

# MRg HIFU: Current and future trends of MR guided Focused Ultrasound in Radiation Oncology

*Arik Hananel*  
*MD, MBA, BsCs*

# Disclosure

InSightec

<http://www.insightec.com>

Focused Ultrasound Foundation

<http://www.fusfoundation.org>

University of Virginia

<http://www.virginia.edu>

Journal of Therapeutic Ultrasound

<http://www.jtultrasound.com>

ISTU

<http://www.istu.org>

# Topics:

- 1)MR guided HIFU possible role in oncology
- 2)MR guided HIFU High level clinical overview
- 3)Current MR guided HIFU application
- 4)Future MR guided HIFU application

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# MR guided HIFU role

MR guided HIFU is:

- Image guided, personalized, radio-surgery.

Another view could be

- RF ablation without a needle

# MR guided HIFU role

Why?

- MR guided HIFU kills everything
- MR guided HIFU is image guided
- MR guided HIFU enable treatment personalization

# MR guided HIFU role



But what are the advantages of MR guided HIFU?

# MR guided HIFU role

MR guided HIFU differences:

- 1) No-ionizing therapy
- 2) Repeatable treatment
- 3) Closed loop thermal feedback
- 4) Very sharp lesion margins
- 5) None-invasive therapy.



# MR guided HIFU role

Possible uses of MR guided HIFU:



# MR guided HIFU role

## Combining HIFU with EBRT

1) Big lesions targeted and treated by localized therapy

- Prostate cancer focal therapy
- Breast lumpectomy replacement

# MR guided HIFU role

## Combining HIFU with EBRT

### 2) Synergistic effects on same target

- Pain palliation of bone metastasis
- Using HIFU for hyperthermia

# MR guided HIFU role

## Replacing radiosurgery RF ablation with HIFU

- 1) Brain treatments, (Tumors, neuro-functional)
- 2) Treatment for young children, (tumors, epilepsy)

# MR guided HIFU role

When radiation dose is maxed out

- 1) Prostate cancer salvage therapy
- 2) Selected cases of bone metastasis

When HIFU will not be a good choice?



# MR guided HIFU role

MR guided HIFU can not do well:

