## Personalized Cancer Medicine: Precision Therapy Redux

### D.A. Jaffray

Princess Margaret Cancer Centre Techna Institute/Ontario Cancer Institute University Health Network University of Toronto Toronto, Ontario, CANADA







Toronto General Toronto Western Princess Margaret Toronto Rehab

## Disclosure

Presenter has a financial interest in some of the technology reported here and research collaborations with Elekta, Philips, IMRIS, Varian, and Raysearch.

Results from studies using investigational devices will be described in this presentation.

## Acknowledgements

Princess Margaret Cancer Centre J. Stewart, M. Milosevic, K.K. Brock, T. Purdie, T. Fyles M. Gospodarowicz, J-P. Bissonnette, A. Sun, F-F. Liu, K. Lim J. Moseley

Andre Dekker – Maastro Clinic, Maastricht, NL Mark Phillips - University of Washington, Seattle, WA

RaySearch Laboratories – A. Lundin, H. Rehbinder, J. Lof



Funding: Terry Fox Foundation, CFI, CIHR, OICR Fidani Chair in Radiation Physics



A single dream. A world of hope. The Terry Fox Foundation

## Over Three Decades of Personalizing Cancer Treatment



### Supervised Robotic Intensity-modulated, Image-guided Radiation Therapy















In a period of 10 years, Radiation Therapy has evolved from employing:

10 Mb to 1000 Mb of Data (100X)

10 to 1000 Digital Treatment Parameters (Robotic Control)

Supervised, Image-guided Operation



**Position** Patient

and Acquire

Image

Estimate Error & Adjust If Error > Tolerance





#### INFLUENCE OF TECHNOLOGIC ADVANCES ON OUTCOMES IN PATIENTS WITH UNRESECTABLE, LOCALLY ADVANCED NON–SMALL-CELL LUNG CANCER RECEIVING CONCOMITANT CHEMORADIOTHERAPY

ZHONGXING X. LIAO, M.D.,\* RITSUKO R. KOMAKI, M.D.,\* HOWARD D. THAMES, JR., PH.D.,<sup>§</sup> HELEN H. LIU, PH.D.,<sup>†</sup> SUSAN L. TUCKER, PH.D.,<sup>‡</sup> RADHE MOHAN, PH.D.,<sup>†</sup> MARY K. MARTEL, PH.D.,<sup>†</sup> XIONG WEI, M.D.,\* KUNYU YANG, M.D.,\* EDWARD S. KIM, M.D.,<sup>||</sup> GEORGE BLUMENSCHEIN, M.D.,<sup>||</sup> WAUN KI HONG, M.D.,<sup>||</sup> AND JAMES D. COX, M.D.\*

Departments of \*Radiation Oncology, <sup>†</sup>Radiation Physics, <sup>‡</sup>Bioinformatics and Computational Biology, <sup>§</sup>Biostatistics, and <sup>§</sup>Head and Neck/Thoracic Medical Oncology, The University of Texas M. D. Anderson Cancer Center, Houston, TX



Accommodating the 4D nature of the lung and tailoring dose patterns to anatomy.

Int. J. Radiation Oncology Biol. Phys., Vol. 76, No. 3, pp. 775–781, 2010



Lung

#### Parotid-sparing intensity modulated versus conventional radiotherapy in head and neck cancer (PARSPORT): a phase 3 multicentre randomised controlled trial

Christopher M Nutting<sup>a,b,\*</sup>, James P Morden<sup>b</sup>, Kevin J Harrington<sup>a,b</sup>, Teresa Guerrero Urbano<sup>c</sup>, Shreerang A Bhide<sup>a</sup>, Catharine Clark<sup>d</sup>, Elizabeth A Miles<sup>e</sup>, Aisha B Miah<sup>a</sup>, Kate Newbold<sup>a</sup>, MaryAnne Tanay<sup>a</sup>, Fawzi Adab<sup>f</sup>, Sarah J Jefferies<sup>g</sup>, Christopher Scrase<sup>h</sup>, Beng K Yap<sup>i</sup>, Roger P A'Hern<sup>b</sup>, Mark A Sydenham<sup>b</sup>, Marie Emson<sup>b</sup>, Emma Hall<sup>b</sup>, and on behalf of the PARSPORT trial management group<sup>†</sup> At 24 months, no significant differences were seen between randomised groups in non-xerostomia late toxicities, locoregional control, or overall survival.

