

# Multiphysics Framework for Modeling of FUS/HIFU and Induced Effects

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# Outline

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- Introduction
- Part I: FUS/HIFU Multiphysics Framework
- Part II: Applications
- Part III: US & Thermal Modeling of tcMRgFUS
- Conclusions & Future Work
- Acknowledgements & Funding

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# Introduction: MRgFUS & Applications

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- advances in MR guided Focused Ultrasound (MRgFUS) allow use of US waves for therapeutic purposes
- modeling required for:
  - safety and efficacy assessment of ultrasonic devices (for therapeutic/diagnostic purposes)
  - device design and optimization
  - patient-specific treatment planning for acoustic therapies
  - outcome analysis & understanding of underlying mechanisms
- applications of interest to us:
  - evaluation and optimization of novel **transducers/applicators** for **superficial and deep tumor ablation**
  - modeling and treatment planning of **FUS ablation** (tumors and functional neurosurgery)
  - **novel applications** of FUS

# Introduction: tcMRgFUS Neurosurgery

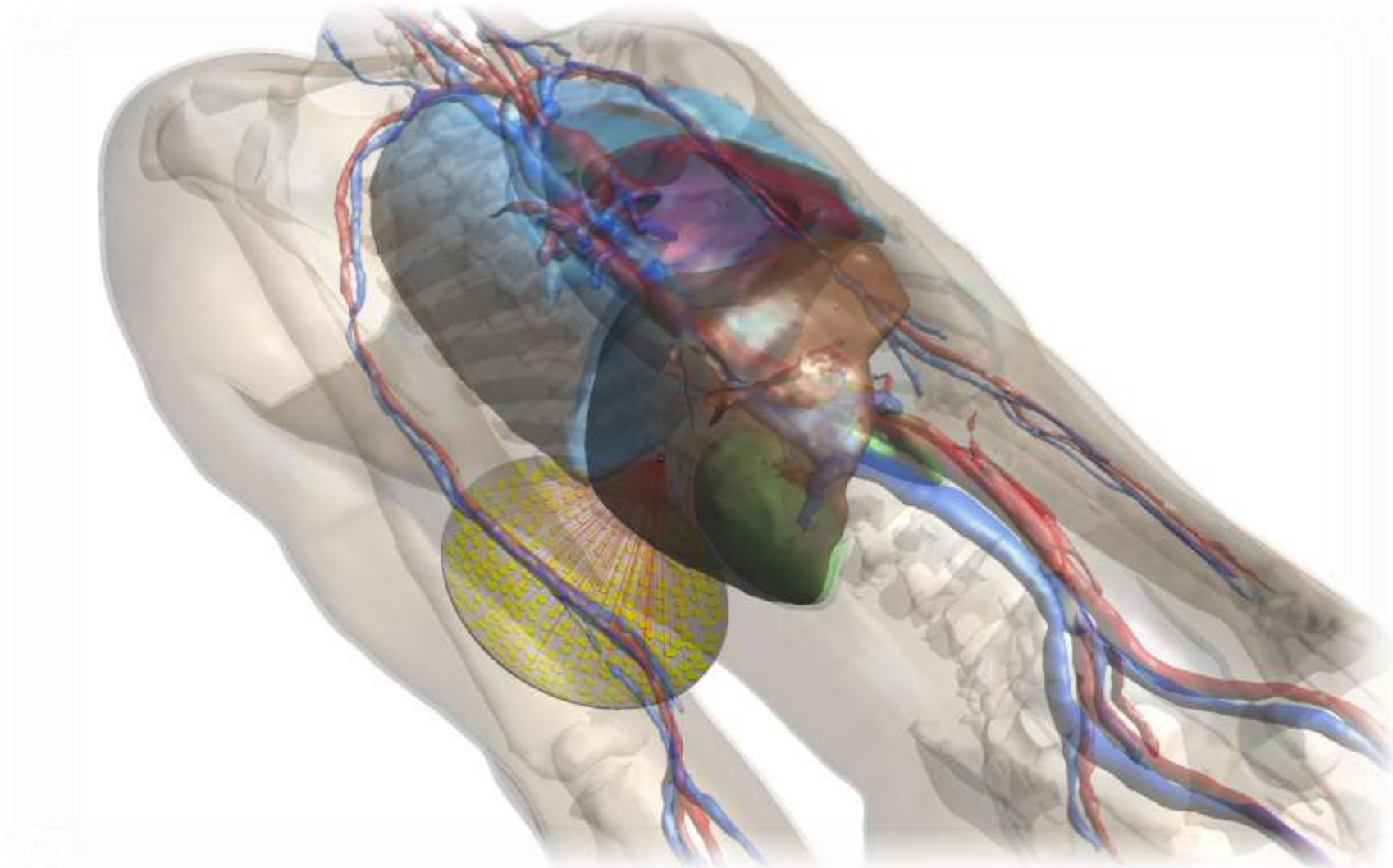
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- **clinical applications:**
  - brain tumor ablation
  - functional neurosurgery:  
movement disorders (Parkinson's, essential tremor, dystonia...), neuropathic pain treatment, epilepsy, OCD
- **pre-clinical applications:**
  - reversible BBB disruption (focal drug delivery and activation to counter CNS diseases)
  - thrombolysis
  - neural stimulation
- **special issues:**
  - large number of transducer elements
  - distortion and focusing
  - skull heating, hot-spots

# Part I: FUS/HIFU Multiphysics Framework

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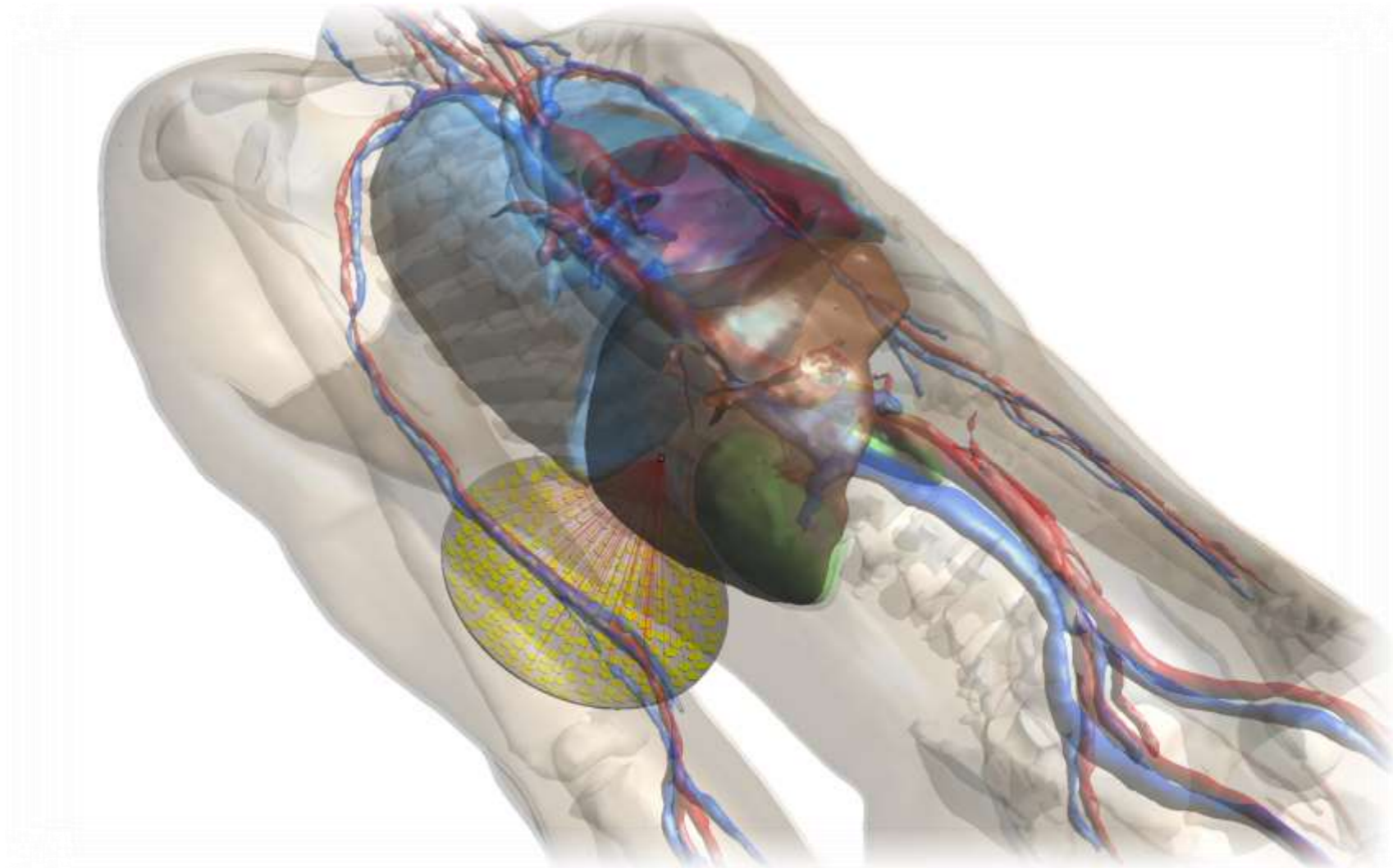
- Framework
- Validation
- Conclusions & Future Work



# Part I: FUS/HIFU Multiphysics Framework

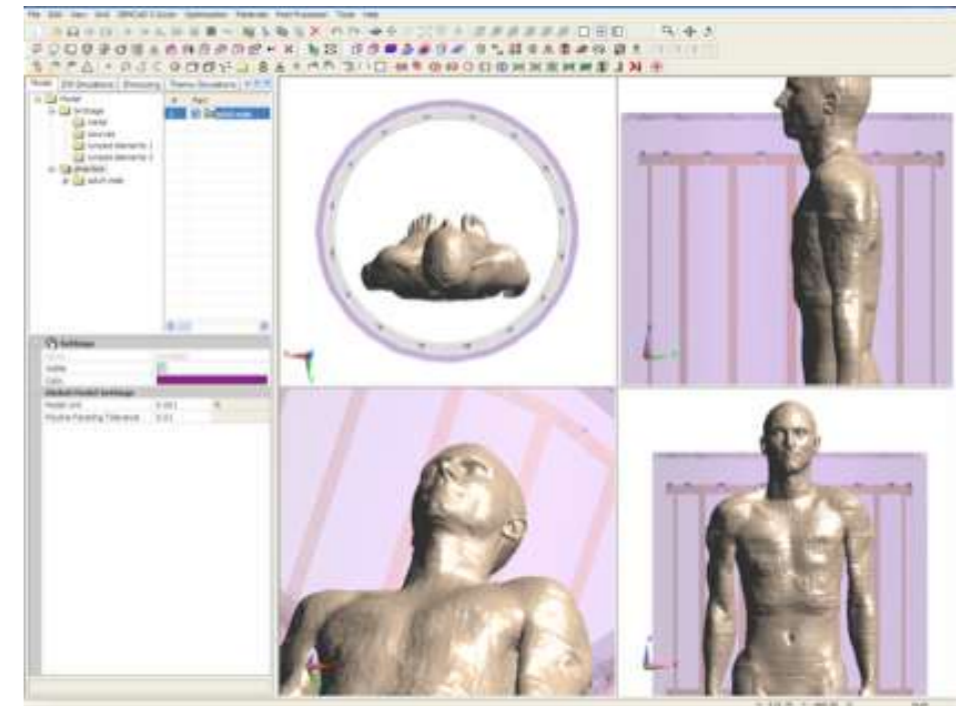
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# Framework: Overview

- simulation platform
  - 3D modeling, anatomical models
  - simulation setup (parameters, gridding, voxeling...)
  - scripting, visualization, post-processing
- segmentation platform
  - segmentation of MRI/CT image data
- solvers:
  - acoustic solver
  - $\mu$ -Bubble solver
  - thermal solver
  - flow solver





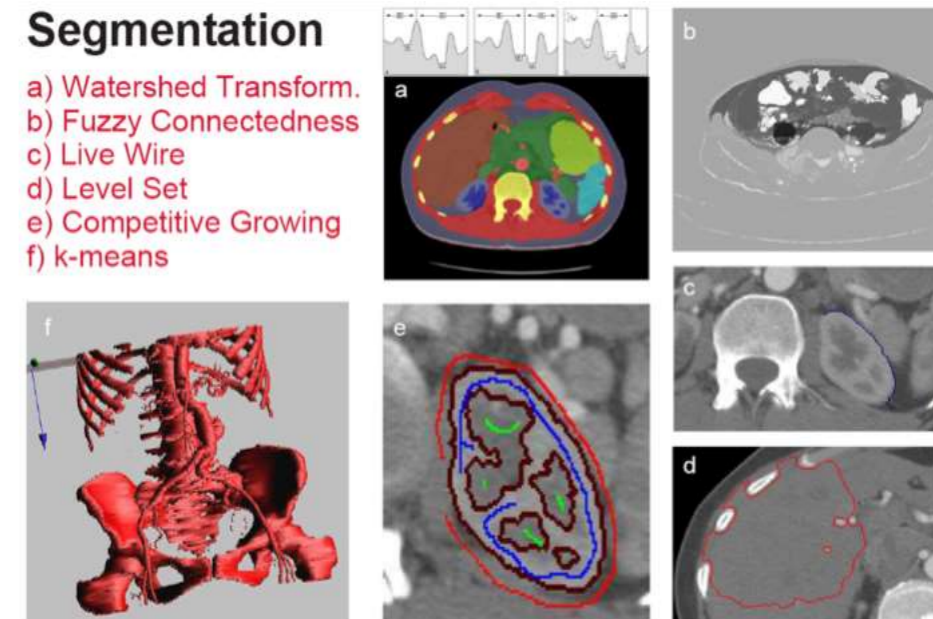
# Framework: Image Segmentation

- custom software
- tool box with many, flexibly combinable segmentation methods
  - robust techniques ranging from: highly **interactive** (e.g., live wire, interactive watershed transform, brush) ↔ highly **automatic** (e.g., improved k-means-based clustering, competitive fuzzy connectedness, competitive growing)
  - method specific **user interactions** paradigms
  - novel techniques (e.g., Gamma method based clustering, image based adaptation)
  - routines for noise reduction, hole/gap/island removal, smoothing, skin adding, connected component analysis
- live-wire based method for vascular tree extraction (vessel wall extraction to be improved)
- topologically flexible interpolation
  - not every slice has to be segmented
  - image based adaptation based on fuzzy logic



## Segmentation

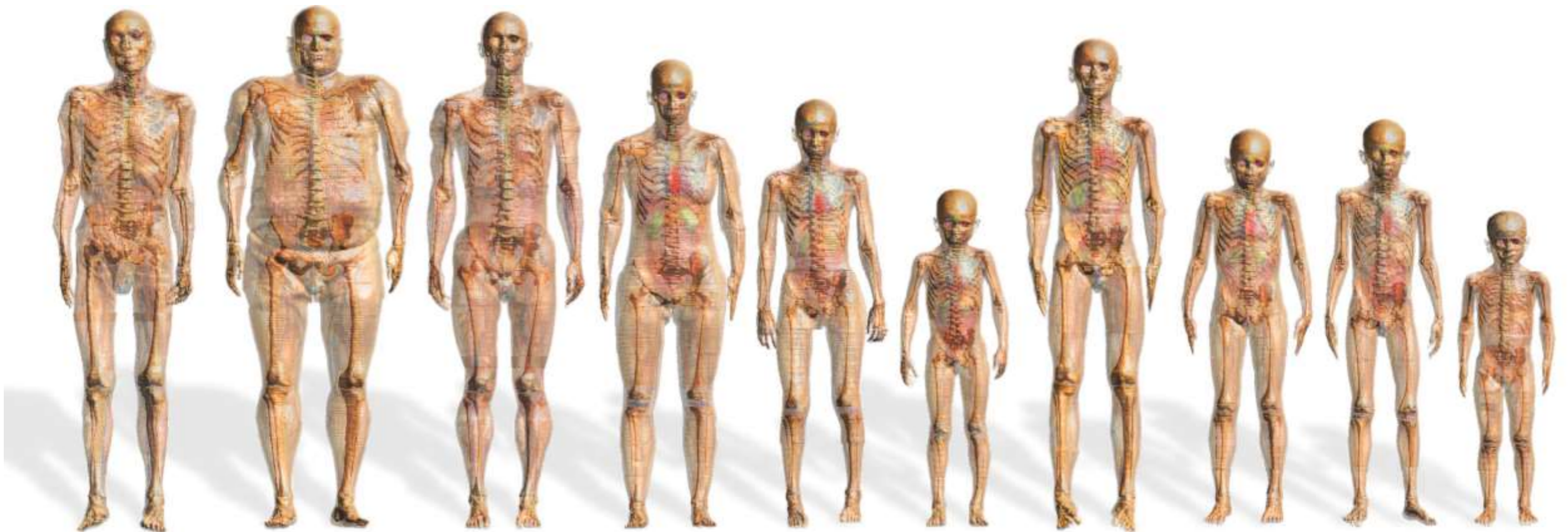
- a) Watershed Transform.
- b) Fuzzy Connectedness
- c) Live Wire
- d) Level Set
- e) Competitive Growing
- f) k-means



