ACR MRI Accreditation:

Process and Pitfalls

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ACR MRI Accreditation: Process and Pitfalls

- I. Evolution of the ACR MRI accreditation program
- II. The Qualified Medical Physicist/MR Scientist: Role and Responsibilities
- III. Overview of the ACR application process

Whole-body MRI Breast MRI Extremity MRI

- IV. Common Problems: Phantom and Clinical
- V. Expected updates to the ACR Quality Control Manual (2012)

Evolution of MRI Accreditation

- In 1996 the ACR initiated a voluntary whole-body MRI accreditation program utilizing the ACR "Large" phantom for application and QA
- In 2008, the whole-body program was converted to a modular program with six clinical modules (Head, Spine, MSK, Body, MRA, Cardiac)
- In 2008, the "Small" phantom was introduced for accreditation of special purpose orthopedic scanners. (Note: Is not required for MSK module accreditation on general purpose scanners)
- In 2010, the Breast MRI Accreditation Program was initiated as part of the mammography program was the MRI accreditation program
- As of January 1, 2012, MRI accreditation became <u>mandatory</u> for non-hospital based imaging facilities receiving Medicare payments.

CMS/MIPPA MRI Accreditation Requirements

As of January 1, 2012, <u>CMS/MIPPA*</u> requires that all <u>non-hospital based</u> facilities providing <u>Advanced Diagnostic</u> <u>Imaging**</u>(ADI) services and receiving Medicare payments for technical components of imaging services must be accredited by one of the CMS-approved accreditation organizations.

> The American College of Radiology (ACR) The Intersocietal Accreditation Commission (IAC) The Joint Commission (TIC) (Ambulatory Health Care Program)

CMS: Centers for Medicare and Medicaid Services MIPPA: Medicare Improvements for Patients and Providers Act ADI: MRI, CT and Nuclear Medicine/PET (Note: ADI specifically excludes: x-ray, ultrasound and fluoroscopy)

Medical Physicist/MR Scientist Responsibilities

- A qualified medical physicist/MR scientist must have the responsibility for overseeing the equipment quality control program and for monitoring performance upon installation and routinely thereafter.
- All facilities applying for accreditation or renewal must demonstrate compliance with the ACR
 requirements for quality control (QC) by including a copy of the facility's most recent Annual MRI
 System Performance Evaluation (must be performed by a medical physicis/MR scientist).
- The annual medical physicist/MR scientist performance evaluation just also include and assessment
 of the MRI safety program (signage, access control, screening procedures and oxygen safety) as well
 as an inspection of the physical and mechanical integrity of the system.

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Acceptance Testing and Quality Assurance Procedures for Magnetic Resonance Imaging Faciliti

MR System Performance Characteristics to be Monitored*

- A. Acceptance Testing
- B. Annual Equipment Performance Testing
- C. Quality Control Program
- D. Written Survey Reports and Follow-up Procedures

*ACR Technical Standard for Diagnostic Medical Physics Performance Monitoring of Magnetic Resonance Imaging (MRI) Equipment (revised 2009)

Who is the Qualified Medical Physicist/MR Scientist?

- Board certified: ABR, ABMP or CCPM
- Not certified:
 - 1) Graduate degree in physical science
 - 2) Two courses in biological sciences and radiation biology
 - 3) Three (3) years of documented experience in clinical MRI
- Grandfathered:
 - Conducted surveys of 3 MRI units between 1/1/2007 and 1/1/2010
- Upon renewal:
 - 1) Two (2) MRI surveys in prior 24 months
 - 2) Continuing Education Units (15 CME in prior 36 months)

The Role of the Medical Physicist

- 1) The MRI team physician, technologist, administrator and physicist
- 2) You are the primary resource for:
 - pulse sequences acquisition parameters system performance

 - artifacts
 - safety
 - review and adequacy of submitted DICOM images changes in accreditation instructions and requirements
- 3) Yes, you should determine that the system performance meets the ACR guidelines but more importantly, you should determine if the system r expectations based on your own knowledge and experience, meets v e.g. a 1.5T system that has a LCD score of 9, can pass accreditation but is clearly not functioning properly.

For non-hospital based facilities, which modalities have been designated by the Centers for Medicare and Medicaid Services (CMS) as "Advanced Diagnostic Imaging" services and thus, must be accredited by 1/1/2012.

