



UCLA Health
Radiation Oncology



David Geffen
School of Medicine

HEALING MANKIND ONE PATIENT AT A TIME

PREDICTING TUMOR CONTROL FROM LUNG SBRT/SABR: A CLINICIAN'S PERSPECTIVE

JULY 22, 2014

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DISCLOSURES

☐ None



OBJECTIVES

- ❑ Understand the increasing role for lung SBRT/SABR
- ❑ Understand the need to balance tumor control and toxicity in choosing dose
- ❑ Understand difficulties and controversies in comparing dose amongst regimen (3DCRT to SBRT/SABR)
- ❑ Understand goals of SBRT Thoracic TCP Working Group – Preliminary Findings



SCOPE OF THE PROBLEM

LUNG CANCER

Estimated New Cases*

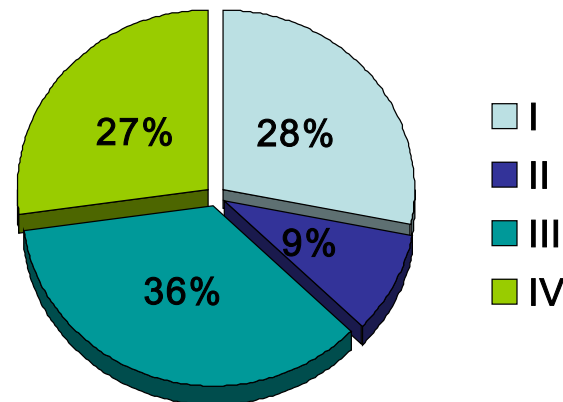
			Males	Females			
Prostate	217,730	28%			Breast	207,090	28%
Lung & bronchus	116,750	15%			Lung & bronchus	105,770	14%
Colon & rectum	72,090	9%			Colon & rectum	70,480	10%
Urinary bladder	52,760	7%			Uterine corpus	43,470	6%
Melanoma of the skin	38,870	5%			Thyroid	33,930	5%
Non-Hodgkin lymphoma	35,380	4%			Non-Hodgkin lymphoma	30,160	4%
Kidney & renal pelvis	35,370	4%			Melanoma of the skin	29,260	4%
Oral cavity & pharynx	25,420	3%			Kidney & renal pelvis	22,870	3%
Leukemia	24,690	3%			Ovary	21,880	3%
Pancreas	21,370	3%			Pancreas	21,770	3%
All Sites	789,620	100%			All Sites	739,940	100%

Estimated Deaths

			Males	Females			
Lung & bronchus	86,220	29%			Lung & bronchus	71,080	26%
Prostate	32,050	11%			Breast	39,840	15%
Colon & rectum	26,580	9%			Colon & rectum	24,790	9%
Pancreas	18,770	6%			Pancreas	18,030	7%
Liver & intrahepatic bile duct	12,720	4%			Ovary	13,850	5%
Leukemia	12,660	4%			Non-Hodgkin lymphoma	9,500	4%
Esophagus	11,650	4%			Leukemia	9,180	3%
Non-Hodgkin lymphoma	10,710	4%			Uterine Corpus	7,950	3%
Urinary bladder	10,410	3%			Liver & intrahepatic bile duct	6,190	2%
Kidney & renal pelvis	8,210	3%			Brain & other nervous system	5,720	2%
All Sites	299,200	100%			All Sites	270,290	100%

Stage Distribution: IASLC Lung Cancer Data Base

**Clinically Staged Cases,
N = 53,646**

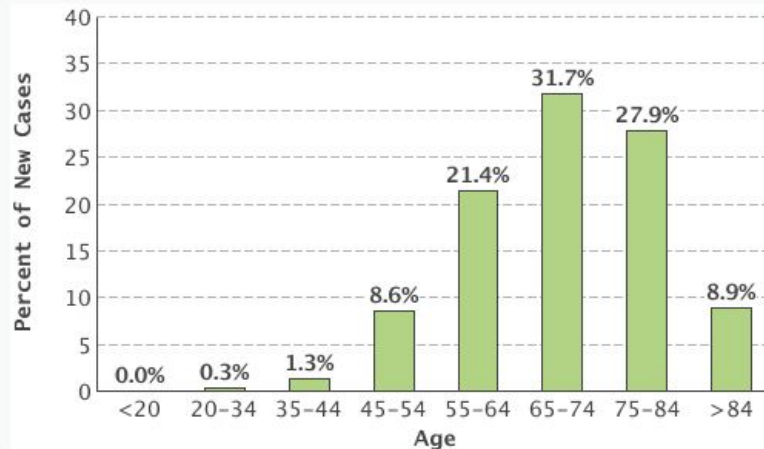


Jemal et al, CA Cancer J Clin 2010



LUNG CANCER BY AGE

Percent of New Cases by Age Group: Lung and Bronchus Cancer



Lung and bronchus cancer is most frequently diagnosed among people aged 65-74.

