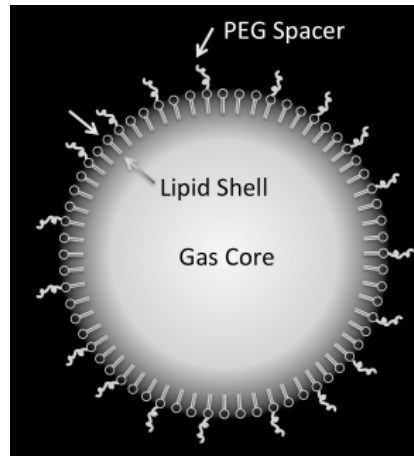


Ultrasound Contrast Agents

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AAPM 2012

Charlotte, NC



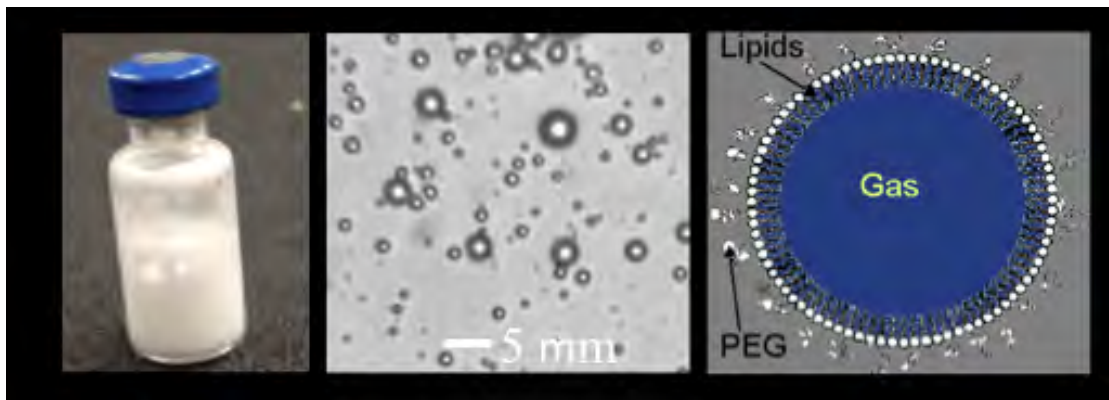
Discussion Points

- Part I
 - Microbubble Basics
 - Fundamentals in Contrast Imaging
 - Basic Imaging Applications
- Part II
 - Advanced Imaging Applications
 - Bioeffects and Therapeutic Applications
 - Safety

Microbubble Introduction

What are Microbubble Contrast Agents's

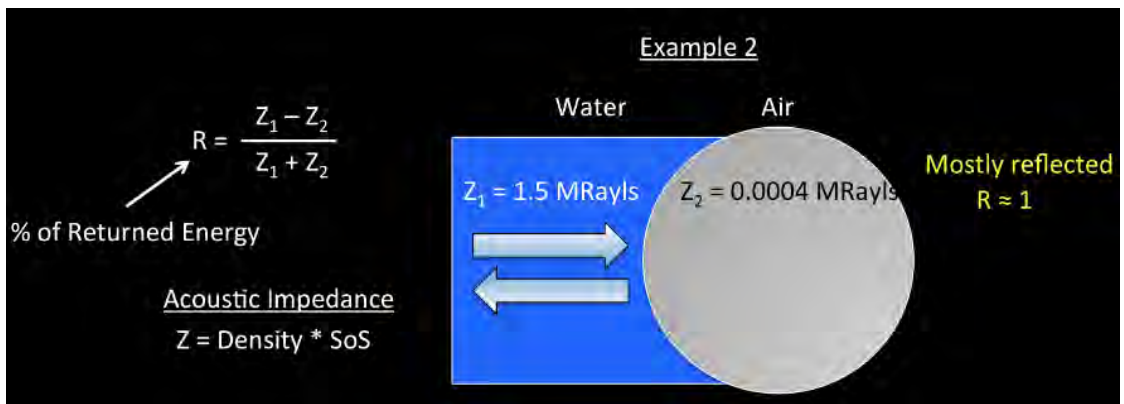
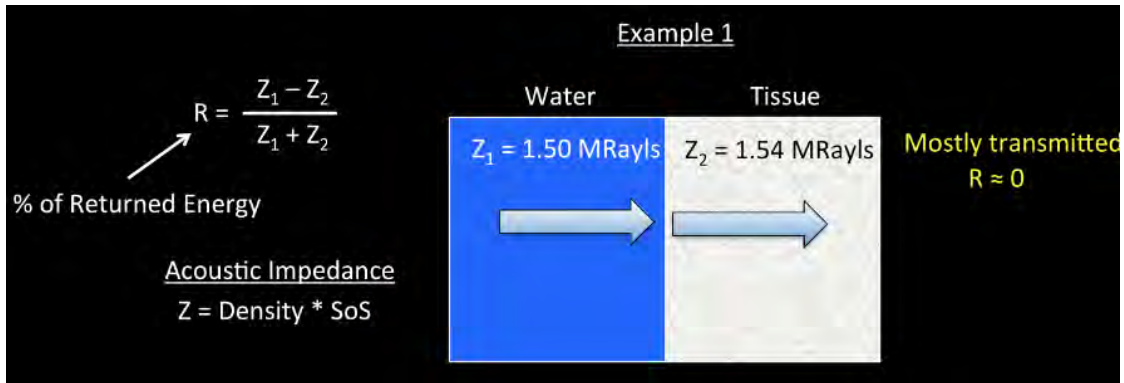
- Gas: Air, Perfluorocarbon, Sulfur Hexafluoride, etc
- Shell: Polymer, Lipid, Albumin, etc
- Size: Typically $< 8 \mu\text{m}$ (Size of RBC)
- Confined to the Vascular Space



Notes

Microbubble Properties

Microbubbles are Highly Echogenic



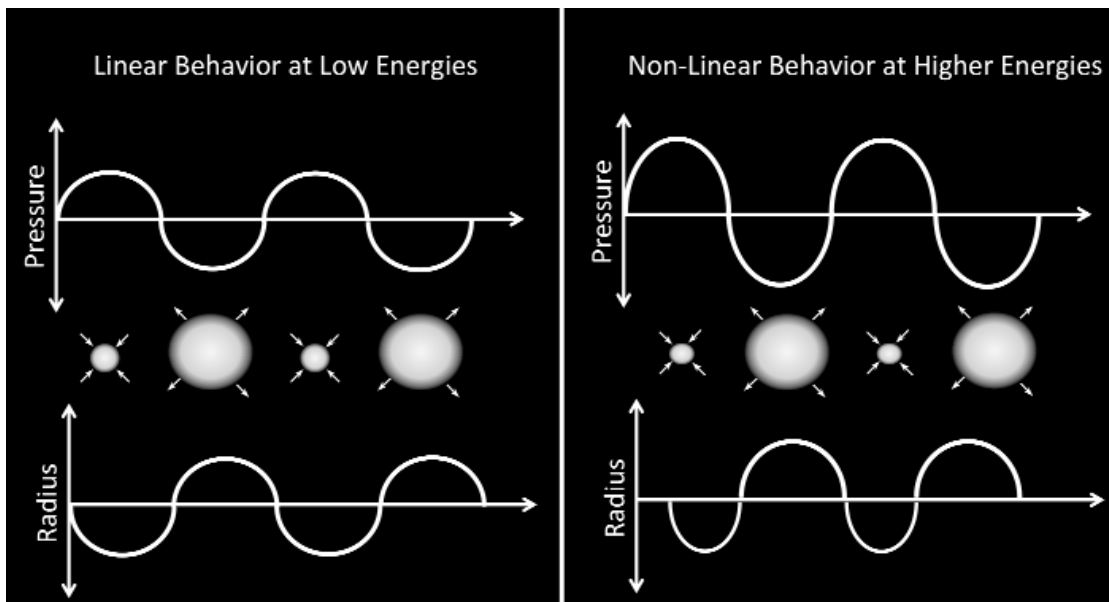
Reference: Szabo 2006

Notes

Microbubble Properties

Microbubbles Oscillate and are Governed by...

- Frequency
- Acoustic Power
- Pulse Repetition Frequency
- Type of Gas Core
- Damping Coefficients
- Shell Properties

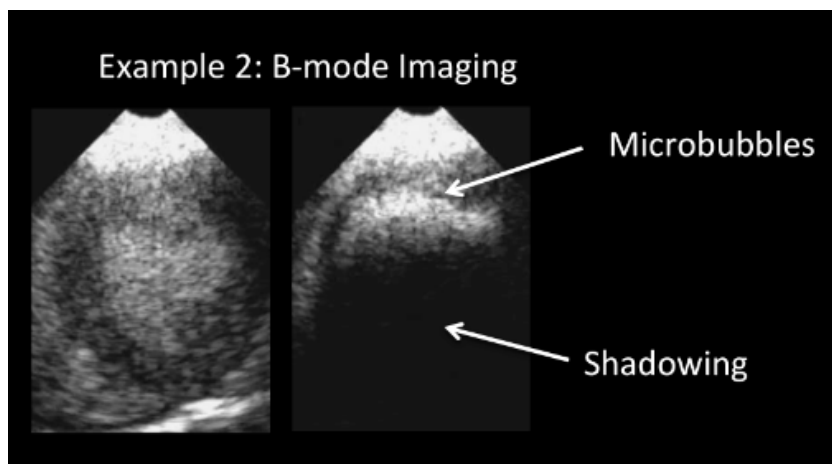
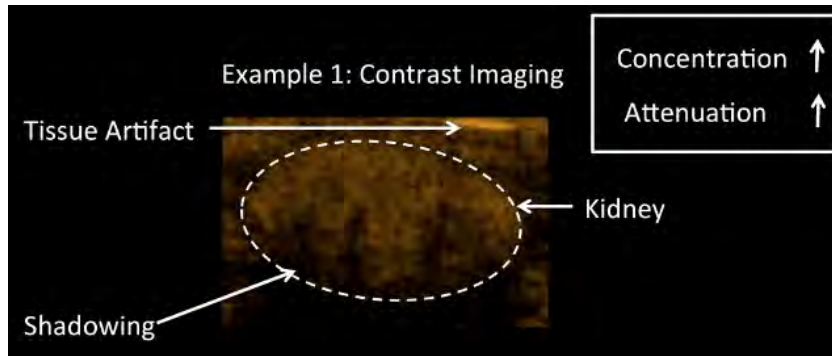