- 0% 1. MRI. CT and Ultrasound
- 2. MRI. Nuclear Medicine/PET and CT 0%
- 3. MRI, Ultrasound and Fluoroscopy 0%
- 4. MRI, Fluoroscopy and CT 0%
- 5. MRI, Ultrasound and Nuclear 0% Medicine/PET

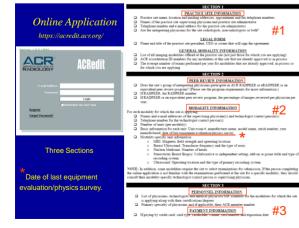
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For non-hospital based facilities, which modalities have been designated by the Centers for Medicare and Medicaid Services (CMS) as "Advanced Diagnostic Imaging" services and thus, must be accredited by 1/1/2012?

- 1. MRI. CT and Ultrasound
- 2. MRI, Nuclear Medicine/PET and CT
- 3. MRI, Ultrasound and Fluoroscopy
- 4. MRI, Fluoroscopy and CT
- 5. MRI, Ultrasound and Nuclear
- Medicine/PET

Reference: Center for Medicare and Medicaid Services website http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/MedicareProviderSupEnroll/AdvancedDiagnosticImagingAccreditati on.htm

ACR Accreditation Application Overview The accreditation process consists of two phases: Phase 1: "Entry Application" (Must be completed online.) Essentially to request a <u>Testing Material Packet</u> for the Full Application Phase 2: "Full Application" You will then receive a <u>Testing Material Packet</u> for the Full Application. <u>Please note that within</u> the year (2012) the full application submission will also be available online. For the whole-body and extremity magnets the <u>Full Application</u> requires: Phantom and Clinical Images Equipment Performance Report for each magnet (< 1 year) and last quarter QC documents At the present time the Breast MRI application does not require phantom images but Note: does require the Physicist's Equipment Performance Report and QC documents.





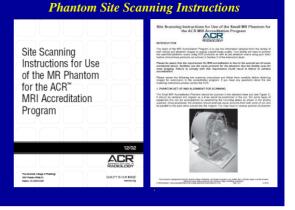
Phantom Image Data

Phantom images must be submitted on DICOM CD-ROM format

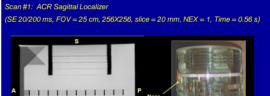
CD must contain all <u>five</u> phantom imaging sequences for both large and small phantoms:

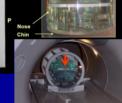
- 1) Sagittal localizer (TE/TR = 20/200 msec)
- 2) ACR T1-weighted sequence (TE/TR = 20/500 msec)
- 3) ACR T2-weighted Sequence (TE/TR = 20-80/2000 msec)
- 4) Site T1-weighted sequence and
- 5) Site T2-weighted sequence

CD should <u>not</u> include an embedded viewer



| ACR Phantom Data Forms | | | | |
|--|--|--|--|--|
| Large Phantom | Small Phantom | | | |
| Notice Control Control of Units of POV = 25 cm 256X256 II Phatem - Site Scanning Case Fermi Market and State Fermionen Control of | Annexise Chapter of Kunkage Mit | | | |
| National contains ELG Exain DH Hedd Images D015 Otable DRE Resme D10H Technicaen FON Team D17 Redri D19E DRefr D02E Servers D10E Technicaen 88 08 DN Hebutenstatus D19H Philips D19H Streads D19H Oter 9995 | 1. MR Resubstance check and Disk disclaume Disk Dok Cale II 0714 Other specify Disk Samere Disk OM II 0714 Other specify 2. New Handware \$ Same Handware | | | |
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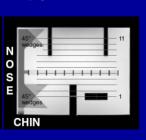


Accurate 3D alignment is essential!

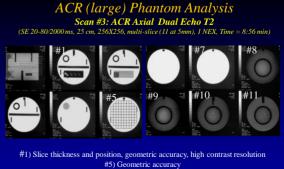
Scan #2: ACR Axial T1

(Note: Also typically used for weekly QC Measurements.)