Median Age At Diagnosis

70

SEER 18 2007-2011, All Races, Both Sexes

Number of New Cases per 100,000 Persons by Race/Ethnicity & Sex: Lung and Bronchus Cancer

SEER, 2007-2011

EARLY STAGE NSCLC TREATMENT OPTIONS

□ Surgery

- ▣ Lobectomy/
pneumonectomy

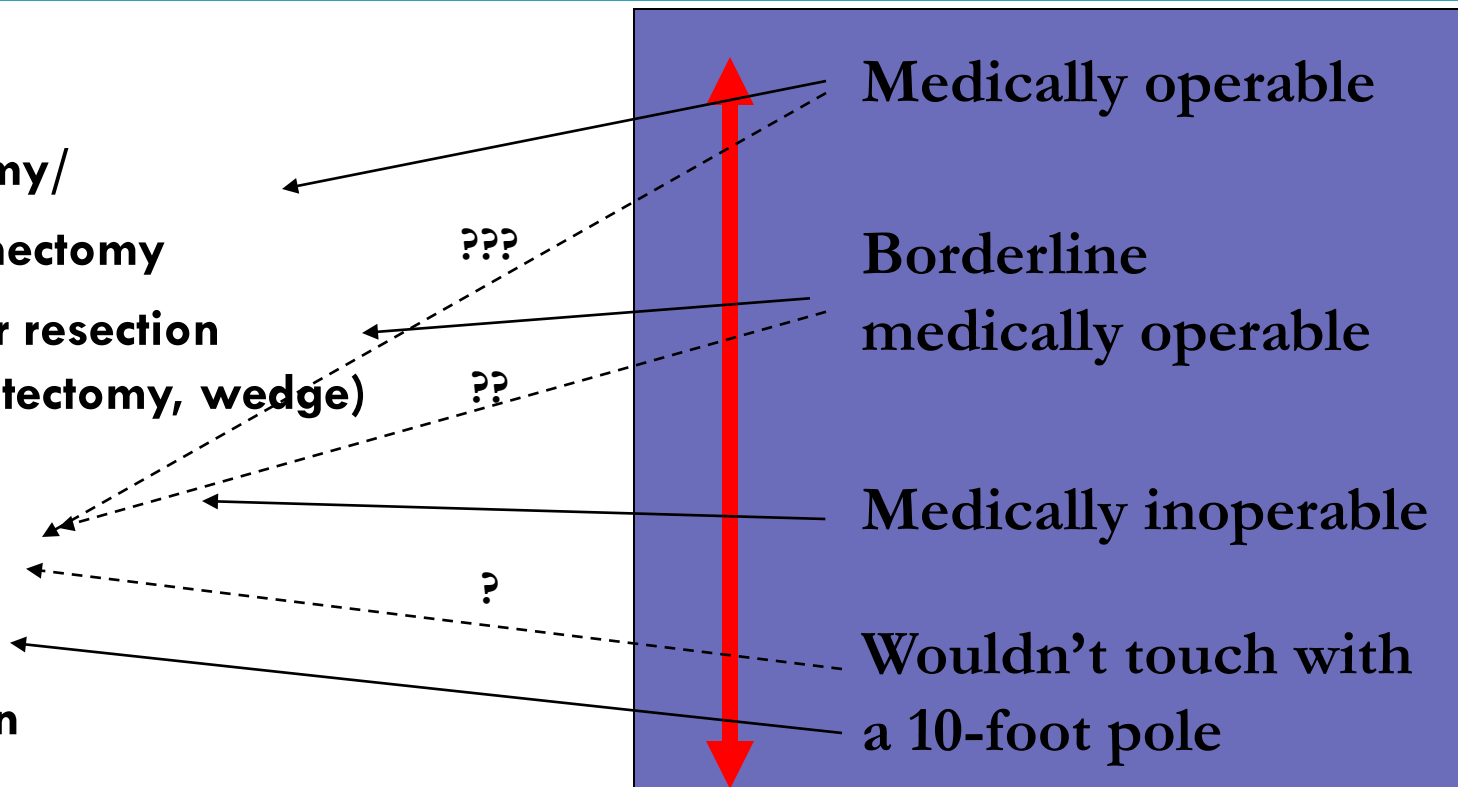
- ▣ Sublobar resection
(segmentectomy, wedge)

□ Radiation

- ▣ SBRT

- ▣ EBRT

□ Observation



Courtesy of J. Bradley

Percy Lee, M.D.



COULD LUNG SBRT PLAY A BIGGER ROLE IN THE TREATMENT OF EARLY STAGE NSCLC IN THE NEAR FUTURE?

LUNG CANCER SCREENING: NLST

- Purpose: Could yearly CT screening reduce lung cancer mortality compared to CXR screening?

