

SBRT I: Overview of Simulation, Planning, and Delivery

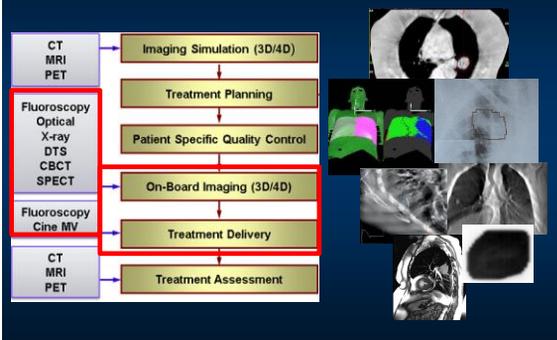
Jing Cai, PhD
Duke University Medical Center

2014 AAPM 56th Annual Meeting, Educational Course, Therapy Track, MOC SAM Program

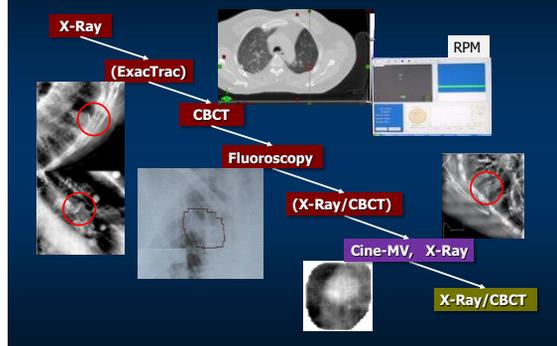
Disclosure

I have received research funding from NIH, the Golfers Against Cancer (GAC) foundation, and Philips Health System.

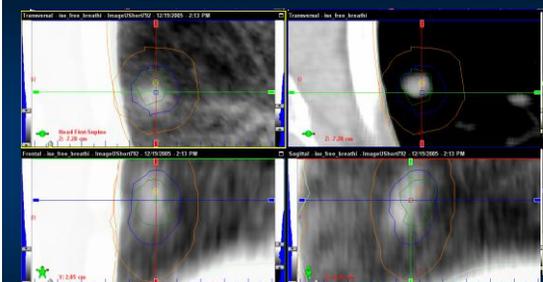
Imaging in Lung SBRT



The Process: Image Guidance



Free-breath 3D CBCT Match



Free-breath 3D CBCT Match

Wang et al Ref J 2007

Uncertainties in lung SBRT IGRT

- Tumor volume in CBCT
- Soft-tissue contrast
- Inter-observer variations
- Reproducibility of tumor location at breath-hold
- Internal-external motion correlation
- Changes of tumor size and motion
- Changes of anatomy
- Shifts and rotations in matching
-

Which CT for CBCT Matching?



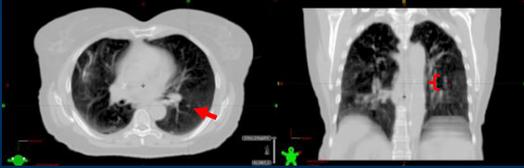
4DCT-AIP v.s. CBCT

Which CT for CBCT Matching?



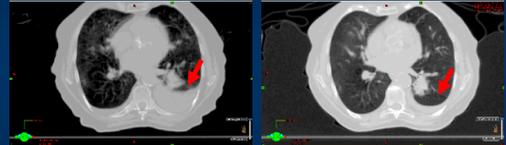
3D FB-CT v.s. CBCT

CBCT Matching: Tiny Tumor



Tumor Size ~ 5 mm; Tumor Motion ~ 20 mm

CBCT Matching: Large Anatomical Change

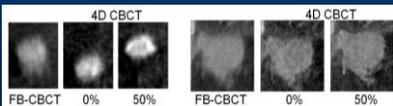
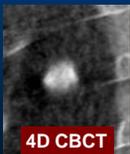
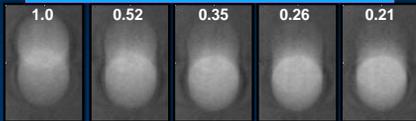


