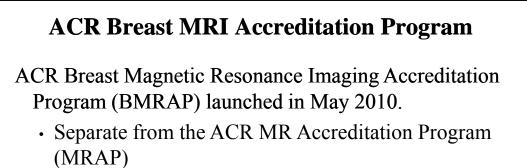


# Outline

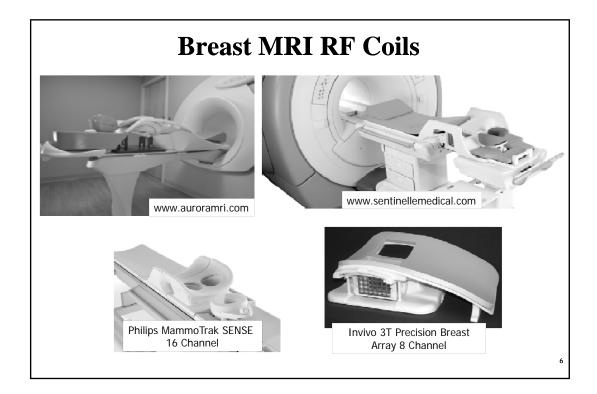
- ACR Breast MRI Accreditation Program
- Personnel qualifications
- Quality control requirements
- ACR breast MR image quality assessment criteria
- Examples of clinical images

# Outline

- > ACR Breast MRI Accreditation Program
- Personnel qualifications
- Quality control requirements
- ACR breast MR image quality assessment criteria
- Examples of clinical images

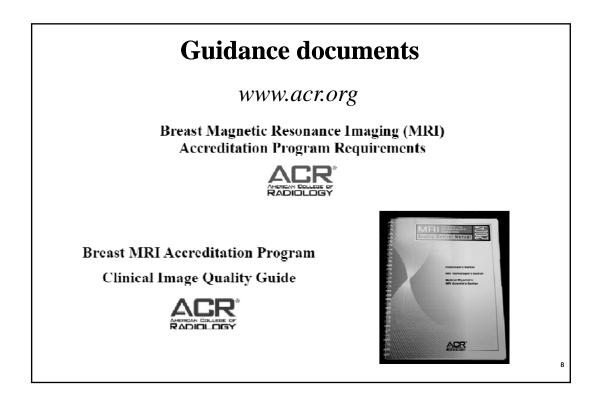


- Provides accreditation for MR systems used for diagnostic breast MR imaging:
  - · Dedicated breast MRI systems
  - Whole body MRI systems with detachable tabletop breast coil or dedicated tables with integrated breast coils



# Why get accredited?

- January 1, 2012: Medicare Improvements for Patients and Providers Act of 2008 (MIPPA) requires accreditation for *outpatient facilities* that furnish the technical component of advanced diagnostic imaging procedures (CT, MR, Nuclear Medicine, PET) in order to receive reimbursement from CMS.
- 3 approved accreditation programs: American College of Radiology, The Joint Commission, Intersocietal Accreditation Commission
- ACR BMRAP and MRAP are separate programs. Scanners performing both general and breast MRI, need to be accredited in both programs in order to be reimbursed.



## **MRI System Requirements**

- Any field strength
- Coils capable of simultaneous bilateral imaging
- Must accredit all MR systems at the facility that are used to perform <u>diagnostic</u> breast MR imaging. Does not include:
  - Dedicated systems used for radiation therapy treatment planning
  - Dedicated interventional MRI systems
  - Systems used for MR-guided breast biopsy but not breast MR imaging

## **BMRAP Clinical Images**

- Facilities must submit clinical images and corresponding data for <u>each magnet</u> performing breast MRI examinations at their site.
- Facilities performing breast MRI must have the capacity to perform mammographic correlation, directed breast ultrasound and MRI-guided intervention, or create a referral arrangement with a cooperating BMRAP accredited facility that could provide these services.
- 6 months to acquire clinical exams
- No phantom image submission is required at this time.

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## **ACR Breast MRI Accreditation Program**

Step 1: Application

- MRI system information
- Personnel information
- \$\$\$ fees

## **Accreditation fees**

#### Accreditation Fees

Facilities must submit the appropriate fee with their application. All fees are non-refundable and subject to change without notice.

Cycle	Fees		
Accreditation (Initial cycle and renewal)	\$2,400 for the first unit		
	\$2,300 each additional unit at the same geographic location		
Repeat	\$700 for each unit		
Reinstate/Corrective Action Plan	\$2,400 for the first unit		
	\$2,300 each additional unit at the same geographic location		
Add units (mid cycle)	\$1,400 for each unit		
Replacement Certificate	\$65 per certificate		

www.acr.org Breast MRI Accreditation Program Requirements, 11/22/2011

## **ACR Breast MRI Accreditation Program**

Step 2: Submit test materials

- Clinical\* breast MRI exam on CD/DVD BIRADS category 6 (known, enhancing, biopsy-proven carcinoma) for each scanner to be accredited.
- Test image data form
- Medical physicist's annual system performance report
- Quality Assurance Questionnaire

\*Currently program does not require phantom images

# Outline

- ACR Breast MRI Accreditation Program
- Personnel qualifications
- Quality control requirements
- ACR breast MR image quality assessment criteria
- Examples of clinical images

16

## Personnel Qualifications – Radiologist

#### Initial qualifications:

• Certification in Radiology or Diagnostic Radiology (ABR, American Osteopathic Board of Radiology, Royal College of Physicians and Surgeons of Canada or Le College des Medecins du Quebec)

#### AND

• Supervision, interpretation and reporting of 150 breast MRI exams in last 36 months or 100 breast MRI exams *in a supervised situation*.