Aberle D, et al., NEJM 2011



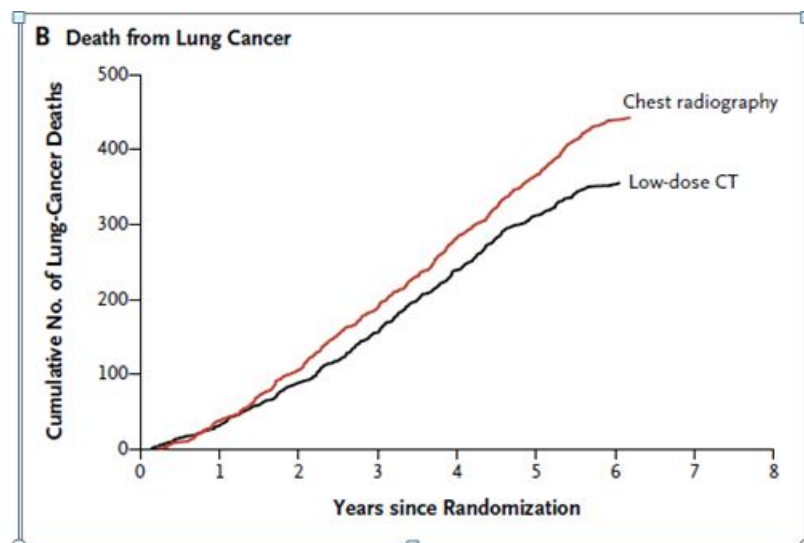
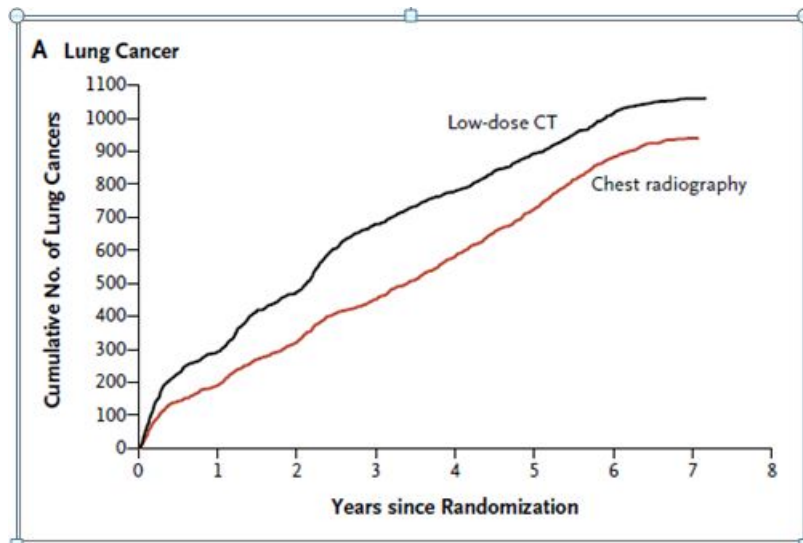
NLST

□ Results:

- ▣ 53,454 patients
- ▣ High risk: 55-74 years old, 30 pk-year, if former smoker, quit within previous 15 years
- ▣ Rates of positive screen: 24% vs. 7% (CT vs. CXR)
- ▣ 247 vs. 309 deaths from lung cancer per 100,000 person-year from CT vs. CXR
- ▣ 20% relative reduction in lung cancer mortality from low-dose CT screening (6.7% absolute reduction) compared to CXR screening