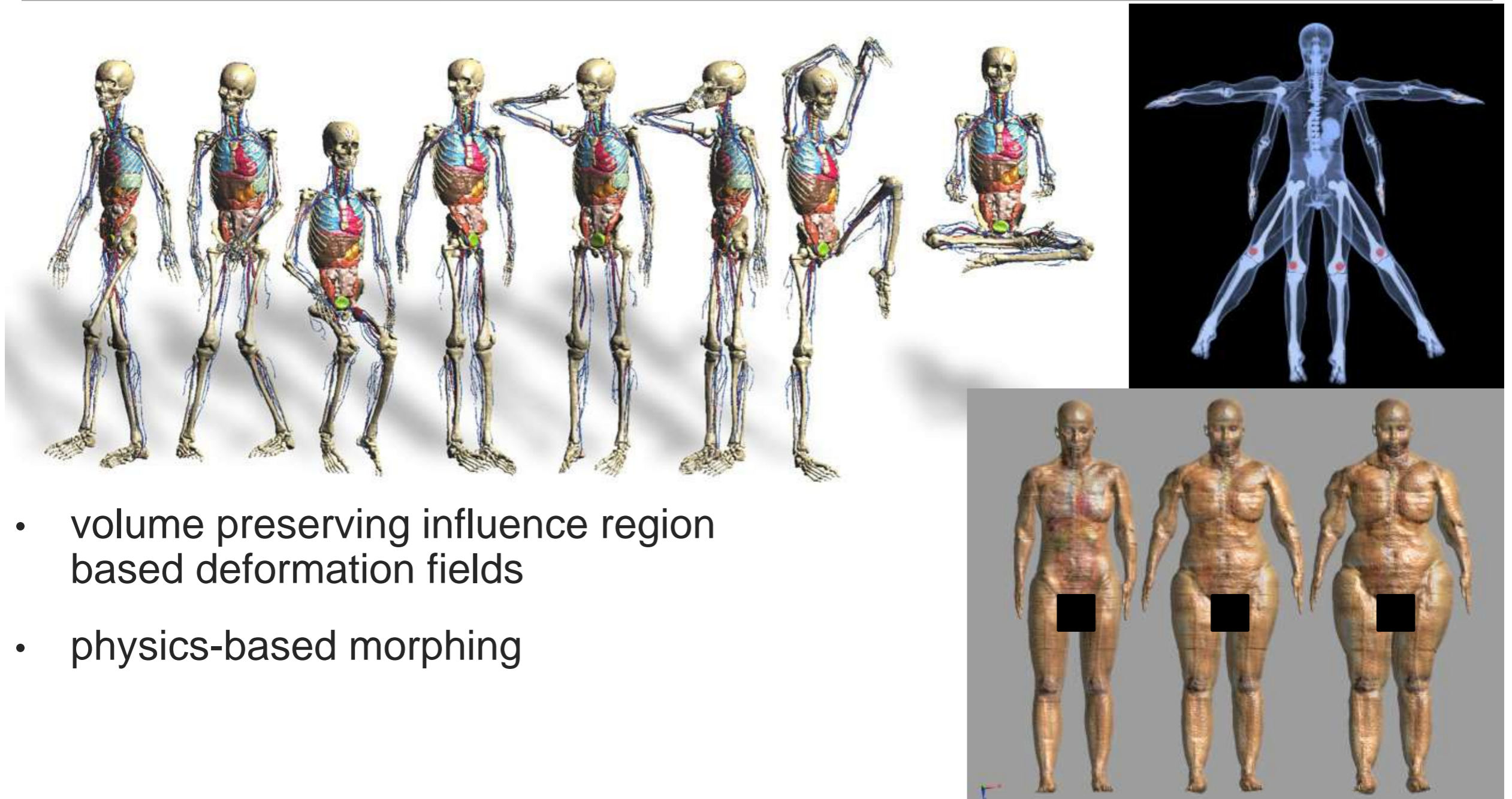
# Framework: Virtual Population

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- CAD models, >200 distinguished organs/tissues
- extensive literature-based tissue **parameter database** (online)
- pregnant women, animal models (dog, mice, rats, pig)



# Framework: Posing / Morphing



- volume preserving influence region based deformation fields
- physics-based morphing

# Framework: Acoustic Solver: Models

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- selected numerical models:
  - linear propagation: linear acoustic pressure wave equation

$$\rho \nabla \frac{1}{\rho} \nabla p - \frac{1}{c^2} \frac{\partial^2 p}{\partial t^2} - \frac{\tilde{\alpha}}{c^2} \frac{\partial p}{\partial t} = 0$$

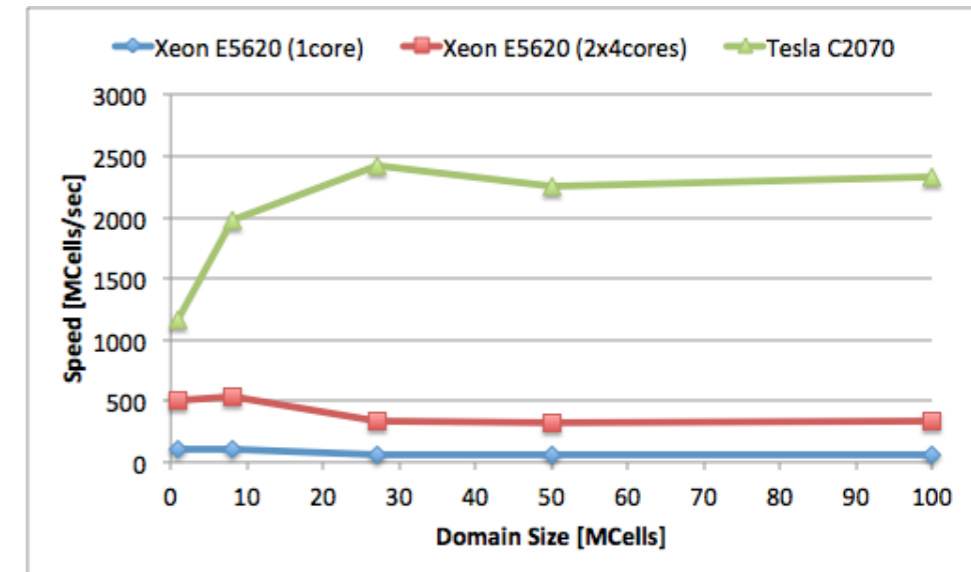
- non-linear propagation: Westervelt-Lighthill equation:

$$\rho \nabla \frac{1}{\rho} \nabla p - \frac{1}{c_0^2} \frac{\partial^2 p}{\partial t^2} + \frac{\delta}{c_0^4} \frac{\partial^3 p}{\partial t^3} + \frac{\beta}{2\rho_0 c_0^4} \frac{\partial^2 p^2}{\partial t^2} = 0$$

$p$  : pressure,  $c$  : equilibrium speed of sound in medium,  $\rho$  : equilibrium density of medium  
 $\alpha$  : attenuation coefficient of medium,  $\delta$  : diffusivity of medium,  $\beta$  : nonlinearity parameter

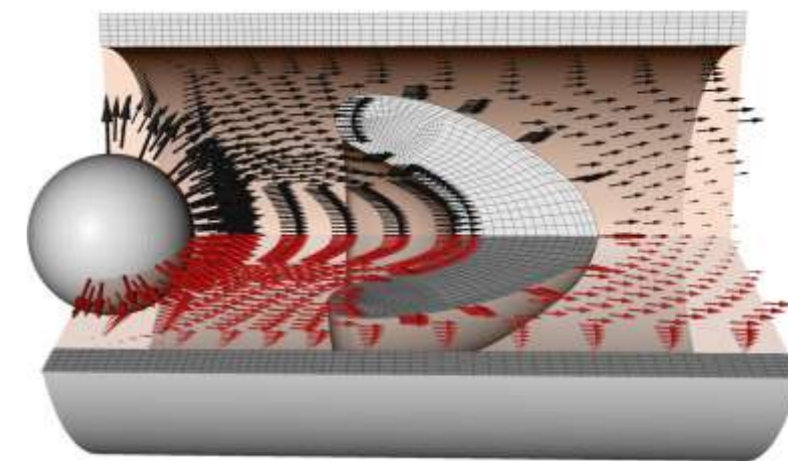
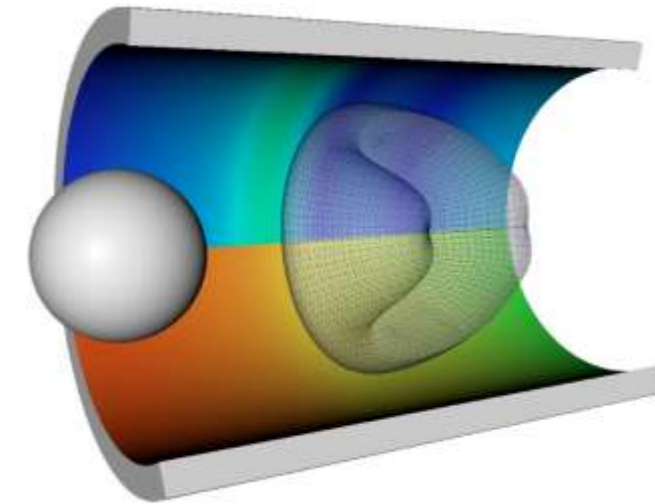
# Framework: Acoustic Solver

- acoustic Solvers:
  - 3D FDTD solvers for highly inhomogeneous anatomies (accounting for air-tissue and bone-tissue interfaces)
  - linear & non-linear variants
  - parallelization
  - CPU: OpenMP, up to 9x speed-up on 12 cores
  - GPU: CUDA, up to 36x speed-up on single GPU
  - Perfectly Matched Layer (PML) absorbing boundary conditions (allowing for domain truncation along inhomogeneous interfaces)



# Framework: $\mu$ -Bubble Solver

- effect of  $\mu$ -bubble sonication on BBB disruption (LTNT, ETH Zurich):
  - encapsulated  $\mu$ -bubble in capillary
  - sonication by incident FUS field
  - **cavitation**
- implementation:
  - FVM simulation using **FSI**
  - bubble motion with modified Rayleigh-Plesset ODE accounting for confinement in vessel and viscoelastic lipid shell
- **lumped parameter model**:
  - UCA concentration  $\rightarrow$  modified effective tissue properties  $\rightarrow$  modified macroscopic pressure  $\rightarrow$  (shear) stresses on vessel wall

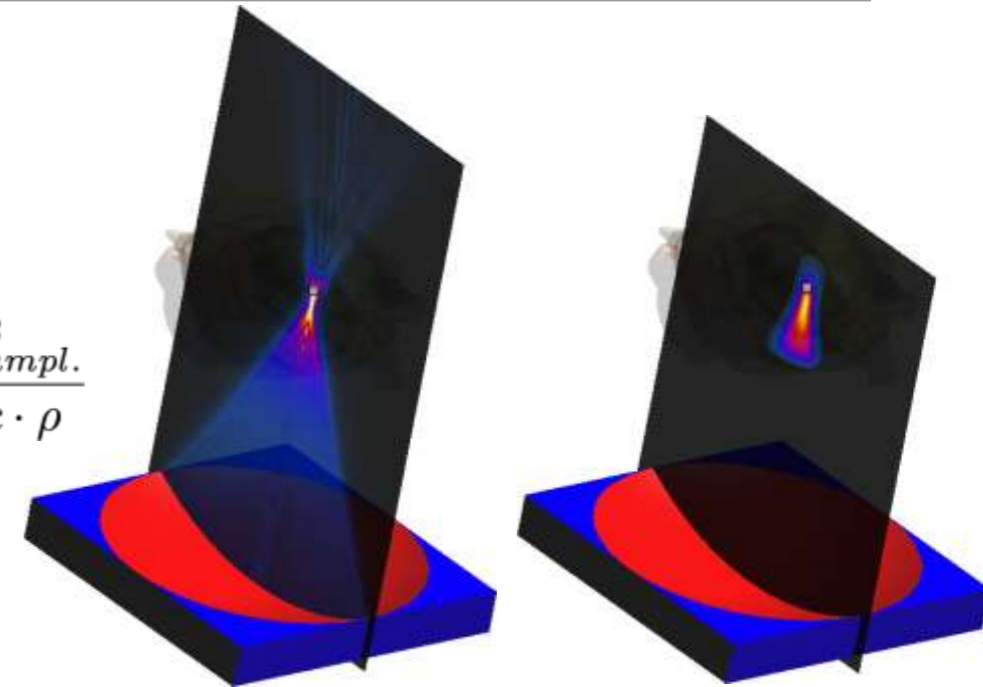


# Framework: Thermal Solver I

- Pennes Bioheat Equation, widely used in thermal modeling:

$$\rho c \frac{\partial T}{\partial t} = \nabla \cdot (k \nabla T) + \rho Q_{acoust.} + \rho Q + \rho_b c_b \rho \omega (T_b - T) \text{ where } Q_{acoust.} = \alpha \frac{p_{ampl.}^2}{c \cdot \rho}$$

- common caveats of most implementations
  - not accounting for **directivity** of blood flow
  - not accounting for the **discreteness** of vessels
  - assumption of local **equilibrium** between blood and environmental T (only true for small capillaries / arterial bleed-off)
  - not considering **temperature dependence** of tissue parameters
- sophisticated thermal solver modeling the complex thermal phenomena required to accurately simulation ablation



# Framework: Thermal Solver II

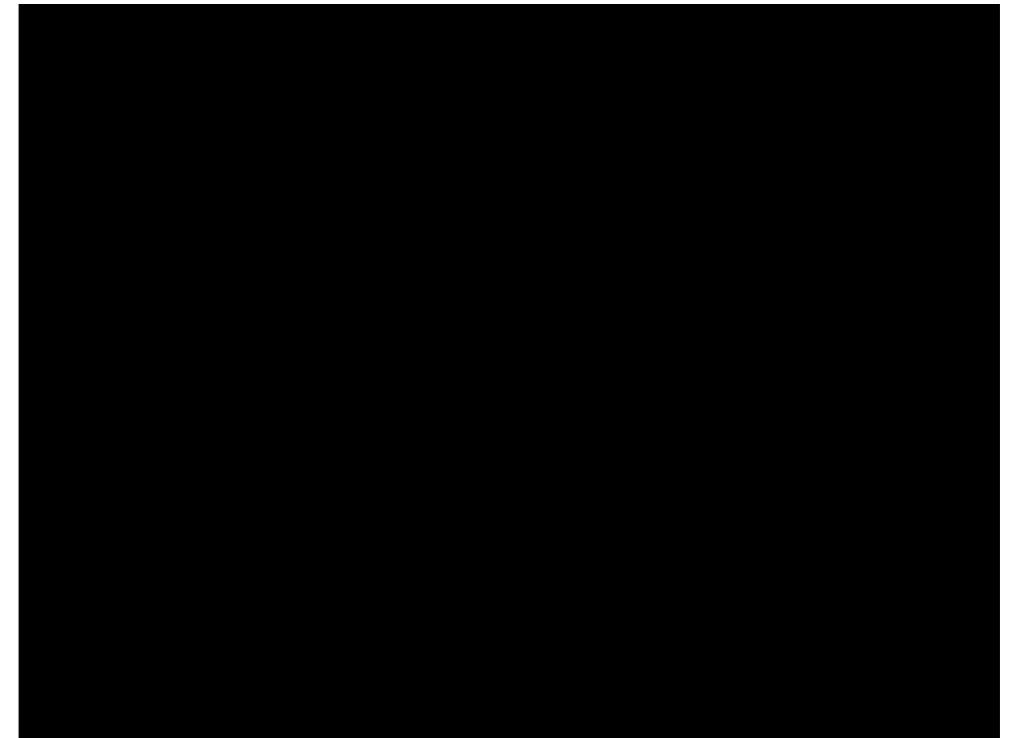
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- high performance **explicit & implicit** FD solvers
  - conformal schemes to reduce staircasing effects
  - thin structure models (accuracy & speed)
- **temperature dependent** tissue parameters
  - thermoregulation, vascular shut-down
- **perfusion** modeling
  - DIVA (Legendijk), effective tensorial thermal conductivity, convection based on CFD simulation for major vessels
    - **coupling of the 3D simulation to a pseudo-1D simulation of the vessel network**
    - **blood flow directivity (improved accuracy and over 100x acceleration)**
  - support for MR perfusion maps
- thermal dose (**CEM43**) and tissue damage (**Arrhenius**) modeling



# Framework: Flow Solver

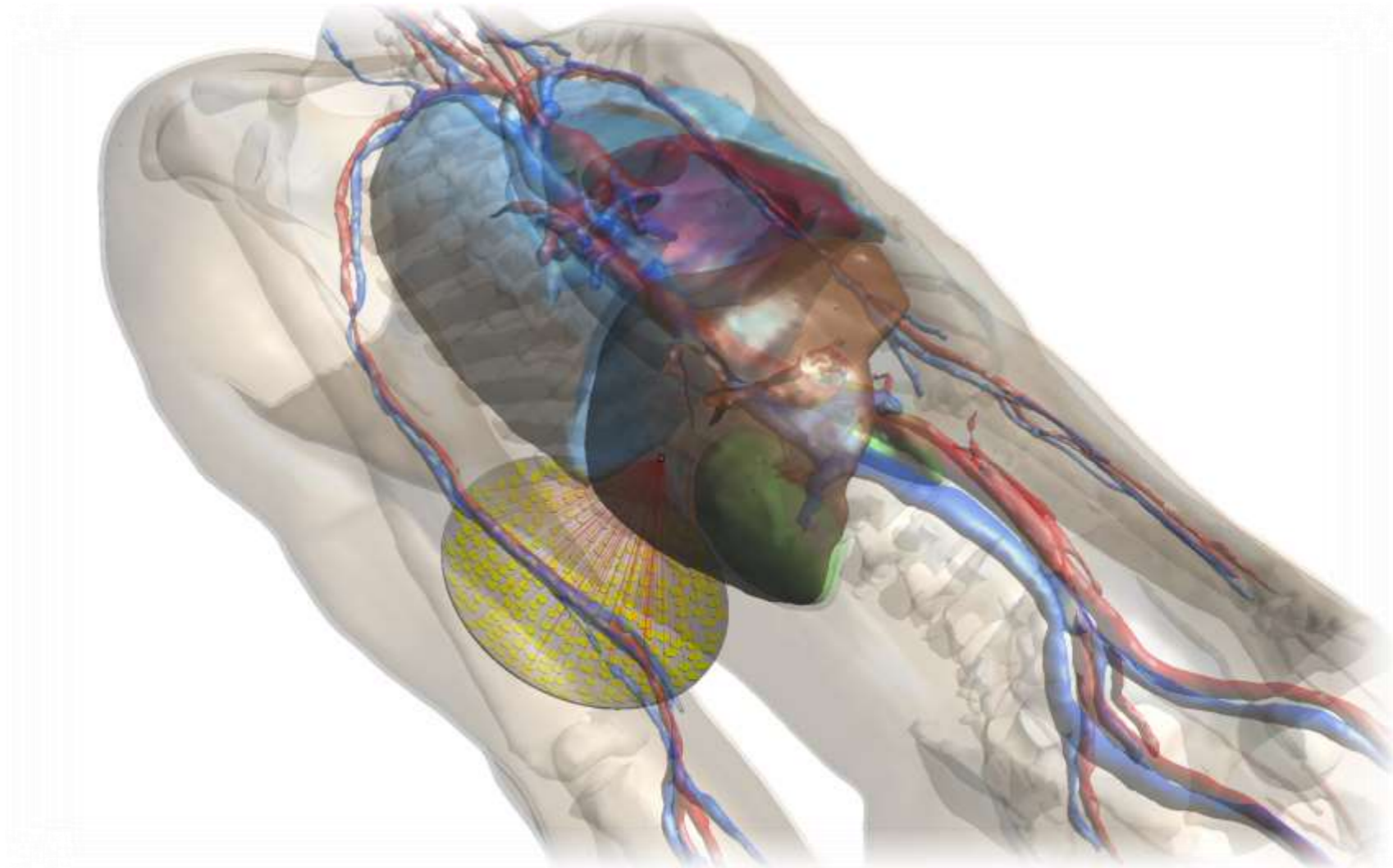
- acoustic streaming
- microbubble concentration
- flow solver:
  - incompressible Navier-Stokes equation
  - coupled with the acoustics solver through Reynold stresses term
  - GMRES with a Schur complement preconditioning method
  - parallelized through MPI & PETSc



