

Definitions

- **LGBTQIA+:** Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual/Agender, etc.
- **Ally:** decision makers, leaders and supporters who are not part of our community but show up nonetheless
- **Bisexual:** One who is attracted to genders both like their own and different from their own
- **Cisgender:** when one's gender matches their gender assigned at birth
- **Gender Diverse:** Umbrella term that is used to describe gender identities that demonstrate a diversity of expression beyond the binary framework
- **Heterosexual:** One who is only attracted to the gender "opposite" to their own
- **Lesbian:** A woman who is attracted only to other women; also known as women who love women
- **Non-Binary:** a gender identity that does not conform to the gender binary of male or female
- **SGM:** Sexual and Gender Minority
- **SOGI:** Sexual Orientation and Gender Identity
- **Transgender:** When one's gender does not match their gender assigned at birth
- **TGD:** Transgender and/or Gender Diverse

Resources

Electronic Handout*

*This is not a complete list of all available resources, just ones that we thought would be beneficial to include. We urge you to use these suggestions as a springboard to launch yourself into furthering your education, and maybe even inspire you to help create more resources.

Websites:

❖ **CDC's Lesbian, Gay, Bisexual and Transgender Health Home Page**

- Information hub for information specific to the different identities within the LGBTQIA+ umbrella including youth specific, broad data and statistics and resources
- <https://www.cdc.gov/lgbthealth/index.htm>

❖ **Johns Hopkins' Office of Diversity, Inclusion and Health Equity**

- LGBTQ resources for patients, families, students, staff and faculty available through Johns Hopkins
- <https://www.hopkinsmedicine.org/diversity/resources/lgbtq-resources.html>

❖ **National LGBT Cancer Network**

- A national network working to improve the lives of LGBT cancer survivors and those at risk via risk education for the community, training for health care providers, and advocacy for survivors
- <https://cancer-network.org/>

National
LGBT
Cancer
Network

Taken from Google Images

❖ **National LGBTQIA+ Health Education Center: A Program of the Fenway Institute**

- Education center that aims to advance health equity, address and eliminate health disparities, increase access to cost-effective health care options, and improve quality of care for the LGBTQIA+ community via training and technical assistance to health care providers and staff
- <https://www.lgbtqiahealtheducation.org/>

❖ **Project Implicit**

- Test your Implicit Bias on Social Attitudes and Health Related Topics
- <https://implicit.harvard.edu/implicit/>

❖ **The Pride Study**

- The first large-scale, long-term national health study of LGBTQ+ populations to provide vital insights on health and wellbeing of the community

 **THE
PRIDE
STUDY**
YOUR STORY. YOUR HEALTH
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Project Implicit®
Taken from Google Images

- www.pridestudy.org

❖ **Transhealth Northampton**

- A trans-lead organization serving trans and gender-diverse kids, adults and families—hosts a comprehensive resource databank for clinicians, patients, and caregivers
- www.transhealth.org

❖ **GLMA: Health Professionals Advancing LGBTQ Equality**



- A national organization committed to ensuring health equity for LGBTQ and SGM people, including a Provider Directory (*Your clinic could join!*), as well as resources for patients, providers, and care givers.
- www.glma.org

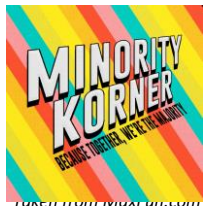
❖ **American Medical Association: Creating an LGBQ-friendly practice**

- Advice and further resources for providing a welcoming and visually affirming environment
- <https://www.ama-assn.org/delivering-care/population-care/creating-lgbtq-friendly-practice>

Podcasts:

❖ **Minority Korner**

- Hosted by James Arthur M.
- An introspective look at pop-culture, politics, news, media and history from a Black, Queer perspective



❖ **Code Switch**

- Hosted by Gene Demby, Sheeren Marisol Meraji
- Fearless conversations about race as it impacts politics, pop-culture, history and more from the lens of journalists of color



Taken from NPR

❖ *Queer Health Pod*

- Hosted by Dr. Gabrielle Mayer, Dr. Richard Greene, Dr. Sam Dubin
- Covering Queer Health topics by Queer Docs for Queer (& Ally) listeners



❖ *Rule 63*

- Hosted by Anna Marie and Danny
- An exploration of science, politics, media and more from a Trans perspective

