## **Clinical Trials In Particle Therapy**

Hak Choy, MD UT Southwestern Dallas, Texas

## "Proton Therapy is Superior to the Conventional Radiation Therapy (Photon)."

"Proton Therapy is *Superior* to the Conventional Radiation Therapy (Photon)."

## **Los Angeles Times** | BUSINESS Blue Shield of California to curb coverage of pricey cancer therapy

Blue Shield says the high cost of some proton beam therapies for cancer treatment compared with conventional radiation isn't justified. The decision comes as hospitals build high-tech facilities.

By Chad Terhune August 28, 2013 6:16 p.m.

#### "Proton/Carbon (Hadron) Radiotherapy is Superior to Intensity Modulated Radiotherapy (IMRT)."



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PROSTATE CANCER (D PAREKH, SECTION EDITOR)

## **Proton Beam Radiation Therapy for Prostate Cancer—Is the Hype (and the Cost) Justified?**

Phillip J. Gray · Jason A. Efstathiou

In Comparing Proton Beam Therapy with Other Modalities "Is PBT better than IMRT?"

1. "It has **not**, as of yet, sufficiently **answered** the question on the minds of patients, care providers, and policy makers across the country."

2. "Given the clear limitations in the available data and the lack of consensus regarding the comparative effectiveness of PBT and photon-based radiotherapy, a more rigorous and definitive study in needed."

## 2D vs. 3D vs. IMRT vs. Proton





"Proton/Carbon (Hadron) Radiotherapy is Superior to Intensity Modulated Radiotherapy (IMRT)."



Grand Unification of Sciences

How many phase III Trials Completed Comparing IMRT Vs Proton Therapy ?



## **Dose Distribution Advantage**



ION BEAM APPLICATIONS

The Proton plan delivers less scatter radiation dose to the pelvis compared to IMRT plan (axial view) Protons IMRT

#### **RED** is high dose, **GREEN** is intermediate dose, **BLUE** is lower dose



Protons IMRT  $\rightarrow$  related to TUMOR Control  $\rightarrow$  IC

RED : PTV→ related to TUMOR Control→ LC and OS
GREEN; Surrounding critical Normal Tissue → Toxicity, QOL
BLUE : V5 → possible 2<sup>nd</sup> malignancy

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How can WE prove the Proton Radiotherapy is Superior to Intensity Modulated Radiotherapy (IMRT) ?

- Understanding the impact on biologicallyeffective proton dose distributions delivered to the patient
- linear energy transfer (LET) guided plan optimization with intensity modulated proton therapy (IMPT)
- 3. Minimize the uncertainties: dose distribution, range uncertainty, intra-fractional motion, interfractional anatomic changes
- 4. Randomized Phase III trials in certain Tumor

#### **RTOG 1308**

#### Phase III Randomized Trial Comparing Overall Survival after Photon versus Proton Radiochemotherapy for Inoperable Stage II-IIIB NSCLC

**SCHEMA** 

Stage

- 1. II 2. IIIA
- 3. IIIB
- S GTV Volume
- **T** 1.  $\leq$  130 cc
- **R** 2. > 130 cc
- Α

#### T Histology

- I 1. Squamous
- **F** 2. Non-
- Y Squamous

#### Neoadjuvant Chemo

- 1. No
- 2. Yes

RAN	Arm 1: Photon dose—Higher achievable dose between 60-70 Gy, once daily plus platinum-based doublet
	спепистегару
	Arm 2 Proton
	dose—Higher
Ζ	achievable dose
Ε	between 60-70 Gy
	(RBE), once daily
	plus platinum-
	hasod doublot
	chemotherapy*

#### Both Arms:

Consolidation chemotherapy x 2 is allowed\*

#### PCORI:

Patient-Centered Outcomes Research Institute

## Pragmatic Randomized Trial of Proton vs. Photon Therapy for Patients with Stage II or III Breast Cancer

Principal Investigator Justin Bekelman, MD

Pragmatic Randomized Trial of Proton vs. Photon Therapy for Patients with Stage II or III Breast Cancer



