






Outline of Talk

- Six Sigma Concepts
- PET Patient Dose reduction
- CT Patient Dose reduction – positioning and Z axis coverage
- Fluoroscopy – Lowering Patient Skin Dose
- Questions





W. Edwards Deming

- Taught engineering, physics in the 1920s, finished PhD in 1928
- Met Walter Shewhart at Western Electric
- Long career in government statistics, USDA, Bureau of the Census



W. Edwards Deming, 1900 – 1993



W. Edwards Deming

- Deming was asked by Japan to lecture on statistical quality control to management
- Japanese adopted many aspects of Deming's management philosophy
- Deming stressed "continual never-ending improvement"
 - "If I had to reduce my message for management to just a few words, I'd say it all had to do with reducing variation". (Deming, as quoted in *The Deming Dimension*, Henry R. Neave (SPC Press, 1990), p. 57)
- Deming lectured widely in North America during the 1980s

Deming energized "Statistical Thinking"

- Integral aspect of Six-Sigma (3.4 per million)
- Six Sigma is a 'goal' not often achieved!
- Fundamentally different from **Statistical Methods**
- The definition is broadened to include:
 - Operations Research tools
 - Discrete event "Simulation"
 - Other elements of 'lean process'

Defects Per Million Opportunities

Sigma	DPMO
2	308770
2.25	226716
2.5	158687
2.75	105860
3	66811
3.25	40060
3.5	22750
3.75	12225
4	6210
4.25	2980
4.5	1350
4.75	577
5	233
5.25	88
5.5	32
5.75	11
6	3.4

How Variation Hurts ...

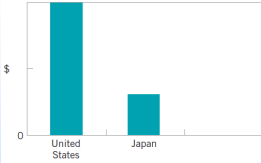


FIGURE 1.1 Warranty costs for transmissions.

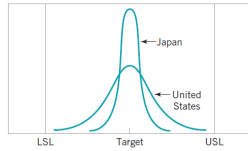


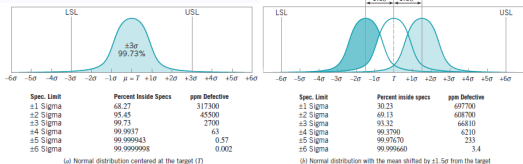
FIGURE 1.2 Distributions of critical dimensions for transmissions.



* From Montgomery, D. C. (2009), *Introduction to Statistical Quality Control* 6th edition, Wiley, New York

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The Motorola Six-Sigma Concept



- The Motorola Six-Sigma concept is to reduce the variability in the process so that the specification limits are six standard deviations from the mean, or only about 2 parts per billion defective (Fig 1-11a).
- When the Six-Sigma concept was initially developed, an assumption was made that when the process reached the Six-Sigma quality level, the process mean was still subject to disturbances that could cause it to shift by as much as 1.5 standard deviations off target (Fig 1-11b).
- There is an apparent inconsistency in this. Process performance isn't predictable unless the process behavior is stable.
- No process or system is ever truly stable, and even in the best of situations, disturbances occur. The concept of a Six-Sigma process is one way to model this behavior. Like all models, it's probably not exactly right, but it has proven to be a useful way to think about process performance, and has direct application to manufacturing.*



* From Montgomery, D. C. (2009), *Introduction to Statistical Quality Control* 6th edition, Wiley, New York. Figure 1-12.

The Generations of Six Sigma

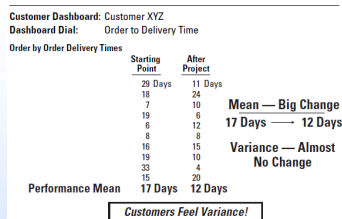
- Generation I**
 - Focus on defect elimination
 - Motorola, 1987-1993
- Generation II**
 - Focus on cost reduction
 - GE, Allied Signal/Honeywell, 1994-1999
- Generation III**
 - Focus on value creation
 - DuPont, 2000-present



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Process Variation

- Variation is present in all processes and every aspect of the workplace
- Excess variation reduces process performance, decreases customer satisfaction, and has a negative impact on the bottom line
- Applies to all aspects of a business
- Statistical methods, an integral component of six sigma, are useful in shifting the process target to the desired level and reducing the variation around this target



As has been said, "the mean never happens," — a heroic 4-day delivery time on one order, with an awful 20-day delay on another, and no real consistency. The customers in this chart feel nothing. Their life experience hasn't changed; one bit. These customers hear the sounds of celebration coming from within GE and ask, "What's the big event; what did we miss?" The customer only feels the variance that we have not yet removed. ... **Variation is evil in any customer-touching process.** *

Patients feel the variation!

- Too long Waiting for their exam
- Lack of proper prep means waiting, poss rescheduled exam
- Repeated exam due to xyz
- Multiple x-ray exams due to lack of available priors
- Poss need of follow up exam due to confidence — due to IQ?

Why "Quality Improvement" is Important:

- Patient goes for Out Patient Radiology exam: order, transport, waiting room, exam prep, tech/device performance, x-ray room availability, image quality, interpretation, communication to clinician.
- The patient experience has 10 components - is **99%** okay?

