

# Elasticity Imaging: Principles

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## Elasticity Imaging – Goal

Remote  
non-invasive (or adjunct to invasive)  
imaging (or sensing) of  
mechanical properties of  
tissue for  
clinical applications

## Elasticity

Changes in tissue elasticity are related to pathological changes



Hippocrates

... Such swellings as are soft, free from pain, and yield to the finger. ... and are less dangerous than the others.  
 ... then, as are painful, hard, and large, indicate danger of speedy death: but such as are soft, free of pain, and yield when pressed with the finger, are more chronic than these.  
 THE BOOK OF PROGNOSTICS, Hippocrates, 400 B.C.

It is the business of the physician to know, in the first place, things similar and things dissimilar: ... which are to be seen, touched, and heard; which are to be perceived in the sight, and the touch, and the hearing, ... which are to be known by all the means we know other things.  
 ON THE SURGERY, Hippocrates, 400 B.C.

Hippocrates, 400 B.C.

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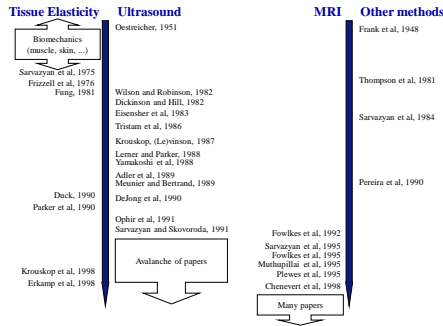
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# Elasticity Imaging – Glance at History

*Hippocrates, circa 460-377 B.C.*



## Mechanical Properties of Tissue

Elasticity (e.g., bulk and shear moduli)

Viscosity (e.g., bulk and shear viscosities)

Nonlinearity (e.g., strain hardening)

Other (e.g., anisotropy, pseudoelasticity)

## Mechanical Properties of Tissue

Elasticity (e.g., bulk and shear moduli)

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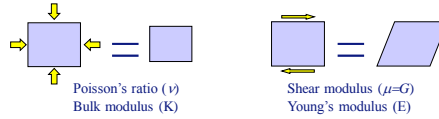
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# Elasticity

## Relations between various elastic constants

Constant	Common Pair		
	$\lambda, \mu$	E, $\nu$	K, G
$\lambda$	$\lambda$	$\frac{\nu E}{(1+\nu)(1-2\nu)}$	$K - \frac{2}{3}G$
$\mu$	$\mu$	$\frac{E}{2(1+\nu)}$	G
E	$\frac{\mu(3\lambda + 2\mu)}{(\lambda + \mu)}$	E	$\frac{9KG}{3K + G}$
$\nu$	$\frac{\lambda}{2(\lambda + \mu)} = 0.5 - \frac{\mu}{2(\lambda + \mu)}$	$\nu$	$\frac{3K - 2G}{6K + 2G}$
K	$\lambda + \frac{2}{3}\mu$	$\frac{E}{3(1-2\nu)}$	K
G	$\mu$	$\frac{E}{2(1+\nu)}$	G

## Which Elastic Moduli?



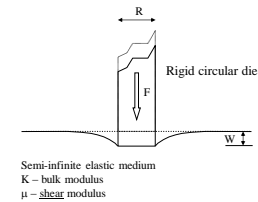
- Most soft tissues are incompressible, i.e., deformation produces no volume change

$$c_l = \sqrt{\frac{G}{\rho}} < c_t = \sqrt{\frac{K + \frac{4}{3}G}{\rho}} \rightarrow G \ll K \rightarrow \frac{G}{K} \rightarrow 0 \rightarrow \nu \rightarrow \frac{1}{2}$$

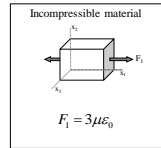
- In addition, due to tissue incompressibility, Young's modulus = 3 · shear modulus

$$E = 3\mu$$

## Human sense of touch – what do we feel?



$$F = 8RWG \left( 1 + \frac{K}{G} \right)^{-1} \xrightarrow{\frac{G}{K} \rightarrow 0} 8RW\mu$$



$$E = 3\mu$$

Static deformation of (nearly) incompressible material is primarily determined by shear or Young's modulus

Sarvazyan et al. 1995

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### Breast Tissue Elasticity and Pathology

Skovoroda et al., 1995, *Biophysics*, 40(6):1359-1364.

Breast Tissue Type	Normal gland	Infiltrative ductal cancer with alveolar tissue predominating	Fibroadenomas of glandular origin	Infiltrative ductal cancer with fibrous tissue predominating	Ductal fibroadenoma
Young's Modulus (kPa)	0.5-1.5	1.0-1.5	1.5-2.5	2.0-3.0	8.0-12.0

Krouskop et al., 1998, *Ultrasonic Imaging*, 20:260-274.

Breast Tissue Type	Tissue Elastic Modulus (kPa)					
	5% precompression			20% precompression		
	Loading frequency (Hz)		20 Hz	Loading frequency (Hz)		20 Hz
Normal fat (n = 8)	18 ± 7	19 ± 7	22 ± 12	20 ± 8	20 ± 6	24 ± 6
Normal glandular tissue (n = 3)	28 ± 14	33 ± 11	35 ± 14	48 ± 15	57 ± 19	66 ± 17
Fibrous tissue (n = 18)	96 ± 34	107 ± 31	116 ± 28	218 ± 87	232 ± 60	244 ± 85
Ductal carcinoma in situ (n = 23)	22 ± 8	25 ± 4	26 ± 5	291 ± 67	301 ± 58	307 ± 78
Invasive and infiltrating ductal carcinoma (n = 35)	106 ± 32	93 ± 33	112 ± 43	558 ± 180	490 ± 112	460 ± 178

### Breast Tissue Elasticity and Pathology

Wellman et al., 1999, *Harvard BiRobotics Laboratory Technical Report*.