# Part I: FUS/HIFU Multiphysics Framework

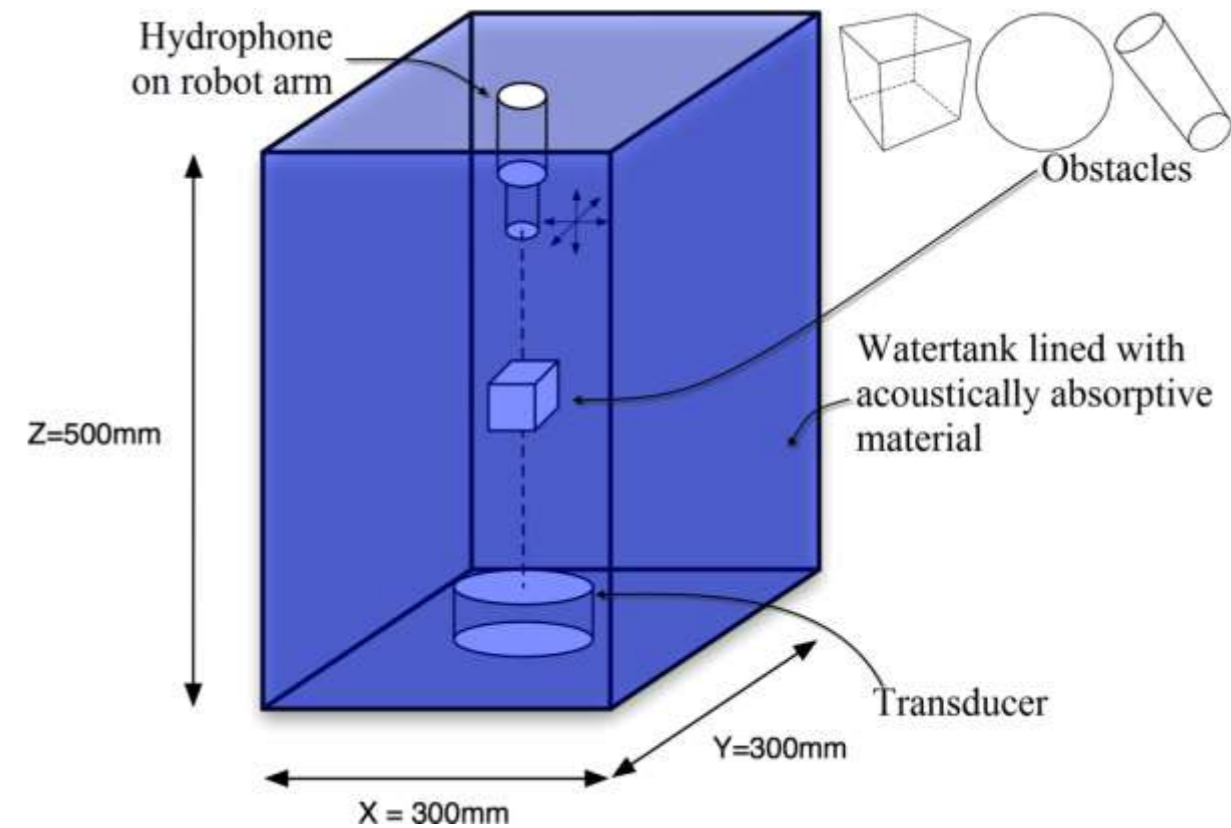
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- Framework
- Validation
- Conclusions & Future Work

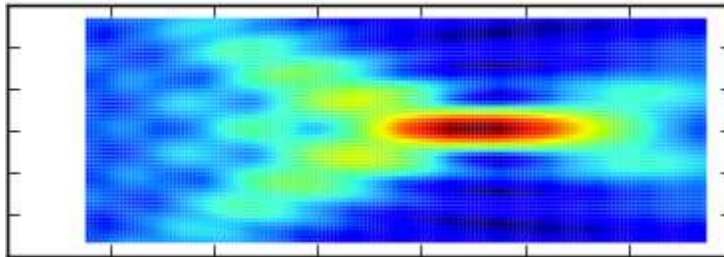


# Validation: Approaches

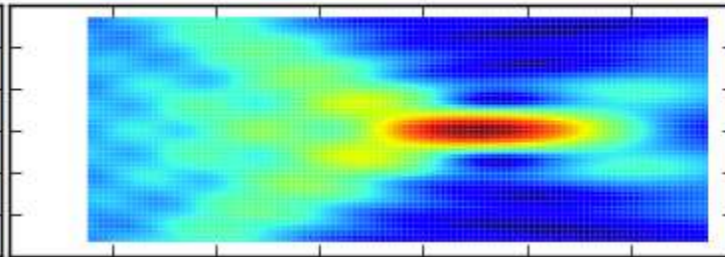
- approaches
  - analytical validation (complete): comparison against analytically calculated fields
  - validation against software (complete): comparison against FOCUS simulations with the Gamma Dose Distribution (GDD) method
  - experimental (ongoing): 3D pressure field measurements of focused US transducer distorted by predefined obstacles



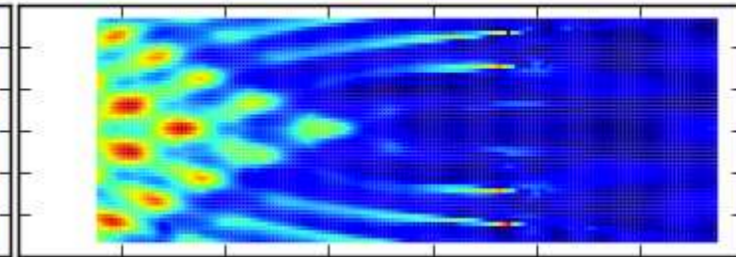
Referece Data



Evaluation Data



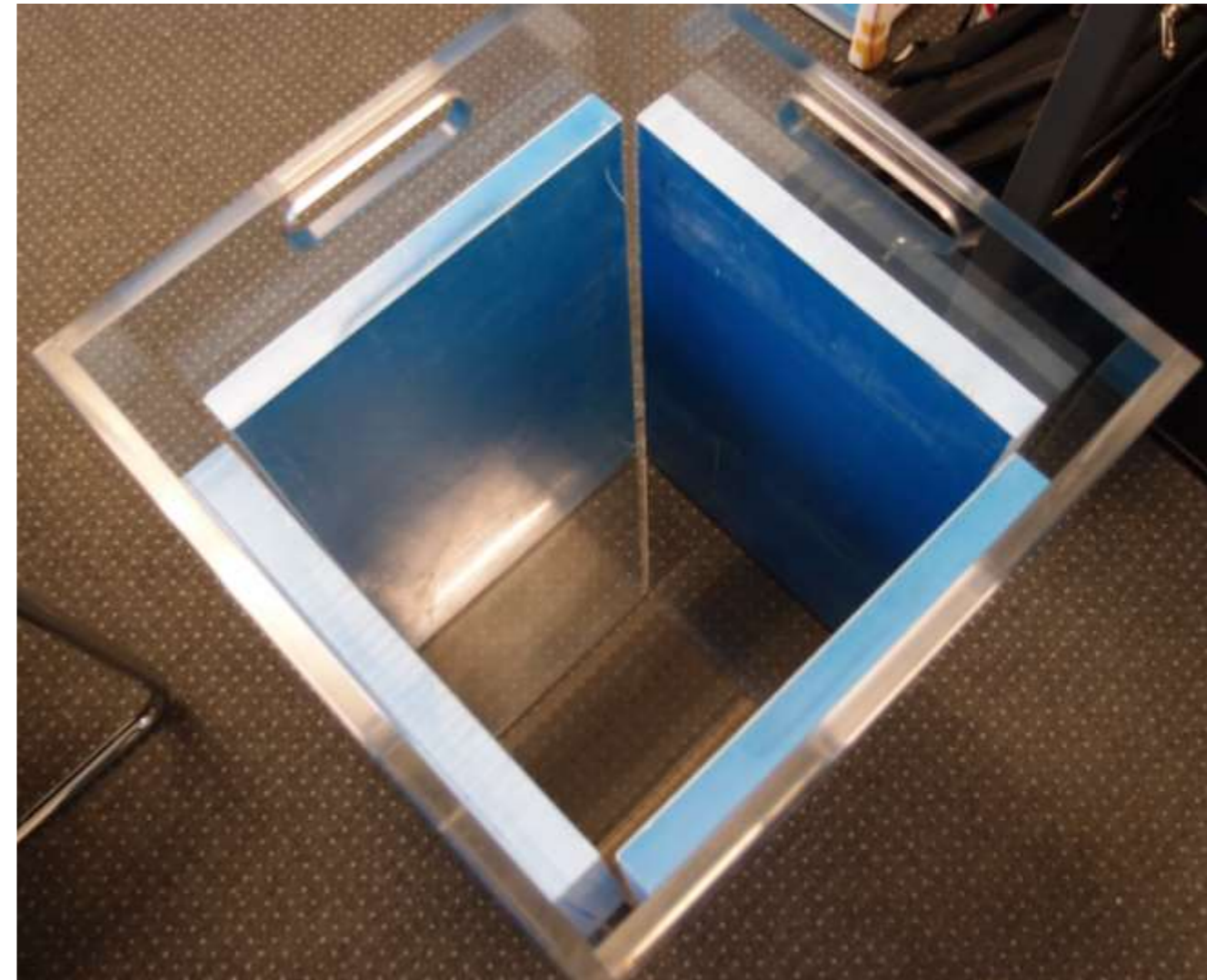
Gamma Indices Data



# Validation: Measurement Setup

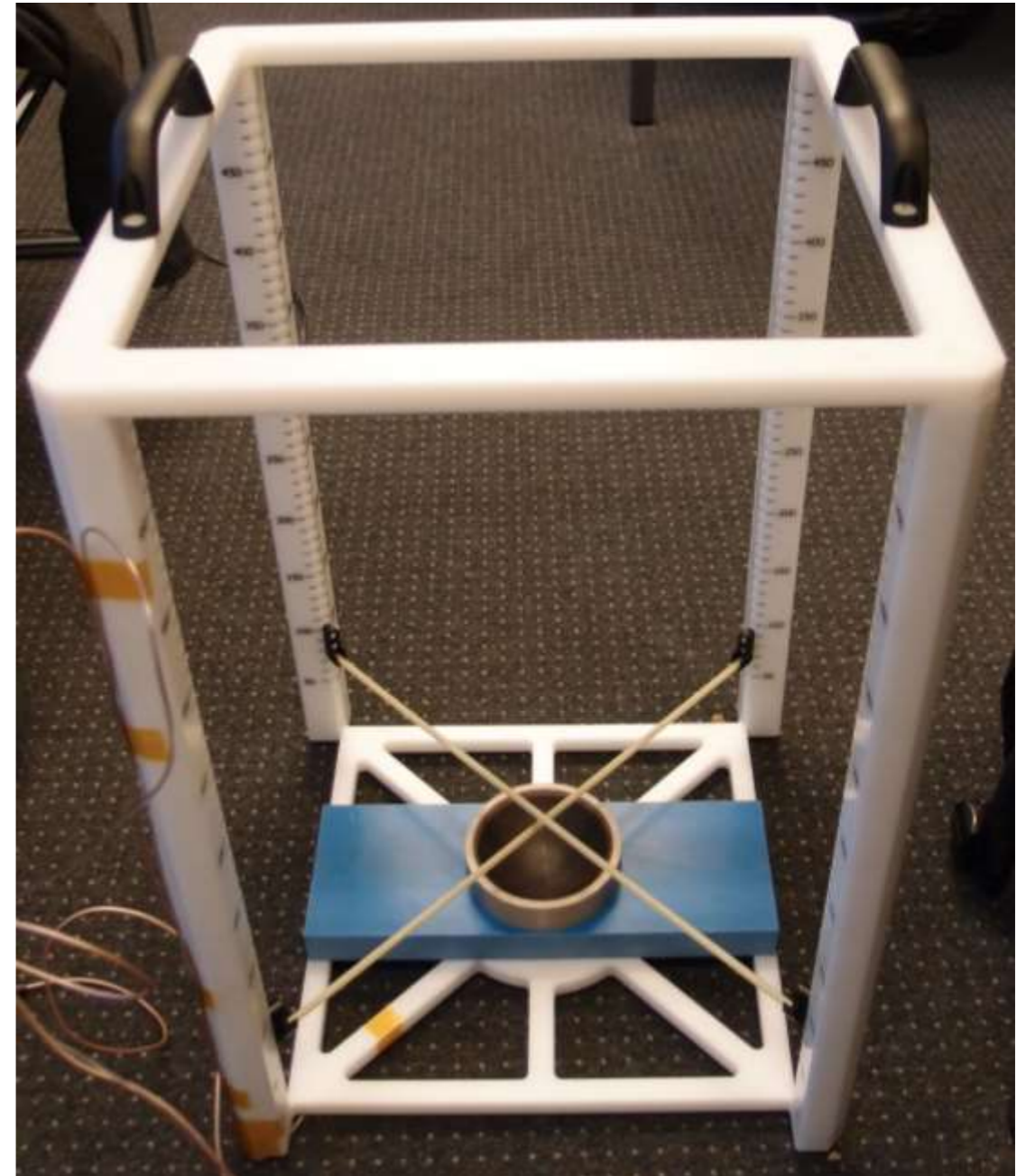
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- components
  - plexiglass water-tank lined with acoustic absorbers
  - removable & adjustable sample holder with mounted transducer (550kHz, 80mm diameter)
  - acoustically characterized samples of different shapes and materials (delrin, polyurethane, RTV silicone) suspended with plexiglass rods in the beam path
- measurements
  - DASY52 NEO robot arm with a needle-type hydrophone and preamplifier



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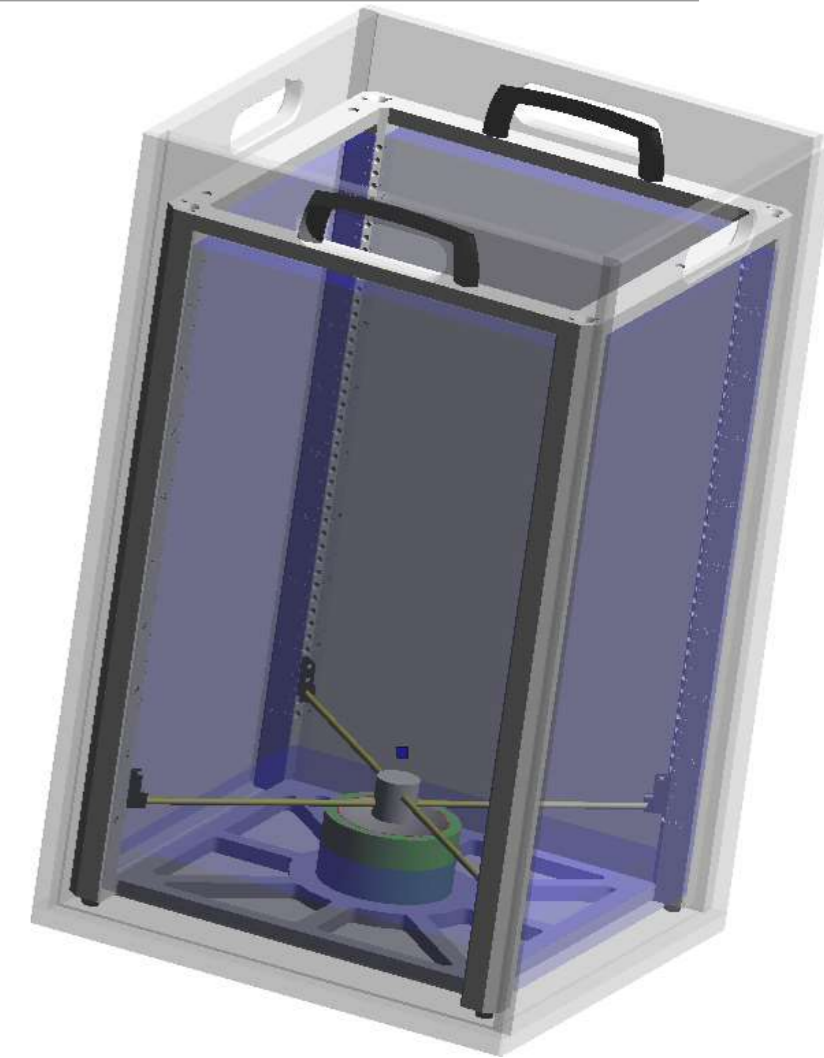
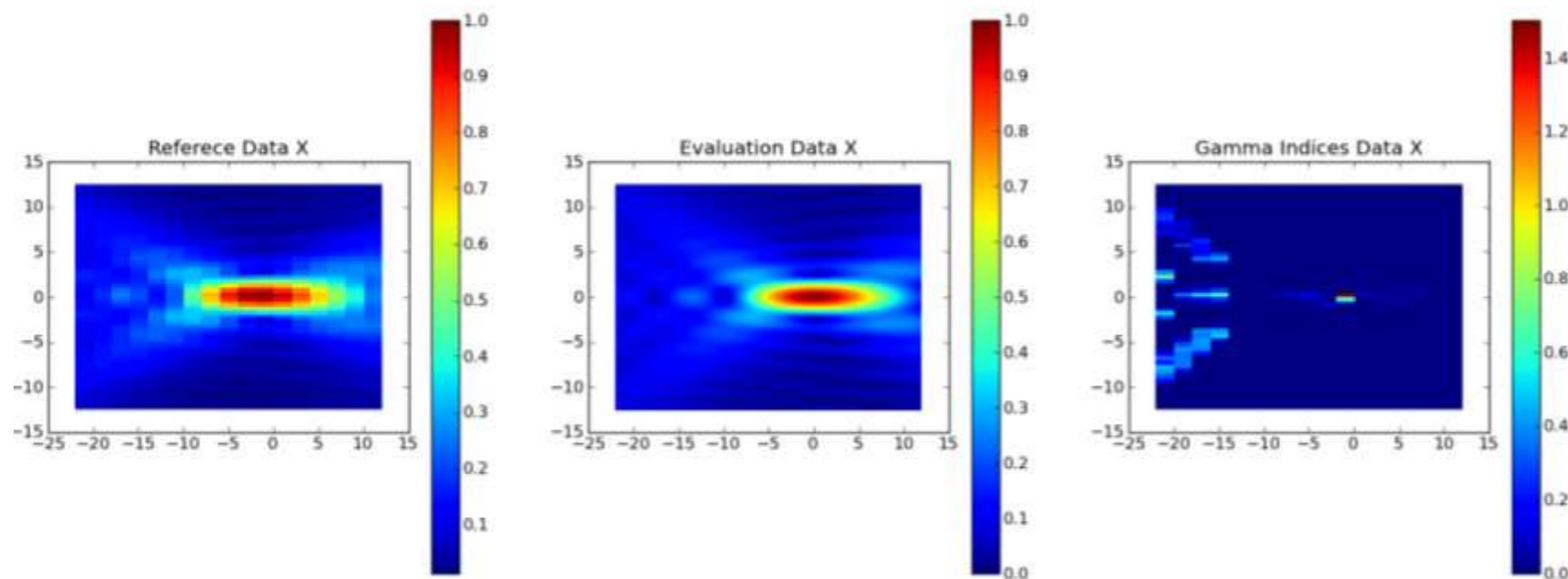
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# Validation: Results I