For a single exam, the probability for all components being good :
 $P(\text{single exam good}) = 0.99^{10} = 0.9044$

If we have 4 exams per hour, the probability that all exams are good in an hour is:
 $P(\text{all exams good in an hour}) = 0.9044^4 = 0.6690$

For one day, suppose the working hour is from 6:00 am – 6:00 pm, i.e. 12 hours per day, so all exams are good during one day is:
 $P(\text{all exams good in a day}) = 0.6690^{12} = 0.008$

If we improve the probability from 99% to 99.9%, things will be big different:
 $P(\text{single exam good}) = 0.999^{10} = 0.99$

$P(\text{all exams good in an hour}) = 0.99^4 = 0.9607$

$P(\text{all exams good in a day}) = 0.9607^{12} = 0.6186$



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Propagation of Error

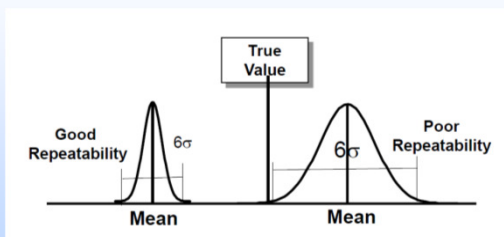
- repeatability of the exam
- reproduced with diff techs/equipment/rads

$$\sigma^2_{\text{Measurement}} = \sigma^2_{\text{Repeatability}} + \sigma^2_{\text{Reproducibility}}$$



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Repeatability (i.e. back to back Ca Scores, bone density, kVp 4X, etc)



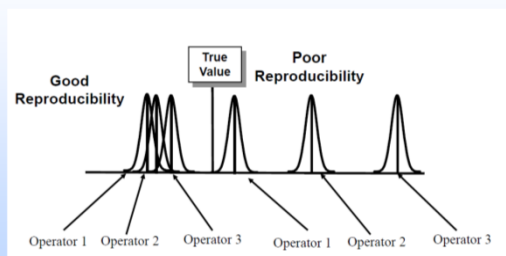
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Reproducibility: Different techs, devices, patients... Different Quality?

Reproducibility

- The variation that results when different conditions are used to make the measurement:
 - different operators.
 - different set up procedures, maintenance procedures, etc.
 - different parts.
 - different environmental conditions.
- During a longer period of time.

CT fluoro biopsy dose, breast compression, fluoroscopy dose by physician, etc.



Focus of Six Sigma is on Process Improvement with an Emphasis on Achieving Significant Impact

- A process is an organized sequence of activities that produces an output that adds value to the organization
- All work is performed in (interconnected) processes
 - Easy to see in some situations (manufacturing)
 - Harder in others
- Any process can be improved
- An organized approach to improvement is necessary
- The process focus is essential to applying Six-Sigma methods

Organized Approach:

DMAIC (duy-may-ick)

DMAIC - Process Improvement Roadmap



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'D'efine the Goal – What is important! (you are what you measure!)

- ☐ Project Charter – Admin Directive (like an internal contract with yourself)
- ☐ Problem Statement
- ☐ Goal Statement
- ☐ In/Out of Scope
- ☐ Team & Time Commitments
- ☐ Timeline / Milestone
- ☐ Estimate Financial Benefits
- ☐ Risks, Constraints & Compliance Issues Identified



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The Primary Six Sigma Tools

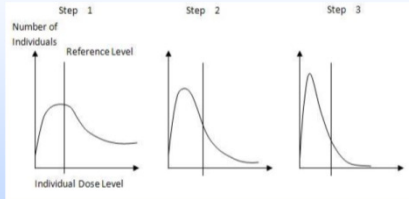
- Process map
- Cause and effect analysis
- Measurement systems analysis*
- Capability study*
- Failure mode and effects analysis
- Observational study (regression)*
- Designed experiments*
- Control charts and out-of-control-action-plans*



* Statistical Tools

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Use of Reference Values Measure, Analyze and Improve!



General Comments

- One doesn't really achieve Six Sigma
- Informatics with control charts are enormously helpful
- Shining a light by sharing data is very useful!
- Change can be difficult but fun!
- Leadership is key: drive out fear!

It is About People There is No Such Thing as Operator Error



- It is **PROCESSES** – not **PEOPLE** that Fail.
- This maps to one of *Deming's 14 Points for Management*: **"DRIVE OUT FEAR"**.
- Focus on Processes implies that people are not accused, but rather, that they are able to investigate processes and be "part of the solution."

<http://www.framtidenssjukvard.se/groenbok-vaard-av-idéer.aspx>
http://www.1000advices.com/guru/quality_tqm_14points_deming.html



Joint Commission SE #47

The Joint Commission **Sentinel Event Alert**

A complimentary publication of
The Joint Commission

Issue 47, August 24, 2011

Radiation risks of diagnostic imaging

Diagnostic radiation is an effective tool that can save lives. The higher the dose of radiation delivered at any one time, however, the greater the risk for long-term damage. If a patient receives repeated doses, harm can also occur as the cumulative effect of those multiple doses over time.¹⁻³ Conversely, using insufficient radiation may increase the risk of misdiagnosis, delayed treatment, or, if the initial test is inadequate, repeat testing with the attendant exposure to even more radiation.⁴ The risks associated with the use of ionizing radiation in diagnostic



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How to determine if doses are 'out of range' (reproducible)?

Right dose

- Investigate patterns outside the range of appropriate doses. Track radiation doses from exams repeated due to insufficient image quality or lack of availability of previous studies to identify the causes. Address and resolve these problems through education and other measures.⁴



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Lots of Software Solutions!



ESENSORS, Inc.