Tissue Type	Elastic Modulus at Strain 0.01	SD	Elastic Modulus at Strain 0.05	SD	Elastic Modulus at Strain 0.10	SD	Elastic Modulus at Strain 0.15	SD
Fat	4.8	2.5	6.6	7	10.4	7.9	17.4	8.4
Gland	17.5	8.6	33	12.0	88.1	66.7	271.8	167.7
Phyllodes Tumor	56.6	0.0	90.8	8.6	164.3	0.0	297.7	0.0
Papilloma	22.2	5.8	54.4	19.7	169.7	80.6	537.8	209.1
Lobular Carcinoma	34.7	0.0	78.9	0.0	221.8	0.0	628.4	0.0
Fibroadenoma	45.5	20.1	100.5	39.6	288.4	110.9	889.2	205
Infiltrating Ductal Carcinoma	47.1	19.8	115.7	42.9	384.5	126.9	1366.5	348.2
Ductal Carcinoma in Situ	71.2	0.0	188.7	0.0	638.7	0.0	2162.1	0.0

Samani et al., 2003, *Physics in Medicine and Biology*, 48:2183-2198

	Adipose tissue	Fibroglandular tissue	High grade ductal carcinoma
$\nu$ (N m <sup>-1</sup> )	13.8	12.75	87.2
$E$ (kPa)	1.9	1.8	12.0

### Elastic Properties of Prostate Gland

Aglyamov S.R. and Skovoroda A.R., 2000, *Biophysics*, 2000, 45(6).

		Prostate gland		
Canine prostate gland		Uniaxial compression	3-5	Parker et al. 1990
Human prostate gland	in normalcy	Indentation	1-4	Skovoroda et al. 1995
			1-1.3	
			1.3-1.5	
			1.5-2.0	
			2.3-3.0	
Human prostate gland in vitro			3.4-3.7	Dreiner et al. 1999
			3.7-4.5	
			100 Hz	
			300 Hz	
			500 Hz	
Prostate gland	central zone	SMB measurement of shear wave velocity	100 Hz	Krouskop et al. 1998
			300 Hz	
			500 Hz	
			100 Hz	
			300 Hz	
Prostate gland	peripheral zone	Impedance measurements (frequency 0.1-4 Hz)	55 ± 14	
			62 ± 19	
			38 ± 8	
			96 ± 19	
			front part in normalcy	
back part in normalcy				
benign hyperplasia				
cancer tumor				

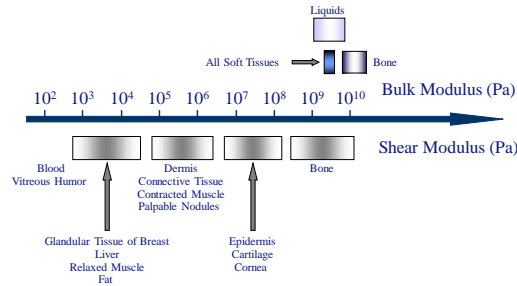
1\* Adipose tissue.  
 2\* Fibrous nodes.  
 3\* Cytically degenerated nodes.  
 4\* Connective tissue membranes of nodes.  
 5\* HBM nodes.

## Elastic Properties of Arteries

Sarvazyan A.P., 2001, "In: Handbook of Elastic Properties of Solids, Liquids and Gases.

Type of soft tissue	E, kPa	Comments	Reference
<b>Artery</b>			
<i>human, in vitro</i>			
Thoracic aorta	300-940	For normal physiological conditions of longitudinal tension and distending blood pressure, below 200 mm Hg.	McDonald, 1974
Abdominal aorta	980-1,420		
Iliac artery	1,100-3,500		
Femoral artery	1,200-5,500		
Ascending aorta	183-582	M-mode echocardiography in different age groups.	Alexandri et al., 1995
Coronary artery	1,060-4,110	Represents values for various ages (0-80 y.o.) and atherosclerosis conditions in right and left arteries.	Ozolanta et al., 1998
<i>rat, in vitro</i>			
mesenteric small arteries	100-1,500	Equilibrated at intraluminal pressure of 45 mmHg, media thickness and lumen diameter were measured in the applied 3 - 140 mmHg intraluminal pressure range.	Intengan et al., 1998
aortic wall	700-1,600	Range includes measurements for normal vs spontaneously hypertensive animals.	Marque et al., 1999
<i>porcine, in vitro</i>			
thoracic aorta		Bending experiments were used to impose various strains on different layers of tested blood vessels.	Fung, 1993
intima-media layer	43		
adventitia layer	4.7		
ascending aorta	447		
intima-media layer	112		
adventitia layer	248		
descending aorta	69		
intima-media layer			
adventitia layer			

## Contrast in Elasticity Imaging



Sarvazyan et al, 1995

## Contrast Mechanism in Other Imaging Modalities

Computerized Tomography:  
*spatial distribution of the absorption (density)*

MRI:  
*proton spin density and relaxation time constants*

Ultrasound Imaging:  
*variation in acoustical impedance (bulk modulus and density)*

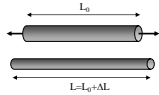
Optical Imaging:  
*refraction index, absorption/scattering*