Reference: Quiaia 2005

Notes

Microbubble Properties

Microbubbles Attenuate



Reference: Quaia 2005

Notes

Microbubble Properties

Describing the Motion of Microbubbles

Rayleigh - Plesset:

$$\rho R R'' + \frac{3}{2} \rho R'^2 = p_L - p_o - \rho R'^2 = p_L - p_\infty$$

ρ = Density of Medium

R = Microbubble Radius

R' = 1st Time Derivative of Radius

R'' = 2nd Time Derivative of Radius

p_L = Liquid Pressure at Wall

p_∞ = Liquid Pressure Away From Wall

Reference: Quiaia 2005

Notes

Microbubble Properties

Describing the Motion of Microbubbles

If you include the shell properties like viscosity and elasticity...

$$\rho R R'' + \frac{3}{2} \rho R'^2 = p_{go} \left(\frac{R_o}{R} \right)^{3\Gamma} - \frac{2S_T}{R} - \frac{4\eta R'}{R} - p_o + P_{(t)} \sin(\omega t)$$

S = Surface Tension

η = Liquid Shear Viscosity

This is a complex equation and is very difficult to model and simulate!

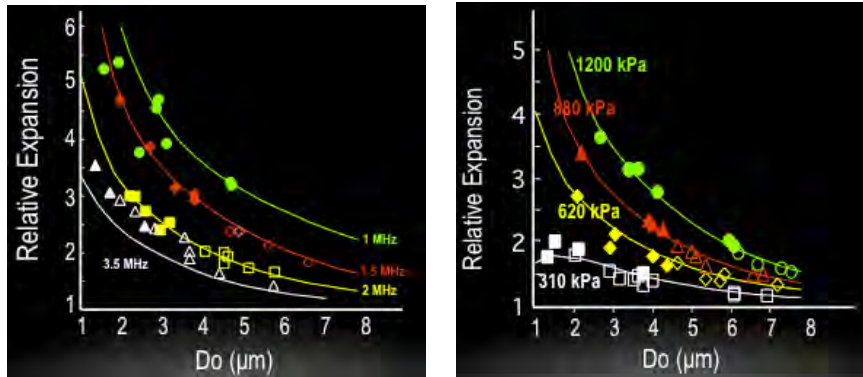
If you consider concentration and size distributionm the complexity is exacerbated.

Reference: Quiaia 2005

Notes

Microbubble Properties

Microbubble Destruction Increases for High Acoustic Power, Long Pulse Lengths and Low Frequencies

