# IAEA Activities in Radiopharmaceutical Therapy

#### **Peter Knoll**

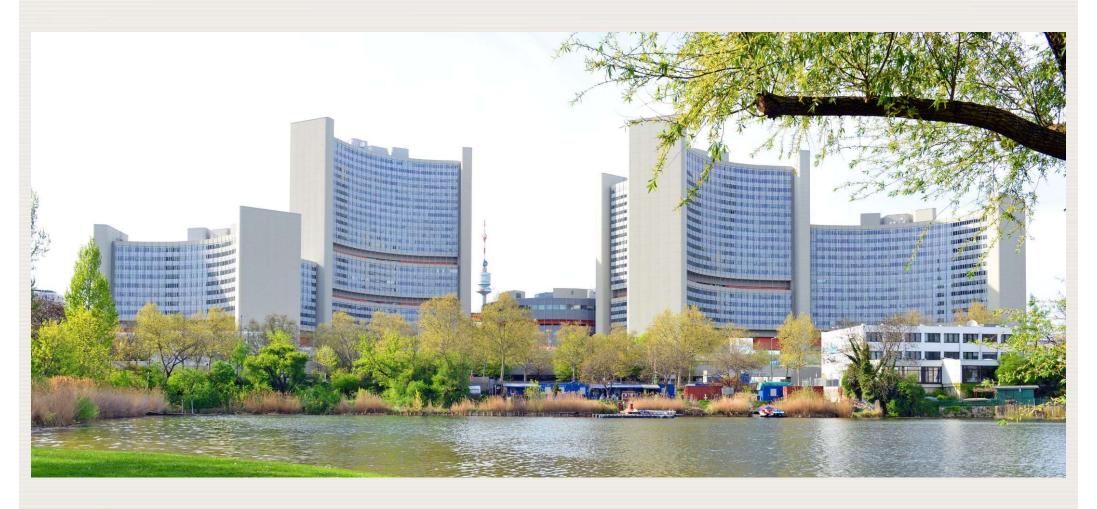
Medical Physicist (Nuclear Medicine)

IAEA – Dosimetry and Medical Radiation Physics Section

Email: p.knoll@iaea.org



### International Atomic Energy Agency (IAEA)





world's central intergovernmental forum for scientific and technical co-operation in the nuclear field.

### Organization

- Director General
- Director General's Office for Coordination
- Secretariat of the Policy-Making Organs
- Offices of Legal Affairs; Public Information and Communication; and Internal Oversight Services, and
- 6 Departments:





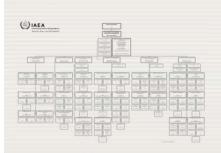
Part of the United
Nations, an independent
organization

175 Member

**States** 

2,500+ staff













### **IAEA Human Health Division**

**Dept. of Nuclear Sciences and Applications** 

**Human Health Division** 

Nuclear Medicine and Diagnostic Imaging

Applied Radiation Biology and Radiotherapy

Dosimetry and Medical Radiation Physics (DMRP)

Nutritional and Health-Related Environmental Studies

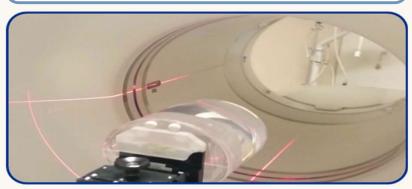


Online information can be found on YouTube, the Human Health Campus and Twitter

### Nuclear Medicine & Diagnostic Imaging



Dosimetry & Medical Physics for Imaging and Therapy



**Division of Human Health** 

Provide comprehensive support to establish or strengthen the practice of radiology and nuclear medicine within a context of appropriate use, safety and quality of clinical practice

Enhance capabilities of Member States to implement radiation imaging and treatment modalities safely and effectively through best medical physics practice



## Roles and Responsibilities of Medical Physicists





### Roles & responsibilities of MPs

#### IAEA Safety Standards

for protecting people and the environment

Radiation Protection and Safety of Radiation Sources: International Basic Safety Standards

Jointly sponsored by EC, FAO, IAEA, ILO, OECD/NEA, PAHO, UNEP, WHO

















General Safety Requirements Part 3 No. GSR Part 3



#### Calibration

3.167. In accordance with para. 3.154(d) and (e), the medical physicist shall ensure that:

#### Dosimetry of patients

3.168. Registrants and licensees shall ensure that dosimetry of patients is performed and documented by or under the supervision of a medical physicist, using calibrated dosimeters and following internationally accepted or nationally accepted protocols, including dosimetry to determine the following:

#### Quality assurance for medical exposures

- 3.170. Registrants and licensees, in applying the requirements of these Standards in respect of management systems, shall establish a comprehensive programme of quality assurance for medical exposures with the active participation of medical physicists, radiological medical practitioners, medical radiation technologists and, for complex nuclear medicine facilities, radiopharmacists and radiochemists, and in conjunction with other health professionals as appropriate.
- Measurements of the physical parameters of medical radiological equipment made by, or under the supervision of, a medical physicist:





#### **IAEA HUMAN HEALTH SERIES**

No. 25

Roles and Responsibilities, and Education and Training Requirements for Clinically Qualified Medical Physicists



### Roles & responsibilities of MPs

- Defines appropriately and unequivocally the roles and responsibilities of a Clinically Qualified Medical Physicist in specialties of medical physics related to the use of ionizing radiation
- Establish criteria to support harmonization of education and clinical training worldwide,
- Promote the recognition of medical physics as a profession internationally

(A) IAEA

Recommended MP staffing levels for medical imaging, based on the roles and responsibilities of the MP

- D. McLean (Australia)
- S. Holm (Denmark)
- M. Brambilla (Italy)
- M.C. Martin (USA)

H. Delis and GL Poli (IAEA)



### **Spreadsheet**

	without efficiency of scale	with efficiency of scale  Reduction Factor (RF) 0.7
TOTAL NUMBER OF COMP REQUIRED	2.0	2.0
REAL NUMBER OF COMP	0.0	0.0
DEVIATION FROM THE ALGORITHM		
Total suggested supportive staff	2.0	2.0
Number of residents	0.0	0.0
Suggested supportive staff (excluding residents)	2.0	2.0
REAL NUMBER OF SUPPORTIVE MP STAFF	0.0	0.0
EQUIPMENT DEPENDENT FACTORS	0.708	
Nuclear Medicine	0.3	
Diagnostic/Interventional	0.408	
PATIENT DEPENDENT FACTORS	0.5	
Nuclear Medicine	0.32	
Diagnostic/Interventional	0.18	
RADIATION PROTECTION RELATED FACTORS	0.325	
Department RP	0.31	
Occupational protection	0.015	
SERVICE RELATED FACTORS	0.43	
TRAINING RELATED FACTORS	0.04	
Interdepartmental training	0.04	

### Staffing of imaging MP

### Medical physics services in radiology and nuclear medicine in Africa: challenges and opportunities identified through workforce and infrastructure surveys

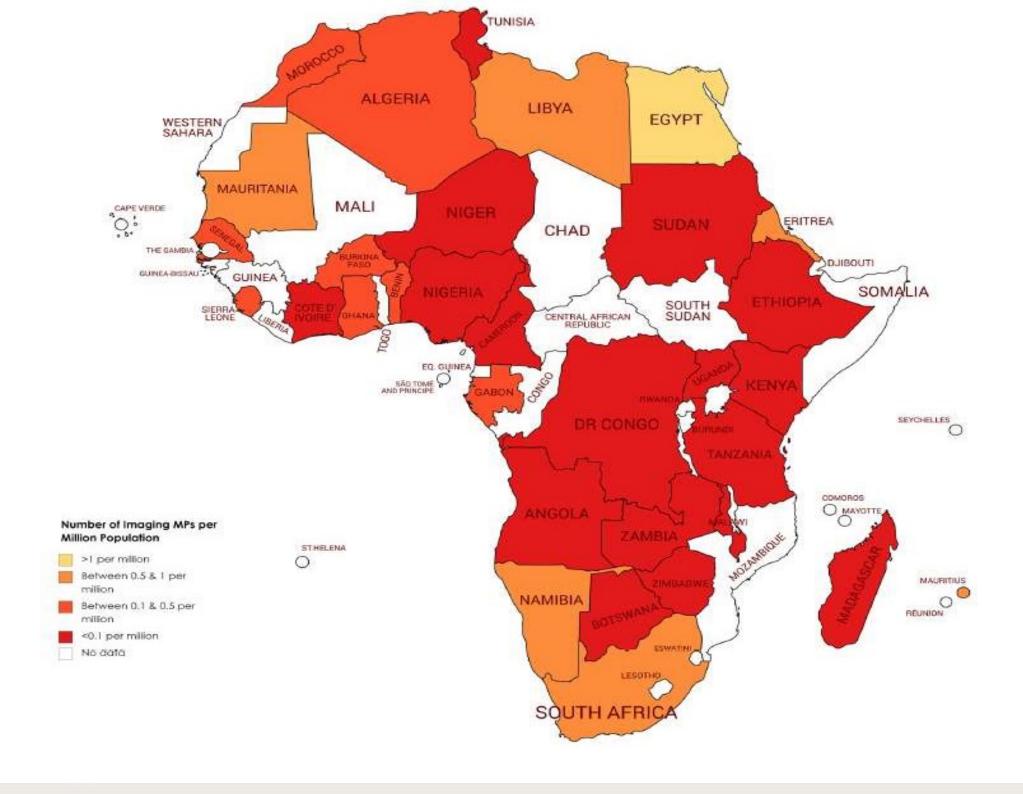
Christoph Trauernicht 1 • Francis Hasford • Nadia Khelassi-Toutaoui • Imen Bentouhami • Peter Knoll • Virginia Tsapaki •