47 patients were assigned to each treatment arm. Median follow-up was 44.0 months (IQR 30.0–59.7). At 12 months xerostomia side-effects were reported in 73 of 82 alive patients; grade 2 or worse xerostomia at 12 months was significantly lower in the IMRT group than in the conventional radiotherapy group.



#### Improved Clinical Outcomes With High-Dose Image Guided Radiotherapy Compared With Non-IGRT for the Treatment of Clinically Localized Prostate Cancer

Michael J. Zelefsky, M.D.,\* Marisa Kollmeier, M.D.,\* Brett Cox, M.D.,\* Anthony Fidaleo, B.A.,\* Dahlia Sperling, B.A.,\* Xin Pei, Ph.D.,\* Brett Carver, M.D., Ph.D.,<sup>‡</sup> Jonathan Coleman, M.D.,<sup>‡</sup> Michael Lovelock and Margie Hunt, B.S.<sup>†</sup>



0.8

Late GU Grade 2+ Toxicity Free Survival



Fig. 2. Comparison of prostate specific antigen relapse-free survival outcomes between patients treated with image-guided radiotherapy (IGRT) to 86.4 Gy and those treated with intensity-modulated radiotherapy to the same dose level.

Next Gen RT Technologies: Better dose control through physics, imaging, computation, and robotics.



**MR-Guided RT** 

## **Next Generation of Personalization**

 Adaptive Radiation Therapy – geometric and functional



 Image-based Biological Targets targets and normal tissues

 Patient-specific Radiation Sensitivity – decision-making and dose prescription.



Database of Dose Targets and Tolerances



### Capacity to Integrate Molecular/Functional Imaging in RT



## From the '3D Hypothesis' to the '4D Hypothesis'

- <u>4D Hypothesis</u>: Adapting to imaged changes in geometry or function during RT will improve the therapeutic ratio.
  - A.k.a. 'Adaptive Radiation Therapy'

### COMPUTED MEDICAL IMAGING

Nobel Lecture, 8 December, 1979

BY Godfrey N. Hounsfield

The Medical Systems Department of Central Research Laboratories EMI, London, England



Fig. 13 shows a series of pictures demonstrating the regression of a seminoma (a very radio-sensitive tumour). The radiation is applied at a low level while the tumour is large, but as the lesion regresses the smaller area is taken advantage of and larger doses are then applied. In this particular case the tumour was completely removed by accurate intense radiation.



9

Fig. 13. Demonstrating the regression of a seminoma after four stages of therapy treatment.

## **Complex Machinery of Adaptive**





Volume 20, Number 2



April 2010

### Adaptive Radiotherapy: Merging Principle Into Clinical Practice

"Adaptive radiotherapy has been introduced as a feedback control strategy to include patient-specific treatment variation explicitly in the control of treatment planning and delivering during the treatment course." D. Yan



## WBH Adaptive Experience



Seminars in RADIATION ONCOLOGY

### Adaptive Radiation Therapy for Prostate Cancer

Michel Ghilezan, MD, PhD, Di Yan, DSc, and Alvaro Martinez, MD



Figure 1 Flow chart depicting the off-line image guided adaptive radiation therapy process.

Table 3 Toxicity in 728 Patients Treated With Adaptive CRT/ IMRT

	Adaptive CRT	Adaptive IMRT	Р
Acute	Grade 2 + 3	Grades 2 + 3	
GU frequency/ urgency	34%	30%	.29
Dysuria	5%	2%	.15
GU incontinence	0.5%	2%	.04
Urinary retention	7%	2%	.03
Rectal	19%	5%	<.01
pain/tenesmus			
Diarrhea	10%	8%	.43
Chronic			
GU frequency/	12%	8%	.12
urgency			
Urinary retention	3%	0.5%	.05
Hematuria	4%	5%	.43
Urethral stricture	1%	2%	.10
Rectal	1%	0%	.16
pain/tenesmus			
Diarrhea	3%	2%	.51
Rectal bleeding	16%	4%	<.01





