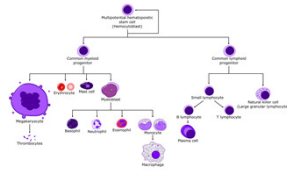


Mapping Anatomically Sensitive Bone Marrow Regions

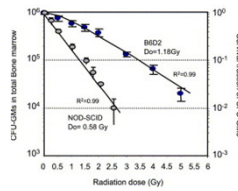
Loren K. Mell, M.D.
Center for Advanced Radiotherapy Technologies
University of California San Diego
July 31, 2012

Hematopoietic Functions of Bone Marrow


- White Blood Cells
 - Lymphocytes
 - Mast Cells
 - Myeloblasts
 - Immune System
- Red Blood Cells
 - Oxygen Delivery
- Megakaryocytes
 - Platelets (Clotting)



Radiosensitivity of Bone Marrow



The graph plots the survival fraction of CFU-S in total bone marrow against radiation dose in Gy. Two data series are shown: B6D2 (D₀ = 1.18 Gy) and NOD-SICD (D₀ = 0.58 Gy). Both series show a linear decrease on a semi-logarithmic scale, with R² = 0.99 for both. The NOD-SICD strain is significantly more radiosensitive than the B6D2 strain.



Lise Meitner

Significance to Radiation Oncologists

- Therapeutic Gain
 - Total Body Irradiation
 - Total Nodal Irradiation
- Complications
 - Myelosuppression with Magna Fields (e.g. Lymphoma)
 - Chemo-RT (e.g. Pelvic Malignancies)
- Myelosuppression – Barrier to Optimal Treatment Delivery
- Reduce BM Injury → Improve Treatment

Chemotherapy Increases Grade 3-4 Myelosuppression

Toxicity	RT	ChemoRT	Odds Ratio	p
Hemoglobin	4%	6%	1.5	0.06
WBC	8%	16%	2.2	<0.001
Platelets	0%	2%	3.7	0.004
Any Hematologic	1%	29%	8.6	<0.001

Green et al. Lancet 2001

Outcomes Improved with More Chemotherapy

90% 3-4 cycles
75% < 3 cycles

At Risk	Failures
0 Courses	8
1-2 Courses	35
3-4 Courses	90

Peters et al. JCO 2000

65% 6 cycles
25% 1-5 cycles

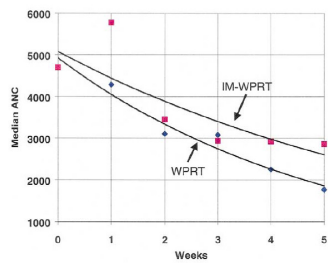
Nugent et al. Gyn Oncol 2010

Improved Outcomes with Multi-agent Chemotherapy

- Pathologic CR: 78% vs. 55% p=.02
- 3-year PFS: 74% vs. 65% p=.03
- **Grade 3-4 toxicity: 87% vs. 46% p<.01**
- Predominant Toxicity = Hematologic