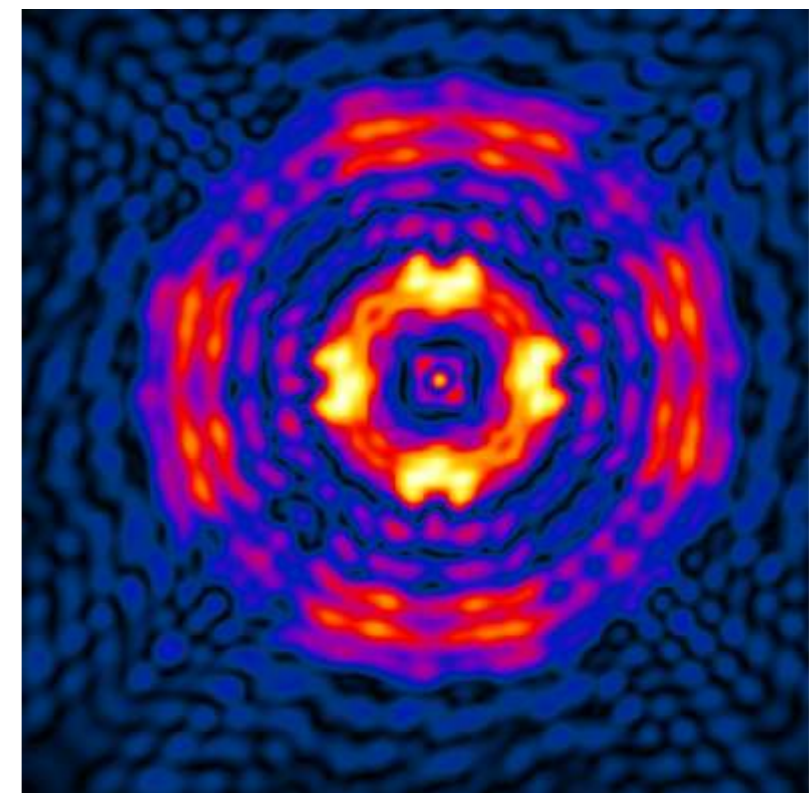
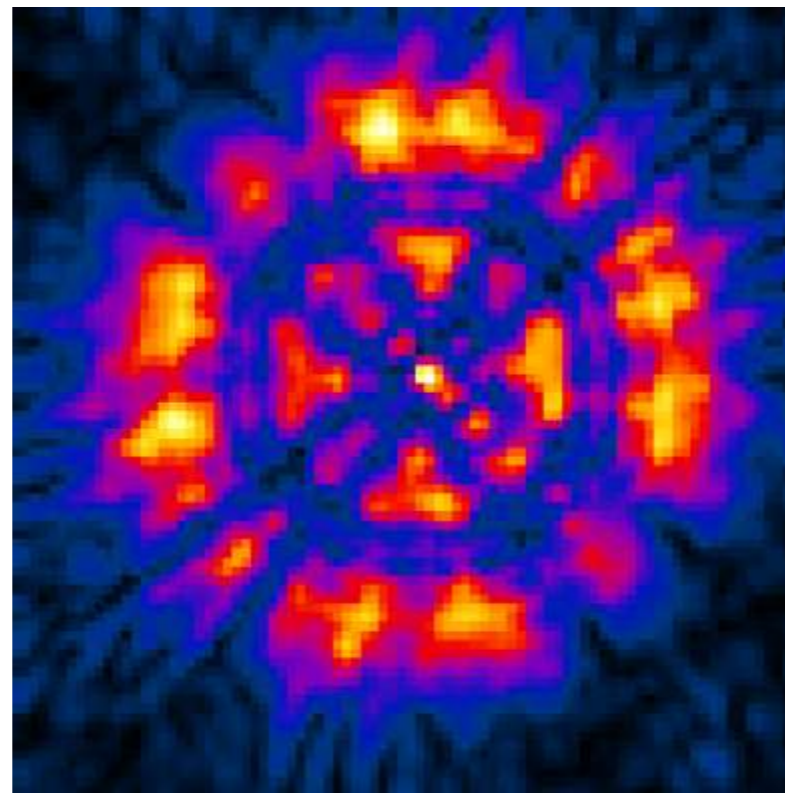
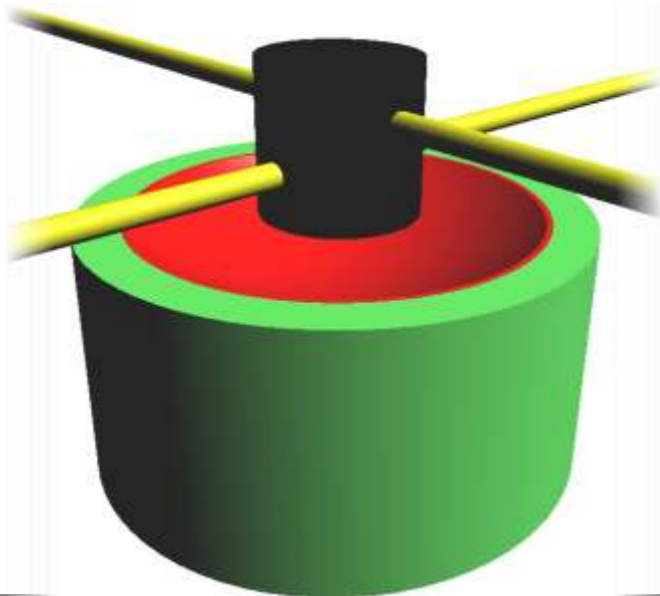
- empty water-tank (no sample) comparison
  - modified Gamma distribution comparison method
  - excellent agreement within given tolerances
  - dose criterion: 5% tolerance
  - distance criterion:  $\lambda/2$



# Validation: Results II

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- sample comparisons
  - complex interference pattern
  - ongoing effort: need for registration/alignment, large positioning uncertainties
  - good visual agreement: reproduction of major field features, scale agreement
- polyurethane cylinder
  - speed of sound: 1700m/s
  - attenuation: 6dB/cm/MHz
  - density: 1130Kg/m<sup>3</sup>

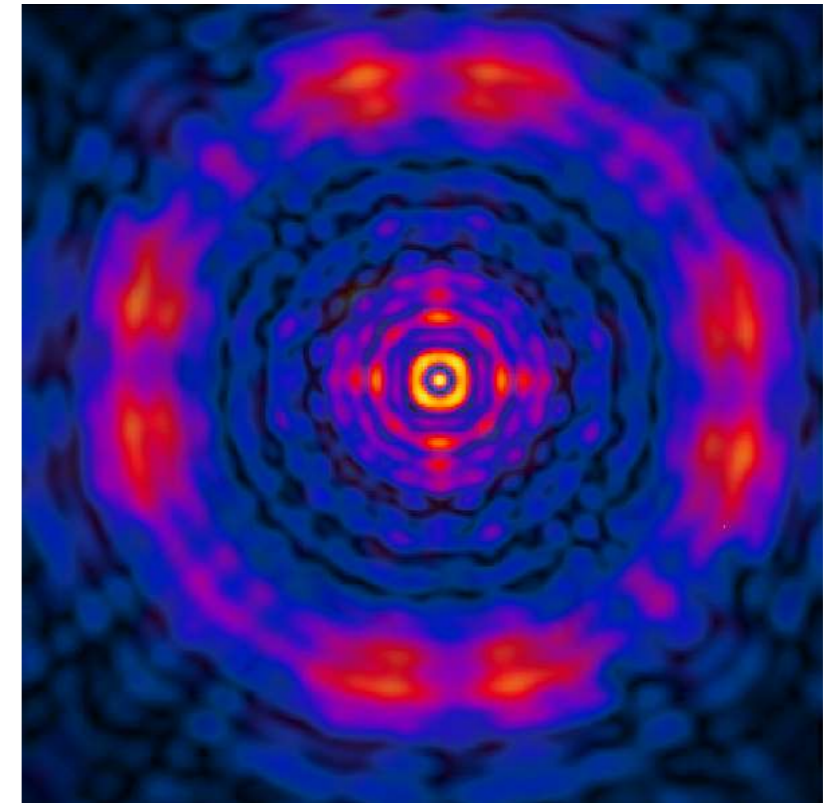
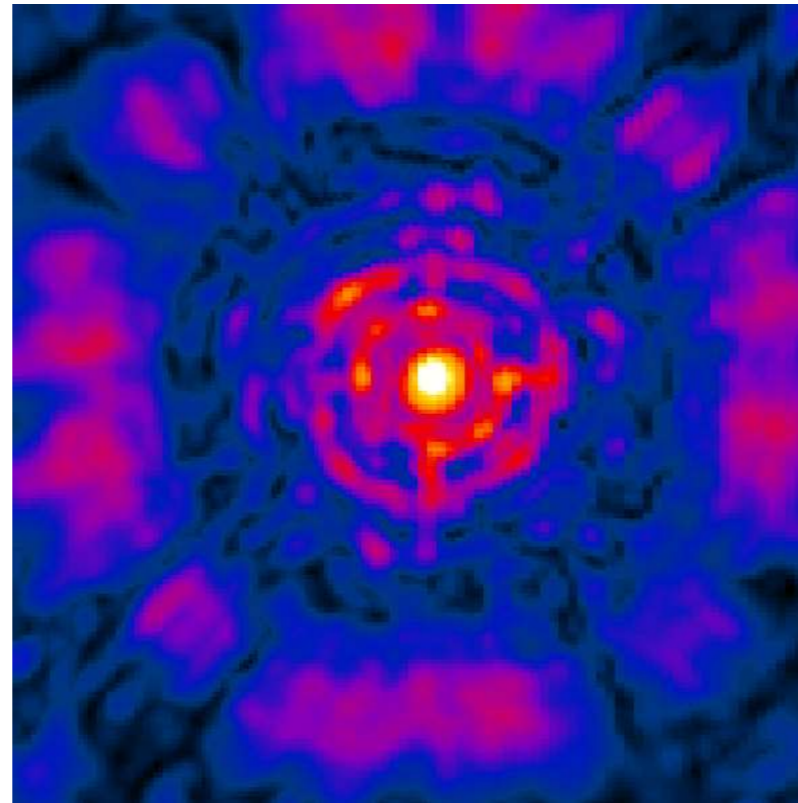
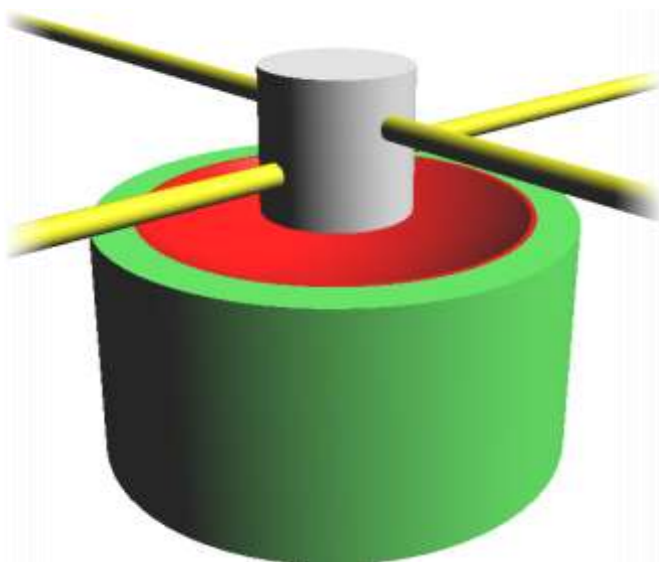




# Validation: Results III

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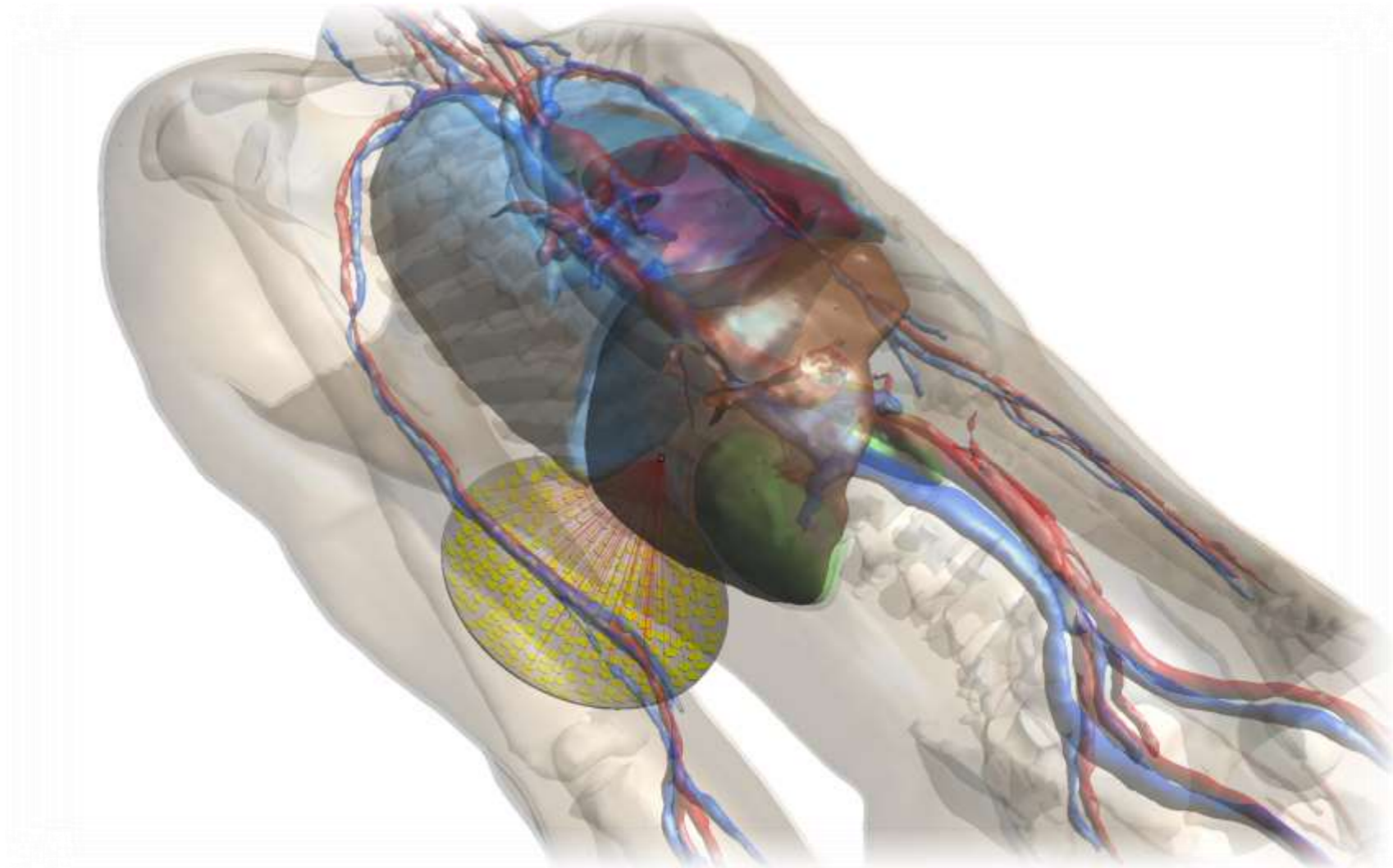
- sample comparisons
  - complex interference pattern
  - ongoing effort: need for registration/alignment, large positioning uncertainties
  - good visual agreement: reproduction of major field features, scale agreement
- delrin cylinder
  - speed of sound: 2430m/s
  - attenuation: 3dB/cm/MHz
  - density: 1430Kg/m<sup>3</sup>



# Part I: FUS/HIFU Multiphysics Framework

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- Framework
- Validation
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# Conclusions & Future Work

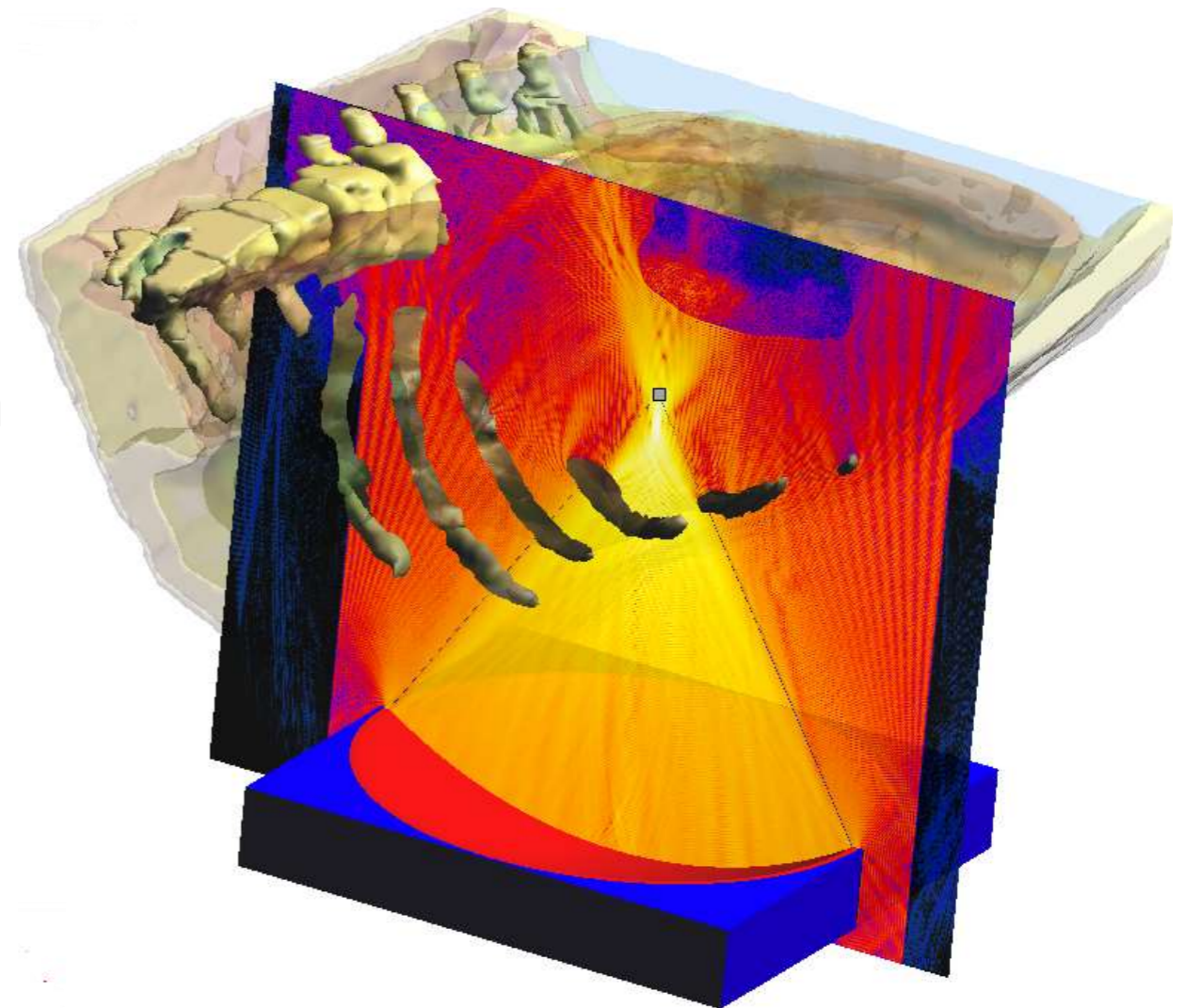
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- next steps
  - coupling: flow solver, microbubble solver
  - validation: complete experimental validation
- conclusions
  - a comprehensive framework that allows for full wave propagation in complex anatomical models has been developed and validated