Aberle D, et al., NEJM 2011

NLST FINDINGS



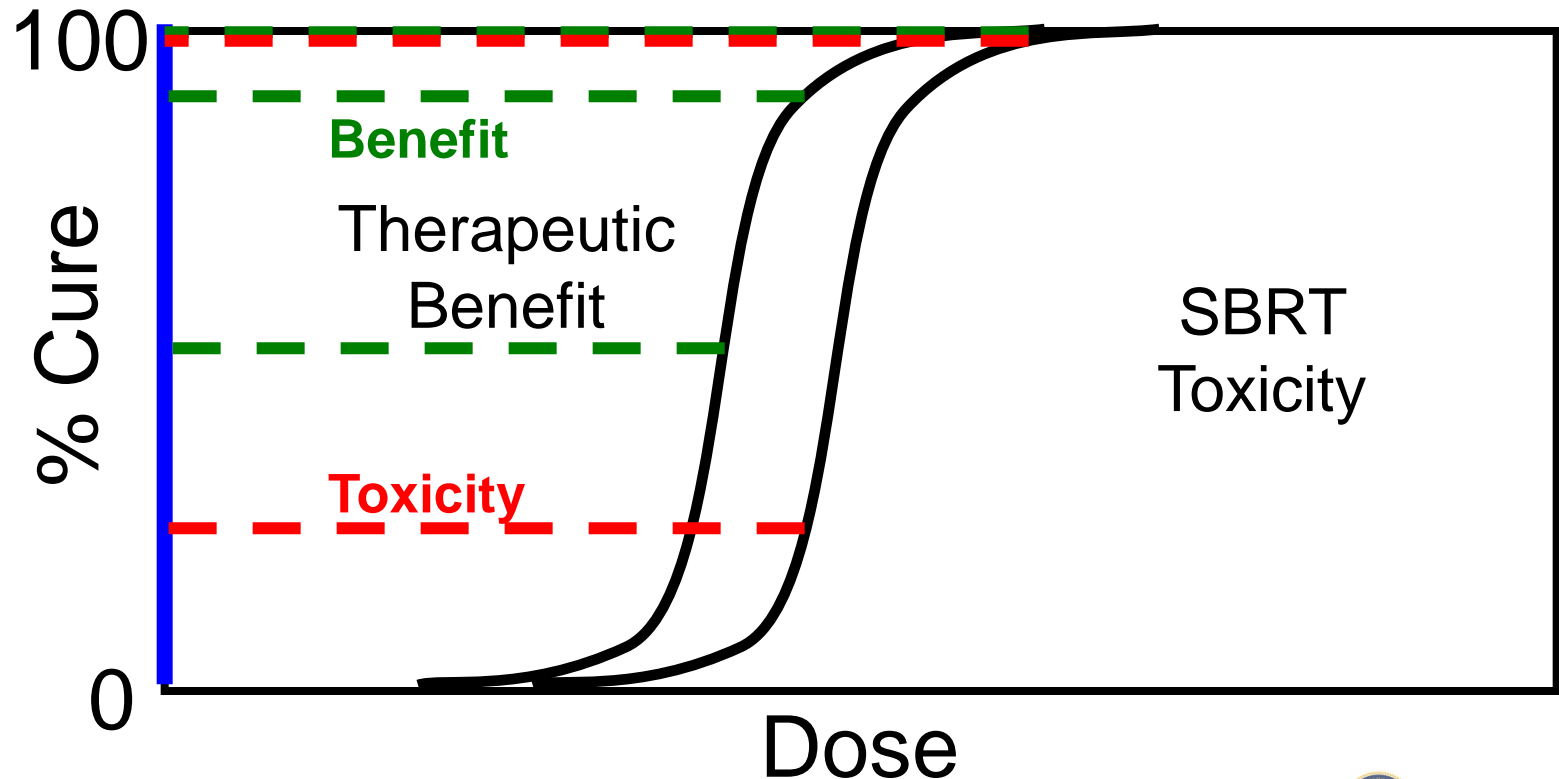
NLST CONCLUSIONS

- Yearly low-dose CT screening in high-risk population reduce lung cancer mortality compared to CXR screening
- Potentially, many of these patients are too frail for surgery: SBRT
- Possibly, more cancers are detected at earlier stage, obviating the need for surgery: SBRT

SBRT/SABR



THERAPEUTIC RATIO



RTOG 0236 – Peripheral Tumor SBRT Dose

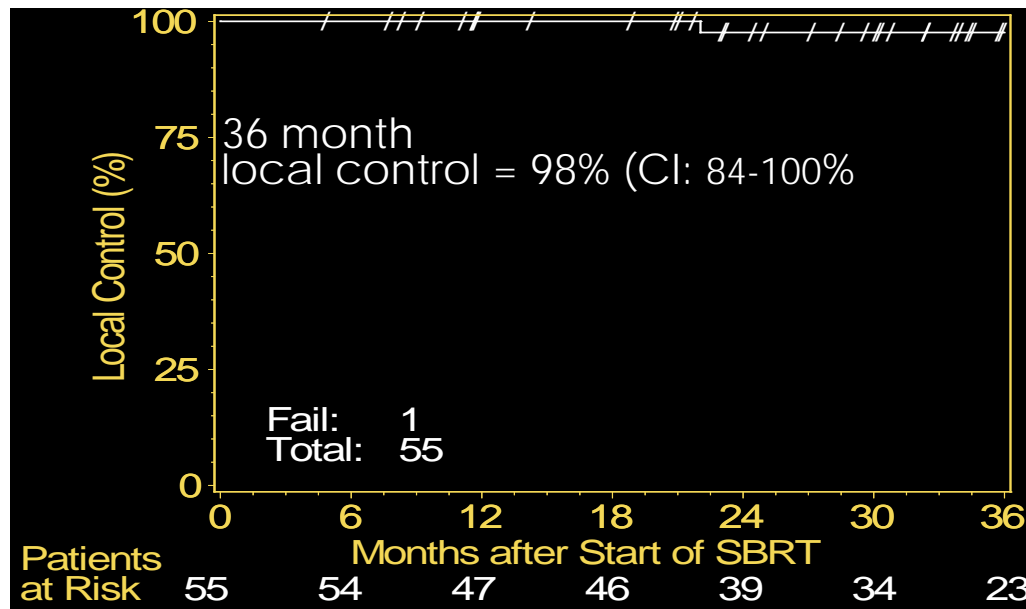


Stereotactic Body Radiation Therapy for Inoperable Early Stage Lung Cancer

Robert Timmerman; Rebecca Paulus; James Galvin; et al.