1) Metastasis at vertebra body

2) Vascular Aneurism

3) Lung cancer

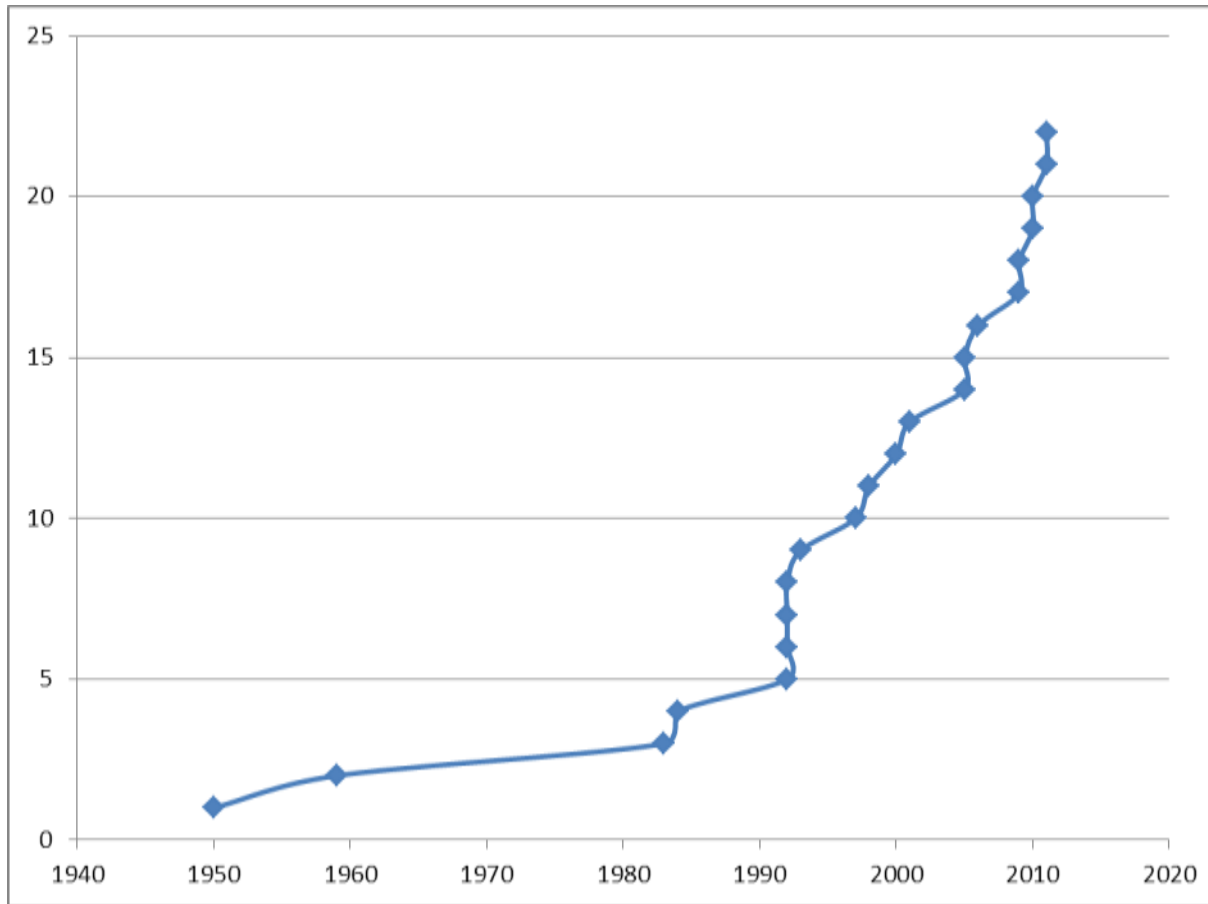
4) Treat intervertebral disk

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# Clinical status

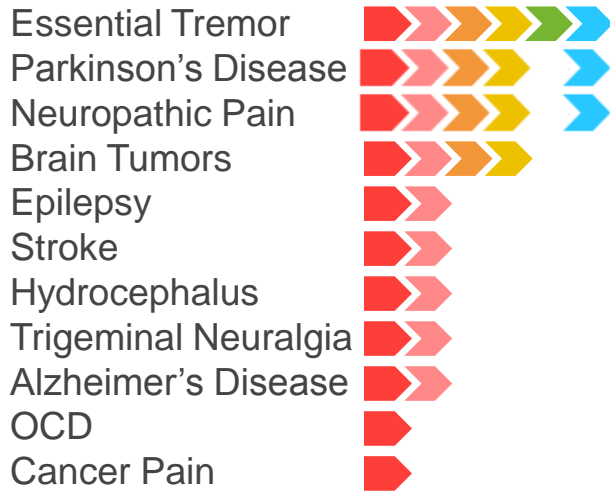


Accumulated number of indications entering first in human stage

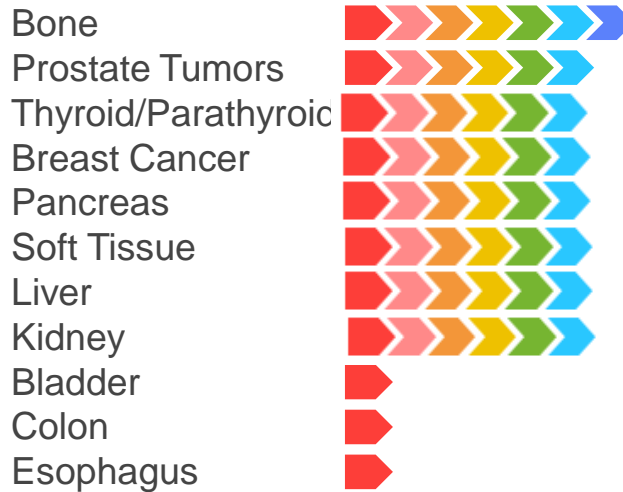
# Global Development Landscape



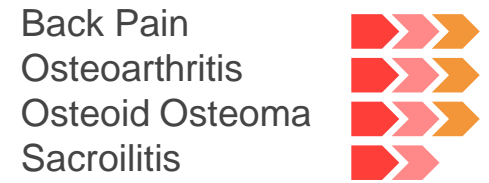
## Neurological



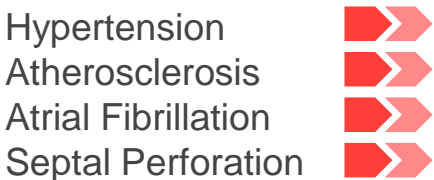
## Oncological



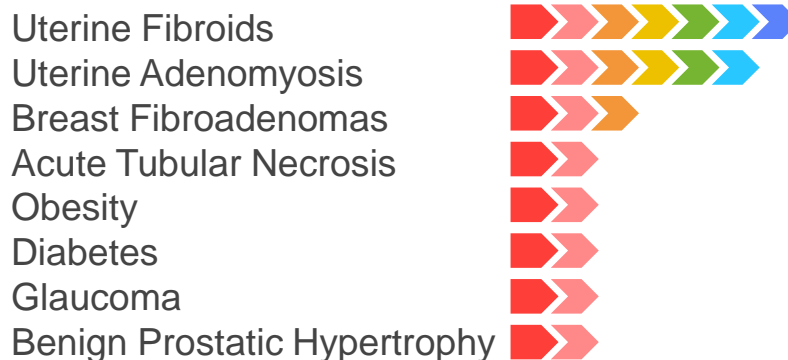
## Musculoskeletal



## Cardiovascular



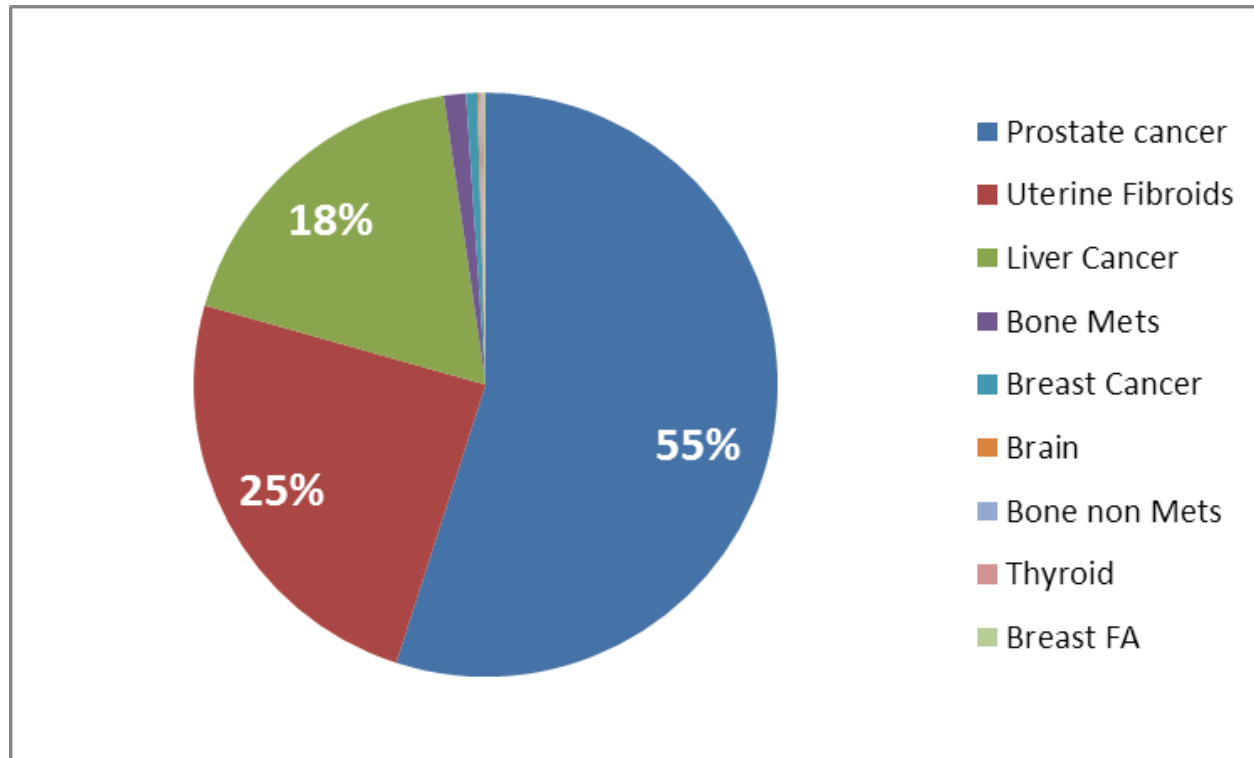
## Miscellaneous



# How about some numbers?



# Numbers...



Overall, more than 80,000 patients have been treated using HIFU