Pleural effusion at Sim
Largely disappeared at 1 fx

Re-simed, Re-planned

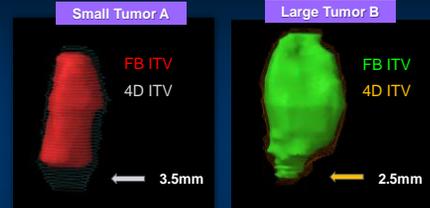
CBCT ITV Uncertainty

ITV at different Inspiration/Expiration (I/E) Ratio



Vergalasova, et al, Med Phys. 2011

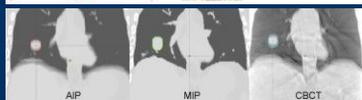
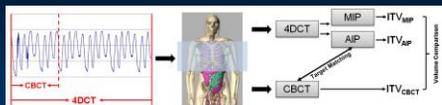
CBCT ITV Uncertainty



Tumor	Free-Breathing ITV (cm ³)	4D ITV (cm ³)	Volume Underestimation (%)
A	1.78	2.97	40.1
B	35.62	46.98	24.2

Vergalasova et al, Med Phys 2011

Target Matching Uncertainty



Turner et al
2013 AAPM

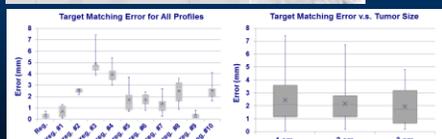
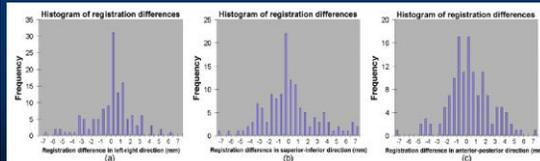


Image Registration Uncertainty: Inter-observer Variation

Table 2 Registration differences between institutions and reviewers (for different protocols)

Protocol no.	Disease site	No. of datasets	Absolute value of difference of shifts (mm), mean \pm SD (range)		
			Left-right	Superior-inferior	Anterior-posterior
0915 (lung)		71	1.8 \pm 1.2 (0.0-6.4)	2.0 \pm 1.1 (0.0-6.9)	2.0 \pm 0.9 (0.0-5.0)
0813 (lung)		21	1.7 \pm 0.8 (0.1-5.1)	2.2 \pm 1.0 (0.3-5.0)	2.0 \pm 1.1 (0.1-4.8)



Cui et al, Red J, 2011; 81:305-312.

MVCT for Lung SBRT IGRT



Siker et al, Red J, 2006

Imaging modality	No. of datasets	Absolute value of difference of shifts (mm), mean \pm SD (range)		
		Left-right	Superior-inferior	Anterior-posterior
4V CBCT	96	1.7 \pm 1.1 (0.0-6.7)	1.6 \pm 0.9 (0.0-6.9)	1.7 \pm 1.1 (0.0-5.0)
MVCT	37	1.5 \pm 1.0 (0.1-5.1)	3.7 \pm 1.7 (0.1-8.2)	1.9 \pm 0.9 (0.0-7.3)
Overall	133	1.7 \pm 1.0 (0.0-6.7)	2.2 \pm 1.5 (0.1-8.2)	1.8 \pm 1.0 (0.0-7.3)

Cui et al, Red J, 2011; 81:305-312.

Question: Which one of the following answers represents the best estimate of the inter-observer variation in image registration in lung SBRT?