# Part II: Applications

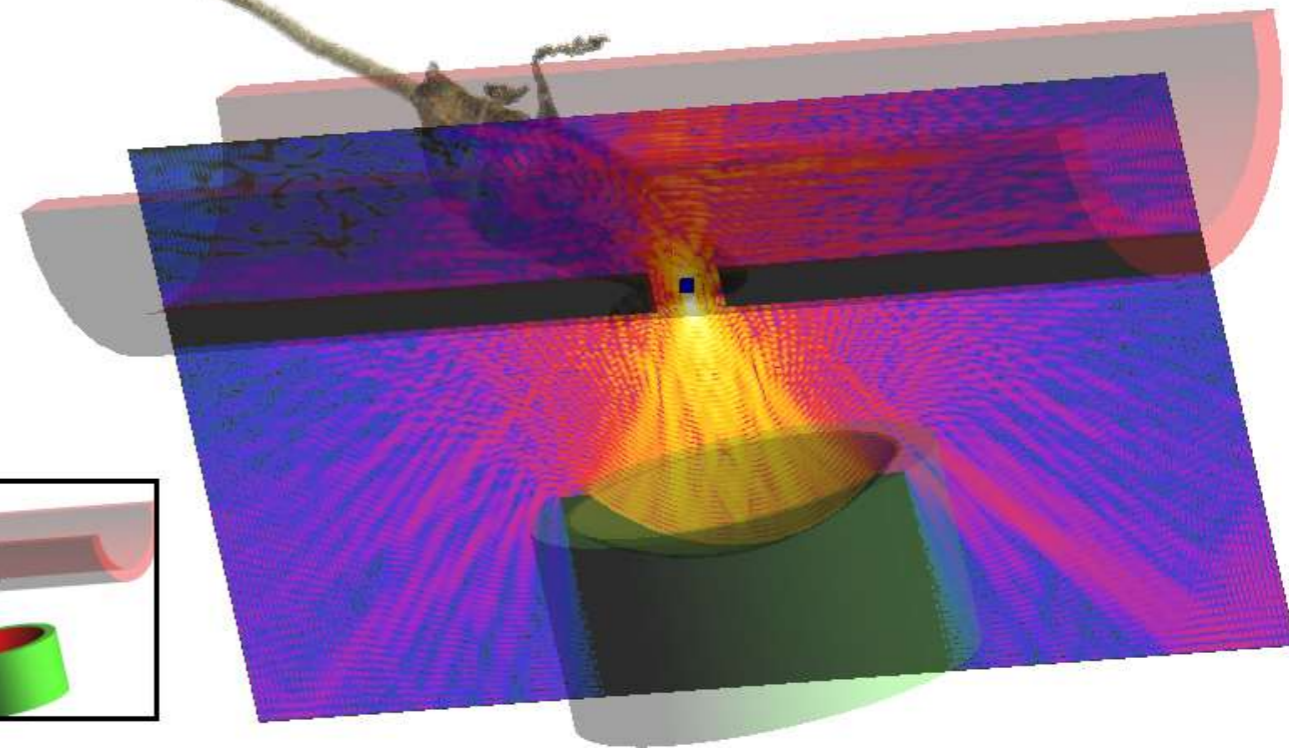
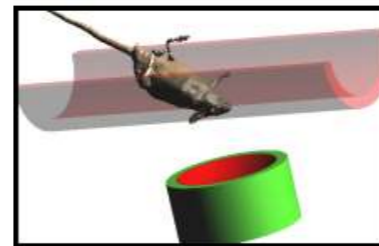
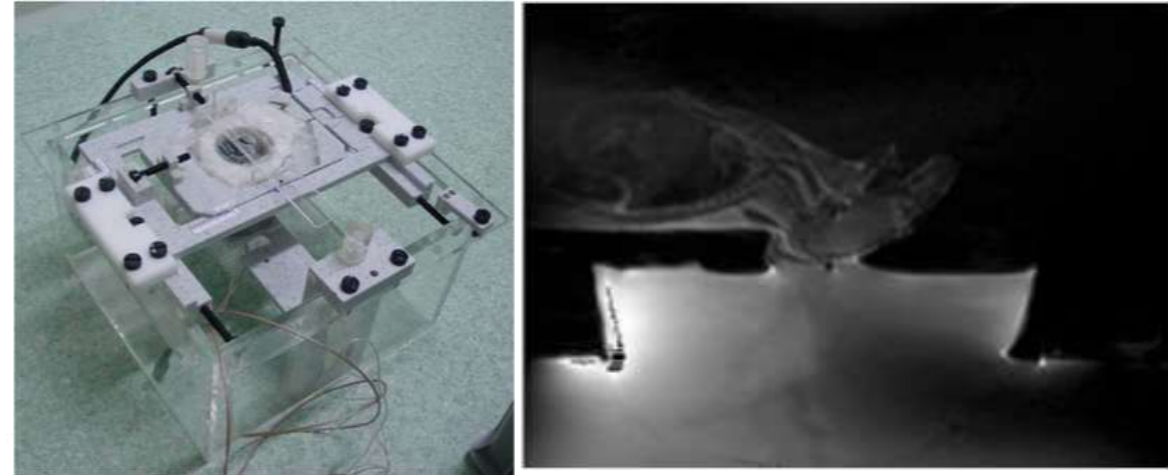
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- Experimental BBB Disruption
- Neuropathic Pain Treatment
- Neck Tumor Ablation
- Renal & Hepatic Tumor Ablation



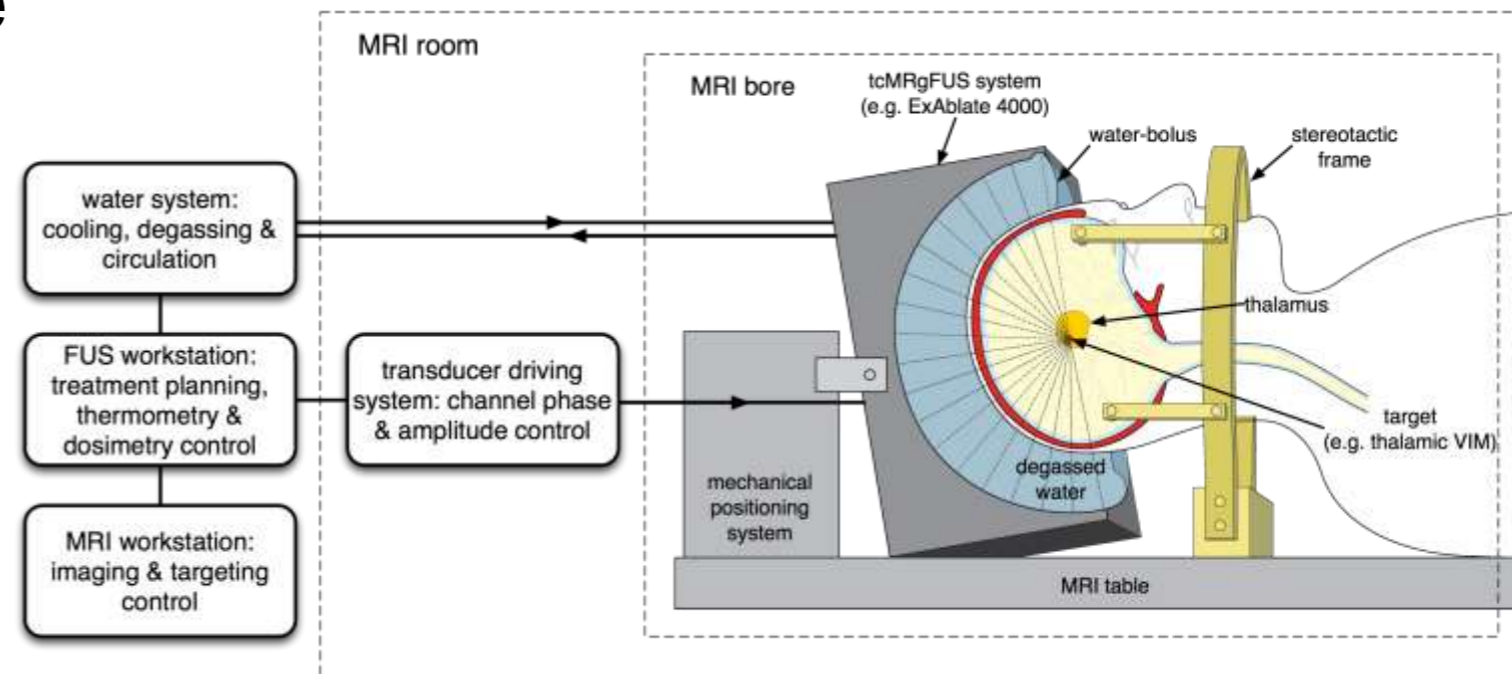
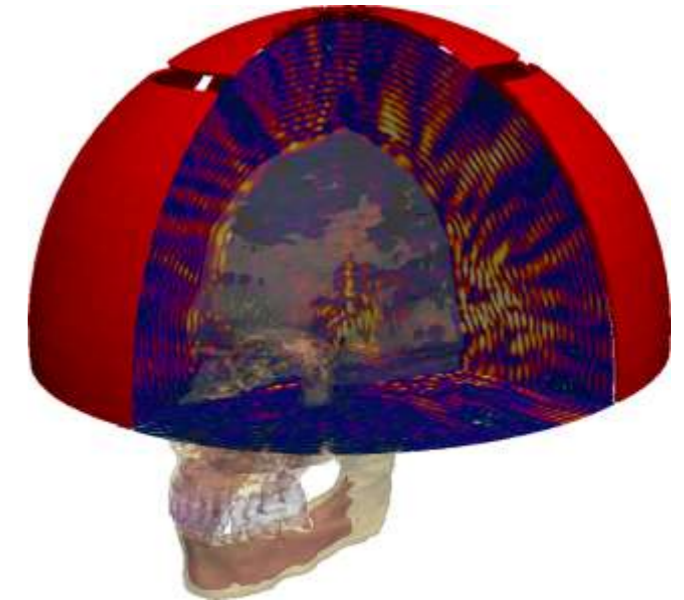
# Experimental BBB Disruption

- experiment:
  - in-vivo experiments on live mice
  - combined use of FUS & UCA approach
  - assess efficacy of increasing the **BBB permeability**
- anatomical simulations:
  - simulation of animal stage with FUS sonication of the brain through the skull



# Neuropathic Pain Treatment

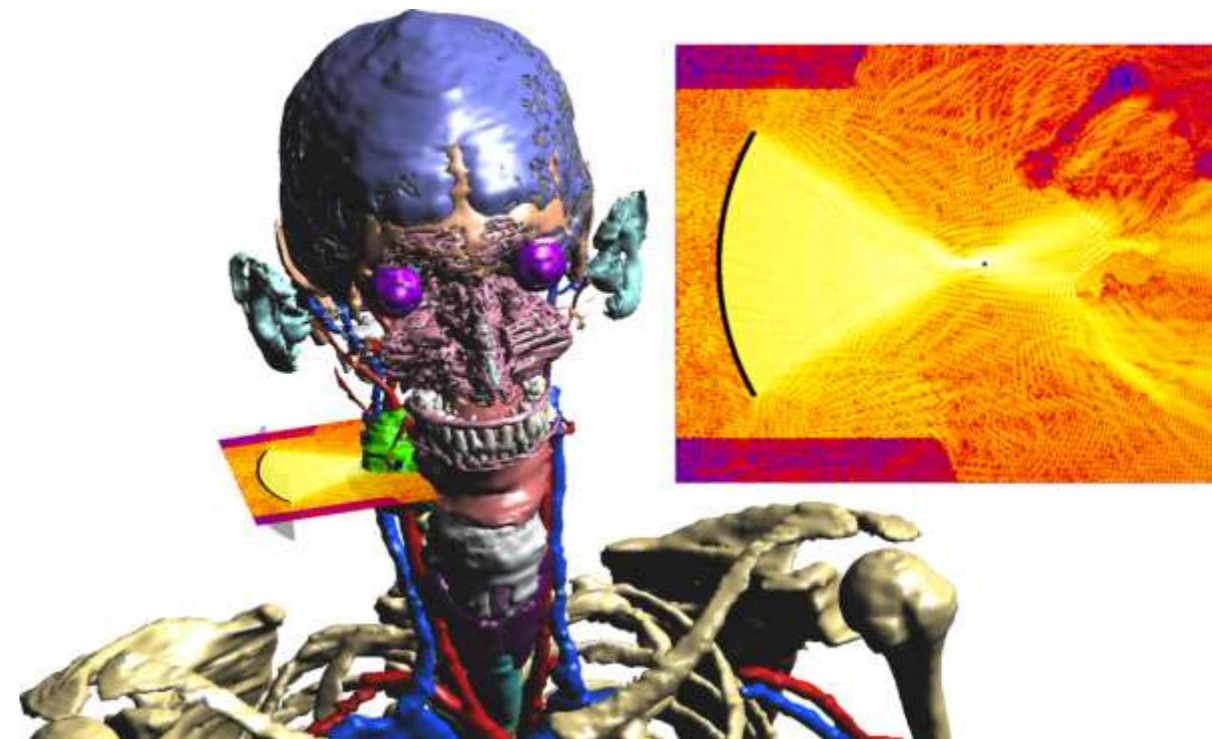
- MRgFUS in tissue ablation:
  - non-invasive and precise tissue ablation
  - minimizes the risk of bleeding and infection,
  - avoids damage to non-targeted tissue
  - does not involve ionizing radiation
- neuropathic pain treatment:
  - **micro-thalamotomy** on live patients to treat chronic **neuropathic pain** with phased-array ultrasonic transducers
  - simulations will allow for **patient-specific treatment planning and parameter exploration**



# Neck Tumor Ablation

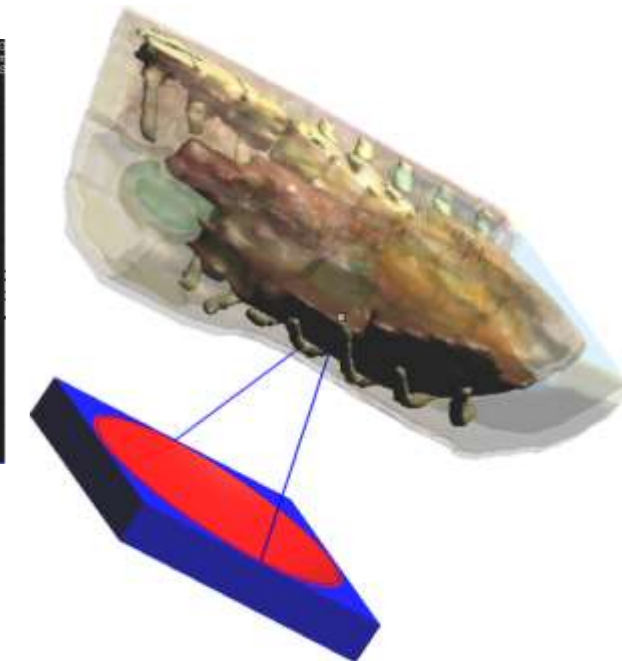
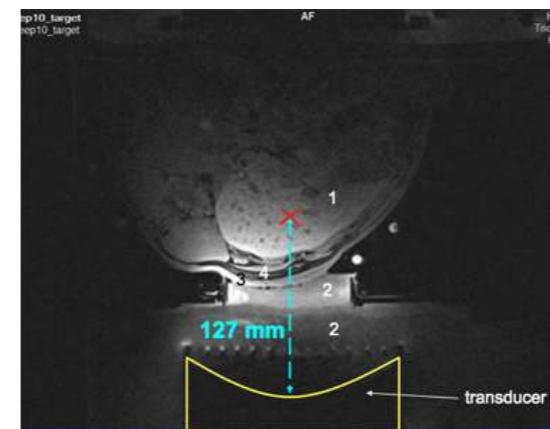
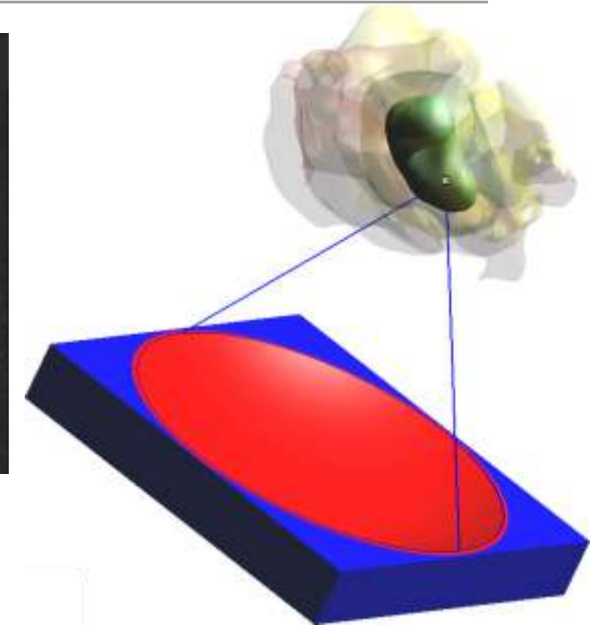
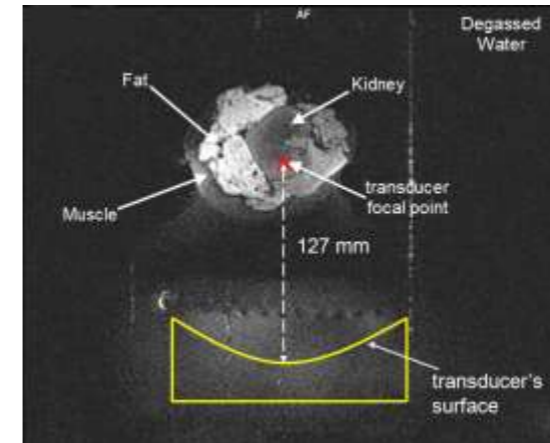
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- usage of the SonoKnife applicator to **ablate superficial tumors** in the head and neck region (tumor volume needs to be covered by scanning)
- simulations:
  - ablation of locally-advanced head and neck squamous cell carcinomas (HNSCC)
  - anatomically detailed model segmented from MRI data (Virtual Family)
  - model tailored to take into account tissue-air and tissue-bone interfaces