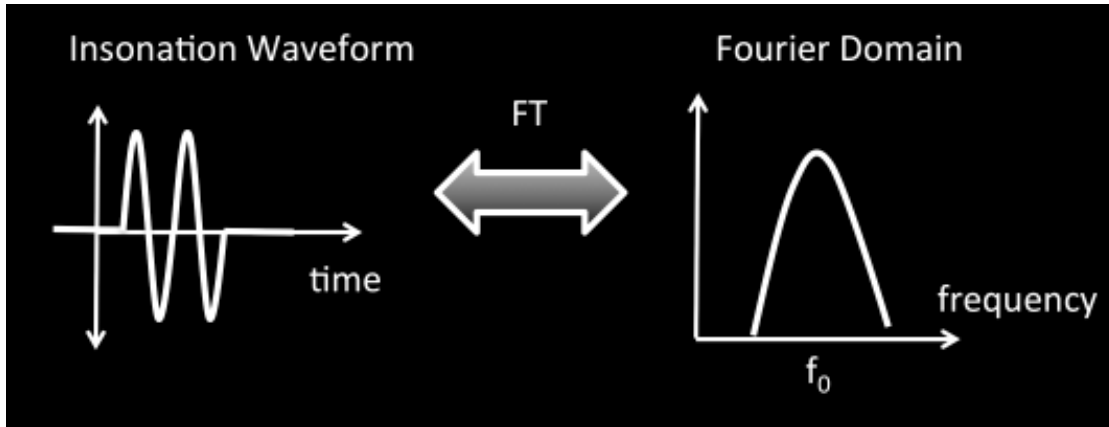


Reference: Quiaia 2005

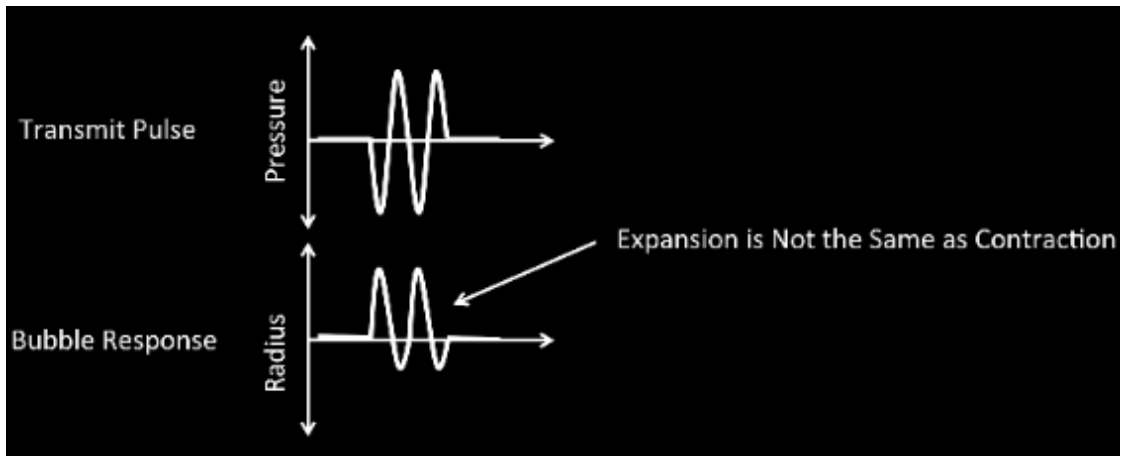
Notes

Imaging Microbubbles

Microbubble response is related to the insonation frequency



Microbubble response is non-linear

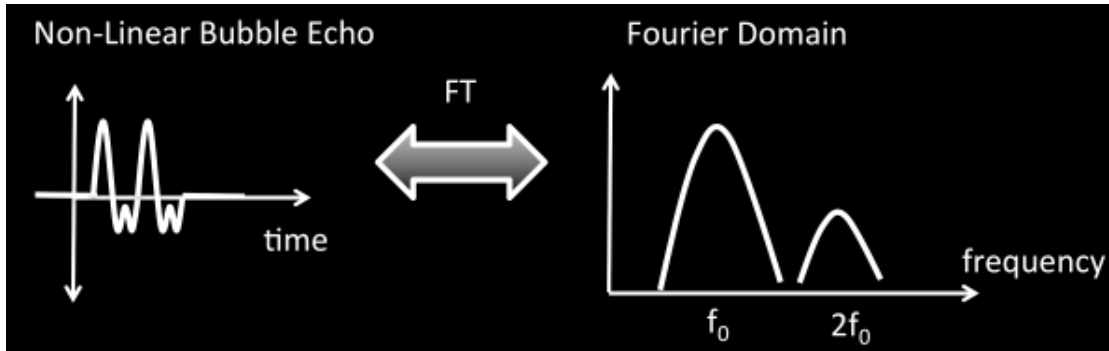


Reference: Quaia 2005

Notes

Imaging Microbubbles

Microbubbles generate harmonic and subharmonic energy



Imaging techniques take advantage of the microbubble properties

Goal: Separate the microbubble signal from the tissue

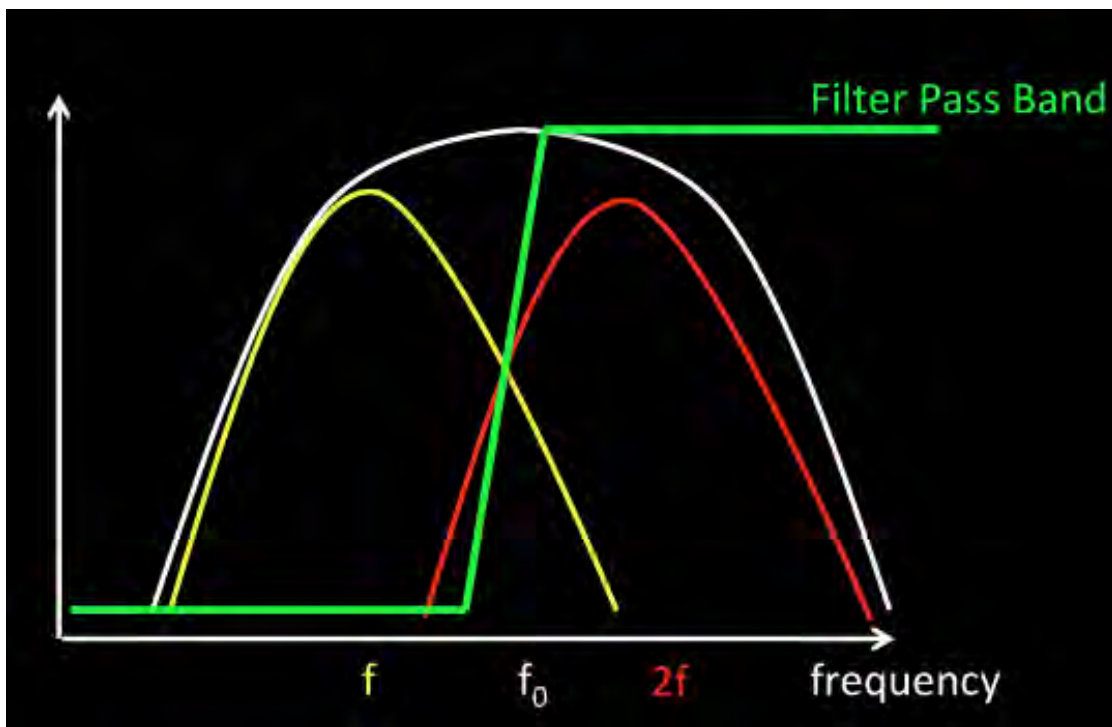
Reference: Quaia 2005

Notes

Harmonic Imaging

Harmonic Imaging

- Transducers have a finite bandwidth or frequency response
- Insonify microbubbles at frequency f
- Receive the returned signal at $2x f$
- Use a high pass filter to eliminate unwanted low frequency signals
- NOTE: Strong tissue signal can overpower weak harmonic signals



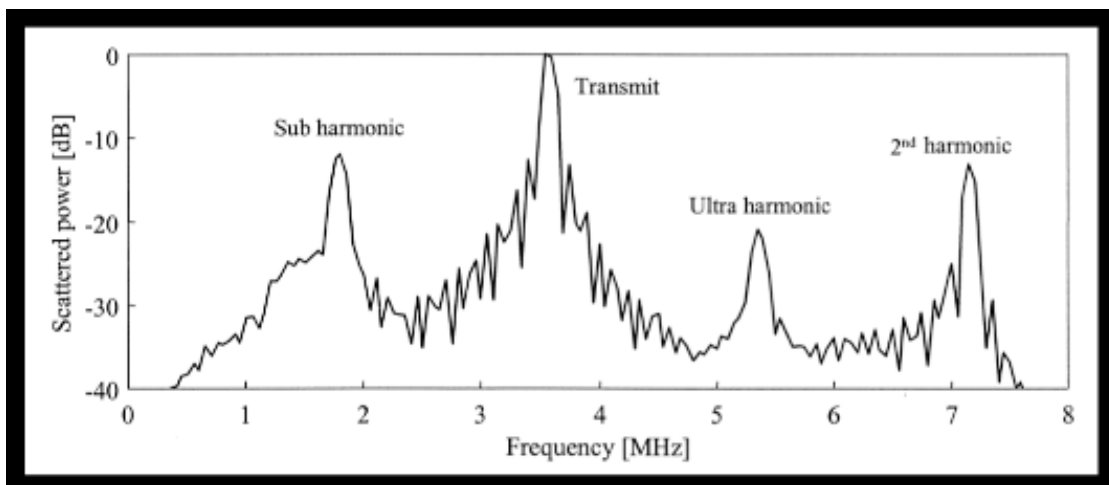
Reference: Quaia 2005

Notes

Subharmonic Imaging

Subharmonic Imaging

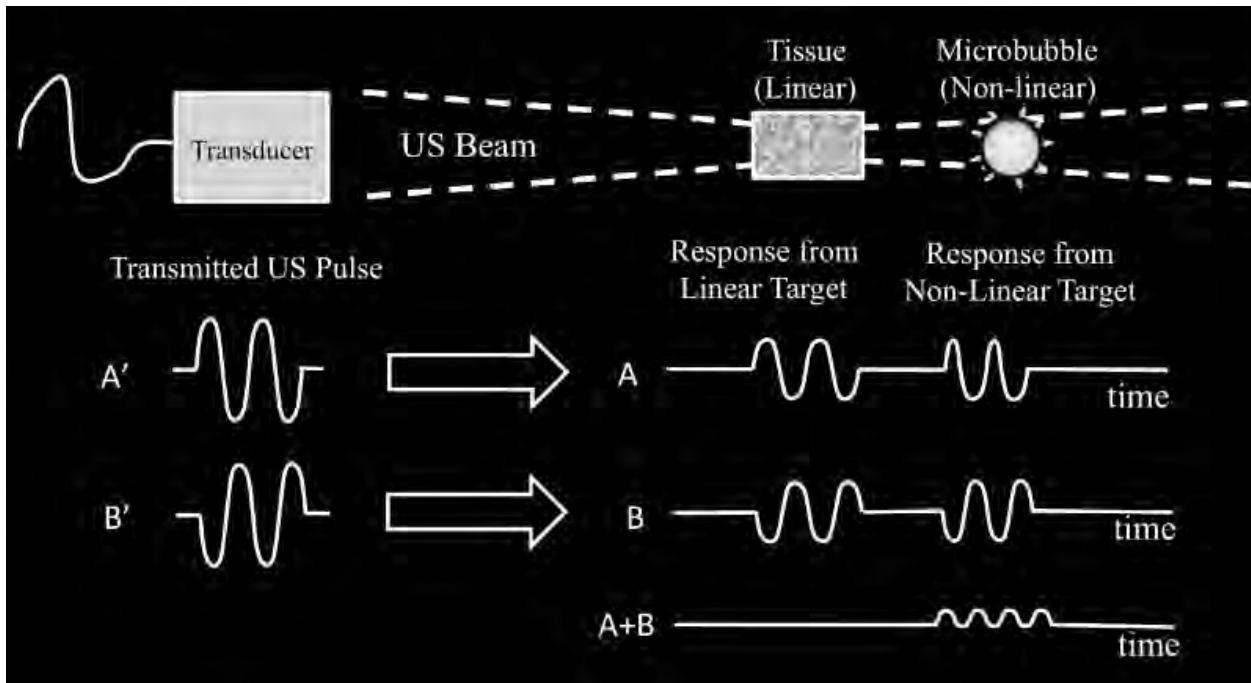
- Microbubbles have subharmonic energy
- Subharmonics occur at $\sim \frac{1}{2}$ of the transmitted frequency
- Tissue generated harmonic energies at high acoustic pressures
- Subharmonics allow for easy separation of signal from tissue
- Lower frequencies imply less attenuation



Reference: Frinking 2000

Notes

Pulse Inversion Imaging



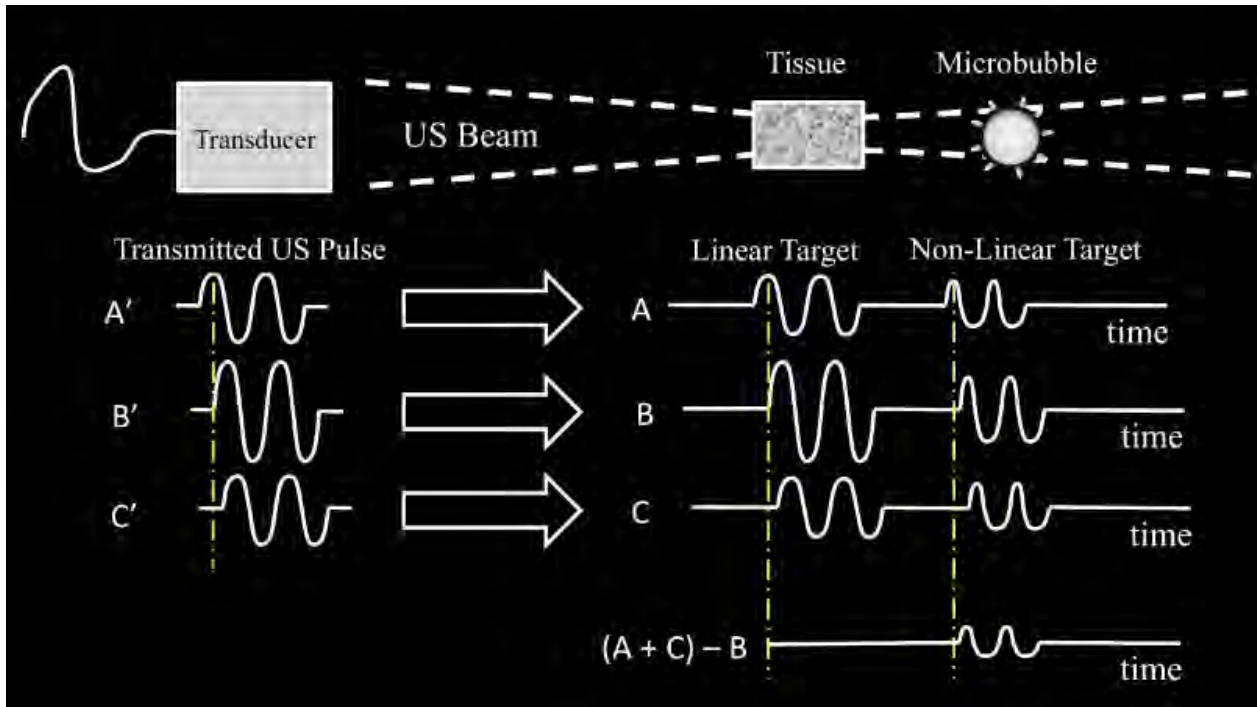
At high enough pressures, tissue behaves non-linearly