RTOG 0236:

- ❑ First North American cooperative group trial of SBRT
- ❑ Phase II: 55 pts (44 Stage IA, 11 Stage IB), medically inoperable, peripheral tumors
- ❑ 54 Gy in 3 treatments
- ❑ Tumor control: 98%, Survival 72% at 3 years, median OS 48 months



Central Tumor Toxicity with SBRT

VOLUME 24 • NUMBER 30 • OCTOBER 20 2006

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Excessive Toxicity When Treating Central Tumors in a Phase II Study of Stereotactic Body Radiation Therapy for Medically Inoperable Early-Stage Lung Cancer

Robert Timmerman, Ronald McGarry, Constantin Yiannoutsos, Lech Papiez, Kathy Tudor, Jill DeLuca, Marvene Ewing, Ramzi Abdulrahman, Colleen DesRosiers, Mark Williams, and James Fletcher

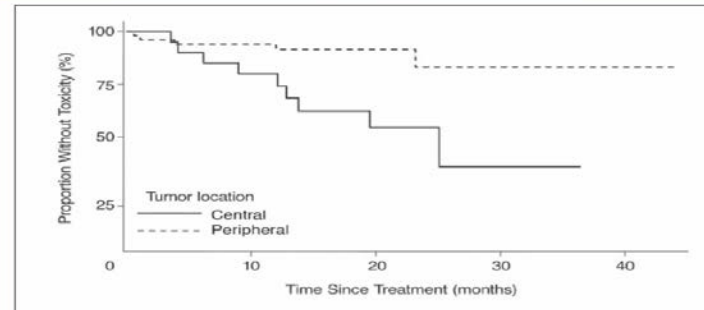
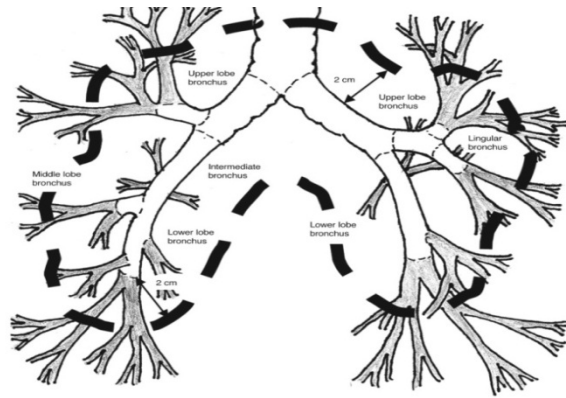


Fig 4. Kaplan-Meier plot of time from treatment until grade 3 to 5 treatment related toxicity comparing patients with tumors in the central (perihilar and central mediastinal) regions from those with more peripheral tumors.

TUMOR CONTROL RATE BY BED₁₀

Control Rates by BED₁₀ For All Patients

TABLE 2. Recurrence Rate According to the BED and Stage

	Total cases	BED <100 Gy	BED ≥100 Gy	<i>p</i>	Stage IA	Stage IB	<i>p</i>
Local tumor	36/257 (14.0%)	18/42 (42.9%)	18/215 (8.4%)	<0.01	20/164 (12.2%)	16/93 (17.2%)	0.21
Regional nodal metastasis	29/257 (11.3%)	9/42 (21.4%)	20/215 (9.3%)	<0.05	17/164 (10.4%)	12/93 (12.9%)	0.54
Distant metastasis	51/257 (19.8%)	11/42 (26.2%)	40/215 (18.6%)	0.3	32/164 (19.5%)	19/93 (20.4%)	0.87

BED, biological effective dose.

5y overall survival

19.7%

53.9%

sig

Onishi, H, JTO, 2007

OPTIMAL DOSE FOR PERIPHERAL TUMORS?

5 yr. OS by BED₁₀ in Medically Operable Patients

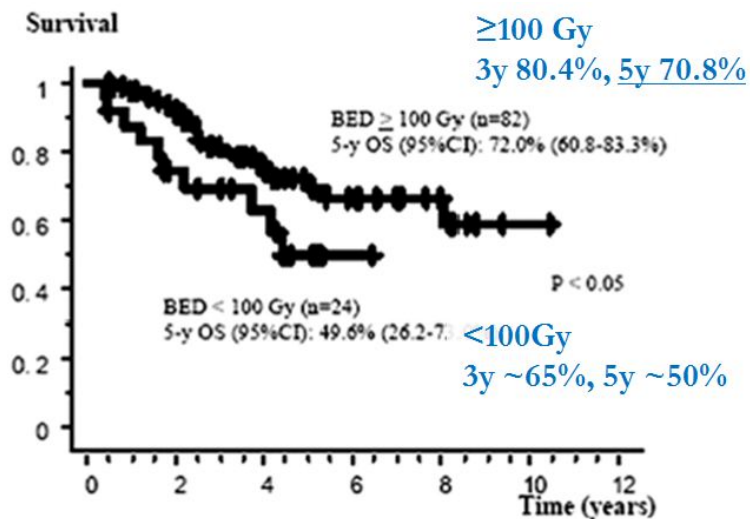


FIGURE 4. Overall survival rate in operable patients according to the biological effective dose (BED). OS, overall survival rate; CI, confidence interval.

$$BED = nd(1 + d/\alpha/\beta)$$

Schemes > 100 Gy:

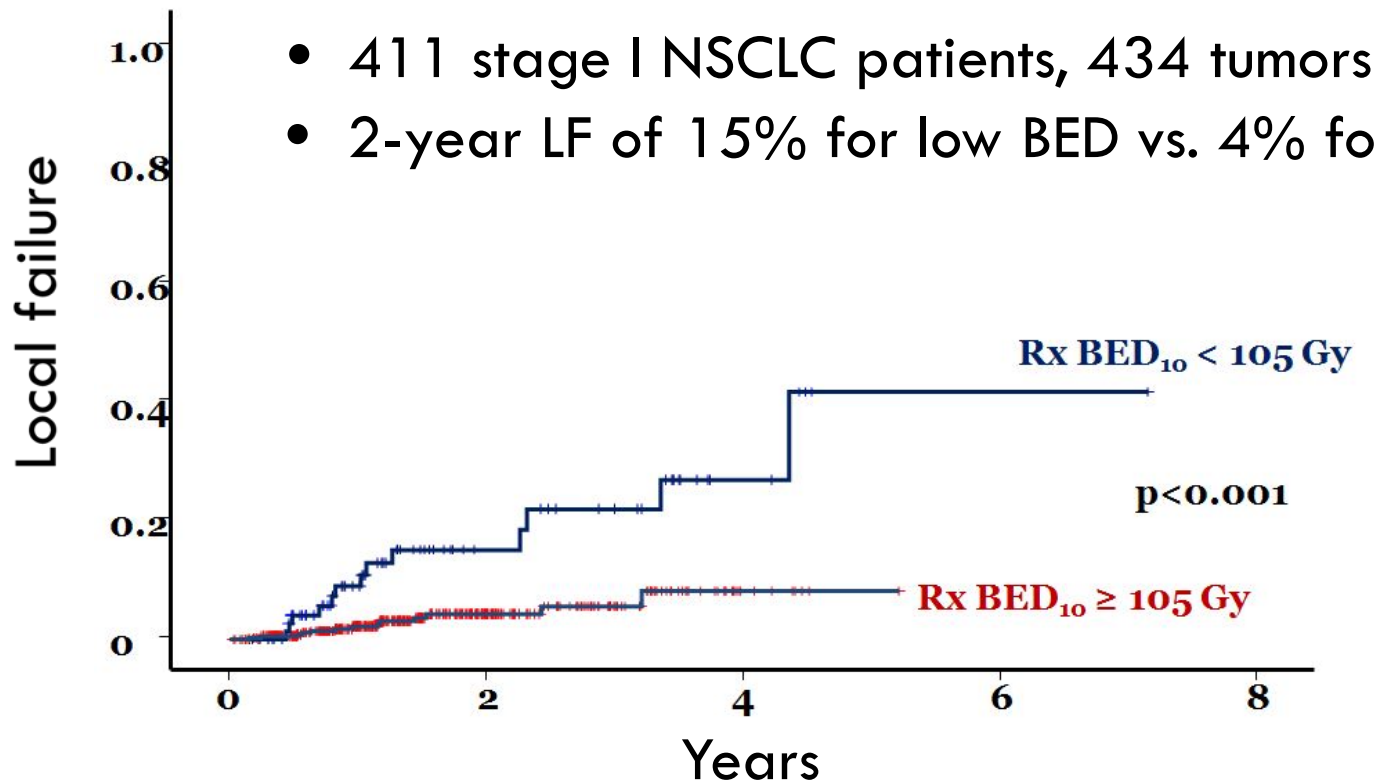
$$16 \text{ Gy} \times 3 = 48 \text{ Gy}$$

$$12 \text{ Gy} \times 4 = 48 \text{ Gy}$$

$$10 \text{ Gy} \times 5 = 50 \text{ Gy}$$

Onishi, H, JTO, 2007

ELEKTA CONSORTIUM: LOCAL FAILURE BY DOSE



Grills, I et al., JTO, 2012



Stereotactic body radiation therapy and 3-dimensional conformal radiotherapy for stage I non-small cell lung cancer: A pooled analysis of biological equivalent dose and local control

**Niraj Mehta MD, Christopher R. King MD, PhD, Nzhde Agazaryan PhD,
Michael Steinberg MD, Amanda Hua BA, Percy Lee MD***

*Department of Radiation Oncology, David Geffen School of Medicine at University of California Los Angeles,
Los Angeles, California*

DOSE RESPONSE LUNG SBRT

□ PURPOSE:

- ▣ Is there a relationship between tumor control probability (TCP) and the Biological Effective Dose (BED) in Stage I NSCLC?
- ▣ Is there evidence for further dose escalation?
- ▣ Are we really doing better than before (SBRT vs. 3DCRT)?