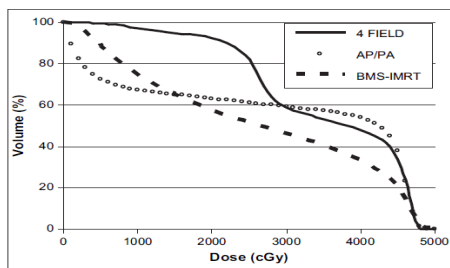
Dueñas-González et al. JCO 2011

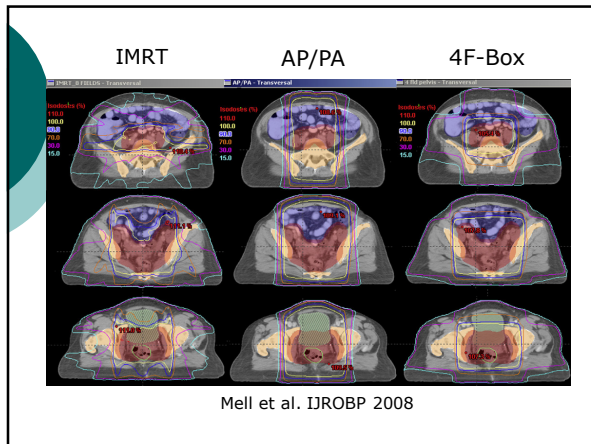
Less Hematologic Toxicity with IMRT

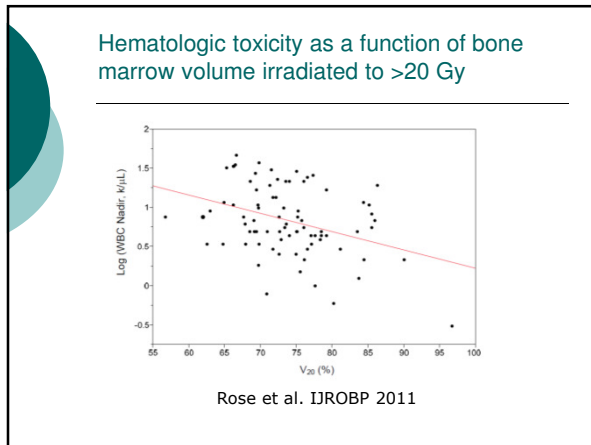


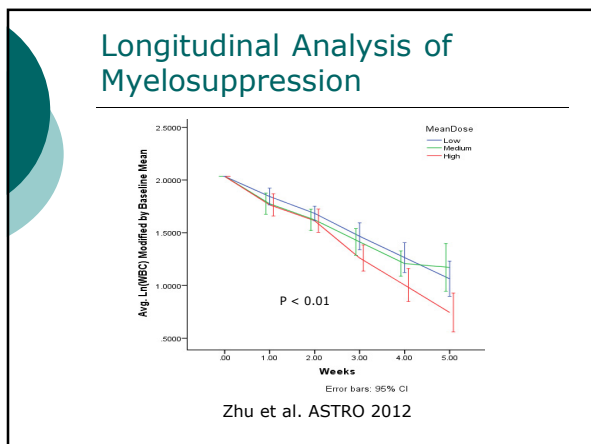
Brixey et al. IJROBP 2002

IMRT vs. Conventional Techniques

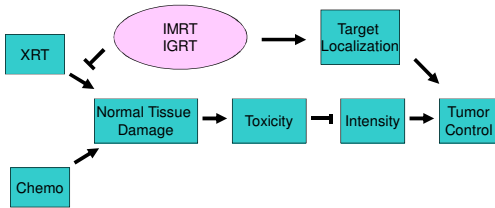








Hypothesis: Radiation Technologies Could Improve Therapeutic Ratio of ChemoRT

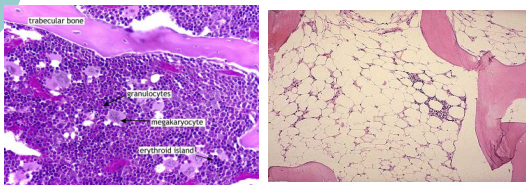


Bone Marrow Dose-Volume Constraints

- Endpoint: Grade ≥ 2 neutropenia
- *Mell IJROBP 2006*:
 - $V_{20} > 75\%$ - 69% $p < 0.01$
 - $V_{20} \leq 75\%$ - 24%
- *Rose IJROBP 2011*:
 - $V_{20} > 76\%$ - 58% $p = 0.001$
 - $V_{20} \leq 76\%$ - 22%
- Recommended Constraints:
 - **$V_{10} \leq 90\%$, $V_{20} \leq 75\%$**

Heterogeneity of Bone Marrow

Red Marrow **Yellow Marrow**



Properties of Bone Marrow

Red Marrow	Yellow marrow
<ul style="list-style-type: none">Lower fat content (20-40%)Higher cellularityHigher Hematopoietic Activity	<ul style="list-style-type: none">Higher fat content (80-95%)Lower cellularityLower hematopoietic activity

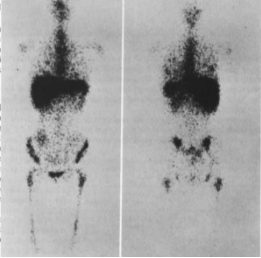
Distribution of Red Bone Marrow

~50% of red marrow located within pelvis and lumbar spine in adults

Bone Marrow Imaging - CT

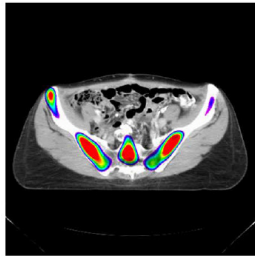
Bone Marrow Imaging – Scintigraphy / SPECT

