

Breast MR guided Focused Ultrasound Hardware Design and Treatment Strategies

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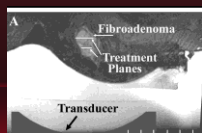
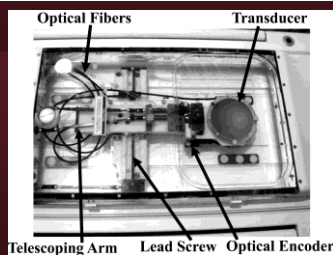
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Background

- Breast is an excellent target for MRgFUS
 - Easily accessible
 - Outside body
 - No complicating structures
- Minimally invasive treatments
 - Improved targeting
 - No general anesthesia, reduced recovery time, no scarring, economic benefits

Background

- Breast fibroadenoma study
 - First clinical study with MRgFUS
 - Demonstration of utility of MR monitoring
 - Good clinical outcomes

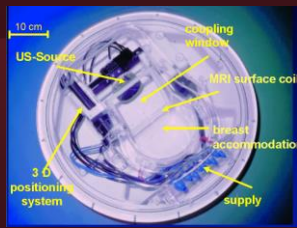


Hynynen et al., Radiology 219(1), 2001.

Background



- Invasive ductal carcinoma (N = 1)
- Lateral transducer
- MR compatible



J. W. Jenne et al. German Cancer Research Center
Huber et al. Cancer Research 2001;61.

Background



From Gianfelice et al., JVIR 2003; 14(10).

Challenges identified

- Targeting accuracy
- Patient motion
- Vertically propagating beam
- Treatment time

Histopathological Response

Author	Lesions Treated	Complete Necrosis
Hynynen (2001)	11	55%
Huber (2001)	1	100%
Gianfelice (2003)	17	24%
Zippel (2005)	10	20%
Furusawa (2006)	28	54%
Khiat (2006)	25	31%

Gianfelice et al., Breast Cancer Res Treat 2003; 82.
Zippel et al., Breast Cancer 2005; 12. Furusawa et al. J Am Coll Surg 2006; 203. Khiat et al., Br J Radiol 2006; 192.

Breast-dedicated MRgFUS

Philips Sonalleve Breast
MR-HIFU Platform



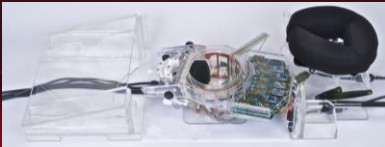
- Large aperture transducer
 - 1.45 MHz, phased array, 13 cm focal length
- Laterally propagating
- Distribution of near-field energy
- Volumetric ablation

Merckel et al., Cardiovasc Interv Radiol 2013; 36.

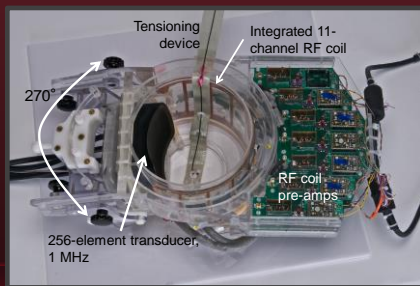
Breast-specific MRgFUS device

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- Laterally shooting small aperture transducer
- Integrated phased array RF coil
- Potentially compatible with different vendors



Breast-specific MRgFUS device

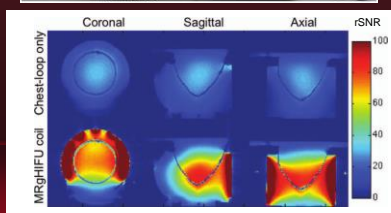


Payne, A. et al., *Med Phys* 2012; 39(3).
Minalga, E. et al., *MRM*, 2013; 69(1).

SNR improvements

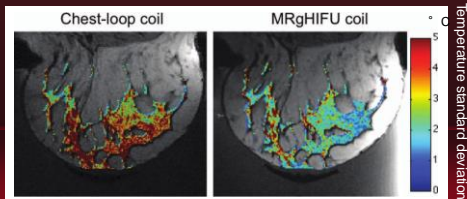


Designed by
E. Minalga
R. Hadley



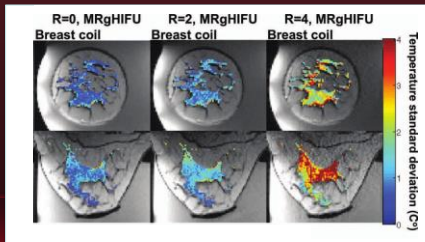
SNR improvements

- Overall image quality
 - Improve spatial and/or temporal resolution
 - Finer structure
- Increases accuracy of MR thermometry measurements



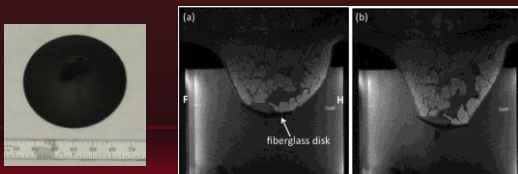
SNR improvements

- Multiple channels allows for accelerated imaging protocols

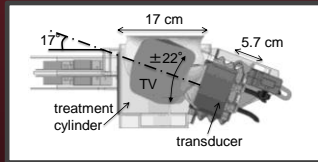


Tensioning device

- Molded disk attached over the nipple with double sided tape
- Partially immobilizes and elongates the breast