Specializing in network sensors



DoseWatch,
a dose management
solution

MEDICAL X-RAY DOSE MONITOR

RADTRAC
Responsible Imaging

DOSEMONITOR

eXposure™

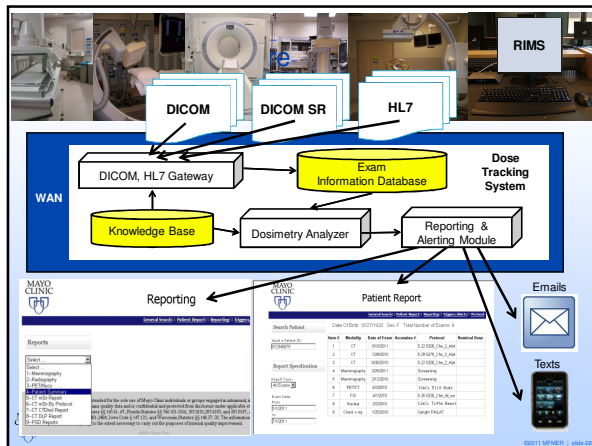
PHILIPS

sense and simplicity

DoseAware Personal Dose Meter system



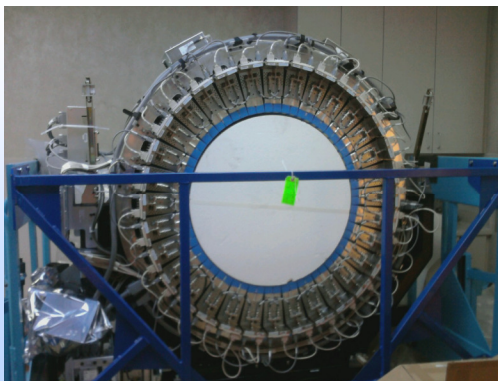
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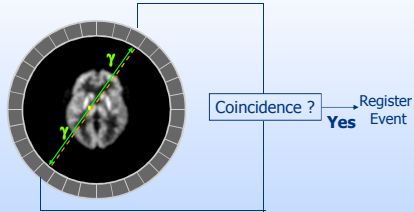
#1. PET-CT Six Sigma driven lower dose



PET Scanner 'Blocks' BGO - PMT

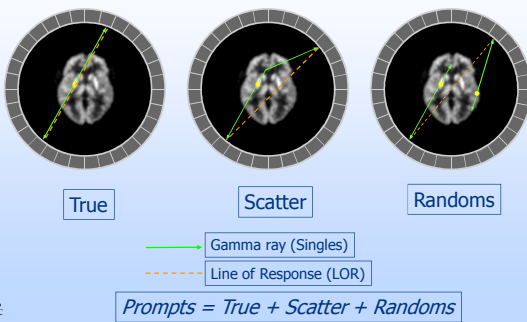


PET F-18



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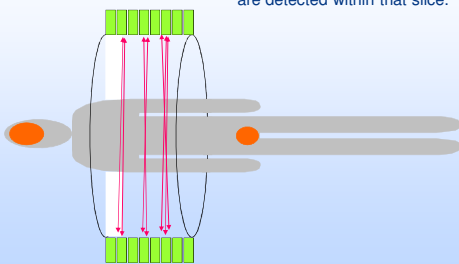
Types of Coincident Events



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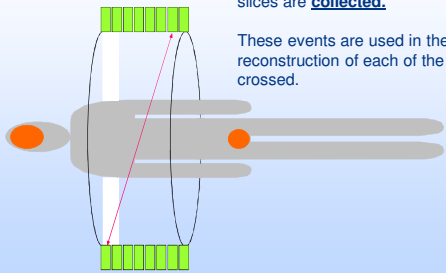
2D PET – SEPTA!

All events used to reconstruct a slice are detected within that slice.



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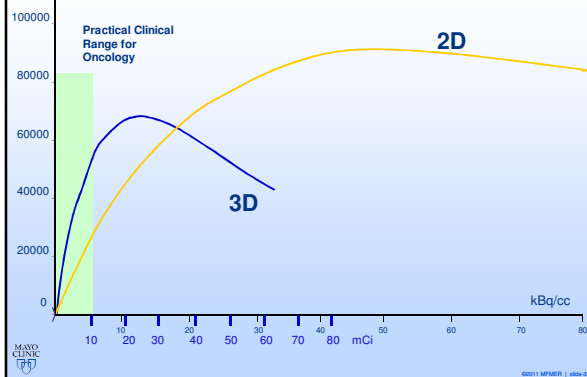
3D Volume Acquisition



Events which cross several transaxial slices are **collected**.

These events are used in the reconstruction of each of the slices crossed.

NECR kCounts per second



Why wouldn't one lower dose from 15-20 to 10 mCi (or lower) for 3D?

- What if patient is late?
- What if patient is early?
- What if patient has low uptake?
- What if patient is non-compliant?

Variation of time/dose has greater effect with smaller injected dose!

Solution: Bulk F-18 Infusion System
No patient to patient variability of dose!



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Problem: Uptake Room → Restroom
Tech gets patient to scanner 'on time'?

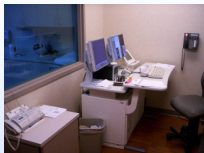


After 45min



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Solution: Monitor Uptake → Restroom



After 45min

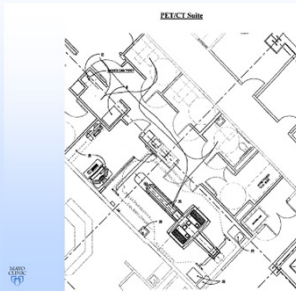


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Automated Report Summary by Room/Day

Room	Department	Status	Monday 1/2/2012	Tuesday 1/3/2012	Wednesday 1/4/2012	Thursday 1/5/2012	Friday 1/6/2012
L_52E	PET/CT	Vacant	100.0%	38.7%	69.7%	54.1%	62.4%
L_52E	PET/CT	Reserved	0.0%	0.0%	0.0%	0.0%	0.0%
L_52E	PET/CT	Patient in Room	0.0%	61.3%	29.4%	42.0%	37.6%
L_52E	PET/CT	Timer Exceeded	0.0%	2.0%	1.9%	3.9%	0.0%
L_52E	PET/CT	Out of Service	0.0%	0.0%	0.0%	0.0%	0.0%
L_52E	PET/CT	Waiting Required	0.0%	0.7%	0.0%	0.0%	0.0%
L_52E	PET/CT	Top Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_52E	PET/CT	Bottom Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_52E	PET/CT	Other	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-1	PET/CT	Vacant	100.0%	69.2%	83.3%	81.9%	69.7%
L_53E-1	PET/CT	Reserved	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-1	PET/CT	Patient in Room	0.0%	25.0%	16.7%	16.7%	24.9%
L_53E-1	PET/CT	Timer Exceeded	0.0%	5.8%	0.0%	1.6%	5.4%
L_53E-1	PET/CT	Out of Service	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-1	PET/CT	Waiting Required	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-1	PET/CT	Top Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-1	PET/CT	Bottom Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-1	PET/CT	Other	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-3	PET/CT	Vacant	100.0%	87.6%	81.4%	69.8%	69.2%
L_53E-3	PET/CT	Reserved	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-3	PET/CT	Patient in Room	0.0%	25.0%	15.4%	25.0%	25.0%
L_53E-3	PET/CT	Timer Exceeded	0.0%	7.4%	3.2%	5.2%	9.8%
L_53E-3	PET/CT	Out of Service	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-3	PET/CT	Waiting Required	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-3	PET/CT	Top Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-3	PET/CT	Bottom Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-3	PET/CT	Other	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-4	PET/CT	Vacant	100.0%	56.8%	81.3%	74.6%	72.4%
L_53E-4	PET/CT	Reserved	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-4	PET/CT	Patient in Room	0.0%	34.6%	18.7%	25.0%	25.0%
L_53E-4	PET/CT	Timer Exceeded	0.0%	8.4%	2.0%	0.4%	2.6%
L_53E-4	PET/CT	Out of Service	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-4	PET/CT	Waiting Required	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-4	PET/CT	Top Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-4	PET/CT	Bottom Yellow	0.0%	0.0%	0.0%	0.0%	0.0%
L_53E-4	PET/CT	Other	0.0%	0.0%	0.0%	0.0%	0.0%

