• Fakhriddin Pirlepsov, PhD</li> <li>• Shahad Al-Ward</li> <li>• Fang Xie</li> <li>• David Sobczak</li> </ul> <p><i>Biostatistics</i></p> <ul style="list-style-type: none"> <li>• Yimei Li, PhD</li> </ul> <p>Financial support from ALSAC</p> | <p><b>Philips Healthcare</b></p> <ul style="list-style-type: none"> <li>• Lizette Warner, PhD</li> <li>• Mo Kadbi, PhD</li> <li>• David Brazzle</li> <li>• Gregory Thomas</li> <li>• Joseph Entekin</li> <li>• Jerry Wyner</li> <li>• Trey White</li> <li>• David Reese</li> <li>• Alex Dresner, PhD</li> </ul> <p><b>SciMedix, Inc.</b></p> <ul style="list-style-type: none"> <li>• Henry Jang</li> <li>• Hyun Min Lee</li> </ul> <p><b>Memorial Sloan Kettering Cancer Center</b></p> <ul style="list-style-type: none"> <li>• Neelam Tyagi, PhD</li> </ul> |
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