## Theory of Elasticity

- Strain
- Stress
- Constitutive relationships
- Equations of equilibrium
- Equations of motion (wave equation)
- References

## Strain

### 1-D deformation



Lagrangian strain:

$$\epsilon = \frac{1}{2} \left( \frac{L^2 - L_0^2}{L_0^2} \right)$$

Other strains:

$$\frac{L - L_0}{L_0}; \frac{L - L_0}{L}; \frac{1}{2} \left( \frac{L^2 - L_0^2}{L^2} \right)$$

Small deformations:

$$\frac{\Delta L}{L_0} \ll 1 \rightarrow \frac{1}{2} \left( \frac{\Delta L^2}{L_0^2} \right); \frac{L - L_0}{L_0}; \frac{1}{2} \left( \frac{\Delta L^2}{L^2} \right)$$

### Strain Tensor

$$\begin{pmatrix} \epsilon_{11} & \epsilon_{12} & \epsilon_{13} \\ \epsilon_{21} & \epsilon_{22} & \epsilon_{23} \\ \epsilon_{31} & \epsilon_{32} & \epsilon_{33} \end{pmatrix}$$

General:

$$\epsilon_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} + \frac{\partial u_k}{\partial x_i} \frac{\partial u_k}{\partial x_j} \right)$$

Symmetry:

$$\epsilon_{ij} = \epsilon_{ji}$$

Normal strain components:

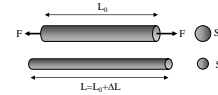
$$\epsilon_{11}; \epsilon_{22}; \epsilon_{33}$$

Shear strain components:

$$\epsilon_{12} = \epsilon_{21}; \epsilon_{23} = \epsilon_{32}; \epsilon_{31} = \epsilon_{13}$$

## Stress

### 1-D example



Cauchy stress:

$$\sigma = \frac{F}{S}$$

Other stresses:

$$\frac{F}{S_0}; \frac{F}{S_0} \frac{L_0}{L}$$

Small deformations:

$$\frac{\Delta L}{L_0} \ll 1 \rightarrow \frac{F}{S}; \frac{F}{S_0} \frac{L_0}{L}$$

### Stress Tensor

$$\begin{pmatrix} \sigma_{11} & \sigma_{12} & \sigma_{13} \\ \sigma_{21} & \sigma_{22} & \sigma_{23} \\ \sigma_{31} & \sigma_{32} & \sigma_{33} \end{pmatrix}$$

Symmetry:

$$\sigma_{ij} = \sigma_{ji}$$

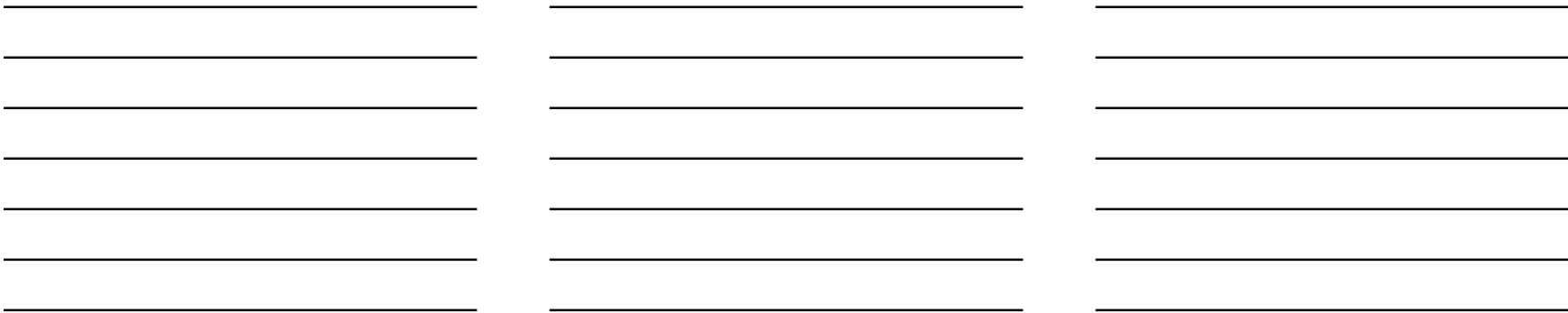
### Normal and Shear Stresses

Normal stress components:

$$\sigma_{11}; \sigma_{22}; \sigma_{33}$$

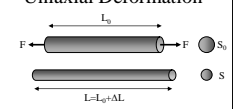
Shear stress components:

$$\sigma_{12} = \sigma_{21}; \sigma_{23} = \sigma_{32}; \sigma_{31} = \sigma_{13}$$



## Constitutive Relations

### Uniaxial Deformation



$\sigma_{11} = E \epsilon_{11}$   
E – Young's modulus

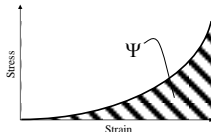
$\nu = -\frac{\epsilon_{22}}{\epsilon_{11}}$   
ν – Poisson's ratio

This is **not** a definition of a Poisson's ratio

### General Concept

$$\sigma_{ij} = \frac{\partial \Psi}{\partial \epsilon_{ij}}$$

$\Psi$  – strain energy function or potential



Examples:  
Rubber – Mooney-Rivlin function  
Foam – Blatz-Ko potential  
Tissue – ??? (Fung 1981)