### Adaptive Management of Cervical Cancer Radiotherapy

Kari Tanderup, PhD,\* Dietmar Georg, DSc,<sup>+</sup> Richard Pötter, MD,<sup>+</sup> Christian Kirisits, DSc,<sup>+</sup> Cai Grau, DMSc, MD,<sup>\*</sup> and Jacob C. Lindegaard, DMSc, MD<sup>\*</sup>

Since the breakthrough 10 years ago with concomitant radio-chemotherapy, substantial progress in the treatment of locally advanced cervical cancer has been lacking. Radiotherapy continues to be the cornerstone in the treatment of this disease and now shows much potential for progress, as image guidance of both external beam radiation therapy and

coming available. With these new techniques, it again seems possible to improve the therapeutic ratio as we begin to understand how the treatment for each patient can be individualized, not only in terms of volume (3-dimensional), but also during treatment (4-dimensional), as the tumor regresses and the topography of the target and organs at risk change significantly. New promising data with increased loco-regional control and de-

Semin Radiat Oncol 20:121-129 © 2010 Elsevier Inc. All rights reserved.

#### **Rationale and Potential**

Today, the standard treatment of locally advanced cervical cancer is external beam radiotherapy (EBRT), concomitant aging and point-based BT dose prescription. High rates of local control in the range 80%-95% can be achieved in small tumors, such as International Federation of Gynecology and Obstetrics stage IB1 and small stage IIB. However, the local Ca Cervix: "Tumour" Shrinkage & Deformation During RT



GTV - T2 Enhancement on MR

### Gyne Site Group - PMH

















## Methods

- 33 patients with stage IB-IVA cervix cancer
- Target volumes (GTV and CTV) and OARs (rectum, sigmoid, bladder, and bowel) contoured on fused MR-CT baseline image and subsequent weekly MR scans
- Primary CTV defined as union of:
  - GTV
  - Cervix
  - Parametria
  - 2 cm of uterus superior to GTV
  - 2 cm of upper vagina inferior to GTV



## Methods – Dose Accumulation / ORBIT

Planned Dose



Apply planned dose at each fraction



Deform each fraction to planning geometry



Accumulate across all fractions

Accumulated Dose

## **Results – Target Coverage**



Message: A large fraction of patients would maintain coverage with a 3mm margin!

## Computational Advances Needed for Testing the '4D' Hypothesis

Autosegmentation



Deformable Registration

> Replanning

Dose Tracking

## From the '3D Hypothesis' to the 'BTV Hypothess'

- <u>BTV Hypothesis</u>: Patterning radiation dose according to imaged functional or molecular distributions of the individual will increase the therapeutic ratio.
  - A.K.A. 'Biologically Targeted Radiation Therapy'

## Conceptual Framework for Integration of Functional/Molecular Imaging



Volume 47, Number 3, 2000



Fig. 2. An idealized schematic illustrating the concept of biological target volume (BTV). Whereas at present the target volume is characterized by the concepts of GTV, CTV, and PTV, biological images as depicted in Fig. 2 may provide information for defining the BTV to improve dose targeting to certain regions of the target volume. For example, regions of low pO<sub>2</sub> level may be derived from PET-<sup>18</sup>F-misonidazole study, high tumor burden from MRI/MRS data of choline/citrate ratio, and high proliferation from PET-<sup>124</sup>IUdR measurement.

"Incremental to the concept of gross, clinical, and planning target volumes (GTV, CTV, and PTV), we propose the concept of "biological target volume" (BTV) and hypothesize that BTV can be derived from biological images and that their use may incrementally improve target delineation and dose delivery." - Ling et al.