OR

#### Not Board Certified

• Completion of an ACGME or AOA approved diagnostic radiology residency program

AND

• Interpretation and reporting of 100 breast MRI exams in the last 36 months *in a supervised situation*.

Personnel Qualifications – Radiologist

#### AND

15 hours of Cat 1 CME in MRI (including clinical applications of MRI in breast imaging, MRI artifacts, safety and instrumentation in the last 36 months.

#### Continuing Experience:

- Upon renewal, 75 breast MRI examinations in prior 24 months.
- Double reading acceptable (2 or more physicians interpret the same exam)
- Can re-interpret a prior exam as long as physician did not do the initial read.

#### Continuing Education:

5 hours of Category 1 CME in breast MRI in the prior 36 months.

## Personnel Qualifications – Technologist

#### Initial qualifications:

- 1. Registered in MRI (ARRT, ARMRIT, or CAMRT)
- 2. OR Registered in radiography by ARRT and/or unlimited state license, and 6 months supervised clinical MRI scanning experience.
- 3. OR Associate's or Bachelor's degree in allied health field and certification in another clinical imaging field and 6 months supervised clinical MRI scanning experience. AND
- Licensure in state in which he/she practices (if required for MRI techs)
- Supervised experience in breast MRI

AND

• Supervised experience in the IV administration of MR contrast (if performed by the technologist)

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## Personnel Qualifications – Technologist

Continuing Experience:

Upon renewal, 50 breast MRI examinations in prior 24 months.

### **Continuing Education:**

All:

• 24 hours of CE every 2 years

• CE includes credits pertinent to the technologist's ACR accredited clinical practice

Registered technologists:

• CE in compliance with requirements of certifying organization State licensed technologists, all others:

• CE relevant to imaging and the radiologic sciences, patient care

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## Personnel Qualifications – Medical Physicist/MR Scientist

## Initial qualifications

#### Medical Physicist:

- Board Certification in Radiological Physics or Diagnostic Radiological Physics (ABR), in MRI Physics (ABMP), or in Diagnostic Radiology Physics or MRI Physics (CCPM)
- 2. Not board certified: graduate degree in relevant fields *and* formal course work in biological sciences *and* 3 years documented experience in a clinical MRI environment
- 3. Grandfathered: Surveys of at least 3 MRI units between January 1, 2007 and January 1, 2010.

#### MR Scientist:

- Graduate degree in a physical science involving nuclear MR or MRI
- 3 years experience in a clinical MRI environment.

## Personnel Qualifications – Medical Physicist/MR Scientist

Continuing Experience:

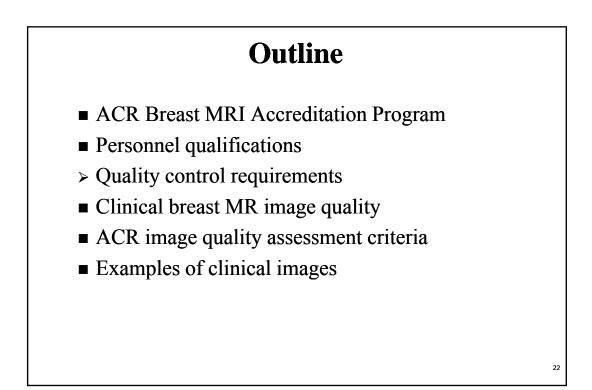
Upon renewal, 2 MRI unit surveys in prior 24 months.

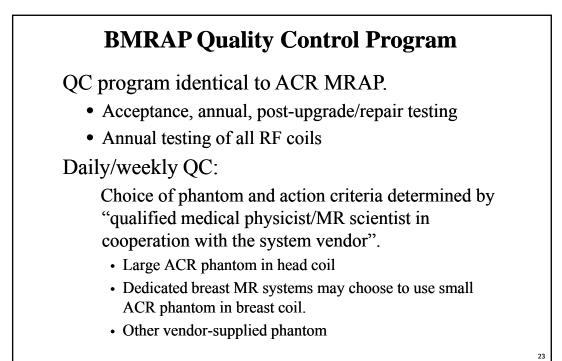
Continuing Education:

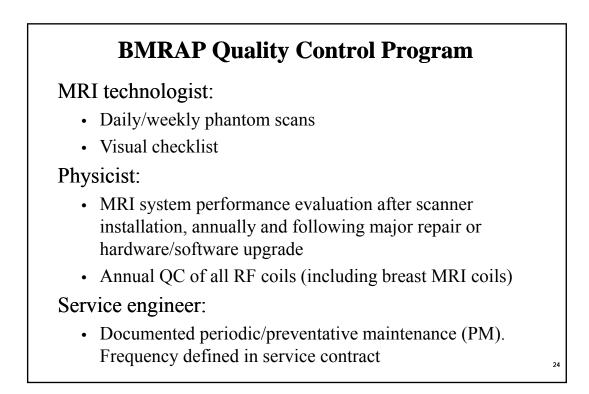
Upon renewal, 15 CEU/CME (half must be Category 1) in the prior 36 months (must include credits pertinent to the accredited modality).