Problem: Muscle uptake when walking
Tool: Spaghetti Diagram



Solution: Minimum distance!



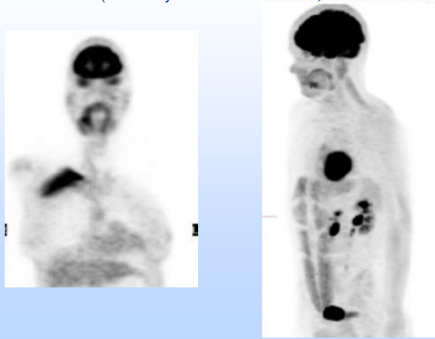
Six Sigma Results

- Variation in administered dose removed!
- Variation in 'uptake time' removed!
- Variation in transport uptake removed!
- These are 'monitored'!
- Dose is LOWERED!
- Patients still provide unpredictable variation



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Variability still present! PET Muscle uptake (variability of counts in lesions)



202211 08/28/2022 1:40:40 PM

#2. CT Dose Index Reduction

Define
Measure
Analyze
Improve
Control

CT Integration at work

Your Hospital's Name
Your Hospital's Address, Phone, Fax

X-Ray Radiation Dose Report

Patient ID:	Name:
Birth date:	Age:
Sex:	Ethnic Group:
Exam Date:	Exam No:
Accession Number:	Control Date:
Weight:	Body Surface
Height:	Body Mass
	Index:
Cardiologist:	Referring Physician:

Completion flag: COMPLETE	Verification flag: UNVERIFIED
---------------------------	-------------------------------

Procedure reported:	Computed Tomography X-Ray
Observer type:	Device
Device Observer ID:	1.2.840.113618.8.294
Device Observer Name:	100701212-202010
Device Observer Manufacturer:	CT Medical Systems
Device Observer Model Name:	Discovery 7500i101
Start of X-ray Irradiation:	2012-01-01 13:12:32
Stop of X-ray Irradiation:	2012-01-01 13:18:08
Study Instance UID:	1.2.840.113618.2.294.1.27070108-011.13272011.00

CT Accumulated Dose Data

Total Number of Irradiations:	3.0 (events)
CT DIose Length Product Total:	1.000 mAs/cm

CT Acquisition

Target Region:	Abdomen
CT Acquisition Type:	Control Angle Acquisition
Integration Time (s):	1.2.840.113618.2.294.1.1374074.13270066-0114
CT Acquisition Parameters:	50kV
Exposure Time:	20.0 s
Scanning Length:	200.0 mm
Scanned Single Collimation Width:	20.0 mm
Number of X-ray Sources:	1.0 X-ray sources
CT X-ray Source Parameters:	1.0 X-ray sources
Identification of the X-ray Source:	1.0
X-ray Source Current:	100.0 mA
X-ray Tube Current:	100.0 mA

Abdomen



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Goal: AAPM Notification Values

Table 1: Notification Values recommended by the AAPM Working Group on Standardization of CT Nomenclature and Protocols

CT Scan Region (of each individual scan in an examination)	CTDIvol Notification Value (mGy)
Adult Head	80
Adult Torso	50
Pediatric Head	50
<2 years old	60
2 – 5 years old	60
Pediatric Torso	25
<10 years old (16-cm phantom) ^a	10
<10 years old (32-cm phantom) ^a	10
Brain Perfusion (examination that repeatedly scans the same anatomic level to measure the flow of contrast media through the anatomy)	600
Cardiac	150
Retrospectively gated (spiral)	50
Prospectively gated (sequential)	50



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General Search Patient Report Reporting Triggers/Alerts Protocol

You Are Here: General Search

Exam Information Search

Protocol: CT Exam Date: Q3-2012 To: Q3-2012 Inst. Name: Station ID: Search History: Clear

Save Search Profile

Exam Level Tags

Assessment Exam Description Patient ID Patient Height
Last 5 digits of Exam ID Operator's Name Patient Name Patient Weight
Date of Exam Referring Doctor's Name Patient Gender Number of Images in exam
Exam Start Time Performing Doctor Patient Age in the Exam Number of Series in exam
Exam Duration_Minutes Institution Name

Series Level Tags

Series Description Exam Type Series Duration_Seconds Model
Body Part Protocol name Modality Software Version
Station ID Number of Targets in series Manufacturer

CT Special Values

CTDIvol Target Region Acquisition Type
kVp Phantom Type Max kVp

Order by (ASC - Ascending DESC - Descending)