Received: 4 March 2022 / Accepted: 24 March 2022 © The Author(s) 2022 Health Technol. **12,** 729–737 (2022)

#### Abstract

The International Atomic Energy Agency (IAEA) developed a staffing model to estimate the number of clinically qualified medical physicists (CQMP) that are required in an imaging facility, including diagnostic radiology and nuclear medicine. For the first time this staffing model was applied on a large scale across Africa. Within the framework of the IAEA African Regional Agreement (AFRA) Technical Cooperation (TC) project RAF6/053 entitled "Enhancing Capacity Building of Medical Physics to Improve Safety and Effectiveness of Medical Imaging (AFRA)", a survey based on the IAEA staffing model was used to investigate the current CQMP workforce needs in imaging and radionuclide therapy in Africa in order to establish a baseline, identify gaps and suggest steps for improvement. The survey was open for five months, after which data verification was performed. 82 responses were received from 21 countries, including data from 97 diagnostic radiology and 40 nuclear medicine departments, as well as 75 interventional radiology departments and/or catheterization laboratories. Only 26-8% of centres employed an adequate number of CQMPs. The staffing model indicated that 134-3 CQMPs were required for these centres, but only 63 are currently employed in medical imaging and/or nuclear medicine at these centres. At least 11 countries do not have a single institution with an adequate number of CQMPs. Data analysis indicated that the number of radiology and nuclear medicine CQMPs is largely inadequate, at least by a factor of 20 in almost all countries in the region.

Keywords Medical physics · Nuclear medicine · Radiology · Imaging · Workforce



## Academic Education and Clinical Training



### **Academic education**

This publication, seeks to provide guidelines for the establishment of a postgraduate academic education programme in medical physics, which could also be used to achieve harmonized standards of competence worldwide.



#### Postgraduate Medical Physics Academic Programmes

Endorsed by the International Organization for Medical Physics (IOMP)