# Renal & Hepatic Tumor Ablation I

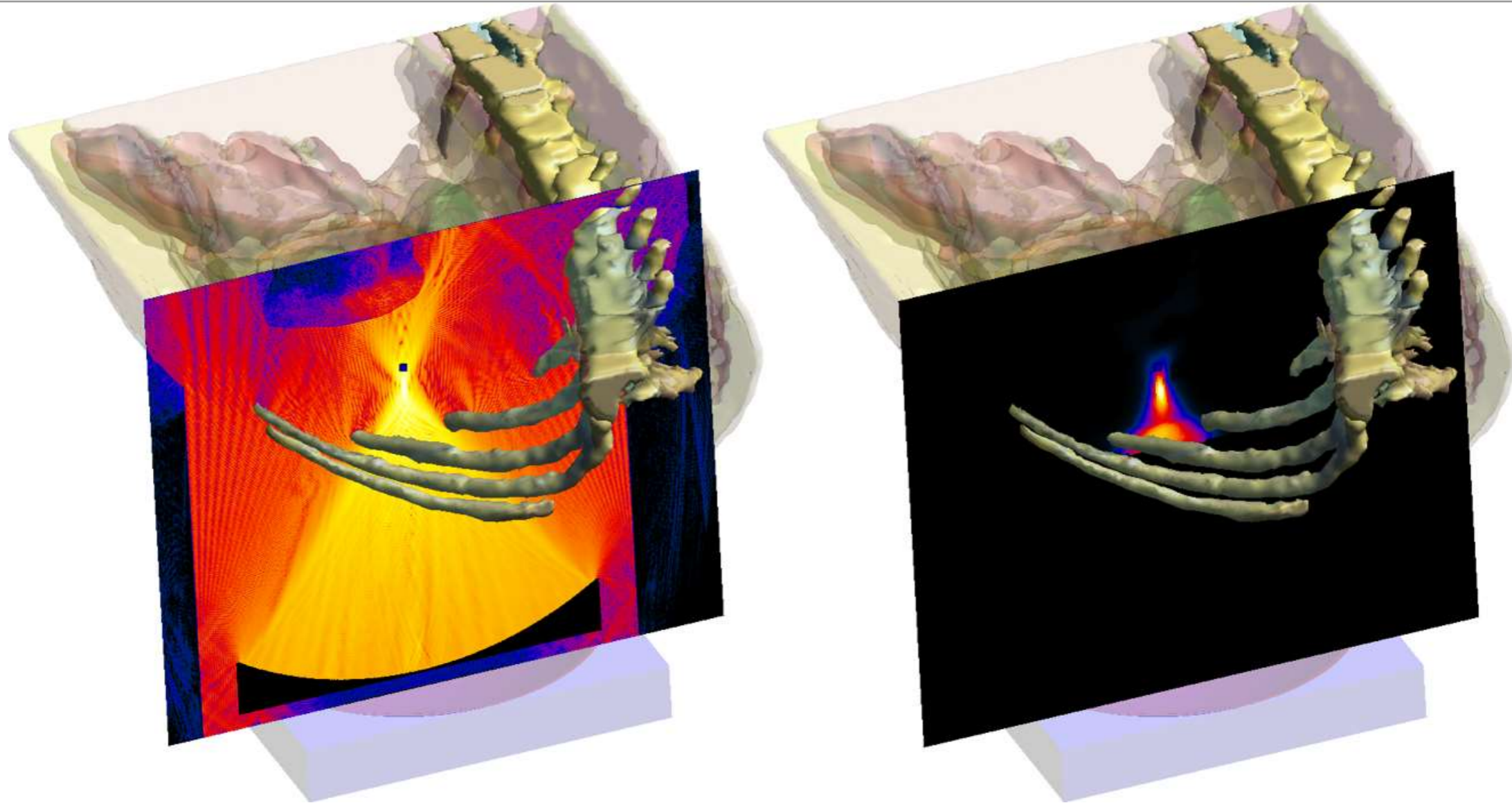
- **renal & hepatic tumor ablation** (Salomir R, Petrusca L):
  - usage of **MRgFUS** to create lesions in the renal cortex and the liver is experimentally investigated on ex-vivo ovine kidneys and live sheep
- simulations:
  - segmented model of an ex-vivo kidney surrounded by fat and muscle tissue
  - segmented model of a live sheep including the ribcage and all major organs in the vicinity of the liver
  - understand unexpected focus shape





# Renal & Hepatic Tumor Ablation II

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# Conclusions

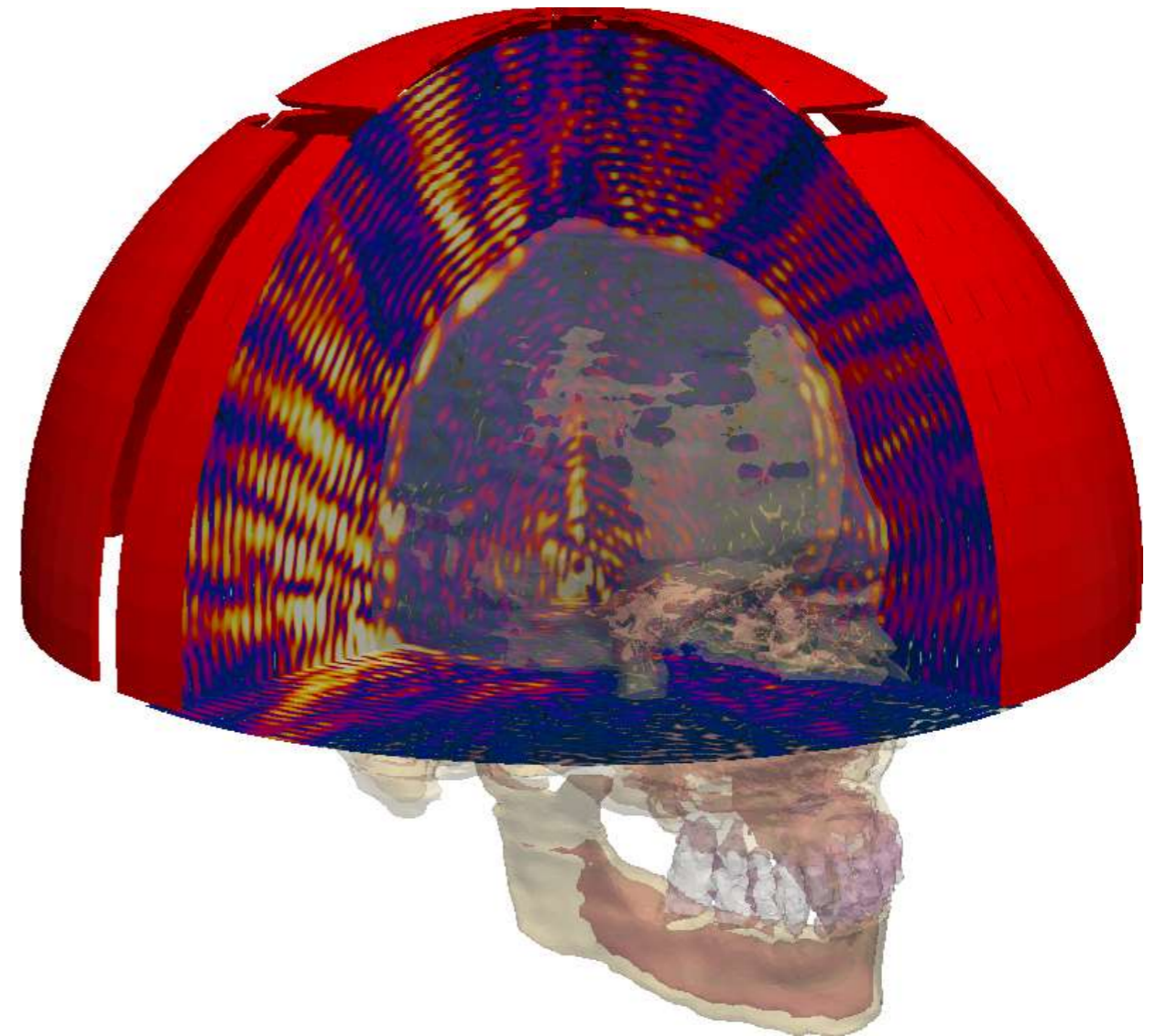
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- developed framework can be applied to investigate large range of relevant applications
  - tumor ablation
  - functional neurosurgery
  - reversible BBB opening
  - applicator development

# Part III: US & Thermal Modeling of tcMRgFUS

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- Introduction
- US & Thermal Simulations
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# Introduction: Simulations

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- why simulations?
  - treatment planning (prediction & optimization of focus size, position & intensity)
  - risk assessment & reduction (standing waves, secondary foci → hemorrhages)
  - steering range increase (safely focus in currently unreachable areas)
  - prediction/prevention of skull heating
  - parameter sensitivity studies
  - technical optimization: applicator development
- requirements:
  - patient specific
  - fast & high-resolution
  - full-wave modeling (especially for applicators without principal propagation direction, e.g. ExAblate) in inhomogeneous anatomies
  - temperature and effect prediction (e.g. lesion size)

# Part III: US & Thermal Modeling of tcMRgFUS

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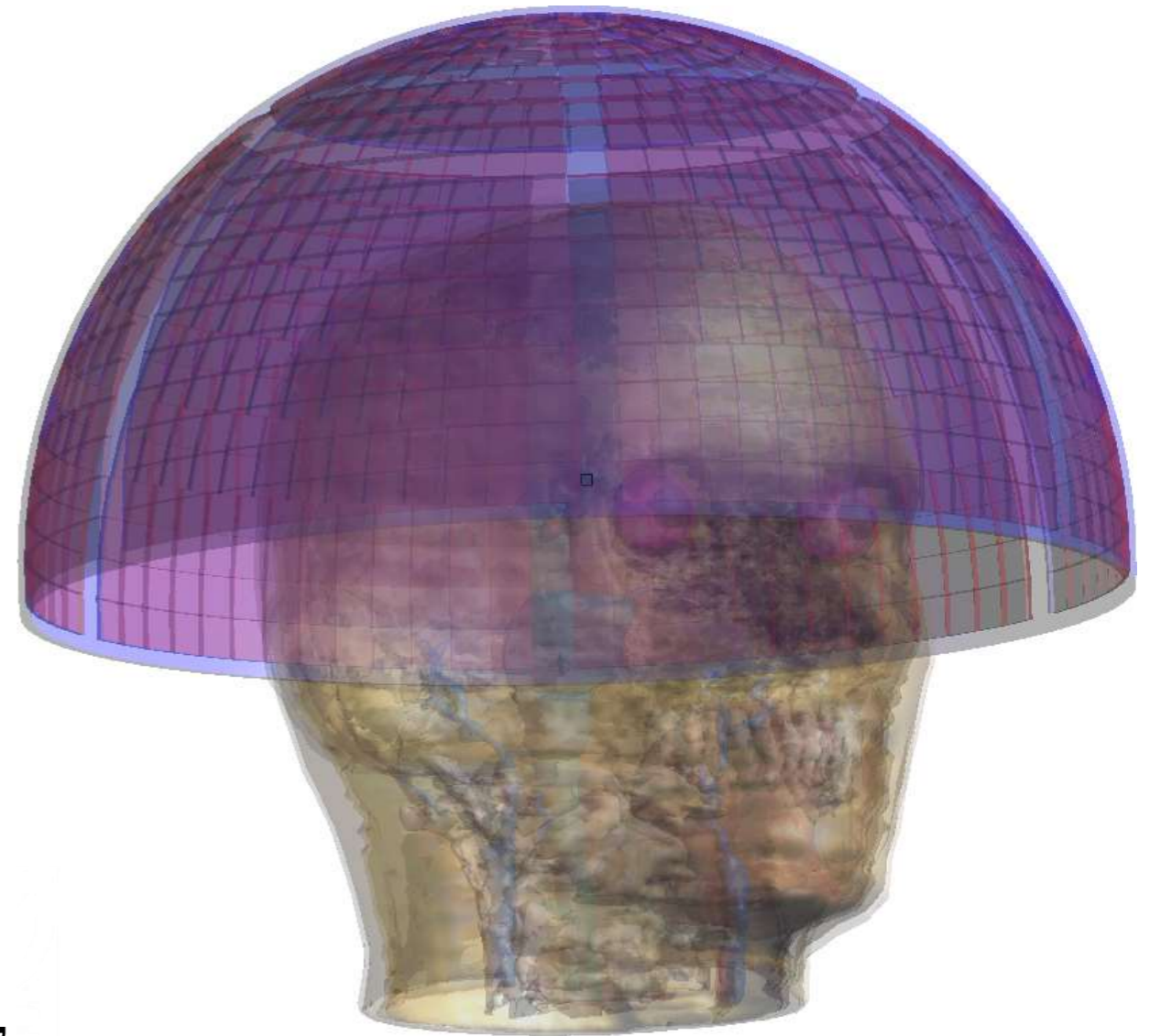
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# Simulations: US Setup

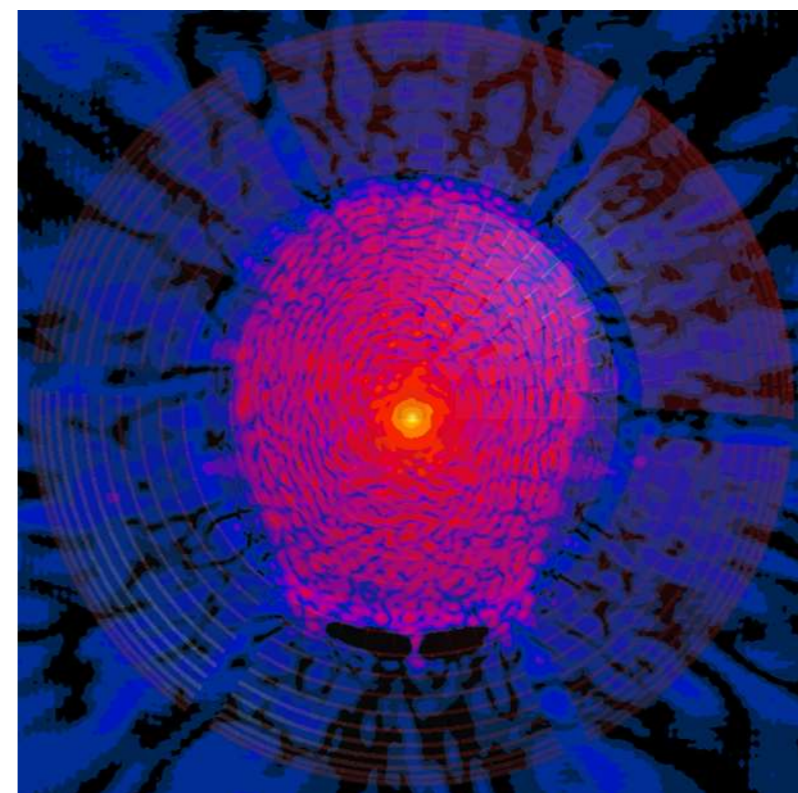
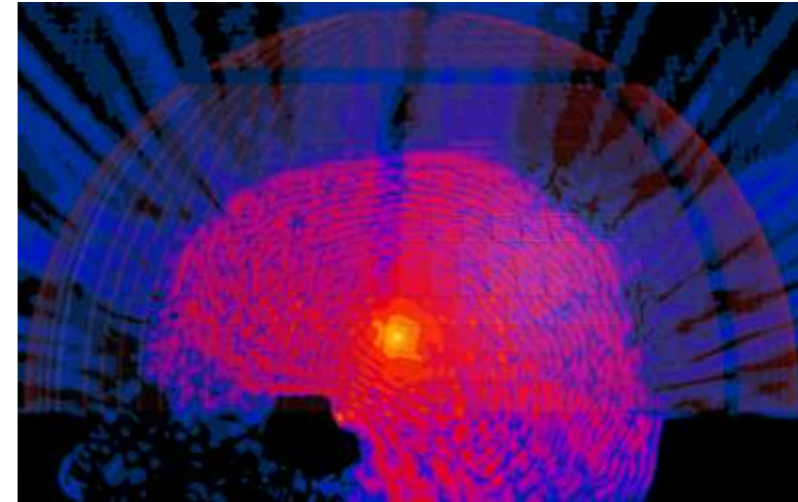
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- applicator: ExAblate4000
  - 1024 transducer elements (area:  $\sim 1\text{cm}^2$ )
  - 230kHz
  - focal depth: 150mm
- head model: Duke (Virtual Population)
  - segmented from hi-res MR data of 34yr male volunteer
  - 45 tissues distinguished in the head
- simulation setup:
  - target in the thalamus: (0.0mm, -5.7mm, 22.8mm) off geometric focus



# Simulations: US Simulations

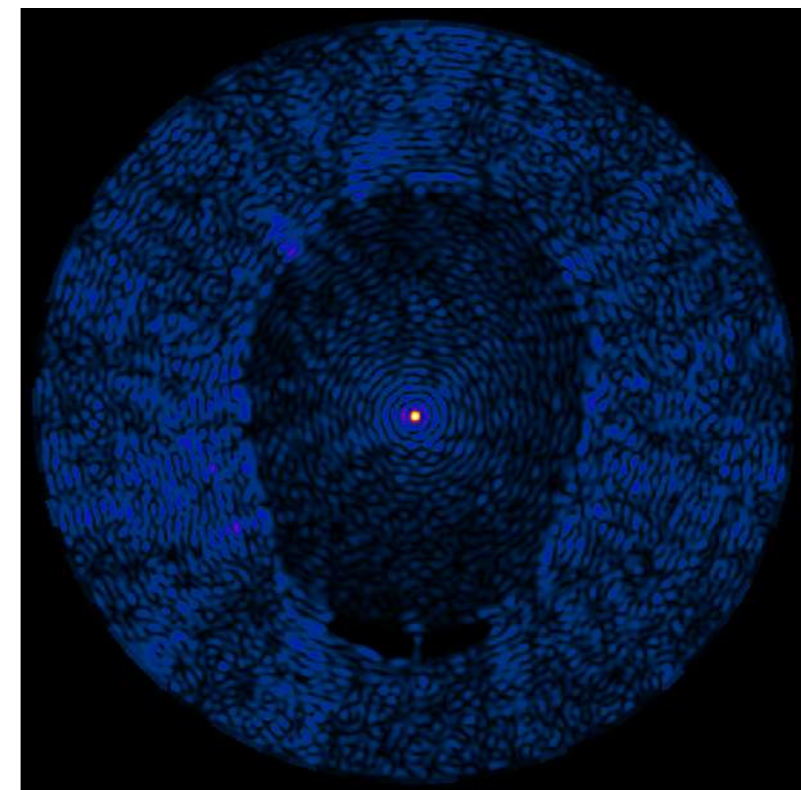
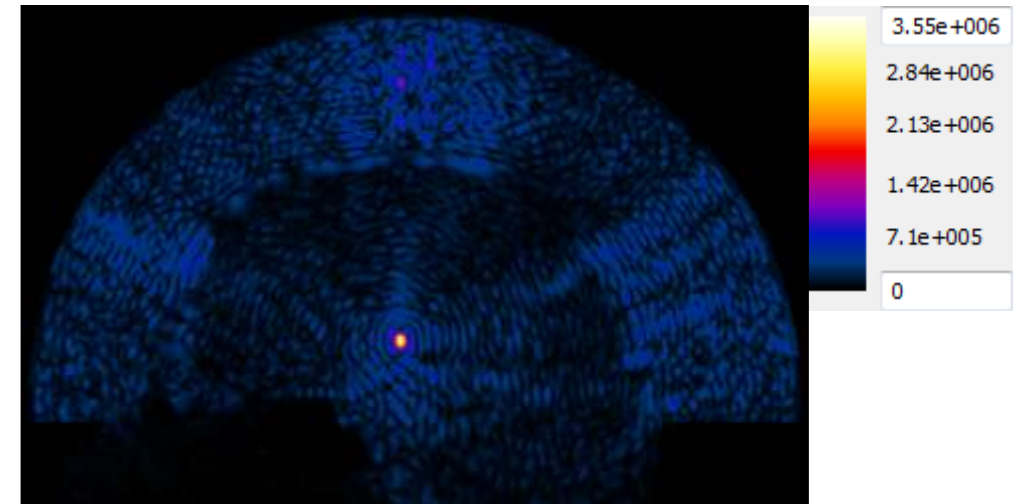
- inverse propagation simulation
- element phasors:
  - distance-based / simulation-based
  - normalized to 1kW total acoustic power
- forward propagation simulation:
  - distance-based phases, fixed (120kPa) amplitudes
  - simulation-based phases, fixed (120kPa) amplitudes
  - simulation-based phases, simulation-based (norm. to 120kPa) amplitudes:
    - ▶ linear
    - ▶ non-linear: base & 1<sup>st</sup> harmonic