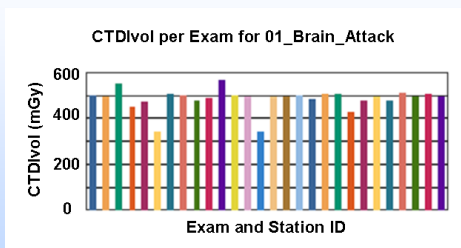
Accession ASC date_of_exam DESC EXAM_DESC ASC STATION_ID DESC

Search

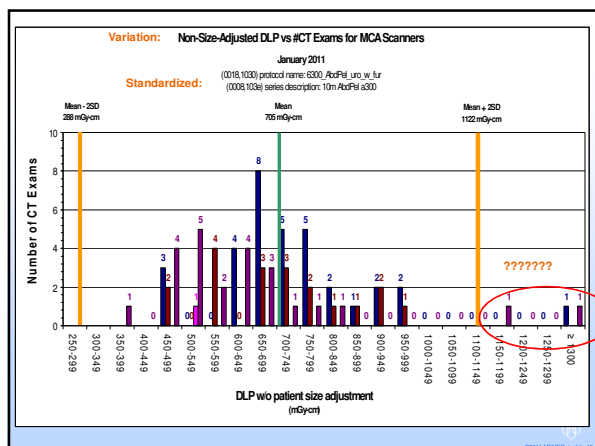


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DMAI "C": Control Chart



20211 SEP08 1:40PM



Analyze - Why Variation of DLP?

- Really Large Patient?
- Really Tall Patient?
- Elevated CT DIvol prescription?
- Other cause(s)?

MAYO CLINIC
RADIATION MEDICAL

General Search Patient Report Reporting Triggers/Alerts Protocol

You Are Here > General Search

Exam Information Search

Modality: CT Exam Date: 02/20/12 Exam Desc: 6300_AcFet_uro_w_fir Inst. Name: Station ID: Protocol: Exam Desc: Series Desc: Hide Tags Selection Search History: Clear

Save Search Profile

Exam Level Tags

☒ Acquisition ☐ Exam Description ☐ Patient ID ☐ Patient Height ☐ Last 4 Digits of Exam ID ☐ Operator's Name ☐ Patient Name ☐ Patient Weight ☐ Date of Exam ☐ Referring Doctor's Name ☐ Patient Gender ☐ Number of Images in Exam ☐ Exam Start Time ☐ Performing Doctor ☐ Patient Age in the Exam ☐ Number of Series in Exam ☐ Exam Duration_Minutes ☐ Institution Name

Series Level Tags

☐ Series Description ☐ Series Number ☐ Series Duration_Seconds ☐ Model ☐ Body Part ☒ Protocol name ☐ Modality ☐ Software Version ☐ Station ID ☐ Number of Images in Series ☐ Manufacturer

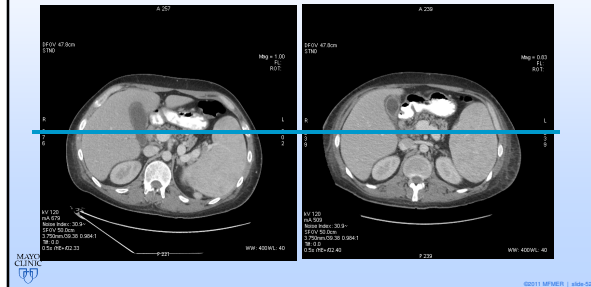
CT Special Tags

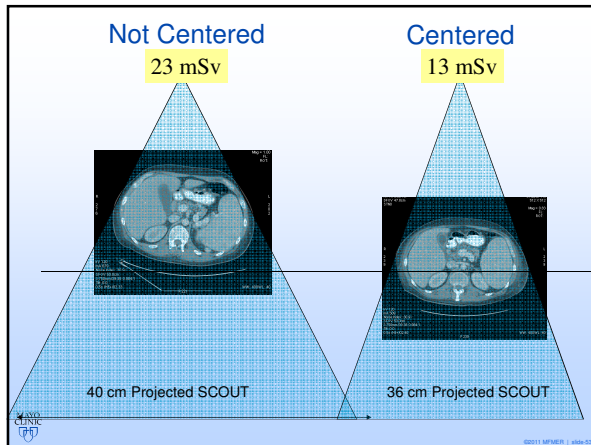
☒ CT DIvol ☐ Target Region ☐ Acquisition Type ☐ DLP ☐ Phantom Type ☐ Max KVP

Order by (ASC: ascending DESC: descending)
ACCESSION_ASC date_of_exam_DESC EXAM_DESC_ASC STATION_ID_DESC

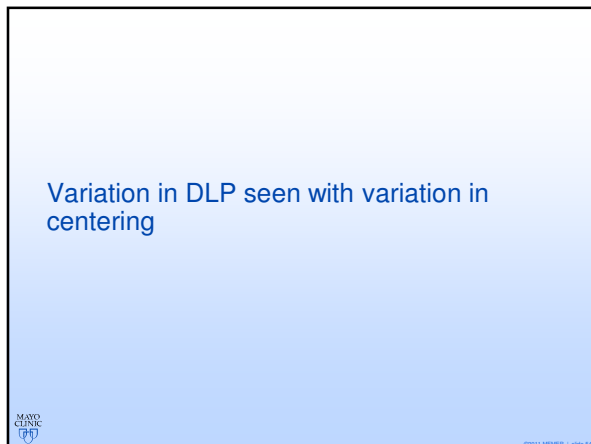
Search

Same patient 30 days apart
Can you see the mAs/centering?