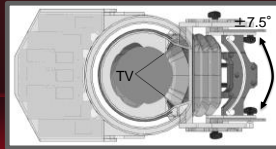


Treatment volume



Treatment cylinder:
17 cm diameter, 3.25 L

Treatment Volume (TV): 1.1 L



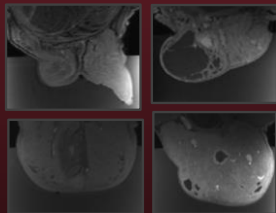
Pre-clinical evaluation

Validate ablation capabilities in vivo

- Treat anatomies of varying sizes
- Evaluate SNR for 3D MR thermometry techniques in vivo
- Assess both focal region and near-field heating

Pre-clinical evaluation

- Female goats
 - Both lactating and non-lactating
 - Weight: 22-52 kg
 - N=8
- Eligibility based on udder size, abdomen size

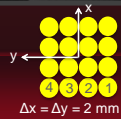
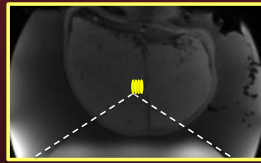
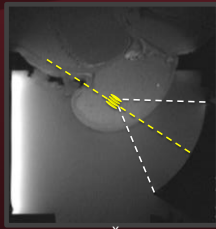


Udder Size Range	Mean (cm)	Range (cm)
Width	10.61	7.6-13.25
Length	6.77	3.05-12.4

All experiments were approved by the Institutional Animal Care and Use Committee.

Payne et al. 2013. Med Phys, 40(7).

Ablation strategy

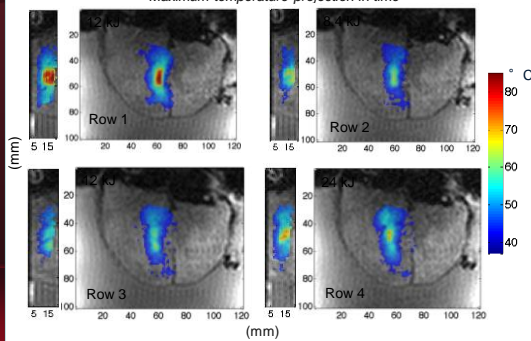


FUS trajectory

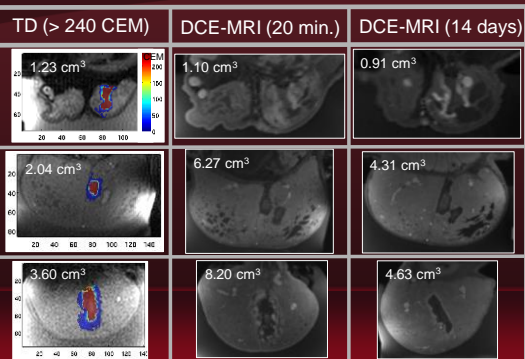
Grid pattern	1-2 planes (8-10 mm spacing)
9-25 points/plane	$\Delta x = \Delta y = 2 \text{ mm}$
24-70 acoustic W	$t_{\text{heat}} = 30-60 \text{ seconds/point}$

Temperature response

Maximum temperature projection in time



Treatment outcome



Pre-clinical outcome

- Successfully treated a wide range of udder sizes
- Excellent SNR, 3D MR thermometry performed well
 - Thermal dose measurements agree with 14-day DCE-MRI data
- No skin burns/irritations

System limitations

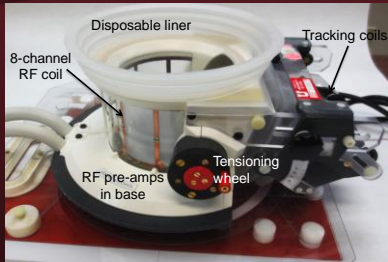
- Treatment volume at chest wall limited
- Not clinically robust
 - Difficult to clean
 - Transducer positioning suboptimal
- Designed for one field strength
- Small bore size (60 cm)
- Uncomfortable for long periods

Updated breast MRgFUS



- Larger bore size (70 cm)
- 1.5 and 3T
- Contoured, modular table design
 - Left/right breast specific tables

Treatment cylinder



Robb Merrill, designer

Tensioning device

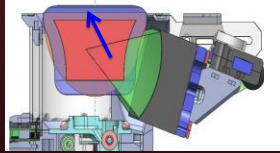
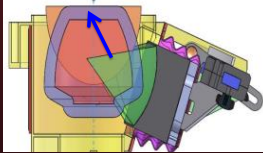
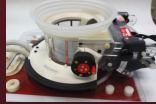
- Improvement to nipple cover



