

Implementation of AAPM TG 142: Quality Assurance of Medical Accelerators

Fang-Fang Yin
Duke University



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Acknowledgements

- Invitation from organization committee
- QA team physicists in the Department of Radiation Oncology at Duke University



Objectives

- Understand fundamental principles and the needs of quality assurance for linear accelerator
- Understand principle and contents of TG-142
- Understand strategy and methodology of implementing TG 142
- Understand the limitations of TG 142



TG-142 Members

- Eric E. Klein, Ph.D., Washington University - Chair
- Joseph Hanley, Ph.D., Hackensack Univ Medical Center
- John Bayouth, Ph.D., University of Iowa
- Fang-Fang Yin, Ph.D., Duke University
- William Simon, M.S., Sun Nuclear Corp.
- Sean Dresser, M.S., Northside Hospital
- Christopher Serago, Ph.D., Mayo Clinic, Jacksonville
- Francisco Aguirre, M.S., M.D. Anderson Cancer Center
- Lijun Ma, Ph.D., University of California, San Francisco
- Bijan Arjomandy, Ph.D., M.D. Anderson Cancer Center
- Chihray Liu, Ph.D., University of Florida
- Consultants: Carlos Sandin (Elekta)

Todd Holmes (Varian Medical Systems)



Med. Phys. 36:4197-4212 (2009)

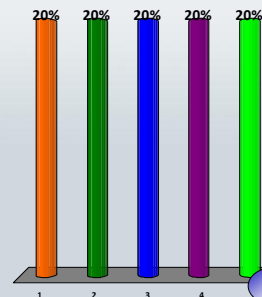
Purpose/Disclaimer – TG142

- To build upon the recommendations of TG-40 for QA of medical linear accelerators including the before mentioned technologies and procedures such as SRS, SBRT, TBI and IMRT (exclude VMAT)
- The recommendations of this task group are not intended to be used as regulations
- These recommendations are guidelines for qualified medical physicists (QMP) to use and appropriately interpret for their individual institution and clinical setting
- Each institution may have site-specific or state mandated needs and requirements which may modify their usage of these recommendations



What is the goal of a QA program for medical linear accelerators?

- To meet the requirement of job description for physicists in an academic university hospital
- To meet the regulatory requirements from the state government for radiation therapy
- To meet the requirements and guidelines as described in a number of AAPM task reports
- To meet the requirements of department chair and/or hospital administrators
- To assure that the machine characteristics do not deviate significantly from their baseline values acquired at the time of acceptance and commissioning



10



Discussion

- Answer: e
- The goal for QA to ensure the quality and safety of the machines meet the criteria and guidelines obtained from ATP and commissioning
- References: TG-40, TG-142

Why QA is Needed?

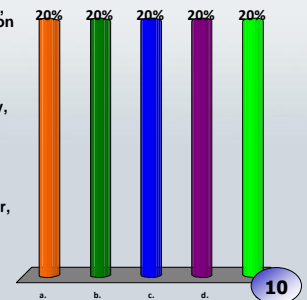
- The principle of Linac QA: ICRU recommends that the dose delivered to the patient be within $\pm 5\%$ of the prescribed dose
- Many steps involved in delivering dose to a target volume in a patient, each step must be performed with accuracy better than 5% to achieve this recommendation
- The goal of a QA program for linear accelerators is to assure that the machine characteristics do not deviate significantly from their baseline values acquired at the time of acceptance and commissioning

When QA is Needed?

- Baseline values are entered into treatment planning systems to characterize and/or model the treatment machine, and therefore can directly affect treatment plans calculated for every patient treated on the machine
- Machine parameters can deviate from their baseline values
 - Machine malfunction
 - Mechanical breakdown
 - Physical accidents
 - Component failure
 - Major component replacement
 - Gradual changes as a result of aging
- These patterns of failure must be considered when establishing a periodic QA program

Choose the most appropriate list of components in a QA protocol for medical linear accelerators:

- a. Dose output, method, every day, tolerance, MD approval, Radiation Safety Officer, documentation
- b. Parameter, electrometer, frequency, tolerance, physicist, performer, daily output
- c. Parameter, what tank, frequency, sub-millimeter ruler, action, performer, computer
- d. Parameter, method, frequency, tolerance, action, performer, documentation
- e. Parameter, method, ion chamber, tolerance, performer, administrator, Therapist