Indium-111



Sacks et al. Cancer 1978

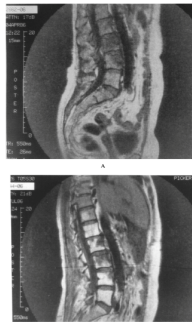
Tc-99m Sulfur Colloid



Roeske et al. Radiother Oncol 2003

Bone Marrow Imaging - MRI

- Acute increases in T1 signal in response to radiation therapy
- Conversion of red to yellow marrow
- May be used as a measure of degree of bone marrow injury

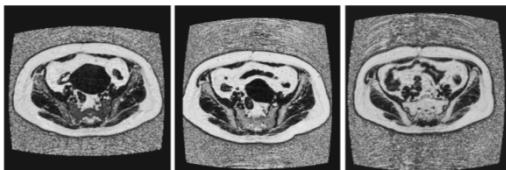


Functional Bone Marrow Imaging – Quantitative MRI (IDEAL)

Pre-Treatment

Mid-Treatment

Post-Treatment



IDEAL / Fat Fraction Mapping

- Fat and water have different chemical shifts
- Gradient echo
- Iterative Decomposition Echo Asymmetry and Least Squares Estimation

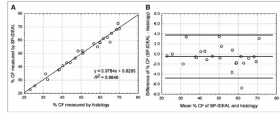
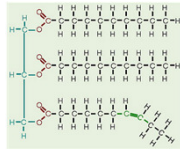
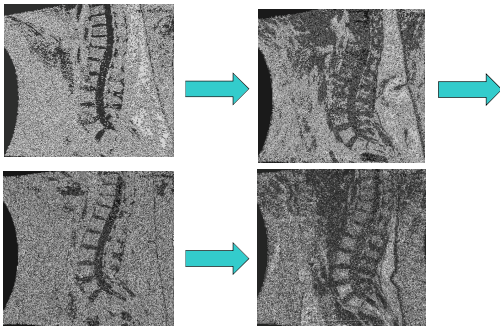


FIGURE 3. Agreement of CF measured by SP-MRSA and histology of same location on bone in test dogs. (A) Linear regression fit. (B) Residuals plot. Histograms represent the corresponding mass differences, relative to 10% variability, and the distribution represents the same compared to 10% variability interval, equal to 4% and 15% variability, respectively. Plot identifier color corresponding to measurement in A is in use of the dog.



Functional Bone Marrow Imaging – Quantitative MRI (IDEAL)

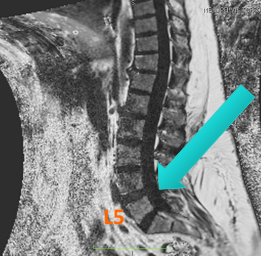


Changes in Fat Fraction During Chemoradiation

Patient	Baseline	Mid-treatment	Post-treatment
1	37	53	72
2	60	72	78
3	45	71	74
4	59	68	-
5	27	38	63
6	46	65	-
Avg	46	61	72

Spatial Analysis

Pre-Treatment

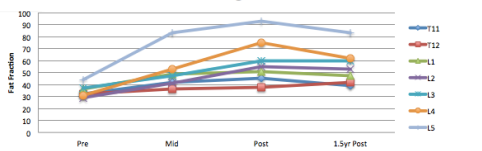


18 Mos. Post-Treatment



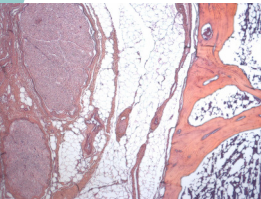
Vertebra	Mean Dose (Gy)	Fat Fraction % Pre	Fat Fraction % Mid	Fat Fraction % Post	Fat Fraction % 1.5yr Post
T11	<1	32	42	45	39
T12	<1	32	36	38	42
L1	<1	36	49	51	47
L2	<1	29	41	55	53
L3	1.03	37	47	60	60
L4	3.55	31	53	75	62
L5	40.9	44	83	93	83
FAT	<1	90	91	91	85