## Constitutive Relations

### Generalized Hooke's Law

Strain energy (linear, anisotropic material):

$$\Psi = \Psi_0 + \frac{1}{2} C_{ijmn} \epsilon_{ij} \epsilon_{mn}$$

Stress-strain relations:

$$\sigma_{ij} = C_{ijmn} \epsilon_{mn}$$

81 constants	→	$C_{ijmn} = C_{imjn}$ $C_{ijmn} = C_{nijm}$	→	21 constants
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Symmetry:  
one plane (monoclinic) – 13  
two orthogonal planes (orthotropic) – 9  
one axis (transversely isotropic) – 5  
(cubic) – 3

### Hooke's Law

Strain energy (linear, isotropic material):

$$\Psi = \Psi_0 + \frac{\lambda}{2} \epsilon_{ii}^2 + \mu \epsilon_{ij}^2$$

Stress-strain relations:

$$\sigma_{ij} = \lambda \epsilon_{ii} \delta_{ij} + 2\mu \epsilon_{ij}$$

Two elastic constants (λ and μ, for example)  
are needed to describe linear isotropic material

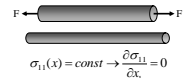
### Nonlinearity

Strain energy:  
 $\Psi = \Psi(I_1, I_2, I_3)$

Stress-strain relations:  
Nonlinear

## Equations of Equilibrium

### 1-D example



$$\sigma_{11}(x) = \text{const} \rightarrow \frac{\partial \sigma_{11}}{\partial x_1} = 0$$

Remarks:

- Generally, both elastic moduli are functions of coordinate:  $\lambda = \lambda(x_1, x_2, x_3)$  and  $\mu = \mu(x_1, x_2, x_3)$
- In **forward** problem formulation, there are 15 equations and 15 unknowns ( $\sigma_{ij}$ ,  $u_i$ )
- The existence and uniqueness of the solution can be demonstrated

### General

Equilibrium (Newton's 2<sup>nd</sup> law)

$$\sum_j \frac{\partial \sigma_{ij}}{\partial x_j} + f_i = 0$$

*f<sub>i</sub>* – body (volumetric) forces, e.g., gravity

Constitutive (stress-strain) relations:

$$\sigma_{ij} = \frac{\partial \Psi}{\partial \epsilon_{ij}} \quad (\text{e.g., } \sigma_{ij} = \lambda \epsilon_{ii} \delta_{ij} + 2\mu \epsilon_{ij})$$

Strain-displacement relations:

$$\epsilon_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} + \frac{\partial u_k}{\partial x_l} \frac{\partial u_l}{\partial x_j} \right)$$

Derive 1-D equation of equilibrium for E=const

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## Equations of Equilibrium

Small deformations of linear, isotropic (i.e., Hookean) material

$$\frac{\partial}{\partial x_1} \left( \lambda \left( \frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3} \right) + \frac{\partial}{\partial x_1} (2\mu \frac{\partial u_1}{\partial x_1}) + \frac{\partial}{\partial x_2} \left( \mu \left( \frac{\partial u_1}{\partial x_2} + \frac{\partial u_2}{\partial x_1} \right) \right) + \frac{\partial}{\partial x_3} \left( \mu \left( \frac{\partial u_1}{\partial x_3} + \frac{\partial u_3}{\partial x_1} \right) \right) \right) + f_1 = 0$$

$$\frac{\partial}{\partial x_2} \left( \lambda \left( \frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3} \right) + \frac{\partial}{\partial x_1} \left( \mu \left( \frac{\partial u_2}{\partial x_1} + \frac{\partial u_1}{\partial x_2} \right) \right) + \frac{\partial}{\partial x_2} (2\mu \frac{\partial u_2}{\partial x_2}) + \frac{\partial}{\partial x_3} \left( \mu \left( \frac{\partial u_2}{\partial x_3} + \frac{\partial u_3}{\partial x_2} \right) \right) \right) + f_2 = 0$$

$$\frac{\partial}{\partial x_3} \left( \lambda \left( \frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3} \right) + \frac{\partial}{\partial x_1} \left( \mu \left( \frac{\partial u_3}{\partial x_1} + \frac{\partial u_1}{\partial x_3} \right) \right) + \frac{\partial}{\partial x_2} \left( \mu \left( \frac{\partial u_3}{\partial x_2} + \frac{\partial u_2}{\partial x_3} \right) \right) + \frac{\partial}{\partial x_3} (2\mu \frac{\partial u_3}{\partial x_3}) \right) + f_3 = 0$$

Boundary (force and/or displacement) conditions

$$\left( \sum_j \sigma_{ij} n_j - F_i \right) \delta(u_i - u_i^0) = 0 \quad \mathbf{n} = (n_1, n_2, n_3) - \text{unit normal vector at the surface}$$

$u^0$  - surface displacement components

Free surface (i.e.,  $F_i=0$ ):  $\sum_j \sigma_{ij} = 0 \Rightarrow \sigma_{i1} + \sigma_{i2} + \sigma_{i3} = 0$       Mixed boundary conditions:  $\sigma_{i1} + \sigma_{i2} + \sigma_{i3} = F_i$

Displaced surface:  $\delta(u_i - u_i^0) = 0 \Rightarrow u_i = u_i^0$

To describe elastic properties of linear isotropic material, how many moduli of elasticity are required:

21% 1. One modulus

7% 2. Two moduli

29% 3. Three moduli

21% 4. Four moduli

21% 5. Five moduli

To describe elastic properties of linear isotropic material, how many moduli of elasticity are required:

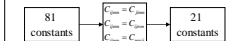
Generalized Hooke's Law

Strain energy (linear, anisotropic material):

$$\Psi = \Psi_0 + \frac{1}{2} C_{ijkl} \epsilon_{ij} \epsilon_{kl}$$

Stress-strain relations:

$$\sigma_{ij} = C_{ijkl} \epsilon_{kl}$$



Symmetry:

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two orthogonal planes (orthotropic) - 9  
one axis (transversely isotropic) - 5  
(cubic) - 3

Hooke's Law

Strain energy (linear, isotropic material):

$$\Psi = \Psi_0 + \frac{\lambda}{2} \epsilon_a^2 + \mu \epsilon_{ij}^2$$

Stress-strain relations:

$$\sigma_{ij} = \lambda \epsilon_a \delta_{ij} + 2\mu \epsilon_{ij}$$

Two elastic constants ( $\lambda$  and  $\mu$ , for example) are needed to describe linear isotropic material

Nonlinearity

Strain energy:

$$\Psi = \Psi(I_1, I_2, I_3)$$

Stress-strain relations:

Nonlinear



## Mechanical Properties of Tissue

Elasticity (e.g., bulk and shear moduli)

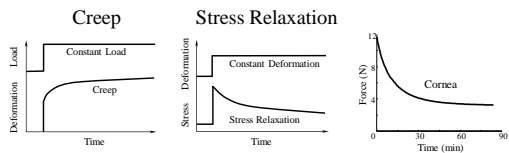
Viscosity (e.g., bulk and shear viscosities)

Nonlinearity (e.g., strain hardening)

Other (e.g., anisotropy, pseudoelasticity)

## Viscosity

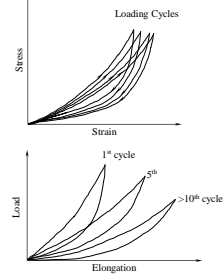
- Shear viscosity: shear waves
- Bulk viscosity: longitudinal ultrasound waves
- Viscoelastic models: Maxwell, Voigt, Kelvin, KVFD, etc.



- Is there a characteristic time?

## Viscosity → Equations of Motion

- Hysteresis loops: independent of the rate of loading (most soft tissues)



Equilibrium (Newton's 2<sup>nd</sup> law)

$$\sum_i \frac{\partial \sigma_{ij}}{\partial x_j} + f_i = \rho \frac{\partial^2 u_i}{\partial t^2}$$

Constitutive (stress-strain) relations:

$$\sigma_{ij} = \lambda \epsilon_{kk} \delta_{ij} + 2\mu \epsilon_{ij} + \xi \frac{\partial \epsilon_{kk}}{\partial t} \delta_{ij} + 2\eta \frac{\partial \epsilon_{ij}}{\partial t}$$

$\eta$  - shear viscosity  
 $\xi$  - bulk viscosity

- Bulk and shear viscosities are introduced
- Four (4) parameters are needed to describe mechanical properties of the viscoelastic material
- There are various models to describe constitutive relations, e.g., Voight model, Maxwell model, Kelvin model, etc.

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To describe viscoelastic properties of linear isotropic material, how many parameters are required:

- 0% 1. One parameter
- 23% 2. Two parameters
- 18% 3. Three parameters
- 0% 4. Four parameters
- 18% 5. Five parameters

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To describe viscoelastic properties of linear isotropic material, how many parameters are required:

Equilibrium (Newton's 2<sup>nd</sup> law)

$$\sum_j \frac{\partial \sigma_{ij}}{\partial x_j} + f_i = \rho \frac{\partial^2 u_i}{\partial t^2}$$

Constitutive (stress-strain) relations:

$$\sigma_{ij} = \lambda e_i e_j + 2\mu e_{ij} + \xi \frac{\partial e_i e_j}{\partial t} + 2\eta \frac{\partial e_{ij}}{\partial t}$$

$\eta$  - shear viscosity  
 $\xi$  - bulk viscosity

- Bulk and shear viscosities are introduced
- **Four (4) parameters are needed to describe mechanical properties of the viscoelastic material**
- There are various models to describe constitutive relations, e.g., Voight model, Maxwell model, Kelvin model, etc.

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## Mechanical Properties of Tissue

- Elasticity (e.g., bulk and shear moduli)
- Viscosity (e.g., bulk and shear viscosities)
- Nonlinearity (e.g., strain hardening)
- Other (e.g., anisotropy, pseudoelasticity)

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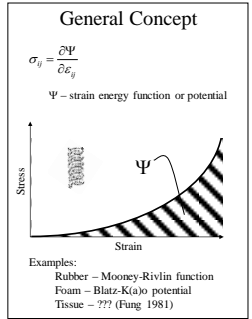
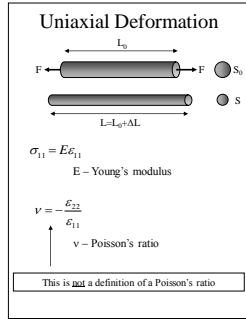
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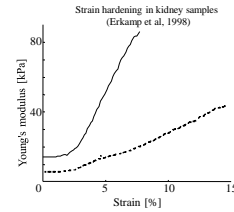
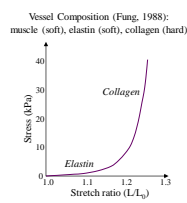
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# Nonlinearity → Constitutive Relations

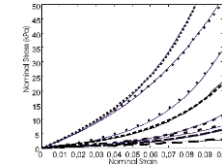


# Strain hardening

- Most soft tissues exhibit strain hardening
- Tissues of organs with primary “mechanical” functions (muscle, skin, tendon, etc.)
- Other tissues (kidney, brain, blood clot, etc.)
- Strain hardening is more common although strain softening is possible



# Strain hardening



- ..... Ductal Carcinoma In Situ
- ..... Infiltrating Ductal Carcinoma
- ..... Fibroadenoma
- ..... Lobular Carcinoma
- ..... Papilloma
- ..... Phylloides Tumor
- ..... Glandular Tissue
- ..... Fat

Tissue Type	Ratio to Fat at			
	Strain = 0.01	Strain = 0.05	Strain = 0.10	Strain = 0.15
Gland	4	5	8	16
Phylloides Tumor	12	14	16	17
Papilloma	5	8	16	31
Lobular Carcinoma	7	12	21	36
Fibroadenoma	9	15	28	51
Infiltrating Ductal Carcinoma	10	18	37	79
Ductal Carcinoma in Situ	15	29	61	124

Table 4: The ratio of elastic modulus of each tissue type to fat at 4 different strain levels.

