Studies In the Presentation

2021 Women in the Workplace Report, Lean In and McKinsey & Company

Accenture Gender Equality Research Report

Cardiopulmonary resuscitation performance citing inferior female leadership study

Opt-out or Pushed-out? Factors influencing married women professional’s decision in leaving the workforce Journal Article

Resource Articles In the Fortune 100 Coaches Folders

The time for Women Leaders is Now

5 ways to Honor Women

How to stay Positive


PEW Research Center Study on Women and Leadership

How to Combat Unconscious Bias in Your Organization and Help Women Advance, Training Magazine, by Karen Kirchner, Ellen Keithline Byrne, and Denise D’Agostino

Secrets to Confidence For Every Woman Leader, Forbes, by Karen Kirchner, Ellen Keithline Byrne, and Denise D’Agostino

Is the Disease to Please Holding You Back?, Forbes, by Karen Kirchner, Ellen Keithline Byrne, and Denise D’Agostino

The Secrets of Leadership Presence for Every Woman Leader, Forbes, by Ellen Keithline Byrne, Karen Kirchner and Denise D’Agostino

Holding Difficult Conversations: Tips For Leaders, Forbes, by Eric Pliner

2021 Women in the Workplace Report, Lean In and McKinsey & Company

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The Confidence Gap, by Katty Kay and Claire Shipman

Women’s Leadership Study, by KPMG research

The Women’s Leadership Gap, Center for American Progress, by Judith Warner and Danielle Corley

**Podcasts on the Fortune 100 Coaches’ Minds**

Honoring Women Episode of Lighthearted Leadership

The Career Contessa

Daring Greatly, Super Soul podcast, featuring Oprah and Brene Brown.

Why So Few CEOs Are Women, WSJ podcast

Corporate America’s Work in Fighting Racism is Just Beginning, HBR Ideacast

Lifting Women Leaders, Working On Purpose Podcast, featuring HNS Partner Ellen Keithline Byrne

Generation Equality, Live Girl Confident Podcast, featuring HNS Partner Denise D’Agostino

How African-Americans Advance at Work – And What Organizations Can Do to Help, HBR IdeaCast

Women at Work podcast, Harvard Business Review

The Happiness Lab podcast

GirlBoss Radio with Sophia Amoruso

The Broad Experience

**Program to develop Power, Poise, and Presence**

Power, Poise, and Presence: Your Keys to Freedom
Recommended Reading Material

How Women Rise, by Sally Helgesen and Marshall Goldsmith

The Likeability Trap by Alicia Menendez

The New Hustle: Don’t Work Harder, Just Work Better by Emma Isaacs

Dare to Lead, by Brené Brown

The Five Dysfunctions of a Team, by Patrick Lencioni

How Remarkable Women Lead: The Breakthrough Model for Work and Life by Joanna Barsh, Susie Cranston, and Geoffrey Lewis

We Should All Be Feminists by Chimamanda Ngozi Adichie

More Than Enough: Claiming Space for Who You Are (No Matter What They Say) by Elaine Welteroth

Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead by Brené Brown

The Confidence Code: The Science and Art of Self-Assurance—What Women Should Know by Katty Kay and Claire Shipman

Grit: The Power of Passion and Perseverance by Angela Duckworth

QR Code from the presentation linking to additional material

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