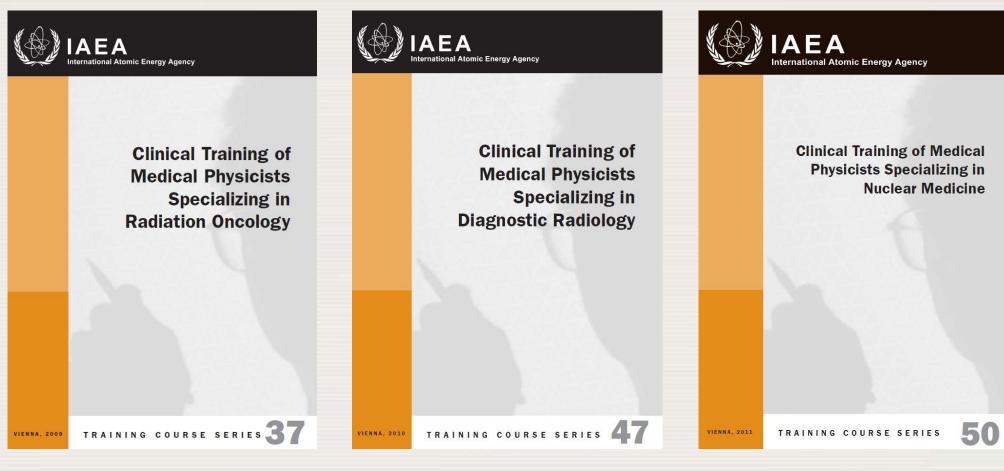
VIENNA, 2013

TRAINING COURSE SERIES

56



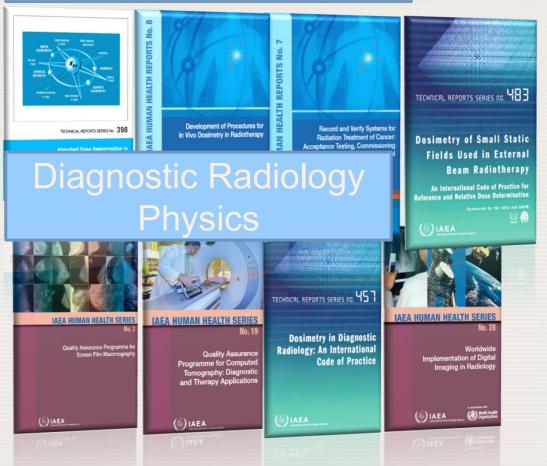
### **Clinical training**

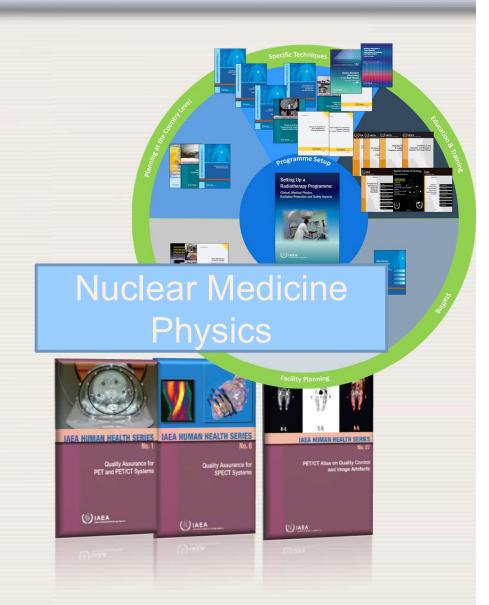


Development of clinical training guides for medical physicists specialising in Radiation Oncology, Diagnostic Radiology and Nuclear Medicine

### **IAEA Publications**

Radiation Oncology Physics





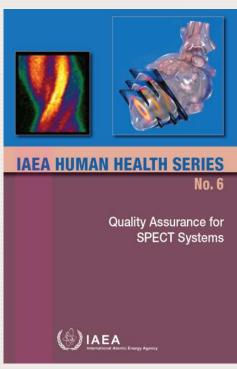


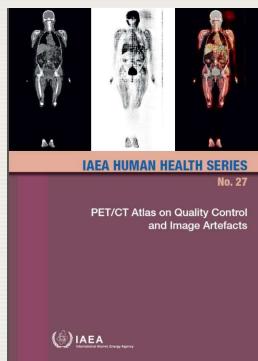
More than 9000 scientific and technical publications were produced:

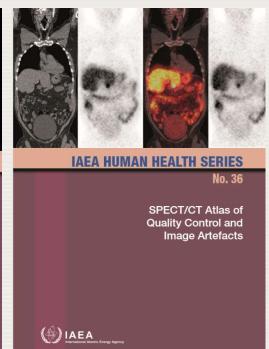
### **Nuclear Medicine Physics Publications**

#### **Quality Assurance**











### **Quantitative Nuclear Medicine Imaging**

AEA HUMAN HEALTH REPORTS NO.



Quantitative Nuclear Medicine Imaging: Concepts, Requirements and Methods

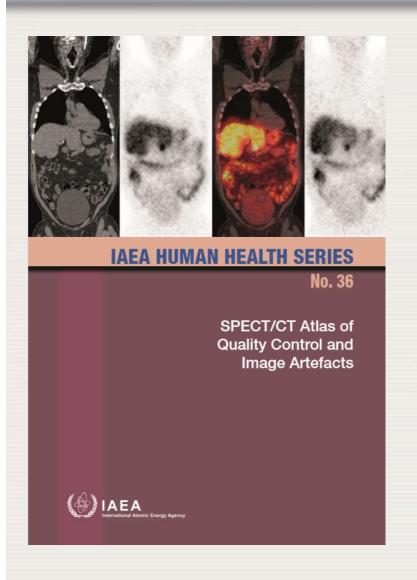


- Published in February 2014
- Addressed to Medical Physicists working in a clinical environment in establishing proper procedures for quantification of nuclear medicine images and for internal dosimetry

Irene Buvat (France)
Eric C Frey (USA)
Alan J Green (UK)
Michael Ljungberg (Sweden)
S. Palm, GL Poli (IAEA)