Reference: Quaia 2005

Notes

Amplitude Modulation Imaging

Amplitude Modulation

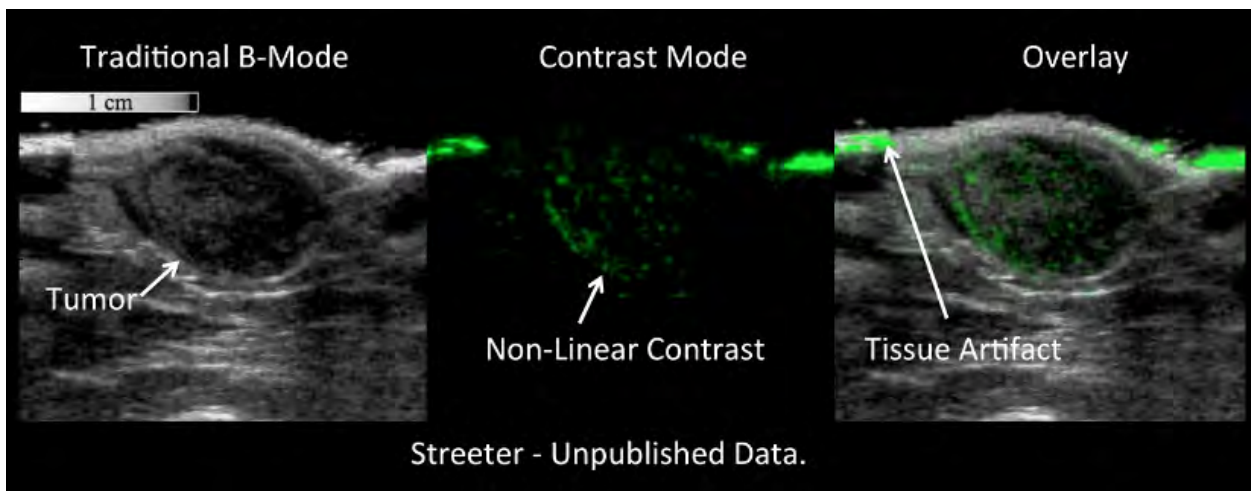


Notes

Combining Imaging Techniques

Example:

- Siemens Sequoia - 15L8 Linear Array Transducer
- Cadence Pulse Sequencing Mode (Contrast Imaging)
- Amplitude Modulation and Pulse Inversion



Reference: Quiaia 2005, Streeter Unpublished

Notes

Contrast-Enhanced Ultrasound

Contrast-Enhanced Ultrasound

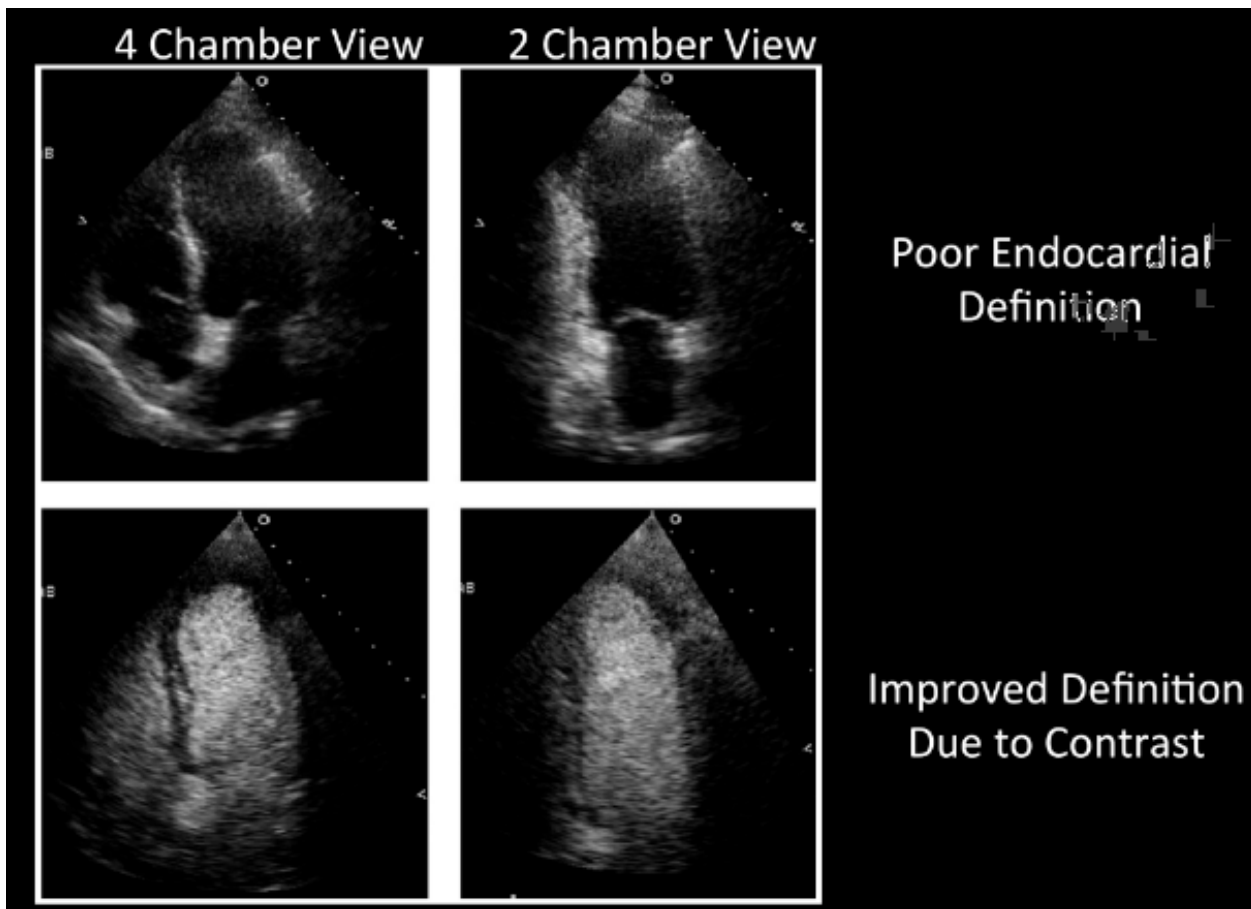
- Blood is a weak scatterer
- Microbubbles help delineate the tissue from blood
 - Provides a clearer picture for clinicians
- Ability to quantify tissue perfusion
 - Transit time measurements
 - Evaluation of blood volume
 - Replenishment Kinetics

Reference: Quaia 2011

Notes

Contrast Echocardiography

- Assessment of Left Ventricular Cavity
 - Requires endocardial border visualization
 - Adequate visualization not possible in 15% of patients
- Left ventricular opacification
 - Microbubbles improve visualization
 - Produces homogenous opacification
 - Improves reader accuracy and confidence



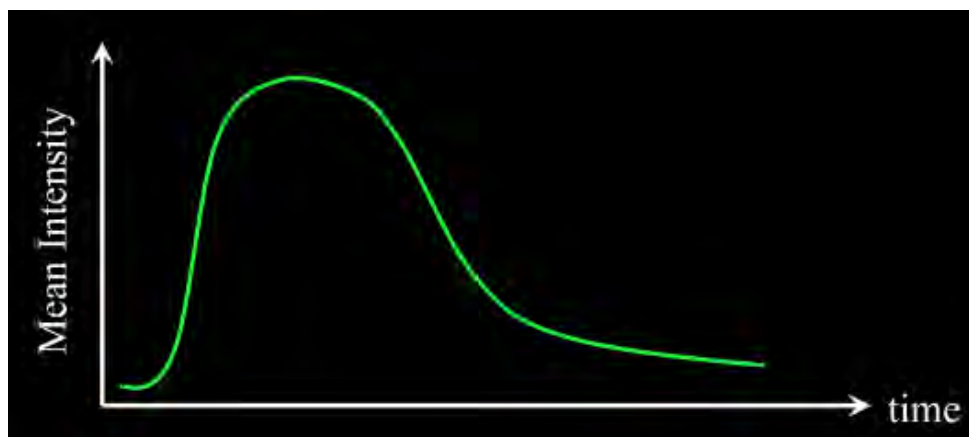
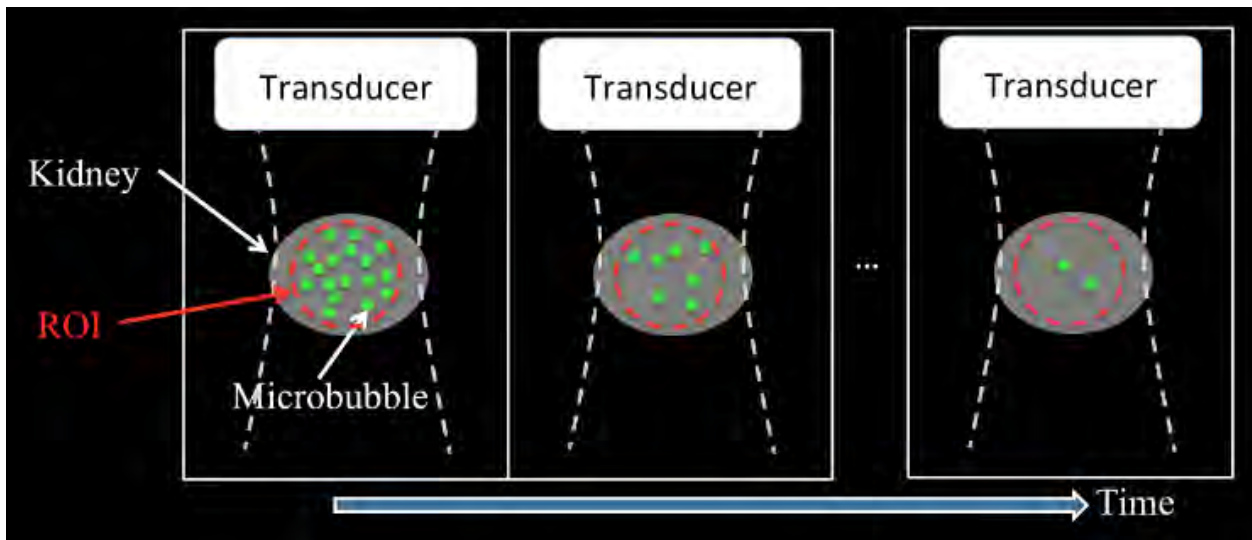
Reference: Kaufmann 2005