#### Ling et al., Int. J. Radiation Oncology Biol. Phys., Vol. 47, No. 3, pp. 551–560, 2000

## Functional and Molecular Imaging for RT

- Tumour burden, altered metabolism, and clonogen density (e.g. FDG, MRS)
- Tumour hypoxia (e.g. F-MISO, I/FAZA, CAIX, MR-BOLD, HX4)
- Tumour proliferation (e.g. FLT)
- New imaging targets (e.g. FACBC amino acid, EGFR for re-population)
- Functional imaging of crucial healthy tissues (e.g. SPECT/CT/MR derived lung perfusion)
- Vascular and physiological measures (DCE-MR/CT, MR DWI/ADC)

Adapted From 'Theragnostic imaging for radiation oncology: dose-painting by numbers' - S.M. Bentzen - Lancet Oncol 2005; 6: 112–17

## Impact of Specific and Sensitive Imaging of Disease on Radiation Therapy

- 1. Reduce observer-dependent variation in the extent of gross and clinical targets.
- 2. Enable biologically-modulated targeting of the radiation dose.

3. Enable prediction of response based upon pre- or intra-treatment changes in the image-based biomarkers.

See Steenbakers 2006, Bentzen 2005, Mayr 2010







## Magnetic Resonance Imaging: Burden of Disease in the Prostate

- ↓ T2
- Fast T1 contrast enhancement & washout
- $\downarrow$  Water diffusivity
- ↑ Choline/Citrate



## Boost – Either HDR Brachytherapy or VMAT

HDR + VMAT	Dose (EQD2 [Gy])
	50 60 70 80 90
IB-VMAT	100 110 120 <b>130</b>
	Structures GTV CTV PTV(GTV) PTV(CTV)

NCIC Funded Project - Menard/Craig - PMH

## Lung Cancer - Survival of Metabolic Responders vs Non-responders



## Residual Response Correlates with Site of Recurrence



Can we spend our IGRT-enable normal tissue dose savings on a well-placed concurrent boost?

A. Dekker - Maastricht

#### Lung cancer

#### Individualised isotoxic accelerated radiotherapy and chemotherapy are associated with improved long-term survival of patients with stage III NSCLC: A prospective population-based study

Dirk De Ruysscher<sup>a,\*</sup>, Angela van Baardwijk<sup>a</sup>, Jessie Steevens<sup>b</sup>, Anita Botterweck<sup>a</sup>, Geert Bosmans<sup>a</sup>, Bart Reymen<sup>a</sup>, Rinus Wanders<sup>a</sup>, Jacques Borger<sup>a</sup>, Anne-Marie C. Dingemans<sup>c</sup>, Gerben Bootsma<sup>d</sup>, Cordula Pitz<sup>e</sup>, Ragnar Lunde<sup>f</sup>, Wiel Geraedts<sup>g</sup>, Michel Oellers<sup>a</sup>, Andre Dekker<sup>a</sup>, Philippe Lambin<sup>a</sup>

<sup>a</sup> Department of Radiation Oncology, Maastricht University Medical Centre; <sup>b</sup> Comprehensive Cancer Centre The Netherlands, Maastricht, The Netherlands; <sup>c</sup> Department of Pulmonology, Maastricht University Medical Centre; <sup>d</sup> Department of Pulmonology, Atrium Medical Centre, Heerlen; <sup>e</sup> Department of Pulmonology, Laurentius Hospital, Roermond; <sup>f</sup> Department of Pulmonology, St. Jansgasthuis, Weert; <sup>g</sup> Department of Pulmonology, Orbis Medical Centre, Sittard, The Netherlands

"INDAR" - Individualised iso-toxic accelerated radiotherapy (INDAR) to the primary tumour and the pre-Tx involved lymph nodes on FDG-PET-CT scan.





D. De Ruysscher et al. / Radiotherapy and Oncology 102 (2012) 228–233

\*64.8 Gy given in 36 bi-daily fractions of 1.8 Gy

## **Patient-specific Radiation Sensitivity**

Radiotherapy and Oncology, 17 (1990) 177-190 Elsevier

177

**RADION 00659** 

The ESTRO Regaud Lecture\*

### Inherent radiosensitivity of tumor and normal tissue cells as a predictor of human tumor response

Lester J. Peters

Division of Radiotherapy, The University of Texas M.D. Anderson Cancer Center, Houston, Texas, U.S.A. (Received 23 July 1989, revision received 23 August 1989, accepted 23 August 1989)

Key words: Tumor c

In his introduction to this lecture, Dr. Fletcher characterizes prediction of the radiocurability of individual tumors as the "Holy Grail of Radio-

therapy".