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# HIFU in practice



# Mechanism of action and applications

Energy deposition into tissue

Thermal effect

Mechanical effect

Tissue death  
(Ablation)

- Tumor ablation
- Functional neurosurgery
- Pain applications

Tissue change  
(Hyperthermia)

- Targeted drug delivery

Tissue death  
(Histotripsy,  
Thrombolysis)

- BPH
- Stroke

Tissue change  
(BBB opening,  
Sonoporation)

- Drug delivery

# Clinically tested

## Brain Indications

- Neuropathic pain
- Essential Tremor
- Tremor Dominant Parkinson
- Parkinson Dyskinesia
- OCD



# Clinically tested



## Gynecological and urological indications

-  Prostate cancer
-  Kidney tumors

- Symptomatic uterine fibroids
- Adenomyosis

# Clinically tested

## Abdominal indications

-  Liver tumors
-  Pancreatic cancer


# Clinically tested

## MSK indications

-  Bone metastasis
  - Osteoid Osteoma
  - Facet Rhizotomy

# Clinically tested

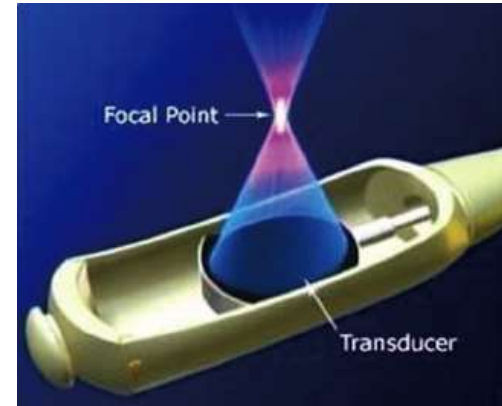
## Other indications

- Benign Thyroid nodules
- Hyperparathyroidism
- Renal nerve denervation
  
- Glaucoma
  
-  Breast cancer
  - Breast Fibroadenoma

# Regulatory status

- USA – UF and Bone Mets
- Europe – UF, Bone Mets, Thalamotomy, Prostate cancer, Thyroid nodules, Breast Fibroadenoma, Liver and pancreatic cancer, Breast cancer, Kidney tumors, Facet arthritis and Osteoid Osteoma
- Asia – UF, Bone Mets, Prostate cancer