Fat Fraction changes with XRT

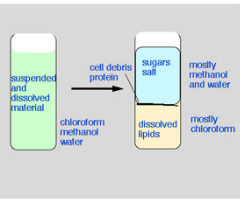


Histochemical Analyses

CADAVERIC VERTEBRAL SPECIMEN

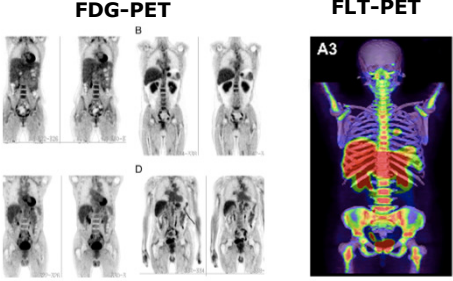


FOLCH METHOD



Functional Bone Marrow Imaging – PET

FDG-PET **FLT-PET**

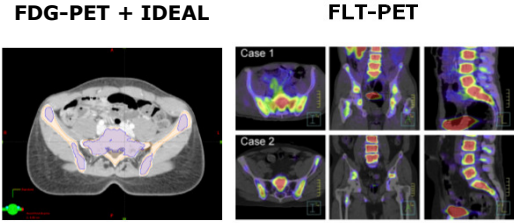


Blebea et al. Semin Nuc Med 2007 Hayman et al. IJROBP 2011

The slide displays two sets of PET scan images. On the left, under 'FDG-PET', there are two rows of four axial scans each, labeled 'B' and 'D'. On the right, under 'FLT-PET', there is a single coronal scan labeled 'A3' showing a color-coded bone marrow distribution.

Functional Image-Guided BM-Sparing

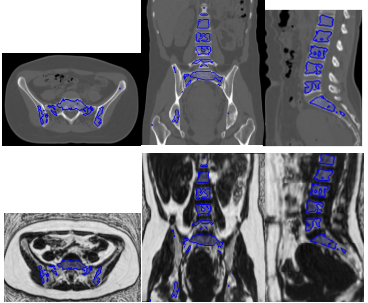
FDG-PET + IDEAL **FLT-PET**



Liang et al. IJROBP 2012 McGuire et al. Radiother Oncol 2011

The slide shows two sets of images. On the left, under 'FDG-PET + IDEAL', there is one axial scan. On the right, under 'FLT-PET', there are two rows of three scans each, labeled 'Case 1' and 'Case 2', showing functional bone marrow imaging in different views.

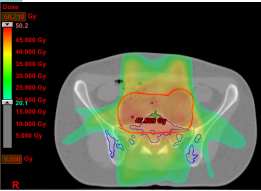
Functional bone marrow in cervical cancer patient



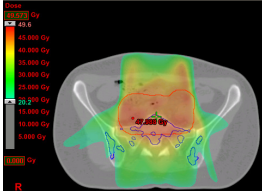
The slide displays six PET scan images of a cervical cancer patient. The top row shows an axial scan, a coronal scan, and a sagittal scan. The bottom row shows another axial scan, a coronal scan, and a sagittal scan. The bone marrow is highlighted in blue.

Impact of Functional Imaging on Active Bone Marrow Sparing

Image-Guided IMRT

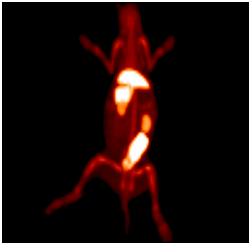
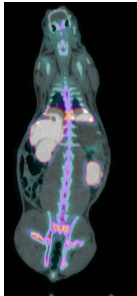


Non-Image-Guided IMRT



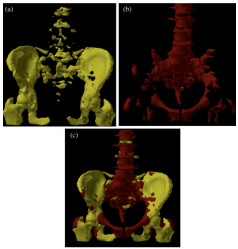
Liang et al. IJROBP 2012

⁶⁸Ga-DTPA-Mannosyl-Dextran PET/CT of Rabbit

Courtesy: David Vera, Ph.D.