Weisman et al., 1999

## Strain hardening

This and other graphs as well as other literature data suggest that tissue strain hardening (or nonlinearity in stress-strain relations) can be used for tissue analysis including composition, differentiation, etc.

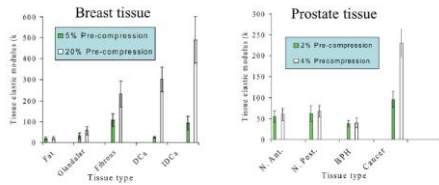


Figure 1. Tissue elastic moduli obtained from normal and abnormal breast and prostate tissues [26]. DCa = ductal carcinoma, IDCa = intraductal carcinoma, N. Ant. = anterior portion of the normal prostate, N. Post. = posterior portion of the normal prostate, BPH = benign prostatic hyperplasia.

Kouskopoulos et al., 1998  
Cifni et al., 2001

## Mechanical Properties of Tissue

Elasticity (e.g., bulk and shear moduli)

Viscosity (e.g., bulk and shear viscosities)

Nonlinearity (e.g., strain hardening)

Other (e.g., anisotropy, pseudoelasticity)

## Anisotropy → Constitutive Relations

### Generalized Hooke's Law

Strain energy (linear, anisotropic material):

$$\Psi = \Psi_0 + \frac{1}{2} C_{ijkl} \epsilon_{ij} \epsilon_{kl}$$

Stress-strain relations:

$$\sigma_{ij} = C_{ijkl} \epsilon_{kl}$$



Symmetry:

- one plane (monoclinic) – 13
- two orthogonal planes (orthotropic) – 9
- one axis (transversely isotropic) – 5
- (cubic) – 3

### Hooke's Law

Strain energy (linear, isotropic material):

$$\Psi = \Psi_0 + \frac{\lambda}{2} \epsilon_a^2 + \mu \epsilon_{ij}^2$$

Stress-strain relations:

$$\sigma_{ij} = \lambda \epsilon_a \delta_{ij} + 2\mu \epsilon_{ij}$$

Two elastic constants ( $\lambda$  and  $\mu$ , for example) are needed to describe linear isotropic material

### Nonlinearity

Strain energy:

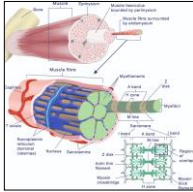
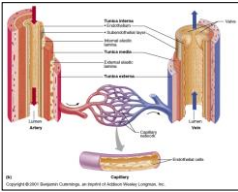
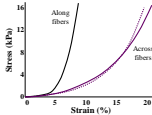
$$\Psi = \Psi(I_1, I_2, I_3)$$

Stress-strain relations:

Nonlinear

# Anisotropy

- Arterial wall: orthotropic material – 9 constants  
two orthogonal planes of symmetry
- Muscle: transversely isotropic – 5 constants  
axis of symmetry
- Isotropic – 2 constants



To describe elastic properties of linear anisotropic material, how many parameters are required:

- 8% 1. One parameter
- 4% 2. Two parameters
- 4% 3. Nine parameters
- 8% 4. Twenty one parameters
- 21% 5. Infinite set of parameters

To describe elastic properties of linear anisotropic material, how many parameters are required

**Generalized Hooke's Law**

Strain energy (linear, anisotropic material):

$$\Psi = \Psi_0 + \frac{1}{2} C_{ijkl} e_{ij} e_{kl}$$

Stress-strain relations:

$$\sigma_{ij} = C_{ijkl} e_{kl}$$

81 constants	$C_{1111} = C_{2222}$ $C_{1122} = C_{2211}$ $C_{1133} = C_{2233}$	21 constants
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Symmetry:

one plane (monoclinic) – 13  
two orthogonal planes (orthotropic) – 9  
one axis (transversely isotropic) – 5  
(cubic) – 3

**Hooke's Law**

Strain energy (linear, isotropic material):

$$\Psi = \Psi_0 + \frac{\lambda}{2} e_a^2 + \mu e_{ij}^2$$

Stress-strain relations:

$$\sigma_{ij} = \lambda e_a \delta_{ij} + 2\mu e_{ij}$$

Two elastic constants ( $\lambda$  and  $\mu$ , for example) are needed to describe linear isotropic material

**Nonlinearity**

Strain energy:

$$\Psi = \Psi(I_1, I_2, I_3)$$

Stress-strain relations:  
Nonlinear

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- Nowazki W. Thermoelasticity. Pergamon Press; New York, 1983
- There are many other textbooks and archival publications

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- Other text books and archival publications

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## Elasticity Imaging – Approaches

Static (strain-based, or reconstructive)  
*imaging internal motion under static deformation*

Dynamic (wave-based)  
*imaging shear wave propagation*

Mechanical (stress-based, also reconstructive)  
*measuring tissue response at the surface*