### The normalized dose-response gradient



### **Steepness of DR curves for HNSCC**



Bentzen R&O 32: 1 (1994)

Courtesy of S. Bentzen

## HNC – Oropharynx: Two Populations?

- Traditional risk factors for head & neck cancers (HNC) are cigarette smoking, and EtOH consumption
- Epidemiology has <u>changed</u> in recent decades
- HPV-related Disease versus Classical Disease



### Separation of Patients by p16 Expression

OS

DFS



Shi et al; JCO 27:6213, 2009

Radiotherapy and Oncology, 17 (1990) 177-190 Elsevier

**RADION 00659** 

The ESTRO Regaud Lecture\*

Inherent radiosensitivity of tumor and normal tissue cells as a predictor of human tumor response

Lester I Peters

Empiric

Division of Radiotherapy, The

TABLE I

(Received 23 July 1

Examples of empiric and radiobiologic prognostic factors.

Kev words: Tumor cell radiosens

In his introd characterizes individual tu therapy".

Tumor Site of origin Clonogen number Histology Radiosensitivity Size (stage) intrinsic Morphology environmental Proliferation kinetics Patient Performance status Genetic determinants Age, sex of radiosensitivity Host-response parameters

Radiobiologic



REVIEW

### **Cancer Genome Landscapes**

Bert Vogelstein, Nickolas Papadopoulos, Victor E. Velculescu, Shibin Zhou, Luis A. Diaz Jr., Kenneth W. Kinzler\*



#### 29 MARCH 2013 VOL 339 SCIENCE



Fig. 1. Number of somatic mutations in representative human cancers, detected by genomewide sequencing studies. (A) The genomes of a diverse group of adult (right) and pediatric (left) cancers have been analyzed. Numbers in parentheses indicate the median number of nonsynonymous mutations per tumor. (B) The median number of nonsynonymous mutations per tumor in a variety of tumor types. Horizontal bars indicate the 25 and 75% quartiles. MSI, microsatellite instability; SCLC, small cell lung cancers; NSCLC, non-small cell lung cancers; ESCC, esophageal squamous cell carcinomas; MSS, microsatellite stable; EAC, esophageal adenocarcinomas. The published data on which this figure is based are provided in table S1C.

Median number of somatic mutations in representative human cancers, detected by genome-wide sequencing studies.



#### REVIEW

### **Cancer Genome Landscapes**

Bert Vogelstein, Nickolas Papadopoulos, Victor E. Velculescu, Shibin Zhou, Luis A. Diaz Jr., Kenneth W. Kinzler\*

Genetic heterogeneity in tumors – illustrated by a primary pancreatic tumor and its metastatic lesions.



Fig. 6. Four types of genetic heterogeneity in tumors, illustrated by a primary tumor in the pancreas and its metastatic lesions in the liver. Mutations introduced during primary tumor cell growth result in clonal heterogeneity. At the top left, a typical tumor is represented by cells with a large fraction of the total mutations (founder cells) from which subclones are derived. The differently colored regions in the subclones represent stages of evolution within a subclone. (A) Intratumoral: heterogeneity among the cells of the primary tumor. (B) Intermetastatic: heterogeneity among different metastatic lesions in the same patient. In the case illustrated here, each metastasis was derived from a different subclone. (C) Intrametastatic: heterogeneity among the cells of each metastasis develops as the metastases grow. (D) Interpatient: heterogeneity among the tumors of different patients. The mutations in the founder cells of the tumors of these two patients are almost completely distinct (see text)

29 MARCH 2013 VOL 339

SCIENCE



 $+ k_{14}(y_x)(TO)(ras status)(p53 status) +$ 

pression for the selected genes and k, are coefficients generated during the training process. ariable prediction (not binary; p = 0.002).

Data taken from [44].