## Personnel Qualifications – Medical Physicist/MR Scientist

- Must be familiar with MRI safety, FDA guidance for MR diagnostic devices, other regulations pertaining to the performance of the equipment being monitored.
- Be knowledgeable about MR physics, MRI technology, including function, clinical uses, performance specifications of MRI equipment, calibration processes and limitations of the performance testing hardware, procedures, and algorithms.
- Working understanding of clinical protocols and optimization. Maintain proficiency in CE programs to ensure familiarity with current concepts, equipment, and procedures.



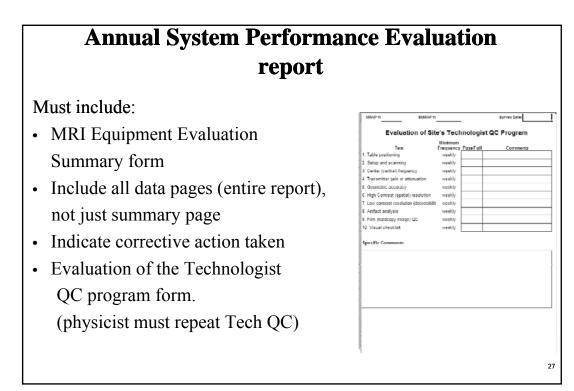




<b>Quality</b> (	Control -	Technologist
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Technologist QC test	Minimum frequency*	
Center frequency	Weekly	
Table positioning	Weekly	
Set up & scanning	Weekly	
Geometric accuracy	Weekly	
High contrast resolution	Weekly	
Low contrast resolution	Weekly	
Artifact analysis	Weekly	
Film QC	Weekly	
Visual Checklist	Weekly	
*daily recommended		25

<b>MRI Safety Policy</b>	
<ul> <li>Written MRI safety policies required.</li> </ul>	
<ul> <li>MR supervising physician must review policies at least annually.</li> </ul>	
<ul> <li>The annual medical physicist/MR scientist system performance report <u>must include</u>:</li> </ul>	
• MRI safety assessment:	
• Signage	
Screening procedures	
Cryogen safety	
<ul> <li>Inspection of system physical, mechanical</li> </ul>	
integrity	26
<ul> <li>performance report <u>must include</u>:</li> <li>MRI safety assessment: <ul> <li>Signage</li> <li>Screening procedures</li> <li>Cryogen safety</li> </ul> </li> <li>Inspection of system physical, mechanical</li> </ul>	:



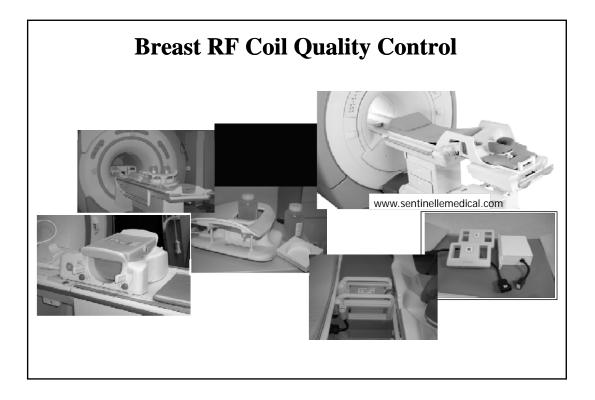
## Medical Physicist: Annual System Performance Evaluation

Report <u>must</u> include tests defined in 2004 ACR MRI Accreditation manual:

- Magnetic Field Homogeneity
- Slice Position Accuracy
- Slice Thickness Accuracy
- Radiofrequency Coil Checks
- Soft-Copy Displays (Monitors)

\* Inter-Slice Radiofrequency Interference no longer required Evaluation of technologist QC program:

- Setup/positioning accuracy
- Center frequency
- *Transmit gain/attenuation*
- *Geometric accuracy*
- Spatial resolution
- Low contrast detectability
- Artifact analysis
- Film QC
- Visual checklist