#### SPECT/CT Atlas of Quality Control and Image Artefacts

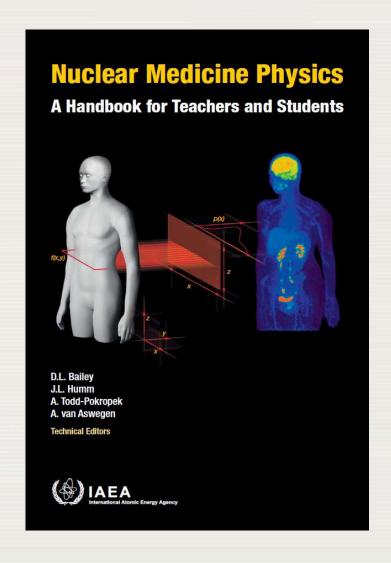


- Published in December 2019
- This publication presents an overview of quality control procedures in SPECT and SPECT/CT and describes pitfalls and artefacts that can occur in these imaging modalities
- J. C. Dickson (UK)
- S. Holm (Denmark)
- O. Malawi (USA)
- C.C. Robilotta (Brazil)
- G.L. Poli (IAEA)



### **Nuclear Medicine Physics Handbook**

- Basic Physics for Nuclear Medicine
- 2. Basic Radiobiology
- 3. Radiation Protection
- Radionuclide Production
- 5. Statistics for Radiation Measurements
- 6. Basic Radiation Detectors
- 7. Electronics Related to Nuclear Medicine Imaging Devices
- 8. Generic Performance Measures
- 9. Physics in the Radiopharmacy
- 10. Non-Imaging Detectors and Counters
- 11. Nuclear Medicine Imaging Devices
- 12. Computers in Nuclear Medicine
- 13. Image Reconstruction
- 14. Nuclear Medicine Image Display
- 15. Devices for Evaluating Imaging Systems
- 16. Functional Measurements in Nuclear Medicine
- 17. Quantitative Nuclear Medicine
- 18. Internal Dosimetry
- 19. Radionuclide Therapy
- 20. Management of Therapy Patients
- A1. Artefacts and Trouble-Shooting

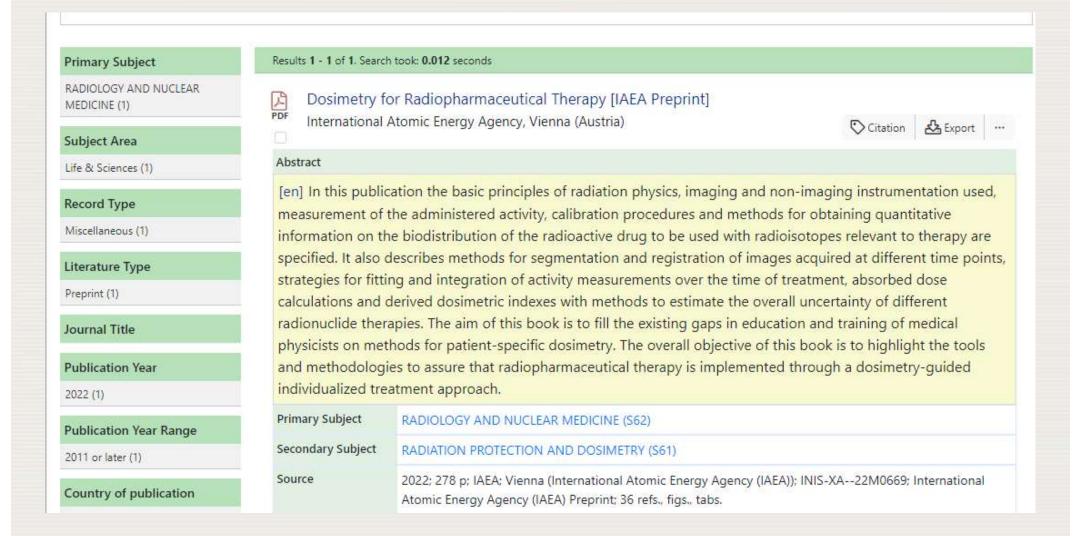




### **Nuclear Medicine Physics Handbook**



### Dosimetry for Radiopharmaceutical Therapy [IAEA Preprint]





### **Training Courses and webinars**



### **Training Courses**

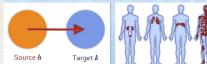
ICTP-IAEA Workshop on Internal Dosimetry for Medical Physicists Specializing in Nuclear Medicine