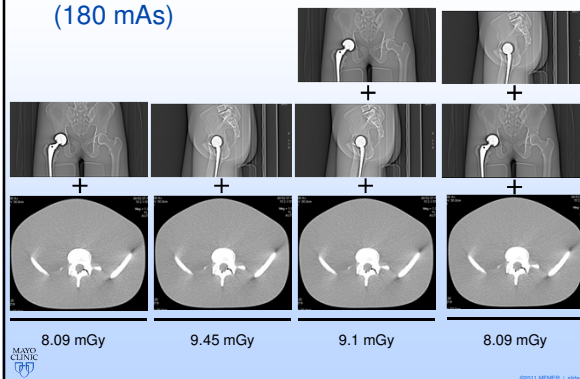




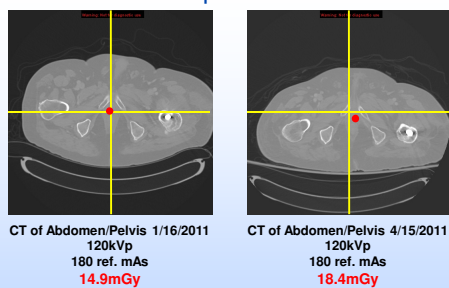
Variation in DLP seen with variation in
centering



ANALYZE: Variation due to Scout Order (180 mAs)



ANALYZE new example

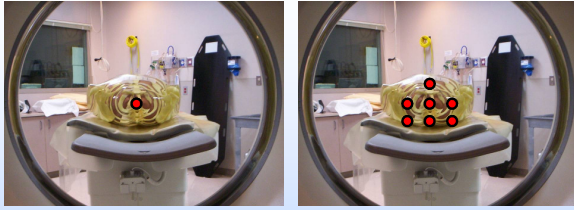


23% increase in dose between these scans on the same patient.

CT Center FOV Positioning



% Dose Increase Due to Position



%mGy Increase Isocenter: Displaced

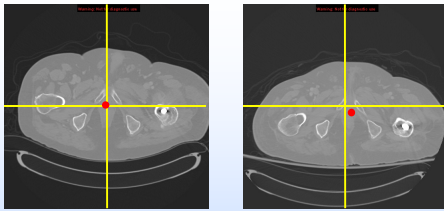
0%

Position changes mAs lookup table.



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Same Patient



23% increase in dose between these scans on the same patient.

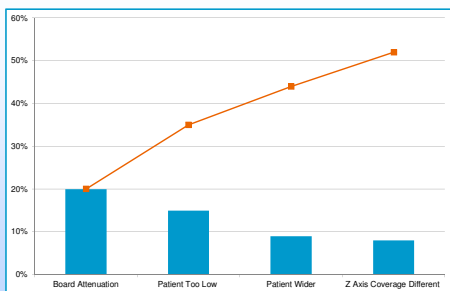
Dose Affecting Parameters:

1. Sliderboard
2. X-Y Position
3. Body Width
4. Z-Axis Attenuation
5. Metal Monitor



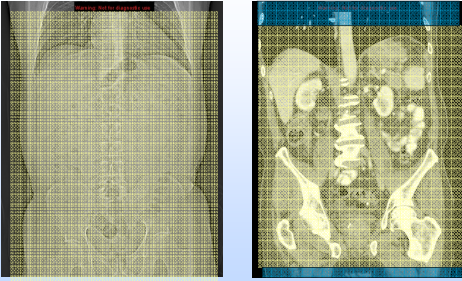
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Pareto Graph: Rank Change in CTDIvol



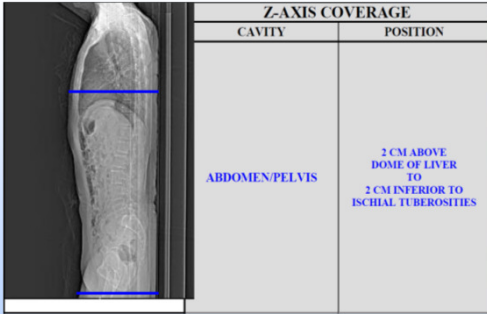
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Variation: Z axis: Abdomen & Pelvis



20211 SEP06 1:40:42

New 'standard' Z axis coverage



20211 SEP06 1:40:42

MAYO CLINIC
SECOND-ORDER TABULAR

General Search Patient Request Reporting Triggers/Alerts Protocol

You Are Here > General Search

Exam Information Search

Modality: **CT** Exam Date: **Q3-2012** To: **Q3-2012** Inst. Name:
 Protocol: Exam Desc: Series Desc: Station ID:
 Hide Tags Selection Search History: - - Clear

Save Search Profile

Exam Level Tags

☐ Acquisition ☐ Exam Description ☐ Patient ID ☐ Patient Height
☐ Last 6 digits of Exam ID ☐ Operator's Name ☐ Patient Name ☐ Patient Weight
☐ Date of Exam ☐ Referring Doctor's Name ☐ Patient Gender ☐ Number of Series in Exam
☐ Exam Start Time ☐ Performing Doctor ☐ Patient Age in the Exam ☐ Number of Series in Exam
☐ Exam Duration, Minutes ☐ Institution Name ☐ Number of Series in Exam

Series Level Tags

☐ Series Description ☐ Series Start Time ☐ Series Duration, Seconds ☐ Model
☐ Body Part ☐ Protocol Name ☐ Modality ☐ Software Version
☐ Station ID ☐ Number of Images in Series ☐ Manufacturer

CT Special Tags

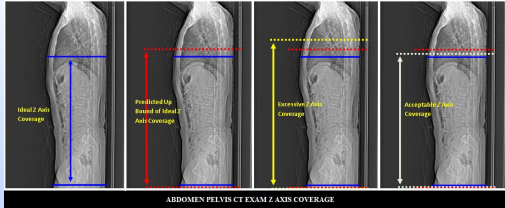
☐ CT Protocol ☐ Target Region ☐ Acquisition Type
☐ Filter ☐ Phantom Type ☐ Max kVp

Order by (ASC - Ascending DESC - Descending):
 ACQUISITION_ASC [x] STATUS_OF_EXAM_DESC [x] EXAM_DESC_ASC [x] STATION_ID_DESC [x]

Search

Height/Weight with AP and Lateral Size

Use Random Forest Model estimates potentially 'excessive' Z axis coverage



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Six Sigma Routine Abdomen- Pelvis