Protons

#### Photons/Electrons Photons

The primary outcomes: major cardiovascular events, such as heart attacks, chest pain, and other heart problems Number of pts need to be randomized: 1716 Project Budget: \$11,830,530

## Phase III: Proton Beam or Intensity-Modulated Radiation Therapy in Treating Patients with Low or Low-Intermediate Risk Prostate Cancer

#### Jason Alexander Efstathiou, Principal Investigator

#### PRIMARY OBJECTIVES:

I. Compare the reduction in mean Expanded Prostate Cancer Index Composite (EPIC) **bowel scores** for men with low or intermediate risk prostate cancer (PCa) treated with PBT versus IMRT at 24 months following radiation (where higher scores represent better outcomes).

#### SECONDARY OBJECTIVES:

- Assess the effectiveness of PBT versus IMRT for men with low or intermediate risk PCa in terms of disease-specific quality of life as measured by patient-reported outcomes, perceptions of care and adverse events.
- II. II. Assess the cost-effectiveness of PBT versus IMRT under current conditions and model future cost-effectiveness for alternative treatment delivery and cost scenarios.

## Clinical Trials: IMPT vs. IMRT



# How about the Carbon Therapy ?

#### What is Heavy Ion therapy?



It is a radiation therapy with accelerated nuclei of He-4, Li-6, Be-8, B-10, C-12 ...

#### 1) Heavy Ions Stop In Tumor







#### 2) Heavy lons exhibit low entrance dose



#### 3) Heavy Ions – have very sharp edges

Sharp

Carbon



Proton or X-ray



## 4) Heavy Ions – Are Magnetically Controlled to Very High Precision



### 5) Heavy Ions – Offer Unique Verification of Energy Deposition



The biological responses seen after heavy charged particle exposure is mostly driven by the unique **pattern of energy deposition** 

• Energy deposition patterns become more discrete



Discrete patterns of energy deposition result in clustered DNA damage and greater cell killing



Enhanced cell killing described by Relative Biological Effectiveness



- Common RBE values:
  - X-ray (reference) 1.0
  - Protons 1.0 1.2
  - Carbon 2 4

# Heavy charged particles can overcome radioresistance due to hypoxia

• Hypoxia limits the efficacy of radiotherapy



## Decreased repair between dose fractions with heavy charged particles

- Conventional radiotherapy delivers dose in daily fractions
  - Daily schedule based on potential for
  - Tumor reoxygenation
  - Normal tissue sparing (1920s)



## Advantages with heavy charged particles: Physics and **BIOLOGY** !

- Enhanced cell killing for the same amount of dose
  - Opportunities to treat radioresistant tumors
- Potential to enhance tumor response in hypoxic settings
- Limited tumor sparing with dose fractionation
  - Precise placement of dose limits normal tissue exposure
- Novel tissue effects
  - Dose thresholds achieved at lower dose
  - Enhanced immunologic response
  - Reduction in metastatic potential

#### Chemoradiotherapy for Locally Advanced Pancreatic Cancer

				Local	Survival Rate (%)	
Study	N	Treatment	Radiation Dose (Gy)	Control (%)	1-yr	1.5-yr
ECOG (1985)	47	5FU + RT	40	68	32	11
	44	5FU alone	-	68	26	21
Crane (2002)	61	5FU + RT	30	46	28	7
	34	GEM + RT	30	45	42	12
Okusaka (2004)	42	GEM + RT	50.4	94	28	25
Murphy (2007)	74	GEM + RT	20-42	74	46	24
NIRS (2012)	46	Carbon ion	45.6-52.8	87	47	26
NIRS (2013)	47	GEM + Carbon	45.6-55.2	-	74	54 (2yr)

**GEM: Gemcitabine** 

#### More than Doubled Survival Rate !

## Local Control and Survival Rates with Different Modalities for Mucosal Malignant Melanoma

Authors	Ν	Modality	5-yr OS (%)
Gilligan (1991)	28	Radiotherapy (+/- Surgery)	18
Shibuya (1992)	28	Radiotherapy (+/- Surgery)	25
Chang (1998)	163	Surgery (+/- RT, +/- Chemotherapy)	32
Patel (2002)	59	Surgery (+/- RT, +/- Chemotherapy)	35
Lund (1999)	58	Surgery (+/- RT, +/- Chemotherapy)	28
NIRS (2011)	102	Carbon ion alone	35
NIRS (2011)	100	Carbon ion + Chemotherapy	60

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## Why Heavy Ion Therapy over conventional photon or proton Therapy ?