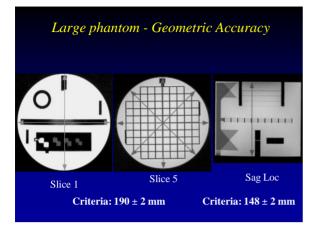
- Spin-echo sequence
- TE/TR=20/500ms
- Slice thickness / gap = 5/5 mm
- 11 slices graphically prescribed from sagittal localizer
- FOV = 25 cm
- Matrix: 256x256
- 1 average (NEX, NSA, etc.)
- Scan time: 2:16 min

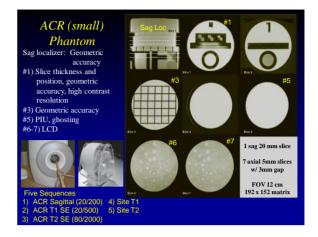


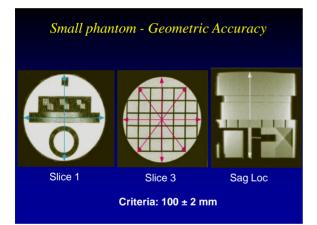
Compliments of Ed Jackson, PH.D.



#5) Geometric accuracy #7) Percent image uniformity, ghosting #8-11) Low contrast object detectability, and slice position (in #11) Slide courtesy of E.F. Jackson, PhD







ACR Guidelines for Phantom Scans

Large Phantom (FOV = 25 cm, 256X256

(Sagittal) ity (PIU)

solution tectability Score

-> 37 (3T)

Small Phantom (FOV = 12 cm)

racy (Sadittal) Score 100 ± 2 mm 100 ± 2 mm 5 ± 0.7 mm ≤ 5000 ≥ 87.5% (< 3T) ≤ 2.5% 0.8 mm ≥ 9 (<3T)

ACR Phantom Test Guidance Documents



Instructions for:

- How to evaluate images using DICOM viewer (Kpacs, ClearCanvas, Osiris/Osirix)
- Performance criteria that must be met by each unit
- Common reasons for failure
- Sent to site with Full Application packet
- Also available at ACR website

What are the ACR phantom performance guidelines for the percent image uniformity (PIU) and low-contrast detectability (LCD) for 3T and 1.5T systems, respectively?

- PIU=87.5%(3T) and 82%(1.5T), and LCD guidelines are the same **0%** 1.
- **0%** _{2.} PIU guidelines are the same, and LCD = 37(3T) and 9(1.5T)
- 0% PIU= 87.5% (3T) and 82%(1.5T), and LCD = 37 (3T) and 9 (1.5T)
- **0%** ^{3.}
- **0%** 4. PIU= 82%(3T) and 87.5%(1.5T), and LCD 37(3T) and 9(1.5T)

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- PIU=87.5%(3T) and 82%(1.5T), and LCD guidelines are the same 1.
- 2. PIU guidelines are the same, and LCD = 37(3T) and 9(1.5T)
- 3. PIU= 87.5% (3T) and 82%(1.5T), and LCD = 37 (3T) and 9 (1.5T)
- PIU= 82%(3T) and 87.5%(1.5T), and LCD 37(3T) and 9(1.5T) 4

Reference: ACR website www.acr.org

http://www.acr.org/-/media/ACR/Documents/Accreditation/MRI/LargePhantomGuidance.pdf http://www.acr.org/-/media/ACR/Documents/Accreditation/MRI/SmallPhantomGuidance.pdf

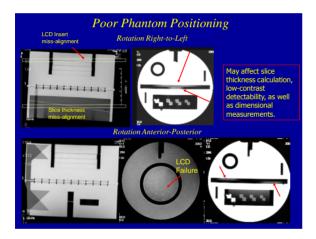
Common Phantom Image Failures

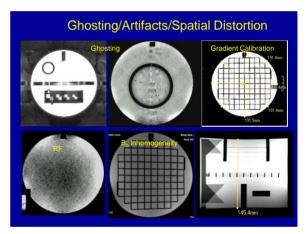
1 Poor phantom alignment

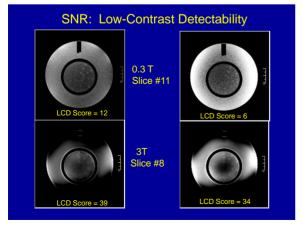
- a. Low-contrast detectability (LCD insert miss-alignment)
- b. Slice-thickness (ramps rotated with respect to slice)
- Slice position accuracy (laser alignment or gradient calibration)
- Ghosting/Artifacts (gradient instability, motion, eddy currents, narrow BW, etc)
- a. Interference with LCD spokes b. RF leaks and others leading to "Unacceptable Artifacts" designation Signal-to-Noise (<1.5T as well as 3T)
 - a. Low-field: LCD score < 9 b. High-field (3T): LCD score < 37
- Gradient non-linearity (uncorrected)/B_a inhomogeneity (poor magnet shim)
- b. Dimensional accuracy