N= 300+ pts	Overscan
superior	1 cm
inferior	.4 cm

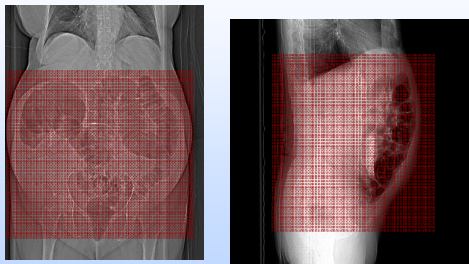
Top 10 Overscans	
Superior (cm)	Inferior (cm)
6.3	11
4.5	7.4
4.2	6.5
4.2	5.3
4.2	4.2
4.2	3.8
3.9	3.5
3.9	3.2
3.6	3.1
3.6	2.9



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CT Colonography

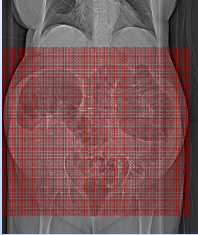
OK to exclude lung bases, just include colon



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CT Colonography

N= 20 pts	Overscan
superior	6.4 cm
inferior	2.3 cm



Top 10 Overscans	
Superior (cm)	Inferior (cm)
22.12	9.5
13.6	8
9.1	6.5
8.3	4.2
8.3	4.6
8	2.6
7.9	2.6
7.5	2
5.9	2
5.6	1



20211 SEPTEMBER 1 10:00AM

Six Sigma Results

- Standardize Protocol Names
- Standardize CT's Techniques
- Standardize CT Radiograph
- Standardize Patient Centering
- Standardize Z Axis coverage
- Control Charts



20211 SEPTEMBER 1 10:00AM

#3 Six Sigma DMAIC with Fluoroscopic Procedures



20211 SEPTEMBER 1 10:00AM

NEW NORMAL!

- New arterial and endoscopic procedures save open surgery!
- Patients are having multiple episodes of fluoroscopy
- 18% of currently scheduled patients have had more than 1 fluoroscopy!
- Patients are bigger
- Most fluoroscopy is outside of Radiology



202211 09/20/2022 1:00 PM

Technical vs Behavioral



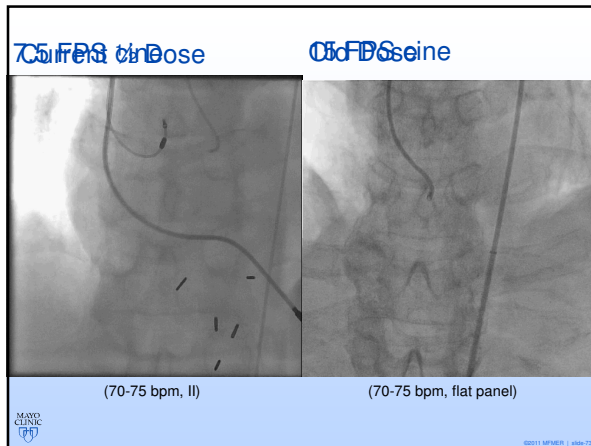
202211 09/20/2022 1:00 PM

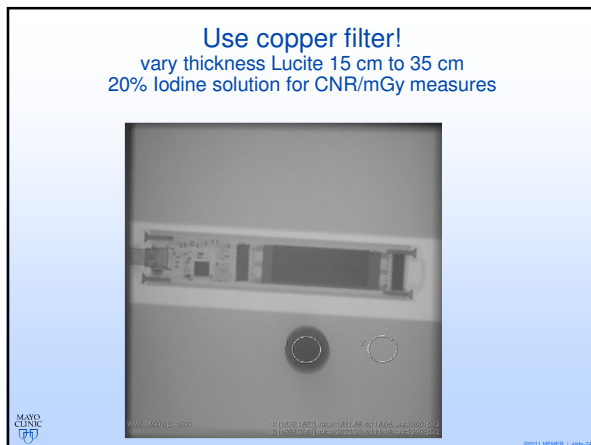
5 ALARA Technical Tasks for reproducibility

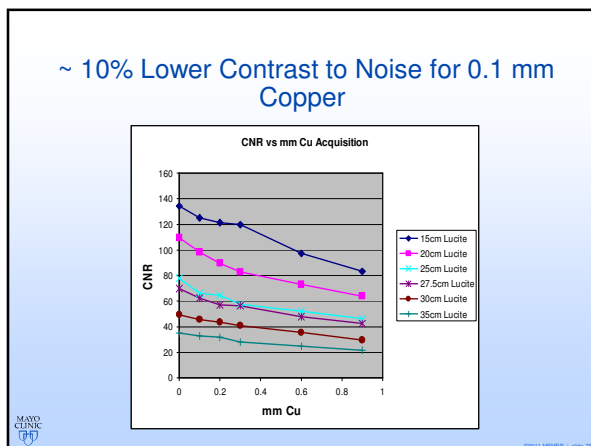
- Standardize Protocol Names!
- Standardize Fluoro/Acquisitions!
- Default with Low(est) Fluoro pulse rate?
- Default with Low(est) DSA/Cine frame rate?
- Default with Low(est) dose per pulse?
- Always use Copper (0.1mm is 40%!)!



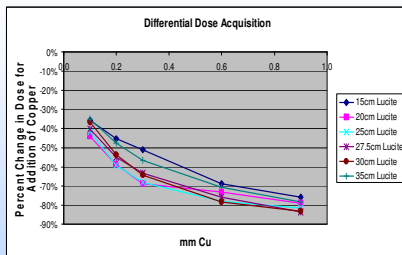
202211 09/20/2022 1:00 PM







40% Lower Dose with 0.1mm Copper!