What Is the Best Radiotherapy?

- Photons (x-rays) Neither precise nor potent
  - Protons Precise, but not potent
- Heavy lons The MOST precise and MOST potent



Less toxic

targe

depth

depth EPMA Journal 2013, 4:9

## World Wide Heavy Ion Therapy Centers

#### Forgotten

**USA** Berkeley Nat. Lab, last particle patient treated1993

#### **Operational (8)**

China Fudan Univ CC, Shanghai China IMP-CAS, Lanzhou Germany HIT, Heidelberg Italy CNAO, Pavia Japan HIMAC, Chiba Japan HIBMC,Hyogo Japan GHMC, Gunma Japan SAGA-HIMAT, Tosu

#### Under Construction(6)

China HITFiL, Lanzhou China Another Center, Lanzhou Germany MIT, Marburg Austria MedAustron, Wiener Neustadt Japan i-ROCK, Kanagawa South Korea KHIMA, Busan

#### Advanced Planning(4)

France ETOILE, Lyon Japan Okinawa Japan Yamagata Japan Osaka

**Total : 18** 

## ALL CARBON CENTERS BUILT WITH GOVERNMENTAL SUPPORT

#### USA pioneered the heavy ion therapy

- □ Clinical trials ran at Lawrence Berkeley National Lab
  - □ First proton patient in the world 1954 at LBL
  - $\hfill\square$  First heavier ion patient in the world 1975 at LBL
- □ A huge therapy experience was gained with governmental support
- Lack of funding closed the program in 1993

#### Japan and Germany obtained the USA experience and data

- □ their governments supported every single installation
- they dominate the clinical and research landscape
- □ Carbon therapy is approve by the Govt/Private Ins.



## ALL CARBON CENTERS BUILT WITH GOVERNMENTAL SUPPORT

- 1. Office of Science and Technology Policy(OSTP) at the White House
- 2. National Cancer Institute (NCI)
- 3. Dep't of Energy (DOE)
- "They all understand the need of Heavy Ion

Therapy Center for patient Care and Research" in US

Italians, Austrians, Chinese built Heavy Ion Therapy Facility

Almost 40 years after the first heavy ion patient, there is still no heavy ion therapy center in the USA

## Planning for a National Center for Particle Beam Radiation Therapy Research (P20)

**Key Dates** 

Posted Date	January 28, 2013
Letter of Intent Due Date(s)	April 21, 2013; December 21, 2013
Application Due Date(s)	May 21, 2013; January 21, 2014
AIDS Application Due Date(s)	Not Applicable
Scientific Merit Review	October 2013; June, 2014
Advisory Council Review	January 2014; October 2014
Earliest Start Date	April 2014; December 2014
Expiration Date	January 22, 2014
Due Dates for E.O. 12372	Not Applicable



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#### **Targeting Tumors with Particle Beams**

Today, the National Cancer Institute (NCI), part of the National Institutes of Health, and the Department of Energy (DOE) are each announcing the selection of several new research awards to advance particle beam therapies for the treatment of cancer. Particle beam approaches use directed protons — or heavier ions, such as carbon ions — to target and kill cancerous tissue. Because the delivered particles interact strongly with tissue at a certain distance within the body that depends on the energy of the beam, the damage to surrounding healthy tissue can be minimized, offering an important possible alternative or supplement to more conventional radiotherapy (using x-rays or gamma rays), chemotherapy, and surgery. At present, there are 14 proton therapy centers in the United States; there are only a few carbon ion therapy facilities worldwide, but none are in the United States. The NCI awards announced today support planning for the establishment of a Center for Particle Beam Radiation Therapy as a national research resource, and the DOE awards address development of improved hardware that could shrink the size, increase the maneuverability, and considerably reduce the steep costs of particle beam therapy equipment.