### Personalized Medicine (2012) 9(5), 547-557



### A molecular assay of tumor radiosensitivity: a roadmap towards biology-based personalized radiation therapy

#### Javier F Torres-Roca

Department of Experimental Therapeutics & Radiation Oncology, Moffitt Cancer Center & Research Institute, Tampa, FL, USA Tel.: +1 813 745 1824 javier.torresroca@moffitt.org



Personalized Medicine (2012) 9(5), 547-557



Figure 5. Radiosensitivity index distinguishes clinical populations with different disease-related outcomes in head and neck cancer. Radiosensitivity predictions were generated with the gene-expression model as described in 92 patients treated with definitive concurrent radiochemotherapy at The Netherlands Cancer Institute (Amsterdam, The Netherlands). Using the 25th percentile as the cutoff point, there is a superior 2-year locoregional control in the predicted radiosensitive group (green vs red, 86 vs 61%; p = 0.05) Reproduced with permission from [64] © Elsevier (2009).



Contents lists available at SciVerse ScienceDirect

### Clinical Oncology

journal homepage: www.clinicaloncologyonline.net

#### Overview

### Biomarkers of Radiation Exposure: Can They Predict Normal Tissue Radiosensitivity?

M.L.K. Chua\*†, K. Rothkamm†

\* University College London Cancer Institute, London, UK <sup>†</sup> Public Health England, Centre for Radiation, Chemical and Environmental Hazards,

Received 28 February 2013; received in revised form 23 April 2013; accepted 26 June 2013

## Radiogenomics and biomarkers:

- SNPs, CNV, GWAS Studies
- Radiogenomics Consortium
   2009
- What dose was actually delivered?



CINCOLOGY

Quantec - IJORBP Vol. 76, No. 3, Supplement, 2010



Contents lists available at SciVerse ScienceDirect

dinical ONCOLOGY

**Clinical Oncology** 

journal homepage: www.clinicaloncologyonline.net

Editorial

### **RAPPER:** The Radiogenomics of Radiation Toxicity

N.G. Burnet<sup>\*</sup>, G.C. Barnett<sup>\*</sup><sup>†</sup>, R.M. Elliott<sup>§</sup>, D.P. Dearnaley<sup>§</sup>, P.D.P. Pharoah<sup>†</sup>, A.M. Dunning<sup>†</sup>, C.M.L. West<sup>‡</sup> on Behalf of the RAPPER Investigators<sup>a</sup>

\* University of Cambridge Department of Oncology, Oncology Centre, Addenbrooke's Hospital, Cambridge, UK
 <sup>†</sup> University of Cambridge Department of Oncology, Strangeways Research Laboratory, Cambridge, UK
 <sup>‡</sup> Translational Radiobiology Group, University of Manchester, Christie Hospital, Manchester, UK
 <sup>§</sup> Institute of Cancer Research, Sutton, Surrey, UK

Received 20 February 2013; accepted 26 February 2013

## RAPPER (Radiogenomics: Assessment of Polymorphisms for Predicting the Effects of Radiotherapy)

"The ultimate goal of radiogenomics is to add an additional element of personalised medicine to the radiotherapy planning and prescription, to improve the outcome for the patient. Such individualisation, combined with the very best radiotherapy treatment planning and delivery techniques, will also allow for more imaginative combination with pharmaceutical agents and should achieve both lower toxicity and higher cure rates."

## Identification of noninvasive imaging surrogates for brain tumor gene-expression modules

Maximilian Diehn\*<sup>†</sup>, Christine Nardini\*, David S. Wang\*, Susan McGovern<sup>‡</sup>, Mahesh Jayaraman<sup>§</sup>, Yu Liang<sup>¶</sup>, Kenneth Aldape<sup>‡</sup>, Soonmee Cha<sup>||</sup>, and Michael D. Kuo<sup>\*,\*\*††</sup>