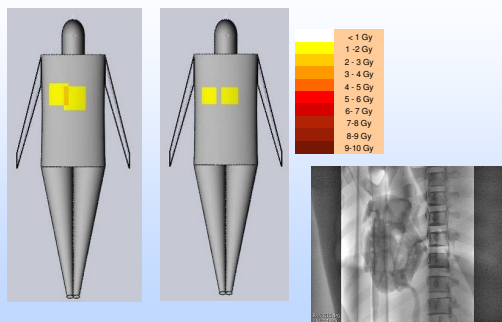
Use at least 0.1 mm Copper!

- Every fixed room without exception
- Every protocol!!!! (especially obese pt technique!)
- Portable C-arms (check with vendor)
- ALARA -100% exams with copper.

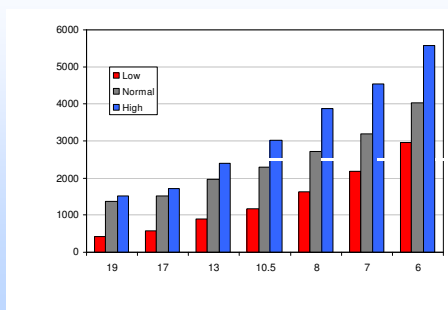
8 ALARA Behaviors for reproducibility

- Proper collimation
- Minimize use of Hi Mag
- Return to Normal FOV Fluoro prior to DSA
- Use of Fluoro Save (with LIH)
- Optimize patient positioning
- Table distant from tube
- DSA and Tap Lightly
- Announce cumulative Gy levels

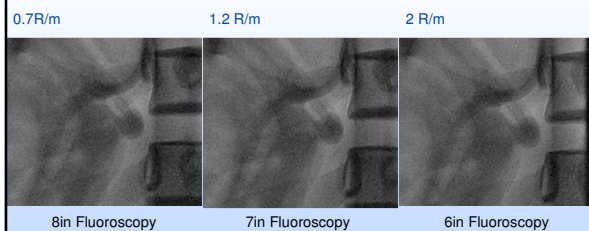
Collimation Is Key: improves IQ, lowers PSD



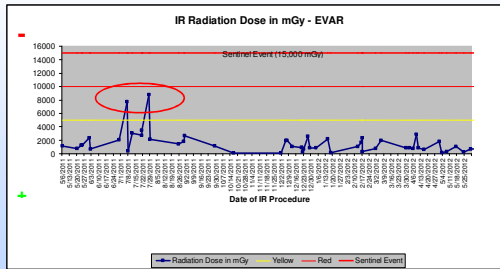
Behavior: choosing small FOV Result: High dose fluoro **AND** high DSA



Single frame of II fluoro – fluoro save

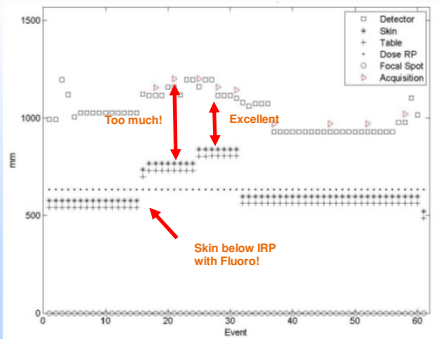


SET ALARA I and II Levels (AK is ok)



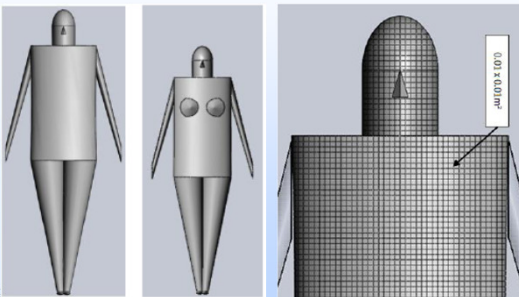
200211 09:08:18 1 4504940

Fluoroscopy Positioning Review

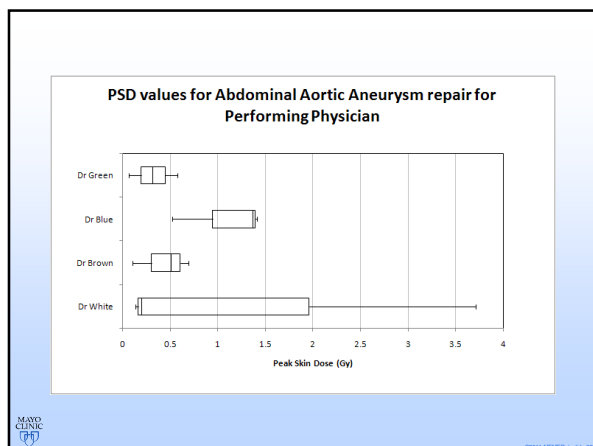


200211 09:08:18 1 4504940

Peak Skin Dose Calculator



200211 09:08:18 1 4504940



Fluoroscopy Service	OLD Exposure Rate	CURRENT Exposure Rate
GI Endoscopy/ERCP	3 ½ Pulses per second	3 ½ Pulses per second
Urology	15 Pulses per second	3 ½ Pulses per second *
IR Room 1 Radiology IR Room 1 Vascular IR Room 1 DSA Aorta, C-E	10 pulses per second 10 pulses per second 4 Frames per second	7 ½ Frames per second * 7 ½ Frames per second * 2 Frames per second **
IR Room 2 Radiology IR Room 2 Vascular IR Room 2 DSA Aorta, C-E	15 Frames per second 15 Frames per second 4 Frames per second	7 ½ Frames per second * 7 ½ Frames per second * 2 Frames per second **
Cardiac Cath Rm 2 and 3	15 Pulses per second FLUORO 15 Fr/second CINE	7 ½ Pulses per second FLUORO 7 ½ Fr/second CINE **
Electrophysiology Lab Venograms	15 Fr/second FLUORO 30 Fr/second CINE	4 Fr/second FLUORO * 4 Fr/second CINE ***

Thank You!

- Six Sigma is a way of problem solving
- DMAIC
- Drive out variation – measure reproducibility
- Processes are the problem, not people!
- Team effort

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