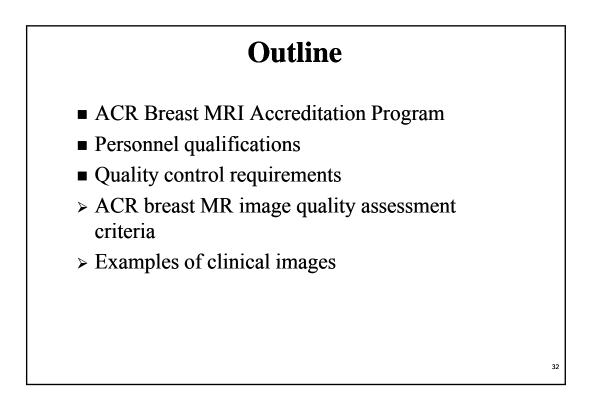
# **Medical Physicist or MR Scientist**

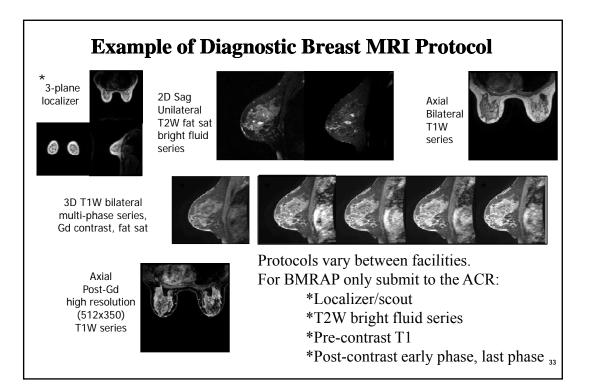
- "You <u>must</u> utilize the services of a qualified medical physicist/MR Scientist for the Annual System Performance Evaluation.
- A qualified medical physicist/MR scientist <u>must</u> have the responsibility for overseeing the equipment QC program and for monitoring performance upon installation and routinely thereafter.
- The ACR <u>strongly recommends</u> using the services of a qualified medical physicist or MR scientist during both the process of accreditation and for oversight of your site's technologist quality control program."

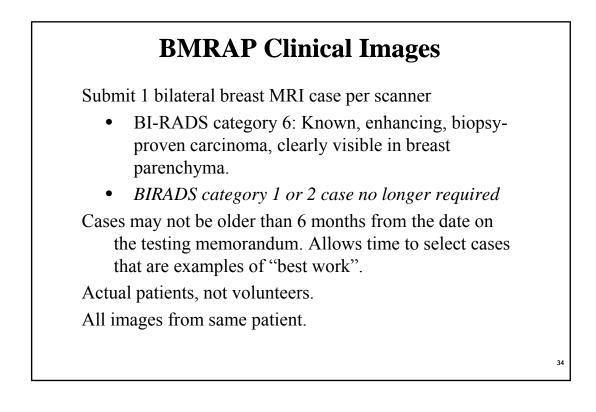
# **Medical Physicist/MRI Scientist**

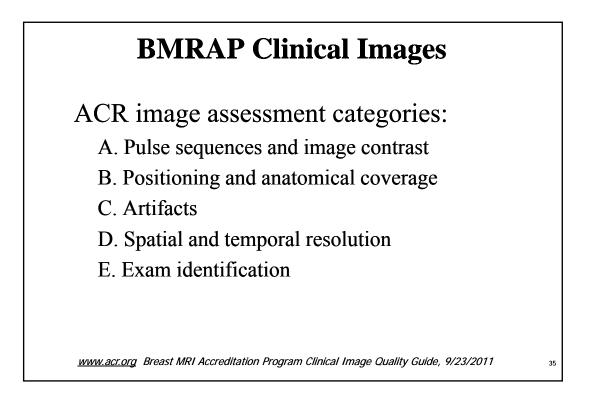
Can be very helpful with the technical aspects of Breast MRI Accreditation process:

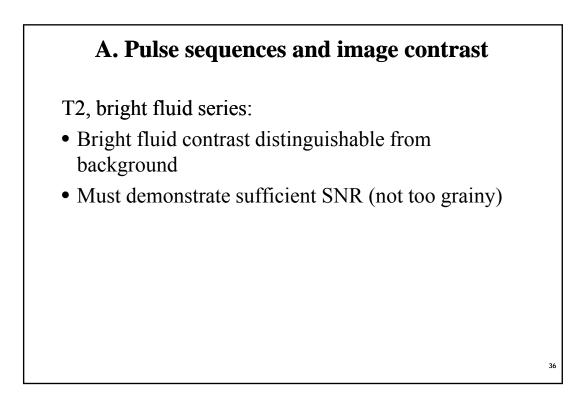
- Assist Radiologist with breast MRI protocol development and optimization. Ensure protocols meet ACR spatial and temporal resolution requirements.
- Review breast MRI cases for image quality and artifacts prior to submission.

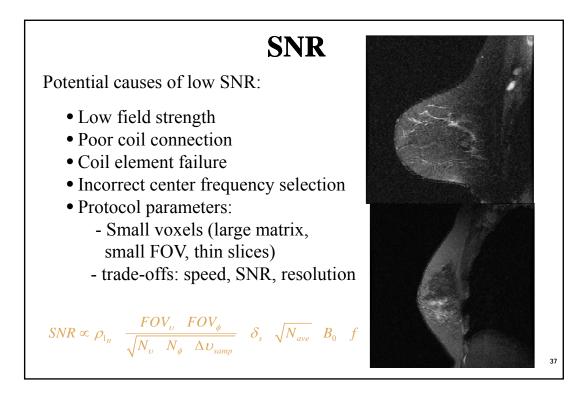








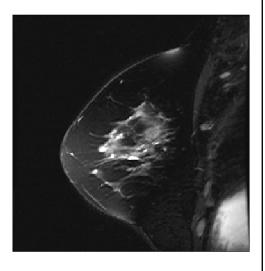




T2W bright fluid series:

- Bright fluid contrast
- Non-uniform fat saturation
- Non-uniform signal

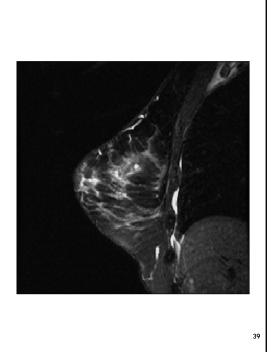
1.5T GE HDXT 2D T2W, sagittal FSE, ETL 17, fat sat TR/TE 4950/89 ms 256x192, NEX 2 FOV 220mm, 4.0mm thk, 0 gap



T2W bright fluid series:

- Bright fluid contrast
- Fat saturation fairly uniform

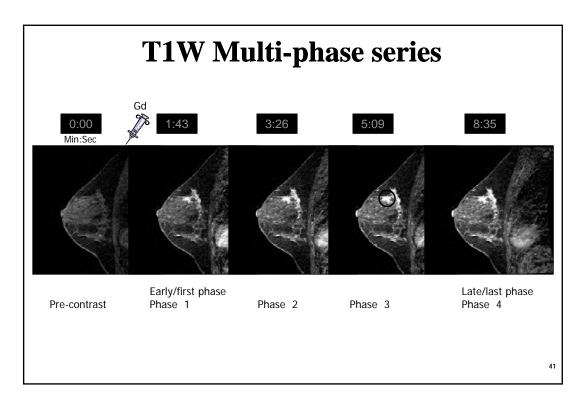
GE 1.5T HDXt 2D T2W, sagittal FSE, ETL 17, fat sat TR/TE 4950/89 ms 256x192, NEX 2 FOV 220mm, 4.0mm thk, 0 gap

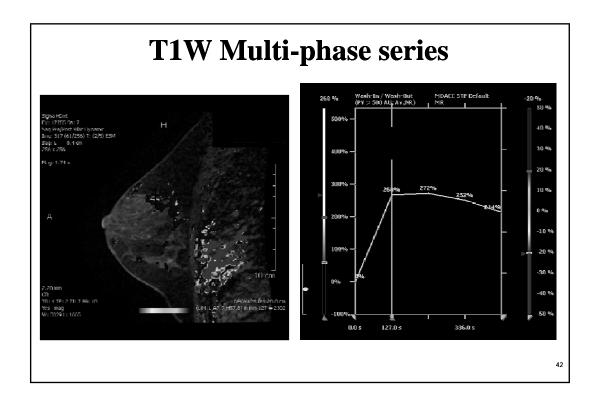


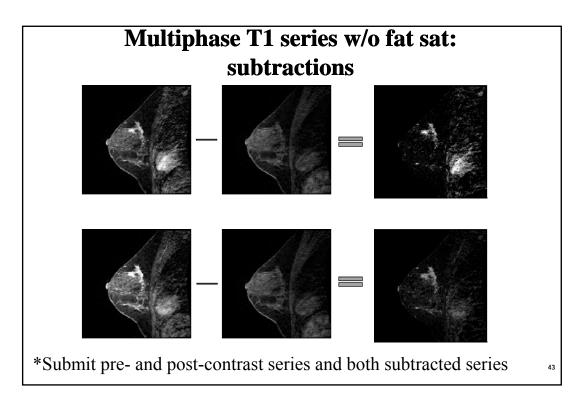
## A. Pulse sequences and image contrast

T1W multi-phase series:

- Pre-contrast and post-contrast series: identical scan parameters.
- Post-contrast T1W images must either be fat suppressed or provide subtractions (early and delayed phases)
- IV contrast must be evident in post-contrast images
- Must demonstrate sufficient SNR (not too grainy)
- If possible, should be sequential (i.e. not "stacked" or "interleaved")

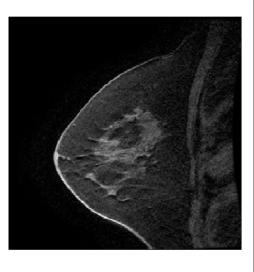






T1 weighted dynamic (multi-phase) series:

- Uniform signal
- Uniform fat sat
- Low SNR, images grainy
  - 1.5T GE HDXt 3D, T1W, sagittal FGRE, fat sat,  $\alpha$  10<sup>0</sup> TR/TE 4.3/2.0 ms 256x256, NEX 0.5 FOV 220mm, 2.6 mm thk, 50% overlap Sequential

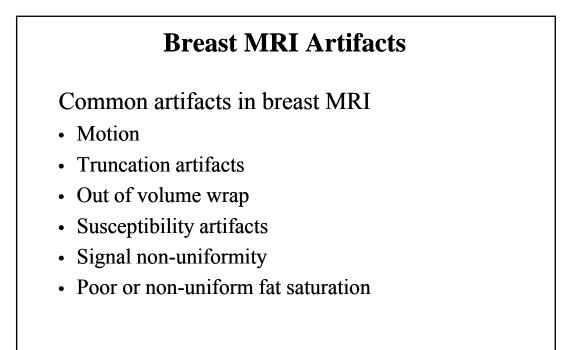


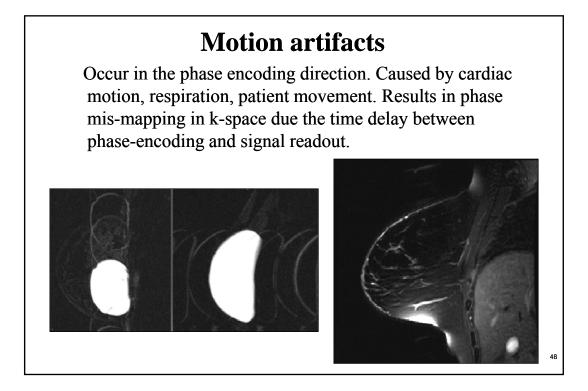
## **B.** Positioning and anatomical coverage