❖ *Queer MEDucation*

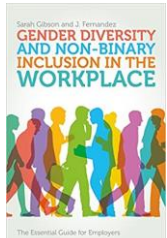
- Hosted by Kerin “KB” Berger
- A series of interviews with medical experts, mental health professionals, students, advocates and community members with the goal of improving the health and well being of queer people



Books:*

❖ *Gender Diversity and Non-Binary Inclusion in the Workplace: The Essential Guide for Employers.*

- Sarah Gibson and J. Fernandez. Pub *Jan 18, 2018.*



❖ *Affirmative Services for Transgender and Gender-Diverse People: Best Practices for Frontline Healthcare Staff.*

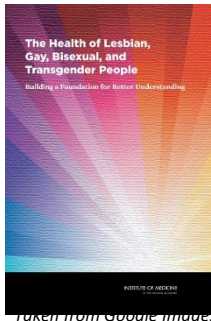
- National LGBT Health Education Center: A Program of the Fenway Institute. Updated *Winter 2020.*

❖ *The Health of Lesbian, Gay, Bisexual and Transgender People: Building a Foundation for Better Understanding.*

- Committee on LGBT Health Issues and Research Gaps and Opportunities. Pub *2011*



Taken from Google Images



Taken from Google Images

❖ *How to be an Antiracist*

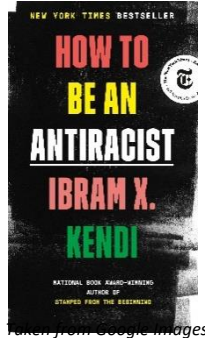
- Ibram X. Kendi. Pub Aug 13, 2019

❖ *Stamped from the Beginning: The Definitive History of Racist Ideas in America*

- Ibram X. Kendi. Pub Apr 12, 2016

❖ *Stamped (For Kids)*

- Ibram X. Kendi, Jason Reynolds. Pub May 18, 2021



***As language changes and evolves, some older published works may use outdated language. Be sure to check when your reading material is published, and double check the language you read with currently defined and used vernacular.**

Trainings:

❖ **“Welcoming Spaces: Treating your LGBTQ+ Patients”**

- National LGBT Cancer Network + Society of Gynecologic Oncology
- 8 modules covering different but connected aspects of treating patients within the LGBTQIA+ community
- <https://www.sgo.org/welcomingspaces/>

❖ **“Patient First Care for Transgender Patients” Workshop**

- Taught by Dendron Chamberlain (Dendron/Dendron’s)
- Contact Dendron.C@Gmail.com for more information on booking training

❖ **Cultural Competency Training via National LGBT Cancer Network**

- <https://cancer-network.org/cultural-competency-training/>

❖ **Learning Resources Database at the National LGBTQIA+ Health Education Center: Program of the Fenway Institute**

- Learning Modules, publications, videos, and webinars spanning a wealth of LGBTQIA+ health topics (includes CME credits)
- <https://www.lgbtqihealtheducation.org/resources/>



Taken from Google Images

❖ Practice your Pronoun Usage!

- [Get a handle on pronouns you're unfamiliar with via an easy online application](#)
- www.Practicewithpronouns.com

❖ The Inclusive Care Project

- [Training for healthcare providers in LGBTQ+ and BIPOC care to reduce health disparities for queer communities and people of color](#)
- <https://inclusivecareproject.podia.com/>
- Follow them on Instagram @inclusivecareproject



Taken from Instagram

SWAG:

When looking to purchase affirmations for your clinic, seek out LGBTQIA+ or QTBIPOC sellers or sellers that donate a portion of proceeds to pro-LGBTQIA+/QTBIPOC organizations

❖ **Pronoun Ribbons**

- A hub for information run by two volunteers on how/what/why/who for pronoun ribbons and where to buy them
- <http://www.pronounribbons.org/>



Taken from pronounribbons

❖ **Pronoun Buttons/Stickers**

- <https://nngenderfluid.squarespace.com/>
- www.etsy.com Search terms: *Pronoun Pins, Pronoun Pins Bulk, Pronoun Stickers*

❖ **Advice on Pronoun-related Purchasing**

- <https://medium.com/trans-talk/getting-pronoun-badges-right-five-recommendations-for-event-organizers-5458116b2ffc>

❖ **Positive Signage**

- The Welcoming Project <https://thewelcomingproject.org/>

The AMA's Non-Discrimination Statement found in previous AMA link



Taken from etsy:
MoxieDesigns