Discussion

- Answer: d
- The process of developing a QA protocol should include several major components: the parameter to be measured, the method and tools used for the measurement, the frequency of measurement, the tolerance can be accepted for the measurement, action levels needed for the data generated, the person to perform measurement, and the method of documentation for audit.
- References: TG-40, TG-142

General QA Considerations

- Measurement parameters
- Measurement methods
 - Phantoms
 - Devices
 - Procedures and policies
- Measurement frequencies
- Measurement tolerances/criteria
- Action levels
- Personnel: training, efforts, finances,
- Documentation

Rationale for TG 142

- TG 100 task to develop QA rationales
 - TG 100 – A Method for Evaluating QA Needs in Radiation Therapy – (based on “Failure Modes and Effects Analysis”)
 - Promotes individual department to be responsible for development of unique QA programs based on procedures and resources performed at individual institutions
- TG-142 fill gap between TG-40 and TG-100
 - Give performance-based recommendation
 - Provide process-oriented concepts and advancements in linacs since 1994

Considerations for QA Frequency

- Are we doing too much for QA?
- The underlying principles for test frequency follow those of TG-40 and attempt to balance cost and effort
- Several authors (Schultheiss, Rozenfeld, Pawlicki) have attempted to develop a systematic approach to developing QA frequencies and action levels
- More recently the work being performed by Task Group 100 of the AAPM – still under evaluation

Considerations for QA Tolerances

The original tolerance values in TG-40 were adapted from AAPM Report 13 which used the method of quadratic summation to set tolerances

These values were intended to make it possible to achieve an overall dosimetric uncertainty of $\pm 5\%$ and an overall spatial uncertainty of ± 5 mm

These tolerances are further refined in this report and those quoted in the tables are specific to the type of treatments delivered with the treatment unit

Considerations for Efficiency

- Challenges:
 - Time
 - Effort
- Potential solutions
 - Combine different tasks
 - Use of integrated software
 - Develop QA plans in Eclipse/ARIA
 - Some available commercial software
 - DoseLab
 - PIPSpro
 - RIT113
 - ...

For an SRS system, combine W-L test with daily IGRT QA



QA of Medical Accelerators

- Report has 6 tables of recommendations
 - Linac daily (T1), Monthly (T2), Annual (T3)
 - Contain tests for asymmetric jaws, respiratory gating, and TBI/TSI
 - Dynamic/virtual/universal wedges (T4), MLC (T5), Imaging (T6)
- Each table has specific recommendations based on the nature of the treatment delivered on machine
 - Non-IMRT, non-SRS
 - IMRT
 - SRS/SBRT
- Explicit recommendations based on equipment manufacturer as a result of design characteristics of these machines

Table I: Daily QA

Procedure	Machine-type tolerance		
	Non-IMRT	IMRT	SRS/SBRT
Dosimetry			
X-ray output constancy (all energies)			
Electron output constancy (weekly, except for machines with unique e-monitoring requiring daily)		3%	
Mechanical			
Laser localization	2 mm	1.5 mm	1 mm
Distance indicator (ODI) @ iso	2 mm	2 mm	2 mm
Collimator size indicator	2 mm	2 mm	1 mm
Safety			
Door interlock (beam off)		Functional	
Door closing safety		Functional	
Audiovisual monitor(s)		Functional	
Stereotactic interlocks (lockout)	NA	NA	Functional
Radiation area monitor (if used)		Functional	
Beam on indicator		Functional	

Table IV: Dynamic/Universal/Virtual Wedges

Dynamic-including EDW (Varian), virtual (Siemens), universal (Elekta) wedge quality assurance				
Frequency	Procedure	Tolerance		
		Dynamic	Universal	Virtual
Daily	Morning check-out run for one angle		Functional	
Monthly	Wedge factor for all energies	C.A. axis 45° or 60° WF (within 2%) ^a	C.A. axis 45° or 60° WF (within 2%) ^a	5% from unity, otherwise 2%
Annual	Check of wedge angle for 60°, full field and spot check for intermediate angle, field size	Check of off-center ratios @ 80% field width @ 10 cm to be within 2%		

^aRecommendation to check 45° if angles other than 60° are used.