### Pre-recorded video material

#### Volume Generalisation





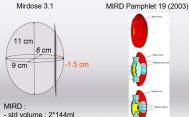
#### **Nuclear Medicine Dosimetry**



MIRD formalism

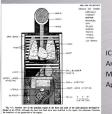
- A: Cumulated activity Ouantitative Imaging
- . Time-Activity Curve integration
- . S: Absorbed Dose Calculation
- And... global accuracy relies on both terms:
- Improving A requires improving S (and vice-versa)

#### Kidney dosimetric model?





#### S factor calculation



 $\overline{D}_{(k \leftarrow h)} = \widetilde{A}_h \cdot S_{(k \leftarrow h)}$ ICRP 23 (reference man) Analytic + MC (ALGAM)

MIRD pamphlet 11 Snyder, 1975

#### ICRP Dose Coefficients -External Exposures





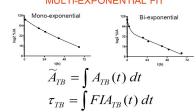
#### **Phantom Format Types**

Stylized Phantoms

Voxel Phantoms

Hybrid Phantoms

#### Dosimetry step 2 INTEGRATION: MULTI-EXPONENTIAL FIT



#### DOSIMETRY: a two face problem In nuclear medicine radiotherapy we always irradiate TWO regions lesions and healthy tissues Example: radioiodine treament Metastases

Red marrow Salivary glands Stomach & intestine All the other organs

### Dosimetry is an essential piece of information



REGISTRATION SOFTWARE

IRD Formalism[1]



Treatment of cancer Curative: disease free Palliative: symptom free Research First step: proof of efficacy Basic science

Human cell culture Animal models

Second step: evidence based clinical trials Phase 1 (toxicity, dose escalation, maximu



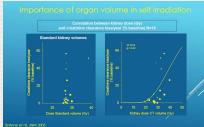
#### Example II: A priori knowledge

Series on Standard Operational Procedures for Pre-Therapeutic Dosimetry II. Dosimetry prior to radiolodine therapy of benign thyroid diseases. Eur J Nucl Med Mol Imag 2013: 1-9.

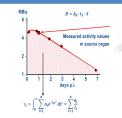


RIU(t): fractional 1311 uptake in the target tissue at time t λ, uptake rate λ\_renal clearance

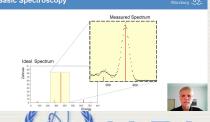
λ<sub>h</sub> hormone excretion



#### **Monte Carlo Simulation**



#### Basic Spectroscopy **Examples of CPD Activities in MP**









#### Bone-seeking radiopharmaceuticals are agents which, when

Surface Surface Surface/Volume 89Sr

administered systemically, localize to the site of bone metastases

#### Radioactive compounds

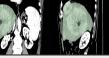












### Webinars organized by NSRW

RPOP
Radiation
Protection
of Patients

#### **Radiation Protection in Nuclear Medicine**

- Free webinars (since 2016, recordings available from https://www.iaea.org/resources/rpop/resources/webinars)
  - Radiation Protection in Nuclear Medicine: Best Practice
  - Clinical Hybrid Imaging: Radiation Issues
  - Radiation exposure of the pregnant and breastfeeding patients in nuclear medicine
  - Paediatric Nuclear Medicine
  - o Radionuclide therapy events: What we can learn and what to do?
  - Radiation Protection of Patients: Diagnostic Reference Levels and Accuracy of Activity Meters
  - More others.....



### **Human Health Campus**



### **Human health campus**



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Q

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Radiopharmacy

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**Medical Physics** 

**Technologists** 

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#### **Medical Physics**

Radiotherapy

Diagnostic Radiology

Nuclear Medicine

The Medical Physicist

#### **Medical Radiation Physics**



Radiotherapy



Diagnostic Radiology



Nuclear Medicine

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The Medical Physicist

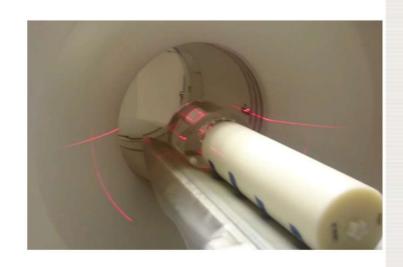


### PET/CT QC videos

#### Tutorial videos for Quality Control tests on PET/CT scanners

The IAEA published in 2009 a technical reference book that provides guidance on acceptance testing of PET and PET/CT scanners, including guidelines for routine quality control of the equipment. The PET/CT Quality Control tests described in this publication adhere closely to the NEMA standard. As a supplementary training tool, 8 tutorial videos were produced, demonstrating, in practice, the procedures to perform the tests described in the IAEA Human Health Series No. 1 on Quality Assurance for PET and PET/CT Systems.