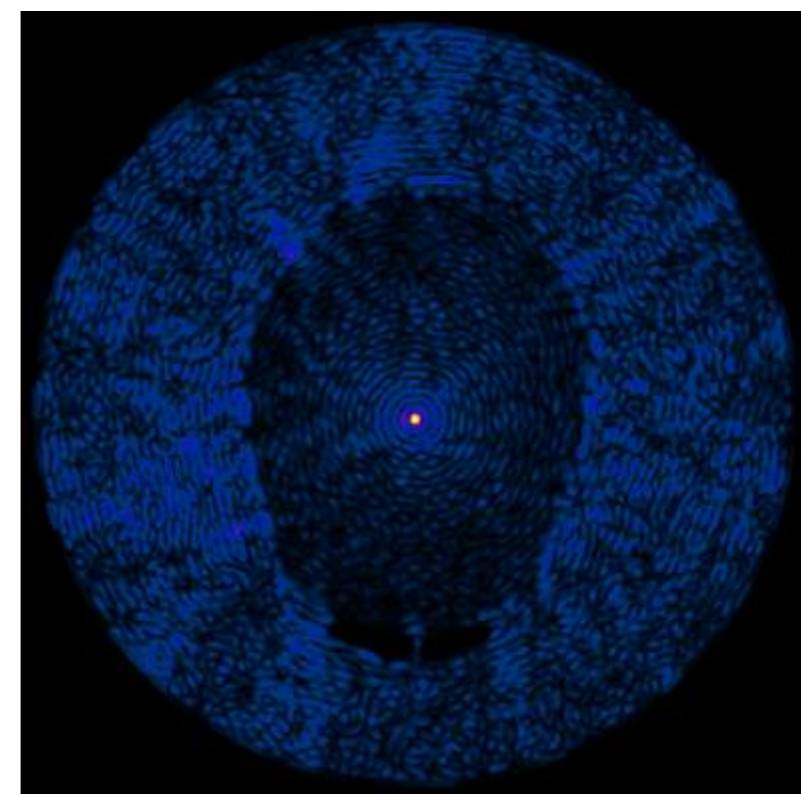
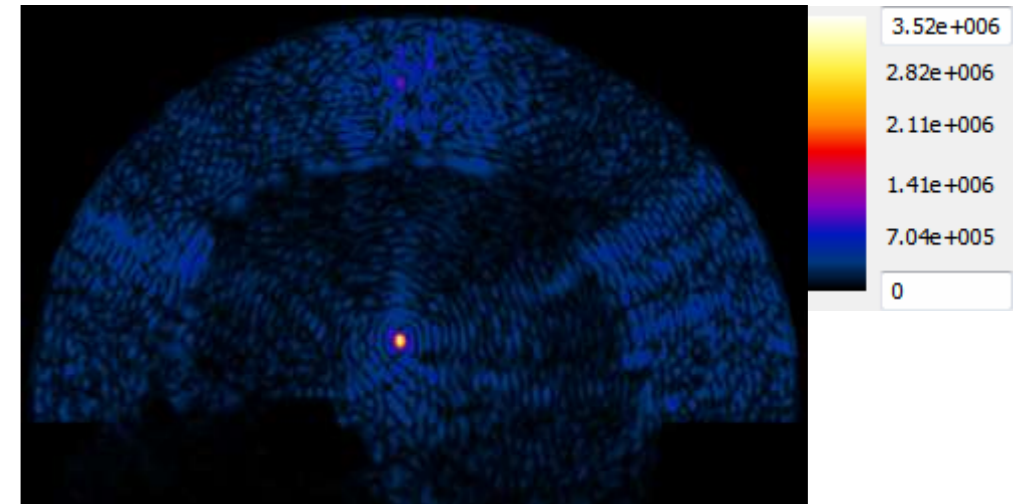
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    - ▶ **linear**
    - ▶ non-linear: base & 1<sup>st</sup> harmonic



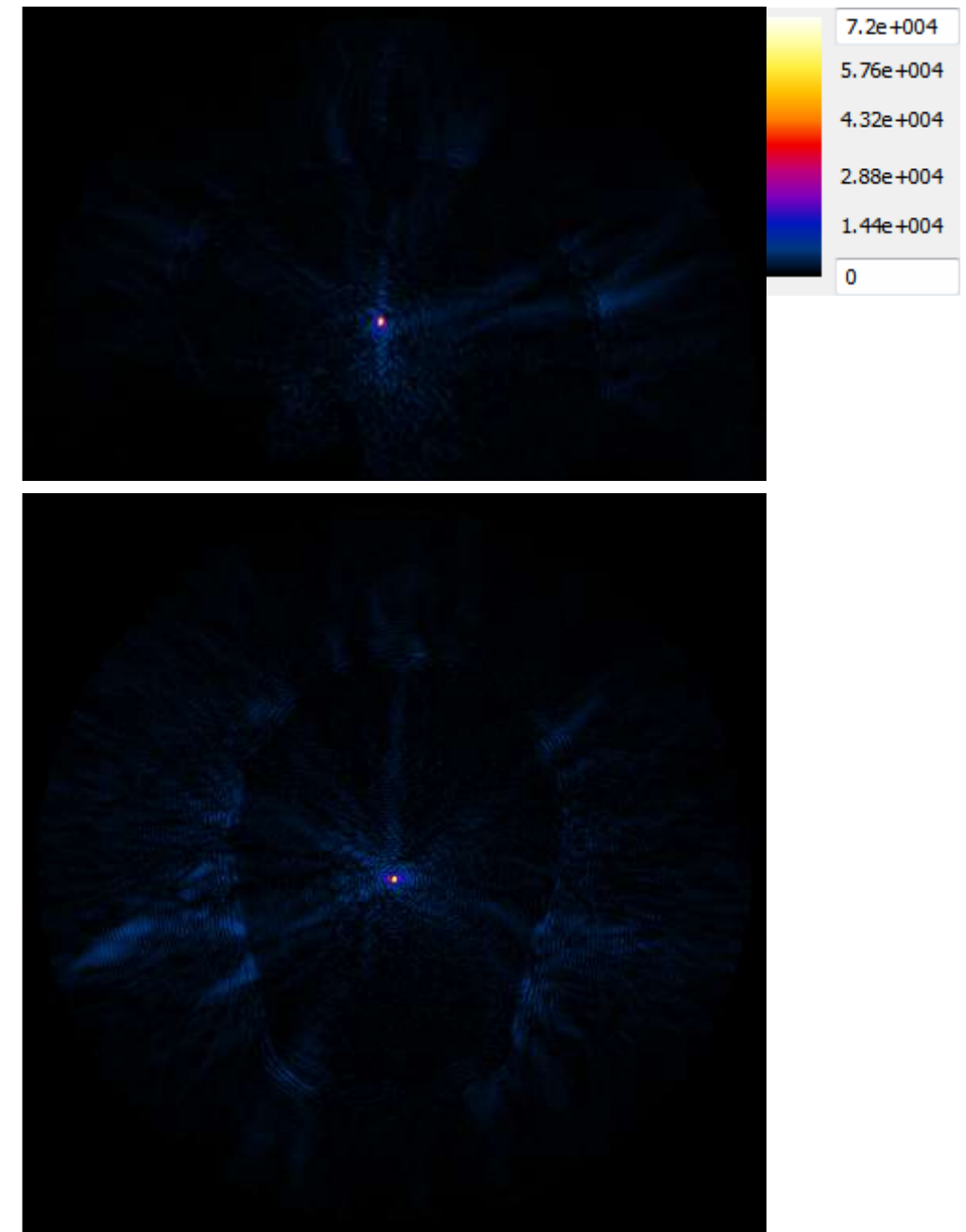
# Simulations: US Simulations

- inverse propagation simulation
- element phasors:
  - distance-based / simulation-based
  - normalized to 1kW total acoustic power
- forward propagation simulation
  - distance-based phases, fixed (120kPa) amplitudes
  - simulation-based phases, fixed (120kPa) amplitudes
  - simulation-based phases, simulation-based (norm. to 120kPa) amplitudes:
    - ▶ linear
    - ▶ **non-linear: base** & 1<sup>st</sup> harmonic



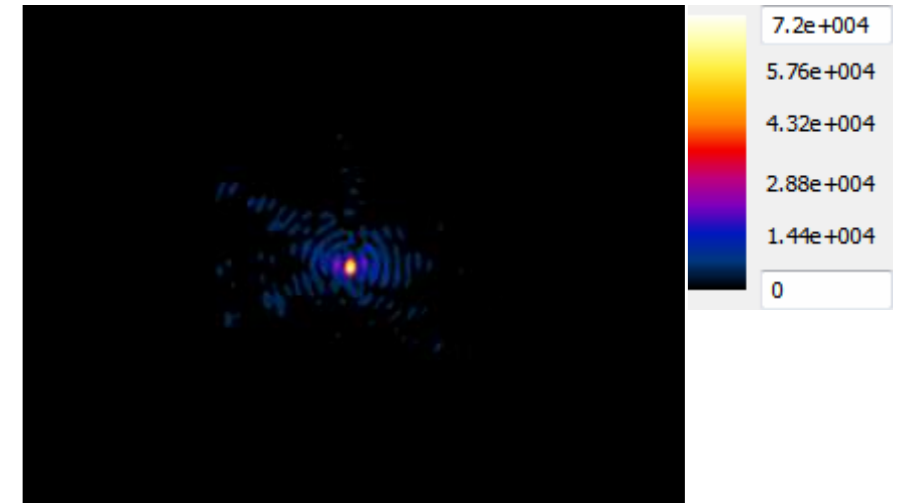
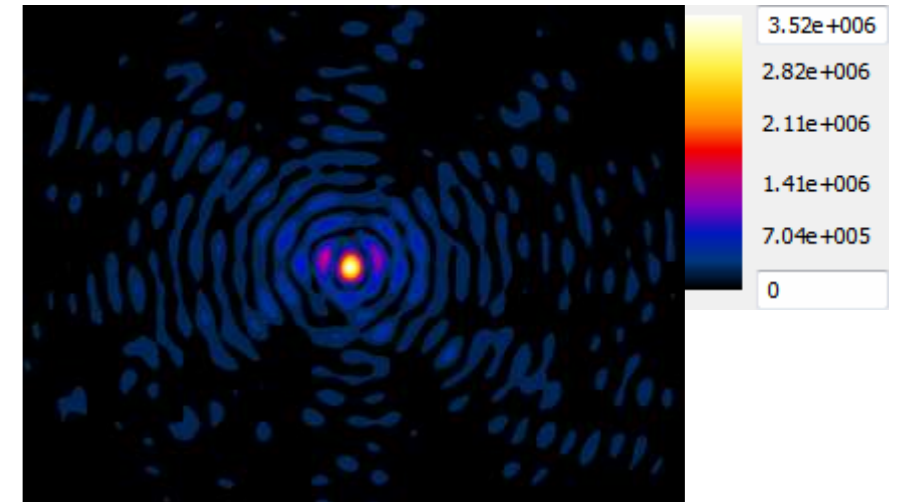
# Simulations: US Simulations

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  - simulation-based phases, simulation-based (norm. to 120kPa) amplitudes:
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    - ▶ **non-linear: base & 1<sup>st</sup> harmonic**



# Simulations: US Simulations

- inverse propagation simulation
- element phasors:
  - distance-based / simulation-based
  - normalized to 1kW total acoustic power
- forward propagation simulation
  - distance-based phases, fixed (120kPa) amplitudes
  - simulation-based phases, fixed (120kPa) amplitudes
  - simulation-based phases, simulation-based (norm. to 120kPa) amplitudes:
    - ▶ linear
    - ▶ **non-linear: base & 1<sup>st</sup> harmonic**

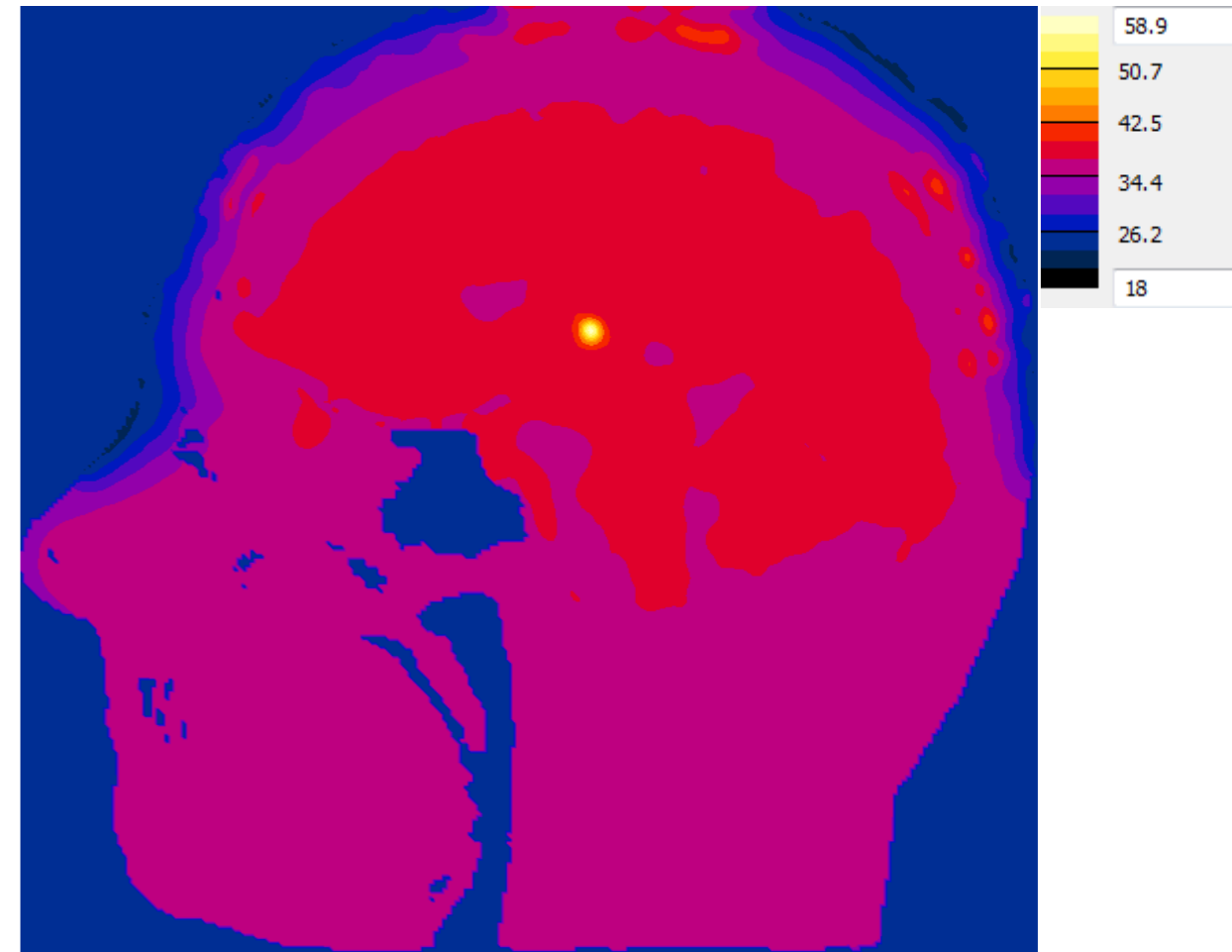


# Simulations: Thermal Simulations

- heat source:

$$Q = a \frac{p^2}{\rho c}$$

- settings (all steering approaches):
  - 30' without sonication to reach thermal equilibrium + 20" of sonication
  - convective boundary conditions for water (16°C) and air (25°C) cooling
  - impact of vascular shutdown on temperature increase



# Part III: US & Thermal Modeling of tcMRgFUS

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- Introduction
- US & Thermal Simulations
- **Results**
- Conclusions & Future Work