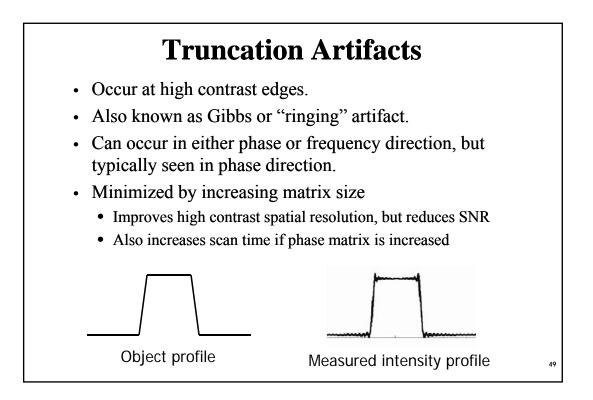
- Adequate breast tissue in coil
- Proper positioning of breast tissue
- Full coverage from axillary tail to inframammary fold
- Absence or minimal skin folds
- Appropriate FOV

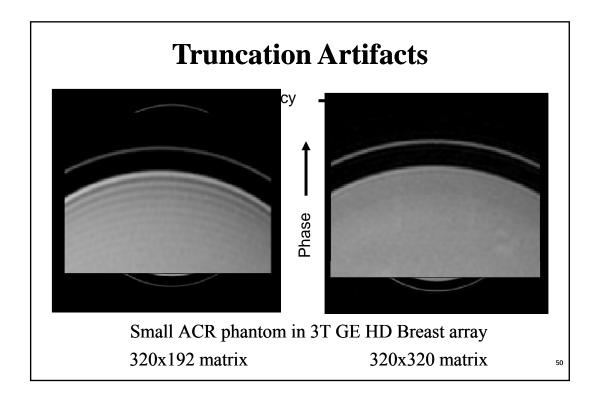
## **C. Artifacts**

- Excessive artifacts can interfere with interpretation
- Some are unavoidable on certain images
- Images do not have to be "artifact free"
- Some are due to pulse sequence errors, inadequate equipment, improper maintenance (PM, QC) of equipment





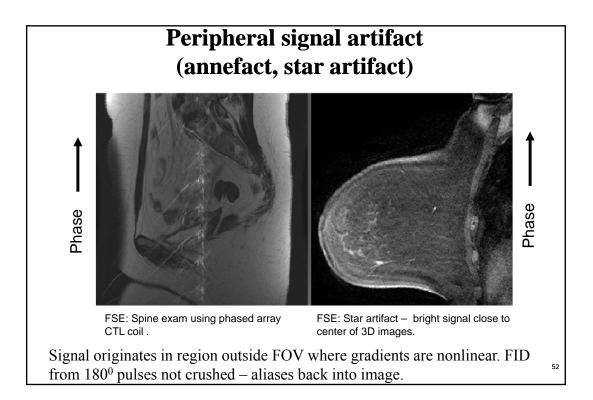


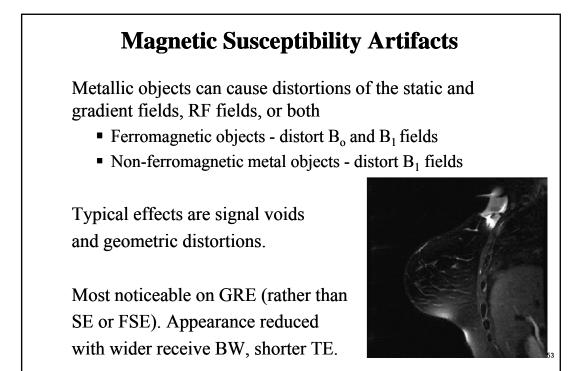


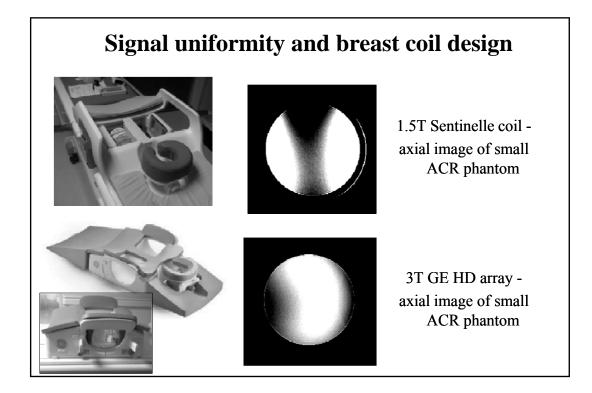
# Aliasing or "Wrap-Around" Artifacts



- Increase FOV to include entire object - increase phase-encode steps to maintain resolution (trade-off: may impact scan time, SNR)
- Swap phase and frequencyencoding directions : shorter dimension in phase-encoding direction. (trade-off: motion artifacts)
- Use "No phase wrap" or "antialiasing" techniques.