# Prostate Cancer - Transrectal

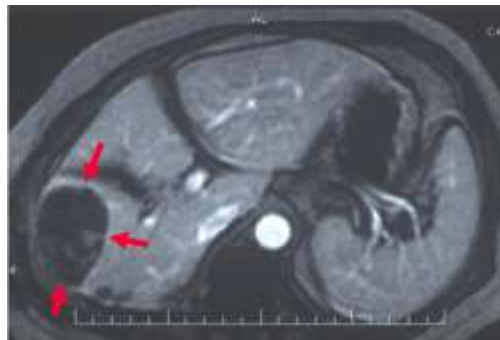
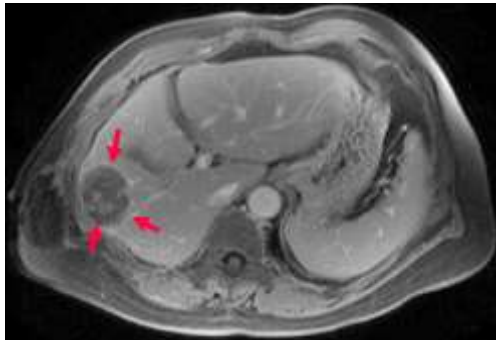
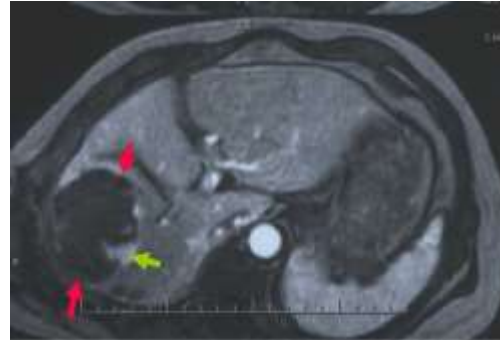
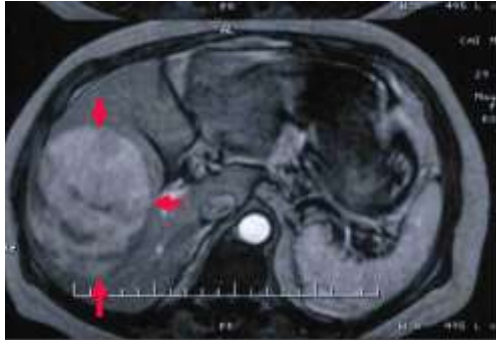


**Computer controlled movements**

- ▶ 3-dimensional
- ▶ Micro steps



# Liver Tumors

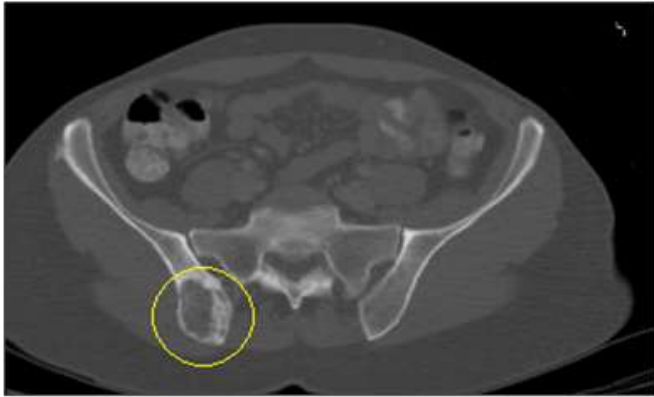


\* Eur J Radiol. 2009 Oct;72(1): High intensity focused ultrasound (HIFU) therapy for local treatment of hepatocellular carcinoma: role of partial rib resection. Zhu H, Zhou K, Zhang L, Jin C, Peng S, Yang W, Li K, Su H, Chen W, Bai J, Wu F, Wang Z.

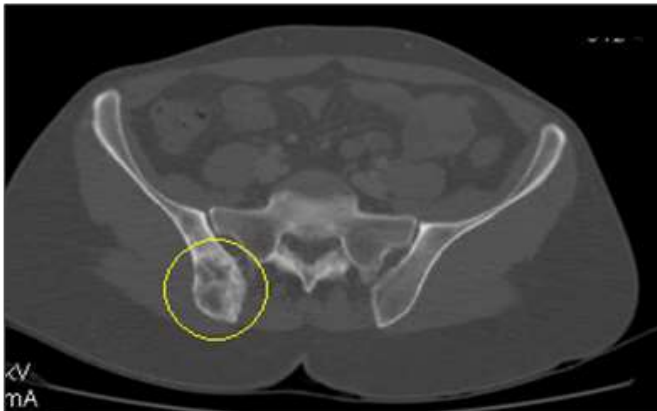
# Pain Palliation of Bone Metastases

**Patient with osteolytic breast cancer metastasis at right iliac bone  
Pain score of 5.5 before treatment reduced to 0 at 3M follow up**

CT Before Treatment



Note: At 3M new bone formation and thickening of cortical layer in treatment area