Table V: Multileaf Collimation (MLC)

Procedure	Tolerance
Qualitative test (i.e., matched segments, aka "picket fence")	Weekly (IMRT machines): Visual inspection for discernable deviations such as an increase in interleaf transmission Monthly: 2 mm Loss of leaf speed >0.5 cm/s 1 mm for leaf positions of an IMRT field for four cardinal gantry angles. (Picket fence test may be used, see depends on clinical planning-segment size)
Setting vs radiation field for two patterns (non-IMRT) Backup diaphragm settings (Elekta only) Travel speed (IMRT) Leaf position accuracy (IMRT)	Annually: ±0.5% from baseline Leaf position repeatability: ±1.0 mm MLC spoke shut: ±1.0 mm radius Coincidence of light field and x-ray field (all energies): ±2.0 mm Segmental IMRT (stop and shoot) test: <0.35 cm max. error RMS, 95% of error counts <0.35 cm Moving window IMRT (four cardinal gantry angles): <0.35 cm max. error RMS, 95% of error counts <0.35 cm

Multi-leaf Collimator (MLC)

Early recommendations Varian (Klein, Galvin, Losasso) Elekta (Jordan) Das (Siemens)

1998 AAPM TG-50 to address multi-leaf collimation, including extensive sections on multi-leaf collimator QA not specific for MLCs as used for IMRT

TG-142 recommend testing (Table V) that depends on whether or not the MLC system is used for IMRT

Geometry accuracy:

Leaf position, speed, gantry angles, etc.

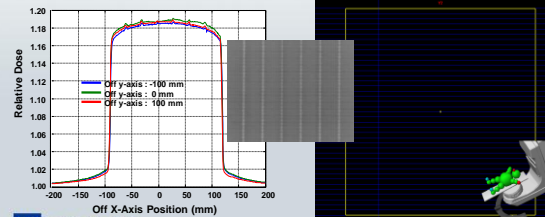
Dosimetry accuracy:

Abutting field, travel speed, gantry angles, dose rate,



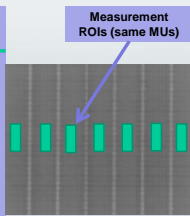
Sample MLC QA Test

Combined to VMAT QA - to test the accuracy of dose rate and gantry speed control with P-F method



Sample MLC QA Test

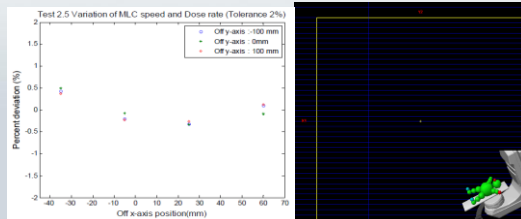
$\Delta\text{MU}/\Delta t$ (MU/min)	$\Delta\theta$ (degree)	$\Delta\theta/\Delta t$ (degree/s)	Ave Δ (%)
111	90	5.54	1.1
222	45	5.54	0.5
333	30	5.54	0.0
443	22.5	5.54	0.1
554	18	5.54	-0.2
600	15	5.00	0.5
600	12.9	4.30	-1.1



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Sample MLC QA Test

Combinations of leaf speed/dose-rate to give equal dose to four strips in a RapidArc



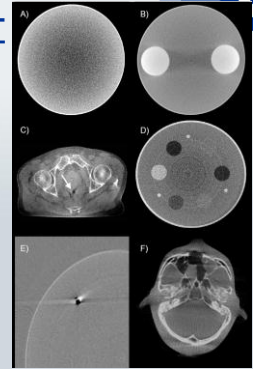
Components for IGRT QA

- The goal for imaging is to improve accuracy and precision
- Geometric accuracy
 - Geometric center coincidence
 - Positioning and repositioning
- Image quality
 - Resolution, noise, contrast, artifacts, image fusion, etc.
- Safety
 - Collision interlocks, warning indications, etc.
- Imaging dose
 - 2D, 3D, 4D, fluoroscopy, etc.