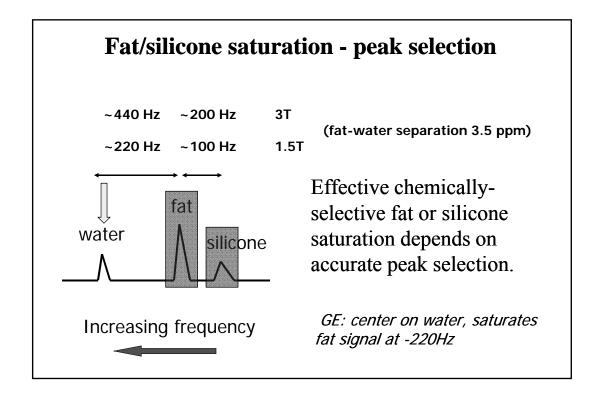
## **Frequency selective fat sat**

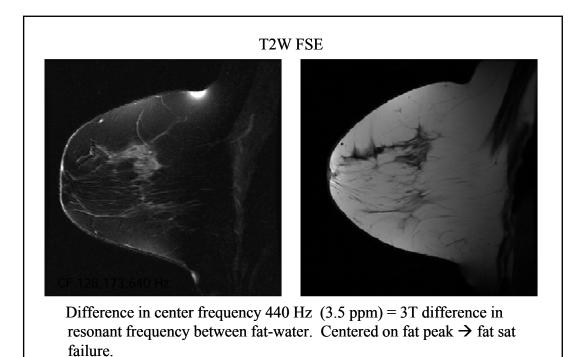
Frequency-selective fat or silicone saturation is routinely used in breast imaging. Frequency of saturation pulse must match resonant frequency of fat/silicone.

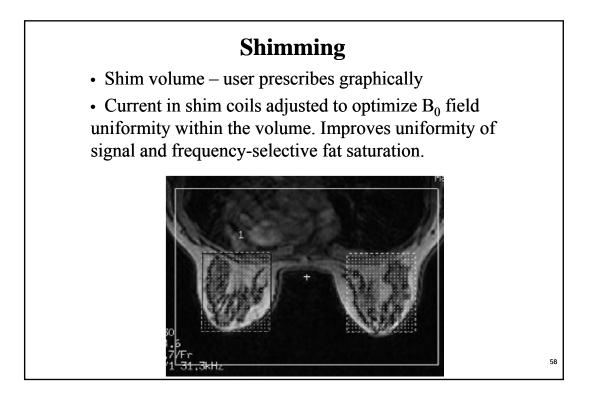
Selection of resonant peak usually automated, but may require manual adjustment  $\rightarrow$  Technologist training essential.

Uniform saturation dependent on homogeneity of  $B_0$  field within the imaged volume:

- challenge (breasts off isocenter)
- shimming is important

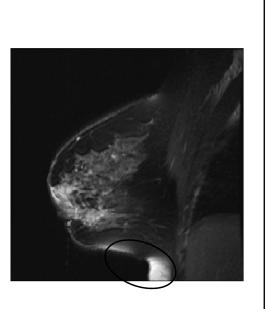






- Non-uniform signal
- Non-uniform fat suppression

1.5T GE HDXt Sag T2W FSE TR =4367ms / TE<sub>eff</sub> =81 ms echo train length = 17 122 Hz/pixel bandwidth 256x192 matrix, 220 mm FOV 4mm thickness/ 0mm gap 2 averages fat sat



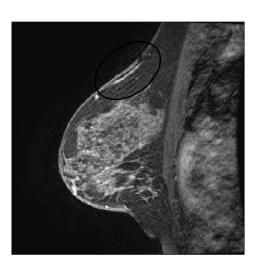
59

60

# **Clinical example**

- Uniform fat saturation
- Truncation artifacts
- Low SNR
- Motion artifacts

3T GE HDXt 3D T1W Multiphase TR =5.4 ms / TE =2.3 ms Flip angle 10<sup>o</sup> NEX=0.5 244.1 Hz/pixel bandwidth 320x320 matrix, 200 mm FOV 2.4mm thickness/ 1.2mm spacing (slices overlap) fat sat