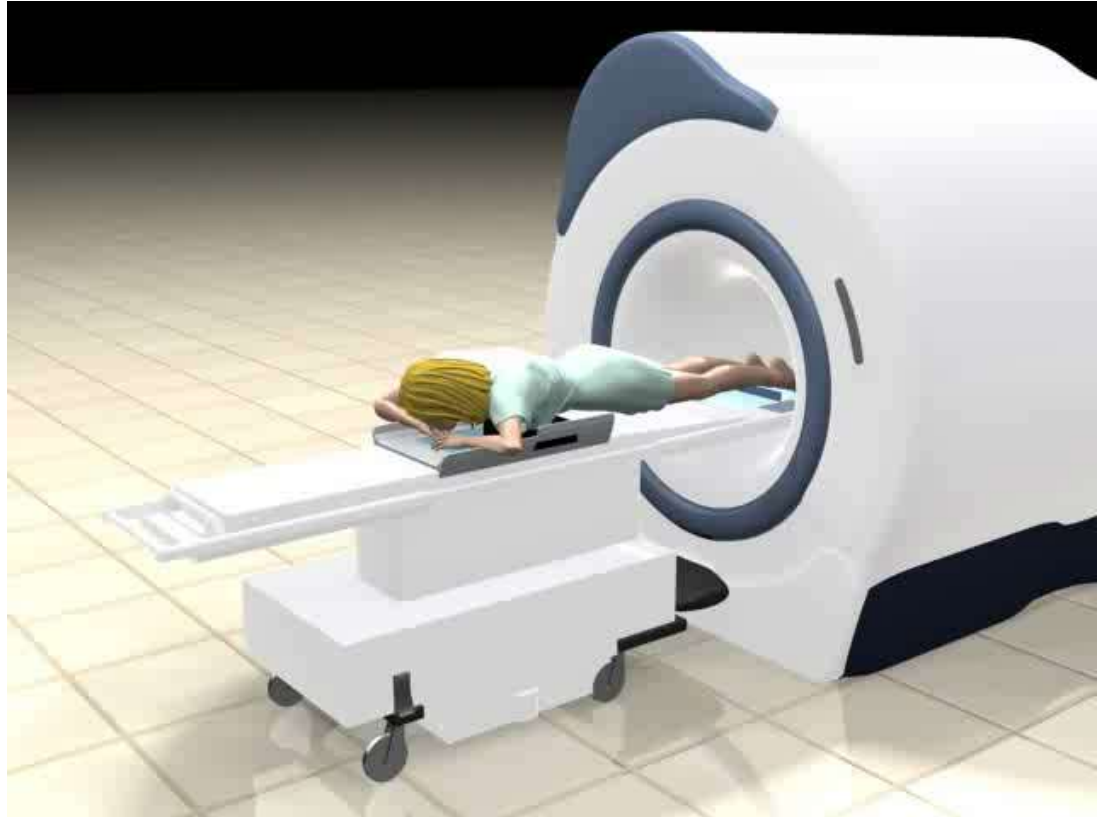
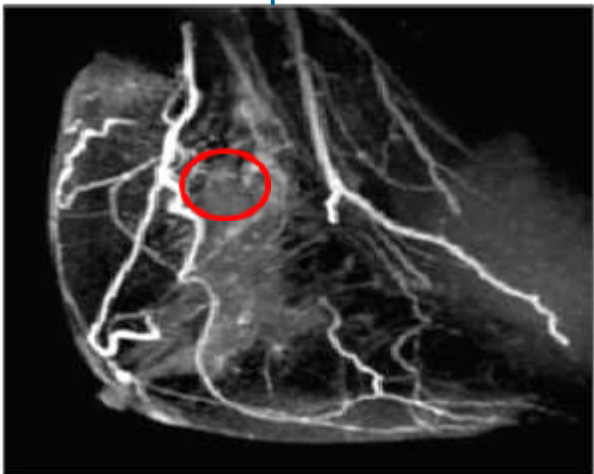


# Breast Cancer

Pre-treatment



Two weeks post treatment



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# Future brain indication



## 1) Brain Oncology

1) Tumors

2) BBB opening

3) Sonodynamic therapy

2) Epilepsy

3) Brain aneurism(\*)

# Future Body indications

 1) Lung cancer (\*)

2) Sacroiliitis

3) Infected implant sterilization

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**Questions?**



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