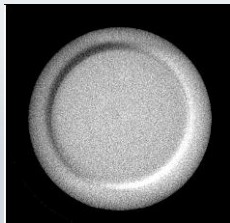
Artifacts in kV CBCT

- Cupping and streaks due to hardening and scatter (A&B)
- Gas motion streak (C)
- Rings in reconstructed images due to dead or intermittent pixels (D)
- Streak and comets due to lag in the flat panel detector (E)
- Distortions (clip external contours and streaks) due to fewer than 180 degrees + fan angle projection angles (F)



Crescent Artifact in CBCT Scans

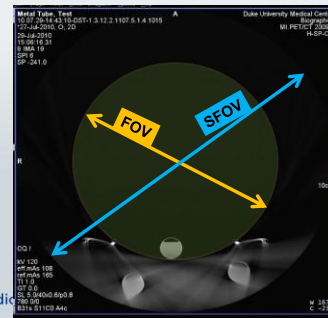
An apparent shift of the bow tie profile from projection to projection deriving most likely from minor mechanical instabilities, such as a tilt of the source or a shift of the focal spot



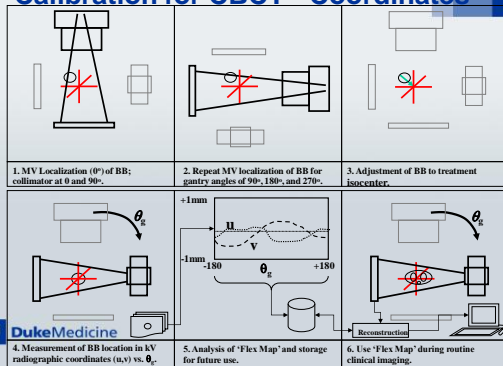
W Giles et al: Crescent artifacts in cone-beam CT
Med Phys 2011 Apr;38(4):2116-21.



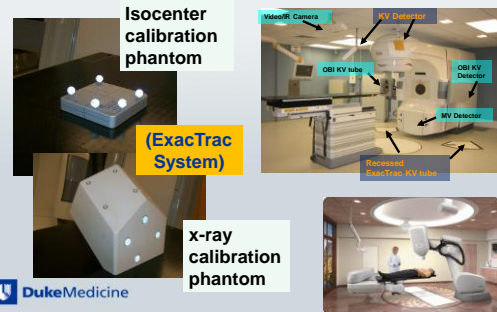
Artifacts in CT Imaging



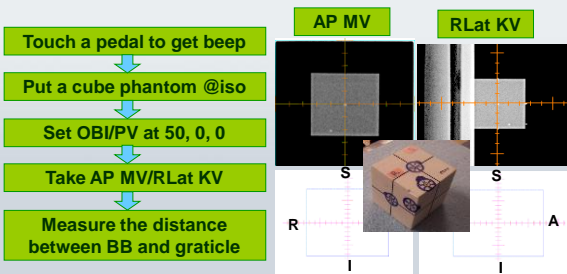
Calibration for CBCT - Coordinates



Calibration of 2D System - Coordinates

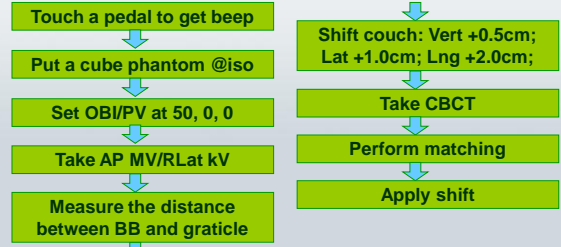


Geometry – kV/MV 2D Imaging Test



MV PD imaging isocenter	AP	L/R:	;	S/I:
KV OBI imaging isocenter	RLAT	A/P:	;	S/I:

Geometry – kV/MV & CBCT Combine Testing (for Iso & Positioning)



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Geometry – kV/MV & CBCT Combine Testing (For Iso & Positioning)