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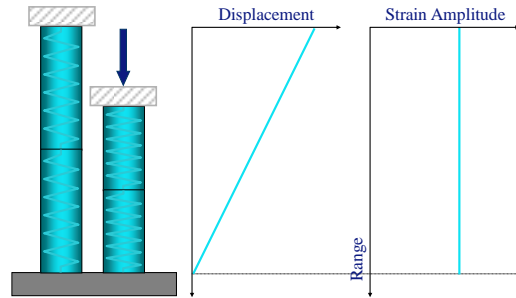
## Elasticity Imaging – Approaches

Static (strain-based, or reconstructive)  
*imaging internal motion under static deformation*

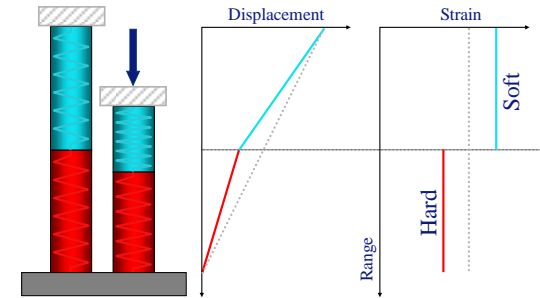
Dynamic (wave-based)  
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Mechanical (stress-based, also reconstructive)  
*measuring tissue response at the surface*

### How ... Static Elasticity Imaging?



### How ... Static Elasticity Imaging?




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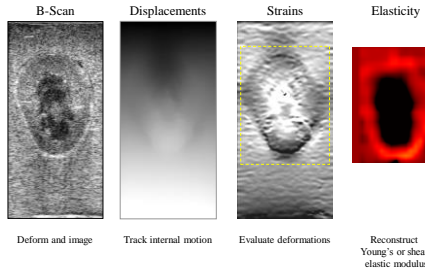
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## How ... Static Elasticity Imaging?

- Capture data during deformation
- Estimate displacement vector (3-D)
- Compute strain tensor (3-D)
- Reconstruct mechanical properties

## Static or Reconstructive Ultrasound Elasticity Imaging



## Elasticity Reconstruction: back to Equations of Equilibrium

Small deformations of linear, isotropic (i.e., Hookean) material

$$\frac{\partial}{\partial x_i} (\lambda (\frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3})) + \frac{\partial}{\partial x_1} (2\mu \frac{\partial u_1}{\partial x_1}) + \frac{\partial}{\partial x_2} (\mu (\frac{\partial u_1}{\partial x_2} + \frac{\partial u_2}{\partial x_1})) + \frac{\partial}{\partial x_3} (\mu (\frac{\partial u_1}{\partial x_3} + \frac{\partial u_3}{\partial x_1})) + f_1 = 0$$

$$\frac{\partial}{\partial x_2} (\lambda (\frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3})) + \frac{\partial}{\partial x_1} (\mu (\frac{\partial u_2}{\partial x_1} + \frac{\partial u_1}{\partial x_2})) + \frac{\partial}{\partial x_2} (2\mu \frac{\partial u_2}{\partial x_2}) + \frac{\partial}{\partial x_3} (\mu (\frac{\partial u_2}{\partial x_3} + \frac{\partial u_3}{\partial x_2})) + f_2 = 0$$

$$\frac{\partial}{\partial x_3} (\lambda (\frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3})) + \frac{\partial}{\partial x_1} (\mu (\frac{\partial u_3}{\partial x_1} + \frac{\partial u_1}{\partial x_3})) + \frac{\partial}{\partial x_2} (\mu (\frac{\partial u_3}{\partial x_2} + \frac{\partial u_2}{\partial x_3})) + \frac{\partial}{\partial x_3} (2\mu \frac{\partial u_3}{\partial x_3}) + f_3 = 0$$

Eliminating “non-measurable” parameters and assuming “2-D” case:

$$\frac{\partial}{\partial x_2} \left[ \frac{\partial}{\partial x_1} (2\mu \frac{\partial u_1}{\partial x_1}) + \frac{\partial}{\partial x_2} (\mu (\frac{\partial u_1}{\partial x_2} + \frac{\partial u_2}{\partial x_1})) \right] - \frac{\partial}{\partial x_1} \left[ \frac{\partial}{\partial x_1} (\mu (\frac{\partial u_2}{\partial x_1} + \frac{\partial u_1}{\partial x_2})) + \frac{\partial}{\partial x_2} (2\mu \frac{\partial u_2}{\partial x_2}) \right] = 0$$

*Second-order hyperbolic partial differential equation:*

*mechanical boundary conditions are required along two intersecting characteristics  
no assumptions are made regarding either  $\lambda(x_1, x_2)$  or Poisson's ratio*

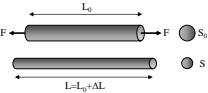



# Elasticity Imaging – Approaches

Static (strain-based, or reconstructive)  
*imaging internal motion under static deformation*

Dynamic (wave-based)  
*imaging shear wave propagation*

Mechanical (stress-based, also reconstructive)  
*measuring tissue response at the surface*



- **Strain**  

$$\epsilon_{11} = \frac{L - L_0}{L_0}$$
- **Stress**  

$$\sigma_{11} = \frac{F}{S}$$
- **Constitutive relationships**  

$$\sigma_{11} = E \epsilon_{11} \quad E - \text{Young's modulus}$$
- **Equations of motion**  

$$\frac{\partial \sigma_{11}}{\partial x_1} = \rho \frac{\partial^2 u_1}{\partial t^2}$$