- 20% 1. 1 mm
- 20% 2. 2 mm
- 20% 3. 3 mm
- 20% 4. 5 mm
- 20% 5. >5 mm

10

Discussion

Correct Answer:

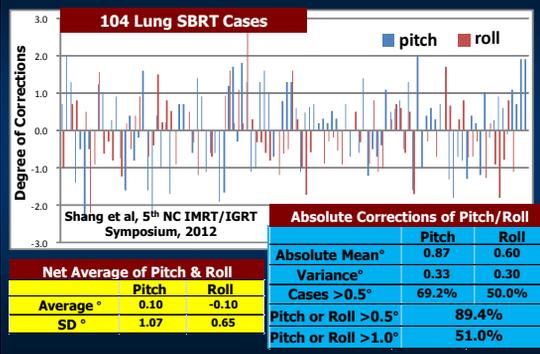
2. 2 mm

Reference:

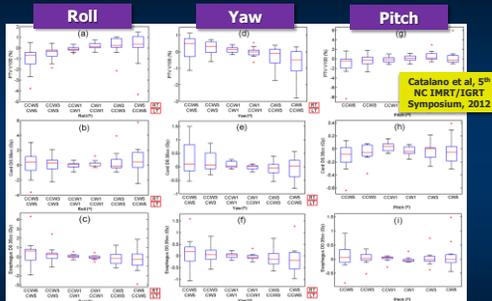
Cui Y, Galvin JM, Straube WL, Bosch WR, Purdy JA, Li XA, Xiao Y, Multi-system verification of registrations for image-guided radiotherapy in clinical trials. Int J Radiat Oncol Biol Phys, 2011; 81:305-312.

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Rotational Shifts in Lung SBRT

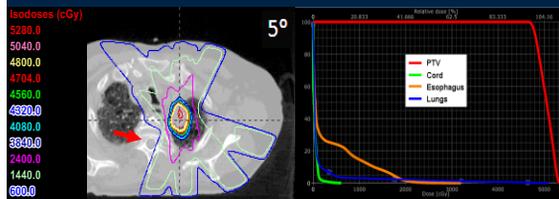


Dosimetric Effects of Rotations



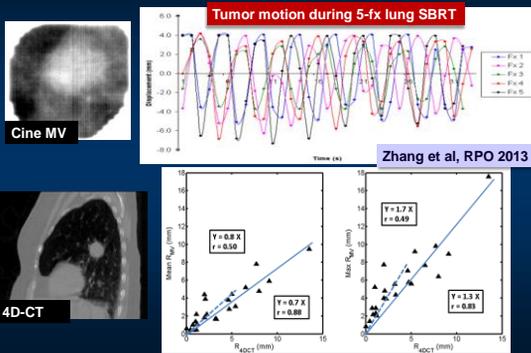
- 95.6% of all differences were <1% or <1Gy.
- Overall small dosimetric effects of uncorrected rotations.

Dosimetric Effects of Rotations

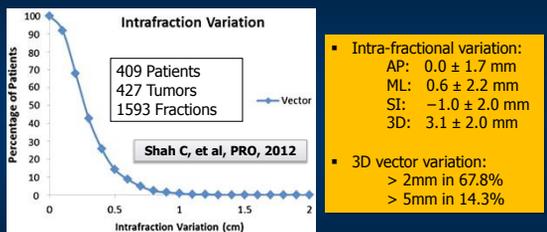


- Large inter-subject variations at large rotation angles.
- Up to 4% reduction in PTV coverage, 6 Gy increase in cord D0.35cc, and 4 Gy in Esophagus D0.35cc observed.

Cine MV: tumor motion during TX



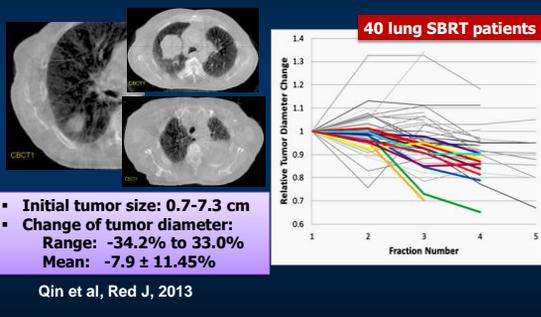
Intra-fractional Mean Tumor Position Shift