MV PD imaging isocenter	AP	L/R:	;	S/I:
KV OBI imaging isocenter	RLAT	A/P:	;	S/I:
CBCT Isocenter and Couch Movement QA	Initial couch position: vert = ; long = ; lat =			
	Planned shift: vert = 0.5cm; long = 2.0cm; lat = 1.0cm			
	Couch position after planned shift: vert = ; long = ; lat =			
	Matched shift: vert = ; long = ; lat =			
	Discrepancies: vert = ; long = ; lat =			
	Couch position after matched shift: vert = ; long = ; lat =			

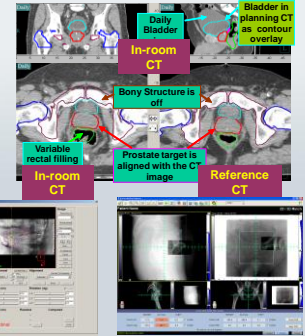
Match BBs – Contour from CT vs CBCT

Geometry - Imaging Fusion Software Test

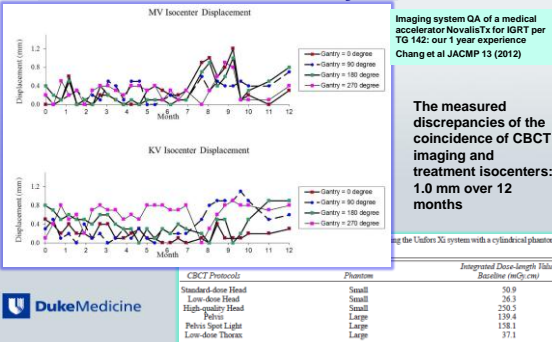
Correcting actions:

Image alignment
Image fusion
Couch shift
6-D rotations
.....

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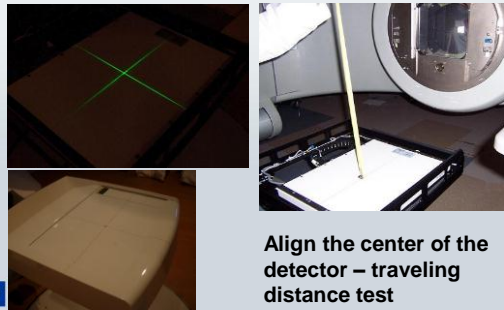


IGRT QA Outcome Analysis



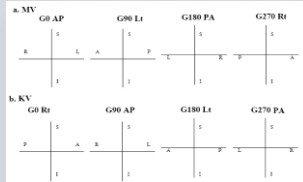
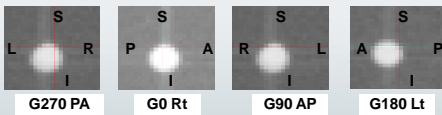
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Mechanical Accuracy Test



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Geometric Alignment per Gantry Rotation – 2D System



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Geometric Scaling Accuracy Test

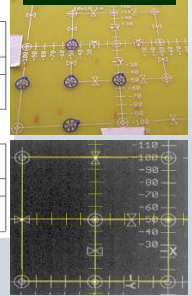
a. MV

	S/I (Lag) shift	R/L (Lat) shift	Vertical line	Horizontal line
Reading (cm)				
Expected value (cm)	≤ 0.2	≤ 0.2	10.0 ± 0.2	10.0 ± 0.2

b. KV

	S/I (Lag) shift	R/L (Lat) shift	Vertical line	Horizontal line
Reading (cm)				
Expected value (cm)	≤ 0.2	≤ 0.2	10.0 ± 0.2	10.0 ± 0.2

Circuit-board

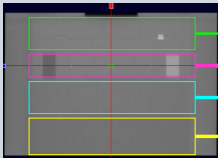


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Image Quality: CBCT System



Image quality



CTP528 – Spatial resolution

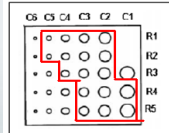
CTP404 HU linearity
Spatial linearity
Slice thickness

Geometric distortion

CTP515 – Low contrast resolution

CTP486 – HU uniformity & noise

Image Quality: 2D Imaging



MVD

Row visible: _____ (Tolerance: $\geq R4$)
 Row tolerance: _____ (Tolerance: $\geq C3$)
 Column visible: _____ (Tolerance: $\geq C5$)
 Column tolerance: _____ (Tolerance: $\geq R2$)