## Theory of Elasticity (Dynamic Approach)

**General (3-D) case**

$$\epsilon_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} + \frac{\partial u_k}{\partial x_l} \frac{\partial u_l}{\partial x_k} \right)$$

$$\begin{pmatrix} \epsilon_{11} & \epsilon_{12} & \epsilon_{13} \\ \epsilon_{21} & \epsilon_{22} & \epsilon_{23} \\ \epsilon_{31} & \epsilon_{32} & \epsilon_{33} \end{pmatrix} \leftrightarrow \begin{pmatrix} \sigma_{11} & \sigma_{12} & \sigma_{13} \\ \sigma_{21} & \sigma_{22} & \sigma_{23} \\ \sigma_{31} & \sigma_{32} & \sigma_{33} \end{pmatrix}$$

$$\sigma_{ij} = \lambda \epsilon_{kk} \delta_{ij} + 2\mu \epsilon_{ij} + \xi \frac{\partial \epsilon_{kk}}{\partial t} \delta_{ij} + 2\eta \frac{\partial \epsilon_{ij}}{\partial t}$$

$$\sum_{i,j} \frac{\partial \sigma_{ij}}{\partial x_j} + f_i = \rho \frac{\partial^2 u_i}{\partial t^2}$$

## Example: plane waves

- Infinite homogeneous ( $\lambda, \mu = \text{const}$ ) elastic medium (i.e., ignore bulk and shear viscosities), no body forces ( $f=0$ )
- Assume that  $u_1 = u_1(x_1, t)$ ,  $u_2 = u_2(x_1, t)$ , and  $u_3 = u_3(x_1, t)$

$$\frac{\partial}{\partial x_1} \left( \lambda \left( \frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3} \right) \right) + \frac{\partial}{\partial x_1} (2\mu \frac{\partial u_1}{\partial x_1}) + \frac{\partial}{\partial x_2} (\mu \frac{\partial u_2}{\partial x_1} + \frac{\partial u_1}{\partial x_2}) + \frac{\partial}{\partial x_3} (\mu \frac{\partial u_3}{\partial x_1} + \frac{\partial u_1}{\partial x_3}) = \rho \frac{\partial^2 u_1}{\partial t^2}$$

$$\frac{\partial}{\partial x_2} \left( \lambda \left( \frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3} \right) \right) + \frac{\partial}{\partial x_1} (\mu \frac{\partial u_1}{\partial x_2} + \frac{\partial u_2}{\partial x_1}) + \frac{\partial}{\partial x_2} (2\mu \frac{\partial u_2}{\partial x_2}) + \frac{\partial}{\partial x_3} (\mu \frac{\partial u_3}{\partial x_2} + \frac{\partial u_2}{\partial x_3}) = \rho \frac{\partial^2 u_2}{\partial t^2}$$

$$\frac{\partial}{\partial x_3} \left( \lambda \left( \frac{\partial u_1}{\partial x_1} + \frac{\partial u_2}{\partial x_2} + \frac{\partial u_3}{\partial x_3} \right) \right) + \frac{\partial}{\partial x_1} (\mu \frac{\partial u_1}{\partial x_3} + \frac{\partial u_3}{\partial x_1}) + \frac{\partial}{\partial x_2} (\mu \frac{\partial u_2}{\partial x_3} + \frac{\partial u_3}{\partial x_2}) + \frac{\partial}{\partial x_3} (2\mu \frac{\partial u_3}{\partial x_3}) = \rho \frac{\partial^2 u_3}{\partial t^2}$$

$$(\lambda + 2\mu) \frac{\partial^2 u_1}{\partial x_1^2} - \rho \frac{\partial^2 u_1}{\partial t^2} = 0 \rightarrow \frac{\partial^2 u_1}{\partial x_1^2} - \frac{1}{c_l^2} \frac{\partial^2 u_1}{\partial t^2} = 0 \text{ where } c_l = \sqrt{\frac{\lambda + 2\mu}{\rho}} \text{ Longitudinal wave (ultrasound)}$$

$$\mu \frac{\partial^2 u_{2(3)}}{\partial x_1^2} - \rho \frac{\partial^2 u_{2(3)}}{\partial t^2} = 0 \rightarrow \frac{\partial^2 u_{2(3)}}{\partial x_1^2} - \frac{1}{c_s^2} \frac{\partial^2 u_{2(3)}}{\partial t^2} = 0 \text{ where } c_s = \sqrt{\frac{\mu}{\rho}} \text{ Shear waves !}$$



## Supersonic Shear Wave Imaging

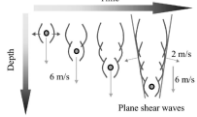
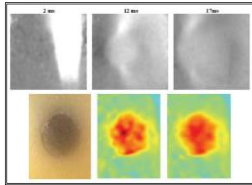
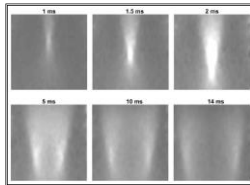


Fig. 4. Generation of the supersonic shear waves: the source is sequentially moved along the beam axis, creating two plane and shear waves.



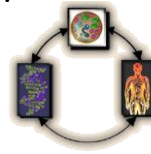
Bercoff et al. 2004

# Elasticity Imaging: Principles

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 The University of Texas at Austin

THE UNIVERSITY OF TEXAS AT AUSTIN  
 MD Anderson Cancer Center  
 Department of Imaging Physics  
 The University of Texas M.D. Anderson Cancer Center




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