6

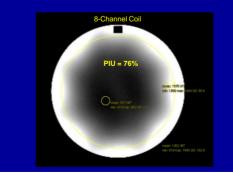
- Array coil based failures (non-function element or no image intensity correction) a. Percent Image Uniformity (PIU) failure
- b. Image intensity correction not used
- Other: Incorrect sequence parameters: FSE vs SE, Half Fourier, acceleration (SENSE, GRAPPA, etc), excessive filtering, narrow BW distortions or combined effects







No image Intensity Correction: Multi-element Coils (SCIC, CLEAR, PURE, ...)



Common Clinical Image Failure

- Unacceptable acquisition parameters
- Each Clinical Module has specific technical requirements.
- The Medical Physicist should review the DICOM header information to confirm appropriate acquisition parameters prior to submission.

| | Sequence | Slice thickness | Gap | Maximum Pixel Dimensions | |
|------------------------------|--|-----------------|-----------|-----------------------------|--|
| MRI Accreditation Program | Brain – Sagittal & Axial and/or Coronal | ≤ 5 m m | ≤ 2 m m | ≤ 1.2 mm | |
| Clinical Image Quality Guide | Cervical Spine – Sagittal | s 3 m m | s 1 m m | s 1 m m | |
| | Cervical Spine – Axial | s 3 m m | s 1 m m | s 1 m m | |
| RADIOLOGY | Lumbar Spine – Sagittai | ≤ 5 m m | s 1.5 m m | s 1.5 m m | |
| www.acr.org | Lumbar Spine – Axial | ≤4 m m | s1 m m | ≤ 1.5 m m | |
| | Knee – Sagittal & Coronal | s 4 m m | s1mm | ≤ .75 m m | |

Breast Magnetic Resonance Imaging (MRI) **Accreditation Program Requirements**



At the present time there is no specific ACR MRI phantom.

OVERVIEW

For Breast MRI Accreditation, the Medical Physicist/MR Scientist has the added responsibility of choosing the phantom to be used for the weekly QA measurements and determining the specifics of the QC program.

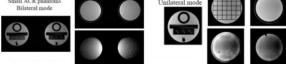
Currently, the ACR Breast MRI Accreditation application does not require phantom images.

However because of the specific and detailed requirements for the clinical image acquisition parameters, the Medical Physicist has an important roll in the submission process to confirm that the images meet the technical requirements.

| | Breast MRI Accreditation Program Dictory 1891 Preston White Drive, Reston, VA 20191-4397 Testing Instructions |
|----|--|
| A. | Required items for testing: 1. <u>MRI Exuperent Evolution Summary</u> form (also see page 131 in the 2004 ACR Magnetic Resonance Image Cavely Control Manual) 2. <u>Evolution or Striss Technologist CC Program</u> form (also see page 129 in the 2004 ACR Magnetic Resonance Image Quality Control Manual) . Identification bales to be diffect to the forms |
| B. | Compliance with the ACR requirements for the medical physicist/MR scientist's Annual MRI System Performance Evaluation and OC. 1. The entire most recent Annual System Performance Evaluation report that includes: D A completed MRI Equipment Evaluation Summary from signed by the medical physicist/MR scientist (with a survey date within 1 year of the application date for ACR accreditation) D A completed Evaluation of Site's Technologist QC Program form |

- quired items for testing: <u>Breast MRI Test Image Data</u> form to record your data for the online submission identification labels to be affixed to the clinical image discs and the Test Image Data section printout
- Idefinitiation laters for a constant of the second 1.