SANG

\*Department of Radiology and \*\*Center for Translational Medical Systems, University of California San Diego Medical Center, San Diego, CA 92103; <sup>†</sup>Department of Radiation Oncology, Stanford University School of Medicine, Stanford, CA 94305; <sup>‡</sup>Department of Neuropathology, University of Texas M. D. Anderson Cancer Center, Houston, TX 77030; <sup>§</sup>Department of Radiology, Brown University, Providence, RI 02912; <sup>¶</sup>Department of Neurological Surgery, Brain Tumor Research Center, University of California San Francisco Medical Center, San Francisco, CA 94143; and <sup>®</sup>Department of Radiology, University of California San Francisco, CA 94143

Communicated by Helen M. Ranney, University of California at San Diego, La Jolla, CA, February 9, 2008 (received for review October 16, 2007)



Fig. 4. The infiltrative/edematous radiophenotype predicts survival of GBM patients. (A) Expression of the infiltrative radiophenotype-associated genes in the initial set of GBMs. Data are displayed as in Fig. 1. (B) Kaplan–Meier analysis based on the infiltrative/edematous radiophenotype for the initial set of GBMs. (C) Kaplan–Meier analysis based on the infiltrative/edematous radiophenotype for an independent cohort of 110 GBM patients. Median overall survival was 390 days for edematous tumors and 216 days for infiltrative tumors ( $P < 3.1 \times 10^{-7}$ ).





### Personalized Medicine: Temper Expectations

THE 1 JUNE POLICY FORUMS, "THE ULTIMATE GENETIC TEST" (R. DRMANAC, P. 1110) AND "Whole-genome sequencing: The new standard of care?" (L. R. Brunham and M. R. Hayden, p. 1112), discuss clinical breakthroughs that might be possible through wholegenome sequencing (WGS). We offer a cautionary note about the interpretation and expectations of personalized medicine and its subset, individualized drug therapy, specifically those that pertain to risk prediction in the individual patient.

As first shown in 1918 (1), a complex quantitative trait can be explained by Mendelian



inheritance if multiple genes affect the trait. From this analysis, one can infer that accurate statistical predictions of a complex trait require identification of many small-effect variants which, in combination, can explain a large fraction of variance in the phenotype. For most complex traits, this is an unachievable goal. Although we can obtain WGS data from a large number of patients, effect sizes for the majority of small-effect variants are simply too miniscule to be detected, even with any practicably attainable sample size. The anticipation of personalized medicine and individualized drug therapy thus seems unrealistic. We might be able to obtain accurate genomic data from an individual patient, but our ability to tailor treatment will be limited to only a small fraction of variants that have relatively large ("identifiable") effect sizes.

Before 1990, a number of examples of pharmacogenetic traits, usually binary, ware published in a (2-6); reviewed in "We now realize that most examples of pharmacogenomic traits (adverse drug reactions, as well as drug efficacy) resemble complex diseases and other multi-factorial traits such as height or body mass index. These traits reflect contributions from innumerable low-effect genes."

#### D. W. NEBERT<sup>1,2\*</sup> AND G. ZHANG<sup>1</sup>

<sup>1</sup>Division of Human Genetics, Cincinnati Children's Hospital Medical Center, Cincinnati, OH 45229–2899, USA. <sup>2</sup>Department of Environmental Health, University of Cincinnati Medical Center, Cincinnati, OH 45267–0056, USA.

24 AUGUST 2012 VOL 337 SCIENCE www.sciencemag.org

#### MEDICINE

### (De)Personalized Medicine

Ralph I. Horwitz,<sup>1</sup> Mark R. Cullen,<sup>2</sup> Jill Abell,<sup>3</sup> Jennifer B. Christian<sup>4</sup>

Personalized medicine is often described as genomics-based knowledge that "promises the ability to approach each patient as the biological individual he or she is" (1). This is an appealing description, yet unless clinical, social, and environmental features that affect the outcomes of disease are also incorporated, the current approach 9.8% for those who received a placebo; the relative risk and relative risk reduction were 0.74 and 26%, respectively. Although these kinds of statistics are typically used to describe the results of therapeutic trials, the findings can also be described differently. In the case of the BHAT, the results could also be reported as the absolute difference in mortality between Integration of clinical, social, and environmental data with genomic and molecular information is needed to develop a personalized approach to medicine.