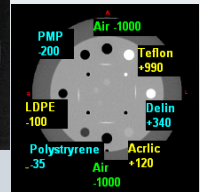
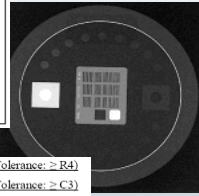


Image for QA analysis

Contrast: _____ disks (> 11 to 12 disks)
 Resolution: _____ lp/mm (≥ 1.6 lp/mm or group 11)

CT number check for CBCT

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kV Beam Quality/Dose - Radiography

- Unfors Xi: The long axis of the detector should be perpendicular to the anode-cathode axis of the tube
- Detector center at isocenter or at surface



TABLE 1. Baseline measurements of the parameters of peak voltage (kVp) and imaging dose of planar KV imaging using the Unfors Xi system.

KV OBI Protocols	Peak Voltage (kVp)	Peak Voltage (kVp) Baseline	Imaging Dose (mGy) Baseline
Pelvis-AP-Med	75	81.56	0.03
Pelvis-Lat-Med	105	103.9	1.07
Pelvis-AP-Large	75	80.66	0.04
Pelvis-Lat-Large	120	119.4	2.83
Head-AP	100	96.76	0.08
Head-Lat	70	81.09	0.01
Thorax-AP	75	85.10	0.01
Thorax-Lat	95	92.67	0.15
Abdomen-AP	80	83.96	0.12
Abdomen-Lat	85	87.25	0.21
Extremity	65	83.56	0.003

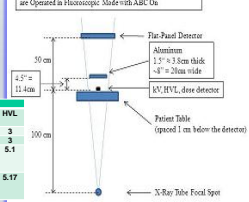
Chang et al JACMP 13 (2012)

kV Beam Quality/Dose - Fluoroscopy



Setup: As diagramed, R/F High X-ray detector is inverted on the table with the aluminum plate placed 4.5 inches above it. Isocenter lies at the center of the high dose detector. The longest dimension of the detector is aligned along with H-F laser or cross-hair. X-ray tube with Titanium filter is placed at PA position with ABS on.

Setup for Mounting Exposure Rate when Linear OBIs are Operated in Fluoroscopic Mode with ABC On



#	Fluoro mode	Blades	kVp	mA	mGy/min	R/ min	kVp	R/ min	HVL
1	LD ABC	26.4 x 19.8	77	12	45.58	5.09	76.0	4.62	3
2	HD ABC	26.4 x 19.8	77	12	44.95	5.13	76.1	4.63	3
3	LD No ABC, @ max kV/min with Large focal spot	26.6x20	140	6.0	82.3		134.3	7.65	5.1
4	HD No ABC, @ max kV/min, with Large focal spot	26.6x20	140	11.9	161.5		136.6	14.3	5.17

Imaging Dose: CBCT

TABLE 4. Baseline measurements of the imaging dose of CBCT using the Unifors Xi system with a cylindrical phantom mimicking a human body.

CBCT Protocols	Phantom	Integrated Dose-length Value Baseline (mGy.cm)
Standard-dose Head	Small	50.9
Low-dose Head	Small	26.3
High-quality Head	Small	250.5
Pelvis	Large	139.4
Pelvis Spot Light	Large	158.1
Low-dose Thorax	Large	37.1

- Detector at the center of CT dose phantom
- The center of phantom at the isocenter

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Sample QA for an Integrated System



Duke Center for
SRS/SBRT
(Novalis Tx)

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- QA for delivery system
- QA for imaging system
- QA for planning system
- QA for immobilization system
- QA for patient specific plan (IMRT/RapidArc)
- QA for record & verifying system
- QA for match software
- QA for gating system
- QA for 6D couch movement
-

QA Consideration for QA Phantoms

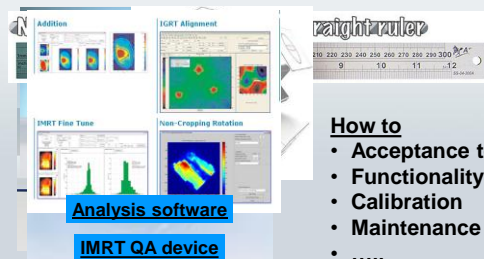


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How to select:

- Purpose
- Multiple purposes
- Accuracy
- Ease of use
- Simplicity
- Size and weight
- Quality
- Cost
-
- **Maintenance**

QA Considerations for QA Devices



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How to

- Acceptance testing
- Functionality
- Calibration
- Maintenance
-

Sample QA Protocols and Documents at Duke University Hospital

- [Daily QA](#)
- [Monthly QA](#)
- [Annually QA](#)
- [SRS QA - monthly](#)
- [SRS QA - annually](#)
- [IMRT QA - annually](#)

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QA Considerations for the Process

- QA will not be done automatically
- QA will not automatically and correctly done
- We know human makes mistakes, even you have policies and procedures in place
- QA policies and procedures should be in place before machine use and be updated periodically
- Policy for monitoring QA program
- Mechanism for auditing QA documents
- Education/training and re-education/re-training

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Sample of QA Process Error



- 2 physicists/2 linacs, each for one linac and backup for the other linac. This primary/backup arrangement was switched once a year.
- Each physicist independently designed his own monthly output check, one using an SSD setup and the other an SAD setup.
- One day when Physicist A was on-site alone, the therapists reported >3% daily output based on diode measurements on his backup linac.

Sample of QA Process Error

- Physicist A decided to perform a monthly output check after patient treatments for the day were complete (follow the guideline).
- In the evening, Physicist A assembled the monthly output check in SSD setup rather than the designed SAD setup.
- The measurements showed that the photon beam outputs were 8% low, and the electron beam outputs were 2%–4% low.
- After attempting to contact Physicist B without success, Physicist A decided to increase the machine outputs based on his measurements.
- The next morning, the two physicists discussed this issue. On hearing of such a large adjustment of all energies and modalities, Physicist B investigated further, and discovered the setup discrepancy.
- The outputs were immediately corrected, but unfortunately six patients had already received 8% higher doses that day.

Sample of QA Process Error

- So what can we learn from this description?
 - **Education:** two different QA procedures for the two linacs (importance of standardized procedures)
 - **Communication:** not clearly understood setups by both physicists
 - Results of lack of education for Physicist A:
 - the linac worked (outputs for each modality/energy are controlled by separate boards, making it highly unlikely for all of them to suddenly be 2%–8% low)
 - the daily QA measurement worked (knowing that the diode response changes over time due to radiation damage, probably causing the observed underdose).

Sample of QA Process Error

- Results of lack of training for Physicist A
 - in output adjustment (not performing an independent check of output after adjustment with the daily QA device)
 - not minimizing the risk of such a large change by adjusting by 50% of the measured difference pending further investigation)
- Results of lack of communication by Physicist A
 - failing to contact other physicists at nearby affiliated facilities for advice when Physicist B was reached.
- Corrective actions: unify the calibration protocol; set guideline for output adjustment; ...

Summary

TG 142 provides an effective guidelines for quality assurance of medical linear accelerators.

Implementation of TG 142 requires a team efforts from different expertise to support all QA activities and develop necessary policies and procedures. Institution-specific baseline and absolute reference values for all QA measurements should be established and also be evaluated for proper use and appropriateness of the particular QA test

Summary

- The introduction of **new technologies** provides new **opportunities** to further improve treatment accuracy and precision. At the same time, it presents new **challenges** for its efficient and effective implementation.
- **Quality assurance** measures with phantoms are requisite. Expertise must be developed and must be re-established from time to time. One must also be cognizant that in actual clinical practice, inherent uncertainties of the guidance solution exist, as each technique has its own range of uncertainties.

Summary

- **A QMP should lead the QA team**
 - Daily QA tasks may be carried out by a radiation therapist and checked by a QMP
 - Monthly QA tasks should be performed by (or directly supervised by) a QMP
 - Annual measurements be performed by a QMP with proper involvement of the entire QA team
 - QA per service and upgrade
- **An end-to-end system check is recommended to ensure the fidelity of overall system delivery whenever a new or revised procedure is introduced. An annual QA report be generated**

Thank you for your attention