- Intra-fractional variation:
 - AP: 0.0 ± 1.7 mm
 - ML: 0.6 ± 2.2 mm
 - SI: -1.0 ± 2.0 mm
 - 3D: 3.1 ± 2.0 mm
- 3D vector variation:
 - > 2mm in 67.8%
 - > 5mm in 14.3%

- Depending on immobilization (Range: 2.3 – 3.3 mm)
- Body Frame < Alpha Cradle < Body Fix < Wing Board

Change of Tumor During Lung SBRT



- Initial tumor size: 0.7-7.3 cm
- Change of tumor diameter:
 - Range: -34.2% to 33.0%
 - Mean: $-7.9 \pm 11.45\%$

ExacTrac



ExacTrac 6D v.s. CBCT 6D

ML: 1.06 mm	Pitch: 1.22°
AP: 1.43 mm	Row: 0.64°
SI: 1.43 mm	Yaw: 1.66°

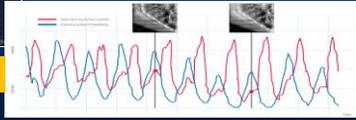
- Small but maybe clinically significant discrepancies between ExacTrac X-ray 6D and CBCT 6D match

Cyberknife



- Targeting error: 0.1 – 0.3 mm
- Correlation error: 0.3 – 2.5 mm
- Prediction error: 1.5 ± 0.8 mm
- Total error: 0.7 – 5.0 mm

Synchrony Respiratory Tracking System (RTS)



Pepin et al, Med Phys. 2011

Question: Which one of the following answers represents the best estimate of the mean intra-fractional 3D tumor position shift in lung SBRT?

- 20% 1. 1 mm
- 20% 2. 2 mm
- 20% 3. 3 mm
- 20% 4. 5 mm
- 20% 5. >5 mm

10

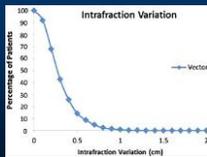
Discussion

Correct Answer:

3. 3 mm

Reference:

Shah C, Kestin LL, Hope AJ, Bissonnette JP, Guckenberger M, Xiao Y, Sonke JJ, Belderbos J, Yan D, Grills IS. Required target margins for image-guided lung SBRT: Assessment of target position intrafraction and correction residuals. *Prac Radiat Onco.* 3(1), 67-73.



409 Patients
427 Tumors
1593 Fractions

3D: 3.1 ± 2.0 mm

Onboard DTS Imaging

Courtesy from Dr. Ren of Duke University

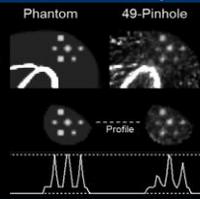
MRI for Image Guidance

On-Board SPECT



Courtesy from Dr. Bowsher of Duke University

- 4-min scans
- 7, 10 mm hot spots



- SPECT on robotic arm
- Molecular targeting
- Multi-Pinhole collimation

Summary

- Uncertainties exist in each step of image guidance of lung SBRT
- Understanding root causes and characteristics of these uncertainties is important for successful implementation of lung SBRT
- Next generation of on board imaging techniques has the potential to minimize uncertainties of image guidance of lung SBRT

Acknowledgements

Duke Radiation Oncology

Fang-Fang Yin, PhD
 Chris R. Kelsey, MD
 David S. Yoo, MD, PhD
 James Bowsher, PhD
 Lei Ren, PhD
 Yun Yang, PhD
 Yunfeng Cui, PhD
 Irina Vergalasova, PhD
 Suzanne Catalano, BS, CMD
 Rhonda May, BS, CMD

Duke Radiology

Paul Segars, PhD

Duke Medical Physics Program

Cindy Qin, MS
 Kate Turner, MS
 You Zhang, BS
 Xiao Liang, BS
 Qijie Huang, BS

Lynn Cancer Institute at Boca Raton Regional Hospital

Charles Shang, PhD

Duke Radiation Safety

Fan Zhang, MS