- Daily PET/CT QC tests
- 2. Radioactivity concentration calibration
- 3. Spatial resolution
- 4. Sensitivity
- 5. Scatter fraction, count losses and randoms measurements
- 6. Image quality
- 7. Accuracy of corrections for count losses and randoms
- 8. Accuracy of PET/CT image registration





### E-learning module for QC on SPECT



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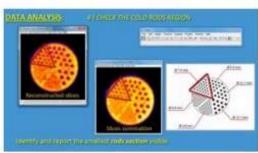
#### G Go Back

#### Tutorial videos on Quality Control tests for SPECT systems

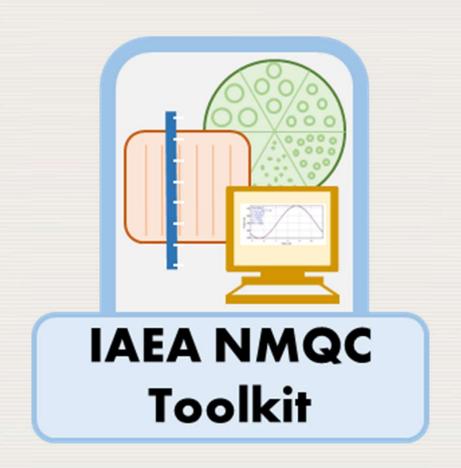
The following tutorial videos demonstrate in practice the procedures to perform the tests described in the IAEA Human Health Series no. 6 on "Quality Assurance for SPECT Systems". The videos can be downloaded by simply right clicking and choosing "save as" on a download link. Users are welcome to use the videos for any non-commercial use.

- 1. Intrinsic Flood Field Uniformity (download link)
- 2. System Flood Field Uniformity (download link)
- 3. System Planar Sensitivity (download link)
- 4. Maximum Count Rate (download link)
- 5. Intrinsic Spatial Resolution Visual method (download link)
- 6. Intrinsic Spatial Resolution and Linearity (download link)
- 7. System Spatial Resolution (download link)
- 8. Energy Resolution (download link)
- 9. Multiple Window Spatial Registration (download link)
- 10. Physical Inspection (download link)
- 11. Tomographic Uniformity (download link)
- 12. Center of Rotation (download link)
- 13. Absolute Size of a Pixel (download link)
- 14. Tomographic Resolution in Air (download link)
- 15. Tomographic Resolution with Scatter (download link)
- 16. Total Performance (download link)





### QC plugins



Planar uniformity Maximum count rate Sensitivity Intrinsic spatial resolution Intrinsic spatial linearity System spatial resolution Pixel size 4 quadrant bar phantom Centre of rotation Tomographic contrast Tomographic resolution Tomographic uniformity

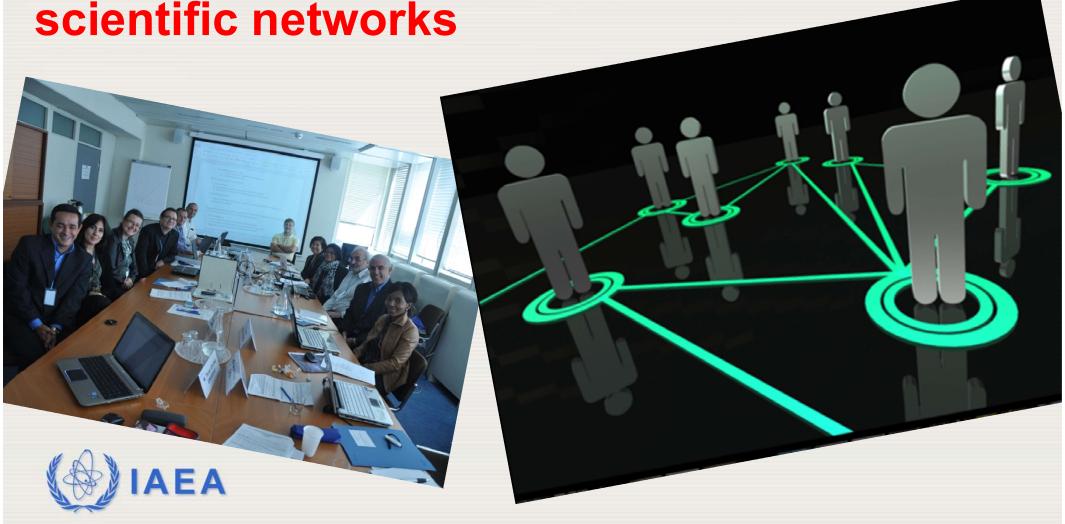


### Research activities



### Coordinated Research Projects (CRPs)

Involve participants from different countries into state of the art scientific research and create



#### **CRP E2.30.05:**

### **Dosimetry in Molecular Radiotherapy for Personalized Patient Treatments**

The main objective of CRP E2.30.05 was to contribute in the standardization of dosimetric methods.