Radiation Effects on Active BM



- 26 women with cervical cancer
- All underwent 18F-FDG PET/CT prior to treatment
- All underwent serial CBCs
- Pelvic RT 45-50.4Gy + weekly cisplatin

Fig. 1. Representative distribution of active (red) and inactive (yellow) bone marrow.

Rose et al. IJROBP 2012

Rose et al. IJROBP 2012

Table 3 Univariable linear regression of hematologic nadirs as a function of mean radiation dose to active and inactive bone marrow

Hematologic nadir	BM _{ACT} Mean dose (Gy)			BM _{INACT} Mean dose (Gy)		
	β	95% CI	P	β	95% CI	P
Log(WBC) (k μ L)	-0.04	-0.07 to -0.01	<0.001*	-0.01	-0.06 to 0.05	0.84
Log(ANC) (k μ L)	-0.05	-0.08 to -0.02	<0.001*	-0.03	-0.10 to 0.04	0.39
Hemoglobin (g/dL)	-0.16	-0.27 to -0.05	<0.001*	-0.09	-0.31 to 0.14	0.43
Platelet (k μ L)	-6.16	-9.37 to -2.96	<0.001*	-3.47	-10.44 to 3.50	0.34

Abbreviations: BM_{ACT} = active bone marrow; BM_{INACT} = inactive bone marrow; β = regression coefficient (e.g., 1 Gy increase in mean BM_{ACT} dose corresponds to a reduction in platelet count of 6.16 k μ L); CI = confidence interval; WBC = white blood cell count; ANC = absolute neutrophil count.

* Statistically significant.

- Radiation to "active" bone marrow correlated with significant decrease in WBC, ANC, Hgb, and Plt
- Radiation to "inactive" marrow not correlated with changes
- ¹⁸F-FDG-PET may help identify regions of "active" bone marrow in which radiation dose is more likely to result in hematologic toxicity

Spatial information-preserving toxicity model

$$P(T) = k D^a V^b$$

P(T) = probability of toxicity, k = constant, D = dose factor, V = volume factor, and a & b are parameters.

$D = \mathbf{d} * \mathbf{w}$ \mathbf{d} is the vector defining the dose distribution in bone marrow
 \mathbf{w} vector defining the distribution of a weighting factor (e.g. given by functional image)

$V = \mathbf{v} * \mathbf{w} = (\mathbf{d} > c) * \mathbf{w}$ $\mathbf{v} = (\mathbf{d} > c)$, for threshold dose level c

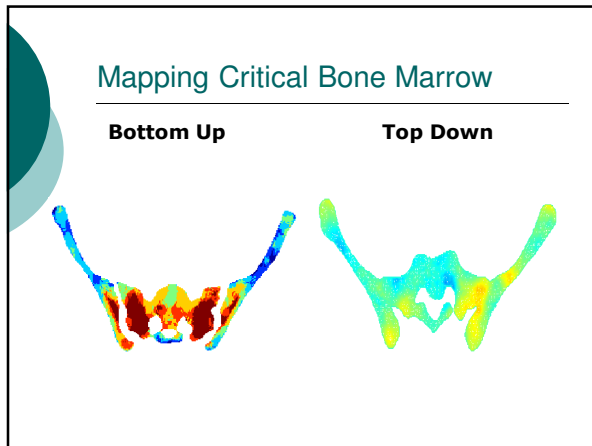
$$P(T; \mathbf{d}, \mathbf{w}, k, a, b, c) = k (\mathbf{d} * \mathbf{w})^a ((\mathbf{d} > c) * \mathbf{w})^b$$

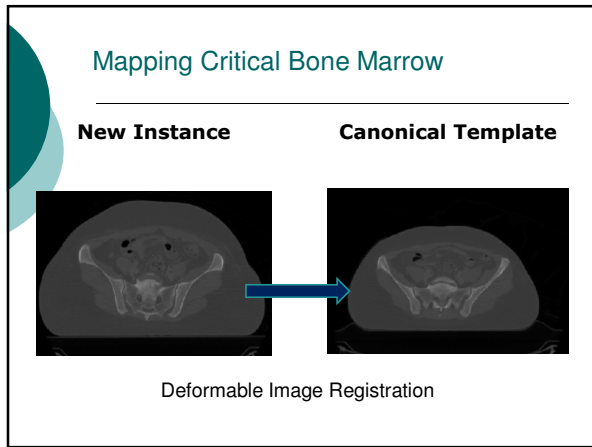
$$\log(P(T)) = k + a \log(\mathbf{d} * \mathbf{w}) + b \log((\mathbf{d} > c) * \mathbf{w})$$