N. Mehta and P. Lee et al., PRO, 2012



METHODS

- ❑ 42 PUBLISHED STUDIES (48 DATA POINTS) – **Heterogeneous!**
- ❑ July 1988-March 2010
- ❑ Crude Local Control (TC) ≥ 2 years as a function of BED
- ❑ Scatter plot TC vs. BED
- ❑ $TCP = \exp([d-TCD_{50}]/k) / [1 + \exp([d-TCD_{50}]/k)]$
- ❑ Daily fraction size ≥ 6 Gy considered SBRT- **Assumptions!**

N. Mehta and P. Lee et al., PRO, 2012

RESULTS

- 2696 patients (SBRT: 1640; 3D-CRT: 1050)
- 704 adenoCA, 847 SCC, 1145 NOS
- Daily fx size 1.2 – 4 Gy (total dose: 48-103) for 3D-CRT
- Daily fx size 6-26 Gy (total dose 20-66) for SBRT
- Median aBED 105.6 Gy (59.6 – 286.6)

N. Mehta and P. Lee et al., PRO, 2012

RESULTS

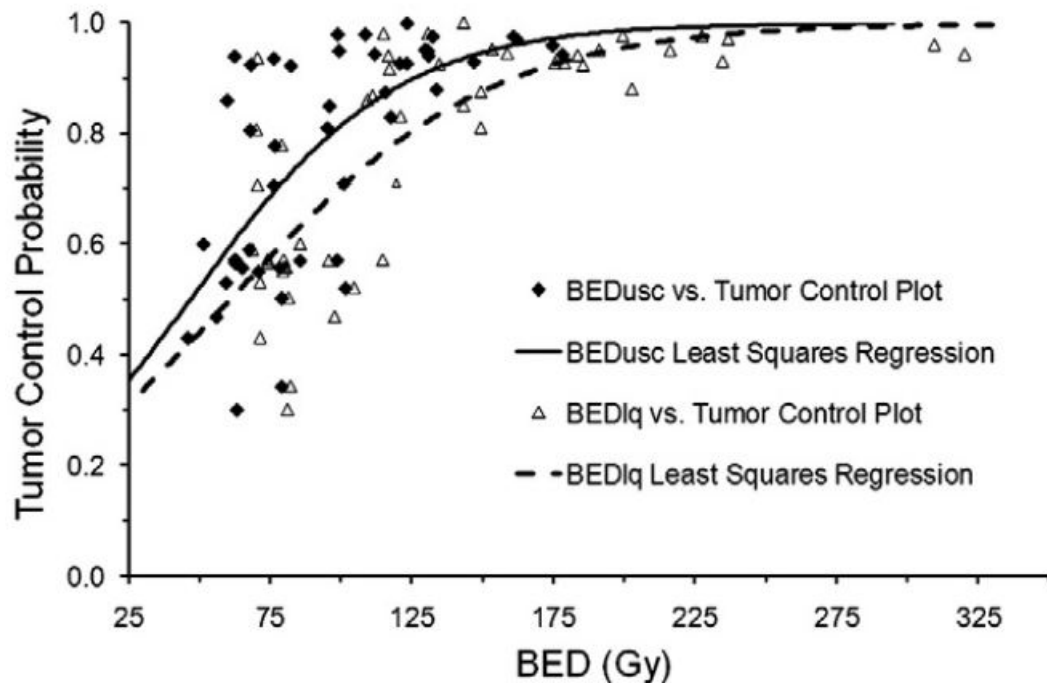


Table 3 Demographics, radiation therapy details, and tumor control

No. of patients	2696
Age, y	73 (22-95)
Histology	
Adenocarcinoma	704 (26%)
Squamous cell carcinoma	847 (31%)
NOS	1145 (42%)
T stage	
T1	1585 (56%)
T2	1128 (40%)
NOS	96 (3%)
Operable	
Yes	421 (14%)
No	2531 (86%)
RT technique	
3D-CRT	1046 (39%)
SBRT	1640 (61%)
Absolute dose range, Gy	
3D-CRT	48-102.9 (1.2-4 Gy/fx)
SBRT	20-66 (4.4-26 Gy/fx)
No. of fractions, range	
3D-CRT	12-49
SBRT	1-10
Median aBED, Gy	105.6
aBED range, Gy	59.6-286.6

3D-CRT, 3-dimensional conformal radiation therapy; aBED, average biological effective dose; NOS, not otherwise specified; RT, radiation therapy; SBRT, stereotactic body radiation therapy.

CONCLUSIONS

- ❑ Largest meta-analysis to model TCP as a function of BED for curative radiotherapy for stage I NSCLC
- ❑ Near plateau, TCP is $\geq 90\%$ with BED ≥ 124 Gy (USC)
- ❑ Corresponds to 53 Gy in 3 fractions at isocenter (48 Gy in 3 fractions at periphery)

N. Mehta and P. Lee et al., PRO, 2012



CONTROVERSY

Dose escalation, not “new biology”, can account for the efficacy of SBRT with NSCLC

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³Department of Therapeutic Radiology, Yale University School of Medicine, New Haven, CT 06520