Notes

Time Intensity Curves

Time Intensity Curve

- Contrast-enhanced monitoring over time
- Select a region of interest
- Evaluate the intensity of the microbubbles

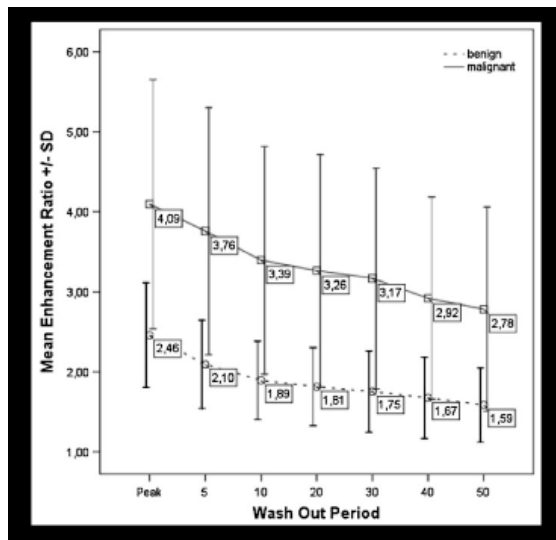
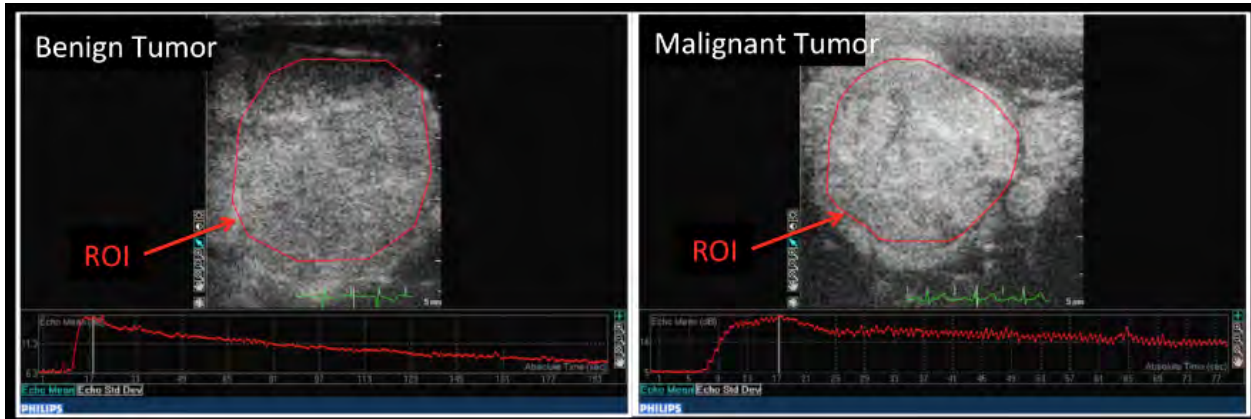


Reference: Quaia 2011

Notes

Time Intensity Curve Example

Example: Differentiation between benign and malignant thyroid tumors



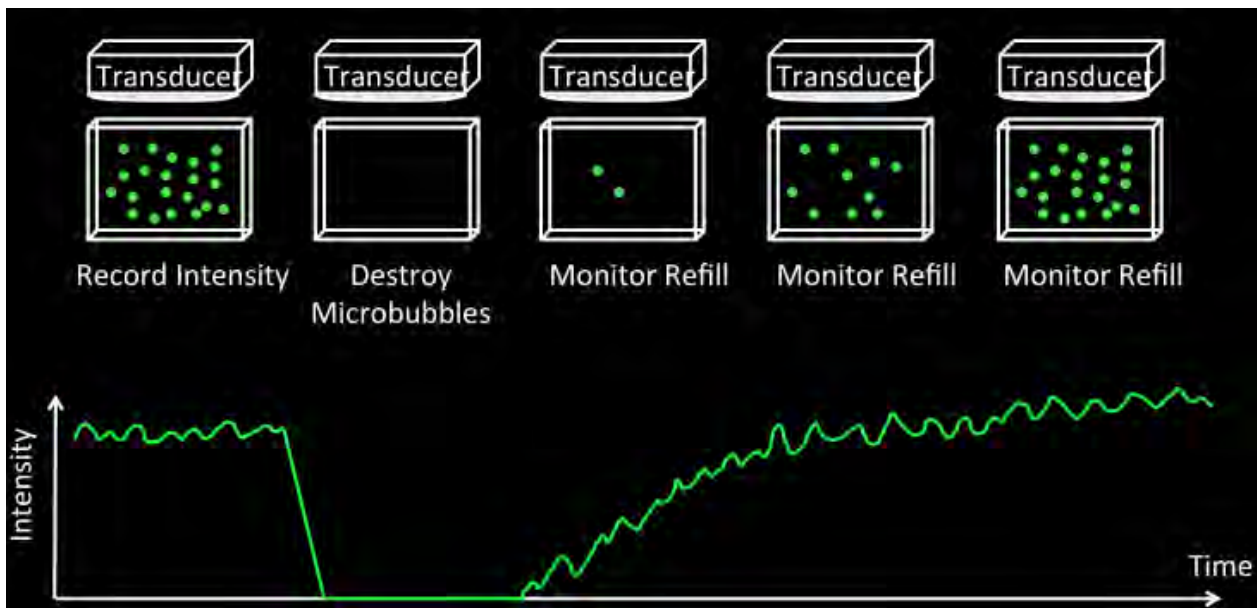
Reference: Nemec 2012

Notes

Destruction-Reperfusion

Destruction-Reperfusion

- Perfusion quantification helps understand diseased tissue
- Microbubbles are continuously infused
 - Steady-state clearance equals the inflow of microbubbles
- Microbubble destruction in a single plane
- Monitor the microbubble refill rate



Reference: Quiaia 2011

Notes

Destruction-Reperfusion

Destruction-Reperfusion

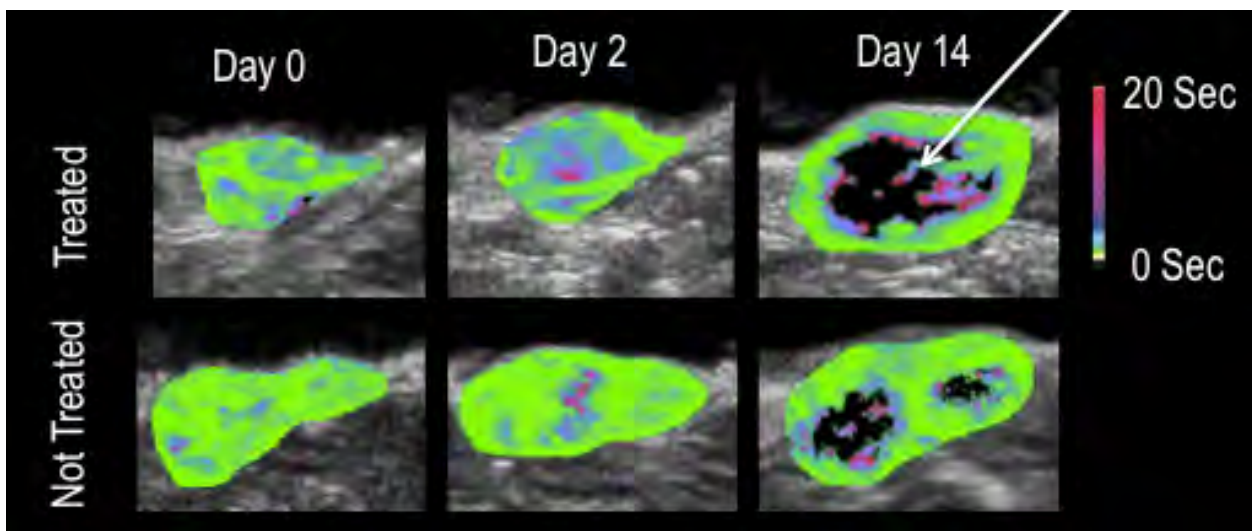
- Perfusion quantification helps understand diseased tissue
- What information do we get?
 - Time to peak intensity
 - Blood flow velocity (slope)
 - Fractional blood volume (Max Amplitude)
 - Blood volume (Area under the curve)
 - Mean transit time

Reference: Quaia 2011

Notes

Destruction-Reperfusion Example

- Perfusion quantification helps understand diseased tissue
- Example:
 - Destruction-reperfusion at the pixel level
 - Monitoring time to 20%
 - Volumetric evaluation via elevational stepping
 - Tumor Perfusion Monitoring During Therapy