The Planning Grant awards for the national research center are being made by NCI. The planned center would serve as a research adjunct to an independently created and runded, sustainable clinical racinty for particle beam radiation therapy. Ultimately, the proposed center is expected to perform clinically relevant research using ion beams. The planning grants include pilot projects that will enable a research agenda in particle beam delivery systems, dosimetry, radiation biology, and/or translational pre-clinical studies. NCI encourages other researchers to collaborate with the awardees in advancing the capabilities for particle beam therapies.

The DOE awards are being made under the Accelerator Stewardship Program. The machinery needed to produce and control particle beams, such as synchrotrons, cyclotrons, and related beam delivery systems, is expensive and complex. This machinery, however, can be used in a variety of fields, ranging from high-energy physics to materials science to medical treatment. The DOE program has the responsibility for long-term, fundamental research and development of such instrumentation. The new efforts will support improvements in the generation of the accelerated particles and in the powerful magnets that direct the charged particle beams, aiming to make these key components smaller, lighter, more versatile, and potentially less expensive.

http://m.whitehouse.gov/blog/2015/02/10/targeting-tumors-particle-beams

#### Posted by Tof Carim on February 10, 2015 at 11:15 AM EST

## $\star$ FedBizOpps.gov

Federal Business Opportunities



#### **CIPHER: CIPHER PC**

#### Carbon Ion versus PHoton thERapy for Pancreatic Cancer

Lead Institution – University of Texas Southwestern Medical Center Dallas, Texas

Jeffrey Meyer, M.D. Hak Choy, M.D, Robert Timmerman, M.D. Jeffrey Meyer, M.D., Steve Jiang, Ph.D. Arnold Pompos, Ph.D., Michael Story, Ph.D.

#### National Institute of Radiological Science (NIRS)

Chiba, Japan Hirohiko Tsujii, MD, PhD. Tadashi Kamada , MD, PhD. Shigeru Yamada MD., Ph.D. Koji Noda, Ph.D. Yoshiya Furusawa , Ph.D Heidelberg Ion Therapy(HIT) Heidelberg, Germany Jürgen Debus, MD. Ph.D. Oliver Jäkel, Ph.D. Peter Peschke, Ph.D. Kristian Karger, Ph.D. Amir Abdollahi, Ph.D.

National Centre of Oncological Hadrontherapy (CNAO)	
Pavia, Italy R	lad
Roberto Orrechia, MD., Ph.D.	
Piero Fossati, MD., PhD.	
Silvia Molinelli MS.	
Marco Durante, Ph.D.	

#### Gunma University Heavy-ion Radiotherapy Maebashi, Japan Takashi Nakano, MD.Ph,D, Tatsuaki Kanai, Ph.D. Akihisa Takahashi, Ph.D. Tatsuya Ohno MD, PhD



Eligibility Criteria:
1)Adenocarcinoma histology
2)Age ≥18 yo
3)Locally advanced tumor presentation
4)Tumors not in direct contact with the duodenum or stomach (NIRS experience, 5mm gap)



## The 2nd ISIT: International Symposium on Ion Therapy schedule: Oct 22-23 Dallas, Texas http://www.isit-sw.org

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- 5. The real benefit of Proton/Carbon treatment must be proven by accumulating evidences before they becomes new standard of care
- 6. Evidence must be based on **science** that's hypothesis-based, empirical, reproducible, and the randomized clinical trials are the best way to provide such evidence.

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- 6. Evidence must be based on science that's hypothesis-based, empirical, reproducible, and the randomized clinical trials are the best way to provide such evidence.
- 7. Our treatment decision must be based on **evidence-based** medicine



## Thank you !

## Which answer indicates correctly the advantages for each type of radiation the



Which answer indicates correctly the advantages for each type of radiation the

- 1. Photons precise, not potent
- 2. Photons not precise, potent
- 3. Carbon ions precise, potent
- 4. Protons not precise, potent
- 5. Protons not precise, not potent

Answer: 3– Carbon ions – precise, potent

U. Linz. Physical and Biological Rationale for Using Ions in Therapy. In: U. Linz (Ed) Ion Beam Therapy: Fundamentals, Technology, Clinical Applications, pp 45-59, Springer, 2012.