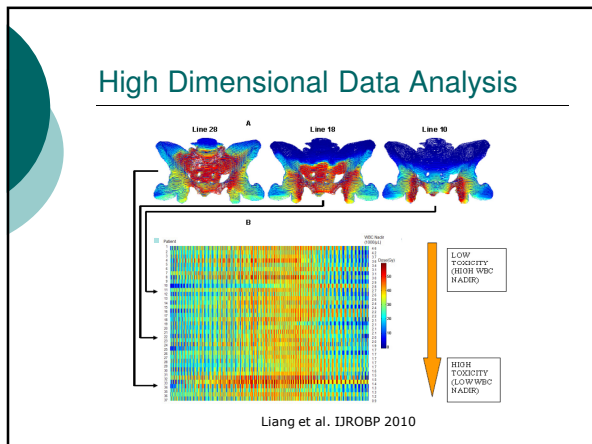
Given \mathbf{d} , \mathbf{w} , P(T), we can estimate model parameters k, a, b

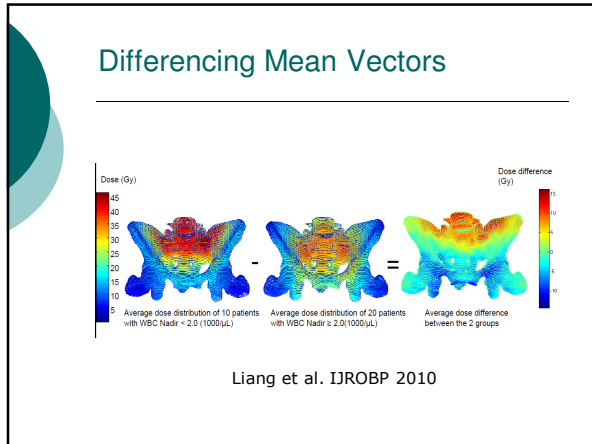
Critical Bone Marrow Subregions

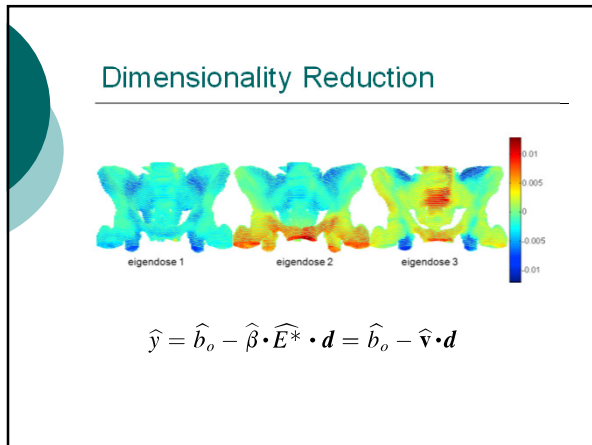
- All bone marrow is not created equal
- Which regions matter most?
- Two approaches:
 - "Bottom-up": Image \rightarrow spare
 - "Top-down": Statistical mapping \rightarrow spare