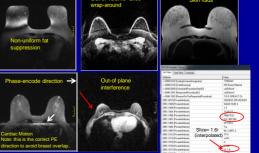
Breast Weekly QC Options Daily/weekly OC: Choice of phantom and action criteria is up to facility. Decision made by "qualified medical physicist/MR scientist in cooperation with the system vendor". • Large ACR phantom in head coil Dedicated breast MR systems may use small ACR phantom breast coil. · Other vendor-supplied phantom nall ACR phantom Small ACR phantoms Unilate al mode



The Medical Physicist will need to review the DICOM header information for the site to confirm that the images meet the ACR quidelines, e.g. slice thickness, phase and frequency-encoding steps, FOV and image acquisition time.

| | Multi-Phase T1-Weighted Series | | | | | | |
|---|------------------------------------|-----------------|----------|--|---------|--|---------|
| Parameters | T2-Weighted/Bright Fluid Series | Pre-Contrast T1 | | Early Phase (1**) Post- Contrast T1 | | Delayed Phase (last) Post-Contrast T1 | |
| Sequence name/type | | | | | | | |
| Sequence # | | | | | | | |
| 2D or 3D sequence (check one) | 2D 3D | 2D [|] 3D | 2D | 3D | 2D | 3D |
| Slice orientation | | | | | | | |
| Acquisition time (min, sec) | min, sec | min, | sec | min, | sec | min, | 501 |
| Slice thickness (mo) (not interpolated) | mm | | mm | | mm | | mm |
| Interslice gap (mm) | mm | | mm | | mm | | mm |
| Total number of slices | | | | | | | |
| FOV _{phose-evoluting} (mm) | mm | | mm | | mm | | mm |
| FOV _{tequency-encoding} (mm) | mm | | mm | | mm | | mm |
| N _p (# of phase-encoding steps) | | | | | | | |
| Nr (# of frequency-encoding steps) | | | | | | | |
| # Acquisitions per phase-encoding step (NEX) | | | | | | | |
| TE (msec) | msec | п | isec | | msec | | msec |
| TR (msec) | msec | п | tsec | | msec | | msec |
| Flip Angle (degrees) | | deg | rees | | degrees | | legrees |
| TI (only applicable for STIR sequences) | msec 🗌 NA | | | | | | |
| r the pre-contrast and post-contrast T1-weighted series, the following parameters must be me Maximum Recommended in Plane Pl | | | | | | | |
| Sequence | Slice Thickne | | | | | | |
| Sagittal, Axial and/or Coronal | <u></u> ≤3 mm | 0 mm | 0 mm1 mm | | | | |

common Clinical Image Problems in Breast MRI Accreditation. Incorrect acquisitions parameters (pixel > 1 mm, slice > 3 mm or gaps > 0 mm)
 Poor fat suppression or no pre-post contrast subtraction images 3) Interpolated images 4) Poor Position of breast within coil (skin folds)
 5) Artifacts (truncation, wrap (slice and phase), m



In regard to ACR Breast MRI accreditation, only one of the following is correct?

- 1. The MRI system must be a dedicated breast facility 0%
- 2. Routine QA does not require the use of a phantom 0%
- The MRI field strength must be at least 1.5T 3 0%
- No phantom images are required as part of the 4. 0% accreditation application
- The use of a bilateral coil is optional 5. 0%

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- 1. The MRI system must be a dedicated breast facility
- Routine QA does not require the use of a phantom 2.
- 3. The MRI field strength must be at least 1.5T
- 4. No phantom images are required as part of the accreditation application
- 5. The use of a bilateral coil is optional

Reference: ACR website www.acr.org

http://www.acr.org/~/media/ACR/Documents/Accreditation/BreastMRI/Requirements.pdf

Anticipated Changes in the ACR MRI Quality Control Manual (Revision expected 2012)

(Note: Changes have yet to be approved)

- Annual Physics Report must include verification of technologist weekly QC measurements (i.e. repeated weekly QA at annual visit)
- Annual Physics Report must include evaluation of all pulse sequences required for accreditation submission.
- Revised method for slice-thickness calculation w/background correction 3.
- 4. Description of additional methods for field uniformity assessment

Spectral Peak Spectral Peak Phase-angle Difference Phase Map Bandwidth-Difference

- 5. Improved description of slice-position accuracy guidelines
- Removal of slice cross-talk requirement Recommends NEMA methods for SNR, PIU and PSG
- 7
- Required review of site safety policy 8
- Medical Physics Annual Performance Report Clarification
- Must have some form of field uniformity assessment

Annual Site Safety Review (Proposed 2012 ACR Manual)

physicist/MRI scientist should review the still's written safety policie determine that the written policies are readily accessible to facility st and make recommendations for improvement. The categories listed below should be included in the review.