Specific objectives are to assist the Member States in testing and adopting harmonized dosimetric protocols and to assess the typical accuracy with which dosimetry can be reached in nuclear medicine





### **Technical Cooperation**

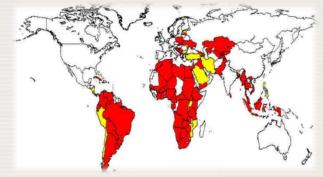


### **Technical Cooperation Programmes**







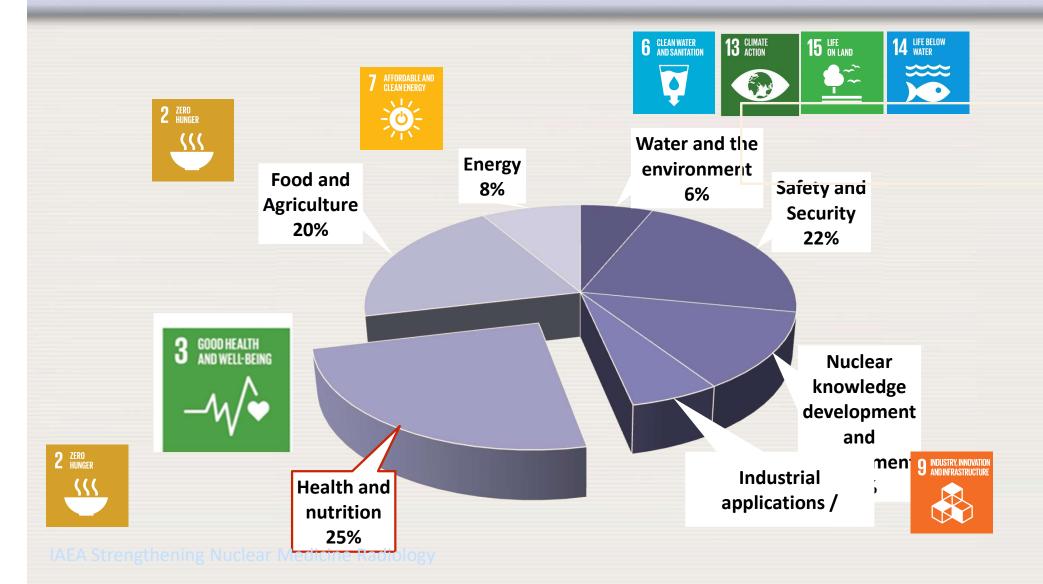


IAEA's primary mechanism for transferring nuclear technology to the member states:



- Fellowships
- Expert missions
- Training Courses
- Procurement

### Response to Member States request



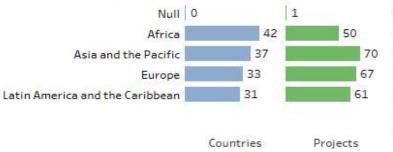


5 31 206 242 143 24 2021 Projects Countries Staff Since Interregional Regional National TC Projects Last Update: 01/02/2022 10:15:22

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TC projects by section TO is a part of the project team Dosimetry

#### TC projects by region



ProjectType Interregional Regional National CountProjectNumber

Project Type

✓ Dosimetry ✓ Nuclear Medicine

Nutrition

Closure Status (AII)

Cancelled Closed On-hold ✓ Open

Pending Closure

TC Project Year (Multiple values) Project Number

Country

Regions

(AII)

TO Name (All)

Division of Human H...

Radiation Oncology

\*

8 D V

(All)

Sections (All)



Nuclear Medicine

### **Summary**

DMRP activities are focused on all aspects of radiation in medicine to ensure safety and quality.

The role of the medical physicist in radiopharmaceutical therapy is crucial.

The clinical qualified medical physicist is a key professional in delivering safe and accurate diagnosis and treatment.



### Thank you for your attention!