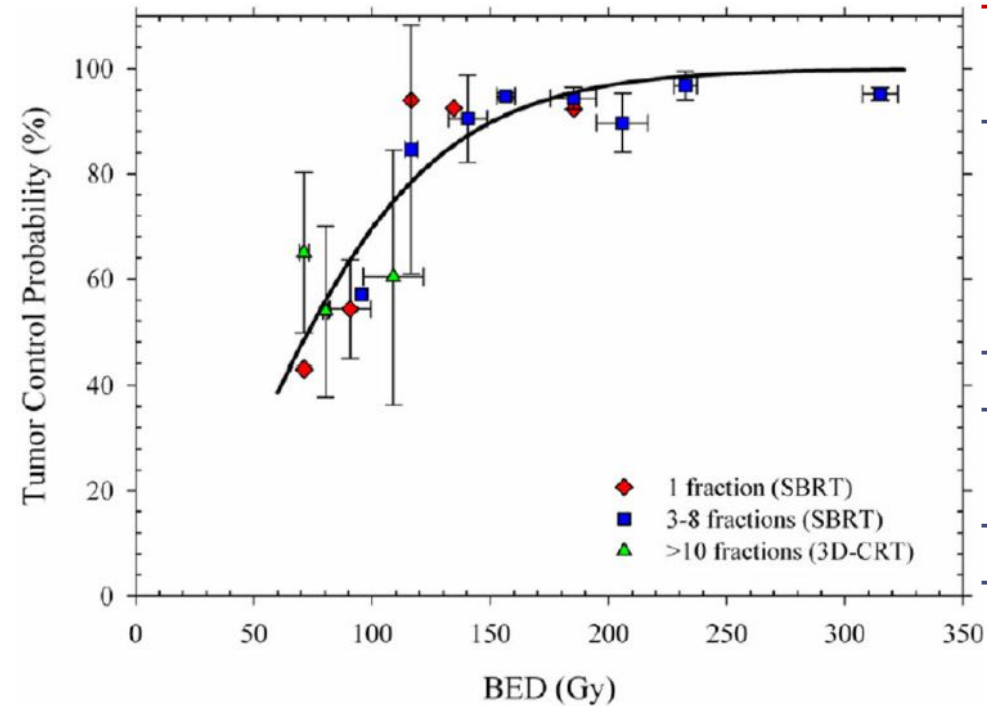


NEW BIOLOGY



OLD BIOLOGY

OLD BIOLOGY VS. NEW BIOLOGY



- Brown et al. argues for a monotonic relationship between TCP and BED
- We avoided Old vs. New Biology
 - Equation is poor man way to normalize the dose
 - Unknown (model \neq mechanism)
- As dose increase, TC asymptote to 100%
- BED is derived from LQ/USC models, flawed; Circular argument
- Abscopal and vascular effects of SBRT?
- Timing of normal tissue effects: e.g.. pneumonitis
 - different between 3DCRT and SBRT



ARGUMENTS THAT IF IT AIN'T BROKE WHY FIX IT

Critical Review

The Tumor Radiobiology of SRS and SBRT: Are More Than the 5 Rs Involved?

J. Martin Brown, PhD,^{*} David J. Carlson, PhD,[†] and David J. Brenner, PhD[‡]

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Dose Escalation, Not “New Biology,” Can Account for the Efficacy of Stereotactic Body Radiation Therapy With Non-Small Cell Lung Cancer



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OTHER FACTORS THAT MIGHT INFLUENCE TUMOR CONTROL

Patient Factors:

- Age, histology (in situ vs. invasive), tumor size/volume, tumor location, tumor doubling time, lung function?

Treatment Factors:

- Total dose, dose per fraction, number of fractions?
- Length of treatment? Time effects (BED 100 can be achieved with 3DCRT but takes many weeks). Tumor cell repopulation?
- Treatment techniques, margins, image-guidance, etc.?
- Prescription standards? Normalized to isocenter as best as possible

Working Group on Biological Effects of Hypofractionated Radiotherapy/SBRT (WGSBRT)

WGSBRT Organization

- ❑ Five top-level groups:
- ❑ Tumor Control Probability (TCP)
- ❑ Normal Tissue Complication Probability (NTCP)
- ❑ Radiobiology
- ❑ Rationale for Prescription Schemes
- ❑ Reporting Standards

WBSBRT Subgroups

- ❑ The TCP and NTCP groups have divided into six anatomical subgroup
 - ❑ Cranial
 - ❑ Head & Neck
 - ❑ Thoracic
 - ❑ Abdominal
 - ❑ Pelvic
 - ❑ Spine

WGSBRT – Thoracic TCP

□ Methodology:

- 118 clinical studies reviewed on SBRT for lung cancer
- Reviews by 12 members of the Thoracic TCP Working Group – primary data
- Selected re-review by group co-chairs for consistency
- Data modeling by Allen Li and his group (KM/actuarial figure digitized).

□ Objectives:

- Better model than LQ, USC for thoracic SBRT TCP?
- More accurate predictions for tumor control by biological and physical dose
- Discern intrinsic radio sensitivity of lung tumors to SBRT (α/β)

Updated/Clean Version

Data for early stages (T1 and T2) used to fit model										unspecified = -1										all stages = 0										0. means no data																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																					
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Thank you - Acknowledgments

□ WGSBRT – TCP Group

- Allen Li – Co-chair
- Billy Loo – Co-chair
- Jimm Grimm
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- Issam El Naqa
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- George Ding
- Andy Jackson
- Spring Kong
- Moyed Miften
- Chang Song
- Tamara LaCouture