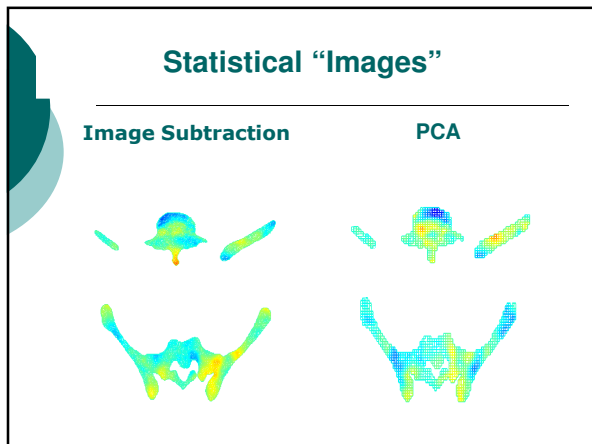


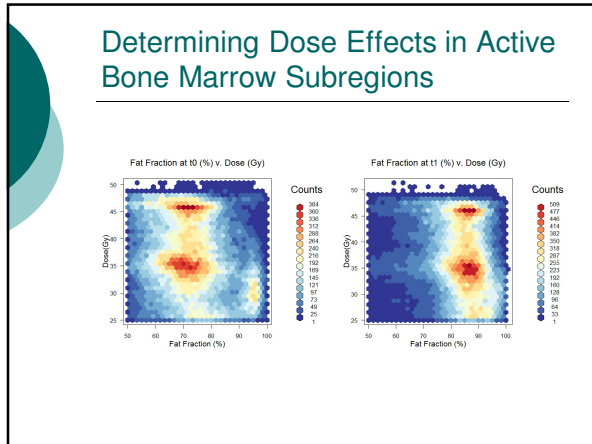


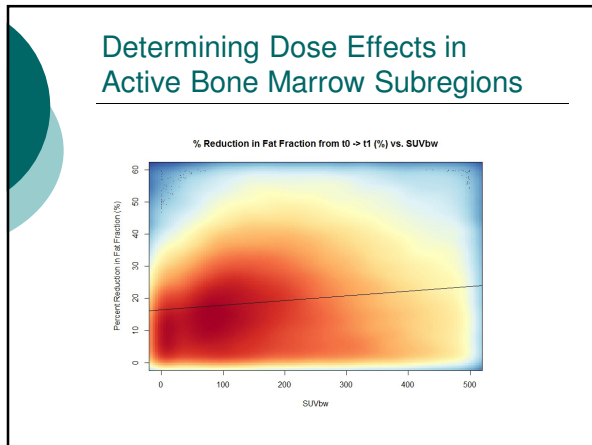












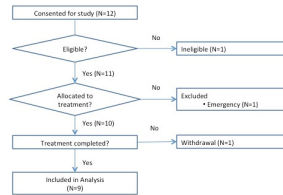
- ### Obstacles / Pitfalls
- ⦿ Impact of Compensatory Hematopoiesis
 - ⦿ Imaging Test / Re-Test Uncertainties
 - ⦿ Residual Spatial Uncertainties
 - ⦿ Resolution of PET
 - ⦿ Registration Errors
 - ⦿ Correct Model Specification?
 - ⦿ **Controlled Clinical Trials**

Prospective BM-Sparing IMRT Studies

- Prospective Pilot Study
 - 30 patients with cervical/anal cancer
 - FDG-PET + IDEAL
 - Published - Liang IJROBP 2012
 - IG-BMS IMRT dosimetrically and clinically feasible
- Phase I Trial of IMRT with Cisplatin and Gemcitabine
 - Locoregionally Advanced Cervix Ca
 - N=4 of 15

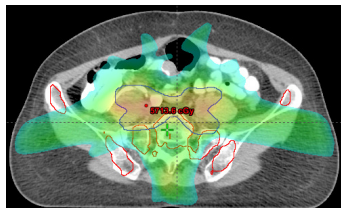
INTERTECC - PHASE II/III TRIAL OF IMRT FOR CERVICAL CANCER

- UCSD
- Univ. Hradec Kralove (Czech Republic)
- Xijing Medical Center (China)
- Asan Medical Center (S. Korea)
- Tata Hospital (India)
- 7 other sites credentialed

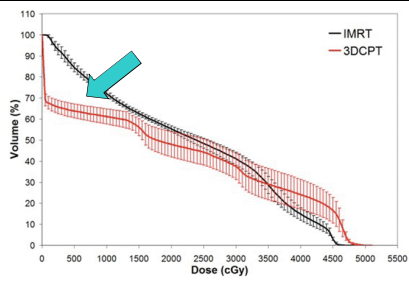


INTERTECC – Image-Guided BM-Sparing IMRT Sub-Study

- FLT-PET-guidance
- Serial IDEAL



Protons vs. IMRT for BM Sparing



Song et al. JACMP 2010

Center for Advanced Radiotherapy Technologies (CART)