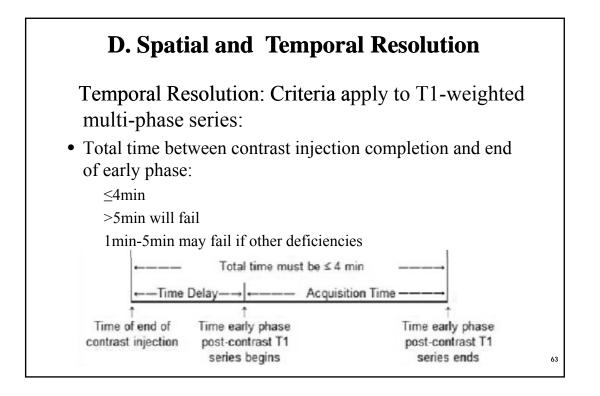


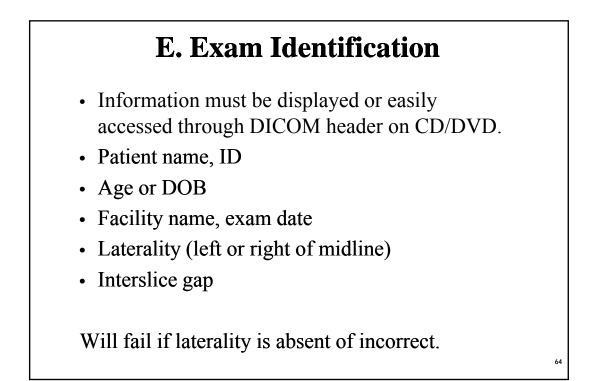


**Spatial Resolution:** Criteria only apply to pre- and postcontrast T1-weighted multi-phase series:

- Acquired (not interpolated) thickness must be ≤ 3mm, >4.0mm will fail.
- 3-4mm: may fail if there are deficiencies in other categories.
- In-plane resolution must be ≤ 1mm (phase and freq),
   >1.2mm will fail, 1.0-1.2mm may fail if deficiencies in other categories.
- Interslice gap must be ≤ 0mm (i.e. slices either overlap or are contiguous with no gap), >0mm will fail

Sp	atial Resolution	
$\delta_{\upsilon}$ = FOV <sub><math>\upsilon</math></sub> / N <sub><math>\upsilon</math></sub>	In-plane pixel size (frequency- encoding direction	
$\delta_{\phi}$ = FOV <sub><math>\phi</math></sub> / N <sub><math>\phi</math></sub>	In-plane pixel size (phase encoding direction)	
$\delta_{\text{slice}}$	Prescribed slice thickness (not interpolated)	
		62





# Test Image Data Form

- Provide patient, scanner and exam information
- Lead Interpreting Physician must review and approve images
- Test image data form must be signed by Lead Interpreting Physician.

Use this form to covert the required information to	v me online application, cio no	seave any manks; the or	vine system wir reject int	
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Person completing form:		elephone:		8. Date:
Signature of lead interpreting physician review	ing and approving submitte	cases and forms:		
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		Multi-Phase T1-Weighted Series			
Parameters	T2-Weighted/Bright Fluid Series	Pre-Contrast T1	Early Phase (1 <sup>st</sup> ) Post-Contrast T1	Delayed Phase (last Post-Contrast T1	
Sequence nameitype* (only check "see pre-contrast T1W" if Aurora)	see pre-contrast T1W				
Sequence #					
2D or 3D sequence (check one)	2D 3D	2D 3D	2D 3D	0 2D 3D	
Slice orientation					
Acquisition time (min, sec)	min, sec	min, sec	min, sec	min, se	
Slice thickness (mm) (not interpolated)	mm	mm	mm	mm	
Interslice gap (mm)	mm	mm	nm		
Total number of alices					
FOVptoseemaning (mm)	mm	mm	nim		
EOVinequency-encoding (mm)	mm	mm	11811	mm	
N <sub>P</sub> (# of phase-encoding steps)					
N <sub>t</sub> (# of trequency-encoding steps)					
# Acquisitions per phase encoding step (NEX)					
TE (msec)	msec	msec	msec	msec	
TR (msec)	msec	msec	msec	msec	
Hip Angle (degrees)		degrees	degrees	degrees	
TI (only applicable for STIR sequences)	msec 🔄 NA				

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# **CDs or DVD media**

- Burn 2 copies of each case, each on a separate CD/DVD
- Include embedded DICOM viewer
- On a different PC verify that CD/DVD is readable. Confirm that viewer displays the following:
  - Patient name, patient age/DOB
  - Patient ID number
  - Facility name
  - Exam date
  - Laterality, left or right of midline section
  - If this information is not displayed, it should be available in DICOM metadata
  - Confirm that the exam opens within 2 minutes

# Tips for SuccessForm a BMRAP team

- Ensure scanner and coils are working properly, address equipment performance deficiencies before beginning the accreditation process.
- Establish/review QC program
- Check medical physicist's system/coils reports for content, deficiencies
- Evaluate protocols and clinical image quality
- Choose clinical cases that represent your best work
- Have a 2<sup>nd</sup> person review forms, images, CD/DVDs
- Call the ACR if you have questions

# References

- 1. ACR Technical Standards for Diagnostic Medical Physics Performance Monitoring of MRI Equipment, revision 2009. <u>www.acr.org</u>
- 2. BMRAP Clinical Imaging Quality Guide, 9/23/2011. www.acr.org
- 3. Breast MRI Accreditation Program Requirements, 11/22/2011. www.acr.org
- 4. Breast MRI Accreditation Update, Accreditation E-newsletter, Issue 13, 03/16/2011. <u>http://www.acr.org/accreditation/Accred-E-News.aspx</u>
- 5. Jackson EF, et al. Acceptance testing and quality assurance procedures for magnetic resonance imaging facilities: report of AAPM MR Subcommittee Task Group 1, 2010.
- 6. Weinreb, et al. ACR Magnetic Resonance Imaging (MRI) Quality Control Manual, 2004.