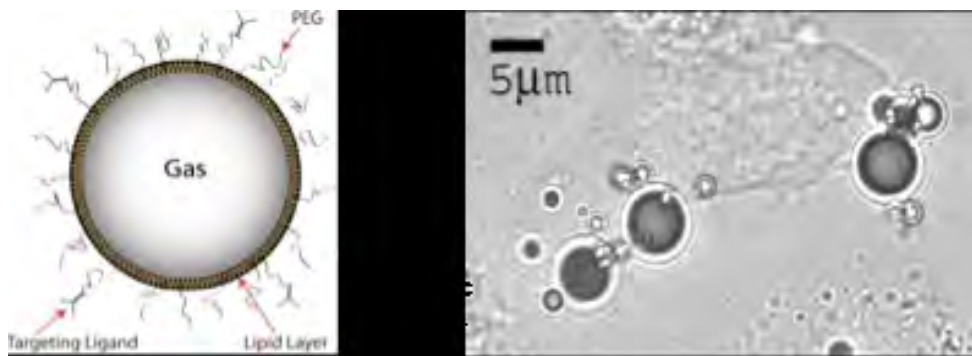


Reference: Streeter 2012

Notes

Molecular Imaging

- Functional technique to evaluate molecular activity
- Knowledge of molecular signature of pathology
 - Integrins, selectins etc... expressed on the endothelium
 - Angiogenesis markers: VEGFR2, $\alpha_v\beta_3$, etc...
- Targeted microbubble contrast agents
 - Lipid monolayer fitted with adhesion ligand

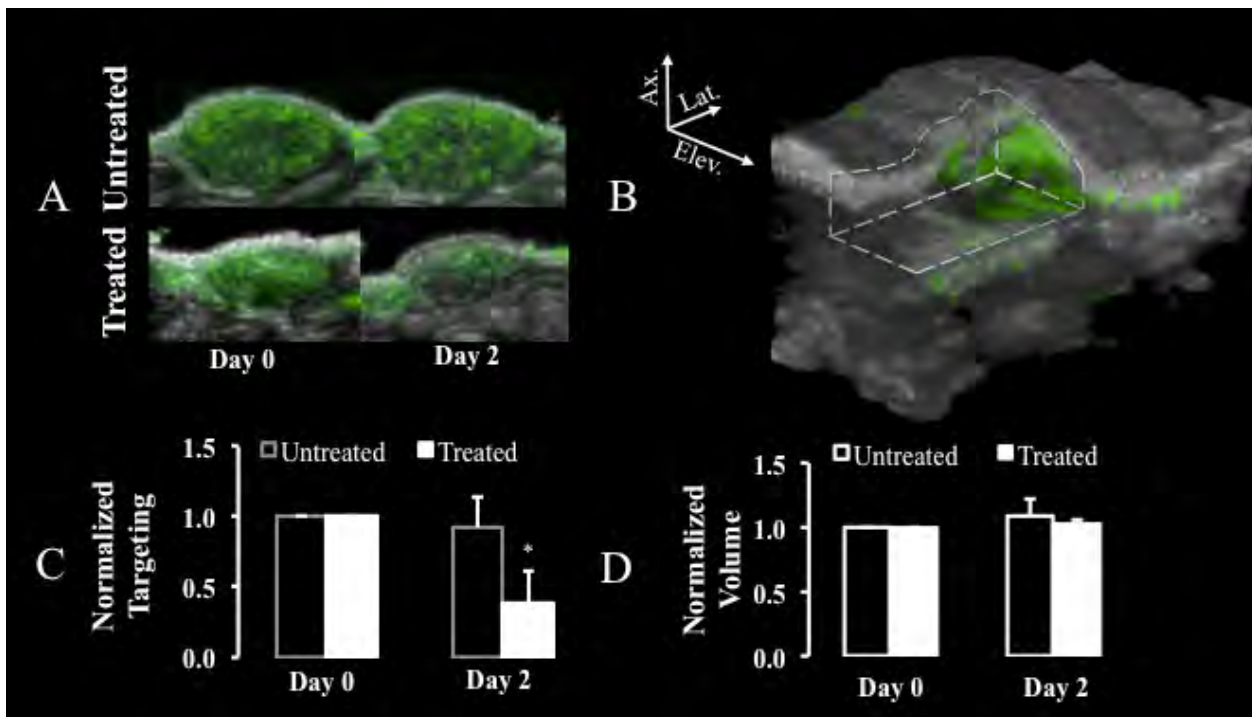


Reference: Dayton 2002, Dayton 2004

Notes

MI and Response to Therapy

- Traditional methods for quantifying tumor progression - volume measurements
- Volume measurements provide slow feedback
- Molecular imaging is a good alternative with faster response
- Example:
 - Cancer Type: Pancreatic adenocarcinoma
 - Therapy: Aurora Kinase Inhibitor
 - Target: $\alpha_v\beta_3$
 - Animal Model: Mouse



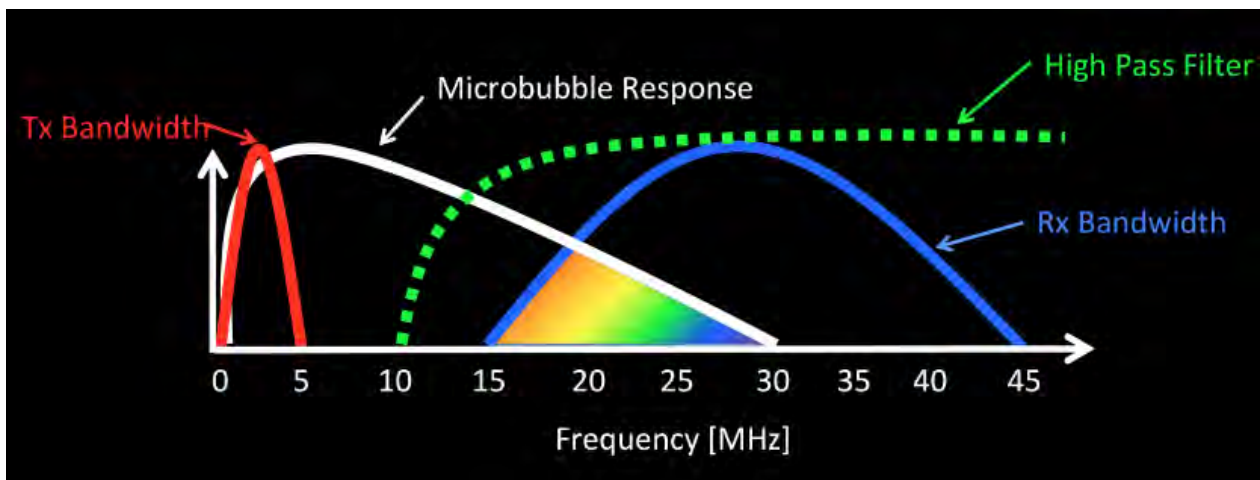
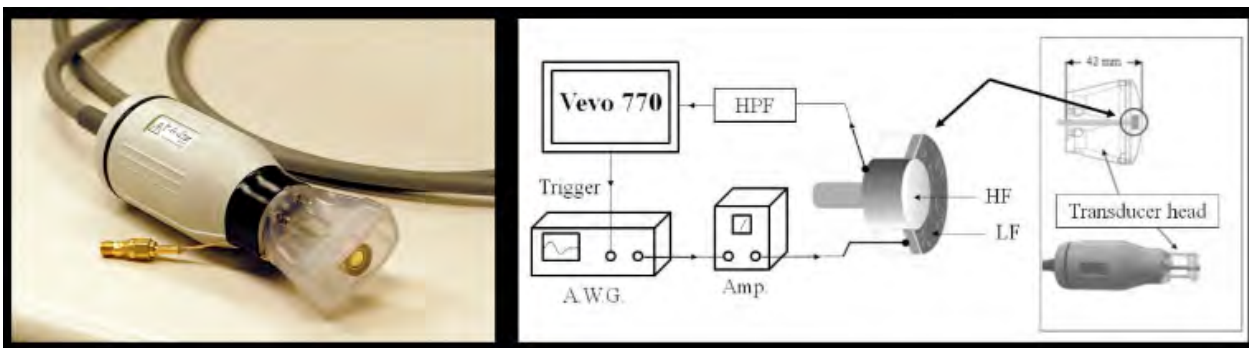
Reference: Streeter 2012

Notes

Acoustic Angiography

Acoustic Angiography:

- Traditional Ultrasound Transducer
 - Transmit and receive (x1 frequency bandwidth)
- Dual frequency imaging
 - Transmit using low frequency bandwidth
 - Receive using high frequency bandwidth



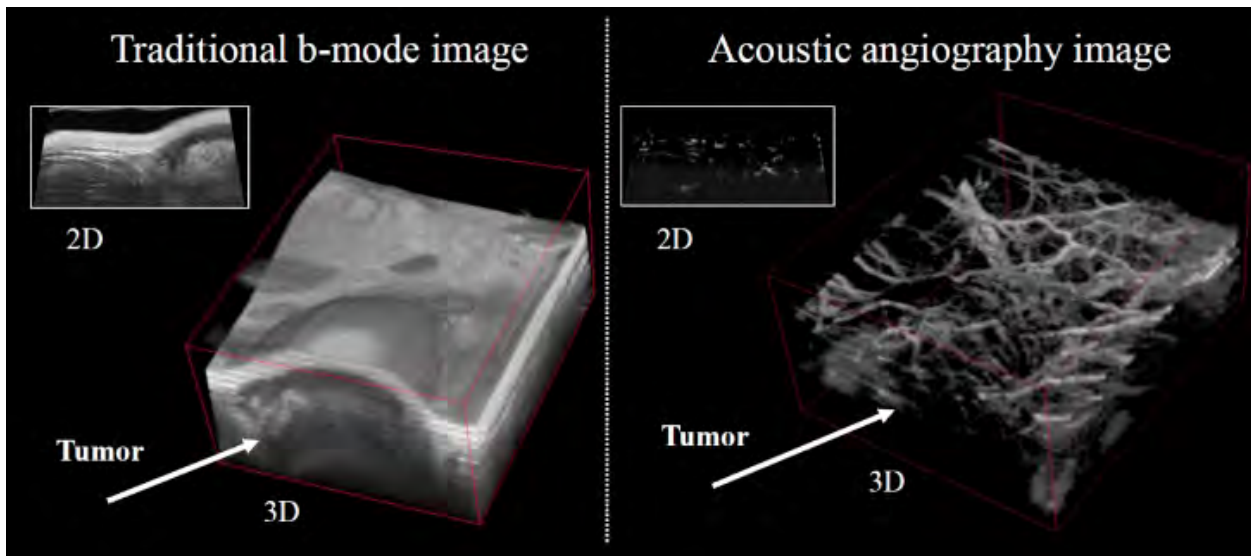
Reference: Kruse 2005, Gessner 2010

Notes

Acoustic Angiography

Acoustic Angiography:

- Advantages:
 - High frequency provides better resolution
 - Attenuation in one direction
 - Eliminates low frequency tissue signal
 - Less sensitive to breathing artifacts
- Disadvantages:
 - Transducers not yet commercial
 - High attenuation (shallow depth imaging)
 - Eliminates low frequency tissue signal
 - Not a low-MI imaging technique



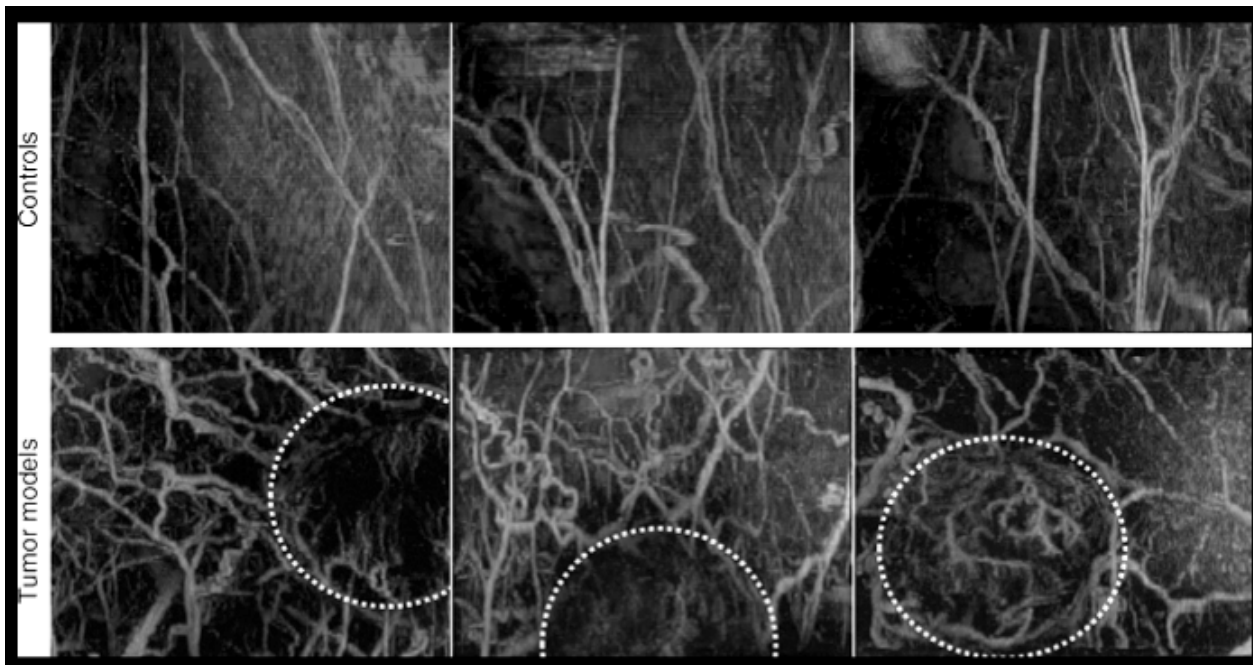
Reference: Gessner 2012

Notes

Acoustic Angiography

How can angiography be used in oncology research?

- Blood vessel structure, density, and pattern can be assessed non-invasively
- Microvascular tortuosity abnormalities are an indicator of tumor development
- Prior studies have shown that vessel morphological characteristics are related to tumor malignancy and response to treatment



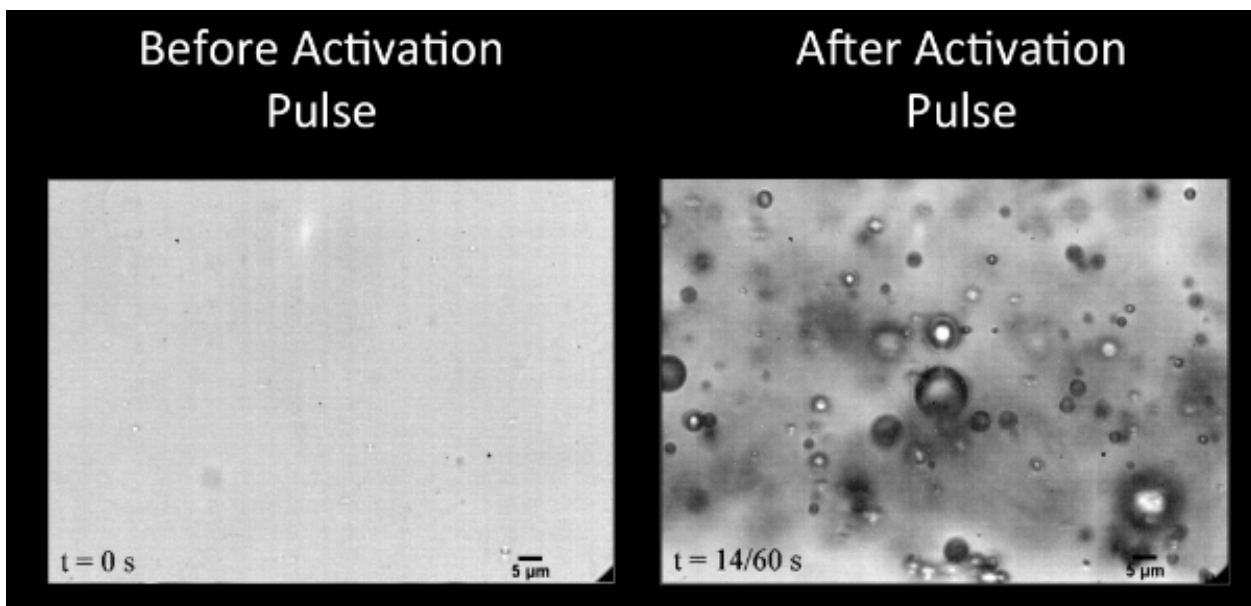
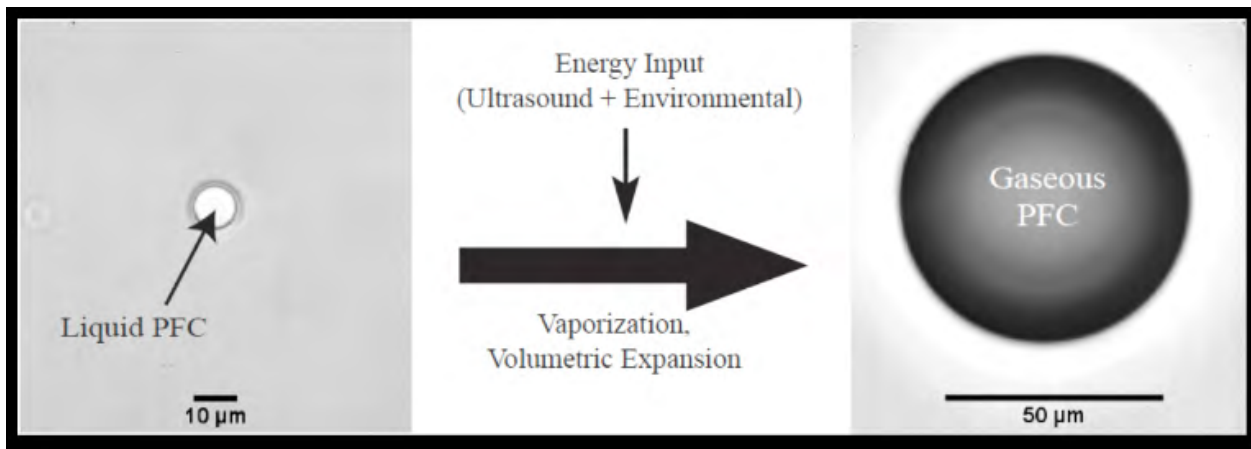
Reference: Bullitt 2009, Gessner 2012

Notes

Ultrasonic Activatable Nanoparticles

Ultrasonic Activatable Nanoparticles:

- Liquid perfluorocarbon core
- Lipid or polymer shell
- Tipped to gaseous state by ultrasound