"The failure to give suitable weight to clinical variation is not the fault of the statistical paradigm any more than it is the fault of the molecular orientation of contemporary medicine. The problem lies with the atrophy of clinical science. Physician investigators whose clinical knowledge equips them to create the needed clinical taxonomies have been distracted by quantitative models or reductionist science. What is needed to complement the power of genomics is an emphasis on personal attributes of patients and their environments, and to incorporate these features into an enriched approach to personalized medicine."

Published by AAAS

Is it possible for us to integrate these rich and varied data sources?

Can we draw this information together to assure precision and accuracy in treatment?

## What else affects our Kaplan-Meier curves?

### Methods:

 127 patients with definitive 3D-CRT for prostate cancer (78 Gy)

Rectal distension
 assessed by calculation of
 the average cross-sectional
 rectal area (CSA; defined as
 the rectal volume divided
 by length) and measuring
 three rectal diameters on
 the planning CT.

• Test the impact of rectal distension on biochemical control, 2-year prostate biopsy results, and incidence of Grade 2 or greater late rectal bleeding was assessed. Impact of rectal distension on prostate cancer outcomes • R. DE CREVOISIER et al.



de Crevoisier et al., Int. J. Radiation Oncology Biol. Phys., Vol. 62, No. 4, pp. 965–973, 2005

# The quality of the intervention is important for each patient, but also for advancing PCM

Impact of rectal distension on prostate cancer ouncomes . R. D. CREVONIER



Median Cross-sectional Area (CSA) =  $11.2 \text{ cm}^2$ 

de Crevoisier et al., Int. J. Radiation Oncology Biol. Phys., Vol. 62, No. 4, pp. 965–973, 2005

#### JOURNAL OF CLINICAL ONCOLOGY

#### ORIGINAL REPORT

Critical Impact of Radiotherapy Protocol Compliance and Quality in the Treatment of Advanced Head and Neck Cancer: Results From TROG 02.02

Lester J. Peters, Brian O'Sullivan, Jordi Giralt, Thomas J. Fitzgerald, Andy Trotti, Jacques Bernier, Jean Bourhis, Kally Yuen, Richard Fisher, and Danny Rischin

TROG Trial #02.02 was designed to test the benefit of using a new drug (tirapazamine) in combination with chemo+RT. The outcomes were negative. Why?

Peters et al. JCO 2010



**Fig 3.** Time to locoregional failure by deviation status. The four cohorts are (1) compliant from the outset (n = 502), (2) made compliant following a review by the Quality Assurance Review Center (n = 86), (3) noncompliant but without predicted major adverse impact on tumor control (n = 105), and (4) noncompliant with predicted major adverse impact on tumor control (n = 87). Overall P < .001.

Patients or practitioners?



Sir William Osler, 1892



## Paradoxically, Getting Personal Requires Getting Industrial



strategies, and <u>delivering</u> high performance cancer therapy are highly dependent activities.

# Medical Physicists have become very good at managing complexity.

- Over the past 20 years medical physicists have brought one the most complex technology in healthcare (IG-IMRT) alive with a remarkable track record.
- This is a powerful skill.
- Where do we go next?



## Converting on the Promise of Personalized Cancer Medicine

- From delivering 'state-of-the-art' care to driving the next generation of care.
  - Medical physicists have always innovated practice, but this needs to be industrialized to accommodate the complexity of data collection, decision making, and delivery.
- Maximizing intervention performance (quality) to detect sub-populations and evaluate the value of new, more personalized therapies
- Building cancer informatics tools to enable analysis, exploration, and rapid evaluation of novel therapies or stratification.

## **RT: A Highly Personalized Cancer Medicine**



Jaffray, D. A. Nat. Rev. Clin. Oncol. 9, 688–699 (2012)

## Summary

- Medical physicists have always been at the forefront in bringing greater precision to cancer treatment.
- We have established skills in the domains of computing, informatics, quality management, and clinical interaction that are of extreme relevance to the future of personalized medicine.
- The opportunity for further engagement in the domains of technology and processes, informatics and modeling, and from basic to clinical science are greater than ever.
- Few medical professions are better equipped to contribute.

### More Complete H&N cancer BN



DQC