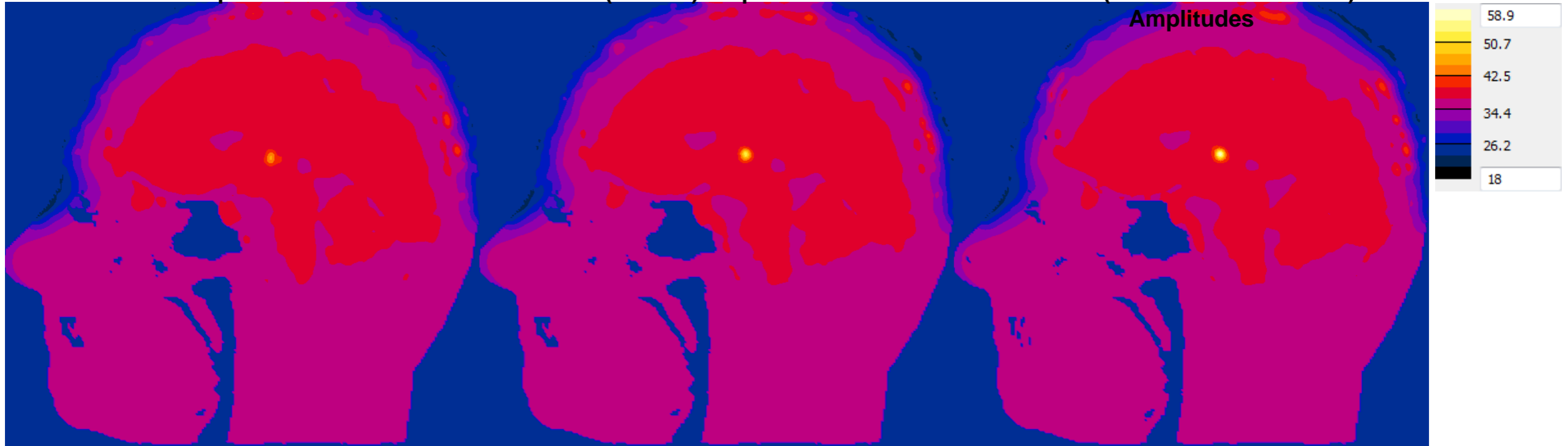


# Results: Temperatures & Lesion Sizes

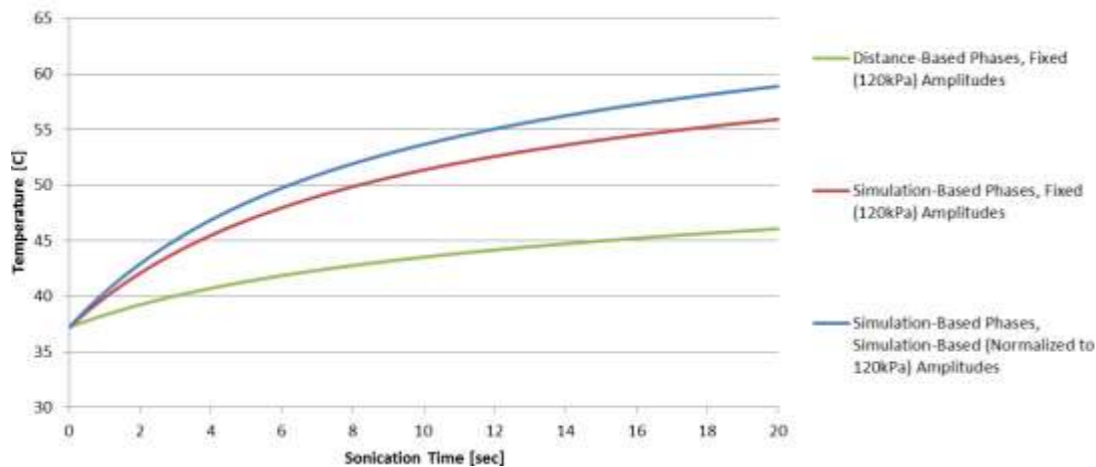
Distance-Based Phases, Fixed (120kPa) Amplitudes

Simulation-Based Phases, Fixed (120kPa) Amplitudes

Simulation-Based Phases, Simulation-Based (Normalized to 120kPa) Amplitudes



Temperature - Time @ Focus for 1000W Acoustic Power



|   | Temperature | Focus Size [mm] |     |     |      |     |     |      |     |     |      |     |     |
|---|-------------|-----------------|-----|-----|------|-----|-----|------|-----|-----|------|-----|-----|
|   |             | FWHM            |     |     | 45°C |     |     | 50°C |     |     | 55°C |     |     |
|   |             | Max             | dX  | dY  | dZ   | dX  | dY  | dZ   | dX  | dY  | dZ   | dX  | dY  |
| Distance-Based Phases, Fixed (120kPa) Amplitudes (focus off by 1.8mm on Z axis) | 48.04       | 3.5             | 3.8 | 4.6 | 2.7  | 2.9 | 4.4 | N/A  | N/A | N/A | N/A  | N/A | N/A |
| Simulation-Based Phases, Fixed (120kPa) Amplitudes                              | 55.9        | 4               | 4.1 | 4.6 | 4.7  | 4.7 | 5.2 | 2.9  | 3   | 3.3 | 0.6  | 0.6 | 0.8 |
| Simulation-Based Phases, Simulation-Based (Normalized to 120kPa) Amplitudes     | 58.88       | 4               | 4.1 | 4.5 | 5.2  | 5.1 | 5.5 | 3.4  | 3.4 | 3.9 | 2    | 1.9 | 2.3 |

# Results: Temperature Iso-Surfaces: 45°C

Distance-Based Phases, Fixed (120kPa) Amplitudes



Simulation-Based Phases, Fixed (120kPa) Amplitudes



Simulation-Based Phases, Simulation-Based (Normalized to 120kPa)





# Results: Temperature Iso-Surfaces: 50°C

Distance-Based Phases, Fixed (120kPa) Amplitudes



Simulation-Based Phases, Fixed (120kPa) Amplitudes

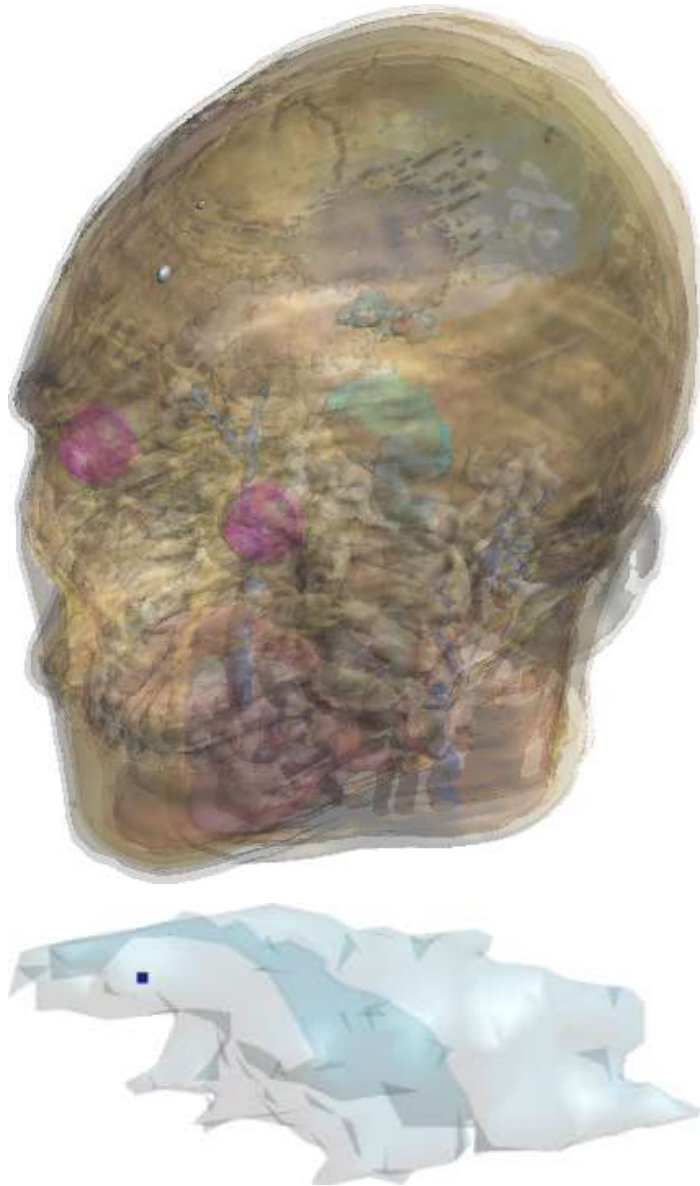


Simulation-Based Phases, Simulation-Based (Normalized to 120kPa)

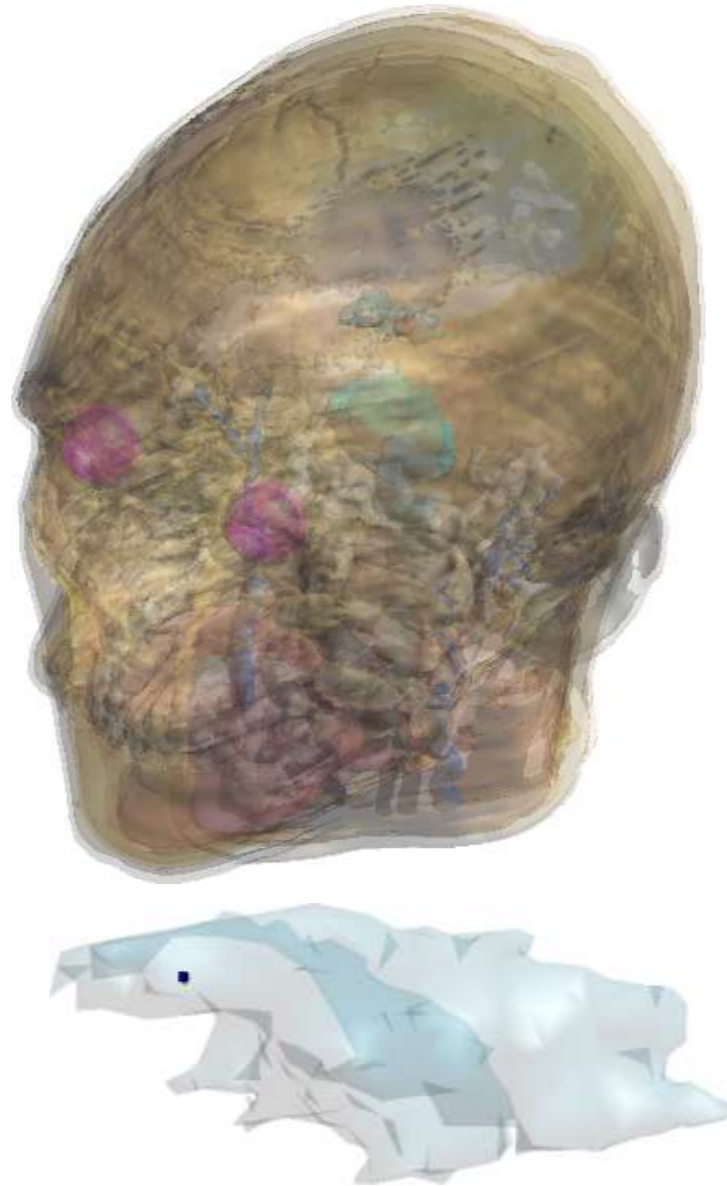


# Results: Temperature Iso-Surfaces: 55°C

Distance-Based Phases, Fixed (120kPa) Amplitudes



Simulation-Based Phases, Fixed (120kPa) Amplitudes

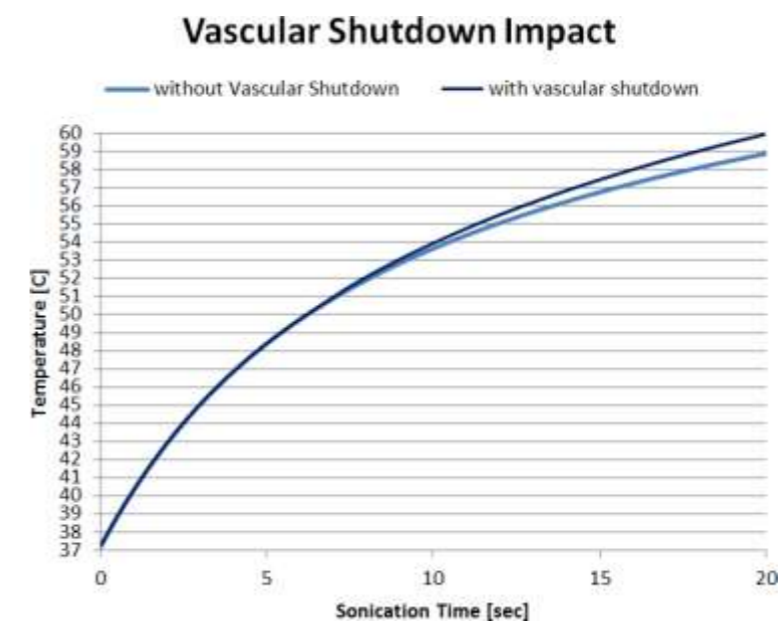
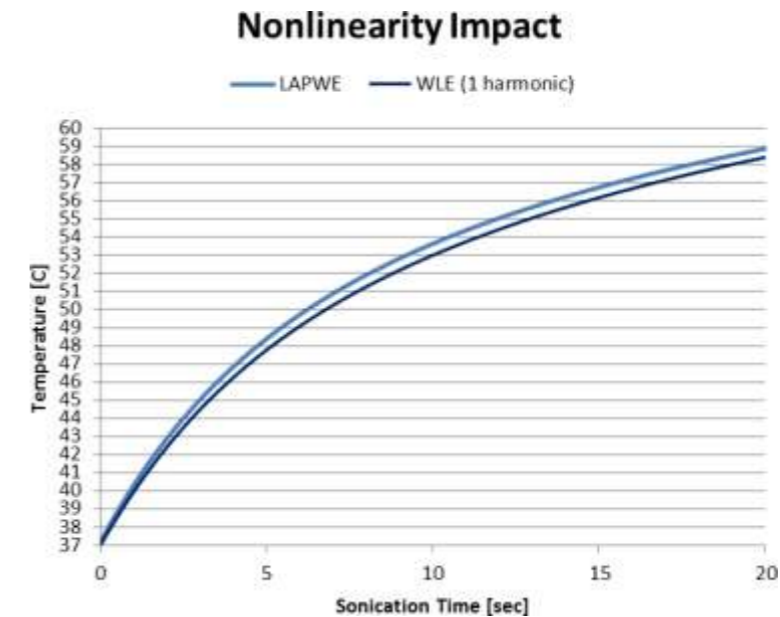


Simulation-Based Phases, Simulation-Based (Normalized to 120kPa)



# Results: Non-linearity & Vascular Shutdown

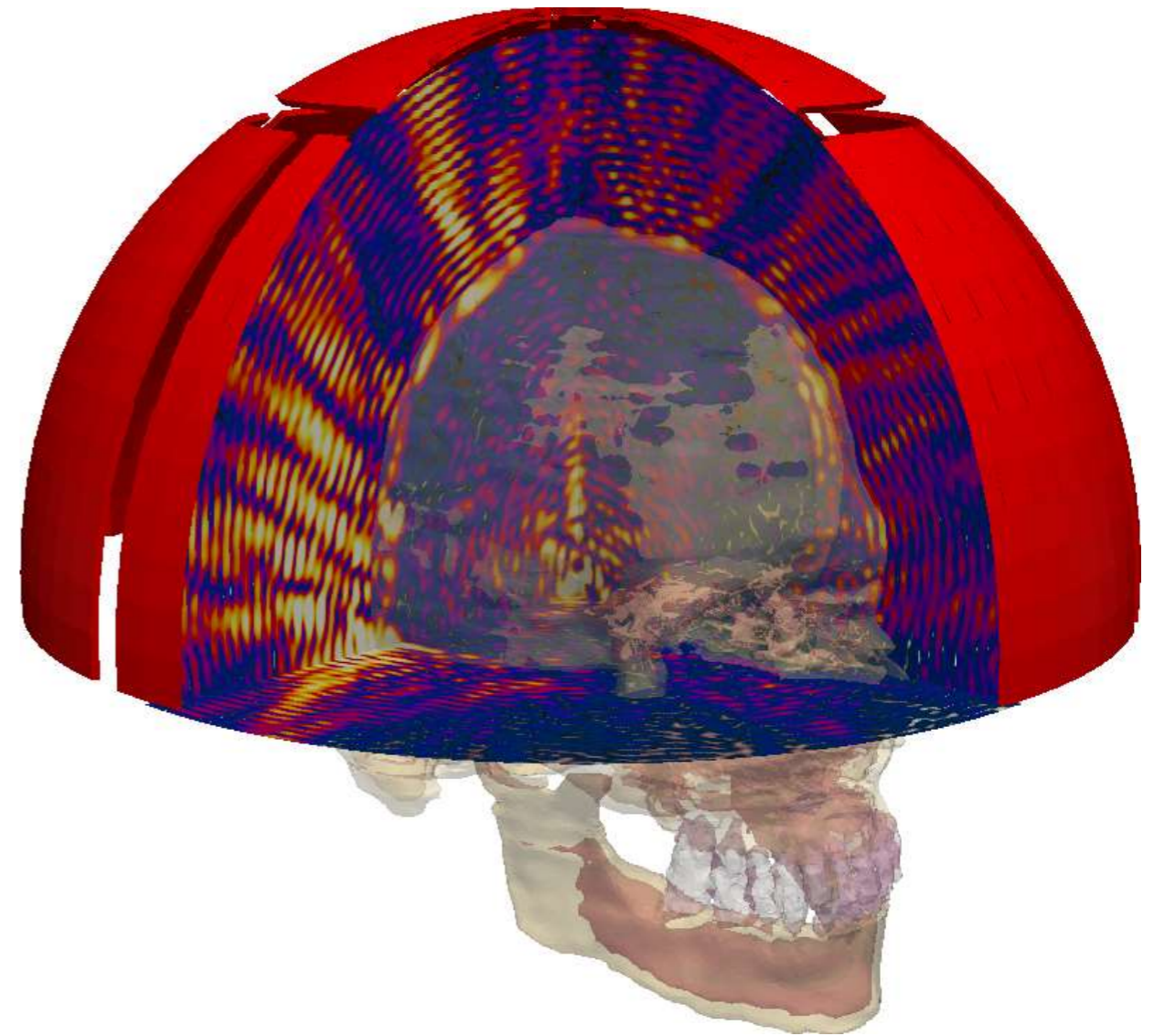
- non-linear US propagation
  - performed for 3<sup>rd</sup> steering approach
  - negligible impact on pressure & temperature results
  - pressure amplitude & frequency not high enough to induce strong harmonics/energy deposition
- vascular shutdown
  - complete shutdown assumed between 50°C and 51°C
  - +1°C temperature in focus area



# Part III: US & Thermal Modeling of tcMRgFUS

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- Introduction
- US & Thermal Simulations
- Results
- Conclusions & Future Work



# Conclusions

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- application to tissue ablation in the brain with ExAblate (quantitative)
  - full-wave, HPC enabled (~5' for linear) US simulations with high anatomical and physical complexity
  - could help improve efficiency, increase attainable focus locations, reduce treatment time and risk
- examined
  - impact of focusing strategy & focus shifting
  - temperature increase
  - lesion shape & size
  - impact of non-linear US propagation
  - Impact of vascular shutdown

# Future Work

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- apply this approach to the 650KHz system
- extended validation
  - ultimate goal: ex-vivo/in-vivo MR thermometry validation
- optimization
  - alternative steering approaches
  - hot-spot reduction
  - time-modulated steering
  - goal weighting

# Outline

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- Introduction
- Part I: FUS/HIFU Multiphysics Framework
- Part II: Applications
- Part III: US & Thermal Modeling of tcMRgFUS
- **Conclusions & Future Work**
- **Acknowledgements & Funding**

# Conclusions

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- **comprehensive framework** for modeling of FUS and induced effects has been developed
  - full-wave acoustic solver ideally suited for complex wave propagation in inhomogeneous anatomical models
  - cavitation modeling
  - induced heating and tissue damage
  - integrated into multi-physics framework (flow, EM, CRD, mechanics...)
  - HPC enabled, high resolution
- **realism** in simulations
  - detailed anatomical models & segmentation platform for model creation
  - comprehensive tissue parameter databases, towards personalized tissue properties and dynamic tissue models
  - sophisticated thermal models (perfusion/thermoregulation tissue damage, dose)
- framework has been applied to **wide range of relevant applications**



# Conclusions

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- can be used for quantitative assessments and investigation of mechanisms / parameter studies (example: tcFUS)
- goal: patient specific treatment optimization

## future work:

- importance of validation of software and models; ongoing
- optimization of steering

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- University of Basel
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