Reference: Sheeran 2011

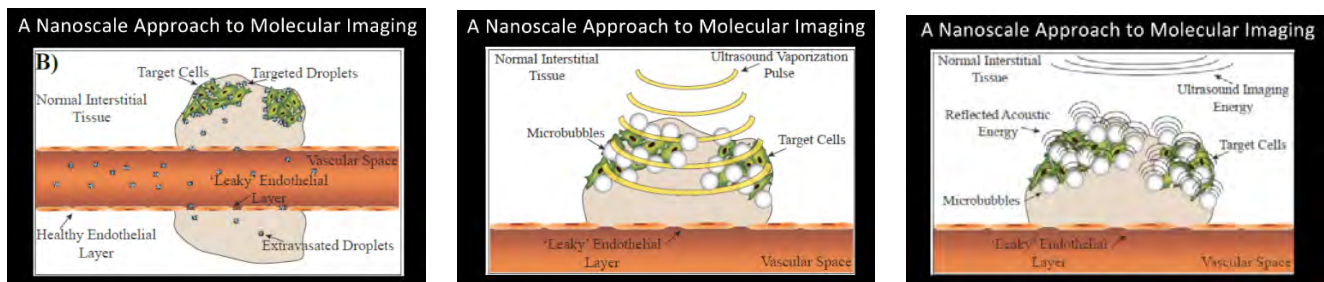
Notes

Ultrasonic Activatable Nanoparticles

Ultrasonic Activatable Nanoparticles:

- Applications:
 - Vascular Occlusion
 - Cavitation Agents
 - Extravascular Diagnostics

Example: Molecular Imaging

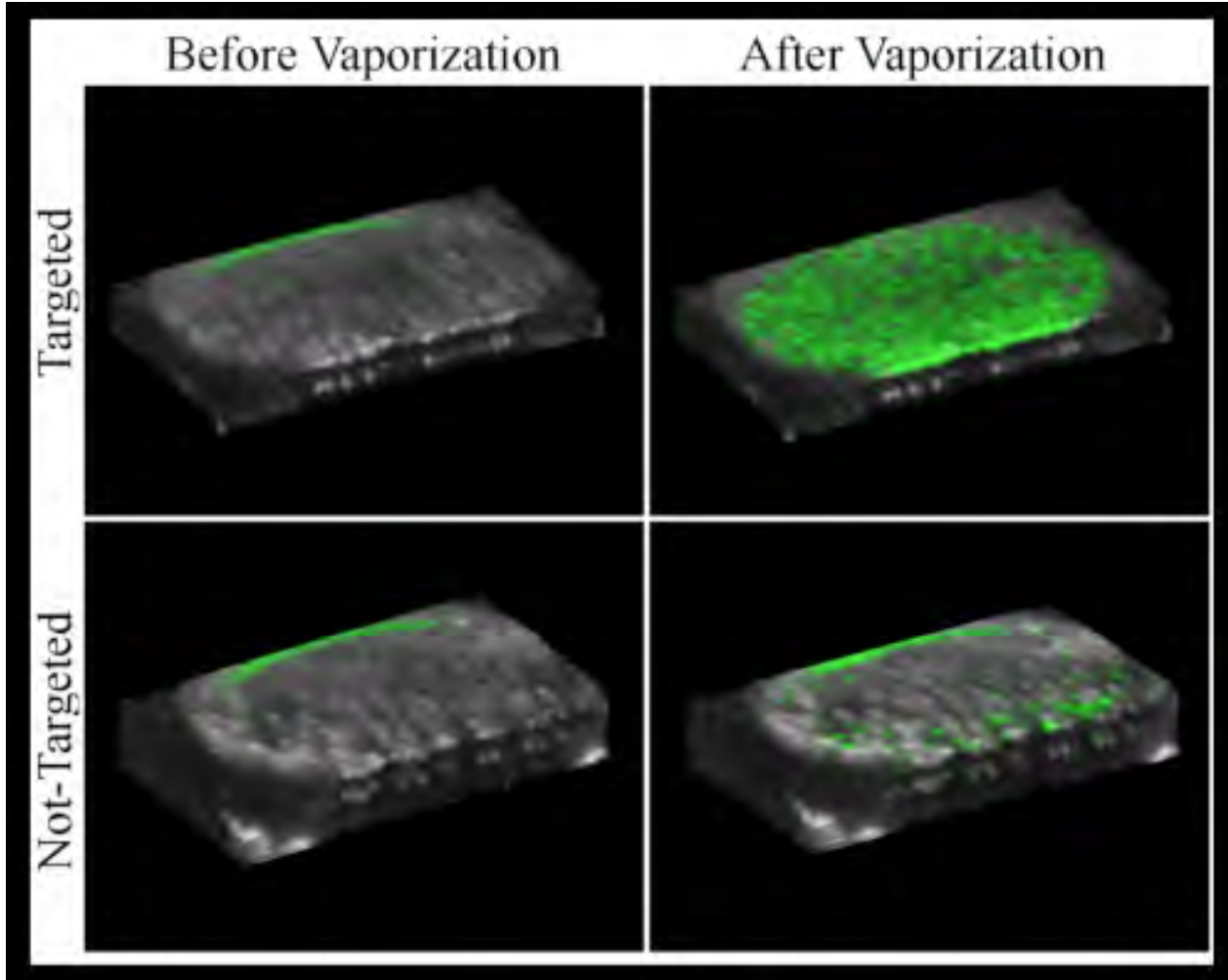


Reference: Sheeran 2011, Sheeran 2012

Notes

Ultrasonic Activatable Nanoparticles

Example: Molecular Imaging

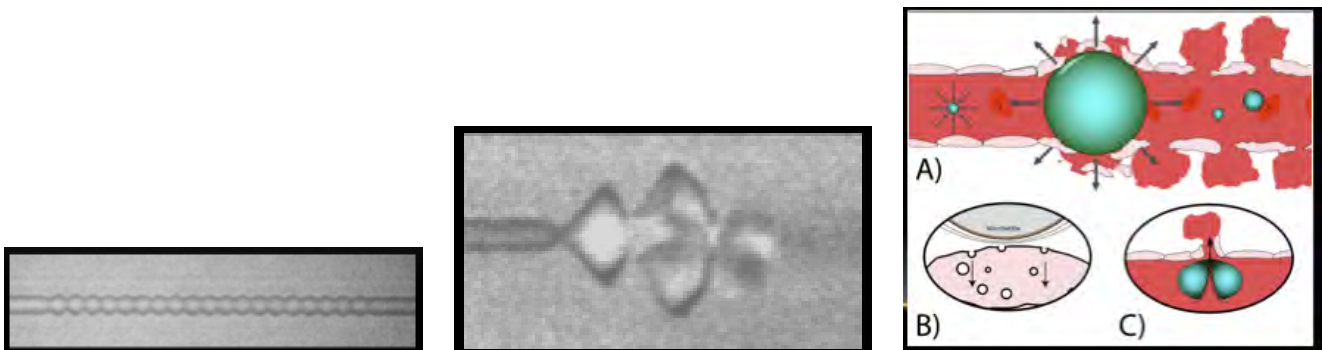


Reference: Sheeran 2012

Notes

Biological Effects

- Interaction between ultrasound and microbubbles
- Increased thermal energy conversion
- Mechanical stimulation of biological membranes
 - Microstreaming
 - High pressure and temperatures
- Cavitation (violent expand/collapse)
 - Shock waves
 - Microbubble jetting
 - High pressures and temperatures
 - Free radical formation



Reference: Quiaia 2005

Notes

Biological Effects

- Mild
 - Reversible Capillary Permeability Changes
 - Reversible Cell Membrane Permeability
 - Small Temperature Changes
- Strong
 - Capillary Rupture
 - Tissue Ablation
 - Cell Death

Reference: Quaia 2005

Notes

Biological Effects

- Drug delivery - can be achieved LOCALLY with focused ultrasound and microbubbles
- Enhanced blood brain barrier permeability
- Enhanced capillary permeability
- Increased cellular delivery through cell membrane permeability
 - Have been shown to significantly enhance local drug and gene delivery, and corresponding therapeutic response
- Improved thermal ablation (requires less delivered power with microbubbles reduces thermal damage to healthy tissues)

Reference: Quaia 2005

Notes

Microbubble Clearance

- Microbubbles are vascular agents
- Phagocytosis in the liver and spleen
- Gas is expelled through the lungs
- Shell content is eliminated by the kidney and liver
- Phospholipids enter normal metabolism
- Typical circulation half life ~5 to 15 minutes

Reference: Quiaia 2005

Notes

Safety Concerns

- 1994 Albunex (albumin shell air core)
- 1997 Optison (albumin shell perfluorocarbon core)
- 1994 Definity (lipid shell perfluorocarbon core)
- 2007 Blackbox Warning - Microbubbles may cause fatalities
- Extensive Investigative Studies
- >1 Million administered doses
- Most frequent adverse reactions are mild
- Headache: 5%, Nausea: 4%, Flushing: 4%, Dizziness: 3%
- Uncommon arrhythmias, hyper/hypotension, neurologic and anaphylactoid reactions

Procedure	Mortality
Contrast Echo	1:145,000 (SonoVue) 1:500,000 (Definity)
Myocardial Scintigraphy	1:10,000
Exercise ECG	1:2,500 (or AMI)
Coronary arteriography	1:1,000

Reference: Quايا 2005, optisonimaging.com

Notes

Safety Concerns

Blackbox remains, but contraindications to contrast agents restored to the original labeling

- Contraindications:
- Right-to-left, bi-directional, or transient right-to-left cardiac shunts
- Hypersensitivity to perflutren, to blood, blood products, or albumin
- Intra-arterial injection
- 30 minute observation period recommended for patients with...
- Pulmonary hypertension (undefined)
- Unstable cardiopulmonary conditions
- Ultrasound contrast agents are extremely safe with a low incidence of side effects
- They are not nephrotoxic or cardiotoxic
- Incidence of hypersensitivity or allergic events appears much lower than current X-ray or MR contrast agents
- As in all clinical procedures, physicians should balance potential clinical benefits against the theoretical possibility of associated adverse bioeffects in humans

Reference: Quايا 2005, <http://www.fda.gov>

Notes

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- Opitisonimaging.com. Table Modified from Main et al *JACC* 2007;50:2434-7