MR Safety Policies and Procedures Checklist Restrictions (MR Zones) d MR Safety Education/Training for all personnel non MR Personn<u>el Screening</u>

signage ar MR sa

Criteria for Compliance

ne of the annual performance testing, the qualified medical

of MR Safe/MR Co or Adverse Incide

Must have monitor assessment

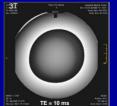
ACR Annual Performance Report Measurements, ct'd Magnetic field uniformity Slice Position Accuracy Slice Thickness Accuracy 4. RF Coil Checks a. Volume Coils Signal-to-Noise Ratio (SNR) Current Percent Image Uniformity (PIU) Percent Signal Ghosting (PSG) Requirements b. Surface Coils (Coil arrays) Maximum SNR 5. Soft Copy (Monitor) Display Max and Min Luminance

Luminance Uniformity SMTE pattern evaluation

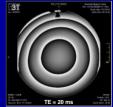
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Magnetic Field Uniformity: (Proposed 2012 ACR Manual) Phase Map Method

GE Sequence: TE ~ 1/resonance frequency (ppm) (e.g. 1.5T = 1/63 Hz = 15.6 ms)

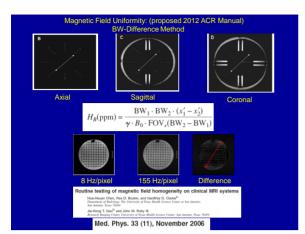


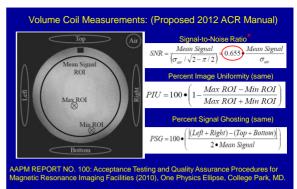
New



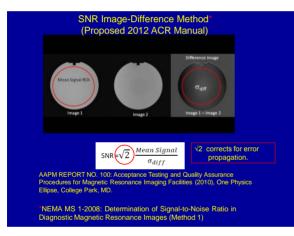
TE = 10 ms ~ 0.8 ppm/transition

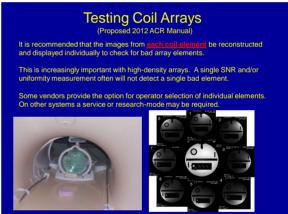
TE = 20 ms ~ 0.4 ppm/transition





*NEMA MS 1-2008: Determination of Signal-to-Noise Ratio in Diagnostic Magnetic Resonance Images (Method 4)





Comments

- The quality of your contributions to the accreditation process will often determine if the site passes or fails.
- However of considerably higher importance, is that your contributions can often determine if the site is providing the best possible clinical results.

Final Comment

<u>Please remember</u>: The ACR Accreditation Review will be delayed until all required medical physics documents are included in the submitted documents.

Clinical Examination Choices by Module

| Head/Neck | Spine | nations denoted by asterisk*) MSK | | |
|---|--|---|--|--|
| Brain for transient ischemic attack (TIA) Internal auditory canal (IAC/temporal bone) for hearing loss Brain for suspected demyelinating disease* Pituitary with dynamic contrast enhancement* Orbits for vision loss* | Lumbar Spine Thoracic Spine Cervical Spine* Cervical Spine with contrast for intramedullary disease* | Knee such as for internal derangement Shoulder such as for internal derangement* Elbow such as for internal derangement* Forefoot for Moton's neuroma* | | |
| Body | MRA | Cardiac | | |
| Male pelvis such as for prostate cancer Renal Hepatobiliary to Include MRCP* Female pelvis such as for uterine or adnexal disease* | Brain Carotid Thoracic aorta Distal peripheral runoff High resolution arch and carotid* Abdomen for renal artery stenosis* | Black blood Basic Delayed enhanced cine 1 Delayed enhanced cine 2 Delayed enhanced cine + black blood* | | |

Typical requirements: 4-6 exams per scanner depending upon the number of modules. Exams must include a "specialty" exam.

Revised Wording for Annual System Performance Evaluation

- Setup and positioning accuracy (mechanical inspection)
 Central frequency;
 Transmitter gain or attenunation (head coil RF calibration)
 Geometric accuracy (gradient calibration)
 High contrast spatial resolution
 Low contrast detectability
 Image artifact assessment
 Hard copy (film) QC
 Soft copy (Monitor) QC
 Visual checklist