Tensioning device



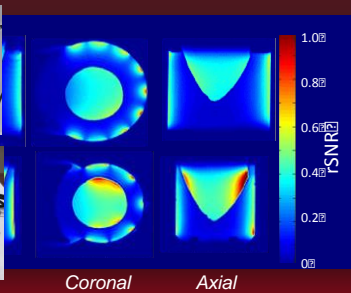
Treatment volume



- 1.1 L volume
- Lack of chest wall coverage
- 0.9 L volume
- Conforms to the breast shape

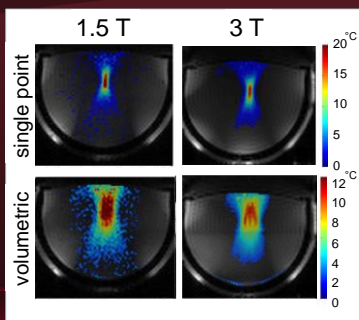
SNR performance

System comparison



Designed by E. Minalga and R. Hadley

Temperature accuracy



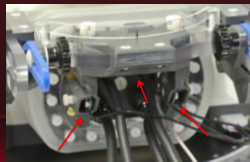
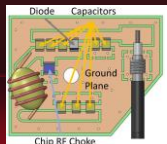
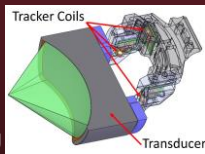
$$\sigma_{\text{temp}} = 0.31^{\circ} \text{C} \quad \sigma_{\text{temp}} = 0.09^{\circ} \text{C}$$

Transducer movement



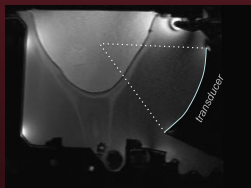
Tracking coils

- Three coils mounted on transducer assembly
 - Wire wrapped around ~7 mm benzonatate capsule.
- Coil position determined using simple MRI 1D readout sequence

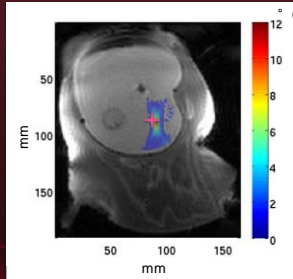


Designed by R. Hadley, M. Beck, B. Svedin

Tracking coils

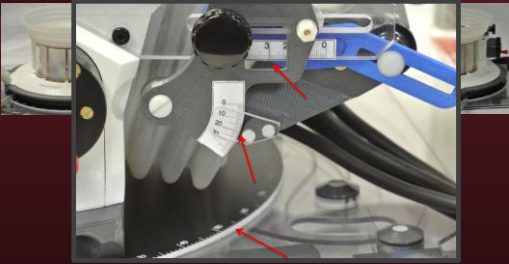


Gelatin phantom with inclusions



★ = tracking coil prediction

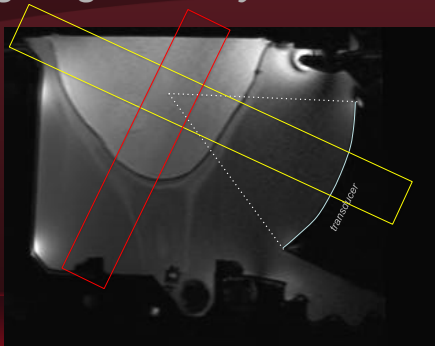
Targeting accuracy



- Prediction of focal point location
 - MR slice assignment

Designed and constructed by R. Merrill

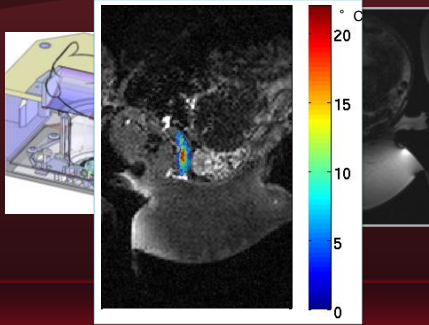
Targeting accuracy



Summary

- Engineering solutions for breast-specific MRgFUS
 - Integrated RF coil for improved SNR, treatment time reductions
 - Tracking coils for focus location, MR scan setup
- Pre-clinical evaluation is ongoing

Pre-clinical evaluation

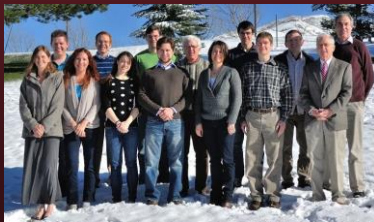


Summary

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 - Integrated RF coil for improved SNR, treatment time reductions
 - Tracking coils for focus location, MR scan setup
- Pre-clinical evaluation is ongoing
- Clinical trial in final approval stages

Acknowledgments

Robb Merrill
Emilee Minalga
Rock Hadley
Bryant Svedin
Dennis Parker
Doug Christensen
Bob Roemer
Joshua de Bever
Chris Dillon
Henrik Odeen
Michael Beck
Scott Almquist
Sara Johnson
Urvi Vyas
Erik Dumont
Leigh Neumayer
Image Guided Therapy



*Funded by NIH R01 CA172787 and
R01 CA134599.*
